



# **SHEILA'S STORY**

Sheila Davis is a resident at Morris Manor Senior Apartments on Jacksonville's Northside. Her impaired mobility and limited income makes it difficult to shop regularly for the food and household items she needs. Through Feeding Northeast Florida's senior pantry which operates within her apartment complex, Sheila is able to select the food and resources she prefers.

"It helps especially here in the senior complex," explained Sheila. "There's a lot of us who are not able to go out and about and it really provides things that we need without having to struggle to go out and get it." Feeding America reports 1 in 12 seniors nationwide is considered food insecure. Many seniors are living on fixed incomes that often force them to forgo things like food to pay for other items like medical care and prescriptions. The rate of hunger among seniors aged 60 and older has increased by 38% since 2001, a lingering effect of the 2008-09 recession. Now with the additional strain of COVID-19, senior hunger is expected to grow exponentially.

#### THE STATS

- In Northeast Florida, 1 in 7 seniors are faced with the realities of hunger – nearly doubling national estimates.
- During 2020, Feeding Northeast Florida provided food resources to an estimated 50,400 seniors living in the 8 counties we serve.

- OUR IMPACT

### **184 PARTNER AGENCIES**

& programs directly assisted in feeding seniors

## 600,000 MEALS

delivered to home-bound seniors through Project S.H.A.R.E.

## **50,400 SENIORS**

received food resources from our food bank

#### **HUNGRY TO HELP?**

Visit feedingnefl.org or contact Sarah Dobson at sdobson@feedingnefl.org