

A Service of



Leibniz-Informationszentrum Wirtschaft Leibniz Information Centre

Maennig, Wolfgang; Wilhelm, Markus

Working Paper

Becoming (un)employed and life satisfaction: Asymmetric effects and potential omitted variable bias in empirical happiness studies

Hamburg Contemporary Economic Discussions, No. 41

Provided in Cooperation with:

University of Hamburg, Chair for Economic Policy

Suggested Citation: Maennig, Wolfgang; Wilhelm, Markus (2011): Becoming (un)employed and life satisfaction: Asymmetric effects and potential omitted variable bias in empirical happiness studies, Hamburg Contemporary Economic Discussions, No. 41, ISBN 978-3-940369-97-0, University of Hamburg, Faculty of Business, Economics and Social Sciences, Chair for Economic Policy, Hamburg

This Version is available at: https://hdl.handle.net/10419/49095

Standard-Nutzungsbedingungen:

Die Dokumente auf EconStor dürfen zu eigenen wissenschaftlichen Zwecken und zum Privatgebrauch gespeichert und kopiert werden.

Sie dürfen die Dokumente nicht für öffentliche oder kommerzielle Zwecke vervielfältigen, öffentlich ausstellen, öffentlich zugänglich machen, vertreiben oder anderweitig nutzen.

Sofern die Verfasser die Dokumente unter Open-Content-Lizenzen (insbesondere CC-Lizenzen) zur Verfügung gestellt haben sollten, gelten abweichend von diesen Nutzungsbedingungen die in der dort genannten Lizenz gewährten Nutzungsrechte.

Terms of use:

Documents in EconStor may be saved and copied for your personal and scholarly purposes.

You are not to copy documents for public or commercial purposes, to exhibit the documents publicly, to make them publicly available on the internet, or to distribute or otherwise use the documents in public.

If the documents have been made available under an Open Content Licence (especially Creative Commons Licences), you may exercise further usage rights as specified in the indicated licence.







University of Hamburg
Faculty Economics and Social Science
Chair for Economic Policy
Von-Melle-Park 5
D-20146 Hamburg | Germany
Tel +49 40 42838 - 4622
Fax +49 40 42838 - 6251
http://www.uni-hamburg.de/economicpolicy/

Editor: Wolfgang Maennig

Wolfgang Maennig
University of Hamburg
Faculty Economics and Social Science
Chair for Economic Policy
Von-Melle-Park 5
D-20146 Hamburg | Germany
Tel +49 40 42838 - 4622
Fax +49 40 42838 - 6251
wolfgang.maennig@wiso.uni-hamburg.de

Markus Wilhelm
University of Hamburg
Faculty Economics and Social Science
Chair for Economic Policy
Von-Melle-Park 5
D-20146 Hamburg | Germany
Tel +49 40 42838 - 5569
Fax +49 40 42838 - 6251
wilhelm@econ.uni-hamburg.de

ISSN 1865 - 2441 (Print) ISSN 1865 - 7133 (Online) ISBN 978 - 3 - 940369 - 96 - 3 (Print) ISBN 978 - 3 - 940369 - 97 - 0 (Online) Wolfgang Maennig & Markus Wilhelm

Becoming (Un)employed and Life Satisfaction: Asymmetric Effects and Potential Omitted Variable Bias in Empirical Happiness Studies

Abstract: Becoming unemployed has negative effects on life satisfaction; a transition from unemployment to employment, however, has only small positive effects. This asymmetry indicates a potential "omitted variable bias" in previous empirical happiness studies, with the consequence of underestimated effects of unemployment on life satisfaction. There are also gender-specific effects of asymmetry.

Keywords: Happiness; life satisfaction; asymmetric effect; labour status; employment; unemployment

JEL classification: I31, J01, Z13

Version: August 2011

1 Introduction

The significantly negative effects of "involuntary" loss of one's job on happiness have been documented multiple times. This study challenges the implicitly assumed symmetry of the various changes in the employment situation and asks whether a transition from employment to unemployment has stronger effects on happiness than the transition from unemployment to employment. We also control for the influence of gender-specific differences and changes in income in order to isolate potential pecuniary and non-pecuniary costs at the time of the change from employment to unemployment, for example, lower self-esteem, uncertainty about the future, deteriorating health and mental disorders (WINKEL-MANN & WINKELMANN 1998; 1995).

¹ Cf. BLANCHFLOWER & OSWALD 2004, POWDTHAVEE 2009, STUTZER 2004 and WINKELMANN & WINKELMANN 1998, 1995.

To operationalise happiness, we apply the single-item measurement of the "Socio-Economic Panel" and follow the trends of most of the literature, which interpret the general life satisfaction as a separately measurable category (DIENER et al., 1999) and assumes that individuals are best placed to judge their "happiness" (STUTZER & FREY, 2010).

2 Data and Empirical Strategy

We use the LONG Beta-Version 2010 of the "Socio-Economic Panel (SOEP)", a population-representative panel survey conducted in Germany.³ The primary data set consists of fourteen transitions (1994 to 1995 and 2007 to 2008). For the respective starting year, hereinafter designated as t_{\circ} , only such entities have been selected as were reported as either in full-time employment or unemployed both at the start of the survey and a year later (hereinafter "t+1").⁴ We restrict the analysis to persons aged between 20 and 65.

We generate as an endogenous variable \triangle HAPP the annual change in the SOEP variable "general life satisfaction", which ranges from 0 ("completely dissatisfied") to 10 ("completely satisfied"). By differentiating, a range of values arises from -10 to +10 (GRÜN et al., 2010).

We establish our estimates using a pooled cross-section, controlling for different sample sizes in the SOEP by means of longitudinal and cross-sectional weighting. Against the background of the single-peaked distribution of the endogenous variable, we estimate OLS models like most of the relevant studies (FERRER-I-CARBONELL & FRIJTERS, 2004). To test the robustness of the estimates, we use "ordered logit estimates".

² The question is: "In conclusion, we would like to ask you about your satisfaction with your life in general. Please answer according to following scale: 0 means "completely dissatisfied", 10 means "completely satisfied". How satisfied are you with your life, all things considered?", http://panel.gsoep.de/soepinfo2009/

³ See: http://www.diw.de/en/diw_02.c.238121.en/changes_in_the_soep_data_set.html

⁴ For both points in time, therefore, people without jobs, part-time workers and the self-employed have been excluded.

The set of exogenous variables includes initially the variables frequently tested as being significant for life satisfaction, such as household income, health, number of children and partnership (STUTZER, 2004), which are used for changes in the same way as the endogenous variable.⁵ We also control for other variables, such as gender, age, region, education and HAPP₁₋₁ (BINDER & COAD, 2010).

The operationalisation of the variable "change in employment status" between the periods t_0 and t+1 yields four manifestations Employed - Employed, Unemployed - Unemployed, $Employed \rightarrow Unemployed$ and $Unemployed \rightarrow Employed$, with the latter two being at the centre of this study. The reference category is Employed - Employed.

3 Results

Figure 1 shows the distribution of change in general life satisfaction at the transition from t_0 to t+1 for the four types of employment status. The distributions of changes in life satisfaction of the subpopulations of Employed – Employed and Unemployed – Unemployed are relatively symmetrical around zero, although the continuously employed exhibit significantly less change in their life satisfaction than the continuously unemployed. Among the continuously unemployed, there are both more positive and more negative changes in life satisfaction. The transition from employment into unemployment is associated with a right-skewed distribution ($v_0 = -0.264$), that is, with more (probability) mass in the negative range. People who move from unemployment to full-time employment are characterised by a left-skewed distribution with increased mass in the positive range ($v_0 = 0.185$).

⁵ Concerning changes in household income, the equivalence-weighted monthly net household income in t_0 is compared to that in t+1, and the growth rate is calculated.

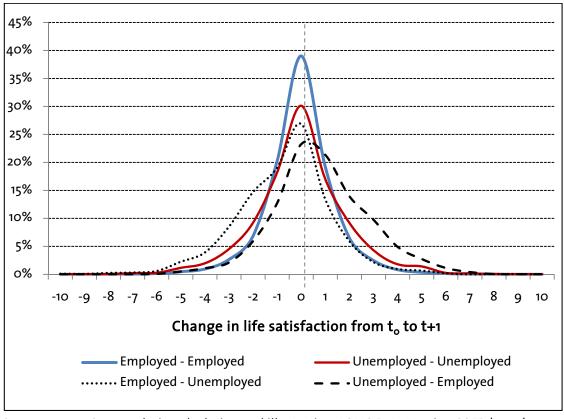


Fig. 1 Change in Life Satisfaction by Labour Status. Pooled Cross-Section, 1994 to 2008, With Two Transitions Each.

Source: Own analysis, calculation and illustration, LONG Beta-Version SOEP (2010).

Table 1 summarises the regression results. Our estimates on the influence of variables not in the foreground are consistent with results from other studies. Thus, health has a significantly positive impact on life satisfaction (KNABE & RÄTZEL, 2010). The influence of marital status or non-marital unions shows significant effects (FERRER-I-CARBONELL & FRIJTERS, 2004). We found no significant effect on happiness resulting from the number of children, which, at least, matches the findings of most of the relevant studies (LUECHINGER, 2010).

As far as the central object of the study is concerned, the change in employment status, Employed \rightarrow Unemployed, as expected, has a significantly negative effect on life satisfaction (β = -0.837), generally confirming the results of most of the other relevant studies. Previously job-seeking individuals who start full-time employment in t+1 (Unemployed \rightarrow Employed with β = 0.172) exhibit significantly positive effects in terms of changes in their life satisfaction, but they are in absolute terms significantly less and thus constitute an asymmetric correlation be-

tween leaving and joining the labour market. This effect is the non-pecuniary effect of the transition to unemployment or employment, because the study controls for the (significant) influence of net household income.

Model B shows that changes in income can also have asymmetric effects on happiness. The reduction in income associated with the transition from t_{\circ} to t+1 has a significantly more negative effect than the effect of a rise in income associated with the transition to employment. The non-pecuniary effects of the change of employment status are retained; the asymmetry (measured by the difference of the absolute size of the coefficients of the change in employment status) remains fully intact.

Model C tests for gender-specific differences. First, it should be noted that a positive change in the number of children in the household has a slightly significant positive effect for women, which is not encountered in men. Finding a partner is significantly more positive for women; however, no significant differences were found in connection with the loss of a partner. As for employment status, is important to note that women experience a significantly lower decline in life happiness both in continuous unemployment (β = 0.243) and at the loss of a job (β = 0.263). In moving from unemployment to full-time employment, however, no significant differences have been detected between men and women; under the gender-specific version of the model, neither gender shows any further non-pecuniary happiness increases when transitioning from unemployment to employment. The asymmetry described also applies to women, but to a lesser extent than in men, because the transition to unemployment seems to affect female happiness less.

Tab. 1 Determinants of Change of Happiness; Regression Results.

Models							
		OLS			Ordered-Logit		
Employment status t₀ → t+1	<u>A</u>	<u>B</u>	<u>C</u>	<u>A</u>	<u>B</u>	<u>C</u>	
(ref.: Employed – Employed)							
Unemployed – Unemployed	-0.576*** [0.043]	-0.577*** [0.044]	-0.681*** [0.061]	-0.822*** [0.064]	-0.734*** [0.066]	-0.945*** [0.092]	
Employed → Unemployed	-0.837*** [0.053]	-0.764*** [0.053]	-0.846*** [0.066]	-1.170*** [0.080]	-1.040*** [0.080]	-1.220*** [0.097]	
Unemployed → Employed	0.172*** [0.059]	0.104* [0.065]	0.078 [0.079]	0.257*** [0.085]	0.221** [0.095]	0.130 [0.117]	
Unemployed – Unemployed * Female	-	- -	0.243*** [0.076]	- -	-	0.284** [0.112]	
Employed → Unemployed * Female	-	-	0.263** [0.103]	-	- -	0.446*** [0.150]	
Unemployed → Employed * Female	-	-	0.085 [0.116]	-	-	0.130 [0.165]	
\triangle HHInc. $t_{\circ} \rightarrow t+1$ (growth rate)	0.200*** [0.031]	0.156*** [0.036]	0.157*** [0.036]	0.266*** [0.046]	0.298*** [0.061]	0.226*** [0.056]	
Unempl. → Unempl. * △ HHInc. (growth rate)	-	0.024 [0.068]	0.021 [0.067]	- -	-0.064 [0.105]	-0.021 [0.099]	
Empl. →Unempl. * △ HHInc. (growth rate)	-	0.580*** [0.139]	0.560*** [0.138]	- -	0.684*** [0.191]	0.675*** [0.183]	
Unempl. \rightarrow Empl. * \triangle HHInc. (growth rate)	-	0.222** [0.095]	0.222** [0.095]	- -	0.248* [0.135]	0.270** [0.131]	
\triangle Health t ₀ → t+1	0.300*** [0.013]	0.299*** [0.013]	0.299*** [0.013]	0.436*** [0.019]	0.435*** [0.019]	0.436*** [0.019]	
△ Children t₀ → t+1 (ref.: no or negative change)							
Positive Change	0.107 [0.086]	0.102 [0.086]	0.079 [0.091]	0.138 [0.109]	0.142 [0.110]	0.106 [0.116]	
Positive Change * Female	-	-	0.283* [0.164]	-	-	0.391 [0.249]	
Δ Partnership t ₀ → t+1 (ref. no change) Positive Change	0.242*** [0.049]	0.241*** [0.049]	0.141** [0.064]	0.324*** [0.069]	0.322*** [0.069]	0.163** [0.088]	
Positive Change * Female	1314.151	1515.121	0.267***	-	-	0.429***	
Negative Change	-0.251*** [0.057]	-0.249*** [0.057]	[0.095] -0.249*** [0.078]	- -0.309*** [0.086]	- -0.312 [0.087]	[0.132] -0.307** [0.127]	
Negative Change * Female	-	-	0.005 [0.113]	-	-	0.010 [0.171]	
Variables controlled in t _o Gender, East, Age, Education, Life satisfaction		Yes			Yes		
Constant		Yes			No		
Adjusted R²/LR index (Pseudo R²) F-Statistic/ Probability (LR stat.) N	24.25 199.70*** 	24.30 166.84*** 67,006	24.38 132.04***	0.0755 0.000	0.0765 0.000 67,006	0.0759 0.000	
Test (Employed - Unemployed)	190.26***	127.83***	100.21***	-	-	-	

Notes: Dependent variable: \triangle life satisfaction between t_o and t+1; robust variance estimator with clustering for persons; robust standard errors in brackets; coefficients of the models, with error probability in parentheses: ***p<0.01 - **p<0.05 - *p<0.1; cross and section weights for all waves; weighted household net income by the modified OECD scale.

Source: Own analysis, calculation and illustration, LONG Beta-Version SOEP, 2010.

Overall, it can be noted that entry to and exit from the labour market has a significantly asymmetric effect on happiness. The loss of a job is associated with significantly higher pecuniary and non-pecuniary losses in life satisfaction than the corresponding gains realised when moving from unemployment to employment. For empirical social research, this means that studies that do not consider the asymmetries outlined – in our view, this is true of all studies – have a potential omitted variable bias, with the consequence that effects of unemployment on life satisfaction may be underestimated.

Literature

- BINDER, M. / COAD, A. (2010), An Examination of the Dynamics of Happiness using Vector Autoregressions. Journal of Economic Behavior & Organization 76 (2), 352-371.
- BLANCHFLOWER, D. / OSWALD, A. (2004), Well-being over time in Britain and the USA. Journal of Public Economics 88, 1359-1386.
- DIENER, E. / SUH, E.M. / LUCAS, E.R. / SMITH, H.L. (1999), Subjective well-being: Three decades of progress. Psychological Bulletin 125 (2), 276-302.
- FERRER-I-CARBONELL, A. / FRIJTERS, P. (2004), How important is Methodology for the estimates of the determinants of Happiness? Economic Journal 114, 641-659.
- GRÜN, C. / HAUSER, W. / RHEIN, T. (2010), Is Any Job Better than No Job? Life Satisfaction and Re-employment. Journal of Labor Research 31 (3), 285-306.
- KNABE, A. / RÄTZEL, S. (2010), Income, happiness, and the disutility of labour. Economics Letters 107 (1), 77-79.
- LUECHINGER, S. / MEIER, S. / STUTZER, A. (2010), Why Does Unemployment Hurt the Employed?: Evidence from the Life Satisfaction Gap Between the Public and the Private Sector. Journal of Human Resources 45 (4), 998-1045.
- POWDTHAVEE, N. (2009), How much does money really matter? Estimating the causal effects of income on happiness. Empirical Economics 39 (1), 77-92.
- STUTZER, A. (2004), The Role of Income Aspirations in Individual Happiness. Journal of Economic Behavior & Organization 54 (1), 89-109.
- STUTZER, A. / FREY, B.S. (2010), Recent Advances in the Economics of Individual Subjective Well-Being. Social Research: An International Quarterly 77 (2), 679-714.
- WINKELMANN, L. / WINKELMANN, R. (1995), Happiness and Unemployment: A Panel Data Analysis for Germany. Konjunkturpolitik 41 (4), 293-307.
- WINKELMANN, L. / WINKELMANN, R. (1998), Why Are The Unemployed So Unhappy? Evidence from Panel Data. Economica 65, 1-15.

(Download: http://www.uni-hamburg.de/economicpolicy/discussions.html)

41	MAENNIG, W. / WILHELM, M.: Becoming (un)employed and life satisfaction: Asymmetric effects and potential omitted variable bias in empirical happiness studies
40	MAENNIG, W.: Monument Protection and Zoning in Germany: Regulations and Public Support from an International Perspective
39	BRANDT, S. / MAENNIG, W.: Perceived Externalities of Cell Phone Base Stations - The Case of Property Prices in Hamburg, Germany
38	MAENNIG, W. / STOBERNACK, M.: Do Men Slow Down Faster than Women?, 2010
37	DU PLESSIS, S. A. / MAENNIG, W.: The 2010 World Cup High-frequency Data Economics: Effects on International Awareness and (Self-defeating) Tourism, 2010
36	BISCHOFF, O.: Explaining Regional Variation in Equilibrium Real Estate Prices and Income, 2010.
35	FEDDERSEN, A. / MAENNIG, W.: Mega-Events and Sectoral Employment: The Case of the 1996 Olympic Games, 2010.
34	FISCHER, J.A.V. / SOUSA-POZA, A.: The Impact of Institutions on Firms Rejuvenation Policies: Early Retirement with Severance Pay versus Simple Lay-Off. A Cross-European Analysis, 2010.
33	FEDDERSEN, A. / MAENNIG, W.: Sectoral Labor Market Effects of the 2006 FIFA World Cup, 2010.
32	AHLFELDT, G.: Blessing or curse? Appreciation, Amenities, and Resistance around the Berlin "Mediaspree", 2010.
31	FALCH, T. / FISCHER, J.A.V.: Public Sector Decentralization and School Performance: International Evidence, 2010.
30	AHLFELDT, G. / MAENNIG, W. / ÖLSCHLÄGER, M.: Lifestyles and Preferences for (Public) Goods: Professional Football in Munich, 2009.
29	FEDDERSEN, A. / JACOBSEN, S. / MAENNIG, W.: Sports Heroes and Mass Sports Participation – The (Double) Paradox of the "German Tennis Boom", 2009.
28	AHLFELDT, G. / MAENNIG, W. / OSTERHEIDER, T.: Regional and sectoral effects of a common monetary policy: evidence from Euro Referenda in Denmark and Sweden, 2009.

(Download: http://www.uni-hamburg.de/economicpolicy/discussions.html)

- BJØRNSKOV, C. / DREHER, A. / FISCHER, J.A.V. / SCHNELLENBACH, J.: 27 On the Relation Between Income Inequality and Happiness: Do Fairness Perceptions Matter?, 2009. 26 AHLFELDT, G. / MAENNIG, W.: Impact of Non-Smoking Ordinances on Hospitality Revenues: The Case of Germany, 2009. FEDDERSEN, A. / MAENNIG, W.: Wage and Employment Effects of 25 the Olympic Games in Atlanta 1996 Reconsidered, 2009. AHLFELDT, G. / FRANKE, B. / MAENNIG, W.: Terrorism and the Re-24 gional and Religious Risk Perception of Foreigners: The Case of German Tourists, 2009. AHLFELDT, G. / WENDLAND, N.: Fifty Years of Urban Accessibility: 23 The Impact of Urban Railway Network on the Land Gradient in Industrializing Berlin, 2008. AHLFELDT, G. / FEDDERSEN, A.: Determinants of Spatial Weights in 22 Spatial Wage Equations: A Sensitivity Analysis, 2008. MAENNIG, W. / ALLERMS, S.: South Africa 2010: Economic Scope and 21 Limits, 2008. MAENNIG, W. / WELLBROCK, C.-M.: Sozio-ökonomische Schätzun-20 gen Olympischer Medaillengewinne: Analyse-, Prognose- und Benchmarkmöglichkeiten, 2008. AHLFELDT, G.: The Train has Left the Station: Real Estate Price 19 Effects of Mainline Realignment in Berlin, 2008. MAENNIG, W. / PORSCHE, M.: The Feel-good Effect at Mega Sport 18 Events - Recommendations for Public and Private Administration Informed by the Experience of the FIFA World Cup 2006, 2008. AHLFELDT, G. / MAENNIG, W.: Monumental Protection: Internal and 17 External Price Effects, 2008. 16 FEDDERSEN, A. / GRÖTZINGER, A. / MAENNIG, W.: New Stadia and Regional Economic Development – Evidence from FIFA World Cup 2006 Stadia, 2008.
- AHLFELDT, G. / FEDDERSEN, A.: Geography of a Sports Metropolis, 2007.
- 14 FEDDERSEN, A. / MAENNIG, W.: Arenas vs. Multifunctional Stadia Which Do Spectators Prefer?, 2007.

(Download: http://www.uni-hamburg.de/economic policy/discussions.html)

13	AHLFELDT, G.: A New Central Station for a Unified City: Predicting Impact on Property Prices for Urban Railway Network Extension, 2007.
12	AHLFELDT, G.: If Alonso was Right: Accessibility as Determinant for Attractiveness of Urban Location, 2007.
11	AHLFELDT, G., MAENNIG, W.: Assessing External Effects of City Airports: Land Values in Berlin, 2007.
10	MAENNIG, W.: One Year Later: A Re-appraisal of the Economics of the 2006 Soccer World Cup, 2007.
09	HAGN, F. / MAENNIG, W.: Employment Effects of the World Cup 1974 in Germany.
08	HAGN, F. / MAENNIG W.: Labour Market Effects of the 2006 Soccer World Cup in Germany, 2007.
07	JASMAND, S. / MAENNIG, W.: Regional Income and Employment Effects of the 1972 Munich Olympic Summer Games, 2007.
06	DUST, L. / MAENNIG, W.: Shrinking and Growing Metropolitan Areas – Asymmetric Real Estate Price Reactions? The Case of German Single-family Houses, 2007.
05	HEYNE, M. / MAENNIG, W. / SUESSMUTH, B.: Mega-sporting Events as Experience Goods, 2007.
04	DU PLESSIS, S. / MAENNIG, W.: World Cup 2010: South African Economic Perspectives and Policy Challenges Informed by the Experience of Germany 2006, 2007.
03	AHLFELDT, G. / MAENNIG, W.: The Impact of Sports Arenas on Land Values: Evidence from Berlin, 2007.
02	FEDDERSEN, A. / MAENNIG, W. / ZIMMERMANN, P.: How to Win the Olympic Games – The Empirics of Key Success Factors of Olympic Bids, 2007.
01	AHLFELDT, G. / MAENNIG, W.: The Role of Architecture on Urban Revitalization: The Case of "Olympic Arenas" in Berlin-Prenzlauer

Berg, 2007.

(Download: http://www.uni-hamburg.de/economicpolicy/discussions.html)

04/2006	MAENNIG, W. / SCHWARTHOFF, F.: Stadium Architecture and Regional Economic Development: International Experience and the Plans of Durban, October 2006.
03/2006	FEDDERSEN, A. / VÖPEL, H.: Staatliche Hilfen für Profifußballclubs in finanziellen Notlagen? – Die Kommunen im Konflikt zwischen Imageeffekten und Moral-Hazard-Problemen, September 2006.
02/2006	FEDDERSEN, A.: Measuring Between-season Competitive Balance with Markov Chains, July 2006.
01/2006	FEDDERSEN, A.: Economic Consequences of the UEFA Champions League for National Championships – The Case of Germany, May 2006.
04/2005	BUETTNER, N. / MAENNIG, W. / MENSSEN, M.: Zur Ableitung einfacher Multiplikatoren für die Planung von Infrastrukturkosten anhand der Aufwendungen für Sportstätten – eine Untersuchung anhand der Fußball-WM 2006, May 2005.
03/2005	SIEVERS, T.: A Vector-based Approach to Modeling Knowledge in Economics, February 2005.
02/2005	SIEVERS, T.: Information-driven Clustering – An Alternative to the Knowledge Spillover Story, February 2005.
01/2005	FEDDERSEN, A. / MAENNIG, W.: Trends in Competitive Balance: Is there Evidence for Growing Imbalance in Professional Sport Leagues?, January 2005.

ISSN 1865-2441 (PRINT) ISSN 1865-7133 (ONLINE)

ISBN 978-3-940369-96-3 (PRINT) ISBN 978-3-940369-97-0 (ONLINE)