



HAND Logic Model and TOC Workshop 1

20th June 2022 – County Hall Dorchester

Discussion 1 – Finding our why

Purpose: To surface and share understanding of the core values behind HAND and our work

Themes raised from table discussions around our individual ‘whys’

- Seeing a tangible difference
- Bringing environment and health sectors together
- Improving skills in environment sector
- Sharing our understanding of the environment with health sector
- Shared values of improving wellbeing
- we have adapted, worked collectively and shown what we can achieve to ‘get stuff done’
- Trust & reputation
- Working collectively / collaboratively
- Culture of learning

The ‘why’ for HAND

Need for the project

- Health needs and wellbeing issues
- Inequalities of access to greenspace and improvements to the environment
- Potential for increased connection between environment and health sectors

Project purpose

- **Connecting organisations, providing a bridge for more efficient joint working**
- **Building understanding and championing the health benefits of natural spaces**
- **Ensuring all voices can be heard through co-production**
- Evidencing need for nature based activities
- Demonstrate and evidence value of environment to health and wellbeing

What does success look like for HAND?

- Bringing nature to people, with more people using or connecting to nature for wellbeing
- Nature is valued across our integrated care system
- Collaboration is happening
- Thriving, connected voices with better understanding of needs and barriers
- There is a simple consistent narrative about nature used across organisations

Discussion 2 – Logic Modelling

Setting out the key components and expected outcomes for the HAND programme.

Discussion around long-term outcomes for HAND:

- Collaboration
- Value of nature is widely recognised
- Funding is available for nature-based interventions
- Funding is available for the environment
- Collaborative funding / successful funding bids
- Increased awareness of existing resources
- Mechanisms of communication are clear
- Shared learning
- Needs and barriers are understood
- Reduced demand / pressure on the system

[Draft logic model](#) - (this is produced on an on-line whiteboard so feel free to add comments or notes to the diagram)

Principles to guide the implementation of HAND:

- Working in partnership, putting aside organisations agendas where possible
- Remain mindful of what matters to each other
- Collaboration over competition
- Neutrality
- Ambition and commitment to 'get stuff done' – collaboration vs. association
- Autonomy, having necessary authority
- Willingness to share – open and transparent
- Having a realistic approach to the benefits (both people and organisations i.e. nature won't solve every problem)

Assumptions that success rests on:

- Provider resources to deliver nature-based interventions
- System willingness / desire to collaborate
- Funding opportunities will be available
- Willingness to share
- Senior level buy-in across organisations
- Public want to go out into nature



HAND Logic Model and TOC Workshop 2

4th July 2022 – County Hall Dorchester

Discussion 1 – Logic Model review

The Logic Model from workshop 1 was reviewed on the 2 tables. The updated logic model is available here: [Draft logic model](#) - (this is produced on an on-line whiteboard so feel free to add comments or notes to the diagram)

Both tables were asked to highlight their 3 most important outcomes from the Logic Model. Outcomes selected were:

- Improved understanding of the barriers to accessing greenspace (short-term outcome)
- Equal commitment and active contribution from health and nature sectors (short-term outcome)
- More effective narrative / messages about nature-based wellbeing is use consistently across organisations (medium-term outcome)
- Nature is valued and considered (Long-term outcome)
- Ongoing and stronger collaboration between and/or within health and nature organisations (Long-term outcome)

Discussion 2 – Theory of change development

The main part of workshop 2 was the development of a Theory of change for the HAND programme, using the above key outcomes list as a starting point.

Group 1 Theory of Change - <https://kumu.io/phd/health-and-nature-dorset#map-1>

Group 2 Theory of Change - <https://kumu.io/phd/health-and-nature-dorset#map-2>

Combined Theory of Change- <https://kumu.io/phd/health-and-nature-dorset#combined-map>



Health and Nature Dorset TOC Workshop 3

28 September 3-5pm – Zoom

Amends to the TOC – (complete - <https://kumu.io/phd/health-and-nature-dorset>)

- Create a feedback loop between the creation of the steering group and research and insight gathering
- To add positive impact on nature as an outcome
- Need to capture provision of quality assurance in the project development pathway
- Ensure that sustainable funding is articulated in outcomes

Discussion points

- Do we want to pull out specific physical health conditions that the programme will influence in addition to the outcomes already shown about population health? E.g. affect on GP appointments, referrals from organisations, or impact on a specific condition (which ones?)
 - This lead to a discussion about evidence and the need for both quantitative and qualitative evidence. There is a need for evidence to support “selling the story” and also a culture change towards acceptance of qualitative evidence.
- Discussion around articulating the narrative of HAND – both a ‘conveyor belt’ or nature-based projects and also strategic level collaboration
- Discussion around internal communication of the nature narrative (within own organisations) – what’s the ‘tipping point’ in empowering the masses with knowledge. Do they have an understanding that people are doing nature-based projects?
- Discussion around the possibility of providing quality assurance or standards that projects can pull from – example of the accredited / unaccredited activities in Natural Choices.
- Discussion around project process – people bring projects to HAND and the steering group provides collaborative co-ordination and co-design. Steering group can also put a call out for projects to meet identified barriers

Actions for steering group / HAND

- Gain a better understanding of pressure points in the health system that HAND can deliver projects to help relieve.
- Collaborate with other counties or similar projects to HAND in order to share learning
- To develop an action plan
 - Development of common evaluation framework – a consistent set of outcome measures that could be used across projects and feed into the HAND evidence base to support funding bids/group bids and identify where potential gaps are
 - Develop a ‘HAND narrative’ from the Theory of Change – detailing some key outcomes and the journey that HAND needs to take. Include key evidence messages in the narrative e.g. “4 top tips” on why nature is good for you.
 - Seek Health input into the HAND narrative – e.g. clinicians and seek advocates for the steering group.