

Contents

<i>List of figures</i>	vi
<i>Acknowledgements</i>	viii
1 Introduction	1
2 Place as prescription: health and the designed environment	9
3 Fresh air, reform and exercise: early public parks and the health of the people	19
4 Cures, cleanliness and recreation: public baths and wash-houses	43
5 Mirroring the spread of epidemics: quarantine stations and lazarettos	74
6 Moral treatment and non-restraint: asylums for the mentally ill	98
7 Isolating the individual: leprosaria and Hansen's disease	125
8 The open-air treatment: tuberculosis sanatoria	144
9 Sunlight, space and surfaces: healthy homes	171
10 Ideas from the past	193
<i>Index</i>	200