

National NCD Targets for Burundi

Premature mortality from noncommunicable disease



• 15% relative reduction in premature mortality from NCDs by 2025

Harmful alcohol use



• 10% relative reduction in harmful use of alcohol by 2025

Physical inactivity



• 15% relative reduction in insufficient physical activity* by 2025 (*defined as <60 mins/day of moderate or vigorous activity among adolescents and <150 mins/week among adults)

Sodium intake



• 30% relative reduction in salt consumption, in grams per day, by 2025

Tobacco use



• 20% relative reduction in tobacco use among people aged 15 or more years by 2025

Raised blood pressure



• 15% relative reduction of hypertension by 2025

Diabetes and obesity



• 0% increase in the prevalence of diabetes by 2025

• 0% increase in the prevalence of obesity by 2025

Drug therapy to prevent heart attacks and strokes



• 40% of eligible people receiving drug therapy to prevent heart attacks and stroke by 2025

Essential noncommunicable disease medicines and basic technologies to treat major noncommunicable diseases



• 60% availability (physically and financially) of essential NCD medications and technologies by 2025