Arenaria interpres





~110 g

Feeds by flipping stones and other objects to uncover invertebrates underneath. They also use their bill to dig holes to expose buried horseshoe crab eggs

Arenaria interpres

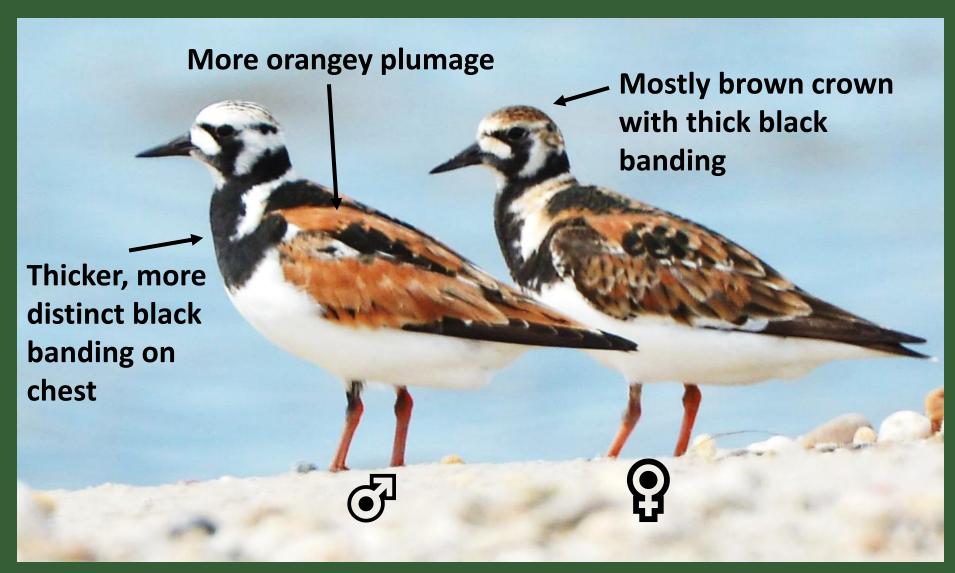
Alternate Plumage



Rob Robinson

Arenaria interpres

Male and Female Alternate Plumage



Arenaria interpres















As you can see in these photos there is overlap in the thickness and amount of streaking as well as amount of brown on the crown. Care should be taken when determining sex by plumage.

Arenaria interpres

Basic Plumage



Bill Buchanan

Arenaria interpres





Prominent white wing bands



Bold black face and breast markings



Hannah Tripp

Ruddy Turnstone compared to other common shorebirds

