Contents

Part I Spirituality, Religiousness and Health Research	
Conceptualizing Spirituality and Religiousness	3
Measuring Spirituality and Religiosity in Health Research	11
Challenges and Criticisms in the Field of Spirituality, Religiousness, and Health	33
The Scientific Study of Belief and Pain Modulation: Conceptual Problems	49
Spirituality, Religiousness and Mental Health: Scientific Evidence	69
Spirituality, Religiousness and Physical Health: Scientific Evidence Marcelo Saad, Jorge Cecilio Daher Jr, and Roberta de Medeiros	87
Religious and Spiritual Interventions in Health: Scientific Evidence Juliane Piasseschi de Bernardin Gonçalves and Homero Vallada	101
Impact of Religion and Spirituality in Older Persons	115
Part II Clinical Implications of Spirituality, Religiousness and Health	
Religiousness, Spirituality and Health in Secular Society: Need for Spiritual Care in Health Care? Niels Christian Hvidt and Elisabeth Assing Hvidt	133

PracticeLetícia Oliveira Alminhana and Claude Robert Cloninger	153
Spirituality in Psychiatric Care: An Example of Spiritually Integrated Psychotherapy	167
Spiritual Care: The Role of Health Care Chaplaincy	183
Understanding Clinical Chaplaincy Approach to Biomedical Ethics: An Imminent Need and a Challenge Parameshwaran Ramakrishnan	207
Spiritual Care at the End of Life	235
Incorporating and Teaching Spirituality into Medical Education: An Overview of the Field and Possible Educational Strategies	249