Introduction

Purpose: Injuries to the cranial cruciate ligament in the knee (stifle) of agility dogs are common. The primary purpose of this study is to evaluate the return to performance in agility dogs after these injuries.

Eligibility: Any dog born between 1995-2014 that has competed in agility and has suffered a knee ligament injury is eligible to participate. All breeds/mixes and sexes are eligible. It is **not** required that the injury occurred during agility and it is **not** required that the dog returned to agility after the injury. However, the dog should have participated in agility prior to diagnosis and have completed their recovery. Owners completing this survey must be at least 18 years old.

Participation: Participation in this study is completely voluntary. No details about yourself or your dogs will be collected from this survey beyond what you choose to provide in your answers. You may quit the survey at any time and your answers to this survey will not be saved if you quit. Full participating in the study will require consent to access your dog's agility performance records and permission to contact your veterinarian with a follow-up survey regarding your dog's treatment.

Estimated Time: This survey takes approximately 20-30 minutes to complete. There will be detailed questions about your dog's training, performance, injury, and recovery. You can prepare by gathering information about your dog's agility history and veterinary information about their injury.

Who: The research team for this project includes Ms. Katherine Martucci (veterinary student at Washington State University), Dr. Debra Sellon (Professor of Equine Medicine at Washington State University), Dr. Denis Marcellin-Little (Professor of Small Animal Orthopedic Surgery at North Carolina State University), Dr. Michelle Powers (Small Animal Surgeon at Massachusetts Veterinary Referral Hospital), Dr. Kim Cullen (Research Coordinator at Canines in Motion), and Sarah Fernandezlopez.

Ethics: This study was deemed exempt from review by the Institutional Review Board (IRB) at Washington State University.

If you have any questions, comments, or concerns, please contact Katherine Martucci at kmartucci@vetmed.wsu.edu.

What is the name of the dog for which you are submitting information?

If you have multiple dogs eligible for this study please submit one survey for each of them separately.



Routine pre-injury

We will start by asking some questions about \${q://QID1/ChoiceTextEntryValue}'s routine during the year **prior to his/her knee injury.** Please answer them to the best of your ability. You will later be asked similar questions about \${q://QID1/ChoiceTextEntryValue}'s routine after the injury.



In which agilty venues did \${q://QID1/ChoiceTextEntryValue} compete prior to injury? Select all that apply.

AAC (Agility Association of Canada)

AKC (American Kennel Club)

ASCA (Australian Shepherd Club of America)

CPE (Canine Performance Events)

DOCNA (Dogs on Course in North America)

NADAC (North American Dog Agility Council)

UKC (United Kennel Club)

UKI (UK Agility International)

USDAA (United States Dog Agility Association)

International competition outside of North America

Other (please specify)

What is the highest level of agility that \${q://QID1/ChoiceTextEntryValue} had achieved in any venue prior to injury?

Training only - my dog has not competed in agility trials

Starters/Novice/Beginner

Advanced/Open/Intermediate

Masters/Elite/Excellent

International

Other - please specify

On average, how many competitive agility events did \${q://QID1/ChoiceTextEntryValue} participate in annually prior to injury?

1-5

6-10

11-15

16-20

More than 20

On average, how frequently did \${q://QID1/ChoiceTextEntryValue} train in agility prior to injury?

Daily

3-6 times per week

1-2 times/week

Less than once per week

Did \${q://QID1/ChoiceTextEntryValue} participate (either training or competing) in any of the following sports prior to injury? Please select all that apply.

Barn Hunt or Earth Dog

Conformation

Disc Dog

Dock Jumping

Flyball

Herding or Stock Dog

Hunting, Hunt Tests, or Field Trials

Lure Coursing or Racing

Mushing

Nosework

Obedience

Protection (e.g. Schutzhund, Ring Sport)

Rally

Weight Pull

Other, please specify

\${q://QID1/ChoiceTextEntryValue} did not participate in any other sports

Did you do any weekly conditioning with \${q://QID1/ChoiceTextEntryValue} separate from sport training prior to injury? Please indicate the frequency with which \${q://QID1/ChoiceTextEntryValue} participated in each of the following activities by grouping the activities into the categories below.

Click on a conditioning item in the left column and drag/drop it into the appropriate frequency box on the right.

Items	Daily	3-4 times per week
Core strength, balance, stretching, and body awareness exercises (e.g., wobble board, FitPaws, trick training)		
10 / 10		
	1-2 times per week	Every other week
	Monthly	Rarely
	The control of the co	•

Ne	ever			
			and the second s	

If desired, use this space to further describe any regular conditioning activities you did with \${q://QID1/ChoiceTextEntryValue} separate from sport training. (optional)

The injury, diagnosis and treatment

The next section will ask questions regarding the specifics of \${q://QID1/ChoiceTextEntryValue}'s injury and diagnosis.



Which knee was injured?

Left

Right

\${q://QID1/ChoiceTextEntryValue} has injured both knees

You indicated that \${q://QID1/ChoiceTextEntryValue} has injured both knees. Please respond to the remainder of the survey in respect to your dog's **first knee injury**. You will not be asked about the second injury specifically beyond this point.

\${q://QID1/ChoiceTextEntryValue}'s first knee injury involved the:

φ(q.//QID I/Choice lext	Liftiy value; s <u>ill st kilee</u>	injury involved the.	
Left limb Right limb			
Approximately when di format mm/dd/yyyy	d \${q://QID1/ChoiceTextl	EntryValue}'s injury occ	eur? Enter date in the
	Month	Day	Year
Injury date			
How did \${q://QID1/Ch	oiceTextEntryValue}'s kn	ee injury occur?	
While free running or playing	g		
While participating in agility	(training or competition)		
	While participating in a differen	nt sport (please specify)	
	Other (please describe)		
Not sure			
What type of ground so	urface was \${q://QID1/Ch	noiceTextEntryValue} or	n when the injury
Dirt (dry)			
Mud and/or water (e.g., por	ids, lakes)		
Sand			
Grass (dry)			
Grass (wet)			
Artificial turf			
Rubber mats '			
Carpet			

Hard slick floor (e.g., wood, tile, linoleum)
Unsure
Other (please specify)
After noticing a problem, approximately how long was it before you took \${q://QID1/ChoiceTextEntryValue} to a veterinarian for evaluation of the injury?
The problem was first noticed by the veterinarian
Less than 72 hours
4-6 days
1-2 weeks
3-4 weeks
More than a month
Not sure
Who primarily diagnosed and treated \${q://QID1/ChoiceTextEntryValue}'s injury?
\${q://QID1/ChoiceTextEntryValue}'s primary care veterinarian
A different primary care veterinarian that had not seen \${q://QID1/ChoiceTextEntryValue} previously Referral or veterinary specialist
Other (please specify)
\${q://QID1/ChoiceTextEntryValue} was diagnosed with a
Partial cruciate tear
Complete cruciate tear
Neither

Now you will move on to questions about \${q://QID1/ChoiceTextEntryValue}'s treatment and recovery process.



Nas \${q://QID1/ChoiceTextEntryValue}'s injury treated surgically?
∕es
No
What type of surgery did \${q://QID1/ChoiceTextEntryValue} recieve?
Extra-capsular stabilization (aka: "ex-cap suture", "lateral suture", or "fishing line")
Tightrope stabilization
Tibial plateau leveling osteotomy (TPLO)
Tibial tuberosity advancement (TTA)
ntra-capsular stabilization (grafting)
Other
Not sure
What as the date of \${q://QID1/ChoiceTextEntryValue}'s knee surgery? Enter date in the format mm/dd/yyyy
Month Day Year
Surgery date

Did your veterinarian offer to include stem cell therapy or other regenerative therapy (e.g., platelet rich plasma) as part of \${q://QID1/ChoiceTextEntryValue}'s treatment plan?

Yes

No

Unsure

Did you include stem cell therapy or other regenerative therapy (e.g. platelet rich plasma) as part of \${q://QID1/ChoiceTextEntryValue}'s treatment plan?

Yes

No

Did you receive written rehabilitation instructions from the treating veterinarian for \${q://QID1/ChoiceTextEntryValue}'s recovery?

Yes

No

How closely do you feel you followed the veterinarian-provided rehabilitation instructions?

Very closely

Somewhat closely

Somewhat loosely

Not at all

Did you follow <u>any rehabilitation protocol</u> to assist with \${q://QID1/ChoiceTextEntryValue}'s recovery? (Whether or not the protocol was provided by the treating veterinarian)

Yes

No

With the agreed-upon treatment plan, what was the veterinarian's agility prognosis for \${q://QID1/ChoiceTextEntryValue}?

Full recovery and return to agility expected

Return to agility possible, but with some restrictions

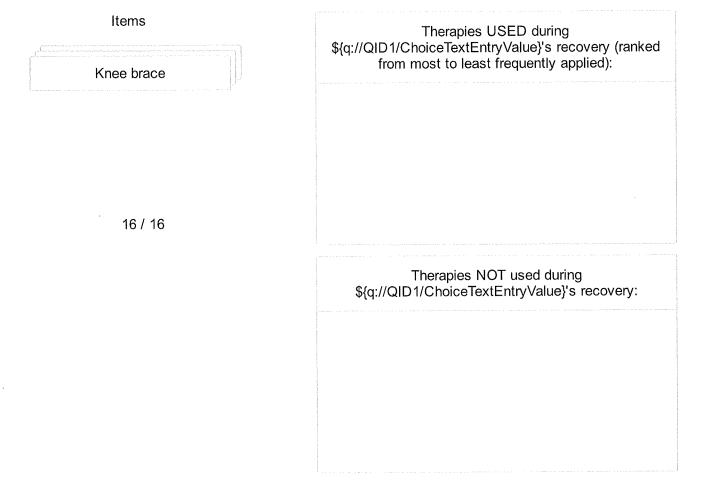
Limited recovery with return to agility unlikely

No return to agility expected

Unspecified

What types of rehabilitation techniques were utilized during \${q://QID1/ChoiceTextEntryValue}'s recovery?

Click and drag each item on the left into the appropriate box on the right. Additionally, you can rank the therapies from most frequently used to least frequently used within each box by dragging/dropping to adjust.



Routine post-injury

Questions in the following section refer to \${q://QID1/ChoiceTextEntryValue}'s routine at its peak after the injury treatment. In other words, if considerable time has passed since \${q://QID1/ChoiceTextEntryValue}'s injury and treatment, please answer the following questions in relation to \${q://QID1/ChoiceTextEntryValue}'s routine and performance before any unrelated activity reductions due to age.



Approximately how long after injury (if non-surgically treated) or surgery (if applicable) did \${q://QID1/ChoiceTextEntryValue} recover to his/her full potential?

Drag the slider to the appropriate number of months. If longer than two years, check the box to the right.

Months											Not Applicable			
	0	2	4	6	8	10	12	14	16	18	20	22	24	пррпосыс
Months	4													

Did \${q://QID1/ChoiceTextEntryValue} return to agility?

Yes, but only training (never competition)

Yes, \${q://QID1/ChoiceTextEntryValue} returned to both training and competition

Not sure yet - \${q://QID1/ChoiceTextEntryValue} may return to agility in the future

No, \${q://QID1/ChoiceTextEntryValue} never returned to agility

Has \${q://QID1/ChoiceTextEntryValue} participated (either training or competing) in any of the following sports after injury? Please select all that apply.

Barn Hunt or Earth Dog

Conformation

Disc Dog

Dock Jumping

Flyball

Herding or Stock Dog

Hunting, Hunt Tests, or Field Trials
Lure Coursing or Racing
Mushing
Nosework
Obedience
Protection (e.g. Schutzhund, Ring Sport)
Rally
Weight Pull
Other, please specify

\${q://QID1/ChoiceTextEntryValue} does not participate in any other sports

Since the injury and recovery, do you do any weekly conditioning with \${q://QID1/ChoiceTextEntryValue} separate from sport training? Please indicate the frequency with which \${q://QID1/ChoiceTextEntryValue} participates in each of the following activities by grouping the activities into the categories below.

Click on a conditioning item in the left column and drag/drop it into the appropriate frequency box on the right.

Items	Daily	3-4 times per week
Core strength, balance, stretching, and body awareness exercises (e.g., wobble board, FitPaws, trick training)		
10 / 10		
**************************************	1-2 times per week	Every other week

Monthly	Rarely
Never	

with \${q://QID1/ChoiceTextEntryValue} separate from sport training since recovery. (optional)	

Dog did not return to agility

You indicated that \${q://QID1/ChoiceTextEntryValue} did not return to agility competition. Please provide additional details about your answer.

Why did \${q://QID1/ChoiceTextEntryValue} not return to agility competition? Please select all that apply.

\${q://QID1/ChoiceTextEntryValue} was/is physically incapable of competing in agility due to the knee injury Recovery is still in progress but \${q://QID1/ChoiceTextEntryValue} may return to agility in the future

6/2016	Qualtrics Survey Software
Retired from competition for reasons unrelated to	the knee injury
Retired from competition for reasons unrelated to	agility
Prefer not to say	
	Other, please specify
If you would like to provide additional det not return to agility competition please do	ails about why \${q://QID1/ChoiceTextEntryValue} did so here:
Agility routine post-injury	
You indicated that \${q://QID1/ChoiceText provide additional details below.	EntryValue} returned to agility competition. Please

Approximately how long after surgery (if applicable) or injury (if non-surgically treated) did \${q://QID1/ChoiceTextEntryValue} return to **full agility training**?

Drag the slider to the appropriate number of months. If longer than two years, check the box to the right.

Months												Not Applicable		
	0	2	4	6	8		12		16	18	20	22	24	- 1-1
Months														

On average, how frequently did \${q://QID1/ChoiceTextEntryValue} train in agility after recovery?

Daily

3-6 times per week

1-2 times/week		
Less than once per week		
Did you make any changes to \${q:/as a result of the cruciate injury and		EntryValue}'s agility performance criteria
Yes		
No		
What performance criteria did you the injury and/or recovery? Please		ID1/ChoiceTextEntryValue} as a result of ly
Lower jump height		
Different contact performance		
Avoid specific obstacles		
Compete in a different program (e.g., Char	mpionship/Performanc	e, Regular/Preferred)
Compete in different venues Other (please describe)		
What was the approximate date the competition? Enter date in the form	• •	ceTextEntryValue} returned to agility
	Month	Year
Date of first trial after recovery		
On average, how many competitiv \${q://QID1/ChoiceTextEntryValue}		
1-5		

6-10

11-15

16-20

More than 20

In which agilty venues has \${q://QID1/ChoiceTextEntryValue} competed in after recover	ry?
Select all that apply.	

AAC (Agility Association of Canada)

AKC (American Kennel Club)

ASCA (Australian Shepherd Club of America)

CPE (Canine Performance Events)

DOCNA (Dogs on Course in North America)

NADAC (North American Dog Agility Council)

UKC (United Kennel Club)

UKI (UK Agility International)

USDAA (United States Dog Agility Association)

International competition outside of North America

Other (please specif	Other (please specify)
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What is the highest level of agility \${q://QID1/ChoiceTextEntryValue} has achieved since recovery?

Training only - my dog has not competed in agility trials

Starters/Novice/Beginner

Advanced/Open/Intermediate

Masters/Elite/Excellent

International

Other - please specify

What best describes your perception of \${q://QID1/ChoiceTextEntryValue}'s return to agility performance?

Full return to pre-injury performance (no changes noticeable)

Satisfactory return to performance (few negative changes noticeable)

Moderate return to performance (many negative changes noticeable)

Unsatisfactory/extremely limited return to performance (drastic negative changes noticeable)

ŀ	f you would like to provide additional details about your perception of performance changes,
ŗ	please do so here:
- Control	

Andrew Control of the	
and and desired the second	

Dog demographics

You are almost finished! On the final pages of this survey we would like to collect some basic information about you and your dog. We'll start with \${q://QID1/ChoiceTextEntryValue}.



What is \${q://QID1/ChoiceTextEntryValue}'s sex?

Male

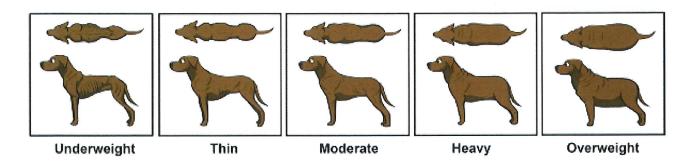
Female

What is \${q://QID1/ChoiceTextEntryValue}'s date of birth (approximate if unknown)? Enter date in the format mm/dd/yyyy

	Month	Day	Year
Date:			7, 10, 10, 10, 10, 10, 10, 10, 10, 10, 10
What breed is \${q://QID1/Choic	eTextEntryValue	\ ?	
Vinat brood to ψ(q.// QID // στιστο	o roxeering value,		
Breed not listed Unknown/mixed			
Affenpinscher	1922 Annual Principal Prin		
Afghan Hound Airedale Terrier	Company of the control of the contro		
Akita			· ·
Alaskan Malamute American English Coonhound		•	
American Eskimo Dog			
American Foxhound	· common		
Is \${q://QID1/ChoiceTextEntryVa	alue} intact or alt	ered?	
Yes, \${q://QID1/ChoiceTextEntryValue	} was spayed or neu	ıtered	
Yes, \${q://QID1/ChoiceTextEntryValue hysterectomy)	} was sterilized but	with a hormone-sparing pr	ocedure (e.g., vasectom
No, \${q://QID1/ChoiceTextEntryValue}	is intact		
What was the approximate data	of the precedur	o? Enter data in the f	ormat mm/www
What was the approximate date	or the procedure	e: Liller date in the R	omat min/yyyy
	Month		Year
Date of procedure			
How old was \${q://QID1/ChoiceTextEn	tryValue} when spay	ed or neutered?	
			V
A. ((2) - ((2)) - ((2))	Mon	ths	Years
\${q://QID1/ChoiceTextEntryValue}'s age:			
ΛΑΙ4 '- Φ(/ΙΟΙ Ο Α/ΟΙ' Τ 4Γ			
What is \${q://QID1/ChoiceTextE	:ntry value} s nel	<u>gnt in inches</u> at the t	withers (shoulders)
(approximate if unknown)?			

What was \${q://QID1/ChoiceTextEntryValue}'s **weight in pounds** at the time of injury (approximate if unknown)?

How would you classify \${q://QID1/ChoiceTextEntryValue}'s weight?



Reference the photo guide above in answering this question

<u>Underweight</u> (spine, pelvis, and ribs prominent from a distance; lack of muscle mass; hollow rump; obvious waist; thin neck)

Thin (spine, pelvis, and ribs easily felt and visible on short-coated dogs; minimal body fat; obvious waist)

Neither thin nor heavy (spine, pelvis, and ribs easily felt; last few ribs may be visible, rounded rump; tucked-up waist)

<u>Heavy</u> (spine, pelvis, and ribs felt but never visible; flat abdomen; dog appears square from the side and above) <u>Overweight</u> (spine, pelvis, and ribs difficult to feel; rolls of skin around neck and tail base; rounded abdomen; broad rump)

Owner demographics

Finally, please tell us some basic information about yourself. You will then be asked for information consent, and this will be the last input page of the survey.



Approximately how many years have you been involved in agility?		
Assumation of		
With how many dogs have you participated in a	agility?	
What is your gender?		
Male		
Female		
Other		
Prefer not to answer		
Please select your age range from the options	below:	
▼		
Consent and identification		
Consent and identification		
Your contact information (at minimum, please p	provide your name and a valid email address):	
Name:		
Email address:		
Phone number:		
City/Town:		
State/Province:		
Country:		

May we contact you if we have additional questions about \${q://QID1/ChoiceTextEntryValue} related to this survey?

Yes

No

Do you agree to allow us access to your dog's agility performance records in conjunction with this study? (Note: this information is available from the sanctioning organizations and is required for full participation in the study)

Yes

No

Please provide \${q://QID1/ChoiceTextEntryValue}'s registration number for each agility venue in which he/she has competed:

AAC

AKC

ASCA

CPE

DOCNA

NADAC

UKC

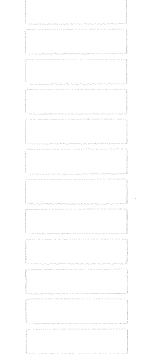
UKI

USDAA

Other

Other

Other



Do you agree to allow us to contact your veterinarian for additional information related to the diagnosis and treatment of \${q://QID1/ChoiceTextEntryValue}'s injury that you described in this survey? (Note: this information is required for full participation in the study)

Yes

No

Please provide your veterinarian's contact infor	mation:
Veterinarian's Name:	
Practice Name:	
City/Town:	
State/Province:	
Country:	
Email address:	
Phone number:	
Website:	
total) participated in treating \${q://QID1/Choice information in the open text box after this questyes No	
Please provide the additional veterinarian's con	ntact information:
Veterinarian's Name:	
Practice Name:	
City/Town:	
State/Province:	
Country:	
Email address:	
Phone number:	
Website:	

Is there any additional information you would like to provide

about \${q://QID1/ChoiceTextEntryValue}? If yes, plea	ase use this space:
Did you have any problems with the functionality of the	nis survey?
No	
Yes (please describe)	

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