

The Bulletin



**2022 - 2023 OFSAA
Championship
Calendar**

**Scholarships
Available in 2023**



**ONTARIO FEDERATION OF SCHOOL ATHLETIC ASSOCIATIONS
FÉDÉRATION DES ASSOCIATIONS DU SPORT SCOLAIRE DE L'ONTARIO**

Ontario Federation of School Athletic Associations

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Back Cover: Girls’ AAA Basketball Organizing Committee Photographers (Jessica Owchar, Kaitlyn Palameta, Steven Elford, Chelsea Etches & Alessia Babbister)

Football action photos: @devin.takes.photos (Instagram)

ON THE COVERS:

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Back Cover Student-Athlete: Leah Tate, Holy Names Catholic High School (SWOSSAA)



Thank you to the Ministry of Education and the Ministry of Heritage, Sport, Tourism and Culture Industries for their generous contributions and support.

OFSAA President's Message



Over the past several years OFSAA has been committed to working on the 3-year strategic plan developed for the 2018-2021 school years. In light of the pandemic, the plan was extended until this year. We worked on enhancing opportunities for participation, we bolstered coach recruitment, development and retention, we fostered effective communication for today's audiences, augmented our financial resources, and nurtured key partnerships. Thus,

OFSAA remains a leader in the development of student well-being through our mission to foster student success and enrich education through school sport.

We know that high school sport enhances the education of students, is a continuation of the classroom, and teaches life lessons and values such as citizenship, sportsmanship, teamwork and work ethic. The emphasis on athletics in schools should be to provide young people with the necessary skills and values to become productive citizens, while at the same time developing athletic abilities through training and competition.

We are now in the development stages of a new strategic plan, as always, centered on students and student-athletes through a lens of leadership, respect, integrity, equity, diversity and resilience. We continue to seek input from students, teachers, teacher-coaches, athletic directors, school administrations, school board superintendents and directors, and OFSAA representatives and executives. The focus of this dialogue will be on gaining a rich understanding of the perspectives on the compelling opportunities available to OFSAA, the threats the organization faces, the barriers or obstacles to effectively pursue some of the opportunities, and the bridges or strengths of the organization that can be built on to accelerate that pursuit. We look forward to your input and the media release of the new strategic plan at OFSAA's annual general meeting in April.

In the meantime, our first season of championships has finished and we are well into the second season. Congratulations to all athletes, teacher-coaches, and schools for participating and representing yourselves with distinction at the district, association, and OFSAA level. We look forward with enthusiastic anticipation for what the remainder of the year will bring. Good luck and have FUN!

Carolyn Chesney



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Age Classifications for the 2022-23 School Year

For the 2022-23 school year, a Novice will be born in 2008 or later and may only compete at OFSAA in the Novice category for one year in Grade 9. A Junior will be born in 2007 or 2008 and a senior will be born in 2003 or later.

2002 or earlier	Ineligible
2003	Senior
2004	Senior
2005	Senior
2006	Senior
2007/08	Junior
2008	Novice

How old was the student on January 1, 2022?

Years of eligibility

Coaches and students are reminded that students are eligible for no more than five consecutive years from date of entry into Grade 9. There is no appeal to this rule.

2022-23 Transfer Appeal Meeting Dates

Deadline for Applications	Meeting Date
Wed., Feb. 8, 2023	Thurs., Feb. 23, 2023
Wed., Mar. 29, 2023	Thurs., Apr. 13, 2023

To appeal to an Association decision, please call the OFSAA office and give the name of the student and school, as well as the name of the principal. Please see the deadline dates posted above.

A letter will be sent to the student, c/o the school, stating the date, time and location of the appeal hearing. The letter will outline what information the student must provide prior to the meeting date.



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OFSAA Social Spotlight

Keep up to date with OFSAA news, photos, videos, championship information, scholarships, conferences, and much more, by following OFSAA on Facebook, Twitter, LinkedIn, Instagram, TikTok and YouTube!



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Follow individual championship results with live updates from OFSAA Championship twitter accounts. Updates and pics right from the source!

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@OFSAABasketball

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@OFSAAGirlHockey

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@RugbyOFSAA

@OFSAASwimming

@OFSAATennis

@OFSAATrack

@OFSAAVBall

@OFSAAUltimate

@OFSAAWrestling

New Strategic Plan Coming



To meet the needs of our members, students and teacher-coaches, **OFSAA** is pleased to team up with **Strategic Directions** in the formation of a new three-year strategic plan in 2023.

With the changing environment in education and school sport, OFSAA will look to be mindful of the new challenges and opportunities impacting sports in Ontario's high school system.

As our current strategic plan expires, OFSAA will develop strategies through discussions based on the organization's values, mission and vision.

OFSAA is confident that the intended outcomes of the planning process will be fully achieved.

OFSAA Welcomes New Partner!

OFSAA is very pleased to announce a new partnership which will empower athletes and sports teams to achieve their goals with best-in-class software and hardware.

The new partnership agreement involves **Hudl** becoming the **Exclusive Video Analysis Solution** of OFSAA.

"We couldn't be more excited to join forces with Hudl – the industry-leading sports performance analysis company," said Nicole Clarke, OFSAA Assistant Director.

"We know that high school athletes and coaches will take their performance to another level by taking advantage of Hudl's video-sharing, game breakdowns and video products that are powerful components of the platform."

Schools interested in pursuing the services of Hudl should contact Clark Brinkman, Account Executive, Hudl, brinkman@hudl.com, (402) 538-8718.



Subscribe to OFSAA's E-Newsletter

Stay updated on all of our awards, key dates, programs, conferences, scholarships, recognition, sponsorships and championships. Delivered via email in January, April, June and September, the newsletter has the OFSAA brand covered. Don't miss out!

Individuals can subscribe to the newsletter through any of the pages on our website at ofsaa.on.ca.



HOSTS REQUIRED

BOYS

Hosts required for 2023-2024

Boys' A/AA/AAA Volleyball, Boys' Curling, Boys' A/AA Rugby, Boys' AA Soccer, Boys' Baseball, Boys' AAA Field Lacrosse, Football Bowls

Hosts required for 2024-2025

Boys' Golf, Boys' "A" Volleyball, Boys' "AA" Volleyball, Boys' "AAA" Volleyball, Boys' "A" Basketball Boys' "AA" Basketball, Boys' "AAA" Hockey, Boys' Curling, Boys' "A/AA" Rugby, Boys' "AAA" Rugby, Boys' "AA" Soccer Boys' "AAA" Soccer, Boys' Baseball, Boys' Baseball Regional (East), Boys' Baseball Regional (West), Boys' Field Lacrosse "A/AA", Boys' Field Lacrosse "AAA", Football Bowls

GIRLS

Hosts required for 2023-2024

Girls' "A" Basketball, Girls' "AAA" Volleyball, Girls' Curling, Girls' Golf, Girls' Slo-Pitch

Hosts required for 2024-2025

Girls' "A" Basketball Girls' "AA" Basketball Girls' "AAA" Basketball, Girls' "A" Volleyball, Girls' "AA" Volleyball, Girls' "AAA" Volleyball, Girls' "AAA" Hockey, Girls' Curling, Girls' "A/AA" Rugby, Girls' "AAA" Rugby, Girls' "AA" Soccer, Girls' "AAA" Soccer, Girls' Golf, Girls' Slo-Pitch



INDIVIDUAL

Hosts required for 2023-2024

Nordic Skiing, Alpine Skiing, Wrestling, Swimming, Badminton, Track and Field, Snowboarding

Hosts required for 2024-2025

Cross Country, Nordic Skiing, Alpine Skiing, Wrestling, Swimming, Badminton, Tennis, Track & Field, Snowboarding



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OFSSAA

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OFSSAA was excited to launch Regional Events earlier in the school year in an effort to increase and enhance opportunities for participation in 2022-23.

Since its launch, two successful regional events have taken place in the province.

On October 25th, more than 150 students participated in Rugby 7's, which were hosted by Leaside High School. John McCrae Secondary School hosted a Ringette regional event on November 24th, with more than 140 girls participating.

The philosophy behind Regional Events:

- Priority on participation not competition
- Provide student leadership opportunities
- Target students who are not currently participating in athletics at the school
- Event which introduces a new activity or one currently popular in the region
- No eligibility requirements (ex. Transfers)

More information and the application form can be found at ofsa.on.ca/events/regionalevents. If you have any questions, please contact Erik Espinola at erik@ofsa.on.ca





CIAAA COURSES AVAILABLE ONLINE IN THE NEW YEAR!

OFSSAA, in cooperation with the CIAAA, will be offering at least three Leadership Training Program (LTP) courses in 2023 via Zoom Video Conferencing. The following courses will be presented by OFSSAA trained staff:

LEGAL ISSUES 1 - The Basics of Negligence, Liability, and Risk Management (504C) - 3 hour course on Thursday, January 19, 2023 from 6- 9 pm.

LEGAL ISSUES 11 - Enhanced Legal Topics for the Athletic Administrator (506C)- 3 hour course on Thursday, February 16, 2023, again from 6- 9 pm.

CREATING YOUR ATHLETIC HANDBOOK (602C) - will be offered on 2 Wednesday nights in April (6th & 12th) starting at 7 pm.

The price of each course is \$125- for CIAAA members and \$175- for non-members and descriptions for each course can be found on the CIAAA website at www.ciaaa.ca/ltpcourses. Registration can also be done on the CIAAA website at: www.esportsdesk.com/leagues/eventsInclude.cfm?clientid=5846

For more information, contact Jim Barbeau at jim@ofsaa.on.ca

OCAA
Ontario Colleges Athletic Association

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SCHOLARSHIPS AVAILABLE

ocaa.com

OFSAA OFFERING STUDENT-ATHLETE AND TEACHER-COACH SUBSIDIES!

The OFSAA Student-Athlete Sports Subsidy

Participation in school sport is important and students learn many life skills, so we want all students to have equal opportunity to experience school sport.

OFSAA is offering grants for students who have difficulty finding the monies to pay their athletic fee for league competition.

The current application form can be found at ofsaa.on.ca/programs and **must be used** to apply for funds this year.

Important Information for schools:

- The current application must be used. Complete fully, checking off all the items covered by the sport specific fee, and making sure the *parent section* and signature are filled in.
- To determine grant eligibility, the committee will consider social and economic barriers facing the student's family as identified by the parents. It is Important that the parents include comprehensive information on the family's current financial situation.
- The maximum amount a student may receive is \$135.
- The endorser should be a person aware of the student's financial situation and needs, and of the breakdown of the athletic fees (general and sport specific). An Athletic Director or Physical Education Department Head may best fit this role.
- Monies are only approved for inter-school participation fees for regular league play. This grant is not intended to cover any costs associated with exhibition matches, tournament play, or additional costs incurred from qualifying for championships.
- We may not be able to provide funding for all applicants, so schools should evaluate the students applying and submit forms for those that are most in need.
- Applications are accepted on a first-come, first-served basis.

Please note that there is limited funding available and subsidies will be provided on a first-come, first-served basis.

- Applications for the winter must be received by the deadline date of January 31, 2023.
- The subsidy will also be available for spring sports and the deadline will be April 28, 2023.

The OFSAA Teacher-Coach Course Subsidy

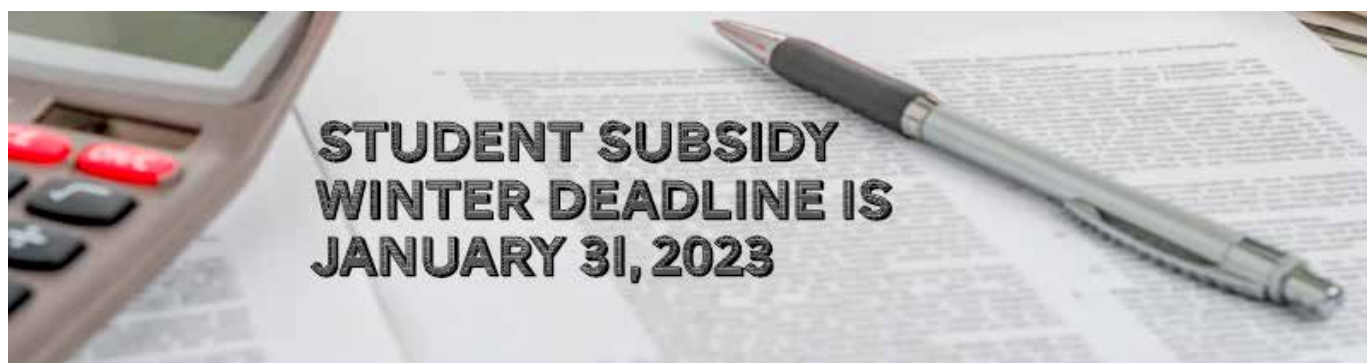
In order to support teacher-coaches, OFSAA will be offering a subsidy for course registrations for NCCP Coaching Courses and Standard First Aid. OFSAA will provide a maximum of \$150 per teacher-coach to help cover eligible course registration fees. Coaching courses must match the requirements specified by Ophea.

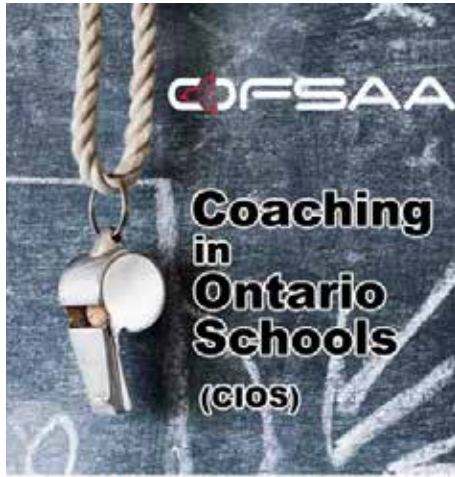
If interested, please submit the 'Teacher-Coach Course Subsidy Application Form', located at ofsaa.on.ca/programs to nicole@ofsaa.on.ca. Prior to submitting your application, please refer to the Ophea Coaching Requirements on the Ophea website to gain an understanding of the coaching requirements for each sport.

Following your submission of the application, OFSAA will review it and send you a confirmation of acceptance. Then, you may register and pay for the course. Following successful completion of the course, please forward your certificate of completion and we will then arrange to provide you with the course subsidy of up to \$150.

Important Information:

- Research course specifics to ensure the course you are interested in is recognized by Ophea.
- Submit application for review which must be received by June 1, 2023.
- An email will be sent by OFSAA that will indicate the status of your application.
- Complete course or training by June 23, 2023.
- Submit certificate of completion within seven days of course completion.





COACHING IN ONTARIO SCHOOLS (CIOS) COURSES

CIOS is a program developed by the Coaching Association of Canada and the Ontario Federation of School Athletic Associations to give teacher-coaches and community volunteers the special skill-set they need to coach effectively in the school environment. CIOS also provides 3 PD points to maintain NCCP certification.

Online courses are available in both English and French. Please contact Erik Espinola at erik@ofsaa.on.ca or 416-426-7440.

Scheduled courses: (6-9 pm)

Tuesday, January 24, 2023

Wednesday, April 5, 2023

Registration information can be found at ofsaa.on.ca/programs



“Why I Coach” Video and Poster Series

OFSAA was very excited to share the new “Why I Coach” poster set and accompanying video series this fall!

Developed and produced by **Ellum Media** in collaboration with the OFSAA Advocacy Committee, the goal of the campaign is to create positive awareness by expressing the favourable benefits for coaching at the high school level in Ontario.

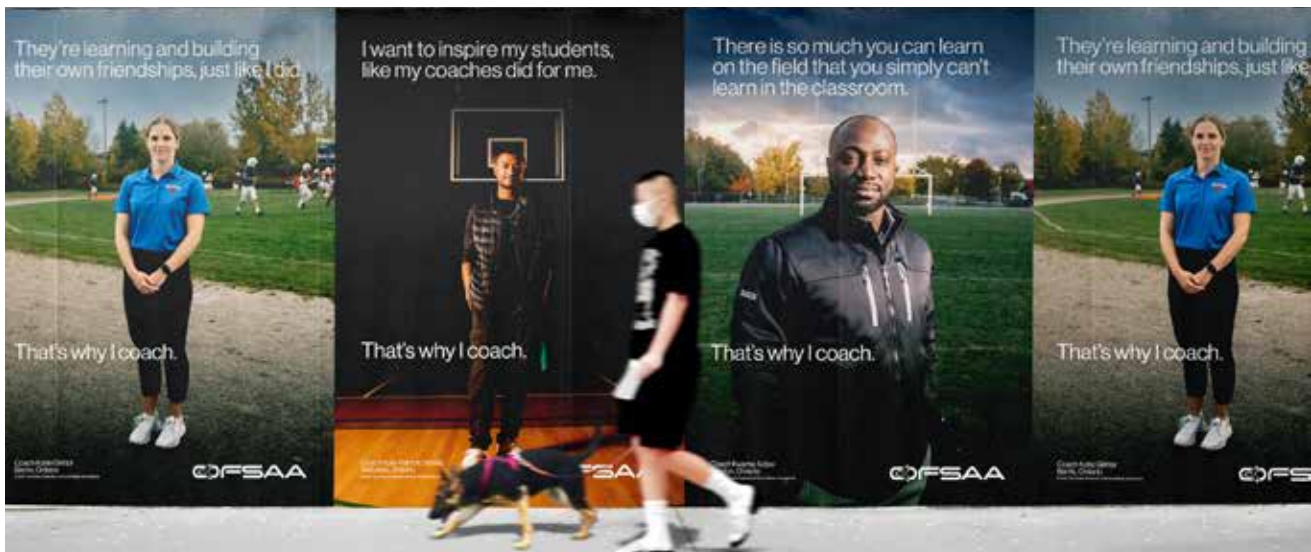
“The opportunity to work with OFSAA and the three coaches we filmed with is one we won’t forget at Ellum,” said Liam Afonso, Co-Founder & CEO, Ellum Media. “Each video is a portrait and they are painted as heroes on the screen- because that is what they are to students. These are universal stories. Everyone can remember being in their formative years and the people they looked up to at school. Ellum is thankful to work with OFSAA to help represent these coaches as the heroes they are.”

OFSAA would like to extend our gratitude and appreciation to the current teacher-coaches who participated in the project:

- **Kwame Aidoo** – Mother Teresa Catholic Secondary School in London (WOSSAA)
- **Katie Gilmor** – Eastview Secondary School in Barrie (GBSSA)
- **Kyle-Patrick Dennis** – St. David Catholic Secondary School in Waterloo (CWOSSA)



Please view the videos at our YouTube Channel (/OFSAA) on the QR code.



They're learning and building
their own friendships, just like I did.

That's why I coach.

Coach Katie Gilmore
Barrie, Ontario

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Please Support OFSAA's School Sport Sponsors

OFSAA is fortunate to have several companies supporting school sport in Ontario. Official equipment has been play-tested and endorsed by experienced teacher-coaches. Please support these sponsors by using their products.

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- Official shuttlecocks of OFSAA: Mavis 350, Mavis 300, Mavis 7



Mizuno

- Official baseball of OFSAA: Mizuno MB380



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- Official basketball of OFSAA: BG Series



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Video Analysis Solution

Hudl

- The exclusive Video Solution of OFSAA



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Sinclair student beats cancer, advances to OFSAA championship race

Article courtesy of Durham District School Board



Dylan Waduck is a Grade 10 student at Sinclair Secondary School in Whitby. Dylan is passionate about sports, is an honour roll student, and enjoys spending time with friends and family.

He's also been battling cancer for the past two and a half years. In May 2020, when Dylan was just 12 years old, he was diagnosed with T-cell Acute Lymphoblastic Leukaemia.

Support from all sides

From day one, Dylan and his mom Gina both say they have had incredible support from the school and sport communities. "When Dylan came home from the hospital after he was first diagnosed, his hockey and lacrosse teammates organized a big car parade," says Gina. When recalling the car parade, Dylan says "it really felt like people were behind me and were going to help me get through the long road ahead."

At the time of his diagnosis Dylan was attending John Dryden Public School. Between countless medical appointments, undergoing chemotherapy treatments, and the pandemic, Dylan was homeschooled for most of his Grade 8 year.

To ensure Dylan was able to keep up with the rest of his classmates, his Grade 8 homeroom teacher Jason Mottershead routinely came to the Waduck's home to keep him up to date on the schoolwork.

"I wanted to help him with his homeschooling because he

was so driven and so determined to keep up with his work, and I wanted to do anything that I could to support him," explains Jason. He adds that students in Dylan's class would often send messages and he would relay those to Dylan. "There was a lot of support in the school community for Dylan and he was never far from people's thoughts."

When Dylan was ready to return to in-person learning, Gina says he was able to merge seamlessly back into Mr. Mottershead's classroom thanks to his ongoing support.

The Sinclair Secondary School community has also shown incredible support for Dylan since he entered Grade 9 last year. Staff and students organized an assembly in honour of Dylan in coordination with the Terry Fox run, where the message was all



John Dryden PS teacher Jason Mottershead helped support Dylan through his Grade 8 year.

about perseverance and shirts with the hashtag #DylanStrong were given out to staff and students.

Keeping positive all the way through

As Dylan's chemotherapy treatments continued, his passion for sport never wavered. He has continued to play rep hockey and lacrosse. Last year he even competed in the Lake Ontario Secondary School Athletics (LOSSA) cross country race and made the Sinclair hockey team. Now in his Grade 10 year, Dylan is once again in the process of trying out for his school's hockey team.

On September 2, 2022, 850 days after his initial diagnosis, Dylan rang the bell at SickKids Hospital signifying triumph over his battle with cancer. When asked if he has any key pieces of advice to share with kids who may be going through similar experiences, Dylan says, "I always look at the positives more than the negatives. It's important to keep things positive all the way through and never stop- to never give up."

Shortly after finishing cancer treatment, Dylan ran the LOSSA Cross Country finals and advanced to the Ontario Federation of School Athletic Associations (OFSAA) championship race, being one of four Sinclair students to do so. Dylan says making



L-R Gina, Kyle, Dylan, and Jamie Waduck wearing #DylanStrong shirts.



Dylan Waduck rang the bell at Sick Kids Hospital after 850 days battling cancer.

the jump to OFSAA this year was a huge accomplishment for him, especially because he placed second last at the previous LOSSA competition. “Last year I was in the toughest days of treatment when I ran the LOSSA race and my goal was to only finish. This year my goal was to compete near the middle of the pack, but I did even better and qualified for OFSAA.”

On November 5, Dylan competed against hundreds of students from across Ontario in the OFSAA championship cross country

event hosted at Dagmar Ski Resort in Uxbridge. Just before his 5-kilometre race, organizers of the event recognized Dylan and his journey, inspiring his fellow runners.

He placed 207th out of 249 with a run time of 21 minutes and 16 seconds. On his success at OFSAA Dylan says, “running at OFSAA this year was an achievement itself but running as well as I did was a greater accomplishment. Being able to run after what I’ve been through made me so proud of myself. I have trained hard and thank my cross country coaches for believing in me.”

A lot to look forward to

Reflecting back on Dylan’s journey, Gina says their family has learned a lot about perseverance and the importance of community. “It’s not anything that anyone would expect to have to be a part of but you’re strong because you have to be, and you just get through it. The support from the sport and school communities and local organizations has really kept us going throughout.”

With beating cancer now checked off his list, Dylan has so many exciting experiences to look forward to. One special event he is eagerly anticipating is a family trip to Disney World. Gina explains, “we didn’t want to travel during treatment, so Make A Wish was able to grant us a trip for after treatment. We are going to Disney World to celebrate the New Year!”

Dylan says he and his family have never been to Disney World, “I don’t know what to expect, but I’m really excited.”

Watch Dylan’s journey on YouTube <https://youtu.be/hid85lbhyAw>.

OFSAA-SANCTIONED INVITATIONAL EVENTS

ATTENTION TO ALL ATHLETIC DIRECTORS & PHYSICAL EDUCATION CURRICULUM LEADERS

PLEASE ENSURE THAT ALL OF YOUR COACHES ARE AWARE OF THEIR RESPONSIBILITIES AS THEY APPLY TO ATTENDING OR HOSTING SANCTIONED EVENTS.

Individual schools bear the responsibility of submitting timely and accurate requests for OFSAA Sanctioning if they wish to attend or host invitational events. Requests must be received **at least 30 days** prior to taking part in or hosting such an event. OFSAA Sanctioning requires that all competitors are **OFSAA eligible** and that supervision requirements are met by each school who wishes to take part.

APPLICATION FORMS to either host or attend invitational events are to be **completed online** and can be found at: [ofsaa.on.ca/events/sanctioned events](https://www.ofsaa.on.ca/events/sanctioned-events)

IF YOU ARE TAKING PART IN AN INTERPROVINCIAL COMPETITION, your school **must** receive OFSAA Sanctioning in order to participate. OFSAA has reciprocal agreements with the other provincial sport organizations that will protect the integrity of interprovincial events.

IF YOU ARE ATTENDING AN EVENT IN THE USA, your school must receive OFSAA Sanctioning for all state and National Federation of High School (NFHS) events. Since many events do not specifically indicate whether the event is sanctioned or not, it is wise to obtain OFSAA Sanctioning for all USA events.

IF YOU ARE HOSTING A MEET OR TOURNAMENT, schools from the USA or other Canadian provinces must receive sanctioning for the host state or province, so it is recommended that you receive OFSAA Sanctioning for your event if it involves any school(s) from outside Ontario. FAILURE to do so may result in a team being sanctioned by their state or province when they return home.

If you want to know if the invitational event or meet that you want to attend/host has been sanctioned by OFSAA, please go to: www.ofsaa.on.ca/events/sanctioned-events/ofsaa-sanctioned-events or the NFHS site at [nfhs.org](https://www.nfhs.org).

ALL NEW MERCH AT

The
OFSAA
Shop

GET YOURS TODAY!

POWERED BY 

The advertisement features a dark blue background with a pattern of small white circles. In the center, there are four pieces of merchandise: a black hoodie with 'ONTARIO School Sports' and a logo, a grey hoodie with the OFSAA logo, a grey t-shirt with 'OFSAA ESTABLISHED 1964' and a logo, and a red long-sleeved shirt with 'That's OFSAA!' and a logo. The text 'ALL NEW MERCH AT' is at the top left, 'The OFSAA Shop' is in the middle, 'GET YOURS TODAY!' is at the bottom left, and 'POWERED BY' followed by the Canuck logo is at the bottom right.

2023 SANCTIONED INVITATIONAL HIGH SCHOOL EVENTS

HOCKEY

Titan Jr. Girls' & Jr. Boys' Tournament

March 28 Regina Mundi CC
 Mike Laszlo London
 mlaszlo@ldcsb.ca

Gator Invitational Varsity Boys

January 10 & 11 Lakeshore CHS
 Stephen Sim Port Colborne
 stephen.sim@ncdsb.com

Gator Inviational Junior Boys

April 4 & 5 Lakeshore CHS
 Stephen Sim Port Colborne
 stephen.sim@ncdsb.com

Boys', Girls' & Co-Ed Tournaments @ York University

Student Safety Always Comes First. All tournaments will be run under NON-CONTACT RULES in order to minimize player proximity to each other re: viruses and to minimize concussion risks. Contact Andre Boudreau at aboudreau@canlansports.com to register. Various Dates York University

Al Rose 416-661-5900 X251
 cell- 416-705-1977
arose@rogers.com or
arose@canlansports.com

Registrations: aboudreau@canlansports.com

Senior Boys

New Year's Festival January 11 & 12
 Canadian Classic (longer games) February 9 & 10
 Mini Matches February 24
 York University Classic March 2 & 3
 Mini Matches March 24

Junior Boys'

(All Tournaments will be run under NON CONTACT RULES.)

Mini Matches January 10
 Mini Matches February 23
 Junior March Classic March 8 & 9
 Mini Matches March 23
 Junior Spring Classic April 12 & 13

Girls'

(All tournaments will be run on ON-CONTACT RULES)

Mini Matches January 10
 Cardinal Carter Classic February 7 & 8
 "DD" Delight (DD level teams ONLY) February 14 & 15
 Elite (longer games) Mini Matches March 22

CO-ED

(2 girls skaters must be on the ice at all times)

Mini Matches March 22
 Mini Matches April 4

SQUASH

Jim Mason Cup

April 21-22 Mayfair Lakeshore
 Mark Infusini Toronto
mark.infusini@ncdsb.com



VCOR

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Have you changed schools? Thinking about changing schools?



Your eligibility to play high school sports may be at risk.

All students who have changed schools are ineligible to play high school sports unless they are approved through the **transfer policy**.

See your athletic director, HPE department head, or a member of your guidance department for more information, or to obtain a transfer appeal form.

Check out the OFSAA website to view the policy.



Education Through School Sport

www.ofsaa.on.ca

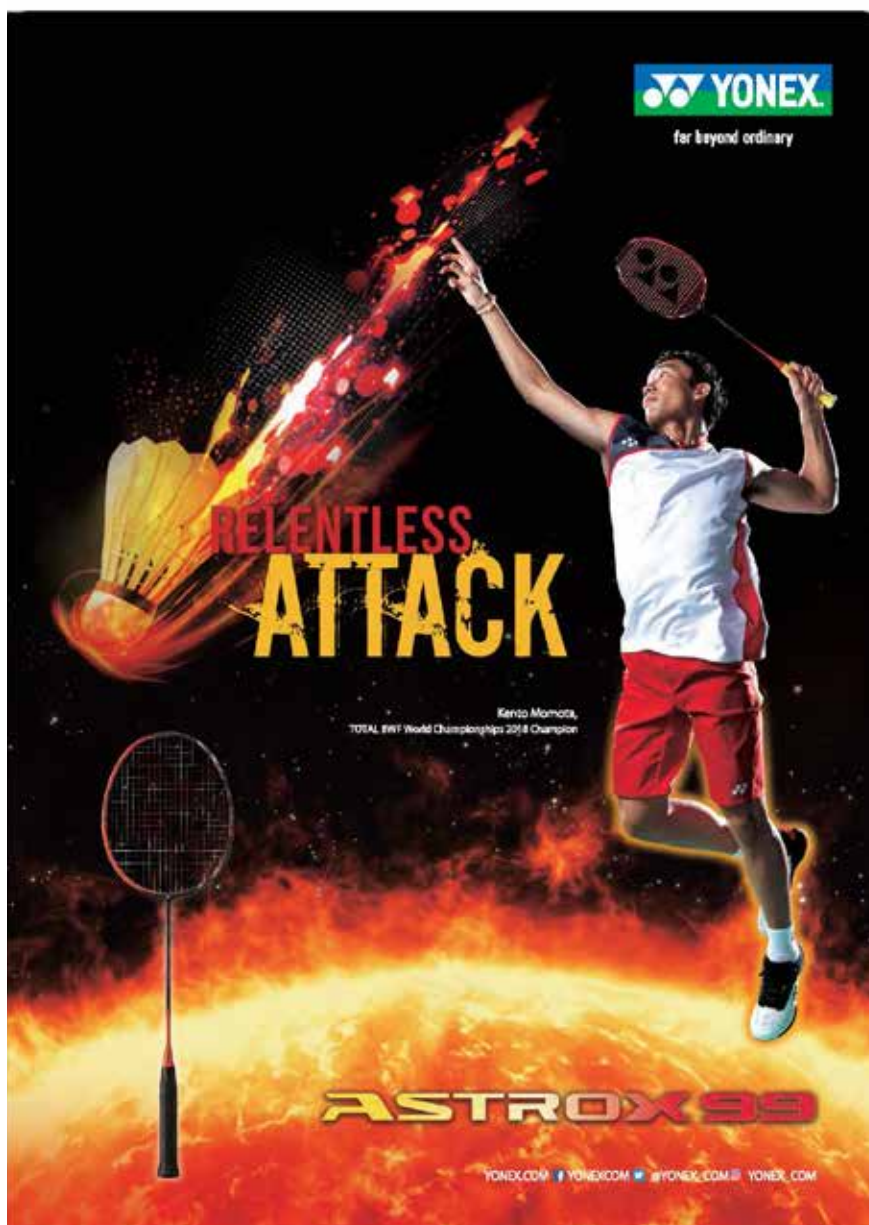
2022 Pete Beach Award Winners

The Pete Beach Award is presented annually to one person in each Association who exemplifies the qualities of Pete Beach, a former Executive Director of OFSAA. Pete dedicated his life to sport and to helping others achieve their full potential, not just as an athlete, but as a person.

A recipient of the Pete Beach Award should exemplify the same dedication, spirit and love of sport that made Pete Beach such a success in both his professional and private life. He worked tirelessly to help young people both within the school system and also within the community.

Nominations deadline for 2022-23 is January 31, 2023.

CISAA	Norman Lue Tam	LOSSA	Linda Correia	SOSSA	Jeannine Maclsaac
COSSA	Kathy Carson	NCSSAA	Pat Lacasse	SWOSSAA	Joe Amicarelli
CWOSSA	Wayne Harris	NEOAA	Mike Polowy	TDCAA	Sharon Blais
EOSSAA	Kathleen Mottershead	NOSSA	Janis Hogan	WOSSAA	Dennis Nielson
GBSSA	Kairy Loucks	NWOSSAA	Mike Lalonde	YRAA	Philippe Romain
GHAC	Dianne Lussier	ROPSSAA	Scott Smith		



Scholarships and Awards Available for 2023

OFSAA has formed partnerships with a number of organizations, benefitting student-athletes, as well as teacher-coaches across the province.

The following scholarships and awards are available:



OFSAA Alumni Scholarship

The OFSAA Alumni Scholarship Program encourages Ontario High School students to apply for the 2022-23 OFSAA Alumni Scholarship. This year, students enrolled in schools in **NOSSA, SWOSSAA, YRAA, GBSSA, NEOAA and CWOSSA** are eligible to apply for the scholarship. Applications must be completed online no later than **April 13th, 2023**.

The specific criteria and the actual application form can be found on the OFSAA website at [ofsaa.on.ca/recognition/scholarships](https://www.ofsaa.on.ca/recognition/scholarships). It is important that all teacher-coaches, athletic directors, and student services staff make student-athletes aware of this opportunity and encourage qualified individuals to apply!



Colin Hood School Sport Award

The Colin Hood Award is available annually to one graduating male, one graduating female, and one coach in every school in the province. Schools can order these at no charge through the OFSAA website.

Application deadline is June 2, 2023.



OFSAA Character Athlete Award

Once a year, OFSAA awards the Character Athlete Award to four recipients (two males, two females) who embody OFSAA's values of leadership, commitment, equity, respect and sportsmanship. Winners receive a \$500 scholarship from Jostens, and a plaque from OFSAA commemorating this accomplishment.

Application deadline is April 28, 2023.



Brian Maxwell Memorial Scholarship

The Brian Maxwell Memorial Scholarship is awarded each year to six student-athletes that will be continuing their post-secondary education at a Canadian College or University. Three males and three females will each be awarded a scholarship of \$5000 based on criteria including honesty, integrity, compassion and an unwavering quest to accomplish the best they can be.

Application deadline is June 23, 2023.

2022 Coaching Excellence Award Recipients Recognized As Part Of National Coaches Week

For 16 years, the **Ontario Coaching Excellence Awards** program celebrates the dedication and commitment of exemplary individuals who inspire, innovate and share knowledge of sport with others.

The Awards recognize the importance of leadership, performance and the value of human insight which are all integral to great coaching. Coaches were recognized across Ontario at the 2022 Ontario Coaching Excellence Awards celebration on September 17.

The event marked the start of the eighth annual national Coaches Week, a celebration of the tremendous positive impact coaches have on this nation's athletes and communities. The week is an opportunity to recognize coaches for the integral role they play by simply saying #ThanksCoach.

The School Sport Coach winners were selected by OFSAA based on their unique contribution to sport through continuous development. The Award does not reflect the accomplishments of a teacher-coach in any one year, but the contributions over a period of years.

The 2022 female recipient of the "Coaching Excellence Award in the School Sport Category is Linda Tracey.



LINDA TRACEY – EOSSAA, Loyalist Collegiate and Vocational Institute, Kingston, ON

Linda's coaching style embodies education through school sport. Through her role as an athletic director and a coach, Linda fosters the qualities of fair play, dedication, commitment, and health. While she enjoys coaching her teams to victory, that isn't the driving force behind her coaching. The ultimate goal for Linda is to help mold kind and active humans.

Linda truly believes that engagement in your school community, especially in high school sport, is important for the social development and mental well-being of students. She encourages students to get involved and works to create barrier-free opportunities wherever possible. To her, being involved in school sport allows students to learn skills, like time management, teamwork, communication, grit, and resilience, that can be used on the court, in the classroom, and in life. She teaches these skills at every practice and during every game. Whether it's talking a team through a tough loss, having a team work together until they reach a goal in practice, or having a pre-game lunch and pep talk, Linda always finds ways to teach students these transferable skills. Most importantly, Linda teaches her players to develop their heart. To her, heart is the willingness to dig in to achieve in spite of the odds. She teaches athletes, coaches, and colleagues that when you believe, miraculous things can happen.

Linda works tirelessly to recruit and develop coaches. Many new staff are often brought into the coaching fold, as her passion for school sport is impossible to ignore, and her drive to ensure as many teams can run as possible is contagious. In an effort to make coaching more accessible and manageable, Linda spends significant amounts of her own time organizing the nitty gritty (i.e., paperwork, transportation, uniforms, etc.). This allows coaches, new and experienced, to focus on time with their players and developing their own coaching skills.

In addition, Linda has spent many seasons working with new and less experienced coaches. She has co-coached with numerous colleagues as a way of gaining and sharing knowledge, supervised community coaches as a way of building and maintaining high school sport, and mentored junior coaches as they take on the role of Athletic Director.

Furthermore, even though Linda retired this past June, she has already promised to return and assist with school teams in the fall.

Linda's depth and breadth of knowledge is unmatched and has become an invaluable resource. With well over 32 years of experience, coaches and athletes call upon her know-how for information and advice. She is an exemplary coach and advocate for high school sport.

Linda has spent the last 32 years making people feel accomplished, feel needed, feel a part of something important. Every year, Linda shows great appreciation for everything student-athletes and coaches have contributed and accomplished. Sometimes it's a morning announcement or a small package of home-baked cookies, other times it's a crown for winning "Volleyball for Candy" or a timely pep talk in the middle of a staff versus students game. But that feeling of being a part of something important is never more apparent than at the year-end Recognition Celebration, which is thoughtfully organized by Linda.

An accomplished volleyball coach for over 30 years, Linda has devoted her time at the school to soccer, basketball, tennis and curling.

Thank you for the many years of dedication to school sport, Linda!

The 2022 male recipient of the “Coaching Excellence Award in the School Sport Category is Greg White.



GREG WHITE – CWOSSA, Jacob Hespeler Secondary School, Cambridge, ON

Greg White has served on the WCSSAA Board of Directors throughout his tenure as Athletic Director at Jacob Hespeler. He has served on the WCSSAA Track committee that has overseen the school’s track facility which has hosted multiple CWOSSA and OFSAA regional events since its installation in 2012.

In 2018, Greg presented at the OFSAA Coaches clinic to share his process in transforming what was a modest high school when he first started, into one of the elite High School athletic facilities throughout Canada.

Greg has been a member on a number of football committees and he has overseen rule changes and adaptations to gameplay over the span of his career.

Greg has overseen the Football Championship committee for the last seven years which has given Jacob Hespeler the opportunity to host the school’s district championship games for both the senior and junior divisions.

The concept of team building, accountability and relationships is at the heart of Greg’s approach to sport in education. Greg outlines to his players the expectations they are to adhere to in order to be a student-athlete at Jacob Hespeler. He has every player sign a “players code of conduct” that reinforces the importance of behaviour amongst his athletes. This process has proven to be invaluable.

In 2005, Greg recognized that our student-athletes were being underserved as the school lacked adequate strength and fitness opportunities. As the school expanded, Greg took advantage of undeveloped space above the recently built gymnasium, and started building a weight room. It was his goal to provide the athletes and general student population with the opportunity to experience physical education through the lens of athletic training. Presently, the weight room is 9000 square feet, with a fully rubberized floor, built in lifting platforms that houses 7 “Hammer Strength” lifting racks. Adjacent to the floor is a 30 x 5-yard strip of field turf available for the students to use for

speed and agility training. He was able to afford the equipment through his efforts in volunteering at the local Bingo Center in Cambridge.

Greg has always been a tremendous mentor to his staff, coaches, as well as colleagues throughout our school board. He has presented at multiple board-wide PD sessions.

His last few PD presentations have been about “Velocity Based Training” and the use of the innovative equipment called Gym Aware. The implementation of this software in weight training classes has provided students with multiple methods of feedback on their performance as well as providing staff with the latest equipment to ensure they are best prepared to provide a quality experience to their students. Greg has never stopped learning or improving as an educator himself and the introduction of Gym Aware only helped improve his practice as well as set a path for newer teachers to excel in the training spaces.

Greg regularly took the time to meet with members of the department to advise on key areas in education such as pedagogy, and assessment. Greg took pride in ensuring his colleagues felt confident and comfortable when it came to implementing new board and ministry directives.

Greg revolutionized the health and physical education program at Jacob Hespeler. He showed teachers within the region what an athletic department in the public education system could look like. His contributions to the athletic program will benefit thousands of students yearly for decades to come.

During the pandemic, Greg took the initiative to create minimalist daily workouts for his classes as well as for all PE classes at his school. He identified the challenges people would have to be active during isolation, and sought after practical methods to provide opportunities for students to do so. He also strongly values the importance of physical activity to mental health, and created weekly workout plans for the staff at the school to follow to help them remain active on a regular basis while society was limited in its ability to be active.

Since 2006, Greg has organized an annual ‘Powerfit Day’ at Jacob Hespeler that is designed to provide students an opportunity to learn from leaders in the sport and fitness industry. This event began to promote the importance of strength and fitness training for teen athletes as they pursued post-secondary play. Since that time, the event has evolved to promote the benefits of regular physical activity for all youth in improving their physical, mental and emotional health. Each year, Powerfit Day would bring approximately 300-400 students to Jacob Hespeler from schools within the KW region as well as Milton, Guelph and Hamilton.

In addition to coaching football for 31 years, Greg has also coached track and field, basketball, hockey, wrestling, rugby and tennis.

Congratulations, Greg!

2022-2023 OFSAA CHAMPIONSHIPS

Girls' Golf (GHAC)

Oct. 12-13, 2022, Hamilton
Ashleigh Ovcjak, St. Mary CSS
905-528-0214
ovcjaka@hwcdsb.ca

Entry Deadline: Oct. 6, 2022

Boys' Golf (WOSSAA)

Oct. 12-13, 2022, London
Ryan Matches, Medway HS
519-660-8418
r.matches@tvdsb.ca

Entry Deadline: Oct. 6, 2022

Girls' Field Hockey (SOSSA)

Nov. 3-5, 2022, Hamilton
Kristina Alderdice, Saltfleet DHS
905-383-3377
kalderdi@hwdsb.on.ca

Entry Deadline: Oct. 29, 2022

Cross Country (LOSSA)

Nov. 5, 2022, Oshawa
Rob Grepe, R.S. McLaughlin CVI
905-728-9407
robert.grepe@dssb.ca

Entry Deadline: Nov. 1, 2022

Boys' A Volleyball (NOSSA)

Nov. 24-26, 2022, Sudbury
Marc Savage, Éc Macdonald-Cartier /
Patrick Gervais, Ésc l'Horizon
705-566-7660
marc.savage@cspgno.ca /
patrick.gervais@nouvelon.ca

Entry Deadline: Nov. 19, 2022

Boys' AA Volleyball (GBSSA)

Nov. 24-26, 2022, Huntsville
Ross Clarke, Huntsville HS
705-789-5594
ross.clarke@tldsb.on.ca

Entry Deadline: Nov. 19, 2022

Boys' AAA Volleyball (EOSSAA)

Nov. 24-26, 2022, Kingston
Ben Plazzotta, Holy Cross CHS
613-384-1919
plazbenj@alcdsb.on.ca

Entry Deadline: Nov. 19, 2022

Girls' A Basketball (CWOSSA)

Nov. 24-26, 2022, Walkerton
Dan Rourke, Walkerton District Community School
519-881-1780
dan_rourke@bwdsb.on.ca

Entry Deadline: Nov. 19, 2022

Girls' AA Basketball (WOSSAA)

Nov. 24-26, 2022, Stratford
Steve Goforth, St. Michael CSS
519-271-0890
sgoforth@hpcdsb.ca

Entry Deadline: Nov. 19, 2022

Girls' AAA Basketball (SWOSSAA)

Nov. 24-26, 2022, Windsor
Bob Loebach, St. Anne CHS
519-727-8908
robert_loebach@wecdsb.on.ca

Entry Deadline: Nov. 19, 2022

Football Bowls (CWOSSA)

Nov. 28-30, 2022, Guelph
Johnny Forte, Cameron Heights CI
519-578-8330
johnny_forte@wrdsb.ca

Entry Deadline: Nov. 22, 2022

Nordic Skiing (CISAA)

Feb. 23-24, 2023, Lakefield
Adam Ross, Lakefield College School
705-652-3324
aross@lcs.on.ca

Entry Deadline: Feb. 18, 2023

Alpine Skiing (CISAA)

Feb. 27-28, 2023, Collingwood
Jane Audet, Bishop Strachan School
647-330-8622
janecaudet@gmail.com

Entry Deadline: Feb. 21, 2023

Snowboarding (YRAA)

March 1, 2023, Devil's Glen Ski Club
Adrienne Chong, Markville SS
905-940-8840
adrienne.chong@yrdsb.ca

Entry Deadline: Feb. 23, 2023

Swimming (SWOSSAA)

Feb. 28-Mar. 1, 2023, Windsor
Danielle Parent, Ésc E.J. Lajeunesse
519-972-0071
paredani@cscprovidence.ca

Entry Deadline: Feb. 22, 2023

Wrestling (NCSSAA)

March 7-8, 2023, Ottawa
Guy MacDougall/Jason Kirby, Cairine Wilson SS
613-824-4411
mailto:jason.kirby@ocdsb.ca /
guy.macdougall@ocdsb.ca

Entry Deadline: Mar. 1, 2023

Boys' A Basketball (NEOAA)

March 6-8, 2023, Timmins
Peter Graham, Timmins High & VS
705-360-1411
peter.graham@dsb1.ca

Entry Deadline: Feb. 28, 2023

Boys' AA Basketball (SWOSSAA)

March 6-8, 2023, Windsor
Frank Graziano, Belle River DHS
519-728-1212
frank.graziano@publicboard.ca

Entry Deadline: Feb. 28, 2023

Boys' AAA Basketball (SWOSSAA)

March 6-8, 2023, Sarnia
Chris Jones, Northern Collegiate I & VS
519-542-5545
christopher.jones@lkdsb.net

Entry Deadline: Feb. 28, 2023

Girls' A Volleyball (SOSSA)

March 6-8, 2023, Welland
Jason Duthie, ÉSC Saint Jean de Brébeuf
905-714-7882
jduthie@cscmonavenir.ca

Entry Deadline: Feb. 28, 2023

Girls' AA Volleyball (SOSSA)

March 6-8, 2023, St. Catharines
Brent Mergl/Tammy Short, Sir Winston Churchill
905-684-6349
Brent.mergl@dssb.org/tammy.short@dssb.org

Entry Deadline: Feb. 28, 2023

Girls' AAA Volleyball (GBSSA)

March 6-8, 2023, Barrie
Bryan Heximer, St. Joan of Arc CHS
705-721-0398
bheximer@smcdsb.on.ca

Entry Deadline: Feb. 28, 2023

Girls' A/AA Hockey (WOSSAA)

March 21-23, 2023, Stratford
Susan Dunn/Mark Flanagan, St. Michael CSS
519-271-0890
mflanagan@hpcdsb.ca / sdunn@hpcdsb.ca

Entry Deadline: Mar. 9, 2023

Girls' & Boys' AAA Hockey (SWOSSAA)

March 21-23, 2023, Windsor
Steve Burke, St. Anne CHS
519-727-8908
steve_burke@wecdsb.on.ca

Entry Deadline: Mar. 9, 2023

FOR COMPLETE CHAMPIONSHIP

ONSHIP/FESTIVAL CALENDAR

Boys' A/AA Hockey (SOSSA)

March 21-23, 2023, St. Catharines
Billy McLaren, Denis Morris CSS
905-684-8731
william.mclaren@ncdsb.com

Entry Deadline: Mar. 9, 2023

Girls' & Boys' Curling (NOSSA)

March 22-25, 2023, North Bay
Dan Coutu, West Ferris I&SS
705-475-2333
daniel.coutu@nearnorthschools.ca

Entry Deadline: Mar. 9, 2023

Badminton (CISAA)

May 11-13, 2023, Port Hope
Tim White, Trinity College School
905-885-3217
twhite@cisontario.ca

Entry Deadline: May 6, 2023

Ultimate (GHAC)

May 24-25, 2023, Burlington
Krista Reid / Kevin Schuster, M.M. Robinson HS
905-335-5588
reidkr@hdsb.ca

Entry Deadline: May 18, 2023

Tennis (TDSSAA)

June 5-7, 2023, Toronto
Larry Laughlin, Marc Garneau CI
416-396-2414
larry.laughlin@tdsb.on.ca

Entry Deadline: May 30, 2023

Boys' A/AA Lacrosse (COSSA)

June 5-6, 2023, Peterborough
Geoff McKinley, Holy Cross CSS/
Jeff Ralph, Thomas A. Stewart SS
705-748-6664
gmckinley@pvnccdsb.on.ca /
jeff_ralph@kprdsb.ca

Entry Deadline: May 30, 2023

Boys' AAA Lacrosse (COSSA)

June 5-7, 2023, Peterborough
Geoff McKinley/ Jeff Ralph, Holy Cross CSS /
Thomas A. Stewart SS
705-748-6664
gmckinley@pvnccdsb.on.ca / jeff_ralph@
kprdsb.ca

Entry Deadline: May 30, 2023

Girls' A/AA Rugby (COSSA)

June 5-7, 2023, Belleville
Pete Hercus, Centennial SS
613-962-9233
phercus@hpedsb.on.ca

Entry Deadline: May 30, 2023

Boys' A/AA Rugby (COSSA)

June 8-10, 2023, Belleville
Pete Hercus, Centennial SS
613-962-9233
phercus@hpedsb.on.ca

Entry Deadline: June 3, 2023

Girls' AAA Rugby (ROPSSAA)

June 5-7, 2023, Bolton
Mark McLenaghan, Humberview SS /
David Wiwchar, Mayfield SS
905-857-0771
david.wiwchar@peelsb.com

Entry Deadline: May 30, 2023

Boys' AAA Rugby (WOSSAA)

June 8-10, 2023, Arva
Ryan Kimmerly, Medway HS
519-660-8418
r.kimmerly@tvdsb.ca

Entry Deadline: June 3, 2023

Girls' & Boys' A Soccer (WOSSAA)

June 8-10, 2023, London
Cam Hagle, Holy Cross CSS
519-660-2798
chagle@ldcsb.ca

Entry Deadline: June 3, 2023

Girls' AA Soccer (COSSA)

June 8-10, 2023, Cobourg
Ian Kendrick, St. Mary CSS
905-373-4529
ikendrick@pvnccdsb.on.ca

Entry Deadline: June 3, 2023

Girls' AAA Soccer (SOSSA)

June 8-10, 2023, Grimsby
Joe Pagnotta, Blessed Trinity CSS
905-945-6706
joseph.pagnotta@ncdsb.com

Entry Deadline: June 3, 2023

Boys' AA Soccer (GBSSA)

June 8-10, 2023, Bradford
Denny deOliveira, Holy Trinity CHS
705-775-4841
ddeoliveira@smcdsb.on.ca

Entry Deadline: June 3, 2023

Boys' AAA Soccer (SWOSSAA)

June 8-10, 2023, Windsor
Fabio Muscedere, Holy Names CHS
519-966-2504
fabio_muscedere@wecdsb.on.ca

Entry Deadline: June 3, 2023

Track & Field (NCSSAA)

June 8-10, 2023, Ottawa
Sébastien Lalonde, Glebe CI
Sebastien.lalonde@cepeo.on.ca
Kirk Dillabough, Ésp Louis-Riel
kirk.dillabough@ocdsb.ca

Entry Deadline: June 3, 2023

Baseball East Regional (TDCAA)

June 7-8, 2023, Toronto
Paul Rebelo, Bishop Allen Academy
416-393-5549
paul.rebelo@sympatico.ca

Entry Deadline: June 1, 2023

Baseball West Regional (SWOSSAA)

June 7-8, 2023, Windsor
Steve Burke, St. Anne CHS
519-727-8908
sburke066@gmail.com

Entry Deadline: June 1, 2023

Girls' Slo-Pitch (WOSSAA)

June 12-13, 2023, London
Viviane Rouleau, ESC Notre Dame
226-777-1956
roulvivi@cscprovidence.ca

Entry Deadline: June 6, 2023

Baseball Final (OFSAA)

June 14, 2023, London
Brian Poste, OFSAA
brianposte@ofsaa.on.ca

OFSAA Football Bowls Series

Guelph

November 28 - 30, 2022



For the first time ever, the OFSAA Football Bowls Series Festival was hosted by CWOSSA, under the leadership of convenor Johnny Forte. This year, the Festival was held at the University of Guelph where nine bowl games were contested over three days.

Considering that some areas of the province have been without football over the past two years because of the pandemic, the level of play was outstanding. The following are some of the highlights from the nine bowl games.

GAME 1 - Kicking off this year's Festival was the Central Bowl featuring St. Patrick HS (NWOSSAA) and St. Roch CSS (ROPSSAA). St. Patrick took a 10-0 lead into halftime but after St. Roch cut the lead to 13-7 in the 3rd quarter, St. Patrick rebounded to take control and ended up winning by a final score of 24-13. For the Fighting Saints, this was their first OFSAA Bowl victory.

GAME 2 - The Simcoe Bowl was the second game of the day and had two neighbouring associations playing against each other. Holy Trinity CSS represented LOSSA while Bear Creek SS carried the banner from GBSSA. In a thrilling game which saw numerous lead changes, Bear Creek took a 24-23 lead with 40 seconds to go only to see Holy Trinity rally with a field goal as time ran out to emerge victorious 26-24. Congrats to the Titans who have won their fourth OFSAA Bowl game in as many appearances.

GAME 3 - The final game of Day 1 was the Metro Bowl and the two teams involved in this long-standing Bowl game were Chaminade College (TDCAA) and Resurrection CSS (CWOSSA). In their first appearance since 2015, the Phoenix jumped out to an early and substantial lead and coasted to a 56-14 victory. Maintaining a perfect record this season, this was Resurrection's third Bowl victory and their 2nd in the Metro Bowl.

GAME 4 - Day 2 started off with the Independent Bowl between Thomas A. Stewart (COSSA) and St. Michael's College (CISAA). Like the Metro Bowl, the Griffins jumped out to an early lead and St. Michael's was unable to get untracked which resulted in a final score of 48-7 in favour of the COSSA Champions. For Thomas A. Stewart, this was their second Bowl appearance and their first victory.

GAME 5 - The Western Bowl was a highly anticipated matchup between two of the top teams in Ontario this year - Sir Wilfrid Laurier SS (WOSSAA) and Huron Heights (YRAA). In a tense and hard-fought game between two evenly matched teams, it came down to a rouge that determined the outcome. Laurier stopped Huron Heights in their end zone as time expired to escape with a 13-12 win. For the Rams, it was their first appearance at the Festival.

GAME 6 - In the final game of Day 2, Bishop Tonnos CSS (GHAC) and A.N. Myer SS (SOSSA) met in the Golden Horseshoe Bowl. In their first appearance in an OFSAA Bowl Game, Bishop Tonnos took a 13-3 lead into halftime and then used an opportunistic offence and a solid defence to control the second half and win 30-3 over the Marauders.



GAME 7 - Day 3 was the poorest weather day of the Festival with conditions ranging from torrential rain in the morning to a blizzard in the afternoon. The National Capital Bowl started the day off with St. Matthew CHS (NCSSAA) battling Northern SS

(TDSSAA). The Red Knights jumped out to a 14-3 lead after two quarters and looked to be in control but St. Matthew outscored Northern 21-1 in the second half to win 24-15. For the Tigers, it was their second Bowl victory in as many attempts.

GAME 8 - The battle for the Eastern Bowl featured teams from opposite ends of the province as Belle River DHS (SWOSSAA) met up with Frontenac SS (EOSSAA). In extremely windy conditions that slowed down the passing game for both teams, Belle River scored late in the first half to take a 9-1 lead. However, Frontenac was not to be denied as they scored two touchdowns in the third quarter and won by a final score of 15-9. For Frontenac, this was their ninth OFSAA Bowl victory.

GAME 9 - The Northern Bowl was the final game of the Festival and featured Korah C&VS (NOSSA) and the CWOSSA reps from Jacob Hespeler SS. Using a dynamic running attack, Korah scored on their first two possessions and controlled the ball throughout, ultimately winning by a score of 52-14. This was Korah's fourth consecutive OFSAA Bowl victory.

Finally, OFSAA would like to recognize the efforts of the CWOSSA Organizing Committee, chaired by Johnny Forte. Johnny's team did a tremendous job on behalf of all of the participants and it is important to note that he and his committee took on the responsibility of hosting on short notice as we emerged from COVID. They made certain that every detail was covered in order to guarantee that a high quality event resulted. Congratulations on a job well done! A special thank you to all of the Football Festival sponsors as well – Fox 40, The Lang Group, Toronto Argonauts, Hamilton Ti-Cats, Riddell and BioSteel. Without your support this event could not have been possible.

* **Football action photos courtesy of @devin.takes.photos on Instagram**

OFSAA Girls' Golf Festival

Hamilton, Flamborough Hills Golf & Country Club October 12-13, 2022



Mia Truong



Gabriella McDaniel

Flamborough Hills Golf & Country Club played host to some of the best girls' golfers in Ontario. Convenor Ashleigh Ovcjak of St. Mary Catholic Secondary School (GHAC) and Anthony Maculoso of St. John Henry Newman Catholic Secondary School (GHAC) and their committee did a great job of putting together a terrific event for players, coaches and spectators alike.

In the high school division, Gabriella McDaniel from Branksome Hall (CISAA) captured the gold medal with a combined total of 164. In second place, Anna Kim from Westdale Secondary School (SOSSA) and in third, Carli Irvine from St. Theresa's High School (GBSSA).

In the open division, third place was decided in a three-way playoff with Julia Alexander-Carew from Iroquois Ridge High School (GHAC) winning the bronze medal. Shelby Hardwick from Northview Heights Secondary School (TDSSAA) shot a 150 earning her the silver medal. In the end, Mia Truong from Huron Heights Secondary School (CWOSSA) shot a combined total of 148 to earn the gold medal.

Congratulations to each of the golfers on a well-played event!



HIGH SCHOOL INDIVIDUAL RESULTS

1. Gabriella McDaniel, Branksome Hall (CISAA)	R1: 78	R2: 86	Total: 164
2. Anna Kim, Westdale (SOSSA)	R1: 83	R2: 82	Total: 165
3. Carli Irvine, St. Theresa's (GBSSA)	R1: 82	R2: 86	Total: 168

OPEN INDIVIDUAL RESULTS

1. Mia Truong, Huron Heights SS (CWOSSA)	R1: 71	R2: 77	Total: 148
2. Shelby Hardwick, Northview Heights SS (TDSSAA)	R1: 79	R2: 71	Total: 150
3. Julia Alexander-Carew, Iroquois Ridge HS (GHAC)	R1: 76	R2: 75	Total: 151

OFSAA Girls' A Basketball Championship

Walkerton

November 24-26, 2022



The 2022 OFSAA Girls' A Basketball Championship was hosted by Walkerton District High School (CWOSSA) in Walkerton. Convenor Dan Rourke and his organizing committee put on an incredible event that resulted in an amazing experience for all participants. The banquet was held at the school where Mackenzie Robinson, an

OUA All-Star delivered an inspiring message to participants followed by the appearance of DJ Vekked- a 7-time DMC World Champion DJ.

Congratulations goes out to the 2022 OFSAA Girls' A Basketball Champions, St. Mary Catholic High School (EOSSAA): Amelia

Adams, Lily-May Berriman, Zaida Bottigoni, Rachel Edwards, Paige Gilbert, Madeline Hoare, Sydney Jardine, Grace Kelly, Payton Malone, Daphne McMullen, Kaylee Moorhouse, Ivana Oseghale, Adriana Salamanca and coaches, Matt Reil, Meredith Clarey, Dave Edwards and Dave Kelly.

Congratulations also to Dave and Jaqui West from Walkerton District High School on being named the winner of the Leadership in School Sport Award. Both played significant roles in creating and running the school's Athletic Council and intramural programs for over 30 years in addition to coaching and convening various high school athletic events. Finally, a huge congratulations also goes out to the team from É.S.C. Nouvelle-Alliance (GBSSA). The basketball team was awarded the Team Sportsmanship Award for their excellent demonstration of comportment on and off the court during the championship.

PARTICIPATING TEAMS (16)

- | | |
|-------------------------------|---------|
| Walkerton D.C.S. | CWOSSA |
| Nicholson C.C. | COSSA |
| Woodland C.H.S. | CWOSSA |
| St. Mary C.H.S. | EOSSAA |
| E.S.C. Nouvelle Alliance | GBSSA |
| E.S.C. Ste-Trinite | GHAC |
| Osgood Township H.S. | NCSSAA |
| Roland Michener S.S. | NEOAA |
| E.S.C. L'Horizon | NOSSA |
| St. Thomas Aquinas H.S. | NWOSSA |
| Hamilton D.C.H.S. | SOSSA |
| Smithville C.H.S. | SOSSA |
| E.S.C. E.J. Lajeunesse | SWOSSAA |
| University of Toronto Schools | TDCAA |
| Oakwood C.I. | TDSSAA |
| F.E. Madill | WOSSAA |

QUARTER-FINALS

- | | |
|---------------------------------|-------|
| Hamilton def. U of T Schools | 62-43 |
| Woodland def. Nouvelle Alliance | 48-39 |
| St. Mary def. Roland Michener | 53-27 |
| Nicholson def. Osgood | 38-36 |

SEMI-FINALS

- | | |
|-------------------------|-------|
| St. Mary def. Hamilton | 68-64 |
| Nicholson def. Woodland | 43-34 |

CONSOLATION FINAL

- | | |
|-------------------------|-------|
| Horizon def. Smithville | 60-42 |
|-------------------------|-------|

BRONZE MEDAL GAME

- | | |
|------------------------|-------|
| Hamilton def. Woodland | 60-42 |
|------------------------|-------|

GOLD MEDAL GAME

- | | |
|-------------------------|-------|
| St. Mary def. Nicholson | 52-44 |
|-------------------------|-------|

OFSAA Girls' AA Basketball Championship

Stratford

November 24-26, 2022



School in Stratford and the community as a whole. Having being involved in basketball, hockey, rugby and track and field he has contributed to the growth of school sport and has convened various OFSAA championships throughout the years. Congratulations, Steve!

The team from Lo-Ellen Park Secondary School (NOSSA) in Sudbury was the winner of the OFSAA Team Sportsmanship Award. Their genuine respect for the game and their opponents was noticed by the host committee, the community of spectators, and their opponents. Congratulations to the entire team, including their outstanding coaches Lisa Carruthers and Antoinette Purdon who provided positive leadership through their commitment to the value of sport.



This year's championship was hosted in Stratford and was convened by Steve Goforth of St. Michael Catholic Secondary School (WOSSAA). Steve had an outstanding committee of volunteers, and games took place at his school plus Stratford District Secondary School and Mitchell District High School.

Thank you to Steve and all of the volunteers who helped make this a successful event for all participants.

The winner of the OFSAA Leadership in School Sport Award was Tim Doherty who has made a significant contribution to the athletic program at St. Michael Catholic Secondary

The culminating game of the 2022 OFSAA Girls' AA Basketball Championship saw Sir Winston Churchill Secondary School of St. Catharines (SOSSA) win gold by a score of 46-34 over Centennial Secondary School of Belleville (COSSA). The two finalists were seeded first and second respectively coming into the championship, which proved to be a worthy placement for both teams.

Congratulations to the Sir Winston Churchill Bulldogs who were represented by team members Francesca Avi, Morgan Barker, Megan Barker, Paige Cook, Samantha Cormier, Lauryn Cosby, Brookelyn Keltos, Anya Namesnik, Olayemi Oladipo, Kiera Pink, and Kate Smyth, as well as coaches Frank Keltos and Adam Onclin.

PARTICIPATING TEAMS (18)

- | | |
|--------------------------------|---------|
| Centennial S.S. | COSSA |
| Our Lady of Lourdes H.S. | CWOSSA |
| Arnprior D.H.S. | EOSSAA |
| Perth & District C.I. | EOSSAA |
| Patrick Fogarty S.S. | GBSSA |
| Thomas A. Blakelock H.S. | GHAC |
| Monsieur Paul Dwyer C.H.S. | LOSSA |
| É.S.C. Béatrice-Desloges | NCSSAA |
| Eglehart H.S. | NEOAA |
| Lo-Ellen Park S.S. | NOSSA |
| Hammarskjold H.S. | NWOSSAA |
| Sir Winston Churchill S.S. | SOSSA |
| Kingsville D.H.S. | SWOSSAA |
| James Cardinal McGuigan C.H.S. | TDCAA |
| Birchmount Park C.I. | TDSSAA |
| St. Michael C.S.S. | WOSSAA |
| East Elgin S.S. | WOSSAA |
| King City S.S. | YRAA |

QUARTER-FINALS

Centennial def. Kingsville	50-16
Winston Churchill def. East Elgin	76-27
Arnprior def. Beatrice	55-47
Hammarskjold def. Perth & District	44-22

SEMI-FINALS

Centennial def. Hammarskjold	52-50
Sir Winston Churchill def. Arnprior	75-33

CONSOLATION FINAL

Patrick Fogarty def. James Cardinal McGuigan	66-38
--	-------

BRONZE MEDAL GAME

Arnprior def. Hammarskjold	48-33
----------------------------	-------

GOLD MEDAL GAME

Sir Winston Churchill def. Centennial	46-34
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OFSAA Girls' AAA Basketball Championship

Belle River

November 24-26, 2022



The facilities at St. Anne Secondary School and St. Joseph's Catholic High School were excellent and the administration, staff and students of the schools provided much support and an amazing atmosphere to participants and spectators alike. A special mention has to be made to the group of students who were responsible for the live-streaming and production of the games



The 2022 OFSAA Girls' AAA Basketball Championship was hosted by St. Anne Secondary School (SWOSSAA) in Belle River. Convenor Bob Loebach and his organizing committee put on an incredible event that resulted in an amazing experience for all participants. The banquet was held at the Caboto Club in Windsor

and was a terrific venue for the participants. Three-time Olympian and 800m National Record Holder, Melissa Bishop-Nriagu was the guest speaker. She delivered an incredibly inspirational message to the student-athletes prior to the competition.

at both high schools during the three days of competition.

Congratulations goes out to the 2022 OFSAA Girls' AAA Basketball Champions, Cathedral High School (GHAC): Atteyla Barichello-Herrera, Nubeath Clarke, Beatrice Clausen, Rachel Daly, Keira Daly, Nicole Daly, Maya Flynn, Angelina Medeiros, Tea Papalia, Kylie Rosos, Kaylor Rosos, Amy Varrasso and coaches Kevin Daly, Jim Daly, Sandra Daly and Luca Fortino.

Congratulations are also extended to Angelo Geremia of St. Anne High School for being chosen as the Leadership in School Sport Award recipient and to Frontenac Secondary School on being named the winners of the Team Sportsmanship Award for their amazing demonstration of sportsmanship throughout the championship.

PARTICIPATING TEAMS (16)

- | | |
|----------------------------|---------|
| Cobourg C.I. | COSSA |
| Elmira D. S. S. | CWOSSA |
| Frontenac S. S. | EOSSAA |
| Eastview | GBSSA |
| Cathedral H. S. | GHAC |
| Pickering H.S. | LOSSA |
| Earl of March S.S. | NCSSAA |
| St. Mary's | NOSSA |
| St. Roch C. S. S. | ROPSSAA |
| Saltfleet District H.S. | SOSSA |
| St. Anne S. S. | SWOSSAA |
| Holy Names C. H. S. | SWOSSAA |
| St. John Henry Newman C.S. | TDCAA |
| Richview C.I. | TDSSAA |
| Mother Teresa C. S. S. | WOSSAA |
| Stephen Lewis S. S. Vaughn | YRAA |

QUARTER-FINALS

- | | |
|------------------------------|-------|
| Holy Names def. Elmira | 58-23 |
| Mother Teresa def. Pickering | 43-41 |
| Richview def. St. Anne | 39-35 |
| Cathedral def. Saltfleet | 74-46 |

SEMI-FINALS

- | | |
|------------------------------|-------|
| Cathedral def. Mother Teresa | 76-41 |
| Holy Names def. Richview | 52-38 |

CONSOLATION FINAL

- | | |
|-------------------------|-------|
| St. Roch def. Frontenac | 48-35 |
|-------------------------|-------|

BRONZE MEDAL GAME

- | | |
|-----------------------------|-------|
| Richview def. Mother Teresa | 31-30 |
|-----------------------------|-------|

GOLD MEDAL GAME

- | | |
|---------------------------|-------|
| Cathedral def. Holy Names | 85-73 |
|---------------------------|-------|

OFSAA Cross Country Championship

Uxbridge, Dagmar Ski Resort

November 5, 2022



OFSAA Cross Country was held at Dagmar Ski Resort, under unseasonably warm conditions on Saturday, November 5th. Under Convenor Rob Grepe's leadership, the host organizing committee did a fabulous job, providing an excellent experience for all participants and spectators.

The Leadership in Sport Awards were presented to Michel Pichette of E.S. Secondary Catholique Saint-Charles Garnier and Amanda Miles-Berry of Pine Ridge Secondary School for their contribution to school sports throughout their careers. Both are very deserving of this recognition and OFSAA congratulates them both.

As usual, the OFSAA Cross Country Championship was very good, resulting in many close individual races and team competitions. It was refreshing to see all 18 Associations send complete entries in all divisions!

Sarnia Northern won the overall girl's title, accumulating 36 team points. E.S Theriault of Timmins finished second with 32 points and Collingwood Collegiate was 3rd with 27 points.

In the boys' overall, Neil McNeil High School captured their second straight overall title, accumulating 40 team points. St. Michael's College was second with 28 points, followed by Kingston Secondary School with 27 points.

OFSAA wishes to thank our friends at Nike, who provided a memorable experience at their Nike village with both their retail sales and their rest and recovery tent.

Full results are available at the website of the official OFSAA XC Timer, Track Database.: https://www.trackdatabase.com/viewmeet.php?current_meet=zzzz_db1283

RESULTS- GIRLS

Novice Girls

1 Eleanor Voykin, Birchmount Park	14:53
2 Riley Innes, Sir William Mulock	15:56
3 Mikala Ryan, Silverthorn CI	15:57
4 Maya Markowska, Burlington Central	16:19
5 Amilya King, Valley Heights SS	16:25
6 Alexandra Mills, Malvern CI	16:27
7 Kaitlyn Haygarth, Oakridge SS	16:30
8 Sabine Cornell, Collingwood CI	16:33
9 Kylie Stapor, Bill Crothers	16:36
10 Marley Hargreave, Westdale	16:42

Novice Girls Team Scores

1 Collingwood CI (GBSSA)	177
2 Nepean HS (NCSSAA)	235
3 E.S Theriault (NEOAA)	249
4 St. Joseph's CSS (WOSSAA)	265
5 Holy Names (SOSSA)	269
6 Kingston SS (EOSSAA)	352
7 IE Weldon (COSSA)	364
8 St. Thomas of Villanova (SWOSSAA)	367
9 A.B Lucas (WOSSAA)	377
10 Glebe Collegiate (NCSSAA)	398

Junior Girls

Ava Moric, Diefenbaker	17:59
Anna Douma, Woodland-Christian	18:04
Grace Streek, Peak Centre	18:16
Ciara Villeneuve, Paul Demarais	18:48
Melissa Blacquier, Birchmount Park	18:54
Gabriella Ruggeri, Michael Power/St. Joseph	18:59
Mikayla McDermott, St. Clements	19:06
Quinn Coughlin, Opeongo	19:14
Kate Johnston-Zemek, Ashbury	19:22
Nari Hwang, Eastview	19:25

Junior Girls Team Scores

Northern- Sarnia (SWOSSAA)	226
Monarch Park (TDSSAA)	250
Theriault (NEOAA)	261
Sir Winston Churchill (SOSSA)	272
Medway (WOSSAA)	290
Trinity College (CISAA)	311
Riverdale (TDSSAA)	398
Bishop Allen (TDCAA)	417
John Diefenbaker (CWSSA)	428
Uxbridge SS (LOSSA)	437

Senior Girls

Gabby Jones, Northern (Sarnia)	22:12
Stephanie Bertram, Lawrence Park	22:15
Muriel Lovshin, Bayview Glen	22:34
Sophia Cino, Blessed Trinity	22:56
Cora Henderson, Courtice	23:00
Nicole Hartnell, Applewood Hts	23:23
Lauren Alexander, Glebe	23:42
Maren Kasunich, Manitoulin	23:49
Hanna Hollins, Dunbarton	23:52
Grace Wheeler, Bruce Peninsula DS	24:00

Senior Girls Team Scores

Vincent Massey (SWOSSAA)	200
Glebe CI (NCSSAA)	225
Northern- Sarnia (SWOSSAA)	236
Centennial CVS (CWSSA)	271
Sir Oliver Mowatt CI (TDSSAA)	276
Garth Webb SS (GHAC)	367
Laurel Heights SS (CWSSA)	374
Merivale (NCSSAA)	378
Collingwood CI (GBSSA)	395
Eden HS (SOSSA)	410

RESULTS- BOYS

Novice Boys		Junior Boys		Senior Boys		
1	Jack Gregory, Napanee	13:57	Saul Taler, Glebe	16:02	Ian McAllister, London Central	19:07.11
2	Owen Siderus, Colonel By	14:05	Graham Tomori, Eden HS	16:05	Angus Skinner, Frontenac	19:07.40
3	William Scharf, Riverdale	14:09	Russell Heins, Glebe	16:07	Parker Levac, Smiths Falls	19:18
4	Eli Bouisu, John Diefenbaker	14:09	Haiden Tracey-Elcombe, Forest Hts	16:11	Travis Gaffney, St. Mary (Brockville)	19:26
5	Jacob Jansen, STA	14:36	Michael Schmalz, ND Burlington	16:29	Ryan Davies, Northern (Sarnia)	19:42
6	Charlie Mortimer, Hillcrest	14:44	Jackson Witham- St. Mary	16:30	Tristan Bouius, Diefenbaker	19:50
7	Evan Moore, Collingwood	14:47	Nathan Arsenault, Leaside	16:33	Sam Richter, Huntsville	19:59
8	Eric Frossard, Oakridge	14:48	Naeb Tesfazghi, Resurrection	16:45	Aaron Smith, Chaminade	20:01
9	Kirk Hallman, Lord Dorchester	14:49	Daniel Cova, Louis Riel	16:49	Charlie Mills, Malvern	20:05
10	Simon Dobrovolski, SWC	14:49	Matthew Kmecz, St. Michael's College	16:51	Andrej Prekajski, Lawrence Park	20:15

Novice Boys Team Scores		Junior Boys Team Scores		Senior Boys Team Scores		
1	Thousand Islands (EOSSAA)	198	Immaculata (NCSSAA)	228	London Central (WOSSAA)	205
2	Colonel By SS (NCSSAA)	241	Kingston SS (EOSSAA)	243	Neil McNeil (TDCAA)	266
3	Sir Winston Churchill (SOSSA)	284	St. Michael's College (TDCAA)	332	Trinity College (CISAA)	269
4	Neil McNeill (TDCAA)	290	Collingwood CI (GBSSA)	337	Lo-Ellen Park (NOSSA)	274
5	St. Michael's College (CISAA)	292	Royal St. Georges College (CISAA)	357	Dundas Valley (SOSSA)	278
6	Royal St. Georges (CISAA)	357	St. Marcellinus, (ROPSSAA)	362	Frontenac (EOSSAA)	283
7	Riverdale CI (TDSSAA)	366	Orangeville DSS (CWSSAA)	370	Kingston SS (EOSSAA)	317
8	Superior CVI (NWOSSA)	393	Neil McNeil (TDCAA)	385	Sir Winston Churchill (SOSSA)	351
9	St. Thomas Aquinas (WOSSAA)	406	Monarch Park CI (TDSSAA)	400	Lockerby (NOSSA)	401
10	Collingwood CI (GBSSA)	428	North Grenville DHS (EOSSAA)	425	Northern- Sarnia (SWOSSAA)	417

RESULTS - PARA DIVISION

Intellectually Impaired- Boys		Ambulatory- Boys		Visually Impaired- Boys		
1	Anthony Cigan, St. Joseph's	17:53	Mohanad Kuhail, St. Joseph's CSS (LOSSA)	20:14	Trajan Hansman, Parry Sound	29:35
2	Matthew Heldsinger, Denis O'Connor	18:15	Emmett Hislop, Campbellford	21:38	Kawlija Varga, Marantha Christian	34:12
3	Riley Corthwaite, Lasalle	18:46	Emerson Downie, Etobicoke S of A	22:34		
4	Varfley Dolleh, Laurel Hts	20:46	Jackson Tomassen, St. Joseph CSS	22:41		
5	Zack Stubbs, Mother Teresa	21:43	Luca Broulette, Valour	24:37		
6	Isaac Schellenberg, MM Robinson	22:04				
7	Diego Alban-Gasca, St. Joseph's CSS	23:13				
8	Jelani Oyomo, London South	23:29				
9	Adam Maciel, Banting Memorial	23:48				
10	Kiegan Armstrong, Strathroy DCI	24:02				

Intellectually Impaired - Girls		Ambulatory- Girls		
1	Cassie Kemp, St. Catharines Coll.	24:15	Trinity Albrecht-Weese, Bracebridge ML	41:39
2	Faith Maygar, MM Robinson	24:47	Laura Beech, Kitchener-Waterloo	44:30
3	Ziva Calder, Georgetown DHS	27:08		
4	Ellen Davidson, Centennial SS	30:37		
5	Elizabeth Albrecht-Weese, Bracebridge ML	32:55		
6	Morgan Hohner, Banting Memorial	33:28		
7	Zoe Venizelos-Warren, Westdale	33:51		
8	Jorja Padt, Georgetown HS	37:25		
9	Lillyanne Hudgins, Westdale	37:44		



OVERALL SCORES

Girls		Boys		
1	Sarnia Northern (SWOSSAA)	36	Neil McNeil HS (TDCAA)	40
2	E.S. Theriault (NEOAA)	32	St. Michael's College (CISAA)	28
3	Collingwood CI (GBSSA)	27	Kingston SS (EOSSAA)	27
4	Glebe Collegiate (NCSSAA)	24	Sir Winston Churchill (SOSSA)	26
5	Vincent Massey (SWOSSAA)	20	Royal St. George's (CISAA)	22
6	Monarch Park CI (TDSSAA)	18	Collingwood CI (GBSSA)	20
7	Nepean HS (NCSSAA)	18	Immaculata (NCSSAA)	20
8	Sir Winston Churchill (SOSSA)	14	London Central (WOSSAA)	20
9	Centennial CVS (CWSSAA)	14	Thousand Islands SS (EOSSAA)	20
10	St. Joseph's CSS (SWOSSAA)	14	Colonel By SS (NCSSAA)	18



OFSAA Girls' Field Hockey Championship

Hamilton

November 3-5, 2022



The 2022 OFSAA Girls' Field Hockey Championship was hosted in Hamilton by Saltfleet District High School (SOSSA). Convenor Kristina Alderdice and her dedicated organizing committee, worked tirelessly to put on a tremendous event for participants and spectators. Jackie Brown, a teacher and coach at Sherwood

Secondary School (SOSSA) and member of the organizing committee, was awarded the Leadership in School Sport Award for everything she has done for field hockey and high school sport. Congratulations Jackie! The organization did an excellent job in putting together an amazing banquet where participants could finally gather together.

The event was well run and spectators were able to witness some outstanding field hockey as the girls performed at a high level throughout the championship.

Congratulations goes out to the 2022 OFSAA Field Hockey Champions: Sierra Blackburn, Sydney Blackburn, Lucy Devereaux, Alexia Dimitrievski, Claire Elmslie, Braelyn Franz, Avery Hess, Darcey Hilliard, Reagan Hunsberger, Grayson Karges, Anesa Kijamet, Abby MacKay, Rachel McCormick, Avery McFadden, Gabby Merz, Avery Morton, Kate Magge, Stephanie Petrou, Madi Preston, Sarah Robertson, Sami Snyder, Calie Strohack and coaches Tara Macey and Nicole Malatches.

At the championship's conclusion, the organizing committee selected Clarkson Secondary School (ROPSSAA) as the Team Sportsmanship Award winner for their excellent display of sportsmanship and spirit - both on and off the field of play. Congratulations to these athletes and coaches for being the epitome of the values of school sport!

PARTICIPATING TEAMS (16)

St. John's Kilmarnock	CISAA
Holy Cross C.S.S	COSSA
Bluevale C.I.	CWOSSA
Holy Cross Catholic Secondary School	EOSSAA
Assumption H.S.	GHAC
Pickering High School	LOSSA
Merivale High School	NCSSAA
Clarkson S.S.	ROPSSAA
Saltfleet District High School	SOSSA
Michael Power/St. Joseph	TDCAA
Humberside C.I.	TDSSAA
Medway High School	WOSSAA
Bill Crothers S.S.	YRAA
Eden High School	SOSSA
Dr. J.M. Denison S.S.	YRAA
Havergal College	CISAA

QUARTER-FINALS

Medway def. Michael Power/St. Joseph	2-0
Holy Cross def. Eden	6-1
Bluevale def. Saltfleet	5-0
Bill Crothers def. Merivale	3-0

SEMI-FINALS

Holy Cross def. Bill Crothers	1-0
Bluevale def. Medway	2-1

BRONZE MEDAL GAME

Bill Crothers def. Medway	3-0
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GOLD MEDAL GAME

Bluevale def. Holy Cross	2-1
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OFSAA Boys' Golf Championship

Komoka, Fire Rock Golf Club

October 12-13, 2022



Boys Golf Team Winner Open Division 2022



Boys Golf Champs (Matthew Javier on the right Jack Zylstra on the left)



Although the weather didn't seem to want to cooperate, the Boys' Golf Championship, held in Komoka at the Fire Rock Golf Club was a great success. Wind was the foe on the first day of competition and Crescent School from CISAA led the way in the team competition. The team was led by Matthew Javier and Eric Zhao who sat first

and second in the Open competition. The High School division was very close after Day 1 with Cole Thompson from Blessed Trinity High school in SOSSA, Charlie Vokins from Bishop Allen Academy in the TDCAA and Jack Zylstra from WOSSAA all tied for first place.

The conditions did not improve in Day 2 as the wind was complicated by light rain for some of the round. In the end, Crescent School finished in first place with a combined score of 441 with St. Andrew's College from CISAA finishing second (452) and St. Michael's from EOSSAA third (467). The Open Division winners were Matthew Javier from Crescent School (137), silver Matthew Lyons from St. Andrew's College (144) and bronze Walter Carley from Adam Scott in COSSA. The High School Division was very close, but gold went to Jack Zylstra (152), silver to Cole Thompson (154) and bronze to Charlie Vokins (155).

Congratulation to Tim Clayton who received the Leadership in School Sport Award for his many years of coaching, convening and volunteering at the local and WOSSAA levels! Thank you to Ryan Matches, his committee and Fire Rock for a fantastic tournament. This was the first time that live scoring through an app was used and it was well received by those keeping track of the championship.

OPEN INDIVIDUAL RESULTS

1. Matthew Javier (CISAA) – Crescent School	R1: 70	R2: 67	Total: 137
2. Matthew Lyons (CISAA)- St. Andrew's College	R1: 75	R2: 69	Total: 144
3. Walter Carley (COSSA) – Adam Scott CVI	R1: 75	R2: 70	Total: 145

HIGH SCHOOL INDIVIDUAL RESULTS

1. Jack Zylstra (WOSSAA) - St. Joseph's CHS	R1: 74	R2: 78	Total: 152
2. Cole Thompson (SOSSA) – Blessed Trinity HS	R1: 74	R2: 80	Total: 154
3. Charlie Vokins (TDCAA) – Bishop Allen Academy	R1: 74	R2: 81	Total: 155

TEAM RESULTS

1. Crescent School (CISAA)	R1: 221	R2: 220	Total: 441
2. St. Andrew's College (CISAA)	R1: 229	R2: 223	Total: 452
3. St. Michael's (EOSSAA)	R1: 245	R2: 222	Total: 467

OFSAA Boys' A Volleyball Championship

Sudbury

November 24-26, 2022



The number one seed Hamilton District Christian High School (SOSSA) won the gold medal at the 2022 Boys' A Volleyball Championship defeating Rockway Mennonite (CWOSSA) in a highly contested final. The victory sees Hamilton DCHS retain its title as champions following

members: Lucas Bouwers, Micah Brouwer, Ryan Brouwer, Benjamin Brouwer, Jack Demik, Jason Heidbuurt, Jonah Heidbuurt, Dylan Huinink, Hudson Karsten, Iteoluwa Shinkaiye, Jonah Sloomweg, Carter Vanderkruk, Caleb Wall and coaches Brad Heidbuurt, Brett Jenkins, Jason Wildeboer, Duane Brouwer.

The championship was hosted by ES Macdonald-Cartier and ESC l'Horizon in Sudbury. Convenors Marc Savage and Patrick Gervais spared no expense in making this a memorable experience for all attendees. A special thanks to both gentlemen and their organizing committee, who did an outstanding job preparing for the event. Cambrian College and College Boreal acted as great venues and supporters of the event with College Boreal sponsoring the banquet.

their win in 2021. In the Bronze Medal Match, host school École secondaire catholique l'Horizon (NOSSA) defeated St. Thomas Aquinas (NWOSSAA).

Congratulations go out to Dale Beausoleil, a well-deserved recipient of the Leadership in School Sport Award for his 30 years of coaching and impact in the volleyball community. The committee would also like to extend its appreciation to École secondaire catholique Père-René-de-Galinée (CWOSSA) for being selected for the Team Sportsmanship Award. The organizers appreciated their spirit and sportsmanship throughout the event.

Congratulations to Hamilton District Christian High School

PARTICIPATING TEAMS (20)

Quinte CHS	COSSA
Rockway Mennonite Collegiate	CWOSSA
ÉSC Père-René-de-Galinée	CWOSSA
Mackenzie Community School	EOSSAA
Stayner Collegiate Institute	GBSSA
ÉSA Mère Teresa	GHAC
ÉSC Saint-Charles-Garnier	LOSSA
Kapuskasing District High School	NEOAA
École secondaire catholique l'Horizon	NOSSA
Lockerby Composite School	NOSSA
St. Thomas Aquinas High School	NWOSSAA
St. Paul C.S.S.	ROPSSAA
Brampton Christian Academy	ROPSSAA
Hamilton District Christian High School	SOSSA
Smithville Christian High School	SOSSA
Chatham Christian H.S.	SWOSSAA
University of Toronto Schools	TDCAA
Oakwood Collegiate Institute	TDSSAA
Woodstock Collegiate Institute	WOSSAA
ÉSC Renaissance	YRAA

QUARTER-FINALS

Hamilton DCHS def. Mere-Teresa	(25 – 17, 25 – 12, 25 – 13)
St. Thomas Aquinas def. Woodstock	(26 – 24, 25 – 20, 25 – 21)
Esc l'Horizon def. Pere-Rene-de-Galinee	(25 – 19, 15 – 25, 25 – 23, 25 – 23)
Rockway Mennonite def. Brampton CS	(25 – 9, 25 – 14, 25 – 21)

SEMI-FINALS

Hamilton DCHS def. St. Thomas Aquinas	(25 – 12, 25-17, 25 – 20)
Rockway Mennonite def. Esc l'Horizon	(25 – 23, 25 – 20, 25 – 22)

BRONZE MEDAL GAME

Esc l'Horizon def. St. Thomas Aquinas	(25 – 16, 23 – 25, 25 – 23, 25 – 18)
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GOLD MEDAL GAME

Hamilton DCHS def. Rockway Mennonite	(25 – 16, 17 – 25, 32 – 30, 25-17)
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OFSAA Boys' AA Volleyball Championship

Huntsville

November 24-26, 2022



Huntsville High School (GBSSA) was host for this year's OFSAA Boys' AA Volleyball Championship. With venues at various Muskoka region schools, convenor Ross Clarke and his organizing committee provided participants and spectators with lasting memories. This year's gold medal match featured two excellent teams- École secondaire

catholique Béatrice-Desloges (NCSSAA) and from Sudbury, Lasalle Secondary School (NOSSA). Lasalle proved to be the stronger team throughout the tournament while not losing a set in all seven matches.

Congratulations to Lasalle Secondary School who captured OFSAA gold! The 2022 Lasalle roster featured the following student-

athletes: Quinn Bardell, Cole Bast, Andre Boulet, Oak Campbell-Runia, Ashton Eadie-Chartrand, Tyler Faccioni-Thompson, Tyrone Johnson, Ethan Lalonde, Owen Pawluk, Cameron Potvin, Damien Quevillon, Hayden Radey, Noah Squires, Chad Tullio, Brady Tyson, James Welsh and were coached by Dale Beausoleil.

The OFSAA Team Sportsmanship Award was earned by Harbord Collegiate Institute from Toronto (TDSSAA). Congratulations to the athletes and coaches for exhibiting true sportsmanship throughout the championship!

The return of the OFSAA banquet was highlighted when the OFSAA Leadership in School Sport Award winner Ross Clarke from Huntsville High School (GBSSA) was recognized. Ross has been coaching boys' volleyball for many years and is the athletic lead at the school. OFSAA appreciates the commitment and passion Ross has for school sport and the positive impact he has on all student-athletes at the school.

Thank you again to all the volunteers who contributed to a successful championship.

PARTICIPATING TEAMS (20)

- | | |
|-----------------------------|---------|
| Crescent School | CISAA |
| Adam Scott C & V.I. | COSSA |
| Sacred Heart High School | CWOSSA |
| Regiopolis-Notre Dame CHS | EOSSAA |
| Twin Lakes S.S. | GBSSA |
| Huntsville H.S. | GBSSA |
| King's Christian Collegiate | GHAC |
| Henry Street H.S. | LOSSA |
| ÉSC Béatrice-Desloges | NCSSAA |
| Roland Michener S.S. | NEOAA |
| Lo-Ellen Park S.S. | NOSSA |
| Lasalle S.S. | NOSSA |
| Westgate CVI | NWOSSAA |
| Streetsville S.S. | ROPSSAA |
| E.L. Crossley S.S. | SOSSA |
| Kingsville D.H.S. | SWOSSAA |
| Francis Libermann CHS | TDCAA |
| Harbord C.I. | TDSSAA |
| Ingersoll D.C.I. | WOSSAA |
| Keswick H.S. | YRAA |

QUARTER-FINALS

- Lasalle S.S def. Regiopolis-Notre Dame (25-20, 25-15, 25-15)
- Adam Scott C & V.I. def. Westgate CVI (20-25, 26-24, 21-25, 26-24, 15-10)
- Sacred Heart def. Lo-Ellen Park S.S (25-21, 25-11, 21-25, 25-19)
- ESC Béatrice-Desloges def. Kingsville D.H.S. (25-19, 21-25, 25-23, 24-26, 15-10)

SEMI-FINALS

- Lasalle S.S def. Adam Scott C & V.I. (25-14, 25-20, 25-18)
- ÉSC Béatrice-Desloges def. Sacred Heart (16-25, 25-18, 29-27, 22-25, 15-13)

BRONZE MEDAL GAME

- Sacred Heart def. Adam Scott C & V.I. (25-22, 29-31, 25-23, 25-12)

GOLD MEDAL GAME

- Lasalle S.S def. ÉSC Béatrice-Desloges (25-19, 25-15, 25-17)

OFSAA Boys' AAA Volleyball Championship



Kingston

November 24-26, 2022



The Boys AAA Volleyball championship returned to Kingston in 2022. A special thank you needs to be extended to Ben Plazzotta of Holy Cross CHS (EOSSAA) and his committee who picked up this championship late in the year, leaving little time to plan. However, they were still able to put together a first-class event.

On the Wednesday evening, participants enjoyed the customary banquet where the Leadership in School Sport Award was presented to Patsy Hawkins-Hogan. Patsy has been a teacher-coach at Holy Cross for 32 years. She played an important role in developing the volleyball program by running both a league and development team to provide more opportunities for students to participate in athletics. Congratulations Patsy!

On the court, congratulations to Uxbridge Secondary School (LOSSA) for taking home the gold in a five-set thriller against Westmount Secondary School (SOSSA). Eden H.S (SOSSA) claimed Bronze in another five-set match defeating Upper Canada College (CISAA). Both matches showcased outstanding volleyball.

Congratulations to champions: Owen Clark, Jack Curtis, Kees deGrauw, Jack Finlay, Chris Hoffman, Trevor Ionson, Andon Kiriakou, Reggie Luukkonen, Oliver Parratt, Riley Reed, Anwar Singer, Mehdi Singer, Nathan Thompson, Ben Tuck, Jonathan Wright, and coaches Tony Kiriakou, Faraaz Ghafur and Geoffrey Thompson.

A special congratulations to St Joan of Arc Secondary School (GBSSA) for being awarded the OFSAA Team Sportsmanship Award. Your positive examples of student-athlete behaviour were appreciated by the organizing committee.

Congratulations to all the athletes and coaches!

PARTICIPATING TEAMS (20)

Upper Canada College	CISAA
Thomas A. Stewart S.S.	COSSA
Huron Heights S.S.	CWOSSA
Frontenac S.S.	EOSSAA
Holy Cross C.S.S.	EOSSAA
St. Joan of Arc S.S.	GBSSA
Garth Webb	GHAC
Oakville Trafalgar H.S.	GHAC
Uxbridge S.S.	LOSSA
ESC Franco-Cité	NCSSAA
Chippewa S.S.	NOSSA
St. Joseph-Scollard Hall C.S.S.	NOSSA
St. Marcellinus C.S.S.	ROPSSAA
Westmount S.S.	SOSSA
Eden H.S.	SOSSA
Ursuline College	SWOSSAA
Neil McNeil H.S.	TDCAA
Monarch Park C.I.	TDSSAA
A.B. Lucas S.S.	WOSSAA
Hodan Nalayeh S.S.	YRAA

QUARTER-FINALS

Uxbridge S.S. def. Ursuline College	(25-12, 25-8, 20-25, 25-16)
Upper Canada College def. Huron Heights S.S.	(25-21, 25-20, 16-25, 25-23)
Eden H.S. def. Oakville Trafalgar H.S.	(25-23-25-17-25-20)
Westmount S.S. def. Garth Webb	(25-19, 25-23, 19-25, 25-20)

SEMI-FINALS

Uxbridge S.S. def. Upper Canada College	(25-15, 25-21, 25-12)
Westmount S.S. def. Eden H.S.	(15-25, 25-16, 25-18, 20-25, 15-9)

BRONZE MEDAL GAME

Eden H.S. def. Upper Canada College	(25-22, 25-21, 23-25, 20-25, 15-9)
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GOLD MEDAL GAME

Uxbridge S.S. def. Westmount S.S.	(25-14, 21-25, 25-21, 19-25, 15-8)
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