

# Contents

<i>List of figures</i>	vii
<i>List of tables</i>	viii
<i>List of contributors</i>	ix
<i>Preface</i>	xv
<i>Foreword</i>	xviii
<b>Introduction</b>	<b>1</b>
BISHNU MOHAN DASH, MITHILESH KUMAR, D. P. SINGH, AND SIDDHESHWAR SHUKLA	
<b>1 Indian perspective of social work</b>	<b>8</b>
MUKUL KANITKAR	
<b>2 Eight decades of professional social work: taking stock of issues and challenges</b>	<b>16</b>
D. P. SINGH	
<b>3 Indigenization of social work curriculum: review and restructure</b>	<b>25</b>
B. T. LAWANI	
<b>4 Indigenous and Indianized social work education in India: a way forward</b>	<b>37</b>
JAGDISH JADHAV AND SUMAN RANA	
<b>5 Contemporary challenges to social work education and practice in India</b>	<b>54</b>
SONAM ROHTA	
<b>6 Decolonization of social work education and the tribal of Northeast India</b>	<b>64</b>
WITNA WILLIAM CH. MARAK	

vi	<i>Contents</i>	
7	<b>Indigenization of Indian social work: a critical curriculum analysis for knowledge building</b>	73
	RUBINA NUSRAT	
8	<b>Indigenization of social work through <i>bhakti</i> and yoga</b>	84
	ARCHANA KAUSHIK	
9	<b>Ancient concepts: relevance for indigenous social work in India</b>	107
	NAVEEN CHANDRAN BHAT	
10	<b>Evidence of ancient Indian work in mental health and its use for modern social work practice</b>	118
	BHUVANESHWARI POONAM KUNWAR RATHORE	
11	<b>Reducing stress of cancer patients through Vipassana meditation</b>	137
	IRA DAS AND HIMANI ANAND	
12	<b>The Buddhist experience of an ethnographer: reporting from field experiences</b>	148
	POONAM GULALIA	
13	<b>Relevance of Hinduism in social work</b>	165
	BISHNU MOHAN DASH AND AVNISH NAGAR	
14	<b>Alimentary meditations in select ancient Indian philosophical thought</b>	173
	MANJARI SINGH	
15	<b>Exploring oriental roots of social work through Jainism</b>	184
	BINOD KUMAR	
	<i>Index</i>	191