Nature Buddies

re-connecting to nature through activity

HAND - Initial Priority Areas

- Social prescribing and community wellbeing
- Mental health
- Physical wellbeing
- Inequalities to access and engagement
- Knowledge and skills sharing
- Monitoring and evaluation
- Workforce wellbeing
- Communication channels

Introduction

- Funded by National Academy for Social Prescribing, Arts Council England, Natural England and Historic England
- To improve and increase the range and reach of available social prescribing community activities.
- One of 37 projects nationally, 7 in the South West
- Will run for 12 months



Connecting to Nature should be accessible for everyone

Partnership

Partners

- The Arts Development Company (lead)
- Stepping into Nature
- Active Dorset
- Help & Care
- NHS Dorset Clinical Commissioning Group



Key Values

- Alignment meeting market needs, value adding and promoting collaboration.
- Sustainable, Effective, Inclusive, Open, Honest, Transparent



Connecting to Art should be accessible for everyone

Our Outputs

Arts Development Company, SiN, Active Dorset, Help & Care

A communication framework

Toolkit to enable similar initiatives/ facilitate other regions

30 trained Nature Buddies

Nature Buddies Network

Broker links for socially engaged artists and community groups Nature-inspired taster sessions to 150 community groups Robust evaluation

Training programme for link workers & communities groups



Engaging in physical activity should be accessible for everyone

If you would like to find out more or would like to get involved as a community group or a volunteer please contact.

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