Afri-can Zonal Forum

1 seated region 13 unseated regions* 483 meetings

member regions include

Ethiopia*

Ghana*

Kenya*

Lesotho*

Liberia*

Mozambique*

Namibia*

Nigeria*

Rwanda*

South Africa

Tanzania*

Uaanda*

Zanzibar*

Zimbabwe*

Face-to-face, twoto three-day meeting, once a year

Virtual meetings four times a year

Consensus-Based Decision Making (CBDM)

Year established 2013

INFORMATION

Focus/Services

Our focus is mainly on Fellowship development in our member regions. This is primarily done through shared experiences and workshops during the in-person meeting. They are currently developing the service structure to provide FD and PR support. This is an ongoing project.

They do not workshop the CAR or CAT.

Collaboration Opportunities

Afri-can Zonal Forum meetings provide an opportunity for member communities to collaborate on projects, such as translations.

Vision/Mission/Purpose

<u>Our vision</u> is that all addicts in Africa have the opportunity to experience the NA message of recovery in their own language and culture.

<u>Our mission</u> is that the Afri-can Zonal Forum is a service body created by the NA regions in Africa to provide a forum for African regions to communicate and cooperate with one another through:

- Sharing experiences and resources
- Enhancing and encouraging unity and mutual support so that the regions can nurture and sustain the growth of NA in Africa
- Collaborating with other NA service bodies

Our purpose is:

- To support NA Fellowship development projects in the African regions
- To encourage and maintain effective communication among member regions
- To enhance connectivity and promote the shared sense of responsibility to those that we serve

africa@na.org.za

Chair: Joseph I. (Nigeria)
Vice-chair: Suleiman S. (Tanzania)
Secretary: Dave M. (Zimbabwe)

Zonal Delegate: Joseph I. ZD Alternate: Suleiman S.

CHANGES

A lot of work is going into structuring the AZF which is defining and clarifying the following:

- Zonal membership requirements
- Delegate responsibilities
- Decision-making process
- Fellowship development and Public Relations support structure for member regions

FINANCIAL

All zonal expenses are funded by NAWS. The chair and vice-chair are funded to attend.

Each African region elects a delegate and alternate and they are both funded. Both attend the annual AZF meeting and one or both participate in the virtual meetings. They are elected by their individual NA communities, regardless of level of local service structure, and participate in attendance, right to speak, taking part in consensus process, and voting.

EVENTS

The annual face-to-face meeting is typically scheduled to coincide with a convention or similar program occurring in the host region as a means of supporting or strengthening this region.

QUESTIONS & CONCERNS

How do other zones keep members motivated for service?

Asia Pacific Forum 9 seated regions

20 unseated regions* 26,387 meetings

member regions include

Afahanistan*

Aotegrog New Zealand

Australia

Bahrain*

Banaladesh*

Bhutan*

Cambodia*

Ching*

Guam*

Hawaii

Hong Kong*

India (SOSONA)

Indonesia*

Iran

Japan

Kuwait*

Malaysia*

Maldives*

Nepal

NERF 0man*

Pakistan

(North & South)* **Philippines**

Saudi Arabia*

Singapore*

South Korea*

Thailand*

UAE*

Vietnam*

Face-to-face, four-day meeting, once a year

Virtual admin meetings held monthly. All workgroups meet virtually.

Year established 1992

INFORMATION

Focus

The main focus of the APF is to support unseated communities to establish a service structure that delivers PR, H&I, workshops, and quality communications to groups, so they can apply for WSC seating.

During the face-to-face meeting, they spend time in strategic planning. In 2016, a five-year long-term plan was established that included objectives that helped structure the services below. Strategic planning is considered one of their greatest successes.

They have conducted a virtual APF meeting and a virtual CAR workshop.

Services

These are the current workgroups of the APF:

Fellowship Development Workgroup: Encourages and supports member communities by organizing workshops, learning days, and meetings. Provides follow-up after trips and literature translation.

PR Workgroup: Uses different external and internal strategies including continuing to work with NAWS and other Zonal Forums. Establishes and maintains an increasing number of relationships with institutions and agencies within the APF communities. Organizes virtual workshops for member communities to help them do PR locally.

Money Matter Workgroup: Takes care of the financial health of the APF. Plans budgets and ensures the financial security for ongoing functions.

Merchandise Workgroup: Produces different kinds of NA merchandise and sells them in communities and at events.

Newsletter Workgroup: Gathers NA news, stories, sharing, and event information within the zone and from different zones as well.

Web & Technology Workgroup: Continuously explores different means of technological support which will provide better communication and secure information.

Strategic Planning Workgroup: Provides leadership with regard to planning. Monitors and reviews strategies assigned to each workgroup on an ongoing basis.

Women's Fellowship Development Workgroup: First workgroup dedicated to FD for women and an approved part of the APF for three cycles. To encourage, support, and raise awareness of and for women in recovery across the communities within the zone. They are currently working on an awareness-raising video, literature for women, and sponsorship.

APF at WSC: This workgroup was initially created for ZD issues and writing motions for 2018 WSC. Now it covers the evolving nature of the ZD. www.apfna.ora

Chairperson:

Secretary:

Treasurer:

Webservant:

Strategic Planning **Point Person: FD Coordinator:**

Merchandise **Coordinator:** Women's FD **Point Person:**

Newsletter **Coordinator:**

PR Coordinator:

Zonal Delegate: ZD Alternate:

Reza A. (Bangladesh) chair@apfna.org

Bijay L. (Nepal) secretary@apfna.org

Hasib Y. (Bangladesh) treasurer@apfna.org

Bappa D. (India) web@apfna.org

Hasib Y. (Bangladesh) sp@apfna.org

Sharon K. (New Zealand) fdc@apfna.org

Mohit (Bangladesh) merchandise@apfna.org

Sharon K. (New Zealand) women@apfna.org

Amitabh S. (India) pr@apfna.org

Phillys S. (Hawaii) newsletter@apfna.org

Hasib Y. zd@apfna.org Ash D. (Thailand)

CHANGES

The APF is now legally registered as an Incorporated Society in New Zealand and they are applying to be a non-profit organization. This will assist with tax exemption, visa issues, government perception, etc.

FINANCIAL

Their annual budget is \$30,000-\$40,000 (annual meeting: \$24,000-\$28,000) and is funded from member communities, profit from merchandise sales, and the APF Convention. All but webservant and newsletter coordinator are fully funded. Delegate teams are funded by their regions, however, developing communities can request funding help.

EVENTS

The APF meeting usually occurs right before a local convention or the APF Convention (next in 2021).

QUESTIONS & CONCERNS

How are other Zones collecting consensus on the CAR from the unseated communities?

Autonomy Zonal Forum 4 sented regions

4 seated regions 1 unseated region* 2,321 meetings

member regions include

Central Atlantic

Chesapeake & Potomac

Eastern Pennsylvania*

Free State

Greater Philadelphia

Face-to-face, two-day meeting held twice a vear

Virtual meetings are held at least twice a year. More are planned as needed.

Consensus-Based Decision Makina

Year established

INFORMATION

Mission and Purpose

The Autonomy Zone brings all elements of Narcotics Anonymous (NA) from its participating regions together to further the common welfare of NA by providing events which:

- Create an opportunity for regions to come together to exchange experience, strength, and hope and collectively express itself on matters affecting Narcotics Anonymous as a whole
- Train, mentor and/or inform participants about the Fellowship of Narcotics Anonymous

The Autonomy Zone is ultimately responsible to the groups it serves inspired by the joy of selfless service, and the knowledge that our efforts make a difference.

Focus

The Autonomy Zone is working on expanding their area of focus, but presently they discuss best practices, common concerns, and how they can best meet the needs of their member regions.

CHANGES/SUCCESSES

They have begun a process of building more structure to create a more meaningful and productive environment for their member regions and the Fellowship. Part of that discussion involves developing a budget and finding ways to plan more effectively.

They have also expanded the zonal forum meeting to a two-day event. The first day is a workshop/service event that is meant to meet the needs of the hosting region, as well as help members learn about the purpose of zones and how the Autonomy Zone might help local communities better carry the message. That night they hold a recovery meeting and some type of free event. The second day is for the zonal business meeting.

They recently elected a facilitator and secretary and revised the guidelines to more accurately reflect the current processes. They believe this will help provide structure, guidance, and consistency while allowing for future growth.

They are discussing ways to assist in local Fellowship development and opportunities for member regions to collaborate on projects.

www.autonomyzonalforum.org webmaster@autonomyzonalforum.org

Facilitator: Craig R. (Free State)
Secretary: Kim A. (Central Atlantic)

Zonal contacts: Craig R. (Free State)

Merle S.

(Eastern Pennsylvania)

FINANCIAL

The zone has created a Budget Development Task
Team to provide recommendations for a budget that
will be used for planning and tracking expenses and
income. Currently, the member regions split the cost of
funding the facilitator and secretary. The host region is
responsible for any associated expenses of the meeting. Member regions are encouraged to contribute.

EVENTS

They have expanded the zonal forum meeting to be a two-day event. The first day consists of a workshop/service event focused on meeting the needs of the hosting region followed with an evening of recovery and entertainment. For the January 2019 event, they had workshops focused on PR, IDTs, and speed sharing. That evening was a speaker meeting and a hypnotist. Other workshops have focused on purpose/history of zones, leadership in service, and a review of CAR motions with a World Board member.

QUESTIONS & CONCERNS

What are some methods other zones use to generate more interest in zonal business and activities among their member regions?

What are some of the best practices on increasing involvement and participation?

Could other zones share examples of their budgets (planning, financial)?

How do zones identify and provide better services to their member regions?

Could zones share examples of their decision-making processes that could include members other than the RD teams?

Does anyone have suggestions on involving members attending zonal meetings as observers?

Brazilian Zonal Forum 5 control regions

5 seated regions 4 unseated regions*

4,626 meetings

member regions include

Brazil

Brazil Central*

Brazil Sul

Grande São Paulo

HOW

Minas*

Nordeste Brazil*

Rio de Janeiro

Rio Grande do Sul*

Face-to-face, three-day meeting held twice a year

Virtual meetings are held twice a vear

Consensus-Based Decision Making and only votes when necessary

Year established 2009

INFORMATION

Mission

The mission of the Brazilian Zonal Forum is to bring together all the regional communities of NA in Brazil, through exchanging experiences and working together, to promote the vision of Narcotics Anonymous and to fulfill the 5th NA Tradition, where the common purpose must be always taking the message of recovery to the addict who still suffers.

Focus/Services

The zone focuses on Fellowship development, PR/PI, H&I, literature review, and translations.

The zone provides these services:

<u>Fellowship development:</u> The zone maintains two video conferencing accounts (Zoom). They are used by areas and regions to reach one another and help develop the Fellowship in Brazil. They perform other PR initiatives through advertisements on social media (Facebook and YouTube).

<u>Public Relations:</u> The zone maintains a single Brazilian NA website. They felt having too many websites was confusing people. They are implementing a national three-digit phoneline.

H&I: H&I services are provided by the areas and regions. However, there is a motion with the groups right now, that if approved, will allow ABNA to told a national H&I conference, where trusted servants from all over Brazil will aather to exchange their experiences.

<u>Literature:</u> The literature committee is reviewing *A Guide* to Local Services in NA and they are translating *Guiding* Principles.

National Service Conference: This event is held every two years and is hosted by the zone. It is attended by trusted servants from all over Brazil where they exchange experiences about H&I services, PR/PI, literature review and translation, and Fellowship development.

Other services include answering emails — they average 360 emails per month.

Regions within the zone collaborate with the review and translation of literature, and conducting the National Service Conference.

www.na.org.br faleconosco@na.org.br

Chair/Facilitator: Tereza C.

(Rio de Janeiro)

Vice-chair/ Francelle F. Secretary: (Brazil)
Treasurer: Gilberto J.

(Rio de Janeiro)

FD/H&I: Silvio L.

(Grande São Paulo)

PR/PI: Lucas B. (HOW)
Literature: Michael P.

(Rio Grande do Sul)

Vice-literature: Lucas D.

(Grande São Paulo)

Zonal Delegate: Raphael V. (Minas)
ZD Alternate: Marco E. (Brazil Central)

CHANGES

The Brazilian Zonal Forum has unified with the Brazilian Service Office of NA. Together they are known as the Brazilian Association of Narcotics Anonymous, or ABNA.

SUCCESSES

The zone considers their greatest success with the social media advertisements (Facebook) where they have reached 1.75 million people in two months. After seeing the ads, many people contacted them and some went to meetings.

FINANCIAL

The annual budget for ABNA is \$246,000 which they receive through the sale of literature and contributions. Of that amount, \$4,500 is allocated for services and the remainder is to cover the expenses of the office and the production of literature.

ABNA funds all trusted servants except for the ZD team. They are regional delegates of unseated regions and all Brazilian RDs are funded by their regions.

EVENTS

The next National Service Conference will be 21–23 August 2020 in Florianópolis, Santa Catarina, Brazil.

Canadian Assembly 5 seated regions

5 seated regions 0 unseated regions 1,369 meetings

member regions include

AL-SASK

British Columbia

Canada Atlantic

Ontario

Quebec

Face-to-face, five-day meeting, once a year

Virtual meetings two to three times a year

Consensus-Based Decision Making

Primary focus of meeting is the strategic plan, which has 4 goals:

- 1. Improve external recognition (professionals, government agencies, and potential members)
- 2. Identify, coordinate, and assess resources (human, financial)
- 3. Improve internal recognition and foster unity
- 4. Build, develop, and support NA in remote communities

Year established 1990

INFORMATION

Routine Services

- · National phone line
- National bilingual web site
- National recovery celebration (Canadian Convention)
- Fellowship development/Public Relations booth displays
- Local workshops
- CANA video (who we are and what we do)
- CANA pamphlet (who we are and what we do)
- CANA newsletter
- French translations
- Public service announcements
- Membership email distribution list
- Annual environmental scan
- Attend national professional events (8–12 per year) with a budget of approximately \$10,000
- Respond to requests/invitations from Fellowship to either facilitate workshops or staff a booth

Projects for 2020

- PSA Project: CANA will again fully fund a campaign that will reach all provinces with a minimum of 1868 spots in English and at least 150 in French. CANA regions can receive the same pricing for additional spots.
- Build on last cycle's venture into exploring PSA's on social media (Facebook) with at least one campaign. They will also be developing guidelines for posting and communicating on social media.
- Develop resources for online/phone recovery meetings
- Translations: <u>IK (Inuktitut)</u> work toward finalizing IP #1 and getting it approved. <u>Cree</u> — work toward finalizing IP #1 in Northern Cree.
- National professional development (contact agencies)
- Follow up with contacts
- Create a plan for a national awareness campaign/media blitz
- Update PSA's (new creative)
- Hire professional to update/improve CANA video
- Offer free online speaker recordings
- PR: open lines of communications with northern treatment centers

www.canaacna.org secretray@canaacna.org

Chair: Paul C. (Canada Atlantic)
Vice-chair: Roxanne K. (AL-SASK)

Secretary: open

National Convention

Coordinator: open

FD-West: Deb N. (British Columbia)
FD-Central: Genina A. (Ontario)
FD-East: Jennifer W. (AL-SASK)

Zonal contacts: Paul C. and Roxanne K.

Other services

Due to the timing of the annual face-to-face meeting, it is not possible for them to workshop the CAR/CAT. However, discussions about the CAR/CAT may happen during their virtual meetings.

Although the Northwest Territories and the Yukon Territory have a few NA meetings, they have no discernible service structure and do not attend CANA. The services provided by CANA do, however, reach those communities.

FINANCIAL

The annual budget changes from year to year and depends on projects that are prioritized and revenue available. Funding comes from regions, areas, members, and any profit from the national convention. All elected trusted servants (see above) are fully funded. Member delegate teams are funded by their regions.

EVENTS

The annual face-to-face meeting co-occurs with the national convention — Canadian Convention of NA (CCNA) — which follows a rotation of eastern, central, and western Canada. CCNA XXVIII will be held in Winnipeg, Manitoba, 18—20 September 2020, www.canadianconvention.com.

European Delegates Meeting 18 sented regions

18 seated regions 13 unseated regions* 7,301 meetings

member regions include

Adriatic*

Belgium* Bulaaria*

Czech-Slovak*

Denmark

Eavpt

Estonia*

Finland

France

Germanspeaking

Greece

Hungary*

Iceland*

Iran R1*

Ireland

Israel

Italy

Latvia*

Lithuania

Malta*

 $\mathsf{Moldova}^*$

Netherlands

Norway

Poland

Portugal

Spain

Sweden

Switzerland*

Turkey*

UK

Ukraine

Face-to-face, four-day meeting, twice a year

Virtual webinars are held by the ZD team

Year established 1993

INFORMATION

Focus

During the meetings, the EDM's biggest focus is on community dialogue — questions and answers between regions.

Also, the task teams and workgroups have an opportunity to report on their work.

The EDM utilizes consensus-based decision making in their meetings. Their process starts with an issue being presented. They discuss and clarify as needed. If consensus is not reached, they ask for more information, have more discussion, or take a time out. If consensus is still not reached, they hear from some minority voices then either reach consensus or delay decisions or reach a temporary decision until the next EDM for reevaluation.

Services

Fellowship development (FD) is the main focus of the services that are provided. The Fellowship Development Committee (FDC) is a stand-alone committee that is accountable to the EDM. It organizes task teams, on an as-needed basis, that perform different FD duties, such as workshops on a variety of topics, including Traditions and service. They also assist any region that is experiencing problems.

Young Addicts in Recovery is a workgroup of the FDC. Workgroups are more permanent pieces of the service structure. They are currently putting together stories from young addicts to share in an e-book.

The FDC is also responsible for the European Service Learning Days, which is held every other year. This is a 3-day conference around different topics about service.

The EDM plans and hosts the European Conference & Convention every year. It combines the celebration of recovery with service-oriented workshops.

The EDM utilizes a Human Resource Pool to carry out its functions and to staff the task teams.

They also workshop the CAR with its member delegates during a face-to-face meeting.

They have a very informative webpage and publish a newsletter for their regions to post good things that are happening in their regions.

www.edmna.org contact@edmna.org

Chair: Yasemin P. (Finland) Vice-chair: Ketil W. (Norway) Secretary: **Grainne H.** (Ireland) **FD Chair:** John E. (Finland) FD Vice-chair: Ayman S. (Egypt) Treasurer: Vasco G. (Portugal) Vice-treasurer: Elizabeth M. (Ireland) Media Ashraf M. (Egypt)

Coordinator:

Vice-media Magnus D. (Norway)

Coordinator:

Zonal Delegate: Jimmy E. (Sweden)
ZD Alternate: Matthew J. (UK)

CHANGES

The EDM has decided to take on more PR duties and attend events that NAWS has been going to. They attended the Addiction Conference in Portugal in October 2019 with NAWS staff and treated it as a training opportunity.

They are also transitioning into more of a decision-making body concerning WSC matters. As of WSC 2018, zones that qualify now have a vote at the Conference. With that comes the responsibility of carrying a conscience of the unseated regions of the EDM. Since August 2019, the ZD team has been holding monthly virtual webinars. Topics include: what is the WSC, what is the CAR/CAT, CAR workshops, and general Q&A.

FINANCIAL

Their annual budget fluctuates and is funded from the European Conference & Convention (ECCNA) and regional contributions. All elected trusted servants (see above) are fully funded. Member delegate teams are funded by the EDM if requested.

EVENTS

In the summer, the EDM meeting co-occurs with ECCNA. The next ECCNA will be in Cairo, Egypt, 4–6 September 2020.

Latin American Zonal Forum

20 seated regions 9 unseated regions* 9,149 meetings

member regions include

Argentina Baja Son Bolivia* **Brazil Central*** (hile Colombia

Costa Rica Cuba*

Faundor El Salvador

Grande São Paulo

Guatemala Honduras*

HOW Brazil

Mexico

Minas*

Nicaraaua Occidente-Mexico

Panama Paraguav*

Peru

Quesqueyana Region Del Coquí Rio Grande do Sul*

Spain

Uruquay Venezuela

Spanish-speaking Area of Southern California* Spanish-speaking

Area of Texas*

Face-to-face, four-day meeting held biennially and once during WSC

Virtual meetings are quarterly. Admin. workgroups. and ZD webinars happen throughout the year.

Year established 1993

INFORMATION

Focus

The focus of the meetings is on informational reports from the executive committee, zonal delegates, HRP, working groups, and member regions. There are discussions on topics presented from these bodies which include: ideas, proposals, motions, projects, processes, procedures, and pending/new issues. They also conduct workshops.

They get the work done through a mixture of CBDM and parliamentary procedures. They do hear all opinions on a topic but when necessary there are votes and decisions are made according to the majority.

Services

There are seven working groups that perform the services of the zone: Public Relations, Fellowship development, Internet, Revisions and Translations, InfoLatinas — FZLA Magazine, Policy and Procedures, and 15th Latin American Convention on Narcotics Anonymous — Peru 2021. The working groups benefit all the zone and their duties are performed either face-to-face or virtually. CAR/CAT workshops are hosted virtually for all who wish to attend.

CHANGES/SUCCESSES

The changes and successes of the LAZF go hand-in-hand. It is largely due to the use of virtual meetings that the zone has grown with increased participation of delegates, committees, groups, and members. Virtual recovery meetings have also increased. With that growth, the scope of the working groups has

There are seated and unseated regions/communities that belong to other zones but participate in the LAZF. With the creation of the zonal delegates and the ability to carry a vote, the need to hear from the unseated and unrepresented regions has become very important. The voices the ZDs focus on carrying are those of Bolivia, Cuba, Honduras, and Paraguay.

The virtual connections also prove invaluable with the ability of regions, committees, and members to participate and collaborate with more sharing, responsibility, commitment and perseverance.

www.forozonalatino.ora ce-fzla@forozonalatino.org

Chair: John F. (Panama) Vice-chair: Auric O. (Mexico) Treasurer: **Guillermo J. (Paraguay)**

Secretary: Tomás C. (Peru)

Human Resources Panel

Chair: Enrique M. (Quisqueyana)

Vice-chair: Belén C. (Uruguay) **Secretary:** Mireya A. (Mexico) Alternate Secretary: Karla S. (Guatemala)

Working Group Chairs

Public Relations: Carlos "Charly" D. (Mexico)

FD: Gaby C. (Costa Rica) Internet: Alejandro G. (Argentina) Revisions and José D. (Venezuela)

Translations:

InfoLatinas -Renato D.

FZLA Magazine: (Occidente-México) **Policy** and Guillermo "Memo" M. **Procedures:** (Occidente-México) CLANA: Christian P. (Peru)

Zonal Delegate: Andrea F. (Costa Rica) **ZD** Alternate: Mauro G. (Venezuela)

FINANCIAL

The biennial budget is \$10,000—\$15,000. The budget is funded, for the most part, through the profits of their convention. The executive committee and ZD team are fully funded. Some regions are partially financed. Occasionally trusted servants are funded for FD or other service events that are requested.

EVENTS

The LAZF has their biennial service conference right before the Latin American Convention of NA (CLANA). Both happen every other year. The next meeting/ convention will be in Cuzco, Peru in 2021.

QUESTIONS & CONCERNS

How do other zones build unity and get all their regions involved? How do you find, keep, and mentor trusted servants? How do zones generate funding as well as other resources?

Midwest Zonal Forum 9 segted regions

9 seated regions 0 unseated regions 3,428 meetings

member regions include

Buckeye

Chicagoland

Greater Illinois

Indiana

Metro Detroit

Michigan

Minnesota

Ohio

Wisconsin

Face-to-face, oneto two-day meeting held three times a year

Virtual participation is also available for face-to-face meetings

Consensus-Based Decision Making with all in attendance considered full participants

Year established 1987

INFORMATION

Focus

The focus of the MZF meetings is on basic business, trusted servant reports, member region reports, and prioritized issue topics that were raised at the meeting or specifically requested for the meeting. Issues are not automatically carried forward from one meeting to the next. The topic/issue would need to be requested again.

The first face-to-face meeting after the Conference is a planning meeting. This is still a work in progress as they have only done this twice before. Each member region (as they appear in the rotation) is asked to bring dates and locations to establish a timeline for the cycle. The regions also bring suggestions for which services they would like to utilize. At the upcoming planning meeting, they are adding the workshop "What we did right/What we could do better" to review the last cycle.

Services

Here is a list of services provided by the MZF:

- Zonal website and calendar
- Their virtual meeting account (Zoom) is available for virtual meetings at the regional level on a first-come, first-serve basis. Some member regions are taking advantage of this for regional business meetings, regional committee meetings, and convention committee meetings.
- PR presentations and training for local members
- Large- and small-group workshop presentations on topics including current and past IDTs, literature development, and Steps, Traditions, or Concepts
- Forum for participating regions to share best practices, issues, and solutions
- Forum for member region RDs and RDAs to establish a support community they can utilize at the WSC
- Support and coordination with the Southern and Plains States zones on the Multi-Zonal Service Symposium (MZSS)
- They host a biennial service convention patterned after MZSS called the Multi Regional Service Learning Days (MRSLDNA) which is focused on local, area, and regional service (www.mrsldna.org). The planning committee meetings are all virtual.
- They host a weekend for CAR/CAT workshops

www.mzfna.org cofacilitators@mzfna.org

Co-facilitators: Blynn M. (Indiana)

Rick C. (Metro Detroit)

Secretary: Patti K. (Michigan)
Treasurer: David L. (Ohio)
Web contact: Kevin G. (Indiana)

Zonal contacts: Blynn M. and Rick C.

CHANGES

The Midwest Zonal Forum has been a continuously growing service body. They continue to look for more ways to be of service to their member regions while also participating in the evolution of zones in the overall service structure.

SUCCESSES

They have been using a virtual chatroom (Slack) for communication between meetings. It has greatly increased discussion between meetings. They have also added a section in their guidelines for online decision-making.

FINANCIAL

This zone does not have a budget. However, they have guidelines that specify how expenses are dispersed (on a cash available basis) and the priority for the disbursement. There are established reserve amounts to fund zonal trusted servants.

They receive funds in voluntary donations from regions, areas, and members. They collect a Seventh Tradition at the face-to-face meetings. They also receive donations from MRSLDNA.

EVENTS

At the request of the region that is hosting the meeting, the MZF offers to present workshops as well as a PR event during the weekend.

The MZF also hosts MRSLDNA, which is separate from their meetings.

North East Zonal Forum 12 segted regions

12 seated regions 0 unseated regions 4,491 meetings

member regions include

ABCD

Connecticut

Eastern New York

Greater New York

Mid-Atlantic

New England

New Jersey

Northern New England

Northern New Jersey

Northern New York

Tri-State

Western New York

Face-to-face, three-day meeting held twice a year, except only once during Conference years

Virtual meetings are held four to five times a year (observers are welcome)

Consensus-Based
Decision Making
In April 2019 they
adopted a CBDM process
from A Guide to World
Services in NA. Also, they
no longer have old/new
business but prioritize
business by time sensitivity
first and then address
oldest proposals.

Year established 1992

INFORMATION

Focus/Services

The focus of the meetings is prioritized by the regional delegates and the needs of the local region, especially the hosting region during the face-to-face meetings.

The services of the NEZF are:

- Public Relations committee
- Website
- Ad-hoc Services Survey committee
- Moving towards a standing FD committee/position

The PR committee has helped multiple member regions with professional presentations, workshops about PR, and much more. The ad-hoc Services Survey committee gathers input to drive the services that the local members would like the zone to consider. The PR committee and the newly formed FD will both provide collaboration opportunities for regions to work together, such as with workshops and presentations. The NEZF is also working with a regional convention on a service track.

The zone itself does not workshop the CAR/CAT as there are two well attended events (MLRE and MARLCNA) within the zone that do. There were also two regions that worked together to host an international virtual CAR workshop that invited all the regional CAR motion makers.

CHANGES/SUCCESSES

It is due to the changes that the NEZF has had its remarkable successes. They are continuously evolving their sense of identity and purpose. They have gone from a purely discussion-based body to one that provides services to member regions. They actively seek participation and buy-in from member regions and stay as flexible as possible to allow for members to fully participate. It has been through the virtual participation that has accelerated their growth.

Willingness to engage in strategic planning was a stepping stone along a path of changes that were already put in place (PR committee, CBDM changes, treasurer, bank account). Their first strategic planning session, in April 2019, started with a SWOT analysis that delegates implemented prior to the session. The planning session resulted in three project plans. Two of these projects surveyed the local Fellowship for direction and input. Almost all of the services above were a result of this planning (PR committee was ad-hoc from 2017 until it was approved in 2019).

www.nezf.org

Chair: Dennis M.

(Northern New York)

chair@nezf.org

Vice-chair: Wilvena G.

(Eastern New York)

vicechair@nezf.org

Secretary: Kathleen M. (Mid Atlantic)

secretary@nezf.org

Treasurer: Jean-Claude G.

(New Jersey)
treasurer@nezf.org

Webservant: Jeremy F. (New England)

webservant@nezf.org

Zonal contacts: Dennis M. and Wilvena G.

FINANCIAL

A budget will be forthcoming this year. They just elected a treasurer and opened a bank account in 2019. Funds come from regional donations and a region donated zonal PR t-shirts to help with funding.

The zonal trusted servants (except for webservant) are reimbursed based on available funds. When there are not enough funds to reimburse all travel, they are reimbursed "Pro-Rata" or based on how much each spent and a fair percentage of the available funds. A prerequisite for taking a position is a willingness to self-fund with no guarantee of reimbursement.

QUESTIONS & CONCERNS

How do other zonal workgroups operate?

How do you share best practices?

How did other zones start service learning days and conventions?

Plains States Zonal Forum

6 seated regions 0 unseated regions 1,342 meetings

member regions include

Best Little

lowa

Mid-America

Nebraska

OK

South Dakota

Face-to-face, two-day meeting held twice a year

Virtual meetings are held twice a year

Consensus-Based Decision Making

Year established 1995 **INFORMATION**

Focus

The focus of the PSZF is Fellowship development through workshops/IDTs, training for delegate teams, sharing best practices, public relations, and sponsorship behind the walls.

Services

The services that the zone provides:

- Zonal website with Basic Meeting List Toolbox (BMLT) support to all regions
- Access to two virtual meeting accounts (Zoom)
- Calendar and scheduling available for any service body of any group, area, or region within the zone
- Funding available for literature, booth rent, etc. for professional conferences located within the zone
- Funding of SBTW for any facility located within the zone
- Support and attendance of Multi-Zonal Service Symposium (MZSS)
- CAR/CAT workshops with World Board participation (if available) that is open to all interested members from any location

The PR and MZSS efforts are opportunities for member regions to collaborate. The zone also coordinates with the hosting area/region on the PR session before the meeting.

SUCCESSES

The Sponsorship Behind the Walls program is in ten facilities located in five regions. They have had 44 different addicts write to the program with an average of 7—8 letters a month. SBTW has been approved for every prison in the Nebraska Region. This was largely due to prison officials attending the PR for Professionals event at the 2018 MZSS. Information about the program is circulated to inmates on their tablets. Recent mailings include addicts located in a maximum security prison. Gratitude is felt when "an addict, ANY addict" is able to receive the NA message!

Groups, areas, and regions within the PSZF and the MZSS workgroups utilize the zone's two Zoom accounts for an average of 20–30 meetings per month. This service helps provide and efficient form of communication as well as helps connect members due to geographical or financial challenges.

www.pszfna.org info@pszfna.org

Facilitator: Cindi B. (OK)

Co-facilitator: Jeffry L. (Mid-America)

Secretary: Pam T. (OK)

Treasurer: Carol P. (South Dakota)

PR Coordinator: Keith T. (OK)

pr@pszfna.org

IT Coordinator: Barry B. (Iowa)

webservant@pszfna.org

Sponsorship

Behind the Walls Amanda M. (Nebraska)
Coordinator: sbtw@pszfna.org

Zonal contacts: Cindi B. and Barry B.

FINANCIAL

Their biennial budget for 2018–2020 is \$5,920 and is funded by group, area, and region contributions and biannual fundraising auctions.

The trusted servants are self-funded unless they happen to be regional delegates then their region would fund them to attend.

EVENTS

The zone collaborates with the hosting area/region on a PR for professionals event/presentation prior to the two day face-to-face meeting. The next day is spent on local FD consisting of workshops, IDTs, and open forum discussions ending with a speaker meeting and fundraising auction/raffle. The final day is scheduled for business decisions and meeting.

Rocky Mountain Zonal Forum

6 seated regions 0 unseated regions 922 meetings

member regions include

Colorado Montana Southern Idaho Upper Midwest Region Upper Rocky Mountain

Utah Region

Face-to-face, two-day meeting held once a year in even-numbered years and twice a year in odd-numbered years

Virtual meetings are held twice a year as necessary

Consensus-Based Decision Making

Year established 1998

INFORMATION

Mission Statement

The Rocky Mountain Zonal Forum is a problem/discussion/solution(s) clearinghouse for the NA Regions in Colorado (and part of New Mexico), Idaho (and part of Oregon), Montana, Utah, and Wyoming (and part of Nebraska). We meet once per year, rotating through member region locations in July (4th Saturday) of each year. On the odd years, there will be an additional meeting in December (1st Saturday) where we will primarily concentrate on the CAR with World Board members in attendance. Each July when we meet, we will hold discussion groups, workshops, and actively share in member regional needs. And, at these annual meetings, we will generate a priority list of member activities for the coming year.

We offer the following for addicts, groups, areas, and regions within the Rocky Mountain Forum boundaries:

- suggestions for solutions to NA problems given to this body
- addicts for Outreach if at all possible/if needed
- information (meeting lists, world registration help, literature, computer contacts, resource contacts and computer links)
- contacts with interested, experienced, and service-oriented addicts (resource people)
- a website (www.rmfna.org), which has our Mission Statement, contact methods, topics currently posted to discuss, an activities list, an archive of our documents, and a discussion of Rocky Mountain Forum website through the Traditions of NA

We are action-based with web and postal contacts. We are here to serve the addicts within the boundaries of the Rocky Mountain Forum through the spiritual principles of unity and love.

Focus/Services

The Rocky Mountain Zonal Forum is secure in its non-organized format as they do not consider themselves a service body. They primarily provide opportunities for networking and sharing. The Mission Statement above outlines their focus and services.

www.rmfna.org rmfna@googlegroups.com

Webservant: Chuck C. (Colorado)

Zonal contacts: Kevin H. (Southern Idaho)

Aaron F. (Colorado)

CHANGES

There are many new members that are bringing enthusiasm. They are discussing collaborating with other zones and exploring ways to grow and be of service to their member regions. Implementing new technology such as virtual meetings (Zoom) has helped the zone.

FINANCIAL

The Rocky Mountain Zonal Forum does not have a budget. The facilitator and secretary for the meetings are provided by the hosting region. The hosting region also funds the meeting weekends.

EVENTS

On occasion there is a local activity held in conjunction with the zonal forum meetings.

Russian-speaking Zonal Forum

1 seated region 7 unseated regions* 2,726 meetings

member regions include

Big Moscow*
Blacklands*
Far East Russia*
North-West Russia*
Povolzhye*
Siberia*
Ural & West Siberia*
Western Russia

Face-to-face, three-day meeting, once a year

Virtual meetings 12–24 times a year

Consensus-Based Decision Making

Year established 2010

INFORMATION

Focus

During the meeting of the Russian-speaking Zonal Forum, they hear reports from their member regions, conduct workshops, hold elections, and plan for the services they will carry out during the following year. Although they do not utilize strategic planning, they do take regional requests into account when preparing the annual budget. They conduct virtual CAR/CAT workshops.

Services

They have a website and provide these services: PR coordination, translations, H&I, Narcotics Anonymous Community Assistance Fund, Fellowship development, and literature production and distribution.

The PR and H&I services are mostly meeting points for regions and areas to exchange experiences and ideas. They also coordinate common activities like at a service assembly or similar projects.

Fellowship development is brand new for the RZF. They supported one of their regions (that consisted of a few ex-USSR countries) to start their first group. They want to apply this kind of FD not only to other countries, but to weak Russian communities as well. FD will become a functioning committee with a chairperson and ongoing duties very soon.

Narcotics Anonymous Community Assistance Fund is an independent nonprofit organization with the full legal capacity necessary to ensure the activities of the Narcotics Anonymous community in the Russian Federation. This helps the zone with rental contracts, bank accounts, and assuming their literature production responsibilities.

www.na-russia.org delegate.rzf@qmail.com

Chair: Vladimir (Big Moscow)
Vice-chair: Valentina (Povolzhye)

Treasurer: Roman (Siberia)

Zonal Delegate: Sim (Big Moscow)
ZD Alternate: Alex (Big Moscow)

CHANGES

The zone has started producing NA literature through an agreement with NA World Services on NAWS behalf. They are in the process of legalizing the financial aspects of this. They took on this responsibility for many reasons, some internal, some external but all with the desire to make the process fully legal according to their laws.

FINANCIAL

The annual budget for the zone is about \$100,000. This is funded through literature sales, profit from the convention, and Seventh Tradition contributions. The zone funds the elected trusted servants to attend the meetings and regional delegates by request.

EVENTS

Occasionally the Russian-speaking Zonal Forum co-occurs with a convention. As is the case this year for the 30th anniversary of the zone on 17–19 July 2020 in Kazan, Russia. Here is the link to the website for the event: www.na2020.ru/en.

Southeastern Zonal Forum

6 seated regions 0 unseated regions 4,378 meetings

member regions include

Alabama/ Northwest Florida

Carolina

Florida

Georgia

North Carolina

South Florida

Face-to-face, two-day meeting, three times a year

Virtual meetings are held for zonal workgroups

Consensus-Based Decision Making

- 1. Proposal/topic introduced
- 2. Discussion starts with maker
- 3. Clarifying questions are asked to ensure understanding
- 4. Are there concerns or reservations?

 Modifications may be made to address these.
- 5. Facilitator asks for consensus
- A voting member may "stand aside" which removes them from vote count and does not affect the vote.

CONSENSUS = 80% of RD's and AD's are in favor.

Year established 1992

INFORMATION

Focus/Services

The SEZF meetings focus on support for member regions through reports and service delivery. At each zonal meeting, they try to cater workshops for the local community. The host region selects the topics to discuss. They also have *CAR* and CAT workshops and have started collaborating with other zones (which they hope to expand for 2022) and they offer virtual connections to any member.

They have task forces which deliver services to their member regions: PR, H&I, BMLT, Website, Local Support (a combination of Fellowship Development and Outreach), and Additional Needs. These meet virtually and are comprised of trusted servants and interested members from regions and areas within the zone and Additional Needs includes members from around the world.

SUCCESSES

- Their project-based service delivery has moved them from a body that provided little to no service over the previous 20—25 years, to one that now delivers services over the course of the past 2—5 years.
- BMLT: They moved to a single, zonal root server. With
 the use of YAP, they are providing helplines in rural
 areas that were not able to have helplines previously.
 This is also very successful in terms of reducing overhead
 and the cost of maintaining multiple BMLT servers.
- Additional Needs: This is a task force made up of members from around the world that provides support and works to carry the message to those with physical disabilities, the hearing- and vision-impaired. It has also raised awareness within the Fellowship of the barriers that limit our message from being carried to those members with disabilities.
- Virtual Meetings: The use of virtual meetings to hold task force and workgroup meetings has worked very well for collaborating across large geographical distances.

www.sezf.org info@sezf.org

Facilitator:
Secretary/

Jeff P. (South Florida)
Neal S. (North Carolina)

Treasurer:

Webservant:

Kevin D. (South Florida)

Zonal contacts:

Jeff P. and Neal S.

CHANGES

Over the course of this current cycle they have continued to integrate their new zonal project-based structure via task forces and workgroups. They first had the Additional Needs Task Force as part of PR, then it was in the Local Support Task Force, and now it has its own task force.

FINANCIAL

Member regions send funds to the zone. Regional delegates are funded by their regions to attend each SEZF meeting. The facilitator and secretary/treasurer are funded by the zone to attend.

The biennial budget for 2019–2020 is as follows:

Zonal weekend facility costs: \$3,000 Trusted servant travel: \$3,600 Trusted servant lodging: \$1,440 Trusted servant per diem: \$1,320

Technology: \$730 Corporate filing fees: \$75 Special Events: \$2,000 Bank charges & misc: \$35

Total: \$12,200

EVENTS

Once per Conference cycle the in-person meeting is held in conjunction with the Florida Service Symposium which will be held in 2021.

QUESTIONS & CONCERNS

What are other zones' best practices for performing Fellowship development/outreach at the zonal level?

Southern Zonal Forum Penetral regions

8 seated regions 2 unseated regions* 3,647 meetings

member regions include

Arkansas

Bluegrass-Appalachian*

Kentuckiana

Lone Star

Louisiana

Mississippi

Red River*

Show-Me

Tejas Bluebonnet

Volunteer

Face-to-face, two-day meeting held three times a year

Virtual meetings are held monthly for PR and FD

Consensus-Based Decision Making with all in attendance included in the process

Year established 1992

INFORMATION

Focus/Services

The focus of the meetings is to hear reports from member regions and from trusted servants. Topics of discussion are chosen by the hosting region and workshops are presented by delegates to address the region's needs.

Over the last couple of years, the zone has been doing PR for professionals presentations for the member regions. They are also in the process of providing Fellowship development. The first step for FD is to determine where meetings are needed.

The zone also provides a website where all the workshop presentations are posted for the Fellowship to use.

SUCCESSES

The Southern Zone collaborated with the Southeastern Zone for the CAR/CAT workshop and had World Board participation. It was a successful event and there are plans for the next CAR/CAT workshop planned for 2022.

www.szfna.org all@szfna.org

Facilitator: Staci H. (Lone Star)
Secretary: Lucy O. (Volunteer)
Treasurer: Sharon S. (Lone Star)
PR/FD Charmaine D.
(Volunteer)

Zonal Delegate: Henry C. (Lone Star)

FINANCIAL

The zone does not have a budget; however, they keep a prudent reserve and all funds that exceed this amount are forwarded to NAWS. The funds come from groups, areas, and regions. They also have a registration fee for the zonal meetings and sell t-shirts. Travel and two half-room nights are funded for each trusted servant.

EVENTS

The Southern Zone holds one of their face-to-face meetings in conjunction with the Multi-Zonal Service Symposium (11—13 September 2020, San Antonio, Texas, USA—www.mzssna.org)

QUESTIONS & CONCERNS

Could other zones share their guidelines? This is so the SZF can compare and strengthen their own.

How much regional participation happens at other zones?



13 seated regions 0 unseated regions 6,180 meetings

member regions include

Alaska

Arizona

California Inland

California Mid-State

Central California

Northern California

Pacific Cascade

Region 51

Rio Grande

San Diego Imperial Counties

Sierra Sage

Southern California

Washington Northern Idaho

Face-to-face, three- to four-day formal meeting held once a year with one to two informal meetings per year

Virtual meetings are held for workgroups as needed

Consensus-Based
Decision Making
(consensus is reached
when 2/3 of the voting
RDs are in favor of a
proposal/topic.
(9 out of 13 for full vote)

Year established



Mission

INFORMATION

The Western States Zonal Forum is a service-oriented sharing session that joins the regions of the Western States Zone to collectively share our service challenges and share our solutions to challenges through annual meetings and ongoing communication. The Forum provides training opportunities to benefit zonal and local members and their service bodies. The interaction and collaborative exchange with NAWS and the World Board serve our body and help us prepare for the WSC and support Fellowship development.

Focus

The focus of Western States Zonal Forum is to administer workgroups, and provide training, sharing of best practices, challenges and solutions, Fellowship development, and preparation for the World Service Conference.

Services

They do Fellowship development in conjunction with their annual weekend meeting, and have a zonal website. In order to further the goal of providing more services within the zone, they have open webinars for Fellowship development, H&I, and PR sharing opportunities throughout the year.

They provide CAR/CAT workshops for delegate teams with the World Board in attendance. Visitors are welcome and may be invited to participate if time allows. For the most recent CAR workshop, they invited the Rocky Mountain Zonal Forum to attend. Two members from that zone participated in the meeting.

WSZF provides opportunities for members within the zone to get involved on projects. They form internal workgroups that are open to past and present RDs and RDAs. They also form external workgroups that are open to any member who lives in the zone.

They utilize planning by prioritizing issues of concern and forming workgroups that meet in-person and virtually to take the next steps and report back to the forum at large.

SUCCESSES

www.wszf.ora

Zonal contacts:

Facilitator:

Alternate

Facilitator:

The zone has been using online collaboration tool (Loomio) for discussion, posting documents, and information sharing. This works for the members that use it and check it consistently.

Laura B. (Rio Grande)

Dave T. (San Diego/

Imperial Counties)

Laura B. and Dave T.

The process of identifying areas of focus, creating workgroups that meet virtually, and then posting progress on the online collaboration tool is showing some success.

They have been able to provide Fellowship development, tailored to the local needs, at the annual weekend meetings for the local community in which they meet.

FINANCIAL

The WSZF has an annual budget of up to \$3,900. Contributions to the budget are made by member regions at a suggested rate of \$300 per region. The budget includes funding trusted servants (travel, lodging, per diem), some costs associated with the zonal meetings, and other expenses as agreed to by the zone and its member regions, such as technology.

Any zonal forum member may submit a request for reimbursement for expenses. Each request will be considered individually.

EVENTS

During the three- to four-day formal meeting, they plan an event or session that serves the needs of the local Fellowship. This could be either Fellowship development, training, or some other event. One of the informal meetings co-occurs with Western Service Learning Days (WSLD).