

Contents

List of Figures [page vii]

List of Tables [x]

List of Contributors [xi]

Preface [xv]

1 The Monastic Economies in Late Antique Egypt and Palestine: Past, Present, and Future [1]

LOUISE BLANKE AND JENNIFER CROMWELL

I. THE MONASTIC ESTATE [39]

2 Monastic Estates in Byzantine *Arabia* and *Palaestina* (Fourth–Ninth Centuries) [41]

BASEMA HAMARNEH

3 Monastic Estates in Transition from Byzantine to Islamic Egypt: Evidence from Aphrodito [76]

ISABELLE MARTHOT-SANTANIELLO

4 The Naqlun Fathers and Their Business Affairs: Private Assets and Activities of the Monks in a Semi-Anchoritic Community in the Late Antique Fayum [99]

TOMASZ DERDA AND JOANNA WEGNER

II. PRODUCTION AND CONSUMPTION OF FOOD AND MATERIAL GOODS [127]

5 Monastic Vintages: The Economic Role of Wine in Egyptian Monasteries in the Sixth to Eighth Centuries [129]

DOROTA DZIERZBICKA

6 Cooking, Baking, and Serving: A Window into the Kitchen of Egyptian Monastic Households and the Archaeology of Cooking [152]

DARLENE L. BROOKS HEDSTROM

- 7 The Refectory and the Kitchen in the Early Byzantine Monastery of Tell Bi'a (Syria): The Egyptian and Palestinian Connections [181]

GÁBOR KALLA

- 8 It's a Dung Job: Exploring Fuel Disc Production in Egyptian Monasteries [212]

MENNAT-ALLAH EL DORRY

- 9 Illuminating the Scriptoria: Monastic Book Production at the Medieval Monastery of St Michael [233]

ANDREA MYERS ACHI

III. MONASTIC ENCOUNTERS: TRAVEL, PILGRIMAGE, AND DONATIONS [269]

- 10 Distinguishing Offerings from Blessings in Early Byzantine Monasticism: The Significance of *P.Ness.* III 79 (ca. 600 AD) [271]

DANIEL F. CANER

- 11 Staple for Body and Soul: Working at and Visiting the Upper Egyptian Monastery Deir Anba Hadra [298]

LENA SOPHIE KRASTEL, SEBASTIAN OLSCHOK, AND
TONIO SEBASTIAN RICHTER

- 12 The Monastic Landscape of Mount Nebo: An Economic Pattern in the Province of *Arabia* [334]

DAVIDE BIANCHI

- 13 Travel in the Texts: Monastic Journeys in Late Antique Egypt [359]

PAULA TUTTY

Glossary [387]

Index [390]