Monophyletic origin of Lake Victoria cichlid fishes suggested by mitochondrial DNA sequences

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LAKE Victoria, together with its satellite lakes, harbours roughly 200 endemic forms of cichlid fishes that are classified as 'haplochromines' 1.2 and yet the lake system is less than a million years old. This 'flock' has attracted attention because of the possibility that it evolved within the lake from one ancestral species and that biologists are thus presented with a case of explosive evolution. Within the past decade, however, morphology has increasingly emphasized the view that the flock may be polyphyletic 4.5. We sequenced up to 803 base pairs of mitochondrial DNA from 14 representative Victorian species and 23 additional African species. The flock seems to be monophyletic, and is more akin to that from Lake Malawi than to species from Lake Tanganyika; in addition, it contains less genetic variation than does the human species, and there is virtually no sharing of mitochondrial DNA types among species. These results confirm that the founding event was recent.

Mitochondrial DNA (mtDNA) sequences were obtained from 14 species from 9 endemic genera of the Lake Victoria flock. These included two of the four monotypic genera described by Greenwood as well as other representatives of the five main ecological and morphological groups, namely eaters of insects, fish, fish larvae, molluscs and algae (Table 1). A 363-base-pair (bp) part of the cytochrome b gene and a 440-bp segment of mtDNA that bears part of the threonine transfer RNA gene, all of the proline tRNA gene and the most variable part of the control region were sequenced after enzymatic amplification7 (Fig. 1). There is little variation in these mtDNA segments among the 32 specimens examined; only 15 sites out of the 803 surveyed show base-substitutional differences (Table 1). The average number of differences between pairs of the 16 mtDNA types found was less than that occurring within human populations in this part of the control region⁸. A comparable result was evident from electrophoretic comparisons of proteins encoded by nuclear genes3,9. Despite the low genetic variation, there was virtually no sharing of mtDNA types among species (Table 1), a result that is exceedingly unlikely to arise by chance. This finding seems to rule out the possibility that most of the morphological species in Lake Victoria are merely alternative morphs of a few biological species 10,11. No length mutations were detected in this survey and no variation was found in either the cytochrome b or the tRNA genes. In addition, our findings contrast with studies of other fishes, which generally show more intraspecific variation in conservative regions of mtDNA than is observed in our intergeneric comparisons within Lake Victoria in the control region 12,13

To place these Victorian cichlids in relation to other cichlids, we sequenced both mtDNA segments in 26 additional species (Fig. 1, Table 2). As shown in Table 2, the endemic Victoria haplochromine species, which differ from each other by an average of only 3 substitutions (Table 1), differ from those of Lake Malawi by 54 to 55 substitutions and by at least 77 substitutions from other species. Likewise, the two groups of haplochromines from Lake Malawi, which differ from each other by an average of 24 substitutions, differ by at least 54 substitutions from cichlids elsewhere. Genealogical analyses using Hemichromis, from West Africa, as an outgroup confirmed this

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TABLE 1 Variation in the control region among 32 endemic fishes of the Lake Victoria

	Species	No. of individuals	Bases at 15 variable positions
1	. Astatotilapia piceatus	3	TGGTGCCATCACCGG
	. Astatotilapia elegans	1	ATT
	. Astatotilapia nubilis	1	CT.T.
4	. Ptyochromis sauvagei	3	CC.T
5	. Ptyochromis xenognathus*	3	AC.T.A
6	i. Labrochromis ishmaeli*	3	
7	. Platytaeniodus degeni	3	
8	. Macropleurodus bicolor	2	.A
9	. Lipochromis obesus	5	TGT
10	. Neochromis nigricans	4	T
11	. Prognathochromis longirostris	1	
12	. Prognathochromis dentex	1	A T
13	. Prognathochromis paraguiarti	1	
14	. Harpagochromis guiarti	1	CT

Variable nucleotide positions are indicated with numbers 1–15 in Fig. 1a; dots indicate identity of a nucleotide with the first species and letters below lines indicate that more than one nucleotide has been observed at this position in the polymorphic species (*). Specimens of species 1, 2 and 4–8 were collected in the Mwanza Gulf, Tanzania (southern Lake Victoria) and the others at Jinja, Uganda (northern Lake Victoria). For species 3, 13 and 14 only positions 84–440 were sequenced. Species 2 and 3 are not strictly endemic to Lake Victoria but also occur in its surrounding lakes, therefore supporting Greenwood's notion of a 'species superflock' of Victoria haplochromines. The species include eaters of algae (7, 10), insects (1, 2, 7), fish larvae (9), fish (11–14) and molluscs (4–6). All endemic haplochromine cichlids of Lake Victoria and the sand-dwelling cichlids of Lake Malawi (group A in Figs 1, 2) were once placed into four monotypic genera plus the genus Haplochromis. Greenwood**9.72 revised the taxonomy of the Lake Victoria haplochromines and assigned ~170 species into 20 endemic genera, reducing the number of species in Haplochromis to six. The use of the term 'haplochromines' here is not intended to imply any taxonomic rank assignments to this group of cichlids**\(\text{0.13.19.20} \).

strong indication of monophyly for the Victoria flock (Fig. 2). Some of the morphologically convergent forms (for example, Macropleurodus from Lake Victoria, and Chilotilapia from Lake Malawi) that served before to support the notion of polyphyly are represented in this study; they confirm our monophyly conclusion. In addition, two species endemic to Lake Tanganyika (Julidochromis and Lamprologus) are more distantly related to the taxa from Lakes Malawi and Victoria than is Astatoreochromis. This nonendemic Victorian haplochromine is the sister group to the endemic cichlid faunas of both Lakes Victoria and Malawi.

The 24 members of the Lake Malawi flock surveyed fall into two monophyletic groups, sand-dwellers and rock-dwellers, here called haplochromine groups A and B, respectively (Fig. 2). As each of these two ecological groups seems to consist of about 200 species and our sampling of the faunal diversity of Lake Malawi may not be adequate, it would be premature to propose the existence of an exact association between phylogenetic position and ecological group for all Malawian species.

The patterns of base changes in the two regions sequenced behave as expected from surveys of other groups of vertebrates. Transitions outnumber transversions in both segments, and silent changes outnumber replacement changes in the cytochrome b gene. Moreover, the rate of change in the control region exceeds that in the cytochrome b gene. The results give no reason to suppose that the rates of mtDNA evolution are uneven or accelerated among East African cichlid fishes.

The likelihood of extreme recency for the Victorian flock is underscored by the finding that species within the Neotropical genus Cichlasoma differ by as much as 11% in their cytochrome b sequences⁷ (Fig. 1b), whereas the Victoria flock differs by only 5% from the Malawi flock. Indeed, no diversity in the cytochrome b segment (legend to Table 2) was evident within the Victoria flock. An estimate of the divergence times among the flocks is based on the assumption that the mean rate of divergence in the cytochrome b gene is 2.5% per million years. Our molecular results date the origin of the extant Victorian flock at less than 200,000 years ago (Fig. 2). Lake Victoria's age has been estimated to be between 250,000 and 750,000 years¹⁵,

a	
control region	
T julidochromis T Lamprologus E Astatoreochromis M Haplochromine A M Haplochromine B V Haplochromine	TTAMAN CCTTCCTACTGCTTCANAGANANGGGATTTTANCCCCTACCCCTAGCTCCCANAGCTANGGATCCTAACCTTAGACTATTCCTTGCCGGGCTCTGCC-TCGATGTANACGTTGTG 120
T Julidochromis T Lamprologus E Astatoreochromis M Haplochromine A M Haplochromine B V Haplochromine	CATATATGTATTATCACCATTATCTTATATCAAACATAAACTATAAATACATAAAATTTA—CAAAGACATAGACCTGTCCCCCACATATTTGCTATGGACATGTACGATTCAACGG 240 TC T C AA. GA A T TAT-A.C.A.G. G TC T T T C TT.A.T T A.A. T.T-A.C.A.G. T GT T T T C A TAAAATA T.TAAAC T.T-A.C.A.G. T T T T CTC A G.A.T GTAGA.ATA T.C.ACA T.T-A.C.A.G. T T T T CTC A G.A.T GTAGA.ATA T.C.ACA T.T-A.C.A.G.
T Julidochromis T Lamprologus E Astatoreochromis M Hapiochromine A M Hapiochromine B V Hapiochromine	T-CATANACCATAACTGA-TATAT-CCAACATATATTTAATTAATTAATTACTGGACGATGATTTAAGACCGATCACACCTCTCATACAGTTAAGATATACCAAG-TACCCACCATCCTATTCG 360 A
T Julidochromis T Lamprologus E Astatoreochromis M Haplochromine A M Haplochromine B V Haplochromine	TTTAC-AATATTTAATGTAGTAGGCCCACCATCAGTTGATTCCTCAATGTTAACGGTTATGAAGGTGAGGGACAATT
b	
cytochrome b	to transfer the seal will be make the control of a manufacture of a first seal and a miner or such deposit on t
N C. citrinellum N C. centrarchus N C. nicaraguense	CGA AAA ACC CAC CCT CTC CTA AAA ATC GCA AAC GAC GCA CTA GTT GAT CTC CCC GCA CCC TCA AAC ATC TCT GTC TGA TGA AAC TTC GCC TCC 93
W Hemichromis T Julidochromis E Astatoreochromis M Haplochromine A M Haplochromine B V Haplochromine	CGA AAA TCC CAC CCC CTC CTA AAA ATT GCA AAC GAC GCA CTA GTC GAC CTC CCA ACC CCC TCA AAC ATC TGC TGA TGA AAC TTT GGC TCC
N C. citrinellum N C. centrarchus N C. nicaraguense	CTA CTA GGG CTC TGT CTC GCC GCC CAA ATT TTA ACA GGC CTT TTC CTT GCA ATA CAC TAC ACT TCC GAT ATC GCA ACA GCC TTT TCA TCC GTC 186
W Hemichromis T Julidochromis E Astatoreochromis M Haplochromine A M Haplochromine B V Haplochromine	CTC CTC GGA CTT TGC CTT ATT GCT CAA ATC CTG ACA GGC CTC TTC CTA GCA ATA CAC TAC ACC TCT GAT ATC ACC ACA GCA TTC TCA TCC GTT .A .AC .T .CAG GAT'TCTCGCCC .G .AC .T .A .G.CTCTCCCCCCC .A .A .G .C .T .A .G.CTCCC
N C. citrinellum N C. centrarchus N C. nicaraguense	GCC CAC ATC TGC CGA GAT GTA AAC TAT GGC TGA CTA ATC CGT AAT ATA CAC GCC AAC GGC GCA TCC TTT TTC TTT ATT TGC ATC TAC CTT CAC 279
W Hemichromis T julidochromis E Astatoreochromis M Haplochromine A M Haplochromine B V Haplochromine	CCT CAC ATT TGT CGA GAC GTA AAT TAC GGC TGA CTC ATC CGA AAC ATA CAT GCC AAC GGC GCA TCC TTC TTT ATC TGT ATT TAC CTT CAC .C C T C
N C. citrinellum N C. centrarchus N C. nicaraguense	ATT GGC CGA GGA CTA TAC TAC GGC TCC TAC CTT TAT AAA GAA ACA TGA AAT GTA GGA GTT GTT CTC CTC CTC CTA ACC ATA ATA 363
W Hemichromis T Julidochromis E Astatoreochromis M Haplochromine A M Haplochromine B V Haplochromine	ATT GGC CGA GGA CTA TAC TAC GGT TCA TAC CTC TAT AAA GAA ACA TGA AAC ATC GGA GTC ATC CTC CTT CTT CTA ACA ATA ATA

FIG. 1 Mitochrondrial DNA sequences from a, part of the threonine tRNA gene (18 bp), the proline tRNA gene (71 bp) and a 350-bp segment of the control region of African cichlids and b, part of the cytochrome b gene for African and Central American cichlids. In a: dots, sequence identity with Julidochromis; dashes, deletions; 1-15, nucleotide positions that are variable among the endemic cichlids of Lake Victoria (see Table 1). In a and b, consensus sequences for all specimens sequenced are shown for the endemic Lake Victoria haplochromines (see Table 1), the haplochromine groups A and B from Lake Malawi, and Astatoreochromis (see Table 2). For position 342 in a, one species of the Malawi group A (Buccochromis) had an A inserted (as shown). The sequences in a correspond approximately to positions 15,937-16,497, and in b, to positions 14,759-15,121 in the human mtDNA sequence²². The gene arrangement in the cichlids is similar to that in sturgeon²³ but seems to differ from that in cod, in which a 74-bp insertion exists between the threonine and proline tRNAs24. In b: dots, sequence identity either with Cichlasoma citrinellum (one of three species of Cichlasoma sequenced from the Central American Neotropics) for the three

Cichlasoma congeners or with Hemichromis, from West Africa, for the African taxa. Blanks, missing sequence; N, Neotropics; T, Lake Tanganyika; E, East Africa; M, Lake Malawi; V, Lake Victoria.

METHODS. DNA was extracted from tissues of frozen or ethanol-preserved specimens $^{7.8}$. Amplifications were performed in 25- μ l volumes of Tris buffer (67 mM, pH 8.8) containing 2 mM MgCl $_2$, 1 mM of each dNTP, 1 μ M of each primer, 10–1,000 ng template DNA and Taq polymerase (1 unit; Cetus). The primers used for the cytochrome b gene were L14724 (5'-CGAAGCTTGATATGAAAACCATCGTTG-3', designed by S. Pääbo) and H15149 (ref. 7); for the control region they were L15926 (ref. 7) and H16498 (5'-CCTGAAGTAGGAAC-CAGATG-3'). L and H refer to the light and heavy strands, respectively, and the numbers refer to the position of the 3' base of the primers in human mtDNA 22 . The temperature profile for 30 cycles of double-stranded and 35 cycles of single-stranded amplification was 45 s at 94 °C (denaturation), 1 min at 55 °C (annealing of primers), 2 min at 72 °C (polymerization). The rest of the protocol is reported in detail in ref. 7.

TABLE 2 Base differences in two segments of mtDNA from African cichlid fishes

		Geographical	No. of base-substitutional differences				
	Species	origin	В	C	D	E	F
A.	Hemichromis	W. Africa	55	57	55	55	58
B.	Julidochromis	L. Tanganyika	_	40	44	43	41
C.	Astatoreochromis	E. Africa	58	_	24	23	32
D.	Buccochromis	L. Malawi	63	38	_	7	18
E.	Pseudotropheus	L. Malawi	63	38	17	_	18
F.	'Haplochromines'	L. Victoria	63	45	37	36	_

Mean number of differences in a 363-bp segment of the cytochrome b gene (from Fig. 1b) appear above the diagonal and in a 440-bp segment bearing tRNA genes and the control region below the diagonal (from Fig. 1a). The cytochrome b region was sequenced for a total of 18 specimens, which included 3 from 3 species of the Neotropical genus Cichlasoma, 1 Hemichromis bimaculatus from West Africa, 1 Julidochromis regani, 1 Astatoreochromis alluaudi (from Lake Victoria; this species also occurs in rivers of East Africa), 1 Buccochromis atritaeniatus (Malawi haplochromine group A), 1 each of 3 species of the Pseudotropheus tropheops complex from Lake Malawi (often called 'mbuna', and here called haplochromine group B), and 8 specimens of 7 haplochromine species from Lake Victoria (1, 2 and 4-8 in Table 1). No variation was detected among the specimens from Lake Victoria or among haplochromines of group B from Lake Malawi. The control region was sequenced from 66 specimens, which included 1 Julidochromis regani and 1 Lamprologus birchardi from Lake Tanganyika (which differ by 53 base substitutions, Fig. 1a), 8 specimens of Astatoreochromis alluaudi from Lake Victoria (3 from southern localities in Tanzania and 5 from northern Uganda; no fixed differences were found between northern and southern populations), 9 specimens of 9 species of group A from Lake Malawi (variation not shown), 15 specimens from Malawi of 10 group B species (variation not shown), and the 32 Lake Victoria haplochromines from 14 species whose results appear in Table 1. The Malawi group A species were Chilotilapia rhoadesi, Buccochromis atritaeniatus, Nimbochromis polystigma, Dimidiochromis compressiceps, Maravichromis labidodon, Champsochromis spilorhynchus, Protomelas annectens, 'Haplochromis' diaboli and Sciaenochromis gracilis14; the Malawi group B representatives consisted of eight specimens from seven undescribed species of the Pseudotropheus tropheops species complex21 (P. Reinthal and A. M., unpublished data), 5 of Pseudotropheus zebra and 1 each of Melanochromis auratus and Labeotropheus fuelleborni. Consensus sequences appear in Fig. 1 for Astatoreochromis and Malawi groups A and B as well as for the Victoria haplochromines.

but younger ages are considered likely for the present-day fauna3. This date and the other estimated divergence times (Fig. 2) fit with the estimated geological ages of the three lakes (1-2 million years (Myr) for Lake Malawi and 2-4 Myr for Lake Tanganyika16). So it is likely that the Victoria flock arose within the lake.

Furthermore, this result weakens the hypothesis that similarly specialized species from different lakes are more closely related to each other than to morphological generalists from the same

Victoria haplochromines Malawi haplochromine group A Malawi haplochromine group B Astatoreochromis Julidochromis Lamprologus Myr

FIG. 2 Evolutionary tree for 36 African cichlid species based on a parsimony analysis²⁵ of mtDNA sequences. The tree is a composite based on two approaches. Only amino-acid replacement changes in cytochrome b were used to confirm the two deepest nodes, a and b, as well as to place the root on the ab branch, using Hemichromis as an outgroup. The four equally short trees obtained (each with 14 steps, consistency index CI=0.75) did not sort out the branching order inside the group stemming from node a. A second approach used control region data with two cichlids of Lake Tanganyika (Julidochromis and Lamprologus) as the outgroup and established the branching pattern shown, with high boot-strap values (97-100)26 confirming each of the internal branches (ab, ac, cd, ce, df and dg). The data did not allow the resolution of the relationships within any of the three assemblages stemming from nodes e, f and g (accordingly, parsimony analysis yielded nine equivalent solutions, each requiring 178 mutations; CI=0.826). Other studies suggest that the cytochrome b gene diverges at a rate of at least 2.5% per million years in mammals29. On the basis of this rate and the per cent differences obtainable from Table 2, Astatoreochromis shared a common ancestor with the endemic Lake Victoria cichlids ~3.5 Myr ago, in exact agreement with the date inferred from studies of proteins encoded by nuclear genes³. The two main groups of cichlid fishes from Lake Malawi seem from this approach to have had a common ancestor ~700,000 years ago, the geological age of this lake being 1-2 Myr16. The low genetic distances observed among the proteins of the Malawi haplo-chromines B are consistent with this inference^{27,28}.

lake. These specializations probably evolved repeatedly and independently. The establishment of the monophyly of this species flock draws attention to the remarkable speed of the morphological diversification in Lake Victoria without an acceleration of molecular evolution.

Unfortunately, we are losing the opportunity to study the cichlid fauna of Lake Victoria, because much of it is going or has gone extinct as a result of the introduction of a non-endemic predatory fish. 17,18.

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