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from mechanism to biological significance**

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**Modulation of amyloid assembly by glycosaminoglycans: from mechanism to biological significance**

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**Abstract:**

Glycosaminoglycans (GAGs) are long and unbranched polysaccharides that are abundant in the extracellular matrix and basement membrane of multicellular organisms. These linear polyanionic macromolecules are involved in many physiological functions, from cell adhesion to cellular signaling. Interestingly, amyloid fibrils extracted from patients afflicted with protein misfolding diseases are virtually always associated with GAGs. Amyloid fibrils are highly organized nanostructures that have been historically associated with pathological states, such as Alzheimer's disease and systemic amyloidoses. However, recent studies have identified functional amyloids that accomplish crucial physiological roles in almost all living organisms, from bacteria to insects and mammals. Over the last two decades, numerous reports have revealed that sulfated GAGs accelerate and/or promote the self-assembly of a large diversity of proteins, both inherently amyloidogenic and non-aggregation prone. Despite the fact that many studies have investigated the molecular mechanism(s) by which GAGs induce amyloid assembly, the mechanistic elucidation of GAG-mediated amyloidogenesis still remains the subject of active research. In this review, we expose the contribution of GAGs in amyloid assembly and we discuss the pathophysiological and functional significance of GAG-mediated fibrillization. Finally, we propose mechanistic models of the unique and potent ability of sulfated GAGs to hasten amyloid fibril formation.

**Keywords:** Glycosaminoglycan; Amyloid; Self-assembly; Protein; Peptide

## Introduction

Amyloid fibrils are ordered protein assemblies that are characterized by a cross- $\beta$ -sheets quaternary structure (Chiti and Dobson 2006). These insoluble protein nanostructures, which were historically associated with different pathological states, are now perceived as a generic low energy conformation that can be adopted by the vast majority of known polypeptide chains. Over 30 human proteins whose deposition is associated with diseases have been identified so far, including the amyloid- $\beta$  (A $\beta$ ) peptide associated with the Alzheimer's disease, the islet amyloid polypeptide (IAPP) linked to type II diabetes and transthyretin (TTR) related to systemic amyloidoses. These protein misfolding diseases differ by the protein that deposits as insoluble aggregates and by the tissues subjected to deposition and degeneration (Cohen and Kelly 2003). Interestingly, recent studies have identified amyloid structures that accomplish essential physiological activities in living organisms that utilize these assemblies for their unique biological and mechanical properties. These functional amyloids have been reported in almost all species, from bacteria to insects and mammals (Fowler et al. 2007). In humans, the protein Pmel17 adopts an amyloid quaternary structure in order to sequester the reactive quinones generated during melanin biosynthesis, a key process in skin pigmentation (Fowler et al. 2006). In Gram-negative bacteria, the protein curli self-assembles into cross- $\beta$ -sheets fibrils, constituting a major component of bacteria biofilm (Blanco et al. 2012). The remarkable mechanical, physical and biological properties of amyloids suggest that these nanostructures hold great potential as nanomaterials for technological and nanomedical applications. For instance, amyloid fibrils are being developed as molecular scaffolds for vaccine development (Rudra et al. 2010), for tissue and cell engineering (Branco et al. 2011) and for drug delivery (Bhak et al. 2010).

Thus, understanding the molecular mechanism(s) by which a protein self-assembles into organized amyloid fibrils is an important area of research from fundamental, medical and technological perspectives. Polypeptide self-assembly *in vivo* takes place in a crowded and heterogeneous biological environment. Notably, amyloid fibrils extracted from living organisms are virtually always associated with diverse biomolecules, such as proteins (serum amyloid P component, apolipoprotein E, collagen) (Kisilevsky 2000), metal ions (Alexandrescu 2005), lipids (Gellermann et al. 2005) and glycosaminoglycans (GAGs) (Ancsin 2003). These co-factors were initially considered to be contaminants of the amyloids and *in vitro* mechanistic studies were exclusively performed with homogenous protein solutions. Over the last two decades, several studies have highlighted that these amyloid cofactors modulate the kinetics and/or the pathways of the amyloidogenic process. Predominantly, sulfated GAGs are now recognized as central cofactors in the process of amyloid assembly and GAG-modulated amyloidogenesis appears to play critical (patho)physiological roles. In this review, we will initially expose the major contributions of GAGs in amyloid formation, both for inherently amyloidogenic and non-amyloidogenic peptides and proteins. After briefly presenting the structure and function of amyloids and GAGs, we will emphasize the mechanistic roles of GAGs in amyloid assembly. Finally, we will discuss the potential biological implications of GAG-induced amyloid formation, both from pathological and functional points of view.

### **Glycosaminoglycans: promoters of amyloid assembly**

GAGs are polyanionic polysaccharides that are abundant in the extracellular matrix, basement membrane and on the outer leaflet of the plasma membrane of multicellular organisms. These linear and unbranched polysaccharides are ubiquitously associated with amyloid deposits

linked to protein misfolding diseases (Iannuzzi et al. 2015), including those from TTR (Inoue et al. 1998), A $\beta$  (DeWitt et al. 1993), IAPP (Young et al. 1992),  $\beta$ 2-microglobulin (Ohishi et al. 1990) and immunoglobulin light chain (Stenstad et al. 1991). These studies have suggested a causative role of sulfated GAGs in the fibrillogenesis and deposition of a variety of amyloidogenic polypeptides and have prompted biophysical investigations. As a matter of fact, numerous studies have reported that sulfated GAGs accelerate and/or induce the amyloid assembly from peptides and proteins associated with amyloid-related diseases, including the prion protein (Perez et al. 1998), gelsolin (Suk et al. 2006), immunoglobulin light chain (McLaughlin et al. 2006), A $\beta$  (McLaurin et al. 1999),  $\alpha$ -synuclein (Cohlberg et al. 2002),  $\beta$ 2-microglobulin (Relini et al. 2008) and TTR (Bourgault et al. 2011b). Strikingly, GAGs also prompt amyloid assembly of polypeptides that are inherently non-amyloidogenic, highly soluble and not associated with pathological states (Madine et al. 2013). For example, many soluble and intrinsically non-aggregating peptide hormones can self-assemble into amyloid-like nanostructures in presence of sulfated GAGs (Maji et al. 2009). A non-exhaustive list of polypeptides whose self-association into amyloids is accelerated and/or induced by sulfated GAGs is included in Table 1. Overall, GAGs appear as potent amyloid enhancers for many peptides and proteins, although clear mechanistic insights of their contributions to amyloidogenesis still remain elusive.

### **Molecular architecture of amyloid fibrils**

Given that amyloids are inherently non-crystalline and insoluble, common techniques to determine protein structure such as X-ray crystallography and liquid state nuclear magnetic resonance (NMR) are inconvenient. Thus, structural characterization of amyloid fibrils is usually performed by electron paramagnetic resonance and solid-state NMR (SSNMR) (Tycko 2015).

By atomic force microscopy (AFM) and electron microscopy (EM), amyloids extracted from patients or prepared *in vitro* appear as long (0.5 to 10  $\mu\text{m}$ ) and unbranched filaments having a diameter of 3 to 15 nm (Fig. 1A). Amyloid fibrils are organized hierarchically and are usually constituted of 2 to 8 protofilaments that can be either linearly packed or twisted. The high stability of the amyloid structure against thermal, chemical and enzymatic degradation resides in a combination of noncovalent bonds, notably inter-chain hydrogen bonds,  $\pi$ - $\pi$  stacking and hydrophobic interactions. Amyloid X-ray diffraction pattern is characterized by two scattering diffraction signals; a sharp reflection at 4.7 Å along the direction of the fibril and a diffuse reflection at 10Å perpendicular to the fibril axis, indicating that  $\beta$ -strands are oriented perpendicular to the axis fibrils (Sunde et al. 1997). This cross- $\beta$ -sheet organization is formed by peptide segments that adopt a secondary structure in  $\beta$ -strand conformation and assemble into ribbon-like  $\beta$ -sheets (Fig. 1B) (Tycko 2014).

Despite common structural features, amyloid fibrils display a polymorphism of their molecular structure and supramolecular arrangement. This polymorphism is ascribed to the amino acid sequence of the proteic precursor as well as the conditions in which self-assembly occurs, including the presence of GAGs. Indeed, although different polypeptides are able to form amyloid fibrils and contain identical X-ray diffraction pattern, there is a wide diversity of molecular arrangement within amyloids (Nelson et al. 2005). Studies on microcrystals formed upon the self-association of amyloidogenic polypeptides revealed that  $\beta$ -sheets can be oriented either parallel or anti-parallel (Sawaya et al. 2007). Moreover, one polypeptide can have several segments in  $\beta$ -strand secondary structure and each of these  $\beta$ -strands can be part of one or more  $\beta$ -sheet layers (Tycko 2015). For instance, depending on the conditions in which assembly occurred, three structural models were proposed for the A $\beta$ (1-40), the most studied amyloidogenic peptide.

Two of these structural models describe a monomer with a disordered N-terminal domain and two segments in  $\beta$ -sheet conformation, where each  $\beta$ -strand participates in two different parallel in-register  $\beta$ -sheets (Paravastu et al. 2008; Petkova et al. 2006). The two segments are linked by a loop and monomers are stack along the fibril axis. The third model was proposed from fibrils grown in the presence of amyloids extracted from brain tissue of a patient afflicted with Alzheimer's disease and is also composed by a three-fold rotational symmetry (Lu et al. 2013). Two models were recently proposed for  $A\beta(1-42)$  fibrils in which monomers adopt an S-shape and are composed of four short  $\beta$ -strands (Colvin et al. 2016; Wälti et al. 2016). Thus, these studies highlight that the addition of two additional amino acids at the C-terminal end can lead to drastic alterations of the amyloid structure, indicating that fibril morphology is very sensitive to modifications within the primary sequence.

## **Mechanisms of amyloid assembly**

Polypeptide chains that are prone to self-assemble into amyloids can be divided in two categories. On one hand, proteins characterized by an ordered/globular native structure need to unfold or partially unfold to self-associate into amyloid fibrils. Transthyretin (TTR) (Bourgault et al. 2011a),  $\beta$ 2-microglobulin (Stoppini and Bellotti 2015) and immunoglobulin light chain (Wolwertz et al. 2016) are good examples of natively folded proteins whose deposition is associated with pathological states. On the other hand, intrinsically or partially disordered polypeptides, such as IAPP,  $A\beta$  and  $\alpha$ -synuclein, need to undergo conformational rearrangements allowing the formation of ordered segment(s) to initiate amyloid assembly (Abedini and Raleigh 2009). The mechanism of amyloid assembly is still the matter of active debate and different models have been proposed. Generally, amyloid formation is ascribed as a nucleated polymeriza-



tion (Bemporad and Chiti 2012). This model is characterized by the formation of an energetically unfavorable oligomeric nucleus as the rate-limiting step. Once the nucleus is formed, assembly occurs rapidly through the addition of competent monomers, or oligomers, to the growing end of the protofibrils. This amyloidogenic process can also be seen as a three steps mechanism where the (i) lag phase, (ii) elongation phase and (iii) saturation phase are governed by different kinetics (Fig. 2). During the lag phase, transient and dynamic oligomers are formed in equilibrium with monomers until the high-energy nucleus is reached. This initial phase occurs slowly because of the unfavorable interactions between monomers. As soon as the nucleus is formed, the elongation phase begins, leading to the rapid growth of the biopolymers. Other kinetic models have also been suggested, such as downhill polymerization (Hurshman et al. 2004), monomer-directed conversion (Prusiner 1982) and nucleated conformational conversion (Lee et al. 2011). Nonetheless, these mechanisms were inferred from *in vitro* studies in homogenous aqueous solution and the amyloidogenic pathway is likely to be different in the crowded and heterogeneous environment of living organisms (Nguyen et al. 2015). GAGs are well-known for their unique and potent capacity to modify the kinetics of amyloid assembly for both globular and intrinsically disordered polypeptides.

## Structure and function of glycosaminoglycans

In multicellular organisms, the extracellular matrix (ECM) forms an essential structural and (bio)chemical scaffold for cells and is involved in the regulation of many physiological processes, such as cell differentiation and migration and morphogenesis (Theocharis et al. 2016). Fibrous proteins, proteoglycans (PGs) and GAGs are the most abundant components of the ECM. PG consists of a core protein that is covalently linked to one or more GAG chains. GAGs

are negatively charged polysaccharides formed by the repetition of disaccharides and can reach up to 200 disaccharide units (Bishop et al. 2007). Disaccharidic units are principally formed by D-/L-hexuronic acid, D-glucuronic acid or L-iduronic acid, and N-acetylated hexosamine, N-acetyl-D-galactosamine or N-acetyl-D-glucosamine. Accordingly, GAGs are classified in two groups: (i) galactosaminoglycans including chondroitin sulfate and dermatan sulfate and (ii) glucosaminoglycans including heparan sulfate, heparin, keratan sulfate and hyaluronan (Fig. 3). The expression level and chemical nature of GAGs at the cell surface and in the ECM differ among tissues and cell types. Heparan sulfate is the most ubiquitous GAG and is expressed by almost all eukaryotic cell types (Moremen et al. 2012). Owing to their high density in carboxylate and sulfate groups, GAGs have a unique capacity of interacting with a large diversity of biomolecules. GAG chains of PGs are known to recruit and sequester numerous soluble protein ligands, including chemokines, cytokines and growth factors (Handel et al. 2005). These interactions confer key roles to GAGs in many important physiological processes such as inflammation, cell signalling and organogenesis.

### **Nature of GAG-polypeptide interactions**

Among peptides and proteins that are recognized to spontaneously self-assemble into amyloids, there is an obvious propensity towards interactions with GAGs. These interactions were shown to be somewhat non-specific to any single category of peptide or protein, requiring only the GAG being polyanionic (Abedini et al. 2006; Castillo et al. 1998). Driving forces of polypeptide-GAG binding mainly arise from electrostatic interactions between anionic sulfate groups of the polysaccharide and the cationic residue side chains. Whereas early studies advocated that histidine residues contribute minimally to GAG-binding (Cardin and Weintraub 1989), recent

works have suggested that this may not be the case. Many amyloidogenic processes, in absence or in presence of GAGs, are pH sensitive within a physiologically relevant window. For example, the stability of amyloid fibrils assembled in presence of GAGs at pH 5.5 is reduced at a physiological pH of 7.4 (Maji et al. 2009; Stewart et al. 2016). Similarly, rates of amyloid formation can vary greatly between pH 7.4 and 5.5. These two pH values coincide well with either side of the pKa of the imidazole group ( $\cong 6$ ), supporting the notion that histidine residues are involved in GAG binding and/or GAG accelerated amyloidogenesis (Malmos et al. 2016). Counter-ion condensation theory (CCT) was proposed to explain the importance of histidine residues for A $\beta$ -GAG binding. CCT postulates that with a sufficient charge density, linear polyanions can be partially neutralized by cations in solution, causing a cloud of positive ions around GAGs (Muthukumar 2004). The displacement of this cationic cloud by the peptide would result in an entropically favourable interaction. This CCT model may explain why in the presence of high sodium concentrations, >250 mM, GAG-mediated fibrillization is hindered (Nguyen and Rabenstein 2016). As the bulk cation concentration becomes too high, it is no longer as entropically favourable to displace the cluster of cations into the water.

Two specific amino acid sequences involving alternating basic and non-basic residues were initially proposed as GAG-recognition motif: XBBXB and XBBBXXBX; where X is an uncharged, hydrophobic residue and B is a cationic residue (Cardin and Weintraub 1989). Other GAG-binding motifs have also been proposed, including XBBX<sub>n</sub>BX ( $n \leq 2$ ) and XBBB<sub>n</sub>X ( $n \geq 1$ ) (Hileman et al. 1998; Proudfoot et al. 2001). However, it is important to remind that an increased ability to bind GAGs does not necessarily correlate with the ability of a given polypeptide to self-assemble in the presence of GAGs. There appears to be a fundamental distinction between GAGs demonstrating the ability to bind polypeptides, such as cytokines, cell-

penetrating-peptides or growth factors, and their capacity to induce the formation of ordered amyloid fibrils (Handel et al. 2005; Tchoumi Neree et al. 2014). Due to uncertainties regarding the specific mechanism(s) which allow proteins to form amyloid in the presence of GAGs, it is unclear whether increased ability to bind GAGs is even positive from a mechanistic point of view. If the peptide-GAG interaction is transitory and dynamic throughout the amyloidogenic pathway, then excessively strong GAG binding could, in fact, inhibit amyloid formation. In this view, the stability of the GAG-chemokine complex could prevent the self-association of the signaling protein.

It was reported that GAG binding affinity towards amyloid nanostructures assembled under homogeneous conditions varies according to the supramolecular organization of the fibrils (Stewart et al. 2016). Using methionylated A $\beta$ (1-40), it was observed that distinct amyloid morphologies engage into different assemblies with GAGs. Certain fibril morphologies create well-defined binding pockets into which GAGs can solidly rest through electrostatic interactions (Stewart et al. 2016). This observation offers insights as to why the presence of GAGs induces specific fibril morphologies in heterogeneous system. Thus, the presence of GAGs during the assembly reaction could shift the reaction equilibria towards amyloid structures with GAG-accepting morphologies. Interestingly, it was showed that different GAG:polypeptide molar ratios result in variable fibril morphologies (Bazar and Jelinek 2010). Unfortunately, the degree to which this effect takes place, as well as the final product remains impossible to predict beforehand.

### **Properties of GAGs mediating amyloidogenesis**

Chemical and structural GAG properties were reported to be critical for their effect on amyloidogenesis, including (i) the length of the polysaccharide chain, (ii) the degree of sulfation and (iii) the GAG:polypeptide molar ratio. The degree of polymerisation (dp) is of primary importance for fibrillogenesis (Bourgault et al. 2011b; Jha et al. 2011; Stewart et al. 2016; Takase et al. 2016). At short lengths ( $dp \leq 4$ ), GAGs exert minimal effect on the rate of amyloid formation. This could be attributed to an insufficient ability to cluster the starting material, *i.e.* individual polypeptides and/or pre-fibrillar oligomers. At intermediate lengths ( $dp_6 - dp_{12}$ ), the lag phase of fibril formation for most proteins is markedly reduced (Fraser et al. 2001). Generally, fibrillization is accelerated with increasing oligosaccharide size, although for some systems, the effect on fibril assembly plateaus when the chain length becomes sufficiently long ( $dp \gg 18$ ) (Jha et al. 2011; Takase et al. 2016). In addition, the density and distribution of sulfated groups along the polysaccharides also appear to be critical. For TTR, a direct correlation between the rate of fibrillization and the density of sulfate groups was reported, with heparin being more effective than heparan sulfate and N-acetylated heparin (Bourgault et al. 2011b). In contrast, heparan sulfate appears to be more effective than its highly-sulfated counterpart heparin to hasten the nucleation step of A $\beta$  (McLaurin et al. 1999). Although divergences exist among studied systems, the overall trend is that the high density of sulfate groups and the polymeric nature of GAGs are essential features for accelerating amyloid assembly.

The relative concentration of GAGs also influences fibrillization and the relationship is not as simple as initially anticipated. A study specifically addressed the importance of GAG:peptide ratio using heparin and the prion-related protein fragment PrP (106-126) (Bazar and Jelinek 2010). When heparin was present in equal or greater quantities than PrP(106-126), *i.e.* in molar ratios of 5:1, 2:1, and 1:1 (heparin:PrP), fibril formation did not occur. However at 0.5:1 and

0.2:1 molar ratios (heparin:PrP), fibril formation was observed at increasing rates. As the relative concentration of heparin was further decreased to 0.1, the effect became less pronounced, signifying an optimal range of molar ratios. Thus, it appears that at a molar ratio of 0.5:1 there is sufficient GAGs to interact with prion fragments while simultaneously not being so excessive to result in a low local concentration of peptides (Bazar and Jelinek 2010). This observation supports the notion that GAGs accelerate amyloid formation by increasing the local concentration of pre-fibrillar species. Nonetheless, the authors could not differentiate between GAGs binding individual peptides and/or pre-fibrillar intermediates, a central question that will be discussed below.

### **Mechanistic contributions of GAGs in amyloid assembly**

Owing to the association between amyloid deposition and GAGs, investigations of the molecular mechanisms of GAG-induced self-assembly were initially performed with polypeptides whose deposition is associated with pathological states. Interestingly, over the last five years, mechanistic studies have also been performed with non-amyloidogenic polypeptides. The most noticeable effects of GAGs on the process of amyloid formation are (i) the sharp reduction of the lag phase, (ii) the marked increase in the rate of fibrillization that occurs in the elongation phase and/or (iii) the supramolecular organization of the amyloid assemblies (Fig. 2; red dashed line). For a wide variety of polypeptides, the addition of GAGs into the aggregation solution decreases severely the lag-phase, almost even eliminating it in certain cases. The rapid and immediate effect of the addition of heparin, commonly used to mimic the sulfated domains of heparan sulfate, is particularly noticeable for the non-amyloidogenic polypeptide PLB(1-23), a 23-residue fragment of the protein phospholamban. On its own, this peptide demonstrates no ability to form fibrils, yet upon addition of heparin to the solution, a prompt increase in thioflavin T (ThT) fluo-

rescence was observed (Madine et al. 2013). Similar effects were observed with polypeptides that are known for their propensity to aggregate and whose depositions are associated with pathological states, such as IAPP, TTR,  $\beta$ 2-microglobulin and apomyoglobin (De Carufel et al. 2013; Noborn et al. 2011; Relini et al. 2008; Vilasi et al. 2011). Whether this occurs because GAGs directly influence the conformational transition between the native and amyloidogenic states and/or because GAGs increase the local concentration of pre-fibrillar species remains to be confirmed.

The mechanistic contributions of GAGs in the fibrillization of TTR have been investigated and disparity exists between the two proposed models (Bourgault et al. 2011b; Noborn et al. 2011). TTR is a homotetrameric protein involved in the transport of thyroxine and holo-retinol-binding protein. The aggregation and deposition of TTR is associated with amyloidoses such as familial amyloidotic polyneuropathy and familial amyloidotic cardiomyopathy. Although recombinant TTR and its amyloidogenic variants can self-assemble under certain conditions (*i.e.* low pH), the addition of sulfated GAGs to the system enhances amyloidogenesis. The mechanism was initially described as a quaternary structural conversion in which GAGs interact primarily with pre-fibrillar oligomers through electrostatic interactions, concentrating and orienting them and facilitating the formation of higher molecular weight aggregates (Bourgault et al. 2011b). According to this model GAGs do not affect the process by which TTR self-assembles, involving: (i) dissociation of the tetramer into monomers, (ii) partial denaturation of the released monomers, (iii) oligomerization and (iv) amyloid formation through a downhill polymerization (Connelly et al. 2010). Thus, addition of heparin into the aggregation mixture does not influence the early phase of TTR self-assembly, but rather facilitates association of oligomers. In contrast,

Noborn and colleagues suggested that heparin/heparan sulfate interact with monomeric TTR, promoting their association into oligomers (Noborn et al. 2011).

Despite differences in molecular weight and native structure between TTR and the 8 kDa fragment of gelsolin, a similar mechanism of GAG-induced fibrillization was proposed (Solomon et al. 2011). The secreted C-terminal 68 kDa gelsolin fragment is known to be cleaved in the extracellular matrix to generate 8 and 5 kDa amyloidogenic fragments, with the former being the main component of gelsolin amyloid deposits in humans (Solomon et al. 2012). Monomerized 8 kDa gelsolin did not bind to heparin under physiological conditions whereas cross- $\beta$ -sheet oligomers and amyloid fibrils bind strongly to heparin (Solomon et al. 2011). This suggests a scaffolding mechanism wherein cross- $\beta$ -sheet oligomers bind to GAGs, accelerating fibril extension. In sharp contrast, by means of dynamic light scattering, it was reported that heparin promotes the formation of pre-fibrillar oligomers via the interaction with the monomeric  $\beta$ -2-microglobulin (Relini et al. 2008).

GAGs are so potent in their ability to induce amyloid formation, that they have consistently demonstrated doing so in a variety of otherwise non-aggregating polypeptides. For instance, it was reported that peptide hormones self-assemble in presence of GAGs, although no amyloid formation was observed when these peptides were incubated alone (Maji et al. 2009). Derivatives of amyloidogenic peptide that are resistant in forming amyloids constitute a clear testimony of the unique ability of GAGs to promote self-assembly. For example, substitution of Ile-26 by a Pro residue (Abedini and Raleigh 2006) or incorporation of N-methylated residues at positions 24 and 26 prevent IAPP amyloid formation (Yan et al. 2006). Strikingly, in presence of sulfated GAGs, these two IAPP derivatives gained ability to self-assemble into amyloids (Wang et al. 2013). Fluorescence energy resonance transfer (FRET) was used to understand the interaction of



these non-amyloidogenic IAPP analogs with GAGs. GAGs were tagged with a FRET acceptor and the amyloid-sensitive fluorophore ThT was used at the FRET donor. The observed FRET signal suggested that the donor and acceptor were near enough to transfer the excitation energy (Wang et al. 2013). This study reinforces the hypothesis that amyloids assemble along the longitudinal axis of the GAG chain. By SSNMR, it has been recently reported that the core of the amyloid-GAG complex is composed of peptide strands, while GAGs are bound to the exterior edges of these strands (Malmos et al. 2016). This study was conducted with salmon calcitonin (sCT), which is known for its resistance to self-assemble. This highlights that in presence of GAGs, a peptide with a low intrinsic amyloidogenicity assembles into fibrils that are similar to the fibrils composed of a highly amyloidogenic peptide, such as A $\beta$ (1-40) (Stewart et al. 2016).

The amyloid-inducing potential of GAGs on non-inherently amyloidogenic protein is not only limited to peptides. For instance, apomyoglobin is a non-amyloidogenic natively folded protein whereas its mutant W7FW14F is known to be amyloidogenic-prone (Vilasi et al. 2011). Upon addition of heparin, it was observed that wild-type apomyoglobin readily forms amyloid fibrils at comparable rate of the mutant form. As suggested for TTR and gelsolin, the authors postulated that the mechanism of GAG-induced amyloid formation involves an increase of the local concentration that occurs upon binding of pre-fibrillar species to GAGs. Nonetheless, the authors were unable to determine whether these precursors were monomeric or oligomeric.

Overall, our current understanding of the molecular basis of GAGs-mediated amyloidogenesis does not indicate whether the assembly of amyloid structure in the presence of co-factors such as GAGs, follows a universal mechanism, or instead if multiple case-dependent mechanisms are required to explain the observed assemblies. According to the studies described above, we can propose that GAGs accelerate amyloid assembly by one or a combination of these mod-

els: (i) GAG-directed monomer conversion, (ii) GAG-induced oligomerization, (iii) GAG-mediated quaternary structural conversion and/or (iv) GAG-enhanced fibril growth.

### **Biological relevance of GAG-mediated amyloid assembly**

Over the last two decades, compelling pharmacological and genetic evidences have emphasized the causative link between amyloid deposition and the progression of numerous pathologies (Bulawa et al. 2012). Although the molecular arrangement of the proteotoxic species and the mechanisms of cytotoxicity still remain unclear, cell and animal studies performed with numerous amyloidogenic polypeptides have suggested that oligomers, which may or may not be on pathway to amyloid formation, are more deleterious than well-defined fibrils (Kayed et al. 2003). Reports have indicated that the process of amyloid assembly leads to cellular degeneration whereas the final assemblies, *i.e.* the mature amyloid fibrils, are poorly deleterious (De Carufel et al. 2015). As described above, GAGs have a unique ability to modulate the amyloid assembly and/or to interact with pre-fibrillar species, the inferred toxic species of the amyloidogenic cascade. Accordingly, GAGs most likely play important roles in the etiology of many amyloid-related diseases, an avenue of active research.

Immunohistochemical analysis revealed that heparan sulfate co-localizes with IAPP amyloids in pancreatic islets of patients afflicted with type II diabetes (Young et al. 1992). Additionally, NMR studies showed that heparin interacts with the positively charged N-terminal domain of IAPP (Jha et al. 2011) whereas isothermal titration calorimetry indicated a moderate affinity between IAPP and heparin (De Carufel et al. 2013). Considering that sulfated GAGs interact avidly with IAPP and modulate its fibrillization, the influence of GAGs on IAPP cytotoxicity has been addressed. When applied to isolated pancreatic  $\beta$ -cells, IAPP induces cell death by mecha-

nisms that are still not clearly understood (Cao et al. 2013). Strikingly, soluble heparin and its synthetic fragments reduced the cytotoxicity induced by IAPP (De Carufel et al. 2013; Jha et al. 2011). The role of cell surface GAGs in IAPP toxicity was investigated using CHO pgs-A-745 cells, which lack GAGs on the outer leaflet of their plasma membrane due to a deficiency in xylosyltransferase, a key enzyme in PG biosynthesis. The absence of cell surface GAGs did not reduce the vulnerability of CHO cells towards IAPP (De Carufel et al. 2013). In contrast, isolated islets of double-transgenic mice overexpressing both heparinase and hIAPP had less amyloid deposition than the islets isolated from hIAPP transgenic mice (Oskarsson et al. 2015). The relation between sulfated GAGs and amyloid-related cytotoxicity was also investigated with A $\beta$ . By means of HEK293 cells overexpressing heparinase, it was reported that cell surface GAGs mediate internalization and cytotoxicity of A $\beta$  (Sandwall et al. 2010). These studies indicate that sulfated GAGs are key components for amyloid deposition although their roles in cytotoxicity remain somewhat contradictory.

Tauopathies are neurodegenerative diseases associated with the deposition of tau protein into filamentous aggregates (Holmes et al. 2013). It is known that cytosolic tau assemblies are released in the extracellular space and propagate to other neuronal cells by macropinocytosis, where they induce fibrillization of native tau proteins in a prion-like mechanism (Kfoury et al. 2012). In addition, tau displays a heparin binding motif, suggestive of a possible interaction with cell surface GAGs (Goedert et al. 1996). Strikingly, extracellular tau proteins co-localize with PGs and the removal of GAG chains with heparinase treatment reduces cellular uptake of tau aggregates in murine neural cells (Holmes et al. 2013). To further evaluate the contributions of GAGs in tau propagation, the authors used a co-culture assay where donor and acceptor cells expressed tau proteins with different fluorophores. By FRET, it was observed that when cells are

treated with heparinase, a significant decrease of propagation occurs. A similar effect of GAG-mediated aggregates propagation was reported for the prion protein (Wolf et al. 2015). Furthermore, in transmissible spongiform encephalopathies the presence of an abnormally folded conformer of the prion protein induces the conversion of the normal prion protein cellular PrP<sup>C</sup> into the pathogenic form PrP<sup>Sc</sup>. Although the mechanism underlying this conversion remains elusive, it is known that polyanions are able to enhance the conversion of PrP<sup>C</sup> into PrP<sup>Sc</sup> (Ma 2012). Specifically, it has been observed *in vitro* that heparan sulfate stimulates the formation of PrP<sup>Sc</sup> in absence of amyloidogenic seeds (Wong et al. 2001).

Although amyloids have been historically associated with degenerative diseases, recent studies have shown the existence of functional amyloid assemblies (Fowler et al. 2007). Peptide hormones are known to be stored under a very high concentration in secretory granules in an aggregated state. Interestingly, it was reported that this aggregated state is closely related to an amyloid conformation, rich in cross- $\beta$ -sheets (Maji et al. 2009). Immunohistochemical studies with mouse pituitary tissues revealed a positive binding of the amyloid-sensitive dye thioflavin S in the anterior and posterior lobes that co-localizes with hormone-specific antibodies. Moreover, by combining biophysical approaches the authors showed that among the 42 peptides studied, 31 formed amyloid fibrils *in vitro* in presence of heparin, employed as a model of the sulfated GAGs found in the secretory granules (Maji et al. 2009). It was recently shown in rat hypothalamus that somatostatin (SST) is stored within the secretory granules as amyloid fibrils (Anoop et al. 2014). Particularly, the authors revealed that these SST fibrils assembled in presence of heparin are able to release biologically active monomers. In sharp contrast, under *in vitro* conditions that recapitulate the conditions of secretory granules, no evidence of an amyloid-like structure was observed for the peptide hormone prolactin in presence of GAGs (Christensen et al. 2016).

The observed aggregates did not bind the amyloid sensitive dye ThT and no amyloid-characteristic was observed by infrared spectroscopy and TEM. Thus, the physiological significance of GAG-mediated amyloid assembly in the context of peptide hormone storage is still the subject of active debate and further studies are required.

## Conclusion

In this review, we presented in detail the contributions of sulfated GAGs in amyloid assembly and we discussed the potential pathophysiological and functional roles of GAG-mediated amyloidogenesis. These polyanionic polysaccharides have been shown to enhance and/or to prompt the assembly of a wide diversity of proteins, from small intrinsically disordered peptides to large globular proteins and from aggregation-prone polypeptides to highly soluble peptidic chains. Although the number of studies that have reported a positive effect of GAGs on amyloid fibril formation is important and impressive, clear mechanistic details remain elusive. Taking into account the available data, we suggested that GAGs accelerate amyloid assembly by one or a combination of models, including GAG-directed monomer conversion and GAG-mediated quaternary structural conversion. These above-proposed models constitute a starting point to mechanistically define the role of GAGs in amyloid assembly, a highly relevant and unsolved biomedical issue. Above all, it will be important to pursue the (patho)physiological significance of GAG-mediated amyloid formation in relevant cellular and animal models.

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## Figure Legends

**Fig 1.** (A) Representative transmission electron microscopy (TEM) image of amyloid fibrils obtained from the self-assembly of IAPP. (B) Schematic representation of the hierarchical organization of amyloid fibrils and of the general cross- $\beta$ -sheet quaternary structure.

**Fig 2.** Schematic representation of amyloid assembly. The nucleation dependent polymerization mechanism is characterized by three distinct phases: (i) the lag phase, (ii) the elongation phase and (iii) the saturation phase. Presence of GAGs in the assembly reaction shortens the lag phase and/or increases the rate of amyloid elongation (red dashed line).

**Fig 3.** Representative chemical structure of (A) heparin/heparan sulfate and (B) chondroitin sulfate. (A,B)  $R_1$  :  $-H$  or  $-SO_3^-$  and  $R_2$ :  $-SO_3^-$  or  $-COCH_3$ . (A) The distinction between heparin and heparin sulfate is the number of  $SO_3^-$  groups per disaccharide unit, with heparin having an average of 2.7 sulfate groups per disaccharide and heparan sulfate around 1 sulfate per disaccharide.

**Table 1** Polypeptides whose amyloid assembly is accelerated and/or promoted by the presence of sulfated glycosaminoglycans.

Polypeptide	*Amyloidogenicity	Associated pathology	Reference
hIAPP	+	Type II diabetes mellitus	(De Carufel et al. 2013)
Amyloid- $\beta$	+	Alzheimer's disease	(Brunden et al. 1993)
$\alpha$ -synuclein	+	Parkinson's disease	(Holmes et al. 2013)
ANF	+	Isolated atrial amyloidosis	(Millucci et al. 2011)
Medin	+	Aortic medial amyloidosis	(Madine and Middleton 2010)
sCT	+/-	Therapeutic	(Malmos et al. 2016)
hCT	+	Thyroid medullary carcinoma	(Itoh-Watanabe et al. 2013)
VIP	-	None	(Maji et al. 2009)
rIAPP	+/-	None	(Wang and Raleigh 2014)
PLB(1-23)	-	None	(Madine et al. 2013)
$\beta$ -endorphin	-	None	(Nesovityaya et al. 2016)
Somatostatin	+/-	None	(Anoop et al. 2014)
PrP (106-126)	+	Fatal familial insomnia	(Bazar and Jelinek 2010)
Gelsolin	+	Finnish-type familial amyloidosis	(Solomon et al. 2011)
Transthyretin	+/-	Familial amyloidosis	(Bourgault et al. 2011b)
$\beta$ -2-microglobulin	+	Dialysis-related amyloidosis	(Corlin et al. 2010)
Serum amyloid A	+/-	Rheumatoid arthritis	(Egashira et al. 2011)
Apomyoglobin	+/-	None	(Vilasi et al. 2011)
Tau protein	+	Alzheimer's disease	(Luo et al. 2013)
Acylphosphatase	-	None	(Motamedi-Shad et al. 2009)

\* +: Self-assemble into amyloids spontaneously under physiological conditions; +/-: Self-assemble under specific conditions (extreme pH, heating, denaturant); -: Do not self-assemble in absence of glycosaminoglycans.



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