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## Letter from Leadership

#### Dear Partners,

As we find ourselves in the third year of a global pandemic that has touched every corner of the globe and as violent extremism continues to spread across West Africa, having arrived at Togo's northernmost border this past year, one might be tempted to lose hope. However, as we reflect on the past year, on the inspiring actions taken by our team members, on the results we have seen reflected in the health of our patients, and on the progress driven forward by our partners in government, we are filled with hope.

Thanks to each of you, who have stood in solidarity with our bold and ambitious efforts to realize our vision of access to quality primary healthcare for all, today we stand together at the precipice of a profound health system transformation. Our tireless efforts to demonstrate, pilot, and test a new approach are now bearing fruit. We are seeing the lessons we have learned inspire change at a national scale. This has always been our goal, and thanks to your partnership, it is being realized.

This past year, Togo witnessed a transformation in the delivery of healthcare ushered in by the newly launched national maternal health program, called Wezou. Meaning "breath of life", this national reform was made possible thanks to the technical efforts of our team members, who put their costing and modeling skills to use in the creation of this national health reform. As a result, over the past year more than 200,000 women have benefitted from free maternal healthcare, thanks to investments by the Government of Togo, totaling nearly \$2M to date.

Éven with significant progress achieved, our team remains focused on the work left to do. Building on the Wezou reform, Integrate Health partnered with the Regional Health Team to expand ultrasound screening across the entire Kara region. Over the past year, we renovated 10 health centers. With our 200 supported Community Health Workers and through 25 supported health centers, we are serving a total population of 204,000 and continuing to inform future reform at the national level. This work has also inspired the Ministry of Health in Guinea, who this year invited Integrate Health to join efforts to strengthen Guinea's national community health system.

Through all of these actions, Integrate
Health is demonstrating both our capacity
and commitment to ushering transformation
across the West African region, especially in
francophone countries traditionally left out
of mainstream aid and development efforts.
As a result, we look to the future full of hope,
believing that the success to date marks only
the beginning of continued transformation
and reform that will deliver on our vision
of universal health coverage. We could not
dream of devoting our strengths to a more
worthwhile effort. We are deeply grateful for
your continued support for our efforts.

In solidarity,

Sesso Christophe Gbeleou, Country Director

Jennifer Schechter, CEO & Co-Founder

find Shutto

Kevin Fiori, Senior Advisor & Co-Founder

1-1-4f.







## Why Health For All?

## **GLOBAL CONTEXT**

Half of the world's population, 3.8 billion people, lacks access to essential health services. This shortage has deadly consequences, particularly in francophone West African countries.

## **REGIONAL CONTEXT**

While confronted with the highest burden of disease in Africa, the region receives the lowest amount of international investment and is being left out of scientific and funding opportunities due to language barriers.

Togo and Guinea have high rates of maternal and child mortality.

## **GUINEA**

1 in 13

children die before their fifth birthday.

The maternal mortality rate is

20x higher than in high-income countries.

## TOGO

1 in 15

children die before their fifth birthday.

The maternal mortality rate is

14x higher than in high-income countries.



## **The Solution**

The solutions exist but have yet to be scaled. The Integrated Primary Care Program delivers key innovations designed to address the major barriers to seeking care and ensure high-quality, accessible, and patient-centered primary healthcare delivery.

### An integrated approach that works



### **Community Health Workers**

Trained, equipped, supervised, and salaried Community Health Workers expand the reach of the healthcare system to patients' front doors.

2



#### **Clinical Capacity-Building**

Mentored nurses and midwives in public health centers provide patients with high-quality healthcare.

3



## **Supply chain and Infrastructure**

Trained pharmacists ensure patients have the medicines and health products they need when they need them.

4



#### **User Fee Removal**

Removed point-of-care fees for pregnant women and children under five so even the poorest can access healthcare.



## Year in Numbers



204,810

TOTAL POPULATION SERVED



25

NUMBER OF HEALTH CENTERS



200

NUMBER OF CHWS



589,225

NUMBER OF HOME VISITS

## **Pediatric Health**

**103**% of target met



#### **Timeliness**

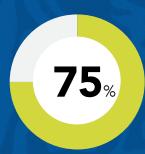
% of treated cases of childhood illness that were treated within 72 hours of symptom onset



327%

= 91,942 CONSULTATIONS / 28,074 CHILDREN U5





#### **Effective Pediatric Referrals**

Percent of referrals by CHWs for children under five needing escalated care who follow up at a health center

#### Rate of Attendance of Children

Number of consultations of children under five at a health center, out of number of children under five living in the catchment area

## Maternal, Neonatal & Reproductive Health





## Prenatal Consultation Coverage

Number of women who attended four prenatal visits, out of women who delivered at a health facility





## Facility-Based Delivery Coverage

Number of women who delivered at a health facility, out of total recorded births

## **109**% of target met



## Postnatal Consultation Coverage

Number of women who attended first postnatal consultation, out of total recorded births



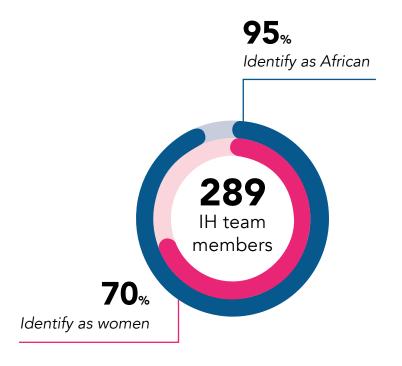


## Modern Contraceptive Coverage Rate

Number of women effectively protected by a modern family planning method, out of eligible women

## **Locally Rooted**

Integrate Health believes that strategy and decision-making should happen closest to the challenges we address. Integrate Health's team is women-led and community-owned.



13
MEMBERS

### **Leadership Team**

The majority of the leadership team is based in Africa and sets and oversees organizational strategy.

63

200

**MEMBERS** 

**COMMUNITY HEALTH WORKERS** 

#### **Country Teams**

The Togo and Guinea teams design, implement, and monitor organizational strategy.

10 MEMBERS

#### **Global Support Team**

The global support team raises funds and provides technical and operational support to country teams.



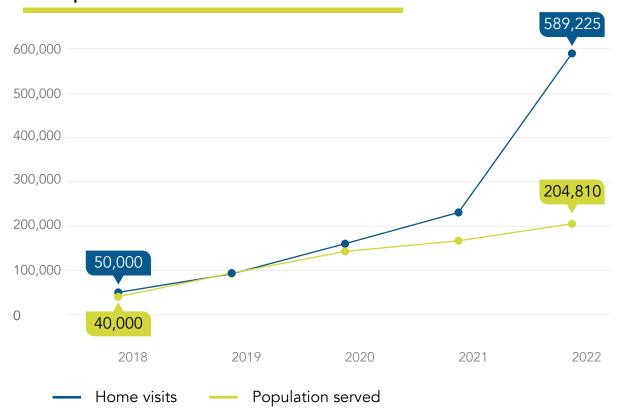
## **FY22 Achievements**

The big shift towards a strengthened national primary healthcare system for all in Togo and beyond is happening now.

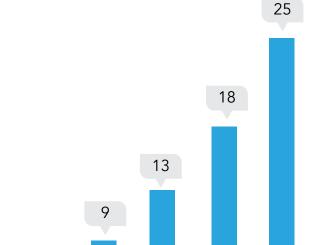
## Successfully scaling five-fold on budget and on time

Integrate Health has completed its four-year planned replication phase in the Kara region of northern Togo. The Integrated Primary Care Program demonstrated the effectiveness of key innovations in primary healthcare that create a patient-centered health system and save lives.

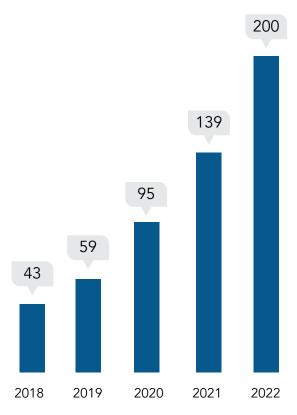
#### **Total Population Served & Number of Home Visits**











### Launch in the Binah District

This year, Integrate Health launched the Integrated Primary Care Program in the Binah district, the fifth and final district in the replication phase.



40

COMMUNITY HEALTH WORKERS



7

**HEALTH CENTERS** 



35,000

**PEOPLE** 



#### Bossè Yagata, confident and proud Community Health Worker

Bossè Yagata is one of the most recently hired Community Health Workers. She has been covering 136 households in the Kouyoria community since the Integrated Primary Care Program launched in the Binah district in July 2021. At the time, the area she served was consistently registering high rates of child and maternal mortality as people heavily relied on herbal medicines provided by traditional healers.

A year later, Bossè says that her community is not the same. She noticed the child mortality rate dropping and the number of women delivering at the Kouyoria health center increasing. The infamously deserted health center is now getting busier by the day. Bossè is proud of the work that she and her peers accomplished this past year, delivering lifesaving care to the community. But most of all, she is proud of contributing to the family expenses.

"I always wanted to be a nurse but couldn't afford to go to nursing school. Now, with the training provided by Integrate Health, I can contribute to the wellbeing of my community. This changed my life for me personally, but also as a mother and as a member of my community. I'm grateful for that opportunity and can't wait to see what the future holds."



"I'm a mother of six, and four of them were delivered at home. My fourth delivery was particularly painful and led to a serious injury that took months of bedrest to heal. I knew I couldn't go through that again. Thankfully, Bossè was here when I got pregnant with my sixth child. She monitored me throughout, made sure I didn't miss my prenatal check-ups, and prepared a birth plan with me. I delivered at the health center with no complications. Having her with access to free healthcare was a lifesaver. Really, what more could you ask for?"

- Albertine Tchatchi, mother living in Kouyoria

## Transfer of ownership in the Kozah District

Most organizations hand over a manual and pack their bags. We are committed to equipping district health teams to maintain quality implementation.

80%

OF INTEGRATED PRIMARY CARE PROGRAM ACTIVITIES ARE OWNED AND IMPLEMENTED BY THE KOZAH DISTRICT HEALTH MANAGEMENT TEAM.



"I am very grateful to Integrate Health for the support to train health workers and renovate and equip the Kozah district's infrastructures. For almost eight years, a lot has been accomplished. It is now our opportunity to capitalise on the innovations brought by the Integrated Primary Care Program and pave the way for a sustainable future. It is a good thing for the district to take ownership and perpetuate what is already done, for the well-being of our population."

- Dr. Abdel Kadère Alfa, Kozah Health District Director

## Togo makes maternal healthcare free



376,504

**WOMEN ENROLLED** 



**DELIVERIES** 



\$1.96M

GOVERNMENT INVESTMENT

The Ministry of Health launched the Wezou program making healthcare free for pregnant women across Togo. Wezou, meaning "breath of life" in Kabye, increases access to healthcare for women by removing the cost of care for essential maternal health services. Integrate Health played a critical role in the Ministry of Health's maternal health reform by modeling costs and impact to build an investment case for maternal health across the country.



## Improved quality of maternal healthcare across the Kara region



19

PORTABLE
ULTRASOUND
MACHINES ON
ROTATION



**20** 

MIDWIVES TRAINED



1,202

WOMEN WHO RECEIVED FREE ULTRASOUND SCREENING

The Kara Regional Health Department of the Ministry of Health and Integrate Health continue to scale quality care. Together they have scaled a roving ultrasound screening approach, piloted in Integrate Health-supported districts across the whole Kara region. Midwives are equipped and trained to bring lifesaving ultrasound screening technology to women living in rural areas who previously had no access.



#### Merveille Yanya, young mom from Sarakawa

Merveille Yanya is a 22-year-old woman living in the Sarakawa community in the Kozah district. Pregnant with her second child, she sits in the waiting room of the Sarakawa health center, waiting for an ultrasound screening. She recalls her first pregnancy where women had to go to Tchitchao, 19 kilometers away, to have access to a machine, a journey she didn't make at the time because the cost of a screening was out of reach for her. But this time around, Merveille feels much more relaxed and at peace because she will have an ultrasound at the end of each trimester.

With the scaling of the ultrasound program, women like Merveille are informed by their Community Health Workers when screenings are available in their area. Pregnant women can then schedule their prenatal consultations accordingly, free of charge.



"In the past, because of lack of money, it was difficult for us to come to the health center for the ultrasound screenings. Now, we benefit from them without paying anything. Our deepest gratitude to those who thought of us in setting this up for our well-being."

- Merveille Yanya, mother living in Sarakawa



## Integrate Health and the Guinean Ministry of Health launch partnership to strengthen primary healthcare in Guinea

The government of Guinea invited Integrate Health to accompany them to solve critical challenges in the implementation of their national community health strategy.

Overall, our goal in Guinea is the same as it is in Togo: to support governments and civil society to implement, study, and scale key innovations in primary healthcare. Integrate Health believes that we can learn more and faster by partnering with governments and communities in two comparable but different country contexts.



"Go where the need is greatest. Look at the system and see where the gaps are. What innovations can help us fill those gaps?"

- Advice from Dr. Kourouma, Director of the Division of Community Health, Guinea Ministry of Health

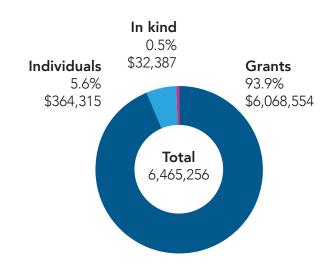
## **Financials**

### **TOTAL REVENUE**

\$6,068,554 GRANTS

**\$364,315** INDIVIDUALS

\$32,387 IN KIND

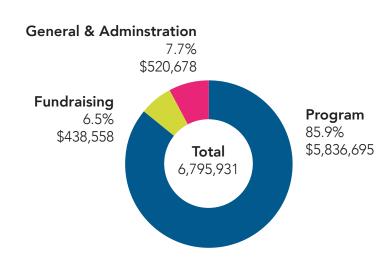


#### **TOTAL EXPENSES**

\$5,836,695 PROGRAM

\$438,558 FUNDRAISING

\$520,678
GENERAL &
ADMINISTRATION



Preliminary figures pending audit review. Past year audited financials are available on our website, integratehealth.org

# Organizational Partners

**Amazon Smiles** 

Anonymous

Bohemian Foundation

Cartier Philanthropy

Construction for Change

**CRI** Foundation

Crown Family Philanthropies

**DAK Foundation** 

Deerfield Foundation

**Dovetail Impact Foundation** 

Formanek Foundation

Godley Family Foundation

Gould Family Foundation

Intel Corporation

Jascha Hoffman Giving Fund

Jasmine Social Investments

Jester Foundation

Mulago Foundation

Netri Foundation

Northwestern University, Institute for Global

Health

Panorama Global

Peery Foundation

Planet Wheeler Foundation

Preston-Werner Ventures

**RA5** Foundation

Radiata Foundation

Ray and Tye Noorda Foundation

RippleWorks Foundation

Rotary Club of South Everett Mukilteo

Segal Family Foundation

Skoll Foundation

T&J Meyer Family Foundation

The Adventure Project

Together Women Rise

**UBS** Optimus Foundation

Viacom

Vitol Foundation

Wagner Foundation

Waterloo Foundation

Weyerhaeuser Family Foundation

World Centric

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Leila Celestin

Michelle Chapman and Brian Courts

Catherine Chenard

Jacqui Chenard

Robert Choo

Nancy Cosyns

Lauren Dockweiler

Gayle and James Dunham

Jacqueline Edwards

Kristen Finney

Dawn Fiori

Deborah and Kevin Fiori Sr.

Jennifer and Kevin Fiori Jr.

Thomas Fiori

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Brian Naylor

Sophia Okeke

Phyllis and David Oxman

Megan and Gavin Oxman

Sarah and Christopher Pallas

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Bekah Pyne

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Dedevi Sitti

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Claire Talcott

Marybeth Turner

Karen and Randy Veeh

Sean Walsh

**Donald Weaks** 

Susan White

Jessica and Casey Whitsett

Alice Williams

Patricia Yeh and Lawrence Lue

Sharon Yeh

Qintian Zhang

## **Looking Ahead**

Governments across francophone West Africa are scaling evidence-based primary healthcare delivery. Working together, we can ensure access to quality primary healthcare for everyone, led by governments and accountable to communities. Together, we can unlock transformational change.

Join us.

**Get involved** 

**Donate** 



