

>> Announcer: TODAY ON "THE SOCIAL" --

DO CELEBS LIKE KIM K SET UNHEALTHY BEAUTY STANDARDS? ACTRESS JAMEELA JAMIL SAYS NO.

SO WHO'S REALLY RESPONSIBLE FOR PROMOTING TOXIC BEAUTY IDEALS?

AND WHEN'S THE LAST TIME YOU PAID YOURSELF A COMPLIMENT?

WE DEBATE WHETHER BRAGGING CAN BE A GOOD THING.

THEN --

OLYMPIC GOLD MEDALIST AND HOST EXTRAORDINAIRE JON MONTGOMERY GIVES US A SNEAK PEEK AT THE NEW SEASON OF AMAZING RACE CANADA.

PLUS --

A CANADIAN PAELLA? FROM MAPLE SYRUP TO SPICY CAESAR.

HOW TO CREATE A TWIST ON THE CLASSIC SPANISH DISH.

IT ALL STARTS NOW ON "THE SOCIAL."

♪ Ah ♪

♪ Ah-ah ah-ah-ah ♪

[Applause]

[Cheering]

>> Melissa: WOW!

[♪♪]

HELLO!

[Cheers and applause]

WHOO!

>> WHOO!

>> Melissa: WHOO, HELLO!

HAVE A SEAT.

YOU BEAUTIFUL PEOPLE.

HEY, HAPPY THURSDAY.

[Cheering]

HAPPY THURSDAY.

WELCOME TO "THE SOCIAL,"

EVERYBODY.

JOINING US TODAY "CANADA'S DRAG RACE" PERFORMER AND THE MOST AMAZING KENDALL GENDER IS HERE.

[Applause]

>> Kendall: HI HI HI.
>> Melissa: OH, MY GOSH.
WHAT IS THIS ERA WE'RE
LIVING IN RIGHT NOW?
>> Kendall: I'M GIVING A
LITTLE SABRINA CARPENTER.
PLEASE, PLEASE, PLEASE
NUMBER ONE SONG.
THAT'S WHAT I'M GOING FOR.
>> Melissa: IT'S WORKING.
KEN CONDITION THANK YOU.
>> Melissa: ALL RIGHT,
EVERYBODY.
WE'RE GOING TO DIVE INTO THE
FIRST TOPIC OF THE DAY
BECAUSE CELEBRITIES, ARE
THEY TO BLAME FOR
UNREALISTIC BEAUTY
STANDARDS?
[Audience reaction]
OK, WELL IN A BRAND-NEW
INTERVIEW ACTOR JAMEELA
JAMIL ADMITTED THAT, IN THE
PAST, SHE BLAMED KIM
KARDASHIAN FOR PRO NOTING AN
UNAAIN AT THAT -- UNAA --
UNATTAINABLE LIFESTYLE NOT
YOU SHE CLAIMS IT'S MEDIA
AND SHE'S BLAMING US AS
CONSUMERS.
SO WHAT DO WE THINK?
ARE CELEBRITIES OFF THE HOOK
HERE?
WHO'S TO BLAME FOR
UNREALISTIC BEAUTY
STANDARDS?
>> Kendall: ISN'T KIM
KARDASHIAN THE MEDIA TO SOME
EXTENT THOUGH?
I FEEL WE'RE KIND OF MISSING
THAT PART OF IT.
SHE IS SO INTERTWINED WITH
MEDIA AND SHE HAS BEEN FOR
SO MANY YEARS.
SO, LIKE, DO I THINK IT'S
100% HER FAULT?
OF COURSE NOT.
ABSOLUTELY.
BUT I THINK THE PROBLEM WITH
THE KARDASHIANS, EVEN THOUGH

YES, I DO HAVE A NAMESAKE
RELATION TO THEM.

[Laughter]

I THINK THAT THE ISSUE IS
THAT THEY'RE NOT ALWAYS
HONEST ABOUT THE BEAUTY
STANDARDS THAT THEY UP HOLD.
THEY'RE NOT ALWAYS HONEST
ABOUT THEIR SURGERY OR ABOUT
THEIR DIETARY THINGS, LET'S
SAY.

[Chuckles] I FEEL LIKE
THAT'S WHERE THE ISSUE LIES.
I FEEL THE ISSUE LIES IN THE
DISHONEST ITTY.

>> Jess: HOW DOES THAT
TRANSLATE INTO THE WORLD OF
DRAG IN TERMS OF BEAUTY
STANDARDS?

>> Kendall: INTERESTING ONE.
MY DRAG IS INSPIRED BY HYPER
FEMININITY AND THE WOMEN I
LOOK UP TO AND ALL THIS KIND
OF STUFF.

IT KIND OF IS PARALLEL,
RIGHT?

THE STANDARDS THAT, YOU
KNOW, MAYBE AUTO CIS WOMAN
WOULD FEEL I ALSO FEEL TO AN
EXTENT AS A DRAG PERFORMER
WHEN IT COMES TO BEAUTY
STANDARD.

INTERESTING QUESTION.

>> Melissa: YEAH.

>> Kendall: YOU'RE GOOD AT
THIS.

>> Jess: I DO SEE THIS AS
ONE -- AND PART OF THE SAME
THING.

>> Kendall: 100%.

>> Jess: THIS IDEA OF A
BEAUTY STANDARD.

I DON'T THINK THERE IS ONE
ANSWER.

LIKE I THINK IT'S A VERY --
IF ANYONE'S OFFERING A
SIMPLE ANSWER, IT'S THE
MEDIA.

IT'S KIM KARDASHIAN.

NO, NO, NO.

COMPLICATED QUESTIONS
GENERALLY DON'T HAVE VERY
SIMPLE ANSWERS.

>> Cynthia: COULD SEE SAY
CAPITALISM THOUGH?

I FEEL THE SENSE -- THE MORE
THAT WE'RE OCCUPIED WITH
WANTING TO LOOK ONE WAY, THE
MORE IT'S GOING TO GIVE
BUSINESSES AN OPPORTUNITY TO
MAKE MONEY, RIGHT?

AND I THINK THAT'S ONLY
INCREASED OVER THE YEARS.

LIKE IT'S NOT AS IF
FEMINISM -- I THINK THE
PROMISE OF FEMINISM WAS YOU
CAN BE A WOMAN AND YOU CAN
LOOK ANY WHICH WAY AND YOU
CAN STILL HAVE THE CHANCE OF
ATTAINING MONEY, POWER,
WHATEVER YOU WANT IN LIFE.

BUT WHAT I THINK WHAT IT
SEEMS LIKE MORE AND MORE AND
THIS IS KIND OF WHERE I'M
LEFT A BIT UNSETTLED.

>> THE POWER STILL LIES WITH
THE PEOPLE WHO LOOK THE MOST
YOUTHFUL, WHO LOOK THE MOST
BEAUTIFUL TRADITIONALLY AND
I THINK THERE'S SOMETHING
REALLY SAD AND I'M NOT
SAYING I'M NOT COMPLICIT IN
THAT WHOLE WORLD, TOO.

BUT UNTIL YOU START FEELING
LIKE WE START TO SEE A
CULTURE WHEREBY WOMEN CAN
AGE GRACEFULLY AND STILL
RETAIN POWER.

I DON'T KNOW THAT WE'VE
TOTALLY WON.

>> Jess: DON'T YOU FEEL LIKE
WE CAN?

I FEEL THERE HAS BEEN MAJOR
SHIFT.

>> THAT'S INTERESTING.

>> Jess: THE IDEA OF
CAPITALISM, I GET IT.
AS YOU SAID WE ALL PARTAKE
IN IT.

THAT'S PROBABLY WHY WE HAVE

7 DIFFERENT SHADES OF
LIPSTICK FROM DIFFERENT
MAKERS.

YAY, CAPITALISM.

[Laughter]

IT'S ALSO, FOR WOMEN,
SOMETIMES I FEEL WHEN WE
BLAME CAPITALISM OR BLAME
MAYBE THE PATRIARCHY WE'RE
SORT OF MAKING OURSELVES
VICTIMS.

BECAUSE DON'T WE HAVE
BRAINS?

DON'T WE HAVE EYES?

IT'S TAKING AWAY ALL
RESPONSIBILITY.

[Applause]

>> Melissa: YES, FOR ADULTS.
NOW WHAT?

I THINK YOU'RE ABSOLUTELY
RIGHT IF YOU'RE TALKING
ABOUT ADULTS.

WHAT I WANT TO SHIFT TOWARDS
HERE IS THE IDEA OF WHAT YOU
SAID, KENDALL, WHICH IS "A"
CAPITALISM FOR SURE, BUT
WHEN YOU TALK ABOUT MEDIA,
KIM KARDASHIAN AND IN FACT
IT IS A NOT JUST KIM
KARDASHIAN.

IT IS THE ENTIRE FAMILY.
CAR JENNERS.

KIM, KYLIE THOSE ARE BOTH
BILLIONAIRES BASED ON
PRODUCTS THAT THEY SELL THAT
ARE ALL TO DO WITH HOW YOU
LOOK.

>> Kendall: TO MAKE YOU LOOK
LIKE THEM.

>> Melissa: TO LOOK LIKE
THEM.

YOU'VE GOT KYLIE, KENDALL,
KIM, KOURTNEY TO A CERTAIN
DEGREE.

IF YOU COLLECTIVELY ADD
THEIR SOCIAL MEDIA PRESENCE,
THAT IS OVER A BILLION
PEOPLE ON THE PLANET.
THAT IS CALLED INFLUENCE.

>> Kendall: EXACTLY.

>> Melissa: IT'S NO LONGER
JUST IS IT MEDIA OR IS IT
THE KARDASHIANS?
YOU CANNOT SEPARATE THEM.
WHEN THEY DO SOMETHING AND
IF THEY WERE TO DO SOMETHING
IN TANDEM, THEY REACH 1.3
BILLION PEOPLE.
SO WHY IS THAT PROBLEMATIC
NOW?
YOU'VE GOT TEENS WHO SPEND
THE EQUIVALENT OF 40 HOURS A
WEEK, MINIMUM, ON THEIR
PHONES.
SO THERE IS NO SEPARATION
BETWEEN BUSINESS, MEDIA,
SOCIAL STATUS AND BEAUTY.
IT'S ALL ONE BIG MESS.
SO I THINK WHEN WE WERE
GROWING UP AND YOU SEE, YOU
KNOW, A COMMERCIAL ON
TELEVISION, YOU SEE A
COMMERCIAL FOR A LIPSTICK
AND YOU GO ON YOUR MERRY
WAY.
YOU NEVER SEE IT AGAIN.
IT IS NOW INUNDATING OUR
YOUNG PEOPLE 24/7.
BEAUTY, SELLING.
AND I'M NOT SAYING ALL
SOCIAL MEDIA IS BAD OR ALL
CAPITALISM IS BAD BUT I
THINK YOU CANNOT SEPARATE
THE KARDASHIANS AND MEDIA.
>> Jess: COMMON SENSE ALSO
DISAPPEARED?
BECAUSE I REMEMBER SEEING A
SHAMPOO COMMERCIAL WHEN I
WAS 13 OR 14 AND INSISTING
THAT MY MOM BOUGHT IT SO MY
HAIR WOULD LOOK LIKE THE
PERSON'S IN THE COMMERCIAL.
[Laughter]
YOU KNOW WHAT?
MY HAIR DIDN'T END UP
LOOKING LIKE THE PERSON IN
THE COMMERCIAL.
[Laughter]
AND IT WAS CUT LIKE RIGHT
THEN.

GREAT LESSON.

OH, OK.

>> Cynthia: IT'S A DIFFERENT WORLD.

CAN YOU ACTUALLY PAY A LOT OF MONEY TO HAVE YOUR FACE ADJUSTED IN A WAY -- HAVE YOU NOT NOTICED YOU WALK DOWN CERTAIN STREETS, A LOT OF PEOPLE LOOK LIKE THE KARDASHIANS.

>> YES.

>> Cynthia: YOU CAN PAY ENOUGH MONEY NOW WHERE YOU CAN ACTUALLY LOOK LIKE THAT.

>> Kendall: ABOUT I THINK THAT'S THE ISSUE. THEY ARE NOT BEING HONEST ABOUT HOW THEY LOOK LIKE THAT.

[Applause]

AND THEREFORE LIE -- THEREIN LIES THE ISSUE FOR TEENS.

>> Jess: OOH.

>> Kendall: I'VE HAD A FEW ADJUSTMENTS HERE AND THERE AND I'VE BEEN VERY, VERY HONEST ABOUT IT BECAUSE I DON'T WANT TO SEEM -- I DON'T KNOW -- FAKE OR UNATTAINABLE TO THESE STANDARDS.

>> Cynthia: I JUST WONDER WHAT WE COULD ALL DO WITH THAT MONEY IF WE ACTUALLY ALL DECIDED TOGETHER, WE'RE NOT PARTICIPATING IN THIS. WHAT KIND OF THINGS COULD WE CREATE IF WE WEREN'T SPENDING OUR MONEY -- I'M NOT SAYING I'M GOING TO DO THIS.

>> Melissa: I WAS GOING TO SAY BECAUSE I LOVE MY INJECTABLES SO. I'M GOOD.

>> Cynthia:

>> Jess: SOMETHING MORE SERIOUS.

FORMER HOUSEWIFE OF NEW YORK

KELLY BENSIMON TOLD PEOPLE
SHE CALL CALLED OFF HER
WEDDING 4 DAYS BEFORE
WALKING DOWN THE AISLE
BECAUSE HER FIANCE WOULDN'T
SIGN A PRENUP.

[Audience reaction]

DO YOU AGREE?

IS A PRENUP A DEALBREAKER IN
THIS DAY AND AGE?

>> Kendall: OK.

I HAVE AN INTERESTING TAKE
ON THIS, OK?

SO I HAVE RECENTLY ENDED AN
ENGAGEMENT.

>> Melissa: AW.

SORRY TO HEAR THAT.

>> Kendall: IT'S ALL FOR THE
BEST.

THANK YOU FOR THE CONCERN.

I'M IN THERAPY.

WE'RE ALL GOOD.

SO WE ENDED IT IN JANUARY.

IF YOU HAD ASKED ME THIS
QUESTION LAST YEAR, I THINK
I WOULD HAVE HAD A DIFFERENT
OPINION ON IT, YOU KNOW,
WHEN ME AND MY PARTNER GOT
TOGETHER.

I WAS IN SCHOOL.

I WAS, YOU KNOW, IN A
DIFFERENT STAGE OF LIFE AND
THEN ALL OF A SUDDEN I GOT
ON DRAG RACE AND STARTED
TRAVELLING THE WORLD AND IT
TURNED INTO THIS WHOLE OTHER
THING.

IF YOU HAD ASKED ME THEN I
WOULD HAVE BEEN OH, MY GOSH
OF COURSE.

LET'S EVENLY SPLIT NO
PROBLEM.

BUT TODAY I FEEL A LITTLE
BIT DIFFERENTLY ABOUT IT
BECAUSE THINGS CHANGE.

>> Melissa: SO YOU WOULD
WANT SOMEONE TO SIGN A
PRENUP?

KEN CONDITION I THINK SO.

>> Melissa: TO PROTECT

YOURSELF.

>> Kendall: YEAH.

BECAUSE LIFE HAPPENS
UNEXPECTEDLY SOME WAYS.
I'M NOT SAYING MY EX DID
ANYTHING GRAND WEAR I NEED
TODAY COME FOR HER OR
ANYTHING LIKE THAT BUT IT
JUST LIFE CHANGES.

>> Jess: WE'VE ALL BEEN IN
PARTS OF OUR LIFE WHERE YOU
CAN'T GET HALF OF NOTHING.

[Laughter]

SO THE IDEA -- YOU KNOW WHAT
I MEAN?

[Chuckles] OH, I'M GONNA
TAKE YOUR RECORDS.

LAFTS LAUGHS.

>> Melissa: I WILL SAY THAT.
IT'S FUNNY YOU SAY THAT HALF
OF NOTHING.

AS A CHILD OF IMMIGRANTS,
YOU KNOW THAT IMMIGRANTS
WORKED SO HARD WHEN THEY GOT
HERE.

MY PARENTS WORKED FROM
NOTHING TO BUILD SOMETHING
AND THEY DIDN'T BUILD AN
EMPIRE BUT THE LITTLE THING
THEY BUILT, THEY WANTED TO
PROTECT VERY FIERCELY AND
WHEN MY SISTER AND I WERE
LOOKING FOR A PLACE TO LIVE
AND MY PARENTS SAID WE WILL
HELP YOU WITH THE DOWN
PAYMENT, WHICH OH, MY GOD.
THAT'S THE ONLY WAY A LOT OF
PEOPLE CAN GET HOUSING, BUT
MY PARENTS SAID WHEN I
STARTED DATING RYAN, IF HE'S
LIVING THERE A LOT HE MAY BE
ABLE TO LAY CLAIM LEGALLY TO
SOME OF THIS PROPERTY.

SO WE WOULD LIKE YOU TO ASK
YOUR BRAND-NEW BOYFRIEND TO
SIGN A COHABITATION