

# The Bulletin

2022 - 2023 OFSAA  
Championship  
Calendar

Scholarship  
Recipients



ONTARIO FEDERATION OF SCHOOL ATHLETIC ASSOCIATIONS  
FÉDÉRATION DES ASSOCIATIONS DU SPORT SCOLAIRE DE L'ONTARIO

# Ontario Federation of School Athletic Associations

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Thank you to the Ministry of Education and the Ministry of Heritage, Sport, Tourism and Culture Industries for their generous contributions and support.

# OFSAA Executive Director's Message



As Executive Director of OFSAA, I am excited and grateful for the opportunity to support the Executive Council and serve our members. As a former student-athlete, teacher-coach, and athletic director, I recognize and appreciate the rewards of being involved in high school sports.

My journey began in a small town in Northern Ontario called Elliot Lake, where I learned the personal values that are instilled through school sport. I was fortunate to have dedicated teacher-coaches who were committed to the overall well-being and development of students.

I will work hard along with our staff to identify and continuously improve the services we provide to ensure the school sport system thrives now and meets challenges in the future. You have my commitment to approach each day with integrity and empathy.

At the core of OFSAA's mission and vision are student-athletes. This will continue to be the focus when addressing policies, establishing programs, and providing provincial events. To all student-athletes, pursue the positive contributions high school sport provides to your educational experience. The lessons learned and the memories from high school will last a lifetime.

To the thousands of educators who volunteer and are the foundation of the OFSAA governance structure, just know, you are appreciated for your dedication, time commitment and passion for student-athletes and high school sports.

I look forward to continuing OFSAA's long standing traditions set by executive directors before me, doing what's right, being fair and equitable, and providing opportunities for participation.

If you have a question, or need assistance, please do not hesitate to contact me at (416) 426-7440 or [shamus@ofsaa.on.ca](mailto:shamus@ofsaa.on.ca).





## Age Classifications for the 2022-23 School Year

For the 2022-23 school year, a Novice will be born in 2008 or later and may only compete at OFSAA in the Novice category for one year in Grade 9. A Junior will be born in 2007 or 2008 and a senior will be born in 2003 or later.

2002 or earlier	Ineligible
2003	Senior
2004	Senior
2005	Senior
2006	Senior
2007/08	Junior
2008	Novice

How old was the student on January 1, 2022?

Years of eligibility

Coaches and students are reminded that students are eligible for no more than five consecutive years from date of entry into Grade 9. There is no appeal to this rule.

## 2022-23 Transfer Appeal Meeting Dates

### Deadline for Applications Meeting Date

Wed., Sept. 26, 2022	Thurs., Oct. 6, 2022
Wed., Oct. 19, 2022	Thurs., Nov 3, 2022
Wed., Nov. 28, 2022	Thurs., Dec. 13, 2022
Wed., Feb. 8, 2023	Thurs., Feb. 23, 2023
Wed., Mar. 29, 2023	Thurs., Apr. 13, 2023

To appeal to an Association decision, please call the OFSAA office and give the name of the student and school, as well as the name of the principal. Please see the deadline dates posted above.

A letter will be sent to the student, c/o the principal, stating the date, time and location of the appeal hearing. The letter will outline what information the student must provide prior to the meeting date.



Edit profile

## OFSAA Social Spotlight

Keep up to date with OFSAA news, photos, videos, championship information, scholarships, conferences, and much more, by following OFSAA on Facebook, Twitter, LinkedIn, Instagram, TikTok and YouTube!



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Follow individual championship results with live updates from OFSAA Championship twitter accounts. Updates and pics right from the source!

@OFSAASnow

@OFSAABadminton

@OFSAABaseball

@OFSAABasketball

@OFSAAXC

@CurlingOfsaa

@OFSAAGirlsFH

@OFSAALacrosse

@OFSAAFootball

@OFSAAGolf

@OFSAABoyHockey

@OFSAAGirlHockey

@OFSAASloPitch

@OFSAABoysSoccer

@GirlSoccerOFSAA

@RugbyOFSAA

@OFSAAswimming

@OFSAATennis

@OFSAATrack

@OFSAAUltimate

@OFSAAVBall

@OFSAAWrestling

## Doug Gellatly's Retirement Remarks



On June 30 I retired as OFSAA's executive director. My incredible journey with the organization began in 2004 when I was hired to succeed the retiring Colin Hood. Shortly after accepting the job, but before I began, the president at the time, Marg McGill invited me to stop by the Annual Meeting to be introduced. That experience was important for me because I quickly realized there was strong structure and leadership within OFSAA.

One of the things that attracted me to OFSAA is reflected in its motto of Education through School Sport. By its very nature, the organization is focused on and understands the impact sports has on the development and education of young people. This is

particularly true when delivered within an educational environment by coaches who understand the value of school sports.

I have always been fascinated by the commitment of educators at all levels of school sports, whether it be coaching, convening or serving in the myriad of roles at the local, regional and provincial levels. I truly wish the general public had a better appreciation for all that is involved in creating athletic opportunities for students.

One of the most enjoyable aspects of the job is the working relationship with the OFSAA president. We have been in regular communication over the years, discussing issues and future plans. I have been blessed to have worked with

nine incredible presidents, all volunteers who also have had demanding jobs at their school, but who always found the time to guide and lead the organization. This list includes Walter Piovesan, Tracey Parish, Martin Ritsma, Lynn Kelman, Jim Woolley, Ian Press, Jennifer Knox, Nick Rowe, and Carolyn Chesney. It's been a pleasure to work with and learn from the different leadership styles each president brought and I appreciate the opportunity to have worked with all of them.

I have also been fortunate to have worked with so many committed staff members during my time. Some of you may recall names like Jill Sutherland, Steve Sevor and Jennifer Bennett who were the full-time staff back in 2004, and Peter Morris, Diana Ranken and Mike Thorpe who were our sport coordinators at the time. The staff has evolved over the years, but in all cases, I can assure you the staff team is dedicated to student-athletes and the betterment of OFSAA and school sports. The team in place at the time of retirement are all professionals in their own right and I thank Beth Hubbard, Shamus Bourdon, Pat Park, Nicole Clarke, Brian Riddell, Jim Barbeau and Tim Larry for their tremendous work and undoubted dedication to their jobs.

The decision to retire did not come easily, but there comes a time. Here are some of the things I'll miss:

- Going to championships in different areas of the province and meeting the host committees
- Watching student-athletes compete
- The day-to-day challenges
- Upholding OFSAA's mission and philosophy
- Working closely with the executive council on projects like strategic planning and new initiatives
- Taking calls and assisting volunteers
- Being part of a respected organization
- The people, both volunteers and staff, and specifically the friendships and the positive working relationships

To all the volunteers I say "thank you" to all of you for everything you do, not only within school sports, but also in your school communities.

It has been a wonderful journey...challenging, rewarding and fun. I will be forever grateful for the opportunity.

## Subscribe to OFSAA's E-Newsletter

Stay updated on all of our awards, key dates, programs, conferences, scholarships, recognition, sponsorships and championships. Delivered via email in January, April, June and November, the newsletter has the OFSAA brand covered. Don't miss out!

Individuals can subscribe to the newsletter through any of the pages on our website at [ofsaa.on.ca](http://ofsaa.on.ca).



# OFSAA STAFF UPDATES

OFSAA would like to welcome two new full-time staff members and a part-time staff person.

**Nicole Clarke** came on board as OFSAA assistant director on March 21. Prior to joining OFSAA, Nicole was a long-term occasional teacher at Fort Frances High School in the Rainy River District School Board where she coached girls' hockey and boys' basketball. Nicole is a native of Lindsay, Ontario and attended Lindsay Collegiate and Vocational Institute before completing her Honours Bachelor of Kinesiology and Bachelor of Education at Lakehead University.

Among other duties, she will work with the Committee for Girls' Activities and will be responsible for all girls' sports in addition to snowboarding.

OFSAA welcomed **Erik Espinola** as assistant director during the first week of August. Erik most recently served as executive director for Boxing Ontario and he has also served as events coordinator for Ontario Soccer. His knowledge of sport and strong commitment to serving membership will be valued by school sport volunteers across the province. The native of Etobicoke, Ontario attended Dante Alighieri Academy before earning his Sport Management Advanced Diploma from Humber College.

In his role, Erik will oversee the OFSAA HUB, the 3 Year Calendar, and boys' sports.

**Brian Poste** joins us this summer as OFSAA's new part-time sport coordinator. Brian has been one of the longest-standing association representatives and a valuable CBA member and strong contributor on various OFSAA committees. He just recently retired from North Hastings High School in Bancroft, Ontario after 30 years of teaching math, computers and drama among other courses.

Brian will be heavily involved with OFSAA baseball, wrestling, curling and boys' golf.

Brian's passion for school sport and student-athlete growth makes him a welcome addition to the OFSAA office.

We are excited to have Brian, Erik and Nicole on our OFSAA team!

OFSAA extends a sincere thank you to outgoing WOSSAA Association Representative **Michele Van Barga**. We value her many years of dedication and guidance to school athletics in Ontario and we'll miss her contributions and experience on Executive Council. Congratulations on your retirement from teaching in Strathroy, Michele!



Long-time staff member, **Brian Riddell**, decided to make 2021-22 his final year with us. Brian was a great influence on students and coaches and he played an integral role, over many years, with OFSAA Boys' Golf, Curling, Wrestling and Baseball Championships.

## LOGO DESIGN CONCEPT CONTEST

**CELEBRATING 75 YEARS OF OFSAA!**

We will celebrate our Diamond Anniversary in the 2023-24 school year but we need your artistic contribution this fall!

We'd love to reward one student and their school with a prize pack by having a unique "75th OFSAA Logo" submission gem declared the winner!

Learn more at [ofsaa.on.ca](https://www.ofsaa.on.ca)

#LETSGO

OFSAA





# 2022-23 OFSAA/CIAAA ATHLETIC DIRECTOR COURSES AVAILABLE ONLINE!

OFSAA, in cooperation with the CIAAA, is pleased to announce that we will be offering the following courses **online** this year. **Please note** - the course codes are for CIAAA references only. Courses are targeted towards experienced, new and/or aspiring Athletic Directors. Each course costs \$125 plus tax.

**502c: Principles, Strategies and Methods:  
NOVEMBER, 2022 (2 nights; 2 hours each night)**

This is a detailed course that addresses school athletic/academic philosophy, administrative organization, coach appointment, budgeting, scheduling, publicity and promotion, management of athletes, parents and others, transportation policies and issues, parent conflict, legal foundations, monthly checklists and more.

**504c: Legal Issues 1:  
NOVEMBER, 2022 (2 nights; 2 hours each night)**

This course covers liability, negligence, and risk management practices for athletic administrators. Legal concepts will be introduced to athletic administrators through the use of case law, case studies, and guided discussion.

**506c: Legal Issues 2:  
JANUARY, 2023 (2 nights; 2 hours each night)**

This course introduces the important legal issues of discrimination, sexual harassment, bullying, hazing, and violence in sport. Participants will learn the legal definitions of the terms and how they are applied to the sport and scholastic context.

**602c: Creating Your Athletic Handbook:  
FEBRUARY 2023 (2 nights; 2 hours each night)**

This course is designed to guide attendees through the process of creating a complete and effective athletic handbook.

**703c: Student Centered Educational Athletics—Performance Beyond the X's and O's: MARCH 2023 (4 hours)**

This student-centered program will provide learning experiences for student athletes beyond the X's and O's. This course will support a value-based curriculum that will demonstrate model behaviors and qualities that students should emulate both in and out of the athletic arena.

**FOR MORE DETAILED INFORMATION ABOUT COURSE INFORMATION PLEASE GO TO:**

[www.ciaaa.ca/ltpcourses](http://www.ciaaa.ca/ltpcourses) or contact Jim Barbeau at [jim@ofsaa.on.ca](mailto:jim@ofsaa.on.ca)



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# Have you changed schools? Thinking about changing schools?



## Your eligibility to play high school sports may be at risk.

All students who have changed schools are ineligible to play high school sports unless they are approved through the **transfer policy**.

See your athletic director, HPE department head, or a member of your guidance department for more information, or to obtain a transfer appeal form.

Check out the OFSAA website to view the policy.



**Education Through School Sport**

[www.ofsaa.on.ca](http://www.ofsaa.on.ca)



**NEW IN 2022-23!**

**GIRLS'  
SLO-PITCH  
FESTIVAL**

**JUNE 12-13, 2023  
LONDON, ON**

Hosted by WOSSAA  
Entry Deadline: June 6

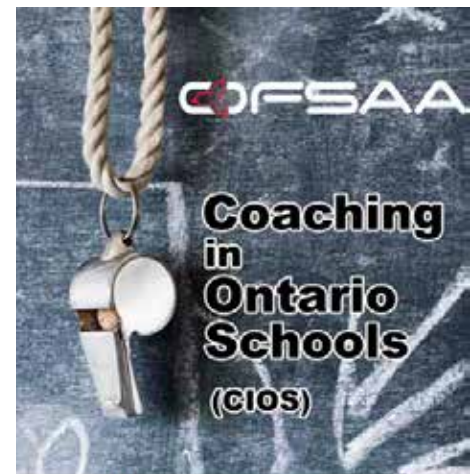


**SANCTIONED EVENTS**

Anyone who would like to have an event sanctioned by OFSAA, has plans to travel outside of Ontario or may be hosting school teams from outside of Ontario during the 2022-23 school year is encouraged to submit the appropriate form online anytime in the upcoming months. These forms can be found at: <https://www.ofsaa.on.ca/events/sanctioned-events>

Updates to the OFSAA website will occur weekly as submissions are received.

If you have any questions concerning the hosting of or attending out of province events, please do not hesitate to contact Jim Barbeau, OFSAA Sport Coordinator at: [jim@ofsaa.on.ca](mailto:jim@ofsaa.on.ca)



CIOS is a program developed by the Coaching Association of Canada and the Ontario Federation of School Athletic Associations to give teacher-coaches and community volunteers the special skill-set they need to coach effectively in the school environment. CIOS also provides 3 PD points to maintain NCCP certification.

Let's look to educate more volunteers, teachers and coaches about OFSAA and we can do that through the CIOS! Online courses are available in both english and french. Please contact Erik Espinola at [erik@ofsaa.on.ca](mailto:erik@ofsaa.on.ca) or 416-426-7438.

**Official Exclusive Football**  
of the Ontario Federation of School Athletic Associations

**OFSAA**

**Baden**

**F7000L-QB**  
leather

**F9C**  
composite





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ENCOURAGE YOUR STUDENTS TO LAUNCH A BELIEVE CHAPTER AT YOUR SCHOOL!

**WHAT STUDENTS GAIN:**

- ✓ Add a leadership role to their resume!
- ✓ Earn volunteer hours!
- ✓ Create change in the community!
- ✓ Build leadership & mental wellness skills!

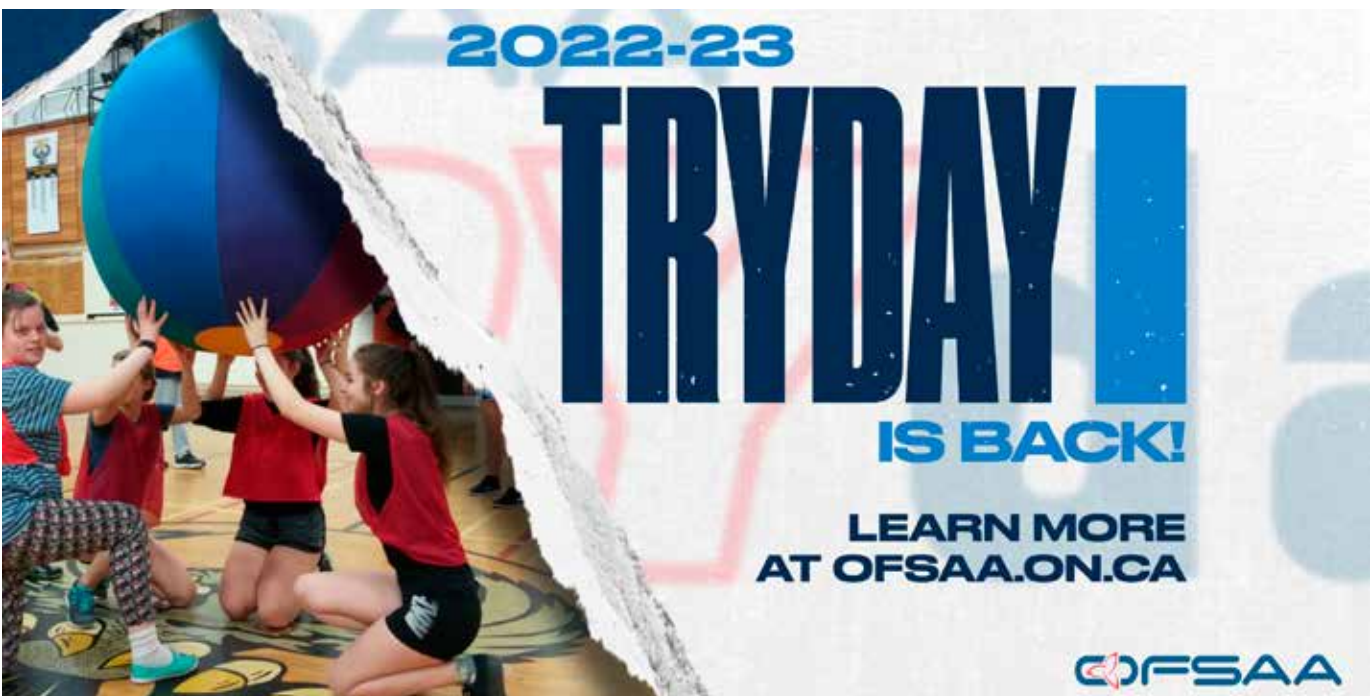
LEARN MORE AT [bit.ly/BLCwebsite](https://bit.ly/BLCwebsite)

Interested? Fill out this form and we'll send you more info!

The Believe Leadership Course (BLC) is a FREE student-led extracurricular program within the Believe Initiative, founded by Olympian **Sarah Wells**! The BLC teaches high school students important leadership, entrepreneurship, and mental wellness skills through project-based learning.

The Believe Initiative is looking for 2-3 student leaders from each school to apply as BLC Chapter Heads! The Chapter Head role includes launching a Believe Chapter at their school and running the Believe Leadership program either virtually or in-person. Chapter Heads promote the club, recruit members, teach leadership lessons to members, and guide students to apply those lessons to a Believe Passion Project that impacts the community. Chapter Heads will be provided comprehensive training, lesson materials, templates, and have the Believe Initiative’s full support throughout the school year, which allows the program to be very hands-off for teachers!

If you are interested in bringing this program to your school this Fall, fill out the form linked in the QR code above for more info on how your students can get involved!



2022-23  
**TRYDAY!**  
IS BACK!  
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OFSSAA

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# Please Support OFSAA's School Sport Sponsors

OFSAA is fortunate to have several companies supporting school sport in Ontario. Official equipment has been play-tested and endorsed by experienced teacher-coaches. Please support these sponsors by using their products.

## Badminton

### Yonex

- Official racquet of OFSAA: B500, B600 DF, B7000 DF+
- Official shuttlecocks of OFSAA: Mavis 350, Mavis 300, Mavis 7



## Baseball

### Mizuno

- Official baseball of OFSAA: Mizuno MB380



## Basketball

### Molten

- Official basketball of OFSAA: BG Series



## Cross Country and Track and Field

### Nike

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## Football

### Baden

- Official footballs of OFSAA: F7000L & F9C



## Soccer

### Molten

- Official soccer ball of OFSAA: Molten F5A4900 official game ball



## Volleyball

### Baden

- Official volleyball of OFSAA: Baden VCOR



## Accommodations

### InnVest Hotels

- Official hotel partner of OFSAA



## Character Athlete Award

### Jostens

- Official sponsor of OFSAA



## Sports Drink

### Gatorade

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OF OFSAA CHAMPIONSHIPS & FESTIVALS

# Congratulations 2022 Alumni Scholarship Winners



OFSAA's Alumni Scholarship Association Selection Committee is pleased to announce the awarding of three, \$800 scholarships this year. Students were selected from the following group of eligible Associations: SOSSA, ROPSSAA,

EOSSAA, TDSSAA, LOSSA, & WOSSAA. This year's winners are: Camryn Roy from McKinnon Park SS (SOSSA), Kanika Tibriwal of St. Francis Xavier SS (ROPSSAA) and Trace Carter from Eastdale CVI (LOSSA).



**Trace Carter** was a grade 12 student who participated in rugby, curling and wrestling while at Eastdale. He also had multi-year involvement with Eastdale's Athletic Council, the Instrumental Band and the Tech Crew. His community involvement included working at St. Vincent De Paul, coaching

with the Team Impact Wrestling team, participating in the organization of the Eastdale Craft Show and taking part in the L.I.F.E. Rally in Oshawa. In his personal statement, Trace stated that "as an athlete during my time as a high school student, I have been able to experience many things that I would never have been able to otherwise and sports enriched my high school experience." Trace maintained a 90%+ average as well and will be studying Electronics Engineering Technology at Durham College in the fall.

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# Scholarships & Awards



**Kanika Tibriwal** was a grade 12 student at St. Francis Xavier SS. Kanika was involved in numerous sports at the school including cross country, flag football, soccer, track and field and rugby, while at the same time, maintaining an average of 97%

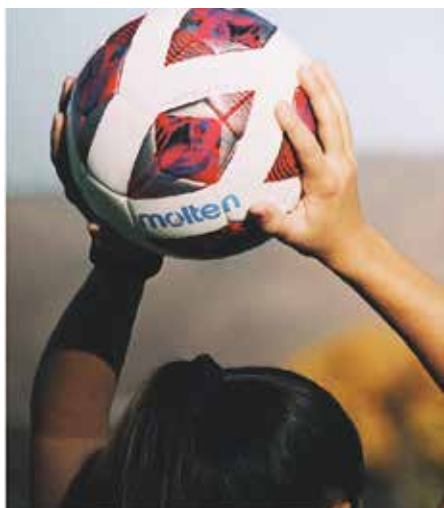
over the past two years. She was also involved in numerous school activities like Duke of Edinburgh and held leadership positions in various initiatives that helped her fellow students. Kanika was also heavily invested in her community and was a volunteer at Humber River Hospital and founded her own multi-media company that focused on small businesses in the GTA. In her letter to the committee, Kanika emphasized how being involved in high school sports has “fostered my discipline, tested my resilience, and given me my closest friends.” Her soccer coach at the school emphasized that her “biggest contribution is that she is a team player who shines both on the field and in the classroom.” In the fall, Kanika will be studying Medical Sciences at Western University.



**Camryn Roy** was a grade 12 student at McKinnon Park SS. Another outstanding student-athlete with an average of over 95%, Camryn participated in five different sports during her high school career. Being involved in basketball, field hockey, soccer, hockey and track

clearly illustrate how organized and dedicated Camryn was towards both her studies and athletics. In addition, Camryn was a member of the school’s student council for three years and filled the role of Social Coordinator in 2019-20. Her community involvement included volunteering in the Terry Fox Run, Relay for Life and as a power skating coach with a community group. In her letter to the committee, Camryn emphasized that being a part of sports teams “has allowed me to understand the importance of having a healthy escape, and not allowing school to constantly consume my thoughts.” One of her coaches noted that “Camryn is a dedicated player and her hard work inspires other players to be their best.” In the fall, Camryn will be studying Business at Brock University.

For more information on the criteria for selection and application requirements, please visit: [ofsa.on.ca/recognition/scholarships/ofsa-alumni](https://ofsa.on.ca/recognition/scholarships/ofsa-alumni)



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# Character Athlete Award 2021-22



OFSAA's Character Athlete Award celebrates the efforts of the exceptional student-athletes in Ontario who best exemplify the characteristics that OFSAA is founded on.

Nominations come to the OFSAA office detailing the exceptional character of student-athletes across Ontario, inspiring those around them with their involvement on the playing field and in the classroom, in both school and community.

Selecting two females and two males is never easy, but the following four individuals stood out for their commitment to OFSAA's values of leadership, equity, respect and sportsmanship.



## MIKAIO WALIA

Nominated by: Matt Cootes

Mikaio is a grade 12 student at Lasalle Secondary School in Sudbury.

Mikaio has participated on many school clubs and organizations over his 4 years at the school and is a member of the School Athletic Council.

He is also a member of the school's SHAL program in which he has acted as a mentor, coach, and facilitator with feeder schools in the events and tournaments through his time. Mikaio worked as part of the school's Finlandia fundraising campaign to help raise funds and awareness for seniors in our community.

Mikaio is a fantastic leader amongst his peers and younger students in our school and he played on the badminton, volleyball, basketball, soccer and track and field teams. He held roles as captain on many of the sporting teams he has been part of. On these teams, he helped shape and build on the legacy of these teams, through his dedication, determination, and leadership. He has been part of, and led, multiple teams to numerous NOSSA and OFSAA events over the last four years. He is someone that the school has often leaned on to help run events and to guide younger students in sports, academics and in building community spirit in the school.

In the last two years, Mikaio has been instrumental in the rebuilding of our women's volleyball program, through his coaching of the senior girls' team. His dedication to these players and the respect he shows his own players, and the opposition is always on full display. He can often be seen working with individual athletes in his own time, helping develop their gameplay. He also has spent time aiding the development and enjoyment of our ISP students, helping guide them with their beach volleyball tournaments over his time at Lasalle. Mikaio is a wonderful leader and has worked tirelessly for the school, himself, and his peers. Congratulations!



## ZACHARY SIKKA

Nominated by: Catherine Ferry

Zachary is a grade 12 student at St. Paul Catholic High School in Ottawa.

Zachary's solid work ethic and commitment to the team has stood out since cross country in grade nine. He came to every

practice eager to take on the workout with a positive attitude and he leads by example. At school, he also participated in track and field, soccer, tennis, badminton and ultimate.

In 2019, Zachary qualified for EOFSAA in the 3000m and competed at OFSAA in cross country. During the pandemic, Zach used his newfound free time to substantially increase his training intensity. When sports returned to school in 2021, Zachary was running faster than ever. He qualified for OFSAA in cross country but, unfortunately, at that time, athletes were not allowed to go to any out-of-town competitions.

Zachary is always happy to lead the team in the warmup or help with managing the team during the workout. His teammates respect him and respond well to his guidance. As the co-president at school, he has worked tirelessly to implement school wide initiatives to build spirit and fun. Despite some of the limitations of various mandates, he successfully organized fundraisers and spirit weeks. He also created announcements to promote the love of sport through daily Olympic updates with medal presentation videos included. His impact on bringing the school spirit back to life after the tough times of online classes is immeasurable.

Outside of school hours, he is a science tutor, an Ottawa City soccer coach, the founder of the table tennis club and a member of the Ottawa Lions Track and Field club.

Zachary's respect for adults and his peers alike was evident in his everyday interactions in the classroom. He successfully balances all his time between his love of sport and school all while achieving an over 95% average in grade 12. Best of luck in the fall at the University of Ottawa!





## ALEXANDRA ELMSLIE

Nominated by: Cisca Campolongo

Alexandra is a grade 12 student at John F. Ross Collegiate Vocational Institute in Guelph.

Alexandra strongly exemplifies the OFSAA values in and outside of school, on and off the playing field. After years of experience on the ice, she was able to transfer those skills to the field hockey pitch and adapt to the play, all while learning a new game.

Alexandra is a quiet leader on the playing field but excels in leadership opportunities given to her, and often seeks them out or generates her own initiatives to make a difference. She has engaged in many activities in the school to show her leadership as part of student council, DECA and as a sidekick leader. She also has been instrumental to organizations outside of school for MPP Mike Schreiner, Kids Ability, Reading and Running club, or with her own initiatives around mental health for students with intellectual disabilities or fundraising events. Self-directed and motivated, she needs little guidance to get the job done and done well.

Alexandra's commitments are varied and work with a variety of age groups, abilities, and focus. Some are political or environmentally motivated. Others focus on athletes and creating opportunities for play. She has spent a lot of time focusing on mental health, especially for those with developmental delays. She has also found opportunities to work with seniors on knitting projects or offering musical concerts to ward off the feelings of isolation during the pandemic. She is very mindful and intentional in her work and finding projects she is passionate about that will make an impact on others and her surrounding community.

Over the course of her just-completed high school career, she will amass at least 1000 volunteer hours while also participating in two varsity school sports, a hockey team outside of school and participating in many clubs and activities at the school. She is highly respected for this body of work she has devoted her time to while also exemplifying what it means to be a student-athlete with strong academic achievement as well.

Best of luck at the University of Western in the fall!

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### **BROOKE AILEY**

Nominated by: Lee Vaillant

Brooke is a grade 12 student at Superior Collegiate and Vocational Institute in Thunder Bay.

Brooke has led her peers, her teachers, her teammates, and often her coaches within the classroom, during practice and competition. She is friendly, hardworking, encouraging and she leads by example. She uses her influence to create positive change in and out of the classroom. When Brooke joined teams, she brought dozens of teammates with her. Brooke has shown respect for her school, her teammates, her coaches, and volunteers. She actively listens during practice and sporting events, she seeks to understand others, shows empathy for differences, and works to serve others for the good of her community. As a grade 12 student, her commitment to volunteering with Lappe Para-Nordic, as well as the Nordic Canada Gender Equity and Safe-Sport Committee and the Youth Advisory Council with Fast and Female shows her dedication to sharing her passion of sport with everyone. Brooke actively recruits students in all grades to join participation-based teams. She will often choose to

practice with teammates who are less experienced because she can see they need a little more encouragement. She has often been seen lending out her own equipment (bikes, skis, poles, mitts, hats...) to those that do not have access, to ensure others can enjoy different sports.

This year, she was an OFSAA participant at cross country and she was also a cross country skiing (SSSAA) champion. Among numerous activities outside of school, Brooke led a student-based Thunder Bay branch of Fridays for Future - a climate change activism group- and she helped push the Thunder Bay City Council to sign the Cities Race to Zero pledge and the Net-Zero Strategy. Her prowess in nordic skiing led to her winning the Reijo Puiras Legacy Award in April 2019.

Brooke's commitment to a variety of organizations within her school, her city, her province and our country show her diverse range of passions, skills and interests. She would look for ways to reduce barriers for others to join sport, which sometimes included advocating discreetly for teammates or arranging funding or securing equipment for her teammates. Brooke is a very resilient individual. She took a difficult situation, dealing with an eating disorder while being an elite athlete and found an opportunity to heal, to inspire others and to make change, by sharing her personal story with the world.

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## Congratulations 2022 Brian Maxwell Memorial Scholarship Winners

OFSAA and the Brian Maxwell Memorial Scholarship Fund were very pleased to announce the student-athlete recipients for 2022.

These student-athletes with a track and field or cross country pedigree in high school are continuing their post-secondary education at a Canadian college or university. The scholar-athletes display qualities of honesty, integrity, compassion and an unwavering quest to accomplish the best academically and athletically while supporting fellow team members. These were all qualities of Brian Maxwell. Each recipient will receive \$5,000.

The scholarship fund is in memory of Brian Maxwell, a successful distance runner. Brian competed in track and field and cross country and achieved success as an OFSAA champion, and a Canadian junior, juvenile and senior champion. He also won numerous international marathons. In 1980, he was selected to the Canadian Olympic team and later became a successful entrepreneur who, with his wife, Jennifer, co-founded the nutritional supplement PowerBar.

Brian was born with a defective heart valve and in 2004, at only 51 years of age, died of a heart attack.

OFSAA is appreciative for the opportunity to partner with the Brian Maxwell Memorial Scholarship Fund each year to support students continuing their education in Canada.

Please meet the worthy recipients of the 2022 Brian Maxwell Memorial Scholarship:



Hailey Abbott is graduating this year from Collingwood Collegiate and will be heading to the University of Victoria, where she will be taking General Sciences.

Hailey's coaches rave about her leadership and dedication, whether it be in cross country running, track and field, swimming, nordic skiing, or ultimate frisbee. She qualified in both cross country and track and field, with her best result being a fifth-place finish in her novice (Grade 9) year in the 1500m. She also placed seventh in the 3000m that year. In cross country the previous fall, she placed sixth

individually and led her team to a third-place finish. In her grade 10 year, she was 29th individually and helped her school place second in the team standings. She also had podium finishes in nordic skiing at OFSAA. Like many kids, the pandemic and subsequent cancellation of events prevented her from competing during the latter part of her grade 10 year and much of her grade 11 and 12 school year.

Hailey was a member of the Athletic Council at her school, a group that helped oversee and run intramurals. She was also a part of the school Link Crew, which helped with the transition of incoming Grade 9's to high school, as well as a peer tutor. She was on the planning committee for the Relay for Life for their school. Thus far, they have raised over \$55,000 for the cause!

In her community, she has been a swim coach volunteer and a part-time job. She also was a lifeguard and volunteered at a local multi-sport camp and a 'Fit-girl' Camp, where she helped encourage young females, aged 10-14 on the importance of fitness and a healthy body image.

The environment and climate change are causes near and dear to her, having been born on Earth Day. She will continue to be involved in causes like this when she enrolls at university.



Claire Brackenbury, from Kingston Secondary School, has demonstrated great resilience throughout the pandemic. She is a songwriter and one line from one of her songs describes her character: “Every dark cloud has a silver lining- it’s just hard to find some days.” It speaks to her positivity in all aspects of her life. Running, to her, has been that silver-lining.

Claire referenced Brian Maxwell in her application, citing the entrepreneurial spirit that Brian and Jennifer Maxwell had in their development of PowerBar. Claire created a small business, called Heartfelt Cards and donates 15% of the profits to mental health initiatives at the Centre for Addiction and Mental Health (CAMH).

While competing for KSS, she made OFSAA in both cross country and track and field. She qualified in grade 9 and was 26th this past fall in the Senior Girls Division, helping her school capture the OFSAA Gold Medal! Her sole appearance in OFSAA Track and Field was in grade 9 and she was 21st in the 800m.

Claire is heavily involved in school activities, ranging from Equity and Diversity Club, Relay for Life, and Athletic Council to Link Crew to welcome incoming grade 9’s. She also found time to play volleyball, ultimate frisbee, and soccer.

In her community, she volunteered at Rideaucrest LTC as an aide and as a musician, where she organized a concert for three different long-term care home residents. She has also volunteered at numerous youth camps in various capacities.

Claire loves writing songs and poetry, along with felting, which is the business she created. She has written and released a 16-song album, entitled “Silver Lining”, with the goal to find hope among adversity we all encounter on our respective paths of life.

Claire will be attending Queen’s University this fall, where she will be enrolled in Concurrent Education.



Sarah Cullinan of Superior CVI in Thunder Bay will be attending the University of Calgary this fall, where she will be taking Exercise and Health Physiology.

Sarah is a unique athlete. She had third, fifth, and 12th place finishes in her three OFSAA Cross Country Championships she was able to attend. She had first and second place finishes in distance events in her association (NWOSSAA) but did not attend OFSAA Track and Field.

While a very accomplished cross country runner, she is even more impressive as a Nordic Skier. Sarah represented Canada at the World Junior Nordic Ski Championships in Norway this past February, after winning the Canadian Junior title. She has been named to the Canadian National Ski Team Developmental Program where she will be combining her schooling and nordic ski development.

Academically, Sarah is a part of the I.B program at her school. This program is very demanding and requires a great deal of time-management and skill to excel to the expectations it requires. Sarah has demonstrated throughout her academic career that she can meet those expectations and excels both in and out of the classroom.

Her teachers and her coaches cite her leadership and commitment to each and every sport she participates in, whether it be nordic skiing or cross country running.

Around her school, she has been involved in her school graduation committee and the environmental club.

Outside of school, she has sat on MP Patty Hajdu’s Youth Council, meeting with young people and helping them in a variety of ways, from engaging youth in the political process to mental health issues.

We certainly look forward to seeing her compete for Canada in the future!





Dylan Ferri fell in love with running when he entered high school. He has excelled at it ever since, achieving some great results at the OFSAA Championships in both track and field and cross country.

In his very first OFSAA cross country meet in grade 9, he placed 155th. Through this love for running, he worked hard and improved tremendously from that point on. In Track and Field in grade 9, he was fifth in the 1500m and 13th in the 800m. Pre-pandemic, his grade 10 cross country result was 20th. Post pandemic, he was 12th this past season and he capped off a wonderful high school career with two 5th place finishes in the 1500m and 800m, respectively this past June! It should be noted that his coaches had so much faith and trust in him, that they appointed him to coach the distance runners as well!

He even sat on a committee during the pandemic within his school's Board of Education to try and organize a virtual competition for running!

Dylan has been involved in a number of sports during his high school career, including basketball and volleyball. He has played community hockey and been involved in club track and field as well.

Outside of school, Dylan has volunteered at soccer and music camps to provide some variety in his life and give back to others. He is, as he describes, fully committed to running and improving each and every day.

He is attending the University of Guelph this fall, where he will be taking Biomedical Engineering and running for the Gryphons.



Gaetano Pocchi of Neil McNeil HS will be taking his talents to the University of Guelph, where he will be enrolled in Kinesiology and running for the Gryphons.

Gaetano has quite an impressive list of accomplishments at OFSAA on his resume. At the most recently completed OFSAA Track and Field Championship, he was fifth in the 3000m and fifth in the 1500m. At cross country last fall, he placed fourth and helped his school win OFSAA Gold in the team standings. He also was 10th and 11th in grade 10 and grade 9.

His running accomplishments, as impressive as they are, do not solely define him. He distinguished himself around his school and his community through his involvement in a number of other areas.

At school, he was a part of the Athletic and the Leadership Council. The Athletic Council helped run intramurals pre-pandemic and the leadership council was a Board run program looking at ways to encourage students to develop leadership and character.

In his community, he volunteered at a church camp, where he worked with younger people in a variety of tasks. He also has worked at various track and field meets in a variety of capacities to gain experience in all facets of the sport.

He loves cinematography, music, and F1 car racing, to name but a few of his interests outside of running. He has been recognized by his school for his skills in the area of communication technology-video.

Lastly, Gaetano uses Brian Maxwell's legacy as a guiding principle in his life, to be the best he can be to overcome any adversity he may encounter.





Jack Lehto of Assumption Catholic SS in Burlington cites Brian Maxwell as a motivating influence upon his learning more of Brian's legacy. Jack came to love running once he entered high school and, like Brian, he has embraced the opportunity he was given and has worked hard to be the best runner he can be, all the while making life-long friends and growing through this sport.

Jack showed steady improvement in cross country, beginning in grade 9 where he placed 29th at OFSAA. In grade 10, he was 12th

and after the pandemic cancelled grade 11, he was sixth this past OFSAA Championship. In track and field, he capped off a great high school career with a ninth-place finish in the 1500m and sixth place finish in the 3000m this past June.

He is a well-rounded student-athlete, who has participated in a variety of sports and taken part in other activities to help him grow as a person. He joined his school swim team this past year and having never swum competitively before, won his regional title. He also joined the school Model UN team to improve his confidence as a public speaker as well as to learn about different world issues.

Other activities he is most proud of include his volunteer hours. He has over 233 hours of community service in activities with his track and field club, special needs camp counsellor, guide dog program, and as a sailing instructor.

Some of Jack's other interests are in robotics and coding- two very unique skills for the modern world we live in.

Jack will be attending the University of Guelph this fall for Mechanical Engineering and will be vying for a spot on the Gryphons' Cross Country Team.

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## 2021-2022 OFSAA Team Sportsmanship Award Recipients

The Team Sportsmanship Award is given out at each Championship to the team that displays outstanding teamwork, positive attitude and respect for opponents.

Girls' Field Hockey	McKinnon Park SS	CWOSSA
Girls' A Basketball	Amalguin Highlands	GBSSA
Girls' AA Basketball	Lo Ellen Park	NOSSA
Girls' AAA Basketball	Brantford CI	CWOSSA
Boys' A Volleyball	Acton DS	GHAC
Boys' AA Volleyball	Welland Centennial SS	SOSSA
Boys' AAA Volleyball	St. John's College	CWOSSA
Girls' A Soccer	L'Amoreaux CI	TDSSAA
Girls' AA Soccer	Mother Theresa CSS	WOSSAA
Girls' A/AA Rugby	Ursula Franklin Academy	TDSSAA
Girls' AAA Rugby	Kitchener Waterloo C&VS	CWOSSA
Boys' A/AA Rugby	Arnprior DHS	EOSSAA
Boys' A Soccer	Hamilton District Christian	SOSSA
Boys' AA Soccer	Quinte Christian HS	COSSA
Boys' AAA Soccer	St. Brother Andre CHS	YRAA
Girls' AAA Soccer	Brooklin HS	LOSSA
Boys' AAA Rugby	A.B. Lucas SS	WOSSAA
Ultimate	Greenwood College (Spirit Award)	CISAA

## 2021-2022 OFSAA Leadership in School Sport Award Recipients

The OFSAA Leadership in School Sport Award is presented at each OFSAA Championship to a teacher-coach who has made a significant contribution to their educational athletic program. The recipient exemplifies the values of fair-play and sportsmanship, while promoting enjoyment, personal growth, and educational achievement through school sport.

Girls' AA Basketball	Colin McLeod
Cross Country	Ashley Masterson Steve Patterson
Boys' A Volleyball	Karen Davis
Boys' AA Volleyball	Greg Richardson
Boys' AAA Volleyball	David Loken
Girls' A Soccer	Grant Chudyk
Girls' AA Soccer	Denny DeOliveira
Girls' A/AA Rugby	Shawn Carmichael
Girls' AAA Rugby	Jennifer Armatage
Boys' A/AA Rugby	Drew Quemby
Badminton	Paul Evans
Boys' Baseball	Taylor James
Boys' A Soccer	Brad Heidbuurt
Boys' AA Soccer	Darryl Striukas
Boys' AAA Soccer	Keith Heard
Boys' AAA Rugby	George Grabowski
Tennis	Paul Bedard
Track & Field	Fraser Bertram Jenna Bell

# 2022-2023 OFSAA CHAMPIONSHIPS

## Girls' Golf (GHAC)

Oct. 12-13, 2022, Hamilton  
Ashleigh Ovcjak, St. Mary CSS  
905-528-0214  
ovcjaka@hwcdsb.ca

**Entry Deadline: Oct. 6, 2022**

## Boys' Golf (WOSSAA)

Oct. 12-13, 2022, London  
Ryan Matches, Medway HS  
519-660-8418  
r.matches@tvdsb.ca

**Entry Deadline: Oct. 6, 2022**

## Girls' Field Hockey (SOSSA)

Nov. 3-5, 2022, Hamilton  
Kristina Alderdice, Saltfleet DHS  
905-383-3377  
kalderdi@hwdsb.on.ca

**Entry Deadline: Oct. 29, 2022**

## Cross Country (LOSSA)

Nov. 5, 2022, Oshawa  
Rob Grepe, R.S. McLaughlin CVI  
905-728-9407  
robert.grepe@dssb.ca

**Entry Deadline: Nov. 1, 2022**

## Boys' A Volleyball (NOSSA)

Nov. 24-26, 2022, Sudbury  
Marc Savage, Ésc Macdonald-Cartier /  
Patrick Gervais, Ésc l'Horizon  
705-566-7660  
marc.savage@cspgno.ca /  
patrick.gervais@nouvelon.ca

**Entry Deadline: Nov. 19, 2022**

## Boys' AA Volleyball (GBSSA)

Nov. 24-26, 2022, Huntsville  
Ross Clarke, Huntsville HS  
705-789-5594  
ross.clarke@tldsb.on.ca

**Entry Deadline: Nov. 19, 2022**

## Boys' AAA Volleyball (EOSSAA)

Nov. 24-26, 2022, Kingston  
Ben Plazzotta, Holy Cross CHS  
613-384-1919  
plazbenj@alcdsb.on.ca

**Entry Deadline: Nov. 19, 2022**

## Girls' A Basketball (CWOSSA)

Nov. 24-26, 2022, Walkerton  
Dan Rourke, Walkerton District Community School  
519-881-1780  
dan\_rourke@bwdsb.on.ca

**Entry Deadline: Nov. 19, 2022**

## Girls' AA Basketball (WOSSAA)

Nov. 24-26, 2022, Stratford  
Steve Goforth, St. Michael CSS  
519-271-0890  
sgoforth@hpcdsb.ca

**Entry Deadline: Nov. 19, 2022**

## Girls' AAA Basketball (SWOSSAA)

Nov. 24-26, 2022, Windsor  
Bob Loebach, St. Anne CHS  
519-727-8908  
robert\_loebach@wecdsb.on.ca

**Entry Deadline: Nov. 19, 2022**

## Football Bowls (CWOSSA)

Nov. 28-30, 2022, Guelph  
Johnny Forte, Cameron Heights CI  
519-578-8330  
johnny\_forte@wrdsb.ca

**Entry Deadline: Nov. 22, 2022**

## Nordic Skiing (CISAA)

Feb. 23-24, 2023, Lakefield  
Adam Ross, Lakefield College School  
705-652-3324  
aross@lcs.on.ca

**Entry Deadline: Feb. 18, 2023**

## Alpine Skiing (CISAA)

Feb. 27-28, 2023, Collingwood  
Jane Audet, Bishop Strachan School  
647-330-8622  
janecaudet@gmail.com

**Entry Deadline: Feb. 21, 2023**

## Snowboarding (YRAA)

March 1, 2023, Devil's Glen Ski Club  
Adrienne Chong, Markville SS  
905-940-8840  
adrienne.chong@yrdsb.ca

**Entry Deadline: Feb. 23, 2023**

## Swimming (SWOSSAA)

Feb. 28-Mar. 1, 2023, Windsor  
Danielle Parent, Ésc E.J. Lajeunesse  
519-972-0071  
paredani@cscprovidence.ca

**Entry Deadline: Feb. 22, 2023**

## Wrestling (NCSSAA)

March 7-8, 2023, Ottawa  
Guy MacDougall/Jason Kirby, Cairine Wilson SS  
613-824-4411  
mailto:jason.kirby@ocdsb.ca /  
guy.macdougall@ocdsb.ca

**Entry Deadline: Mar. 1, 2023**

## Boys' A Basketball (NEOAA)

March 6-8, 2023, Timmins  
Peter Graham, Timmins High & VS  
705-360-1411  
peter.graham@dsb1.ca

**Entry Deadline: Feb. 28, 2023**

## Boys' AA Basketball (SWOSSAA)

March 6-8, 2023, Windsor  
Frank Graziano, Belle River DHS  
519-728-1212  
frank.graziano@publicboard.ca

**Entry Deadline: Feb. 28, 2023**

## Boys' AAA Basketball (SWOSSAA)

March 6-8, 2023, Sarnia  
Chris Jones, Northern Collegiate I & VS  
519-542-5545  
christopher.jones@lkdsb.net

**Entry Deadline: Feb. 28, 2023**

## Girls' A/AA/AAA Volleyball (WOSSAA)

March 6-8, 2023, London  
Mike Darling, Oakridge SS  
519-872-7196  
m.darling@tvdsb.ca

**Entry Deadline: Feb. 28, 2023**

## Girls' A/AA Hockey (WOSSAA)

March 22-24, 2023, Stratford  
Susan Dunn/Mark Flanagan, St. Michael CSS  
519-271-0890  
mflanagan@hpcdsb.ca

**Entry Deadline: Mar. 9, 2023**

## Girls' & Boys' AAA Hockey (SWOSSAA)

March 22-24, 2023, Windsor  
Steve Burke, St. Anne CHS  
519-727-8908  
steve\_burke@wecdsb.on.ca

**Entry Deadline: Mar. 9, 2023**

## Boys' A/AA Hockey (SOSSA)

March 22-24, 2023, St. Catharines  
Billy McLaren, Denis Morris CSS  
905-684-8731  
william.mclaren@ncdsb.com

**Entry Deadline: Mar. 9, 2023**

## Girls' & Boys' Curling (NOSSA)

March 22-25, 2023, North Bay  
Dan Coutu, West Ferris I&SS  
705-475-2333  
daniel.coutu@nearnorthschools.ca

**Entry Deadline: Mar. 9, 2023**

FOR COMPLETE CHAMPIONSHIP



# ONSHIP/FESTIVAL CALENDAR

## **Badminton (CISAA)**

May 11-13, 2023, Port Hope  
Tim White, Trinity College School  
905-885-3217  
twhite@cisontario.ca

**Entry Deadline: May 6, 2023**

## **Ultimate (GHAC)**

May 24-25, 2023, Burlington  
Krista Reid / Kevin Schuster, M.M. Robinson HS  
905-335-5588  
reidkr@hdsb.ca

**Entry Deadline: May 18, 2023**

## **Tennis (TDSSAA)**

June 5-7, 2023, Toronto  
Larry Laughlin, Marc Garneau CI  
416-396-2414  
larry.laughlin@tdsb.on.ca

**Entry Deadline: May 30, 2023**

## **Boys' A/AA Lacrosse (COSSA)**

June 5-6, 2023, Peterborough  
Geoff McKinley, Holy Cross CSS/  
Jeff Ralph, Thomas A. Stewart SS  
705-748-6664  
gmckinley@pvnccdsb.on.ca /  
jeff\_ralph@kprdsb.ca

**Entry Deadline: May 30, 2023**

## **Boys' AAA Lacrosse (COSSA)**

June 7-8, 2023, Peterborough  
Geoff McKinley/ Jeff Ralph, Holy Cross CSS /  
Thomas A. Stewart SS  
705-748-6664  
gmckinley@pvnccdsb.on.ca / jeff\_ralph@  
kprdsb.ca

**Entry Deadline: June 1, 2023**

## **Girls' A/AA Rugby (COSSA)**

June 5-7, 2023, Belleville  
Pete Hercus, Centennial SS  
613-962-9233  
phercus@hpedsb.on.ca

**Entry Deadline: May 30, 2023**

## **Boys' A/AA Rugby (COSSA)**

June 8-10, 2023, Belleville  
Pete Hercus, Centennial SS  
613-962-9233  
phercus@hpedsb.on.ca

**Entry Deadline: June 3, 2023**

## **Girls' AAA Rugby (ROPSSAA)**

June 5-7, 2023, Bolton  
Mark McLenaghan, Humberview SS /  
David Wiwchar, Mayfield SS  
905-857-0771  
david.wiwchar@peelsb.com

**Entry Deadline: May 30, 2023**

## **Boys' AAA Rugby (WOSSAA)**

June 8-10, 2023, Arva  
Ryan Kimmerly, Medway HS  
519-660-8418  
r.kimmerly@tvdsb.ca

**Entry Deadline: June 3, 2023**

## **Girls' & Boys' A Soccer (WOSSAA)**

June 8-10, 2023, London  
Cam Hagle, Holy Cross CSS  
519-660-2798  
chagle@ldcsb.ca

**Entry Deadline: June 3, 2023**

## **Girls' AA Soccer (COSSA)**

June 8-10, 2023, Cobourg  
Ian Kendrick, St. Mary CSS  
905-373-4529  
ikendrick@pvnccdsb.on.ca

**Entry Deadline: June 3, 2023**

## **Girls' AAA Soccer (SOSSA)**

June 8-10, 2023, Grimsby  
Joe Pagnotta, Blessed Trinity CSS  
905-945-6706  
joseph.pagnotta@ncdsb.com

**Entry Deadline: June 3, 2023**

## **Boys' AA Soccer (GBSSA)**

June 8-10, 2023, Bradford  
Denny deOliveira, Holy Trinity CHS  
705-775-4841  
ddeoliveira@smcdsb.on.ca

**Entry Deadline: June 3, 2023**

## **Boys' AAA Soccer (SWOSSAA)**

June 8-10, 2023, Windsor  
Fabio Muscedere, Holy Names CHS  
519-966-2504  
fabio\_muscedere@wecdsb.on.ca

**Entry Deadline: June 3, 2023**

## **Track & Field (NCSSAA)**

June 8-10, 2023, Ottawa  
Sebastian Lalonde/Kirk Dillabaugh, Glebe CI/  
Esp Louis-Riel  
chris.reid@tdsb.on.ca / fbertram@  
crescentschool.org

**Entry Deadline: June 3, 2023**

## **Baseball East Regional (TDCAA)**

June 7-8, 2023, Toronto  
Paul Rebelo, Bishop Allen Academy  
416-393-5549  
paul.rebelo@sympatico.ca

**Entry Deadline: June 1, 2023**

## **Baseball West Regional (SWOSSAA)**

June 7-8, 2023, Windsor  
Steve Burke, St. Anne CHS  
519-727-8908  
sburke066@gmail.com

**Entry Deadline: June 1, 2023**

## **Girls' Slo-Pitch (WOSSAA)**

June 12-13, 2023, London  
Viviane Rouleau, ESC Notre Dame  
226-777-1956  
roulvivi@cscprovidence.ca

**Entry Deadline: June 6, 2023**

## **Baseball Final (OFSAA)**

June 14, 2023, London  
Brian Poste, OFSAA  
brianposte@ofsaa.on.ca

# OFSAA Boys' A/AA Lacrosse Festival

Owen Sound May 30-31, 2022



Holy Trinity Secondary School (LOSSA) won the gold medal at the 2022 Boys' A/AA Lacrosse Festival, defeating Governor Simcoe Secondary School (SOSSA) 11-9 in a close final game. In the bronze medal game, McKinnon Park Secondary School (SOSSA) took down Holy Cross Catholic Secondary School (COSSA) 12-4.

Colby Flowers, Lucas Littlejohn, Nathan Mccurdie, Cooper McPhee, Ben Pickell, Moises Rampersad, Carter Saxena, Brody Strong, Brandon Sullivan, Owen Taylor, Maxwell Taylor, Trent Taylor, Jacob Therrien, Ryan Travis, and coaches Jennifer Koppens, Claudine Dowdell, and Jamie Taylor.

The festival was hosted in beautiful Owen Sound by St. Mary's High School (CWOSSA). Our thanks and appreciation go to convenors Darryl Ward and Adam Jones and their host committee, who did an outstanding job preparing for the event. They were forced to make adjustments to the competition, as hot temperatures on day two required changes to the duration of some games for the safety of the athletes.

A certain feel of excitement could be felt as the student-athletes and coaches returned to some normal activity after being sidelined for two years by the pandemic.

Congratulations to Holy Trinity team members: Ethan Baker, Ryan Brown, Shaydon Cannon, Matt Creamer, Ryan Crooks,

### PARTICIPATING TEAMS (12)

Holy Cross CSS	COSSA
St. James CHS	CWOSSA
St. Mary's HS	CWOSSA
Bracebridge and Muskoka Lakes SS	GBSSA
Huntsville HS	GBSSA
Patrick Fogarty SS	GBSSA
Holy Trinity SS	LOSSA
Governor Simcoe SS	SOSSA
McKinnon Park SS	SOSSA
Keswick HS	YRAA
King's Christian Collegiate	GHAC
St. Mark CHS	NCSSAA

### SEMI-FINALS

Holy Trinity def. Holy Cross	12-10
Governor Simcoe def. McKinnon Park	13-11

### BRONZE MEDAL GAME

McKinnon Park def. Holy Cross	12-4
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### GOLD MEDAL GAME

Holy Trinity def. Governor Simcoe	11-9
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# OFSAA Boys' AAA Lacrosse Festival

Mississauga  
May 30-31, 2022



The 2022 OFSAA Boys' AAA Lacrosse Festival took place in Mississauga. Andrew Nahirniak from St. Martin CSS (ROPSSAA) and Laura McGill, athletic coordinator (ROPSSAA), ensured that this year's event would not be cancelled by volunteering to host when no other school came forward. Participants

were treated to a great venue at Iceland Arena and Sports Parks where both turf fields were available. This year's competition

was intense, and one team went home with the gold medal. Congratulations to Humberside Collegiate Institute who defeated St. Peter Catholic Secondary School in the final 11 to 4. In the bronze medal game, Brooklin High School (LOSSA) defeated Holy Trinity Catholic Secondary School (GHAC) by a score of 8-3.

OFSAA would like to thank Gatorade Canada for providing product and displays at this year's championship.

Congratulations to the student-athletes; Gavin Bhattacharya, Evan Borenstein, William Evans, Owan Forna, Adrian Fucilli, Atticus Hillier, Owen Hobbs, Dimitri Karvounis, William Lewis, Angus MacDonell, Gabriel Martin, Ben McIsaac, Adrian Ng, Bradley Noble, Bryden Pitt, Patrick Richardson, Joseph Suhay, Finn Wotton and coaches Casey Zaph and Max Dias Sorby.

## PARTICIPATING TEAMS (12)

- |                                 |         |
|---------------------------------|---------|
| St Peter CSS                    | COSSA   |
| Centre Wellington District HS   | CWOSSA  |
| Holy Trinity CSS                | GHAC    |
| Brooklin HS                     | LOSSA   |
| St Stephen CSS                  | LOSSA   |
| Sacred Heart HS                 | NCSSAA  |
| Port Credit SS                  | ROPSSAA |
| St Martin Catholic SS           | ROPSSAA |
| Notre Dame College              | SOSSA   |
| Neil McNeil Catholic HS         | TDCAA   |
| Humberside Collegiate Institute | TDSSAA  |
| Bill Crothers SS                | YRAA    |

### SEMI-FINALS

- |                             |           |
|-----------------------------|-----------|
| Humberside def. Brooklin    | 10-5      |
| St. Peter def. Holy Trinity | 10-9 (OT) |

### BRONZE MEDAL GAME

- |                            |     |
|----------------------------|-----|
| Brooklin def. Holy Trinity | 8-3 |
|----------------------------|-----|

### GOLD MEDAL GAME

- |                           |      |
|---------------------------|------|
| Humberside def. St. Peter | 11-4 |
|---------------------------|------|

# OFSAA Ultimate Festival

Toronto

May 26-27, 2022



The 2022 OFSAA Ultimate Festival took place in Toronto. Hosted by Havergal College (CISAA) and led by first time convenor Carla Di Filippo, participants were treated to a well-organized and fun event. Using the facilities at Downsview Park proved to be a great venue, featuring all fields in one location. This year's field was deep, and it is obvious that the

development of ultimate is taking place within high schools in the province. This year one team stood above all others. Three seed Adam Scott Collegiate & Vocational Institute (COSSA) defeated #5 seeded Sir Winston Churchill Secondary School (SOSSA) in the final game 14-8 to claim the second ultimate gold medal in OFSAA history.

Congratulations to the student-athletes; Ava Jonston, Austyn McKay, Natasha Swales, Maren Faulkner, Morgan Fawcett, Olivia Wells, Victoria Palmer, Ben Stabler, Caden Imeson, Daren Watts, Ian Nukkala, Kohl Millitz, Maddux Rose, Mitchell Fortin, Parker Miller, Rowan Mowry, Sam Miske, Carson Burns, Solomon Kightley, Darcy Cheung, Gabby Charles, Julia Fraser, Katie Miske, Opal Brannan and coaches; Glen MacVichie, Mark Mann, Sam

Redhead and Jacqueline Renaud.

The Team Spirit Banner was awarded to the well deserving Greenwood College School (CISAA) who demonstrated great sportsmanship and the true spirit of ultimate throughout the tournament.

OFSAA would like to thank Gatorade Canada for providing product and displays at this year's championship.



### PARTICIPATING TEAMS (16)

Adam Scott C&VI	COSSA
Winston Churchill SS	SOSSA
Etobicoke CI	TDSSAA
Bowmanville HS	LOSSA
St. Ignatius of Loyola SS	GHAC
Chaminade College & Madonna HS (combined)	TDCAA
Havergal College & Crescent School (combined)	CISAA
Castlebrooke SS	ROPSSAA
Ajax HS	LOSSA
Greenwood College	CISAA
St. Joan of Arc SS	GBSSA
Humberview SS	ROPSSAA
Woodland Christian HS	CWOSSA
Ingersoll DCI	WOSSAA
Sandwich SS	SWOSSAA
Kingston SS	EOSSAA

### QUARTER-FINALS

Bowmanville def. HaverCrest	13-7
Sir Winston Churchill def. St. Ignatius of Loyola	13-7
Etobicoke def. Chamadonna	12-5
Adam Scott def. Kingston	14-5

### SEMI-FINALS

Sir Winston Churchill def. Bowmanville	8-6
Adam Scott def. Etobicoke	11-8

### CONSOLATION FINAL

Castlebrooke def. Ajax	13-12
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### BRONZE MEDAL GAME

Etobicoke def. Bowmanville	11-8
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### GOLD MEDAL GAME

Adam Scott def. Sir Winston Churchill	14-8
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# OFSAA Badminton Championship

## Pain Court

May 5-7, 2022



OFSAA Badminton returned to Pain Court in 2022. Experienced convenor Mike Shinkelshoek from École secondaire catholique de Paincourt (SWOSSAA) welcomed over 400 participants with professionalism. Participants arrived at this year's championship with a renewed enthusiasm as the sport of badminton returned to OFSAA after a two-year absence. Athletes and coaches appreciated the opportunity to compete at a provincial event once again. Using the courts at St. Clair College, Ursuline

College and É.s.c Pain Court proved to be perfect locations and student-athletes provided the spectators with quality court play throughout the tournament.

This year's Leadership in School Sport Award was awarded to Paul Evans (teacher-coach at Ursuline College). Paul has been an integral part of school sport and badminton for many years and continues to volunteer his time developing student-athletes.

Many thanks to this year's organizing committee and special thanks to all volunteers who assisted in providing a memorable event for participants across the province. It was great to be back on the court!

### GIRLS' SINGLES

#### A FLIGHT

1. GRACE WANG
2. SIMONA SILERIS
3. JENNY LIAO
4. SIDNEY WATSON

#### B FLIGHT

1. SAMANTHA LOZON
2. JOELLE GENIER
3. VALERIE KO
4. AGNES CHAN

#### C FLIGHT

1. TAM MAI
2. MIRA SAMRA
3. SAM DARBY
4. ASHLYNN SPENCE

### BOYS' SINGLES

#### A FLIGHT

1. KARAN MUHKI
2. TONG LIU
3. BON NGO
4. HENRY SUN

#### B FLIGHT

1. MICHAEL WANG
2. SAHAL AHMED
3. LEON TANG
4. TY NGUYEN

#### C FLIGHT

1. PETER PHAM
2. ROLLIN HUANG
3. COLE LEJAMBE
4. AIDAN ROBSON

- CWOSSA  
TDCAA  
NCSSAA  
COSSA

- SWOSSAA  
NEOAA  
TDCAA  
TDSSAA

- GHAC  
ROPSSAA  
WOSSAA  
SWOSSAA

- ROPSSAA  
CWOSSA  
GBSSA  
YRAA

- CISAA  
TDSSAA  
SWOSSAA  
WOSSAA

- WOSSAA  
TDSSAA  
NOSSA  
COSSA

### GIRLS' DOUBLES

#### A FLIGHT

1. KATIE LEELA FONG/DANI ROTH
2. KATE DONG/ZOE NG
3. SELENE LIU/MAX YIN
4. BROOKE YANG/HOLLY HUNT

#### B FLIGHT

1. KRISTEN LIU/CHERYL WANG
2. EMMA ZHANG/ALISA WANG
3. MITRA THURAISINGAM/VENUGA KARIHARAN
4. HAZEL HUANG/MINT YOTHA

#### C FLIGHT

1. ELISE STAMMLER/ANNIKA MASTRONARDI
2. VICTORIA CHARBONNEAU/  
GABBIE DUFRESNE-NAPPERT
3. SYDNEY ING/ MADISON ING
4. OLIVIA CORRAZA/NATALIE CORRAZA

### BOYS' DOUBLES

#### A FLIGHT

1. SEAN HUANG/BRIAN KIM
2. WAYNE WU/DANIEL PAN
3. RYAN O'DONNELL/EIGEN CONEJOS
4. DEREK WANG/KURT ZHOU

#### B FLIGHT

1. SUNGIN HONG/EUNJA LEE
2. SAM SUI/WINDSO SOO
3. TIMOTHY LIU/JAY REN
4. MATTHEW MARSH/TY TURCOTTE

#### C FLIGHT

1. NAY SAY EH/HAZEEM NASIR
2. SEBASTIEN MORENO/NICO MORENO
3. MORGAN GILLAN/WINSTON YOUNG
4. DAVID HE/BRAYDEN CHEN CARUSON

- NCSSAA  
YRAA  
GHAC  
GHAC

- YRAA  
CISAA  
TDSSAA  
GHAC

- SWOSSAA  
NOSSA  
SWOSSAA  
SWOSSAA

- YRAA  
CWOSSA  
NOSSA  
EOSSAA

- WOSSAA  
CISAA  
CWOSSA  
NOSSA

- SWOSSAA  
SWOSSAA  
GBSSA  
GHAC

### MIXED DOUBLES

#### A FLIGHT

1. OLIVIA WANG/CHENEY WANG
2. AMANDA LEE/JIMMY LIU
3. SARAH CHANG/ETHAN CHEUNG
4. JOSEPHINE FU/CHAD LIN

#### B FLIGHT

1. JESSI ZHOU/ROBERT XING
2. SILAS HODGE/KRISTY LAM
3. JACOB BEAUCHAMP/KYANNA KANNA
4. SIMONE THÉRIAULT/BORIS LAZENDIC

#### C FLIGHT

1. MEGAN BARKER/JEFFREY DOMMASCH
2. JACOB HOEKSTRA/CONNOR WIERSMA
3. JANO BARBE/LYIENNE VALDEZ
4. KAYLEE CLARK/COLIN MAYHEW

- ROPSSAA  
TDSSAA  
TDSSAA  
TDSSAA

- CWOSSA  
CISAA  
NCSSAA  
SWOSSAA

- SOSSA  
SOSSA  
TDCAA  
EOSSAA

# OFSAA Boys' Baseball Championship

Toronto and Windsor  
London

June 1-2, 2022  
June 8, 2022



Dodging thunderstorms in both Toronto and Windsor on the first day, OFSAA was fortunate to have two veteran convenors - Paul Rebelo from Bishop Allen and Steve Burke from St. Annes- to make some schedule modifications that allowed all the games on that day to be completed.

In spite of the weather, the real story was the great calibre of baseball that was played in both the east and west regionals. The top two seeds Villanova (SWOSSAA) and A.N. Myer Secondary School (SOSSA) represented the west. Number one seed Maxwell Heights (LOSSA) and dark horse number 5 seed Father Redmond represented the east in the semi-finals in London. In the semi-

finals, Maxwell Heights scored a run in the bottom of the seventh to walk off A.N. Myer while Redmond continued their upsetting ways defeating Villanova 5-1. Villanova defeated A.N. Myer 5-0 in the bronze medal game. Despite a 6-4 lead at one point in the gold medal game, Redmond could not hold on and lost to 8-6 to Maxwell Heights and captured the 2022 OFSAA gold medals.

Congratulations to Maxwell Heights players: Evan Baker, Mark Baxter, Frankee Best, Ben Goodwin, Joshua Graham, Evan Gunn, Nolan Hartley, Seth Ibbotson, Nathan Kaczmarek, Brennan Labrecque, Jalal Latif, Nathan Marshall, Ethan McIlwaine, Jonah Miranda, Raine Nadeau, Michael Quick, Zachary Rivers, Sebastian Salaces Rinconi, Ethan Service, Ryan Stec, Luke Torrance, and Preston Vieira. Thank you to coaches Ryan Johnston, Tom Clark, Josh French, Connor May and Jamie May.

The Leadership in School Sports award was presented to Taylor Jones from Clarke Secondary School in London by outgoing OFSAA Executive Director Doug Gellatly. Taylor was the WOSSAA Baseball Convenor. For the past number of years, he has organized the OFSAA Finals for Baseball in London by arranging for the ball parks and providing the minor officials in London. Thank you for your leadership, Taylor!

OFSAA salutes outgoing umpire in chief Allan Goldenberg for his great contribution to high school baseball for more than 20 years and thank you to the Toronto Blue Jays for their support of OFSAA Baseball.

## PARTICIPATING TEAMS - WEST REGIONAL (9)

St Charles College	NOSSA
Mitchell D.H.S.	WOSSAA
St Thomas of Villanova S.S.	SWOSSAA
Kincardine D.S.S.	CWOSSA
Nelson H.S.	GHAC
A.N. Myer S.S.	SOSSA
St Michael's College School	CISAA
St. Anne's S.S.	SWOSSAA
St. Aloysius Gonzaga C.S.S.	ROPSSAA

## PARTICIPATING TEAMS - EAST REGIONAL (9)

Richview C.I.	TDSSAA
St. Michael's C.H.S.	EOSSAA
Eastside S.S.	COSSA
St. Maximilian Kolbe C.H.S.	YRAA
Neil McNeil H.S.	TDCAA
Father John Redmond C.S.S.	TDCAA
Bradford D.H.S.	GBSSA
Maxwell Heights S.S.	LOSSA
St. Joseph H.S.	NCSSAA

### SEMI-FINALS

Maxwell Heights def. A.N. Myer	2-1
Father Redmond def. Villanova	5-1

### BRONZE MEDAL GAME

Villanova def. A.N. Myer	5-0
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### GOLD MEDAL GAME

Maxwell Heights def. Father Redmond	8-6
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# OFSAA Boys' A/AA Rugby Championship

Cobourg June 2 - 4, 2022



The 2022 OFSAA Boys' A/AA Rugby Championships were hosted by St. Mary Secondary School (COSSA). Co-convenors, Greg Conway and Shawn Carmichael, took on both the Boys' and Girls' A/AA Championships this spring. Thank you to both convenors and their team of volunteers for providing student-athletes and coaches with lasting school sport memories!

The Boys' A/AA championship had an extremely strong field of teams and the gold medal match saw the #1 seed Adam Scott CVI (COSSA) and the #3 seed Crescent School (CISAA) go up against each other. It was a tight game throughout, but in the end, Adam Scott emerged with the 7-5 victory!

Congratulations to Adam Scott CVI (COSSA) players and coaches on their well-deserved Boys' A/AA Rugby Championship victory: Caleb Bartosh, TJ Brinklow, Alex Bubyn, Cameron Bubyn, Noah Collier, Henry Griffin, Ethan Hinshelwood, Luke Howard,

Alexander Hunter, Jordan Keizs, Blake Lickfold, Tyler Little, Connor Lucas, Simon McCully, Jayden Merriam, Jack Moore, Nate Qatway, Michael Peters, Isaac Plurnbe, Evan Pulchinski, DJ Rose, Reese Rossignol, Matthew Simpson, Benjamin Swindells, Ian Thomas, Jasper Valliant-Fraser, Ashton Wright and coaches David McClay, Jason Cogley, Sandy Keay, Brett Middleton and Darrell Wright.

The Team Sportsmanship Award was given to Arnprior District High School (EOSSAA) in the Boys' A/AA event. Their team demonstrated class and respect for their opponents, the game and the officials.

Drew Quemby from St. Mary SS (COSSA) was the OFSAA Leadership in School Sport Award recipient at the 2022 Boys' A/AA Rugby Championship. Drew has been coaching for 22 years and is actively involved in the school sport program. His knowledge and abilities are reflected in their team's sportsmanship and overall play. Thank you Drew for your years of dedication to school sport.

Congratulations to all of the athletes and coaches!

### PARTICIPATING TEAMS (12)

Adam Scott C & VI	COSSA
Trinity College School	CISAA
Port Perry H.S.	LOSSA
St. Mary C.S.S.	COSSA
F.E. Madill S.S.	WOSSAA
Streetsville S.S.	ROPSSAA
Crescent School	CISAA
Holy Trinity C.H.S.	CWOSSA
Holy Cross C.S.S.	COSSA
Henry Street H.S.	LOSSA
Cairine Wilson S.S.	NCSSAA
Arnprior D.H.S.	EOSSAA

### SEMI-FINALS

Adam Scott def. Cairine Wilson	14-7
Crescent def. St. Mary	17-7

### CONSOLATION FINAL

Holy Cross def. Trinity College	21-5
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### BRONZE MEDAL GAME

Cairine Wilson def. St. Mary	17-0
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### GOLD MEDAL GAME

Adam Scott def. Crescent	7-5
--------------------------	-----



# OFSAA Boys' AAA Rugby Championships

Arva

June 2-4, 2022

FUELLED BY



The efforts of Ryan Kimmerly from Medway HS (WOSSAA) resulted in a memorable experience for students and coaches who qualified for the 2022 Boys' AAA Rugby Championship. With the help of many volunteers and sponsors, the event was filled with support and schools were treated to an unforgettable experience.

Congratulations to the student-athletes; Christian Basen, Nicolai Basen, Duncan Biggar, Brendan Black, Oscar Boggs, Samuel Boulanger, Thomas Bremermann, Sebastian Brickett, Evan Burnham, Scott Cestnik, Daniel Foote, Spencer Hayes, Calum Hayes, Declan Helmckay, Daniel Keith, Maxwell Madelay, Harrison McLean, Chase Montague, Nolan Muller, William Saddington, Tomas Serrano, Adam Stander, Thor Surbey, Steven Uvakov, Jasper Van Schie, Zachary Wigie, Patrick Williams, Jonathon Yacula and coaches; Davis Schaffler, Ryan Perera, James Wood.

On the field, the competition was strong as many of the top teams from across the province were in attendance. Congratulations to Oakville Trafalgar High School (GHAC) for taking home OFSAA gold on day three of the championship!

This year's Leadership in School Sport Award was presented to George Grabowski (teacher-coach at H.B. Beal HS). George has volunteered and coached rugby for over 20 years and has helped in the growth of the sport in the London area during that time.

OFSAA would like to thank Gatorade Canada for providing product and displays at this year's championship.

## AAA PARTICIPATING TEAMS (16)

- |                           |         |
|---------------------------|---------|
| Centennial SS             | COSSA   |
| Thomas A. Stewart SS      | COSSA   |
| Brantford CI              | CWOSSA  |
| John F. Ross C&VI         | CWOSSA  |
| Regiopolis Notre Dame CHS | EOSSAA  |
| Collingwood CI            | GBSSA   |
| Iroquois Ridge HS         | GHAC    |
| Oakville Trafalgar HS     | GHAC    |
| Dunbarton HS              | LOSSA   |
| Uxbridge SS               | LOSSA   |
| Glebe CI                  | NCSSAA  |
| Lorne Park SS             | ROPSSAA |
| Saltfleet DHS             | SOSSA   |
| Northern SS               | TDSSAA  |
| A.B. Lucas SS             | WOSSAA  |
| Medway HS                 | WOSSAA  |

### SEMI-FINALS

- |                                  |       |
|----------------------------------|-------|
| Oakville Trafalgar def. Uxbridge | 45-5  |
| Iroquois Ridge def. Dunbarton    | 14-10 |

### CONSOLATION FINAL

- |                                     |       |
|-------------------------------------|-------|
| Thomas A. Stewart def. John F. Ross | 17-12 |
|-------------------------------------|-------|

### BRONZE MEDAL GAME

- |                         |       |
|-------------------------|-------|
| Uxbridge def. Dunbarton | 21-15 |
|-------------------------|-------|

### GOLD MEDAL GAME

- |  |      |
|--|------|
| Oakville Trafalgar def. Iroquois Ridge | 29-0 |
|--|------|



# OFSAA Girls' A/AA Rugby Championship

Cobourg May 30 to June 1, 2022



The 2022 OFSAA Girls' A/AA Rugby Championship was held in Cobourg and it was highly competitive and exciting. Co-convenors Greg Conway and Shawn Carmichael, along with St. Mary Secondary School (COSSA) and their organizing committee, put together a well-run championship and should be congratulated for a

job well done!

Spectators were able to witness some outstanding rugby as the girls' performed at a high level throughout the championship. Holy Cross CSS (COSSA), coming in as the #1 seed, faced the host school and the #2 seed, St. Mary SS in an exciting gold medal match. Holy Cross CSS defeated St. Mary 15-12 in a back and forth, suspenseful match where St. Mary scored a try in the last few seconds of the game. Both teams represented their association well and showed the strength and development of their school's rugby programs.

Congratulations to Holy Cross CSS players and coaches on their well-deserved Girls' A/AA Rugby Championship victory and the program's first OFSAA gold: Jordan Bankes, Emma Belk, Ruby

Briand, Marielle Collins, Grace Conner, Olivia Cote-Wawryszyn, Payton Crough, Chelsea D'Anna, Ella David, Clara Elliot, Shannon Elliot, Olivia Gaebel, Macy Harper, Katie Hattn, Logan Jolley, Aselyn Martin, Kate Maxwell, Mariah Maybee, Audrey McDonald, Sophie McLean, Tori Reynolds, Alara Rourke, Jordyn Scott, Abigail Shepstone, Audrey Stone, Riley Stone, Izabela Sutherland, Kathleen Walksh, Chloe Ward, Kyrsten White, Jenna Whynot and coaches Jake Fowler, Brian Greer and Chris Paige.

The Team Sportsmanship Awards were given to Ursula Franklin Academy (TDSSAA) in the Girls' A/AA championship and Arnprior District High School (EOSSAA) in the Boys' A/AA event. Both teams were class acts throughout their respective championships.

The Girls A/AA Rugby Leadership in School Sport Award was presented to Shawn Carmichael from St. Mary SS. With over 20 years of coaching experience, Shawn is an active member of the school community and has played a large part in developing the girls' rugby program at St. Mary. His knowledge of sport and dedication to school sport and student-athletes is admirable. Congratulations on this well-deserved recognition, Shawn!

Congratulations to all of the athletes and coaches.

### PARTICIPATING TEAMS (12)

La Salle S.S.	EOSSAA
Eastdale C. & V.I.	LOSSA
Centre Dufferin D.H.S.	CWOSSA
Streetsville S.S.	ROPSSAA
St. Mary C.S.S.	COSSA
Thomas A. Blakelock	GHAC
Holy Cross C. S. S.	COSSA
Ursula Franklin Academy	TDSSAA
Grey Highlands S.S.	CWOSSA
Courtice S.S.	LOSSA
F.E. Madill S.S.	WOSSAA
Twin Lakes S.S.	GBSSA

### SEMI-FINALS

Holy Cross def. La Salle	34-0
St. Mary def. Centre Dufferin	5-0

### CONSOLATION FINAL

F.E. Madill def. Grey Highlands	5-0
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### BRONZE MEDAL GAME

Centre Dufferin def. La Salle	10-5
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### GOLD MEDAL GAME

Holy Cross def. St. Mary	15-12
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# OFSAA Girls' AAA Rugby Championships

Kitchener

May 30 – June 1, 2022

FUELLED BY



The Girls' AAA Rugby Championship showcased the growing interest and talent for girls' rugby in Ontario high schools. Convenor Jennifer Armatage and the organizing committee put on an amazing event that provided student-athletes and teacher-coaches with the opportunity to compete again at OFSAA.

Mayfield S.S. (ROPSSAA) and Uxbridge S.S. (LOSSA) advanced to the gold medal match. The final game was an exciting back and forth match that saw Mayfield S.S. take home the championship by a 13-11 score in the final.

Congratulations to Mayfield players and coaches on their well-deserved Girls' AAA Rugby Championship victory: Tess Baird, Theresa-Clare Bamford, Maeve Barnard, Hannah Bell, Isabella Bistritreanu, Josie Bonsu, Eknor Boparai, Adelle Byrski, Brooklyn Corbett, Chloe Creighton, Olivia Dibua, Olivia Duke, Brittany Ennema, Orly Ferris, Jada Fowler, Jade Franklin, Samantha Gordon, Victoria Guile, Ginger Meek, Rosalea

Meek, Sarina Nasello, Ally Noonan, Evelyn Pacheco, Jane Pateron, Charlotte Rees, Kennedy Stevenson, Sofie Turner, Lily VandenHoek, Mia VandenHoek, Linniah Williams and coaches, David Wiwchar, Pamela Ireland, Rhys Manning and John Tutty.

The Team Sportsmanship Award was presented to the host school, Kitchener Waterloo C&VS (CWOSSA) for the Girls' AAA Rugby Championship. At this championship, this award was voted on by the participating teams. This team demonstrated their character as well as OFSAA values on and off the field.

OFSAA would like to thank Gatorade Canada for providing product and displays at this year's championship.

The Girls AAA Rugby Leadership in School Sport Award was presented to the convenor, Jennifer Armatage. Jenn has years of coaching experience and is passionate about rugby and school sport in general. She has played a large role in growing the girls' rugby program at KCI. Her dedication to school sports and student athletes is admirable. Congratulations, Jenn!

Congratulations to all participants

## AAA PARTICIPATING TEAMS (12)

Oakville Trafalgar H.S.	GHAC
Ursuline College	SWOSSAA
Regiopolis-Notre Dame	EOSSAA
Mayfield S.S.	ROPSSAA
Kitchener Waterloo C&VS	CWOSSA
Parkside C.I.	WOSSAA
Brantford Collegiate Institute & VS	CWOSSA
Glebe Collegiate Institute	NCSSAA
Northern S.S.	TDSSAA
Uxbridge S.S.	LOSSA
I.E. Weldon S.S.	COSSA
Blessed Trinity H.S.	SOSSA

### SEMI-FINALS

Uxbridge def. Oakville Trafalgar	34-0
Mayfield def. Glebe	12-0

### CONSOLATION FINAL

I.E. Weldon def. KCI	27-0
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### BRONZE MEDAL GAME

Glebe def. Oakville Trafalgar	19-7
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### GOLD MEDAL GAME

Mayfield def. Uxbridge	13-11
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# OFSAA Boys' A Soccer Championship

Welland June 2-4, 2022



Welland Ontario and the Young's Sportsplex was the host site for the 2022 Boys' A Soccer Championship. Fortunately, Andrew Pols from Heritage Christian School (SOSSA) volunteered to host the event after a previous school had to withdraw. Thank you to all the volunteers from Heritage Christian and Andrew for providing a well-organized and

memorable event for all participants. Teams from 16 areas of the province played great soccer with many close games decided either in extra time or by penalty kicks. This year, École secondaire Gabriel-Dumont (WOSSAA) stood above all others and captured the gold medal- winning the final game in extra time by a score of 2-1. Congratulations to St. John's Kilmarnock (CISAA-Silver), Hamilton District Christian High School (SOSSA-Bronze), and Cardinal Carter Catholic Secondary School (SWOSSAA-Antique Bronze)!

Congratulations to the student-athletes from Gabriel-Dumont: Rian Corrigan, Kendra Couto, Sami Giralton, Owen Harris, Hussam Hayek, Adam Kanj, Yamungu Kayumba, Davis Kouassi, Rebecca Lufongulo, Liam MacDonald, Gerardo Marra, Ditoma Mikotakatola, Malcolm Nur, Manuel Romero, Gabi, Sultenic, Feras Taleb, Ethan Tanton, Peyton Vindasius, Diego Watanabe-Trianto, Cohen White and coaches; Mehdi Ladrouz, Marc Verreault.

This year's Leadership in School Sport Award was presented to Brad Heidbuurt. Brad is a passionate athletic leader from Hamilton District Christian High School (SOSSA) who has volunteered countless hours to developing youth both at the school and in the community. Thank you for your commitment to student-athletes and school sport during your career!

OFSAA would like to thank Gatorade Canada for providing product and displays at this year's championship. Special thank you to OFSAA sponsor, Molten, for providing equipment and financial support for the championship as well.

### PARTICIPATING TEAMS (16)

St. John's Kilmarnock	CISAA
St. Paul SS	COSSA
Delhi District SS	CWOSSA
És L'Heritage	EOSSAA
És Le Sommet	EOSSAA
Ésc Nouvelle-Alliance	GBSSA
Aldershot HS	GHAC
Timiskaming District SS	NEOAA
Confederation SS	NOSSA
St. Paul CSS	ROPSSAA
Hamilton District Christian HS	SOSSA
Heritage District Christian HS	SOSSA
Cardinal Carter Catholic SS	SWOSSAA
Ésc Père-Philippe-Lamarche	TDCAA
Oakwood CI	TDSSAA
És Gabriel- Dumont	WOSSAA

### QUARTER-FINALS

St. John's Kilmarnock def. L'Heritage	4-3 (ET)
Gabriel-Dumont def. St. Paul SS	5-2 (ET)
Hamilton Christian def. St. Paul CSS	4-0
Cardinal Carter def. Confederation	6-5 (PK)

### SEMI-FINALS

St. John's Kilmarnock def. Cardinal Carter	6-2 (ET)
Gabriel-Dumont def. Hamilton Christian	1-0

### BRONZE MEDAL GAME

Hamilton Christian def. Cardinal Carter	2-1 (PK)
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### GOLD MEDAL GAME

Gabriel-Dumont def. St. John's Kilmarnock	2-1 (ET)
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# OFSAA Boys' AA Soccer Championship

## Walkerton

June 2-4, 2022



The 2022 OFSAA Boys' AA Soccer Championship was hosted by Sacred Heart High School (CWOSSA) and led by first time convenor Darryl Striukas. Darryl's attention to detail during the planning stages of this year's event proved to all participants how hard work can provide memories that last a lifetime.

Thank you to all the volunteers for your time and effort and support of this event. With the return of soccer after a two-year absence, all student-athletes were excited to compete on the pitch once again. Holy Cross Catholic High School (YRAA) defeated Mother Teresa Catholic Secondary School (WOSSAA) in the final (1-0) and took home the OFSAA gold medal.

Congratulations to the student-athletes: Adebayo Agunbiade, Ethan Agyare, Brian Alvarez, David Carano, Matthew Carano, Sebastian Ceron, Justin Cicchillo, Mark Cristini, Joey Diclemente, Diego Fini, Marco Frasca, Gianluca Galluccio, Mathew Galvan, Keyon McNabb, Stefano Montemarano, Antony Morano, Alim Noordin, John Paul Riquelme, Farnesco Rizzo, Tristan Saulle and coaches; Arthur D'Sylva, Christien lafrate, Paul Mamiani.

This year, Darryl Striukas from Sacred Heart HS (CWOSSA), received the Leadership in School Sport Award. Thank you, Darryl, for all that you do for student-athletes and school sport and congratulations on leading a successful championship in 2022!

### PARTICIPATING TEAMS (16)

Bishop Macdonell CHS	CWOSSA
St. Paul CHS	SOSSA
Mother Teresa CSS	WOSSAA
St. Joseph-Scollard Hall CSS	NOSSA
Carleton Place HS	EOSSAA
Philopateer Christian College	ROPSSAA
Sacred Heart HS	CWOSSA
Father Henry Carr CSS	TDCAA
Ésp Louis-Riel	NCSSAA
St. Mary CSS	GHAC
Quinte Christian HS	COSSA
Holy Cross CHS	YRAA
Belle River DHS	SWOSSAA
St. Thomas Aquinas SS	GBSSA
Courtice SS	LOSSA
Ursula Franklin Academy	TDSSAA

### QUARTER-FINALS

Holy Cross def. Belle River	9-0
Mother Teresa def. Courtice	2-0
St. Paul def. Sacred Heart	2-0
Louis-Riel def. Father Henry Carr	1-0 (PK)

### SEMI-FINALS

Holy Cross def. Louis-Riel	2-1 (PK)
Mother Teresa def. St. Paul	4-3 (PK)

### BRONZE MEDAL GAME

Louis-Riel def. St. Paul	3-2 (PK)
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### GOLD MEDAL GAME

Holy Cross def. Mother Teresa	1-0
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# OFSAA Boys' and Girls' AAA Soccer Championships

London

June 2-4, 2022



Forty teams arrived in London bringing a fierce competitive spirit for the 2022 OFSAA Girls' and Boys' AAA Soccer Championships. Many thanks go to Patrick Barnett and his organizing committee from A. B. Lucas Secondary School (WOSSAA) for hosting such a well-organized event which required many hours to make this a memorable experience for the teams in two

separate championships. OFSAA appreciates all of the hard work by volunteers for such a large event.

In the boys' competition, following two thrilling semi-final matches that were decided by penalty kicks, Bishop P.F. Reding (GHAC) and

Holy Names CHS (SWOSSAA) advanced to the gold medal match. Bishop P.F. Reding proved to be tough competition and defeated Holy Names CHS 1-0 to win OFSAA gold.

Congratulations to the student-athletes from Bishop P.F. Reding S.S.: Simpson Akhabue, Kayan Alazem, Noah Bickford, Daniel Caiado, Camilo Castro-Espines, Michael Corno, Mihael Soja, Alessandro Gararreta, Zackery Garia, Isaiah Iruoha, Matteo Liguori, Dante Lomangino, Alex Maia, Danny Medeiros, Rocco Oppedisano, Anderson Peetam, Talha Rauf, Yusef Rehman, Tommy Solako, Josip Specic, Cormac Tracey and coaches, Giacomo Luppino, Peter Marino and Konstantinos Zaflirdis.

OFSAA would like to thank Gatorade Canada for providing product and displays at this year's championship. Special thank you to OFSAA sponsor, Molten, for providing equipment and financial support for the championships.

## PARTICIPATING TEAMS (20)

St. Martin Catholic S.S.	ROPSSAA
Michael Power/St. Joseph	TDCAA
St. Michaels's College School	CISAA
St. Mother Teresa H.S.	NCSSAA
Donald A. Wilson S.S.	LOSSA
Holy Names Catholic H.S.	SWOSSAA
Stratford District S.S.	WOSSAA
Holy Cross Catholic S.S.	EOSSAA
St. Ignatius H.S.	NWOSSA
St. Charles College	NOSSA
St. Mary's H.S.	CWOSSA
Sir John A. Macdonald C.I.	TDSSAA
St. Peter Catholic S.S.	COSSA
Bear Creek S.S.	GBSSA
Our Lady of Mount Carmel	ROPSSAA
St. Brother Andre C.H.S.	YRAA
A.B. Lucas S.S.	WOSSAA
St. Anne S.S.	SWOSSAA
Bishop P.F. Reding S.S.	GHAC
A.N. Myer S.S.	SOSSA

## QUARTER-FINALS

St. Martin def. St. Ignatius	3-0
Bishop Reding def. St. Mary's	3-0
Brother Andre def. Mount Carmel	1-0
Holy Names def. Michael Power	1-0

## SEMI-FINALS

Bishop Reding def. St. Martin	2-1 (PK)
Holy Names def. Brother Andre	2-1 (PK)

## BRONZE MEDAL GAME

St. Martin def. Brother Andre	3-1
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## GOLD MEDAL GAME

Bishop Reding def. Holy Names	1-0
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On the girls' side, St. Thomas More CSS (GHAC) faced St. Peter High School (NCSSAA) in an exhilarating back and forth game that was decided in overtime. In the final minutes of the second half of overtime, St. Thomas More CSS scored to go up 1-0 and held on to take home the OFSAA Championship.

Congratulations to the student-athletes from St. Thomas

More CSS: Ayla Bates, Alexa Burgio, Olivia Caruso, Erjona Citaku, Sabrina Cunha, Samantha De Stephanis, Maya Dejeto, Chiara Filice, Ashley Melo, Lorena Morcone, Emilie Nicolas, Mia Paiement, Jenna Parris, Ava Pugliese, Francesca Pugliese, Irelan Scanlon, Mackenzie Scanlon, Janelle Sylvestre, Makenna Williamson, Grace Young and coaches, Giovanni Carboni, Nick Memme and Mario Raso.

### PARTICIPATING TEAMS (20)

Brooklin High School	LOSSA
Blessed Trinity H.S.	SOSSA
Appleby College	CISAA
College Notre-Dame	NOSSA
Bishop Allen Academy	TDCAA
St. Thomas More C.S.S.	GHAC
St. Mary's H.S.	CWOSSA
Cardinal Carter C.H.S.	YRAA
A.B. Lucas S.S.	WOSSAA
East York C.I.	TDSSAA
St. Peter High School	NCSSAA
Bradford District H.S.	GBSSA
Medway H.S.	WOSSAA
St. Peter Catholic S.S.	COSSA
Donald A. Wilson S.S.	LOSSA
Sandwich S.S.	SWOSSAA
St. Patrick H.S.	NWOSSAA
St. Martin Catholic S.S.	ROPSSAA
Holy Trinity S.S.	GHAC
Regiopolis-Notre Dame C.H.S.	EOSSAA

#### QUARTER-FINALS

St. Thomas More def. Bishop Allen	2-0
St. Martin def. Bradford	3-1
St. Peter def. Holy Trinity	2-0
Brooklin def. East York	4-2

#### SEMI-FINALS

St. Thomas More def. St. Martin	3-1
St. Peter def. Brooklin	4-0

#### BRONZE MEDAL GAME

St. Martin def. Brooklin	3-1
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#### GOLD MEDAL GAME

St. Thomas More def. St. Peter	1-0
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Two teams rose above the rest in their display of sportsmanship in securing the OFSAA Team Sportsmanship Award banners. Congratulations to Brooklin High School (LOSSA) for the girls and St. Brother Andre Catholic High School (YRAA) for the boys. Your teams exhibited positive character and sportsmanship and were an example to all of the other schools in attendance.

Congratulations to the OFSAA Leadership in School Sport Award for the Boys' AAA Soccer Championship winner, Keith Heard from A.B. Lucas (WOSSAA). Keith has spent many years coaching hockey, basketball and track and field. He has played a significant role in promoting school sport as a coordinator and convenor throughout the years. Congratulations, Keith!

# OFSAA Girls' A Soccer Championship

## Belle River

June 2-4, 2022



Belle River was the setting for this year's OFSAA Girls' A Soccer Championship. Thank you to convenor, Frank Graziano and his team of volunteers for hosting a quality soccer championship in 2022. Skills and strong teamwork showcased this year's championship as teams overcame an intense OFSAA schedule over the three-day competition.

Full marks to all of the teams who qualified in 2022! Congratulations to players from Lord Dorchester S.S.: Madeine Benjamin, Makenna Brown, Jenna Couch, Courtney Gostis, Leiha Hunt, Darian Linton, Shaelyn Linton, Grace McLean, Bella Nolte, Annika Nolte, Meriem Novak-Hasic, Julia Ritchie, Kayle Smith, Faith Snyders, Mya Steller, Lexi Wylie, Claudia Zavitz, and coach Stephanie Young.

The Leadership in School Sport Award was presented to Grant Chudyk from Belle River District High School (SWOSSA) who has taught for over forty years. The Girls' A Soccer Championship committee members selected Grant as the recipient to acknowledge his leadership roles in coaching student-athletes at his school in badminton, golf, and tennis. Grant is the definition of loyalty in all sport initiatives at BRDHS. He often stays after school hours to not only coach, but support the other teams and student-athletes. Grant is kind, caring, and respectful of all students regardless of their skill level or talents. Congratulations, Grant!

This year, the OFSAA Team Sportsmanship Award was awarded to L'Amoreaux C.I. (TDSSAA) for their great display of sportsmanship both on and off the field.

Following pool play, the four teams competing in the medal rounds came in undefeated. In the end, Lord Dorchester S.S. (WOSSAA) defeated Smithville Christian HS (SOSSA) in an exciting gold medal match.

### PARTICIPATING TEAMS (20)

Glengarry D.H.S.	EOSSAA
Lord Dorchester S.S.	WOSSAA
Nicholson Catholic College	COSSA
Smithville Christian H.S.	SOSSA
Lakefield College School	CISAA
É.S. Père René de Galinée	CWOSSA
Mackenzie Community School	EOSSAA
Toronto District Christian H.S.	YRAA
É.S.C. Saint-Jean-de-Brébeuf	SOSSA
École Secondaire Catholique Sainte-Trinité	GHAC
Our Lady of the Bay C.H.S.	GBSSA
É.S.C. Sainte-Marie	NEOAA
St. Paul C.S.S.	ROPSSAA
É.S.C. E.J. Lajeunesse	SWOSSAA
Emmanuel Christian H.S.	CWOSSA
North Lambton S.S.	SWOSSAA
L'Amoreaux C.I.	TDSSAA
É.S.C. L'Horizon	NOSSA
É.S. Saint-Joseph	NWOSSAA
Almaguin Highlands S.S.	GBSSA

### QUARTER-FINALS

Glengarry def. Sainte-Trinité	3-2
Dorchester def. Lakefield	4-0
Mackenzie def. North Lambton	2-0
Smithville def. Nicholson	3-0

### SEMI-FINALS

Smithville def. Glengarry	3-0
Lord Dorchester def. Mackenzie	3-0

### BRONZE MEDAL GAME

Glengarry def. Mackenzie	3-0
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### GOLD MEDAL GAME

Lord Dorchester def. Smithville	2-1
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# OFSAA Girls' AA Soccer Championship

## Bradford

June 2 - 4, 2022



The weather conditions were perfect and so was the enthusiasm of the organizing committee, student-athletes and teacher-coaches at OFSAA Girls' AA Soccer in 2022. The championship would not have been possible without the hard work and planning, in a short period of time, provided by the Holy Trinity HS (GBSSA) organizing committee, led by co convenors, Denny DeOliveira and Jayme Davis.

The host school (Holy Trinity HS) faced Thomas A. Blakelock (GHAC) in an exciting gold medal game that saw Holy Trinity HS take home the OFSAA championship banner!

All schools should be commended on qualifying for the 2022 championship! Congratulations to the student athletes from Holy Trinity DHS: Ciera Antonio, Mary Argaleus, Victoria Bird, Sommer Cassista, Celina Coquim, Angelica Crispim Freitas, Ava Critelli, Alysia Dantas, Maia Droppo, Arielle Fink, Alegra

Fior, Aliya Gomes, Sophia Hache, Sabrina Lascano, Isabella Mac Isaac, Marisa Mongillo, Ava Palazzo, Rebecca Rogers, Sara Silva, Vanessa Tavalacci, Madeleine Ventura and coaches Denny DeOliveira, Michael Nitti, Sharal Pratt and Andrea Raimundo.

The Leadership in School Sport Award was presented to Denny DeOliveira from Holy Trinity DHS. Denny has made many contributions to school sports and dedicated his time, over the many years, to student-athletes. Congratulations, Denny!

This year, the OFSAA Team Sportsmanship Award was awarded to Mother Theresa C.S.S. (WOSSAA) for their great display of sportsmanship both on and off the field. Once again, a huge thanks to the amazing co-convenors, organizing committee, and student-volunteers for hosting the 2022 OFSAA Girls' AA Soccer Championship!

OFSAA would like to thank Gatorade Canada for providing product and displays at this year's championship. In addition, a special thank you to OFSAA sponsor, Molten, for providing equipment and financial support for the championship.

### PARTICIPATING TEAMS (20)

Crestwood Preparatory College	CISAA
Garneau École secondaire catholique	NCSSAA
Holy Trinity C.H.S.	GBSSA
Holy Trinity C.S.S.	LOSSA
Huntsville H.S.	GBSSA
Korah C & VS	NOSSA
L'Essor École Secondaire Catholique	SWOSSAA
La Salle S.S.	EOSSAA
Lorne Park S.S.	ROPSSAA
Monsignor Paul Dwyer C.H.S.	LOSSA
Monsignor Percy Johnson C.S.S.	TDCAA
Mother Theresa Catholic C.S.S.	WOSSAA
Our Lady Queen of the World Catholic Academy	YRAA
Saint Francis C.S.S.	SOSSA
St. James Catholic H.S.	CWOSSA
St. Mary Catholic S.S.	GHAC
St. Mary Catholic C.S.S.	COSSA
Thomas A. Blakelock H.S.	GHAC
Ursula Franklin Academy	TDSSAA
Welland Centennial S.S.	SOSSA

### QUARTER-FINALS

Mother Theresa def. Garneau	3-1
L'Essor def. Paul Dwyer	2-0
Blakelock def. Our Lady Queen	2-0
Holy Trinity (Bradford) def Holy Trinity (Courtice)	6-3

### SEMI-FINALS

Blakelock def. Mother Theresa	4-0
Holy Trinity def. L'Essor	2-1 (PK)

### BRONZE MEDAL GAME

Mother Theresa def. L'Essor	2-1
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### GOLD MEDAL GAME

Holy Trinity def. Blakelock	2-1
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# OFSAA Tennis Championship

Toronto

May 30 - June 1, 2022



Radin Sadeghi



Katherine Zhang



OFSAA Tennis returned this year after a two-year absence and the Toronto District Secondary School Athletic Association (TDSSAA) hosted the championships at the L'Amoreaux

Tennis Centre, Mayfair East Tennis Club and Tam Heather Tennis Club. Three hundred and seventeen student-athletes competed in ten different divisions this year. Hosting the event once again was Convenor Larry Laughlin, who along with an

outstanding group of teacher-coaches and student volunteers, delivered a high-quality event for the second time. OFSAA would like to thank Larry and his committee for their efforts on behalf of all of the student-athletes and teacher-coaches that were able to enjoy the experience of an OFSAA championship event once again.

Paul Bedard, from St. Andrew's College (CISAA) is this year's recipient of the Leadership in School Sport Award. Paul has had a long and distinguished career at St. Andrew's College and has been involved in the development of tennis in a very significant way at both the school and community levels.

Congratulations Paul, and thank you for your continued dedication to high school sport in Ontario!

**RESULTS:**

**HIGH SCHOOL BOYS' SINGLES**

GOLD	Jonathan Felix	(TDSSAA)	Agincourt CI
SILVER	Lucas Klopchich	(CWOSSA)	Resurrection CSS
BRONZE	Anderson Fraser	(GBSSA)	Holy Trinity CHS
ANTIQU BRONZE	Max Leduc	(NWOSSAA)	Westgate CI

**HIGH SCHOOL GIRLS' SINGLES**

GOLD	Natalya Qirbi	(ROPSSAA)	St. Marcellinus CSS
SILVER	Kristianna Toth	(WOSSAA)	Sir Frederick Banting SS
BRONZE	Polina Kaloferova	(CWOSSA)	Southwood SS
ANTIQU BRONZE	Karisa Xuan	(TDSSAA)	RH King Academy

**HIGH SCHOOL BOYS' DOUBLES**

GOLD	Endika Altuna Alexander Matic	(WOSSAA)	Sir Frederick Banting SS
SILVER	Stelios Soumas Jamie Stevens	(YRAA)	Huron Heights SS
BRONZE	Jonathan Bulla Ryan Richards	(WOSSAA)	St. Thomas Aquinas CSS
ANTIQU BRONZE	Rui Jin Gavin Maule	(NCSSAA)	Ashbury College

**HIGH SCHOOL GIRLS' DOUBLES**

GOLD	Renata Croda Fernandez Mia Ho	(CISAA)	Havergal College
SILVER	Meg Feore Ava McMillan	(WOSSAA)	Stratford DSS
BRONZE	Abigail Bonder Sareh Salehi Toka	(YRAA)	Westmount CI
ANTIQU BRONZE	Kira Gui Renee Xia	(CISAA)	Appleby College

**HIGH SCHOOL MIXED DOUBLES**

GOLD	Drew Kernaghan Ava Choma	(SOSSA)	Notre Dame College
SILVER	Jivitesh Wadhwa Safiyah Ali	(CWOSSA)	Cameron Heights CI
BRONZE	Michael Lyaktun Maxi Bernard	(CISAA)	Appleby College
ANTIQU BRONZE	Keegan Annecca Lauren Kennedy	(GBSSA)	St. Peter's CSS

**OPEN GIRLS' SINGLES**

GOLD	Katherine Zhang	(TDSSAA)	Woburn CI
SILVER	Victoria Herrington	(CWOSSA)	Wellington Heights SS
BRONZE	Aryana Kahnemoui	(SOSSA)	Waterdown SS
ANTIQU BRONZE	Emma Akselrod	(YRAA)	Stephen Lewis SS

**OPEN BOYS' SINGLES**

GOLD	Radin Sadeghi	(YRAA)	Dr. G.W. Williams SS
SILVER	Matthew Overvelde	(CISAA)	Crescent School
BRONZE	Ilya Ziborov	(SOSSA)	ESC Jean Vanier
ANTIQU BRONZE	Alex Zhang		

**OPEN GIRLS' DOUBLES**

GOLD	Elodie Dennison Mia Stoula	(TDSSAA)	Lawrence Park CI
SILVER	Alyssa Boschin Alexa Tortola	(SWOSSAA)	Villanova
BRONZE	Ada Huang Victoria Tang	(YRAA)	St. Robert CHS
ANTIQU BRONZE	Kristen Trinh Lindsey Trinh	(TDSSAA)	William Lyon Mackenzie CI

Continued





**OPEN BOYS' DOUBLES**

GOLD	Stefan Simeunovic Nemanja Stefanovic	(GHAC)	Iroquois Ridge HS
SILVER	Arden D'Annello Christian Mainella	(CISAA)	St. Michael's CS
BRONZE	Dima Kulakov Andrew Li	(CISAA)	Upper Canada College
ANTIQU BRONZE	Alex Sinclair Alex Small	(CISAA)	St. Andrew's College

**OPEN MIXED DOUBLES**

GOLD	Grace Whitley Ben Whitley	(TDSSAA)	Sir John A Macdonald CI
SILVER	Selene Woo Raj Hiutin	(YRAA)	Stephen Lewis SS
BRONZE	Sienna Speirs Jacob Tam	(TDSSAA)	Lawrence Park CI
ANTIQU BRONZE	Agnes Hekler Ayush Malhotra	(CWSSA)	Cameron Heights CI



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# OFSAA Track & Field Championship

Metro Toronto Track and Field Centre, York University

June 2-4, 2022



After a three-year hiatus due to COVID-19, the OFSAA Track and Field Championship returned to prominence with a fantastic meet, held at the Metro Toronto Track and Field Centre at York University.

Under the leadership of Convenors Chris Reid of Lawrence Park and Fraser Bertram of Crescent School, the experienced committee delivered an outstanding meet worthy of the wait.

The competition was fierce, as per usual for an OFSAA Track and Field Championship, but more importantly, seeing the engaged looks on the faces of student-athletes who have been waiting to return to action. The same can be said for their teacher-coaches - this was needed almost as much for them as their athletes.

No track meet of this calibre takes place without having the support of many volunteers. There was no shortage of volunteers to help make this meet a success. The organizing committee is grateful to each and every one of them.

OFSAA would like to thank Nike Canada for its continued support of this event. In particular, Kwame Boampong of Nike - our main liaison for the event.

The Leadership in School Sport recipients were Jenna Bell of Riverdale Collegiate Institute of the TDSSAA and Fraser Bertram of Crescent School of CISAA. Both are worthy recipients for their contributions to the sport over many years.



## OFSAA Track & Field Results 2022

### OFSAA Track and Field Results- Top 3

Full results available at Windsor Timing Website  
( see Link below)

### OFSAA Track and Field - Full Results

<https://www.windsortiming.com/>

LiveResults/2022/OFSAA/index.php?Day=Thursday

#### WOMEN'S INDIVIDUAL EVENTS

##### WOMEN 100 METER DASH NOVICE FINALS

1. Bryana Gaynor	All Saints- Whitby	12.34
2. Ashley Johnson	St. Aloysius Gonzaga-Mississauga	12.48
3. Kayla Gaynor	All Saints- Whitby	12.53

##### WOMEN 200 METER DASH NOVICE

1. Shadae Thompson	All Saints- Whitby	25.12
2. Ashley Johnson	St. Aloysius Gonzaga-Mississauga	25.34
3. Sophia Fontenelle	Father John Redmond- Toronto	25.76

##### WOMEN 400 METER DASH NOVICE

1. Gabriella Ruggeri	Michael Power/St.Joseph-Etobic	56.81
2. Quinn Coughlin	Opeongo- Douglas	57.88
3. Sophia Fontenelle	Father John Redmond - Toronto	58.33

##### WOMEN 800 METER RUN NOVICE

1. Gabriella Ruggeri	Michael Power/St.Joseph-Etobic	2:12.13
2. Quinn Coughlin	Opeongo- Douglas	2:18.14
3. Emilee Brusselers	Bill Crothers SS- Unionville	2:18.98

##### WOMEN 1500 METER RUN NOVICE

1. Ava Moric	John Diefenbaker- Hanover	4:42.33
2. Emilee Brusselers	Bill Crothers SS- Unionville	4:45.08
3. Morgan Yeomans	Leaside	4:46.10

##### WOMEN 3000 METER RUN NOVICE

1. Ava Moric	John Diefenbaker- Hanover	10:09.69
2. Isabella Chiumera	St. Pius X- Ottawa	10:19.71
3. Madison McDermott	St. Clement's School- Toronto	10:20.90

##### WOMEN 80 METER HURDLES NOVICE

1. Ella Steel-Douglas	Sandwich- Windsor	12.17
2. Sydney Freeman	Bracebridge & Muskoka- Braceb	12.76
3. Brooklyn Taylor	Banting Memorial- Alliston	12.84

##### WOMEN 300 METER HURDLES NOVICE

1. Ella Steel-Douglas	Sandwich- Windsor	45.82
2. McKenna Gibb	Humberview - Bolton	46.82
3. Sydney Freeman	Bracebridge & Muskoka- Braceb	47.09

##### WOMEN 4X100 METER RELAY NOVICE

1. Sandwich	Windsor	50.60
2. Notre Dame	Ajax	52.10
3. Father Henry Carr	Rexdale	52.69

##### WOMEN HIGH JUMP NOVICE

1. Rachel Maas	Toronto Christian- Woodbridge	1.60m
2. Julia Vanminnen	Chatham Christian- Chatham	1.58m
3. Caralee Schipper	Strathroy- Strathroy	1.55m

##### WOMEN TRIPLE JUMP NOVICE

1. Emma Rabbat	McKinnon Park	10.97m
2. Abigail Mullings	Barrie North- Barrie	10.75m
3. Brooklyn Taylor	Banting Memorial- Alliston	10.62m

##### WOMEN SHOT PUT NOVICE

1. Jessica Elford	Maxwell Heights- Oshawa	12.10m
2. Coco Van Nynatten	Grimsby Secondary School	11.76m
3. Jenae Francis	West Humber- Rexdale	11.48m

##### WOMEN DISCUS THROW NOVICE

1. Coco Van Nynatten	Grimsby Secondary School	35.08m
2. Jenae Francis	West Humber- Rexdale	29.94m
3. Laura Goncalves	Father John Redmond- Toronto	28.31m

##### WOMEN JAVELIN THROW NOVICE

1. Kaitlyn Pepper	Tecumseh Vista Academy	34.61m
2. Cassie Orr	Notre Dame Welland	34.18m
3. Taylor Kana	East Elgin- Aylmer	33.85m

##### WOMEN LONG JUMP NOVICE

1. Ella Steel-Douglas	Sandwich- Windsor	5.41m
2. Lecia Patrick	Ashbury- Ottawa	5.09m
3. Tayler Scott	MMRobinson	5.02m

##### WOMEN 100 METER DASH JUNIOR

1. Trinity Shadd-Ceres	Cameron Heights - Kitchener	12.15
2. Asia Phillips	W.L. Mackenzie	12.34
3. Raeanne Jones	Donald A. Wilson- Whitby	12.40

##### WOMEN 200 METER DASH JUNIOR

1. Trinity Shadd-Ceres	Cameron Heights - Kitchener	24.38.
2. Kiara Webb	St. Roch- Brampton	24.81.
3. Raeanne Jones	Donald A. Wilson- Whitby	24.89.

##### WOMEN 400 METER DASH JUNIOR

1. Kiara Webb	St. Roch- Brampton	56.97
2. Emma Curry	Nelson High School	57.82
3. Ciahna Malone	Notre Dame - Toronto	57.89

##### WOMEN 800 METER RUN JUNIOR

1. Emily Cescon	De La Salle College- Toronto	2:09.56
2. Cora Henderson	Courtice- Courtice	2:14.65
3. Ciahna Malone	Notre Dame - Toronto	2:16.09

##### WOMEN 1500 METER RUN JUNIOR

1. Emily Cescon	De La Salle College- Toronto	4:29.05
2. Stephanie Bertram	Lawrence Park	4:36.98
3. Hanna Hollins	Dunbarton- Pickering	4:37.77

##### WOMEN 3000 METER RUN JUNIOR

1. Stephanie Bertram	Lawrence Park	9:57.63
2. Muriel Lovshin	Bayview Glen- Don Mills	10:04.52
3. Hanna Hollins	Dunbarton- Pickering	10:06.28

##### WOMEN POLE VAULT NOVICE

1. Jordyn French	Humberview- Bolton	2.75m
2. Libby McCurdy	St. Joseph's- St. Thomas	2.65m
3. Leah Halley	Laurel Heights Sec Sch	2.65m

##### WOMEN 300 METER HURDLES JUNIOR

1. Janae Dawes	Pickering- Ajax	44.96
2. Alex Harmer	Huron Park- Woodstock	45.76
3. Amelie Klauke	Bayside- Belleville	46.03

##### WOMEN 4X100 METER RELAY JUNIOR

1.	St. Roch - Brampton	50.93.
2.	St. Ignatius of Loyola	51.05
3.	Northern- Sarnia	51.40

##### WOMEN HIGH JUMP JUNIOR

1. Jessica Cooper	Northern - Sarnia	1.55m
2. Breanna Gordon	Lakeshore	1.55m
3. Ava Neumann	Governor Simcoe St. Catharines	1.50m

##### WOMEN POLE VAULT JUNIOR

1. Sophia Bryenton	Oakridge- London	2.60m
2. Emily Haberer	Kingston- Kingston	2.55m
3. Isabel Mooney	Thousand Islands- Brockville	2.45m

##### WOMEN LONG JUMP JUNIOR

1. Trinity Shadd-Ceres	Cameron Heights - Kitchener	6.08m
2. Asia Phillips	W.L. Mackenzie	5.64m
3. Janae Dawes	Pickering- Ajax	5.49m

##### WOMEN TRIPLE JUMP JUNIOR

1. Asia Phillips	W.L. Mackenzie	12.37m
2. Hasveena Arulrajan	Turner-Fenton- Brampton	10.86m
3. Emma Curry	Nelson High School	10.81m

##### WOMEN SHOT PUT JUNIOR

1. Julia Tunks	Oakridge- London	14.07m
2. Nora Miller	North Grenville	11.45m
3. Emma Longuay	Sandwich- Windsor	11.40m

##### WOMEN DISCUS THROW JUNIOR

1. Julia Tunks	Oakridge- London	53.43m
2. Lauren Clarke	Centennial- Welland	30.77m
3. Mia Antonucci	Brooklin- Brooklin	30.16m

##### WOMEN JAVELIN THROW JUNIOR

1. Jorja Sandilands	Bill Crothers SS- Unionville	35.76m
2. Sienna Gregory	Strathroy- Strathroy	34.70m
3. Ava Young	E. L. Crossley - Fonthill	33.17m

##### WOMEN 100 METER DASH SENIOR

1. Kristina Vincic	Ancaster High School- Hwdsb	11.89
2. Nia Grose	Sinclair- Whitby	12.11
3. Imani Reid	Northview Cl	12.14

##### WOMEN 200 METER DASH SENIOR

1. Emily Martin	St. Joan of Arc- Barrie	23.94
2. Kristina Vincic	Ancaster High School- Hwdsb	24.18
3. Gabrielle Cole	J. Clarke Richardson- Ajax	24.41

##### WOMEN 400 METER DASH SENIOR

1. Emily Martin	St. Joan of Arc- Barrie	55.62
2. Reyne Rodrigues	Brooklin - Brooklin	56.43
3. Ruby Radovich	Sandwich- Windsor	57.23

##### WOMEN 80 METER HURDLES JUNIOR (W: 0.6)

1. Janae Dawes	Pickering- Ajax	11.84
2. Alex Harmer	Huron Park- Woodstock	12.06
3. Mya Jones	Ajax High School	12.10

##### WOMEN 800 METER RUN SENIOR

1. Kyla Martin	St. Joan of Arc- Barrie	2:11.81
2. Alex Campbell	Kingston- Kingston	2:13.51
3. Lexy Rivard	Leaside	2:14.99

##### WOMEN 1500 METER RUN SENIOR

1. Kyla Martin	St. Joan of Arc- Barrie	4:29.86
2. Alex Campbell	Kingston- Kingston	4:32.46
3. Michelle Gray	John Fraser- Mississauga	4:33.33

##### WOMEN 3000 METER RUN SENIOR

1. Amelia Van Brabant	Earl of March- Ottawa	9:47.94
2. Maddie Seaby	Carleton Place	9:55.43
3. Brooklyn Quanz	Saugeen District	9:56.31

##### WOMEN 100 METER HURDLES SENIOR

1. Hailey Reid	St. Mary	13.96.
2. Audrey Goddard	Mervale- Ottawa	13.99.
3. Jade Celestine	Pickering- Ajax	14.22.

##### WOMEN 400 METER HURDLES SENIOR

1. Reyne Rodrigues	Brooklin- Brooklin	1:00.69.
2. Tolu Akinduro	North Albion- Rexdale	1:02.12.
3. Elise Sawyer	Hillfield-Strathallan-Hamilton	1:02.32.

##### WOMEN POLE VAULT SENIOR

1. Daniela Beckett	Mother Teresa- London	3.60m
2. Julia King	Mentor College- Mississauga	3.55m
3. Avery Surette	Innisdale- Barrie	3.35m

##### WOMEN LONG JUMP SENIOR

1. Peace Omonzane	St. Edmund Campion	5.67m
2. Tolu Akinduro	North Albion- Rexdale	5.67m
3. Shana Van Elderen	St. Roch- Brampton	5.48m

##### WOMEN TRIPLE JUMP SENIOR

1. Peace Omonzane	St. Edmund Campion	12.49m
2. Shana Van Elderen	St. Roch- Brampton	12.01m
3. Tolu Akinduro	North Albion- Rexdale	11.81m

##### WOMEN HIGH JUMP SENIOR

1. Kate Plumb	London South- London	1.65m
2. Amber Luke	St. Marguerite D'Youville	1.65m
3. Dani Allen	Bill Crothers SS- Unionville	1.65m

##### WOMEN SHOT PUT SENIOR

1. Rose Forshaw	ES L'Essor- Tecumseh	12.81m
2. Harley Martin	Sacred Heart - Walkerton	11.81m
3. Martina De Buglio	St. Basil the Great College Sc	11.75m

##### WOMEN DISCUS THROW SENIOR

1. Rose Forshaw	ES L'Essor- Tecumseh	42.19m
2. Martina De Buglio	St. Basil the Great College Sc	39.84m
3. Grace Semmens	St. Joseph's- Barrie	37.15m

## WOMEN JAVELIN THROW SENIOR

1. Kaylee Clark	Gananoque- Gananoque	46.89m
2. Alex Seagris	Sandwich- Windsor	42.24m
3. Rose Forshaw	ES L'Essor- Tecumseh	38.47m

## WOMEN 2000 METER STEEPLECHASE OPEN

1. Elizabeth Vroom	Sir Wilfrid Laurier- Ottawa	6:52.19
2. Gillian Porter	Franco-Cité- Ottawa	7:01.47
3. Alexandra Nickel	ES Saint-Jean-de-Brebeuf-Well	7:10.53

## WOMEN 4X400 METER RELAY OPEN

1.	Pickering- Ajax	3:56.87
2.	Sandwich- Windsor	4:02.79
3.	Northern- Sarnia	4:06.94

## WOMEN 4X100 METER RELAY SENIOR

1.	J. Clarke Richardson- Ajax	47.86
2.	Father Henry Carr- Rexdale	49.65
3.	Sandwich- Windsor	50.39

## PARA EVENTS

### WOMEN 100 METER DASH VISUALLY IMP.

1. Dalaynie Conn	St. Theresa's- Midland	15.20
2. Maycee Vierimaa	O'gorman- Timmins	16.16

### WOMEN SHOT PUT VISUALLY IMP.

1. Maycee Vierimaa	O'gorman- Timmins	7.25m
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### WOMEN 100 METER DASH AMBULATORY

1. Nala Beans	St. Theresa's- Midland	15.85
2. Karissa Flemmington	J. Clarke Richardson- Ajax	19.58
3. Laura Beech	Kitchener Waterloo- Kitchener	20.15

### WOMEN 800 METER RUN AMBULATORY

1. Laura Beech	Kitchener Waterloo- Kitchener	5:22.84
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### WOMEN SHOT PUT AMBULATORY

1. Karissa Flemmington	J. Clarke Richardson- Ajax	2.97m
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### WOMEN 100 METER DASH INTELLECTUALLY IMP.

1. Amelia Brown	J. Clarke Richardson- Ajax	14.45
2. Tara Oshodi	Madonna- Downsview	15.56
3. Skyler Sears	Sydenham- Sydenham	16.76

### WOMEN 800 METER RUN INTELLECTUALLY IMP.

1. Kealyn Cherwaiko	Georgetown District HS	3:18.74
2. Skyler Sears	Sydenham- Sydenham	3:48.52
3. Faith Magyar	MMRobinson	3:59.43

### WOMEN SHOT PUT INTELLECTUALLY IMP.

1. Skyler Sears	Sydenham- Sydenham	6.26m
2. Trinity Earl	J. Clarke Richardson- Ajax	5.60m
3. Summer Sears	Sydenham- Sydenham	5.51m

## MEN'S INDIVIDUAL EVENTS

### MEN 100 METER DASH NOVICE

1. Nahshon Hall	Western Tech	11.24
2. Jelani Ellison	St. Marguerite D'Youville-	11.35
3. Will Batley	West Carleton- Ottawa	11.38

### MEN 200 METER DASH NOVICE

1. Nahshon Hall	Western Tech	22.64
2. Preston Schwarz	Ashbury- Ottawa	22.74
3. Jelani Ellison	St. Marguerite D'Youville	22.84

### MEN 400 METER DASH NOVICE

1. Francis Hinmah	Sir Frederick Banting- London	52.33
2. Ibrahim Domiati	Louis-Riel- Ottawa	52.71
3. Brayden Rose	Catholic Central- London	53.49

### MEN 800 METER RUN NOVICE

1. Malachi Kenny	Bishop Smith- Pembroke	2:03.78
2. Matthew Luke	Hillfield-Strathallan-Hamilton	2:04.27
3. Lucas McLarnon	Port Credit- Mississauga	2:04.69

### MEN 1500 METER RUN NOVICE

1. Malachi Kenny	Bishop Smith- Pembroke	4:12.41
2. Theo Cantelon	Central Acad	4:13.64
3. Jonah Lariwiere	St. Michael- Stratford	4:16.59

## MEN 3000 METER RUN NOVICE

1. Michael Schmalz	Notre Dame Burlington	9:14.41
2. Nathan Arsenaull	Leaside	9:16.83
3. Andrew Corbeil	Mgrs. E.A. Doyle- Cambridge	9:19.66

## MEN 100 METER HURDLES NOVICE

1. Dominik Bahadur	Resurrection- Kitchener	13.94
2. Timeo Atonfo	Gisèle-Lalonde- Ottawa	14.64
3. William Tapodi	Chaminade College- Toronto	14.77

## MEN 300 METER HURDLES NOVICE

1. Timeo Atonfo	Gisèle-Lalonde- Ottawa	42.16
2. Michael Agbetuyi	Brampton Centennial- Brampton	42.30
3. Michael Makinde	Brampton Centennial- Brampton	42.68

## MEN 4X100 METER RELAY NOVICE

1.	St. Marguerite D'Youville	45.84
2.	Catholic Central- London	46.41
3.	Etobicoke CI	46.50

## MEN HIGH JUMP NOVICE

1. Kai Gibson	Longfields Davidson Heights	1.80m
Jeremiah Zomeran	Chatham Christian- Chatham	1.80m
3. Ryan Zucco	E. L. Crossley - Fonthill	1.75m

## MEN POLE VAULT NOVICE

1. Jackson MacKenzie	Oakridge- London	3.15m
2. Wyles Charlebois	Georgian Bay District Secondary	2.95m
3. Sam Hayhoe	Toronto Christian- Woodbridge	2.95m

## MEN LONG JUMP NOVICE

1. Ian Alsop	Dundas Valley S.S.- Hwdsb	6.31m
2. Tumi Komolafe	St.Thomas Aquinas- London	6.30m
3. Jeshua Barnes	Jean Augustine- Brampton	6.26m

## MEN TRIPLE JUMP NOVICE

1. Dakari Milks	Leamington- Leamington	12.98m
2. Jaden Stewart	W.L. Mackenzie	12.79m
3. Sakeeran Ganeshamurthi	Albert Campbell-	12.54m

## MEN SHOT PUT NOVICE

1. Jack McCauley	Banting Memorial- Alliston	14.10m
2. Andrew Wojnicki	St. Michael's College-toronto	13.62m
3. Phoenix Wyse	St. Michael's College-toronto	13.32m

## MEN DISCUS THROW NOVICE

1. Jeremy Okpohworho	St. Aloysius Gonzaga-Mississauga	45.78m
2. Jack McCauley	Banting Memorial- Alliston	45.17m
3. Merrick Rollins	Parkside- St. Thomas	44.67m

## MEN JAVELIN THROW NOVICE

1. Jack Brownlee	E. L. Crossley - Fonthill	44.74m
2. Evan Stevens	Lord Dorchester - Dorchester	44.71m
3. Aiden Crawford	Eastside- Belleville	44.03m

## MEN 100 METER DASH JUNIOR

1. Chairio Ogbor	Christ the King Catholic SS	11.25
2. Nicholas Tozer	Forest Heights- Kitchener	11.29
3. Chase Judge	Jacob Hespeler- Cambridge	11.31

## MEN 200 METER DASH JUNIOR

1. Parker Long	Holy Trinity	22.17
2. Omar Chaaban	Sandwich- Windsor	22.22
3. Adnan Jimoh	Father Henry Carr- Rexdale	22.33

## MEN 400 METER DASH JUNIOR

1. William Sanders	Mother Teresa- Ottawa	51.51
2. William Bigler	Appleby College- Oakville	51.75
3. Chris Jackson	St. Mary's- Kitchener	51.90

## MEN 800 METER RUN JUNIOR

1. LJ Nelson	Brooklin- Brooklin	1:59.78
2. Landon Reuter	St. David- Waterloo	2:01.33
3. Karol Jasniewicz	E.J. Lajeunesse	2:01.84

## MEN 1500 METER RUN JUNIOR

1. Travis Gaffney	St. Mary- Brockville	4:02.25
2. Matteo Tonnos	Eden High School- St. Cathari	4:04.41
3. David Jiang	Upper Canada College- Toronto	4:06.15

## MEN 3000 METER RUN JUNIOR

1. Travis Gaffney	St. Mary- Brockville	8:45.24
2. Matteo Tonnos	Eden High School- St. Cathari	8:50.34
3. Daniel Ogilvie	Stratford Dss	8:55.17

## MEN 100 METER HURDLES JUNIOR

1. Nicholas Tozer	Forest Heights- Kitchener	14.06
2. Taariq Ali	Northview CI	14.48
Banujan Kulainthiran	Fr. Michael McGivney- Markham	14.48

## MEN 300 METER HURDLES JUNIOR

1. Nicholas Tozer	Forest Heights- Kitchener	39.24
2. Stefan Luca	Esc Renaissance- Aurora	40.18
3. Tijjani Adams	Governor Simcoe St. Catharines	40.66

## MEN 4X100 METER RELAY JUNIOR

1.	Jacob Hespeler- Cambridge	45.01
2.	Sandwich- Windsor	45.18
3.	Colonel By- Ottawa	45.34

## MEN HIGH JUMP JUNIOR

1. Stefan Luca	Esc Renaissance- Aurora	1.85m
2. Sanjeevan Kanthavel	Albert Campbell-	1.80m
Cameron DeVries	Woodland Christian- Breslau	1.80m
Ashvin Balaramana	Markham- Markham	1.80m

## MEN POLE VAULT JUNIOR

1. Liam Miller	Bishop Reding Ccs	3.50m
2. Tyler Gilchrist	Brooklin- Brooklin	3.10m
3. Owen Wilson	Laurel Heights Sec Sch	3.00m

## MEN LONG JUMP JUNIOR

1. Chairio Ogbor	Christ the King Catholic SS	6.40m
2. Banujan Kulainthiran	Fr. Michael McGivney- Markham	6.04m
3. Brayden Clark	East Northumberland- Brighton	6.04m

## MEN TRIPLE JUMP JUNIOR

1. Banujan Kulainthiran	Fr. Michael McGivney- Markham	13.81m
2. Adetomiwa Oluwadimu	St. Marcellinus- Mississauga	13.11m
3. Jeremy Talsma	Smithville Christ HS-smithvil	13.06m

## MEN SHOT PUT JUNIOR

1. Thomas Dallman	St. Michael Catholic Secondary	14.68m
2. Kenzo Miller	Courtice- Courtice	14.61m
3. Dustin Coltdrey	Colonel By- Ottawa	14.01m

## MEN DISCUS THROW JUNIOR

1. Thomas Dallman	St. Michael Catholic Secondary	45.84m
2. Samuel Pannell	Algonquin- North Bay	41.99m
3. Ben Vreugdenhil	Quinte Christian- Belleville	41.70m

## MEN JAVELIN THROW JUNIOR

1. Gabriel Krusselbrink	St. Mary's - Owen Sound	55.19m
2. Kaleb Kennedy	Grimsby Secondary School	53.40m
3. Ryan Best	Uxbridge S S	50.94m

## MEN 100 METER DASH SENIOR

1. Desmond Fraser	St. Thomas Aquinas- Brampton	10.75
2. Christopher Morales Williams	St. Elizabeth- Thornhill	10.77
3. Isaiah Luke	St. Joan of Arc- Mississauga	10.78

## MEN 200 METER DASH SENIOR

1. Christopher Morales Williams	St. Elizabeth- Thornhill	20.97
2. Devonte Scarrow	John F. Ross- Guelph	21.75
3. Jayden Luke	St. Marguerite D'Youville-	21.83

## MEN 400 METER DASH SENIOR

1. Christopher Morales Williams	St. Elizabeth- Thornhill	47.71
2. Ryder King	Ursula Franklin Acad	49.07
3. Dylan Popejoy	St. Mary- Brockville	49.28

## MEN 800 METER RUN SENIOR

1. Riley Flemington	Appleby College- Oakville	1:50.63
2. Dylan Popejoy	St. Mary- Brockville	1:52.48
3. Shamiso Sikaneta	Northern	1:53.41

## MEN 1500 METER RUN SENIOR

1. Riley Flemington	Appleby College- Oakville	3:46.85
2. Aiden Coles	St. Joseph's- St. Thomas	3:49.07
3. Tristan Coles	St. Joseph's- St. Thomas	3:51.14



**MEN 3000 METER RUN SENIOR**

1. Heath McAllister	London Central - London	8:14.36
2. Aiden Coles	St. Joseph's- St. Thomas	8:26.88
3. Tristan Coles	St. Joseph's- St. Thomas	8:27.06

**MEN JAVELIN THROW SENIOR**

1. Matthew Ing	Father John Redmond- Toronto	58.65m
2. Kalman Chyz	St Thomas of Villanova-Lasalle	55.05m
3. Tatem Combres	Sandwich- Windsor	52.21m

**MEN 110 METER HURDLES SENIOR**

1. Ryder King	Ursula Franklin Acad	13.53
2. Tamarri Lindo	St. Mary's- Toronto	13.90
3. Luca Nicoletti	Paul-Desmarais- Ottawa	14.14

**MEN 400 METER HURDLES SENIOR**

1. Ryder King	Ursula Franklin Acad	53.08
2. Luca Nicoletti	Paul-Desmarais - Ottawa	54.62
3. Dylon Belanger	St. Joseph's- St. Thomas	55.30

**MEN 2000 METER STEEPLCHASE SENIOR**

1. Ryan Davies	Northern - Sarnia	6:02.76
2. Jackson Hayes	Guelph- Guelph	6:05.38
3. Tristan Bouius	John Diefenbaker- Hanover	6:09.04

**MEN 4X100 METER RELAY SENIOR**

1.	John F. Ross- Guelph	43.21
2.	Westmount S.S.- Hwdsb	43.45
3.	St. Edmund Champion	43.49

**MEN 4X400 METER RELAY SENIOR**

1.	Guelph- Guelph 'B'	3:26.02
2.	St. Joseph's- St. Thomas	3:26.17
3.	Neil McNeil- Toronto	3:28.21

**MEN HIGH JUMP SENIOR**

1. Micah Mullings	Barrie North- Barrie	1.95m
2. Taydon Shantz	Waterloo-Oxford- Baden	1.90m
Alexandre Thompson	Bill Crothers SS- Unionville	1.90m
Michael Ivanov	A.N. Myer- Niagara Falls	1.90m

**MEN POLE VAULT SENIOR**

1. Michael Ivanov	A.N. Myer- Niagara Falls	3.80m
2. Sam Utting	John F. Ross- Guelph	3.70m
3. Harrison Booth	Thomas A Stewart	3.60m

**MEN LONG JUMP SENIOR**

1. Arman Shahzadeh	Richmond Green- Richmond Hill	6.91m
2. Micah Mullings	Barrie North- Barrie	6.81m
3. Nathan Kowcun	Governor Simcoe St. Catharines	6.60m

**MEN TRIPLE JUMP SENIOR**

1. Sylvester Adjei	Bradford- Bradford	14.69m
2. Arwin Mathivathanan	Agincourt	14.67m
3. Daiquan Monteith	West Humber- Rexdale	14.48m

**MEN SHOT PUT SENIOR**

1. Nathan Casanova	Birchmount Park	16.62m
2. Ben Brewer	Kincardine- Kincardine	15.77m
3. Jeremy Vandenboorn	Ursuline College	15.07m

**MEN DISCUS THROW SENIOR**

1. Nathan Casanova	Birchmount Park	50.42m
2. Connor Fraser	Immaculata- Ottawa	47.71m
3. Jeremy Vandenboorn	Ursuline College	45.76m

**PARA EVENTS****MEN 100 METER DASH VISUALLY IMP.**

1. Hayen Leaf	La Salle- Kingston	14.68
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**MEN 100 METER DASH AMBULATORY**

1. Ian Baker	Acton District School	14.35
2. Emerson Downie	Etobicoke Esa	16.01
3. Luca Brulotte	Valour- Petawawa	17.84

**MEN 800 METER RUN AMBULATORY**

1. Emerson Downie	Etobicoke Esa	2:50.73
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**MEN SHOT PUT AMBULATORY**

1. Araf Al Hamid	J. Clarke Richardson- Ajax	5.09m
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**MEN 100 METER DASH INTELLECTUALLY IMP.**

1. Josh Belanger	Valour- Petawawa	12.79.
2. Corey McCaugherty	Sydenham- Sydenham	12.90.
3. Matthew Heldsinger	Denis O'Connor- Ajax	13.06.

**MEN 800 METER RUN INTELLECTUALLY IMP.**

1. Corey McCaugherty	Sydenham- Sydenham	2:15.52.
2. Robert Lebourne	Centennial- Belleville	2:21.95
3. Derek Hackner	Uxbridge S S	2:24.96

**MEN SHOT PUT INTELLECTUALLY IMP.**

1. Nathan Parcels	Norwood- Norwood	11.15m
2. Isaac Ellis	Kapusking District High	10.04m
3. Nathaniel Cardinal	Port Hope- Port Hope	9.73m

**TEAM CHAMPIONS- GIRLS****NOVICE GIRLS**

1 Sandwich SS	Windsor	65
2 All Saints	Whitby	30
3 Michael Power/ St. Joseph's	Etobicoke	25

**JUNIOR GIRLS**

1 Oakridge	London	39
2 Cameron Hts	Kitchener	30
3 St. Roch	Brampton	28

**SENIOR GIRLS**

1 St. Joan of Arc	Barrie	40
2 J. Clarke Richardson	Whitby	29
3 Sandwich SS	Windsor	28

**OVERALL GIRLS**

1 Sandwich SS	Windsor	110
2 J. Clarke Richardson	Whitby	73
3 Pickering HS	Pickering	48

**TEAM CHAMPIONS - BOYS****NOVICE BOYS**

1 St. Marguerite D'Youville	Mississauga	24
2 Gisele Lalonde	Ottawa	22
3 Banting Memorial	Alliston	21

**JUNIOR BOYS**

1 Sandwich SS	Windsor	30
2 Forest Hts	Kitchener	28
3 Father Michael McGivney		24

**SENIOR BOYS**

1 St. Joseph's	St. Thomas	44
2 J.F Ross	Guelph	30
3 Ursula Franklin Academy	Toronto	28

**OVERALL BOYS**

1 St. Joseph's	St. Thomas/ Sandwich SS	44
3 St. Mary's	Windsor Brockville	40

# OFSSA Committees and Chairs

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<b>Co-Chair</b>	TBA		
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<b>Co-chair</b>	TBA		
<b>Wrestling</b>	Dave Hawkins, Tecumseh Vista Academy	P: 519.739.2189	dave.hawkins@publicboard.ca

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