

Definition of Contextual Factors

DEFINITION		SOURCE(S)
Category: Labelling		
IS THERE MANDATORY NUTRITION LABELLING?	<p>Mandatory national labelling guidelines for packaged foods and drinks in place (even in the absence of a nutrition or health claim).</p> <p>If label is only mandatory when there is a health or nutrition claim, this is taken to be no/absent.</p>	Food systems dashboard and NOURISHING database
FRONT-OF-PACKAGE LABELLING? BACK OF PACK NUTRITION DECLARATION? COLOR CODING? WARNING LABEL?	<p>National labelling guidelines for: Front-of-pack labelling; Back of pack nutrition declaration; Color-coding (traffic light or similar); warning label (all can be mandatory or voluntary)</p> <p>Mandatory only when there is a health or nutrition claim (e.g. South Africa's back of pack nutrition declaration) is included.</p>	Food systems dashboard and NOURISHING database and Global Food Research Programme
Category: Regulation & Marketing		
ARE THERE FISCAL POLICIES ON UNHEALTHY PRODUCTS?	National fiscal policies	Food systems dashboard and NOURISHING database
TAX ON UNHEALTHY FOODS? TAX ON UNHEALTHY DRINKS?	National tax policy: sugar; sugary foods; trans-fat tax, SSB drinks (mandatory).	Food systems dashboard and NOURISHING database and this article
ARE THERE FISCAL POLICIES ON HEALTHY PRODUCTS?	National Subsidies - fresh fruits and vegetables; healthier sub-categories food/drink [lower sugar/fat/calorie products]	NOURISHING database
SUBSIDY ON FRUITS?		
SUBSIDY ON VEGETABLES? SUBSIDY ON OTHER HEALTHY PRODUCTS?		

MANDATORY LIMIT OR BAN OF TRANS FAT (ALL SETTINGS)?	Legislative or regulatory measures that limit or ban industrially produced TFA in foods in all settings	WHO GINA (REPLACE programme) and NOURISHING database and Google search
MANDATORY LIMIT OF TRANS FATS IN PLACE (ALL SETTINGS)?	Mandatory limit on use of trans fat commercially or in sales direct to customer (in all settings)	
BAN ON TRANS-FATS OR PHOS IN PLACE (ALL SETTINGS)?	Mandatory national ban on use of all trans-fats OR the production or use of PHO as an ingredient in all foods (in all settings)	
ARE THERE ANY MANDATORY POLICIES/MARKETING RESTRICTIONS ON THE PROMOTION OF UNHEALTHY FOOD/DRINKS TO CHILDREN?	Existence of any mandatory policies on marketing of foods to children <i>Note: This may include food marketing in schools which is why you have “yes” for this indicator and no for sub-indicators (e.g., Spain).</i>	Global Health Observatory and NOURISHING and Global Research Programme and this report and this brief and Google
MANDATORY RESTRICTION ON BROADCAST MEDIA?	Restriction on broadcast or non-broadcast media (mandatory)	
MANDATORY RESTRICTION ON NON-BROADCAST MEDIA? VOLUNTARY POLICIES/MARKETING RESTRICTIONS ON THE PROMOTION OF UNHEALTHY FOOD/DRINKS TO CHILDREN?	Policies/marketing restrictions on the promotion of unhealthy food/drinks to children (voluntary)	
ARE THERE MANDATORY STANDARDS FOR FOOD IN SCHOOLS?	National mandatory standards for food available in schools	NOURISHING database and Global Research Programme
ARE THERE ANY MANDATORY NUTRIENT LIMITS IN ANY MANUFACTURED FOOD PRODUCTS?	National regulation(s) with maximum thresholds for manufactured food/drink content relating to specific unhealthy ingredients e.g., sugar / salt (mandatory)	Google Search and NOURISHING database and this 2020 PhD thesis

	Where regulations cover selected foods (e.g. bread), this is included. Nutrient limits on TFAs not included as covered by above indicator.	
NUTRITION STANDARDS FOR PUBLIC SECTOR PROCUREMENT?	National procurement standards for healthy food and drink provision for public sector institutions	NOURISHING database
Category: Political Will & Support		
NATIONAL OBESITY STRATEGY OR NATIONAL NUTRITION AND PHYSICAL ACTIVITY STRATEGIES?	National obesity strategy integrating components of physical activity and nutrition with overweight / obesity-specific focus. Comprehensive Nutrition strategy (including overweight/ obesity) AND Comprehensive Physical Activity strategy / plan. *Includes strategies which have expired in past 5 years	Global Health Observatory and Google search and WHO NCD Document repository and Global Obesity Observatory
NATIONAL OBESITY STRATEGY?		
NATIONAL CHILDHOOD OBESITY STRATEGY?		
COMPREHENSIVE NUTRITION STRATEGY?		
COMPREHENSIVE PHYSICAL ACTIVITY STRATEGY?		
EVIDENCE BASED DIETARY GUIDELINES AND/OR RDAS	National dietary guidelines and/or RDAs with intake targets for sugar, fat, and calorific content	FAO and Global Obesity Observatory and GINA
NATIONAL TARGET(S) ON REDUCING OBESITY?	National target(s) on reducing obesity (within Health / NCD/ Obesity strategy). Any numerical target is acceptable - adult/adolescent/child.	WHO NCD Document repository (under NCD targets and Integrated NCD policies) and 2020 Global Nutrition Report – country profiles and WHO Noncommunicable diseases country profiles 2018
GUIDELINES/POLICY ON OBESITY TREATMENT?	Obesity treatment guidelines / policy or pathway in place (Government-endorsed or society-endorsed). Any guidelines - adult/adolescent/child – in past 10 years in included.	Global Obesity Observatory and WHO NCD Document repository and Google search
PROMOTION OF BREASTFEEDING?	Promotion of breastfeeding: Presence of breastfeeding promotion and/or counselling. As reported by 2nd WHO Global Nutrition Policy Review 2016-2017 on actions related to infant and young child nutrition.	GINA (<i>GNPR 2016-2017: Infant and young child nutrition (q7) - Breastfeeding promotion and/or counselling</i>). Google search conducted for countries not in review.
Category: Monitoring & Surveillance		

MONITORING OF THE PREVALENCE AND INCIDENCE FOR THE MAIN OBESITY RELATED NCDs AND RISK FACTORS?	Regular monitoring of the prevalence and incidence for the main obesity related NCDs and Risk Factors for adults and children (e.g., STEPS surveys; DHS surveys or others).	WHO STEPS Survey + GHDx + NCDRisc + DHS + Global Obesity Observatory and
WITHIN 5 YEARS?	Regular monitoring of the prevalence and incidence for the main obesity related NCDs and Risk Factors <u>within 5 years</u> (of 2021).	Noncommunicable Diseases Progress Monitor 2020
Category: Governance & Resources		
IS THERE A MULTI-SECTORAL NATIONAL COORDINATION MECHANISM FOR OBESITY OR NUTRITION (INCLUDING OBESITY)?	National Multisectoral stakeholder mechanism in place (such as Coalition, Taskforce, Committee) for Obesity or Nutrition (including obesity). Mechanism could include various government departments, and other sectors (CSOs & private sectors)	GINA and Google

NOTE: Where a sub/indicator was found to be absent using the main sources, a quick Google search was conducted to verify this. In instances where evidence of the indicator was found the indicator was deemed present.