

MRC DYSPNOEA SCALE (for COPD patients)

Grade	Impact
1	Not troubled by breathlessness except on vigorous exertion
2	Short of breath when hurrying or walking up inclines
3	Walks slower than contemporaries because of breathlessness, or has to stop for breath when walking at own pace
4	Stops for breath after walking about 100 m or stops after a few minutes' walking on the level
5	Too breathless to leave the house or breathless on dressing or undressing