

EFF'S SURVEILLANCE SELF-DEFENSE

# Otu esi: Kwado

# Nyocha abuo abuo

<https://ssd.eff.org/en/about-surveillance-self-defense>



LOCALIZATION LAB

## Otu esi: Kwado Nyocha abuo abuo

Nnyocha ikpeazu:

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Nyocha abuo abuo ( ma obu"2FA")

bụ otu ụzọ isi mee ka onye ọrụ mara ya ma ọ bụ onwe ya nye onye na-ahụ maka ọrụ site na ichoro ụzọ abuo ụzọ nyocha. Ndi a nwere ike ibu ihe onye ọrụ ahụ maara (di ka paswoodu ma ọ bụ PIN), ihe onye ọrụ ahụ nwere (dika ihe akaebe ma ọ bụ ekwentị mkpanaka), ma ọ bụ ihe ọ bụla na - ejikota ma ọ bụ nkewapu na onye ọrụ (di ka mkpisi aka ha).

Eleghi anya i jirila nyocha abuo abuo ( 2FA ) n'akuku ndi ozo nke ndu gi. Mgbe i na-eji ATM iji wepu ego, i ga-enwe ma ulo aku gi nkiti (ihe i nwere) na PIN gi (ihe i maara). Otú ọ di, ugbu a, otutu ọrụ ntaneti na-eji otu ihe akowaputa ndi ọrụ ha site na ndabara-paswoodu.

### Kedu ka nyocha abuo abuo (2FA ) si aru ọrụ n'intaneti?

Otutu ọrụ ntaneti - gunyere Facebook, Google, na Twitter-enye nyocha abuo abuo ( 2FA ) di ka ntughari na paswoodu-naani nyocha. O buru na i meghariri njirimara a, i ga-akpali ma paswoodu na usoro nke nyocha. Usoro nke abuo a bu otu koodu nke oge ezigara SMS ma ọ bụ koodu nke oge nke ngwa ngwa raara onwe ya nye nke na-ehekwa ihe nzuzo (di ka Google Authenticator, Duo Mobile, ngwa Facebook, ma ọ bụ Clef). N'onodu ọ bula, ihe nke abuo bu ekwentị gi, ihe i (ejikari) nwere. Ufodu weebusaiti (gunyere Google) na-akwadokwa koodu ndabere ndabere, nke enwere ike ibudata, biputa na akwukwo, ma debe ya na ebe nchekwa di ka ndabere ndabere. Ozugbo i kwusiri-na iji ( 2FA), i ga-etinye paswoodu gi na koodu nke otu oge site na ekwentị gi iji nweta akauntu gi.

### Kedu ihe mere m ga - eji mee 2FA?

Nyocha abuo abuo (2FA) na-enye gi nchekwa nchekwa di ukwu site na ichoro ikwado njirimara gi na ihe kariri otu usoro. Nke a putara na, ọ burugodi na mmadu ga-ejide paswoodu gi mbu, ha enweghi ike inweta akauntu gi ọ gwula ma ha nwere ekwentị mkpanaka gi maobu ụzọ ozo nke nyocha.

### Enwere ala iji iji nyocha abuo abuo ( 2FA)?

Tụkwasi na nke ahụ, n'iji nyocha abuo abuo (2FA) pụtara na ị nwere ike inyefe ozi ndị ọzọ na ọrụ karịa ka ị na-enwe obi uto. Ka e were ya na ị na-eji Twitter, ị binyekwara aka na ịji pseudonym. Ọbuna ma ọ bụrụ na ị kpachara anya zere inye Twitter ozi ịchọta gị, ọbụlagodi na ịnweta ọrụ naanị n'elu Tor ma ọ bụ VPN, ọ bụrụ na ị kwe ka SMS nyocha abuo abuo (2FA), Twitter ga-enwe ndekọ nke nomba mkpanaka gị. Nke ahụ pụtara na, ọ bụrụ na uloikpe kpesiri gị ike, Twitter nwere ike ịji akauntụ ekwentị gị kọrọ gị akauntụ gị. Nke a nwere ike ọ gaghị abụ nsogbu nye gị, karịsịa ma ọ bụrụ na ị jirila aha iwu gị nye ọrụ nyere, mana ọ bụrụ na ịdebe aha gị adighi mkpa, chee echiche ugboro abụọ banyere ịji SMS nyocha abuo abuo ( 2FA).

N'ikpeazụ, nchọpụta egosiwo na ufodu ndi oru ga-ahoro paswodu ndi na-abaghi uru mgbe ha nyere nyocha abuo abuo ( 2FA ) aka, na-eche na ihe nke abuo na-edebe ha. Jide n'aka na ị ga-ahoro paswodu siri ike ọbụlagodi na enyere nyocha abuo abuo (2FA) aka. Hụ ka anyị na-ekeputa ntuziaka siri ike maka ntuziaka.

## **Kedu ka m ga - esi mee nyocha abuo abuo ( 2FA) ?**

Nke a di iche site na ikpo okwu ruo n'elu ikpo okwu, di ka a na-eji okwu eji eme ihe. Ndeputa ndeputa di ukwu nke saiti na-akwado nyocha abuo abuo (2FA) di na <https://twofactorauth.org/>. Maka ọrụ kachasi, ị nwere ike isi na ubochi Iri abuo Na abuo ubochi nke nyocha abuo abuo (2FA), nke gosiri otu esi eme ka nyocha abuo abuo ( 2FA) na Amazon, Bank of America, Dropbox, Facebook, Gmail na Google, LinkedIn, Outlook.com na Microsoft, PayPal, Slack, Twitter, na Yahoo Mail.