

National NCD Targets for Rwanda

Premature mortality from noncommunicable disease



• 25% reduction in premature mortality from NCDs by 2025

Harmful alcohol use



[no target]

Physical inactivity



• Increase percentage of the population with recommended levels of physical activity to 20% (Baseline: ~15%)

Sodium intake



[no target]

Tobacco use



• Reduce prevalence of tobacco smoking by 2025 to 10% (baseline 13%)

Raised blood pressure



[no target]

Diabetes and obesity



[no target]

• No rise in obesity by 2025 (Baseline: 2.8%, Target:2.8%)

Drug therapy to prevent heart attacks and strokes



[no target]

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



[no target]