

Table of Contents

Acknowledgements	VII
Foreword [Laurent Bavay and Artur Obłuski]	IX
Note on Transliteration, Translation, and Dates	XI
List of Bibliographical Abbreviations	XIII
Mennat-Allah El Dorry	
Introduction	I
Salima Ikram	
All Good Things on the Study of Ancient Egyptian Food and Drink	7
Mennat-Allah El Dorry	
Food History in Egypt: State of Research	21
Joanna Dębowska-Ludwin and Karolina Rosińska-Balik	
Food and Drink in the Early Egyptian Funeral Tradition: The Case of Tell el-Farkha	55
Amr Khalaf Shahat and Victoria Jensen	
Social Archaeology of Food at Deir el-Ballas: An Archaeobotanical Study of the Non-Elite Cemetery Food Offerings	71
Mennat-Allah El Dorry	
Forbidden, Sprouted, Stewed: An Archaeobotanical and Historical Overview of Fava Beans in Ancient Egypt	87
Nicolas Morand, Sébastien Lepetz and Benoît Clavel	
Meat and Fish Consumption in Ptolemaic Alexandria: Archaeozoological Evidence from Necropolis and Settlements	105

Johanna Sigl	
Times of Exchange: Graeco-Roman Influences on Animal Use by the Inhabitants of Syene, Modern Aswans	123
Pamela J. Rose, Gillian Pyke, Alan Clapham and Manuela Lehmann	
A Storage Area from Hisn al-Bab, Aswan	141
Darlene L. Brooks Hedstrom	
Thinking about Monastic Food: Theory, Practice, and the Archaeology of Spatial Design	155
Gillian Pyke	
Food Management at a Monastic Household in the Wadi al-Natrun: The Ceramic Evidence	171
Shahira Mehrez	
Culinary Infrastructure and Traditions in Early 20th-century Cairo Mansions: A Personal Account	195
Mennat-Allah El Dorry	
Food History in Sudan: State of Research	211
Andrea Manzo	
Banquet at Mahal Teglinos: Local Recipes and Imported Delicatessen in Pre- and Proto-historic Eastern Sudan	221
Philippa Ryan	
A Long-term Important Food Crop? Investigating the Role of Hulled Barley in Present-day Nubian Villages and New Kingdom Amara West (Northern Sudan)	237
Joanna A. Ciesielska, Robert J. Stark, Artur Obłuski and Małgorzata Korzeniowska	
Dietary Transgressions? Investigation of Diet among the Monks of Ghazali, Northern Sudan	251
Dorota Dzierzbicka	
Food in Courtyard A at the Monastery on Kom H in Old Dongola, Sudan	271
Figures in colour	285
Notes on contributors	303