



Atlas of Childhood Obesity

October 2019



Comprising

Tables of Country Rankings

Showing highest and lowest 20 countries in several measures

191 Country Report Cards

With national childhood obesity risk scores and probability of meeting the WHO 2025 targets

www.worldobesity.org

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We are grateful to the World Health Organization, UNICEF and the NCD Risk Collaboration (NCD-RisC) for the data we have used in this Atlas. Please refer to page 210 of this Atlas for the data sources.

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WORLD OBESITY

Atlas of Childhood Obesity

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Foreword



Donna Ryan
President

A handwritten signature in black ink that reads "Donna H. Ryan".



Johanna Ralston
Chief Executive

A handwritten signature in black ink, appearing to be "Johanna Ralston".

Welcome to this, our first Atlas of Childhood Obesity, showing details of childhood obesity, risk factors and policies for virtually every country worldwide. We also show the likelihood of meeting the globally agreed target of ‘no increase in childhood obesity prevalence by 2025’ and our assessment of the risk for each country of having or acquiring a high proportion of children living with obesity over the coming decade.

“What gets measured gets done” is commonly cited as a justification for monitoring progress, and lies behind our publication of this Atlas. There is no doubt that a lack of measurement makes it very hard to assess the impact of any interventions, and may lead to nothing being done. But equally, measurement alone is no guarantee of progress.

Without substantial interventions to prevent and to treat childhood obesity, the numbers of school-age children and adolescents living with obesity is predicted to rise from the current estimates of around 150m worldwide, to over 250m by 2030. Obesity in childhood is closely associated with obesity in adulthood, and with more years living with obesity, both of which are linked to a high level of consequential disease.

The continuing increase in childhood obesity will overwhelm the health services of many countries. The increase shows a critical failure of government to respect and protect our children’s rights to good health. We can do better, and we must.

Introduction

This Atlas of Childhood Obesity provides the latest estimates of infant, child and adolescent obesity prevalence in 191 countries.

It also provides estimates of the prevalence and numbers of children living with obesity in 2030, along with an estimate of the probability of achieving the World Health Organization (WHO) target of 'no increase in obesity prevalence by 2025' on the assumption that present trends continue.

As some countries may have a low level of childhood obesity prevalence yet fail to prevent it climbing before 2025, the World Obesity Federation (WOF) has calculated a 'risk score' for each country's likelihood of having or acquiring a major childhood obesity problem during the 2020s, taking account of current prevalence levels and risk for future obesity (based on stunting among infants, maternal obesity, maternal smoking, and breastfeeding rates).

Throughout the Atlas we have used colour-coding to indicate worse (red), moderate (amber) or better (green) levels for each of the indicators shown. Details for the colour-coding thresholds are given in the Atlas appendix.

The Atlas follows the 2018 joint WHO-WOF publication of *Taking Action on Childhood Obesity* http://s3-eu-west-1.amazonaws.com/wof-files/Report_-_Childhood_Obesity.pdf and continues our commitment to monitor and promote the recommendations of the WHO Commission on Ending Childhood Obesity <https://www.who.int/end-childhood-obesity/publications/echo-plan-executive-summary/en/>.

This present Atlas is the first of its type. It is launched as UN agencies are compiling a mid-term review of progress on the United Nations Decade of Action on Nutrition (2016-2025), to be tabled at the United Nations General Assembly in December 2019.



We are indebted to the NCD Collaboration <http://ncdrisc.org/>, and especially James Bentham, for assistance in providing predictions for future childhood obesity around the world. Both we and the Collaboration earnestly hope that the predictions turn out to be wrong, and that policies are enacted to ensure that far fewer children are living with obesity by the year 2030.

Tim Lobstein
Hannah Brinsden

Note:

In this document we use the term 'infants' to refer to children aged 0-5 years old.

We use the term 'obesity' to refer to a body mass index (BMI) at least two standard deviations above the mean, based on the World Health Organization's growth standards and reference tables (<https://www.who.int/nutgrowthdb/en/>).

Tables of Country Rankings

Predicted numbers of children with obesity in 2030

Numbers of children age 5-19 years old living with obesity, predicted for the next decade.

Year	2020	2025	2030
World	158m	206m	254m

Countries predicted to have over 1 million school-age children and youth living with obesity in 2030.

Country	Number of persons with obesity, aged 5-19, 2030	Country	Number of persons with obesity, aged 5-19, 2030
China	61,987,920	Vietnam	1,939,173
India	27,481,141	Ethiopia	1,926,697
United States of America	16,986,603	Saudi Arabia	1,864,250
Indonesia	9,076,416	Malaysia	1,770,631
Brazil	7,664,422	Sudan	1,757,471
Egypt	6,818,532	Morocco	1,757,152
Mexico	6,550,276	Yemen	1,646,485
Nigeria	6,020,182	Venezuela	1,611,444
Pakistan	5,412,457	Colombia	1,583,123
South Africa	4,146,329	Syrian Arab Republic	1,552,255
Bangladesh	3,555,050	Kenya	1,463,954
Iraq	3,477,305	France	1,368,893
Turkey	3,389,941	Uganda	1,345,197
Philippines	3,376,420	Germany	1,318,415
Iran	3,023,603	United Kingdom	1,309,702
Algeria	2,703,722	Italy	1,307,765
Russian Federation	2,550,607	Myanmar	1,288,929
DR Congo	2,421,404	Afghanistan	1,286,177
Argentina	2,248,509	Guatemala	1,262,281
Tanzania	2,185,879	Canada	1,109,002
Thailand	2,152,598	Peru	1,079,543

Child and adolescent obesity risk scores

Risk of having or acquiring a significant childhood obesity problem in the coming decade.

Risk score calculated from combined factors: maximum score is 11.

Country	20 at Highest Risk	Country	20 at Lowest Risk
Cook Islands	11	Ethiopia	3.5
Kiribati	11	Bangladesh	4
Micronesia	11	India	4
Niue	11	Kenya	4
Palau	11	Liberia	4
Puerto Rico	11	Malawi	4
Swaziland	11	Niger	4
Tokelau	11	Burundi	4.5
Bahamas	10.5	Cambodia	4.5
New Zealand	10.5	Ghana	4.5
Taiwan	10.5	Japan	4.5
Tonga	10.5	Madagascar	4.5
United Arab Emirates	10.5	Nepal	4.5
Dominica	10	Nigeria	4.5
Libya	10	Rwanda	4.5
Marshall Islands	10	Senegal	4.5
Nauru	10	Tanzania	4.5
Palestine	10	Uganda	4.5
Saint Vincent & the Grenadines	10	Vietnam	5
Tuvalu	10	Zambia	5

Infant % overweight

Country	Latest Survey Highest 20	Country	Latest Survey Lowest 20
Ukraine	26.5	Senegal	0.9
Libya	22.4	Madagascar	1.1
Montenegro	22.3	Niger	1.1
Georgia	19.9	Nepal	1.2
Syrian Arab Republic	17.9	Mauritania	1.3
Bosnia and Herzegovina	17.4	Burundi	1.4
Tonga	17.3	Timor-Leste	1.4
Lebanon	16.7	Ivory Coast	1.5
Albania	16.4	Japan	1.5
Kiribati	15.9	Myanmar	1.5
Egypt	15.7	Nigeria	1.5
Tunisia	14.2	Bangladesh	1.6
Azerbaijan	14.1	Burkina Faso	1.7
Serbia	13.9	Benin	1.9
Papua New Guinea	13.7	Central African Republic	1.9
Armenia	13.7	Mali	1.9
Bulgaria	13.6	Eritrea	2
South Africa	13.3	Laos	2
Paraguay	12.4	Sri Lanka	2
Algeria	12.4	Togo	2

Child obesity %, 2017

Country	Children aged 5-9 Highest 20	Country	Children aged 5-9 Lowest 20
Cook Islands	40.7	Burkina Faso	1.6
Nauru	40.6	Ethiopia	2.1
Palau	40.0	Niger	2.3
Niue	37.9	Chad	2.5
Tuvalu	35.4	Guinea	2.8
Marshall Islands	35.3	Rwanda	2.9
Tonga	34.2	Uganda	2.9
Tokelau	31.7	Congo	3
Kiribati	31.3	Senegal	3
Micronesia	28.9	Burundi	3.1
Samoa	28.5	Nigeria	3.1
Kuwait	25.7	Liberia	3.2
Qatar	25.6	Malawi	3.2
Puerto Rico	25.5	Nepal	3.2
United States of America	25.4	Madagascar	3.3
Egypt	24.7	Togo	3.4
Argentina	24.4	Eritrea	3.5
Bahamas	23.9	Ghana	3.5
United Arab Emirates	23.0	DR Congo	3.6
Bahrain	22.7	Equatorial Guinea	3.7

Adolescent obesity %, 2017

Country	Children aged 10-19 Highest 20	Country	Children aged 10-19 Lowest 20
Nauru	32.3	Ethiopia	0.8
Cook Islands	31.3	Burkina Faso	0.9
Palau	30.4	Niger	1.1
Niue	28.8	Chad	1.2
Tuvalu	26.4	Guinea	1.3
Tonga	25.8	Madagascar	1.4
Marshall Islands	25.3	Nepal	1.4
Tokelau	23.8	Rwanda	1.4
Kuwait	23.0	Uganda	1.4
Kiribati	21.9	Burundi	1.5
United States of America	21.0	Liberia	1.5
Samoa	20.8	Senegal	1.5
Micronesia	19.8	India	1.6
Qatar	17.9	Nigeria	1.6
Puerto Rico	17.6	Togo	1.6
Saudi Arabia	17.1	Eritrea	1.7
Bahamas	15.9	Ghana	1.7
Bahrain	15.8	Malawi	1.7
Egypt	15.6	Congo	1.8
New Zealand	15.3	Vietnam	1.8

Child obesity %, predicted 2030

Country	Children aged 5-9 Highest 20	Country	Children aged 5-9 Lowest 20
Cook Islands	45.9	Burkina Faso	5.5
Niue	44.8	Japan	5.5
Palau	44.7	Chad	5.9
Nauru	43.3	Ethiopia	6
Tuvalu	42.8	Niger	6
Marshall Islands	41.1	Senegal	6
Tonga	41.0	Liberia	6.2
Tokelau	40.5	Guinea	6.4
Kiribati	38.7	Congo	6.6
Micronesia	37.6	Ghana	6.6
Samoa	37.1	Uganda	7.1
China	32.0	Rwanda	7.2
Egypt	29.5	Mozambique	7.3
South Africa	28.2	Togo	7.3
Dominican Republic	27.7	Nigeria	7.5
Qatar	27.5	Malawi	7.6
Puerto Rico	27.4	Sierra Leone	7.7
Argentina	27.2	Equatorial Guinea	7.8
Bahamas	27.1	Central African Republic	7.9
Kuwait	26.9	Madagascar	8

Adolescent obesity %, predicted 2030

Country	Children aged 10-19 Highest 20	Country	Children aged 10-19 Lowest 20
Cook Islands	41.6	Ethiopia	3.3
Niue	40.9	Chad	3.7
Palau	40.1	Liberia	3.7
Nauru	39.4	Senegal	3.7
Tuvalu	38.2	Niger	3.8
Tonga	36.9	Guinea	3.9
Tokelau	36.7	Burkina Faso	4
Marshall Islands	35.4	Ghana	4.1
Kiribati	33.1	Mozambique	4.5
Samoa	32.8	Togo	4.5
Micronesia	32.1	Uganda	4.5
South Africa	27.1	Rwanda	4.6
Kuwait	26.6	Congo	4.8
United States of America	24.2	Madagascar	4.8
Saudi Arabia	23.3	Nigeria	4.9
Egypt	22.8	Malawi	5.1
Qatar	22.2	Nepal	5.1
Puerto Rico	22.1	Equatorial Guinea	5.2
Dominican Republic	22.0	Sierra Leone	5.2
China	21.8	Burundi	5.3

Country Report Cards

Countries presented alphabetically

Country List

A

Afghanistan
Albania
Algeria
Andorra
Angola
Antigua and Barbuda
Argentina
Armenia
Australia
Austria
Azerbaijan

B

Bahamas
Bahrain
Bangladesh
Barbados
Belarus
Belgium
Belize
Benin
Bhutan
Bolivia
Bosnia and Herzegovina
Botswana
Brazil
Brunei
Bulgaria
Burkina Faso
Burundi

C

Cambodia
Cameroon
Canada
Cape Verde
Central African Republic
Chad
Chile

China
Colombia
Comoros
Costa Rica
Croatia
Cuba
Cyprus
Czech Republic

D

Democratic Republic of Congo
Denmark
Djibouti
Dominica
Dominican Republic

E

East Timor
Ecuador
Egypt
El Salvador
Equatorial Guinea
Eritrea
Estonia
Ethiopia

F

Fiji
Finland
France

G

Gabon
Gambia
Georgia
Germany
Ghana
Greece
Grenada
Guatemala
Guinea

Guinea-Bissau
Guyana

H

Haiti
Honduras
Hungary

I

Iceland
India
Indonesia
Iran
Iraq
Ireland
Israel
Italy
Ivory Coast

J

Jamaica
Japan
Jordan

K

Kazakhstan
Kenya
Kiribati
Korea, South
Kuwait
Kyrgyzstan

L

Laos
Latvia
Lebanon
Lesotho
Liberia
Libya
Lithuania
Luxembourg

Country List

M

Macedonia
Madagascar
Malawi
Malaysia
Maldives
Mali
Malta
Marshall Islands
Mauritania
Mauritius
Mexico
Micronesia
Moldova
Mongolia
Montenegro
Morocco
Mozambique
Myanmar

N

Namibia
Nauru
Nepal
Netherlands
New Zealand
Nicaragua
Niger
Nigeria
Norway

O

Oman

P

Pakistan
Palau
Palestine
Panama
Papua New Guinea

Paraguay

Peru

Philippines

Poland

Portugal

Q

Qatar

R

Republic of the Congo
Romania
Russia
Rwanda

S

Saint Kitts and Nevis
Saint Lucia
Saint Vincent and the
Grenadines
Samoa
São Tomé and Príncipe
Saudi Arabia
Senegal
Serbia
Seychelles
Sierra Leone
Singapore
Slovakia
Slovenia
Solomon Islands
Somalia
South Africa
Spain
Sri Lanka
Sudan
Suriname
Swaziland
Sweden
Switzerland
Syria

T

Taiwan
Tajikistan
Tanzania
Thailand
Togo
Tonga
Trinidad and Tobago
Tunisia
Turkey
Turkmenistan
Tuvalu

U

Uganda
Ukraine
United Arab Emirates
United Kingdom
United States
Uruguay
Uzbekistan

VWXY

Vanuatu
Venezuela
Vietnam
Yemen

Z

Zambia
Zimbabwe



CHO RISK SCORE

4.5/11

CHANCE OF MEETING WHO 2025 TARGET

0%

Afghanistan

Latest survey: % infants overweight	5.4
2016: % boys aged 5-9 with obesity	4.2
2016: % girls aged 5-9 with obesity	4.2
2016: % boys aged 10-19 with obesity	2.3
2016: % girls aged 10-19 with obesity	2.5
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	8.0
Latest survey: % early initiation of breast-feeding	40.9
2020 estimate: % women smoking	
Latest survey: % infants with stunting	40.9

Predicted 2030: % children aged 5-9 with obesity	11.5
Predicted 2030: % children aged 10-19 with obesity	7.9
Predicted 2030: number of children aged 5-9 with obesity	551,950
Predicted 2030: number of children aged 10-19 with obesity	734,227
Predicted 2030: number of children aged 5-19 with obesity	1,286,177

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

6.5/11

CHANCE OF
MEETING WHO
2025 TARGET

0%

Albania

Latest survey: % infants overweight	16.4
2016: % boys aged 5-9 with obesity	13.3
2016: % girls aged 5-9 with obesity	7.9
2016: % boys aged 10-19 with obesity	8
2016: % girls aged 10-19 with obesity	4.6
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	22.7
Latest survey: % early initiation of breast-feeding	43.0
2020 estimate: % women smoking	6.6
Latest survey: % infants with stunting	11.3

Predicted 2030: % children aged 5-9 with obesity	21.4
Predicted 2030: % children aged 10-19 with obesity	15.8
Predicted 2030: number of children aged 5-9 with obesity	44,406
Predicted 2030: number of children aged 10-19 with obesity	62,515
Predicted 2030: number of children aged 5-19 with obesity	106,921

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

8/11

CHANCE OF
MEETING WHO
2025 TARGET

2%

Algeria

Latest survey: % infants overweight	12.4
2016: % boys aged 5-9 with obesity	17.6
2016: % girls aged 5-9 with obesity	15.4
2016: % boys aged 10-19 with obesity	12
2016: % girls aged 10-19 with obesity	10.9
2010: % adolescent boys insufficient physical activity	75.9
2010: % adolescent girls insufficient physical activity	92.4
2016: % women with obesity	36.2
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	11.7

Predicted 2030: % children aged 5-9 with obesity	24.9
Predicted 2030: % children aged 10-19 with obesity	19.3
Predicted 2030: number of children aged 5-9 with obesity	986,824
Predicted 2030: number of children aged 10-19 with obesity	1,716,898
Predicted 2030: number of children aged 5-19 with obesity	2,703,722

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

7/11

CHANCE OF
MEETING WHO
2025 TARGET

44%

Andorra

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	18.3
2016: % girls aged 5-9 with obesity	13
2016: % boys aged 10-19 with obesity	13.1
2016: % girls aged 10-19 with obesity	9
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	26.3
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	26.8
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	16.9
Predicted 2030: % children aged 10-19 with obesity	12.2
Predicted 2030: number of children aged 5-9 with obesity	639
Predicted 2030: number of children aged 10-19 with obesity	1,067
Predicted 2030: number of children aged 5-19 with obesity	1,706

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

4/11

CHANCE OF
MEETING WHO
2025 TARGET

1%

Angola

Latest survey: % infants overweight	3.4
2016: % boys aged 5-9 with obesity	2.5
2016: % girls aged 5-9 with obesity	4
2016: % boys aged 10-19 with obesity	1.4
2016: % girls aged 10-19 with obesity	2.4
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	12.6
Latest survey: % early initiation of breast-feeding	48.3
2020 estimate: % women smoking	
Latest survey: % infants with stunting	37.6

Predicted 2030: % children aged 5-9 with obesity	9.1
Predicted 2030: % children aged 10-19 with obesity	6.2
Predicted 2030: number of children aged 5-9 with obesity	444,281
Predicted 2030: number of children aged 10-19 with obesity	512,065
Predicted 2030: number of children aged 5-19 with obesity	956,345

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



Antigua and Barbuda

CHO RISK SCORE

7/11

CHANCE OF MEETING WHO 2025 TARGET

2%

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	14.5
2016: % girls aged 5-9 with obesity	14.8
2016: % boys aged 10-19 with obesity	9.6
2016: % girls aged 10-19 with obesity	10.3
2010: % adolescent boys insufficient physical activity	72.4
2010: % adolescent girls insufficient physical activity	83.3
2016: % women with obesity	27.0
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	23.2
Predicted 2030: % children aged 10-19 with obesity	18.0
Predicted 2030: number of children aged 5-9 with obesity	1,756
Predicted 2030: number of children aged 10-19 with obesity	2,766
Predicted 2030: number of children aged 5-19 with obesity	4,522

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

8.5/11

CHANCE OF
MEETING WHO
2025 TARGET

10%

Argentina

Latest survey: % infants overweight	9.9
2016: % boys aged 5-9 with obesity	25.6
2016: % girls aged 5-9 with obesity	17.8
2016: % boys aged 10-19 with obesity	18.3
2016: % girls aged 10-19 with obesity	10.4
2010: % adolescent boys insufficient physical activity	78
2010: % adolescent girls insufficient physical activity	87.7
2016: % women with obesity	30.1
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	15
Latest survey: % infants with stunting	8.2

Predicted 2030: % children aged 5-9 with obesity	27.2
Predicted 2030: % children aged 10-19 with obesity	20.0
Predicted 2030: number of children aged 5-9 with obesity	898,630
Predicted 2030: number of children aged 10-19 with obesity	1,349,879
Predicted 2030: number of children aged 5-19 with obesity	2,248,509

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

6/11

CHANCE OF MEETING WHO 2025 TARGET

11%

Armenia

Latest survey: % infants overweight	13.7
2016: % boys aged 5-9 with obesity	7.4
2016: % girls aged 5-9 with obesity	5.8
2016: % boys aged 10-19 with obesity	4.2
2016: % girls aged 10-19 with obesity	3.4
2010: % adolescent boys insufficient physical activity	73
2010: % adolescent girls insufficient physical activity	79.8
2016: % women with obesity	24.0
Latest survey: % early initiation of breast-feeding	40.9
2020 estimate: % women smoking	1.3
Latest survey: % infants with stunting	9.4

Predicted 2030: % children aged 5-9 with obesity	10.9
Predicted 2030: % children aged 10-19 with obesity	7.1
Predicted 2030: number of children aged 5-9 with obesity	17,431
Predicted 2030: number of children aged 10-19 with obesity	26,242
Predicted 2030: number of children aged 5-19 with obesity	43,673

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

7.5/11

CHANCE OF MEETING WHO 2025 TARGET

23%

Australia

Latest survey: % infants overweight	7.7
2016: % boys aged 5-9 with obesity	16.1
2016: % girls aged 5-9 with obesity	12.9
2016: % boys aged 10-19 with obesity	12.2
2016: % girls aged 10-19 with obesity	10.4
2010: % adolescent boys insufficient physical activity	78
2010: % adolescent girls insufficient physical activity	91.5
2016: % women with obesity	29.5
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	11
Latest survey: % infants with stunting	2.0

Predicted 2030: % children aged 5-9 with obesity	17.4
Predicted 2030: % children aged 10-19 with obesity	14.0
Predicted 2030: number of children aged 5-9 with obesity	307,838
Predicted 2030: number of children aged 10-19 with obesity	511,016
Predicted 2030: number of children aged 5-19 with obesity	818,854

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

7/11

CHANCE OF MEETING WHO 2025 TARGET

11%

Austria

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	13
2016: % girls aged 5-9 with obesity	7.8
2016: % boys aged 10-19 with obesity	10.3
2016: % girls aged 10-19 with obesity	5.1
2010: % adolescent boys insufficient physical activity	65.6
2010: % adolescent girls insufficient physical activity	84.9
2016: % women with obesity	19.1
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	33.3
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	14.5
Predicted 2030: % children aged 10-19 with obesity	11.4
Predicted 2030: number of children aged 5-9 with obesity	66,047
Predicted 2030: number of children aged 10-19 with obesity	103,164
Predicted 2030: number of children aged 5-19 with obesity	169,212

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

5.5/11

CHANCE OF
MEETING WHO
2025 TARGET

4%

Azerbaijan

Latest survey: % infants overweight	14.1
2016: % boys aged 5-9 with obesity	7.4
2016: % girls aged 5-9 with obesity	5.8
2016: % boys aged 10-19 with obesity	4.2
2016: % girls aged 10-19 with obesity	3.6
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	24.6
Latest survey: % early initiation of breast-feeding	30.4
2020 estimate: % women smoking	0.4
Latest survey: % infants with stunting	17.8

Predicted 2030: % children aged 5-9 with obesity	12.6
Predicted 2030: % children aged 10-19 with obesity	8.8
Predicted 2030: number of children aged 5-9 with obesity	81,131
Predicted 2030: number of children aged 10-19 with obesity	133,797
Predicted 2030: number of children aged 5-19 with obesity	214,929

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

8.5/11

CHANCE OF
MEETING WHO
2025 TARGET

10%

Bahamas

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	22.2
2016: % girls aged 5-9 with obesity	20.3
2016: % boys aged 10-19 with obesity	15.7
2016: % girls aged 10-19 with obesity	14.9
2010: % adolescent boys insufficient physical activity	81
2010: % adolescent girls insufficient physical activity	87.9
2016: % women with obesity	39.5
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	27.1
Predicted 2030: % children aged 10-19 with obesity	21.5
Predicted 2030: number of children aged 5-9 with obesity	8,025
Predicted 2030: number of children aged 10-19 with obesity	12,749
Predicted 2030: number of children aged 5-19 with obesity	20,774

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK SCORE

7.5/11

CHANCE OF MEETING WHO 2025 TARGET

8%

Bahrain

Latest survey: % infants overweight	7.5
2016: % boys aged 5-9 with obesity	22
2016: % girls aged 5-9 with obesity	18.3
2016: % boys aged 10-19 with obesity	16.4
2016: % girls aged 10-19 with obesity	14.5
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	38.2
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	9
Latest survey: % infants with stunting	13.6

Predicted 2030: % children aged 5-9 with obesity	25.8
Predicted 2030: % children aged 10-19 with obesity	21.0
Predicted 2030: number of children aged 5-9 with obesity	22,499
Predicted 2030: number of children aged 10-19 with obesity	41,752
Predicted 2030: number of children aged 5-19 with obesity	64,251

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

3/11

CHANCE OF
MEETING WHO
2025 TARGET

0%

Bangladesh

Latest survey: % infants overweight	1.6
2016: % boys aged 5-9 with obesity	4.4
2016: % girls aged 5-9 with obesity	3.2
2016: % boys aged 10-19 with obesity	2.3
2016: % girls aged 10-19 with obesity	1.8
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	5.2
Latest survey: % early initiation of breast-feeding	50.8
2020 estimate: % women smoking	0.3
Latest survey: % infants with stunting	36.2

Predicted 2030: % children aged 5-9 with obesity	10.6
Predicted 2030: % children aged 10-19 with obesity	7.0
Predicted 2030: number of children aged 5-9 with obesity	1,495,618
Predicted 2030: number of children aged 10-19 with obesity	2,059,431
Predicted 2030: number of children aged 5-19 with obesity	3,555,050

Existence of any policies on marketing of foods to children, 2017	
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

7.5/11

CHANCE OF
MEETING WHO
2025 TARGET

1%

Barbados

Latest survey: % infants overweight	12.2
2016: % boys aged 5-9 with obesity	15.8
2016: % girls aged 5-9 with obesity	15.1
2016: % boys aged 10-19 with obesity	10.6
2016: % girls aged 10-19 with obesity	10.9
2010: % adolescent boys insufficient physical activity	75.3
2010: % adolescent girls insufficient physical activity	86.7
2016: % women with obesity	32.6
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	0.8
Latest survey: % infants with stunting	7.7

Predicted 2030: % children aged 5-9 with obesity	25.0
Predicted 2030: % children aged 10-19 with obesity	19.8
Predicted 2030: number of children aged 5-9 with obesity	4,477
Predicted 2030: number of children aged 10-19 with obesity	7,171
Predicted 2030: number of children aged 5-19 with obesity	11,648

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

5/11

CHANCE OF
MEETING WHO
2025 TARGET

7%

Belarus

Latest survey: % infants overweight	9.7
2016: % boys aged 5-9 with obesity	13
2016: % girls aged 5-9 with obesity	6.4
2016: % boys aged 10-19 with obesity	8.7
2016: % girls aged 10-19 with obesity	3.9
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	27.3
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	9.8
Latest survey: % infants with stunting	4.5

Predicted 2030: % children aged 5-9 with obesity	15.5
Predicted 2030: % children aged 10-19 with obesity	11.3
Predicted 2030: number of children aged 5-9 with obesity	67,452
Predicted 2030: number of children aged 10-19 with obesity	111,244
Predicted 2030: number of children aged 5-19 with obesity	178,695

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

7/11

CHANCE OF
MEETING WHO
2025 TARGET

42%

Belgium

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	9.8
2016: % girls aged 5-9 with obesity	7.4
2016: % boys aged 10-19 with obesity	7.2
2016: % girls aged 10-19 with obesity	4.9
2010: % adolescent boys insufficient physical activity	77.5
2010: % adolescent girls insufficient physical activity	87.5
2016: % women with obesity	21.9
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	18.9
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	9.7
Predicted 2030: % children aged 10-19 with obesity	7.0
Predicted 2030: number of children aged 5-9 with obesity	63,072
Predicted 2030: number of children aged 10-19 with obesity	94,355
Predicted 2030: number of children aged 5-19 with obesity	157,426

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

7.5/11

CHANCE OF MEETING WHO 2025 TARGET

4%

Belize

Latest survey: % infants overweight	7.3
2016: % boys aged 5-9 with obesity	16
2016: % girls aged 5-9 with obesity	14.7
2016: % boys aged 10-19 with obesity	10.8
2016: % girls aged 10-19 with obesity	10.4
2010: % adolescent boys insufficient physical activity	75.1
2010: % adolescent girls insufficient physical activity	82.2
2016: % women with obesity	32.7
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	15.0

Predicted 2030: % children aged 5-9 with obesity	23.3
Predicted 2030: % children aged 10-19 with obesity	18.1
Predicted 2030: number of children aged 5-9 with obesity	9,639
Predicted 2030: number of children aged 10-19 with obesity	14,674
Predicted 2030: number of children aged 5-19 with obesity	24,313

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

4.5/11

CHANCE OF
MEETING WHO
2025 TARGET

3%

Benin

Latest survey: % infants overweight	1.9
2016: % boys aged 5-9 with obesity	2.1
2016: % girls aged 5-9 with obesity	5.1
2016: % boys aged 10-19 with obesity	1.1
2016: % girls aged 10-19 with obesity	3.1
2010: % adolescent boys insufficient physical activity	72.8
2010: % adolescent girls insufficient physical activity	76.8
2016: % women with obesity	14.8
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	0.8
Latest survey: % infants with stunting	32.2

Predicted 2030: % children aged 5-9 with obesity	8.3
Predicted 2030: % children aged 10-19 with obesity	5.6
Predicted 2030: number of children aged 5-9 with obesity	158,819
Predicted 2030: number of children aged 10-19 with obesity	189,830
Predicted 2030: number of children aged 5-19 with obesity	348,650

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

4.5/11

CHANCE OF MEETING WHO 2025 TARGET

0%

Bhutan

Latest survey: % infants overweight	7.6
2016: % boys aged 5-9 with obesity	5.8
2016: % girls aged 5-9 with obesity	3.5
2016: % boys aged 10-19 with obesity	3.2
2016: % girls aged 10-19 with obesity	1.9
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	8.9
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	33.5

Predicted 2030: % children aged 5-9 with obesity	12.1
Predicted 2030: % children aged 10-19 with obesity	8.2
Predicted 2030: number of children aged 5-9 with obesity	7,923
Predicted 2030: number of children aged 10-19 with obesity	11,270
Predicted 2030: number of children aged 5-19 with obesity	19,193

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

8/11

CHANCE OF
MEETING WHO
2025 TARGET

5%

Bolivia

Latest survey: % infants overweight	10.1
2016: % boys aged 5-9 with obesity	12.7
2016: % girls aged 5-9 with obesity	10.8
2016: % boys aged 10-19 with obesity	8.2
2016: % girls aged 10-19 with obesity	7.3
2010: % adolescent boys insufficient physical activity	83.2
2010: % adolescent girls insufficient physical activity	88.8
2016: % women with obesity	26.6
Latest survey: % early initiation of breast-feeding	62.9
2020 estimate: % women smoking	15
Latest survey: % infants with stunting	16.1

Predicted 2030: % children aged 5-9 with obesity	18.3
Predicted 2030: % children aged 10-19 with obesity	13.6
Predicted 2030: number of children aged 5-9 with obesity	249,840
Predicted 2030: number of children aged 10-19 with obesity	350,725
Predicted 2030: number of children aged 5-19 with obesity	600,564

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✗
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✗



Bosnia and Herzegovina

CHO RISK SCORE

6.5/11

CHANCE OF MEETING WHO 2025 TARGET

1%

Latest survey: % infants overweight	17.4
2016: % boys aged 5-9 with obesity	9.6
2016: % girls aged 5-9 with obesity	6.3
2016: % boys aged 10-19 with obesity	5.4
2016: % girls aged 10-19 with obesity	3.7
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	19.3
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	28.6
Latest survey: % infants with stunting	8.9

Predicted 2030: % children aged 5-9 with obesity	15.8
Predicted 2030: % children aged 10-19 with obesity	11.1
Predicted 2030: number of children aged 5-9 with obesity	29,031
Predicted 2030: number of children aged 10-19 with obesity	38,749
Predicted 2030: number of children aged 5-19 with obesity	67,779

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

7/11

CHANCE OF
MEETING WHO
2025 TARGET

1%

Botswana

Latest survey: % infants overweight	11.2
2016: % boys aged 5-9 with obesity	5
2016: % girls aged 5-9 with obesity	11.6
2016: % boys aged 10-19 with obesity	2.7
2016: % girls aged 10-19 with obesity	7.8
2010: % adolescent boys insufficient physical activity	87.3
2010: % adolescent girls insufficient physical activity	88.7
2016: % women with obesity	30.5
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	31.4

Predicted 2030: % children aged 5-9 with obesity	17.5
Predicted 2030: % children aged 10-19 with obesity	12.9
Predicted 2030: number of children aged 5-9 with obesity	39,270
Predicted 2030: number of children aged 10-19 with obesity	59,066
Predicted 2030: number of children aged 5-19 with obesity	98,336

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK
SCORE

8/11

CHANCE OF
MEETING WHO
2025 TARGET

2%

Brazil

Latest survey: % infants overweight	6.4
2016: % boys aged 5-9 with obesity	17.6
2016: % girls aged 5-9 with obesity	12.4
2016: % boys aged 10-19 with obesity	10.1
2016: % girls aged 10-19 with obesity	7.8
2010: % adolescent boys insufficient physical activity	82
2010: % adolescent girls insufficient physical activity	91.4
2016: % women with obesity	26.4
Latest survey: % early initiation of breast-feeding	29.8
2020 estimate: % women smoking	9.7
Latest survey: % infants with stunting	7.0

Predicted 2030: % children aged 5-9 with obesity	22.8
Predicted 2030: % children aged 10-19 with obesity	15.7
Predicted 2030: number of children aged 5-9 with obesity	3,146,604
Predicted 2030: number of children aged 10-19 with obesity	4,517,818
Predicted 2030: number of children aged 5-19 with obesity	7,664,422

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

8.5/11

CHANCE OF
MEETING WHO
2025 TARGET

2%

Brunei

Latest survey: % infants overweight	8.3
2016: % boys aged 5-9 with obesity	22.9
2016: % girls aged 5-9 with obesity	12.5
2016: % boys aged 10-19 with obesity	16
2016: % girls aged 10-19 with obesity	8.6
2010: % adolescent boys insufficient physical activity	80.6
2010: % adolescent girls insufficient physical activity	94.6
2016: % women with obesity	16.4
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	2.7
Latest survey: % infants with stunting	19.7

Predicted 2030: % children aged 5-9 with obesity	26.7
Predicted 2030: % children aged 10-19 with obesity	20.8
Predicted 2030: number of children aged 5-9 with obesity	8,325
Predicted 2030: number of children aged 10-19 with obesity	13,313
Predicted 2030: number of children aged 5-19 with obesity	21,637

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

7.5/11

CHANCE OF MEETING WHO 2025 TARGET

3%

Bulgaria

Latest survey: % infants overweight	13.6
2016: % boys aged 5-9 with obesity	17.1
2016: % girls aged 5-9 with obesity	10.2
2016: % boys aged 10-19 with obesity	11.8
2016: % girls aged 10-19 with obesity	6.6
2010: % adolescent boys insufficient physical activity	68.3
2010: % adolescent girls insufficient physical activity	79.9
2016: % women with obesity	25.3
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	24.9
Latest survey: % infants with stunting	8.8

Predicted 2030: % children aged 5-9 with obesity	21.4
Predicted 2030: % children aged 10-19 with obesity	16.2
Predicted 2030: number of children aged 5-9 with obesity	61,686
Predicted 2030: number of children aged 10-19 with obesity	104,217
Predicted 2030: number of children aged 5-19 with obesity	165,903

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

4/11

CHANCE OF MEETING WHO 2025 TARGET

0%

Burkina Faso

Latest survey: % infants overweight	1.7
2016: % boys aged 5-9 with obesity	1.1
2016: % girls aged 5-9 with obesity	1.5
2016: % boys aged 10-19 with obesity	0.6
2016: % girls aged 10-19 with obesity	1.1
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	8.5
Latest survey: % early initiation of breast-feeding	42.2
2020 estimate: % women smoking	3.6
Latest survey: % infants with stunting	21.1

Predicted 2030: % children aged 5-9 with obesity	5.5
Predicted 2030: % children aged 10-19 with obesity	4.0
Predicted 2030: number of children aged 5-9 with obesity	194,042
Predicted 2030: number of children aged 10-19 with obesity	243,895
Predicted 2030: number of children aged 5-19 with obesity	437,937

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

3/11

CHANCE OF MEETING WHO 2025 TARGET

1%

Burundi

Latest survey: % infants overweight	1.4
2016: % boys aged 5-9 with obesity	1.7
2016: % girls aged 5-9 with obesity	3.4
2016: % boys aged 10-19 with obesity	0.9
2016: % girls aged 10-19 with obesity	1.9
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	9.0
Latest survey: % early initiation of breast-feeding	85.1
2020 estimate: % women smoking	
Latest survey: % infants with stunting	55.9

Predicted 2030: % children aged 5-9 with obesity	8.1
Predicted 2030: % children aged 10-19 with obesity	5.3
Predicted 2030: number of children aged 5-9 with obesity	183,052
Predicted 2030: number of children aged 10-19 with obesity	211,145
Predicted 2030: number of children aged 5-19 with obesity	394,196

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

4.5/11

CHANCE OF MEETING WHO 2025 TARGET

1%

Cambodia

Latest survey: % infants overweight	2.2
2016: % boys aged 5-9 with obesity	7
2016: % girls aged 5-9 with obesity	1.9
2016: % boys aged 10-19 with obesity	4.1
2016: % girls aged 10-19 with obesity	0.8
2010: % adolescent boys insufficient physical activity	91.6
2010: % adolescent girls insufficient physical activity	94.8
2016: % women with obesity	5.1
Latest survey: % early initiation of breast-feeding	62.6
2020 estimate: % women smoking	2
Latest survey: % infants with stunting	32.4

Predicted 2030: % children aged 5-9 with obesity	11.5
Predicted 2030: % children aged 10-19 with obesity	7.7
Predicted 2030: number of children aged 5-9 with obesity	194,018
Predicted 2030: number of children aged 10-19 with obesity	269,353
Predicted 2030: number of children aged 5-19 with obesity	463,371

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

4.5/11

CHANCE OF MEETING WHO 2025 TARGET

5%

Cameroon

Latest survey: % infants overweight	6.7
2016: % boys aged 5-9 with obesity	2.2
2016: % girls aged 5-9 with obesity	5.3
2016: % boys aged 10-19 with obesity	1.2
2016: % girls aged 10-19 with obesity	3.4
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	17.2
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	0.9
Latest survey: % infants with stunting	31.7

Predicted 2030: % children aged 5-9 with obesity	8.2
Predicted 2030: % children aged 10-19 with obesity	5.5
Predicted 2030: number of children aged 5-9 with obesity	344,566
Predicted 2030: number of children aged 10-19 with obesity	410,945
Predicted 2030: number of children aged 5-19 with obesity	755,511

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✗
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

7.5/11

CHANCE OF MEETING WHO 2025 TARGET

16%

Canada

Latest survey: % infants overweight	10.4
2016: % boys aged 5-9 with obesity	16.8
2016: % girls aged 5-9 with obesity	11.5
2016: % boys aged 10-19 with obesity	13.6
2016: % girls aged 10-19 with obesity	9.1
2010: % adolescent boys insufficient physical activity	73
2010: % adolescent girls insufficient physical activity	81.4
2016: % women with obesity	30.4
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	9.4
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	18.0
Predicted 2030: % children aged 10-19 with obesity	15.0
Predicted 2030: number of children aged 5-9 with obesity	410,382
Predicted 2030: number of children aged 10-19 with obesity	698,620
Predicted 2030: number of children aged 5-19 with obesity	1,109,002

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

6/11

CHANCE OF
MEETING WHO
2025 TARGET

5%

Cape Verde

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	3.3
2016: % girls aged 5-9 with obesity	5.5
2016: % boys aged 10-19 with obesity	1.7
2016: % girls aged 10-19 with obesity	3.3
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	17.0
Latest survey: % early initiation of breast-feeding	47.6
2020 estimate: % women smoking	3
Latest survey: % infants with stunting	21.4

Predicted 2030: % children aged 5-9 with obesity	9.2
Predicted 2030: % children aged 10-19 with obesity	6.1
Predicted 2030: number of children aged 5-9 with obesity	3,961
Predicted 2030: number of children aged 10-19 with obesity	5,388
Predicted 2030: number of children aged 5-19 with obesity	9,349

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



Central African Republic

CHO RISK SCORE

3.5/11

CHANCE OF MEETING WHO 2025 TARGET

2%

Latest survey: % infants overweight	1.9
2016: % boys aged 5-9 with obesity	2.3
2016: % girls aged 5-9 with obesity	3.9
2016: % boys aged 10-19 with obesity	1.2
2016: % girls aged 10-19 with obesity	2.3
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	11.4
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	39.6

Predicted 2030: % children aged 5-9 with obesity	7.9
Predicted 2030: % children aged 10-19 with obesity	5.3
Predicted 2030: number of children aged 5-9 with obesity	57,964
Predicted 2030: number of children aged 10-19 with obesity	71,349
Predicted 2030: number of children aged 5-19 with obesity	129,313

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

4/11

CHANCE OF
MEETING WHO
2025 TARGET

3%

Chad

Latest survey: % infants overweight	2.8
2016: % boys aged 5-9 with obesity	1.4
2016: % girls aged 5-9 with obesity	2.9
2016: % boys aged 10-19 with obesity	0.7
2016: % girls aged 10-19 with obesity	1.6
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	9.3
Latest survey: % early initiation of breast-feeding	23.0
2020 estimate: % women smoking	
Latest survey: % infants with stunting	39.8

Predicted 2030: % children aged 5-9 with obesity	5.9
Predicted 2030: % children aged 10-19 with obesity	3.7
Predicted 2030: number of children aged 5-9 with obesity	177,538
Predicted 2030: number of children aged 10-19 with obesity	186,246
Predicted 2030: number of children aged 5-19 with obesity	363,784

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

8.5/11

CHANCE OF MEETING WHO 2025 TARGET

7%

Chile

Latest survey: % infants overweight	9.3
2016: % boys aged 5-9 with obesity	21.4
2016: % girls aged 5-9 with obesity	15.8
2016: % boys aged 10-19 with obesity	15.6
2016: % girls aged 10-19 with obesity	11.5
2010: % adolescent boys insufficient physical activity	79.6
2010: % adolescent girls insufficient physical activity	90.6
2016: % women with obesity	32.1
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	34.1
Latest survey: % infants with stunting	1.8

Predicted 2030: % children aged 5-9 with obesity	24.8
Predicted 2030: % children aged 10-19 with obesity	19.8
Predicted 2030: number of children aged 5-9 with obesity	294,235
Predicted 2030: number of children aged 10-19 with obesity	480,412
Predicted 2030: number of children aged 5-19 with obesity	774,647

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

6/11

CHANCE OF
MEETING WHO
2025 TARGET

0%

China

Latest survey: % infants overweight	9.1
2016: % boys aged 5-9 with obesity	22.3
2016: % girls aged 5-9 with obesity	11.8
2016: % boys aged 10-19 with obesity	11.8
2016: % girls aged 10-19 with obesity	4.7
2010: % adolescent boys insufficient physical activity	79.4
2010: % adolescent girls insufficient physical activity	87.9
2016: % women with obesity	6.8
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	1.4
Latest survey: % infants with stunting	8.1

Predicted 2030: % children aged 5-9 with obesity	32.0
Predicted 2030: % children aged 10-19 with obesity	21.8
Predicted 2030: number of children aged 5-9 with obesity	24,100,911
Predicted 2030: number of children aged 10-19 with obesity	37,887,009
Predicted 2030: number of children aged 5-19 with obesity	61,987,920

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

6.5/11

CHANCE OF MEETING WHO 2025 TARGET

5%

Colombia

Latest survey: % infants overweight	4.8
2016: % boys aged 5-9 with obesity	9.8
2016: % girls aged 5-9 with obesity	7.4
2016: % boys aged 10-19 with obesity	6.3
2016: % girls aged 10-19 with obesity	6
2010: % adolescent boys insufficient physical activity	83.4
2010: % adolescent girls insufficient physical activity	86.7
2016: % women with obesity	27.7
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	5.2
Latest survey: % infants with stunting	12.6

Predicted 2030: % children aged 5-9 with obesity	14.4
Predicted 2030: % children aged 10-19 with obesity	11.1
Predicted 2030: number of children aged 5-9 with obesity	611,713
Predicted 2030: number of children aged 10-19 with obesity	971,410
Predicted 2030: number of children aged 5-19 with obesity	1,583,123

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

5/11

CHANCE OF
MEETING WHO
2025 TARGET

1%

Comoros

Latest survey: % infants overweight	10.6
2016: % boys aged 5-9 with obesity	2.4
2016: % girls aged 5-9 with obesity	5.1
2016: % boys aged 10-19 with obesity	1.3
2016: % girls aged 10-19 with obesity	3.2
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	12.7
Latest survey: % early initiation of breast-feeding	33.8
2020 estimate: % women smoking	4.6
Latest survey: % infants with stunting	31.1

Predicted 2030: % children aged 5-9 with obesity	9.1
Predicted 2030: % children aged 10-19 with obesity	6.1
Predicted 2030: number of children aged 5-9 with obesity	11,557
Predicted 2030: number of children aged 10-19 with obesity	14,050
Predicted 2030: number of children aged 5-19 with obesity	25,607

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK SCORE

9/11

CHANCE OF MEETING WHO 2025 TARGET

1%

Cook Islands

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	36.9
2016: % girls aged 5-9 with obesity	35.1
2016: % boys aged 10-19 with obesity	31.5
2016: % girls aged 10-19 with obesity	29.1
2010: % adolescent boys insufficient physical activity	76.4
2010: % adolescent girls insufficient physical activity	84.6
2016: % women with obesity	60.9
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	45.9
Predicted 2030: % children aged 10-19 with obesity	41.6
Predicted 2030: number of children aged 5-9 with obesity	878
Predicted 2030: number of children aged 10-19 with obesity	1,583
Predicted 2030: number of children aged 5-19 with obesity	2,461

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

7.5/11

CHANCE OF
MEETING WHO
2025 TARGET

2%

Costa Rica

Latest survey: % infants overweight	8.1
2016: % boys aged 5-9 with obesity	16.2
2016: % girls aged 5-9 with obesity	15
2016: % boys aged 10-19 with obesity	11
2016: % girls aged 10-19 with obesity	10.5
2010: % adolescent boys insufficient physical activity	75.3
2010: % adolescent girls insufficient physical activity	88.1
2016: % women with obesity	31.5
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	7.2
Latest survey: % infants with stunting	5.6

Predicted 2030: % children aged 5-9 with obesity	24.2
Predicted 2030: % children aged 10-19 with obesity	18.9
Predicted 2030: number of children aged 5-9 with obesity	84,607
Predicted 2030: number of children aged 10-19 with obesity	139,643
Predicted 2030: number of children aged 5-19 with obesity	224,250

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

8/11

CHANCE OF MEETING WHO 2025 TARGET

2%

Croatia

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	18.3
2016: % girls aged 5-9 with obesity	11.6
2016: % boys aged 10-19 with obesity	11.6
2016: % girls aged 10-19 with obesity	6.1
2010: % adolescent boys insufficient physical activity	72.6
2010: % adolescent girls insufficient physical activity	85.4
2016: % women with obesity	25.6
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	36.1
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	23.2
Predicted 2030: % children aged 10-19 with obesity	16.4
Predicted 2030: number of children aged 5-9 with obesity	43,602
Predicted 2030: number of children aged 10-19 with obesity	64,825
Predicted 2030: number of children aged 5-19 with obesity	108,427

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

7/11

CHANCE OF
MEETING WHO
2025 TARGET

9%

Cuba

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	16.7
2016: % girls aged 5-9 with obesity	14
2016: % boys aged 10-19 with obesity	10.7
2016: % girls aged 10-19 with obesity	8.7
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	31.6
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	15.1
Latest survey: % infants with stunting	7.0

Predicted 2030: % children aged 5-9 with obesity	21.1
Predicted 2030: % children aged 10-19 with obesity	15.1
Predicted 2030: number of children aged 5-9 with obesity	99,172
Predicted 2030: number of children aged 10-19 with obesity	148,279
Predicted 2030: number of children aged 5-19 with obesity	247,451

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

6.5/11

CHANCE OF MEETING WHO 2025 TARGET

22%

Cyprus

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	19.6
2016: % girls aged 5-9 with obesity	12
2016: % boys aged 10-19 with obesity	13.6
2016: % girls aged 10-19 with obesity	7.2
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	22.5
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	19.5
Predicted 2030: % children aged 10-19 with obesity	14.0
Predicted 2030: number of children aged 5-9 with obesity	13,272
Predicted 2030: number of children aged 10-19 with obesity	19,367
Predicted 2030: number of children aged 5-19 with obesity	32,638

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

7/11

CHANCE OF MEETING WHO 2025 TARGET

4%

Czechia

Latest survey: % infants overweight	4.4
2016: % boys aged 5-9 with obesity	15.7
2016: % girls aged 5-9 with obesity	8.8
2016: % boys aged 10-19 with obesity	10.7
2016: % girls aged 10-19 with obesity	5.3
2010: % adolescent boys insufficient physical activity	72.9
2010: % adolescent girls insufficient physical activity	80.6
2016: % women with obesity	26.5
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	28.9
Latest survey: % infants with stunting	2.6

Predicted 2030: % children aged 5-9 with obesity	19.1
Predicted 2030: % children aged 10-19 with obesity	14.0
Predicted 2030: number of children aged 5-9 with obesity	106,261
Predicted 2030: number of children aged 10-19 with obesity	168,713
Predicted 2030: number of children aged 5-19 with obesity	274,974

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



Democratic Republic of Congo

CHO RISK SCORE

3.5/11

CHANCE OF MEETING WHO 2025 TARGET

2%

Latest survey: % infants overweight	4.4
2016: % boys aged 5-9 with obesity	1.9
2016: % girls aged 5-9 with obesity	4.2
2016: % boys aged 10-19 with obesity	1
2016: % girls aged 10-19 with obesity	2.4
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	10.1
Latest survey: % early initiation of breast-feeding	52.0
2020 estimate: % women smoking	
Latest survey: % infants with stunting	42.7

Predicted 2030: % children aged 5-9 with obesity	8.2
Predicted 2030: % children aged 10-19 with obesity	5.4
Predicted 2030: number of children aged 5-9 with obesity	1,141,245
Predicted 2030: number of children aged 10-19 with obesity	1,280,160
Predicted 2030: number of children aged 5-19 with obesity	2,421,404

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

7/11

CHANCE OF MEETING WHO 2025 TARGET

39%

Denmark

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	11.9
2016: % girls aged 5-9 with obesity	6.6
2016: % boys aged 10-19 with obesity	8.2
2016: % girls aged 10-19 with obesity	4
2010: % adolescent boys insufficient physical activity	87.1
2010: % adolescent girls insufficient physical activity	89.4
2016: % women with obesity	17.7
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	12.9
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	10.6
Predicted 2030: % children aged 10-19 with obesity	7.3
Predicted 2030: number of children aged 5-9 with obesity	36,931
Predicted 2030: number of children aged 10-19 with obesity	49,148
Predicted 2030: number of children aged 5-19 with obesity	86,079

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

7/11

CHANCE OF
MEETING WHO
2025 TARGET

13%

Djibouti

Latest survey: % infants overweight	8.1
2016: % boys aged 5-9 with obesity	6.2
2016: % girls aged 5-9 with obesity	7.7
2016: % boys aged 10-19 with obesity	3.6
2016: % girls aged 10-19 with obesity	5
2010: % adolescent boys insufficient physical activity	81.3
2010: % adolescent girls insufficient physical activity	89.1
2016: % women with obesity	19.1
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	33.5

Predicted 2030: % children aged 5-9 with obesity	10.9
Predicted 2030: % children aged 10-19 with obesity	7.4
Predicted 2030: number of children aged 5-9 with obesity	11,382
Predicted 2030: number of children aged 10-19 with obesity	15,658
Predicted 2030: number of children aged 5-19 with obesity	27,039

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK SCORE

8/11

CHANCE OF MEETING WHO 2025 TARGET

5%

Dominica

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	18.5
2016: % girls aged 5-9 with obesity	18.6
2016: % boys aged 10-19 with obesity	12.7
2016: % girls aged 10-19 with obesity	14
2010: % adolescent boys insufficient physical activity	82.9
2010: % adolescent girls insufficient physical activity	84.7
2016: % women with obesity	36.9
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	26.1
Predicted 2030: % children aged 10-19 with obesity	20.8
Predicted 2030: number of children aged 5-9 with obesity	1,448
Predicted 2030: number of children aged 10-19 with obesity	2,339
Predicted 2030: number of children aged 5-19 with obesity	3,787

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



Dominican Republic

CHO RISK SCORE

7/11

CHANCE OF MEETING WHO 2025 TARGET

2%

Latest survey: % infants overweight	7.6
2016: % boys aged 5-9 with obesity	19.7
2016: % girls aged 5-9 with obesity	17.4
2016: % boys aged 10-19 with obesity	13.7
2016: % girls aged 10-19 with obesity	12.5
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	35.4
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	8.2
Latest survey: % infants with stunting	7.1

Predicted 2030: % children aged 5-9 with obesity	27.7
Predicted 2030: % children aged 10-19 with obesity	22.0
Predicted 2030: number of children aged 5-9 with obesity	275,798
Predicted 2030: number of children aged 10-19 with obesity	443,798
Predicted 2030: number of children aged 5-19 with obesity	719,596

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

3.5/11

CHANCE OF
MEETING WHO
2025 TARGET

0%

East Timor

Latest survey: % infants overweight	1.4
2016: % boys aged 5-9 with obesity	7.6
2016: % girls aged 5-9 with obesity	4.1
2016: % boys aged 10-19 with obesity	4.3
2016: % girls aged 10-19 with obesity	2.2
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	5.2
Latest survey: % early initiation of breast-feeding	75.3
2020 estimate: % women smoking	
Latest survey: % infants with stunting	50.9

Predicted 2030: % children aged 5-9 with obesity	14.7
Predicted 2030: % children aged 10-19 with obesity	10.0
Predicted 2030: number of children aged 5-9 with obesity	33,098
Predicted 2030: number of children aged 10-19 with obesity	38,690
Predicted 2030: number of children aged 5-19 with obesity	71,788

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

8/11

CHANCE OF
MEETING WHO
2025 TARGET

5%

Ecuador

Latest survey: % infants overweight	8.0
2016: % boys aged 5-9 with obesity	13.8
2016: % girls aged 5-9 with obesity	10.5
2016: % boys aged 10-19 with obesity	8.9
2016: % girls aged 10-19 with obesity	7.2
2010: % adolescent boys insufficient physical activity	85.9
2010: % adolescent girls insufficient physical activity	93.4
2016: % women with obesity	25.6
Latest survey: % early initiation of breast-feeding	29.3
2020 estimate: % women smoking	2.8
Latest survey: % infants with stunting	23.9

Predicted 2030: % children aged 5-9 with obesity	18.9
Predicted 2030: % children aged 10-19 with obesity	14.0
Predicted 2030: number of children aged 5-9 with obesity	302,892
Predicted 2030: number of children aged 10-19 with obesity	447,663
Predicted 2030: number of children aged 5-19 with obesity	750,556

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

9.5/11

CHANCE OF
MEETING WHO
2025 TARGET

2%

Egypt

Latest survey: % infants overweight	15.7
2016: % boys aged 5-9 with obesity	20.5
2016: % girls aged 5-9 with obesity	23.2
2016: % boys aged 10-19 with obesity	13.2
2016: % girls aged 10-19 with obesity	17.1
2010: % adolescent boys insufficient physical activity	80.6
2010: % adolescent girls insufficient physical activity	92.9
2016: % women with obesity	42.5
Latest survey: % early initiation of breast-feeding	27.1
2020 estimate: % women smoking	0.2
Latest survey: % infants with stunting	22.3

Predicted 2030: % children aged 5-9 with obesity	29.5
Predicted 2030: % children aged 10-19 with obesity	22.8
Predicted 2030: number of children aged 5-9 with obesity	2,643,046
Predicted 2030: number of children aged 10-19 with obesity	4,175,486
Predicted 2030: number of children aged 5-19 with obesity	6,818,532

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

7.5/11

CHANCE OF
MEETING WHO
2025 TARGET

4%

El Salvador

Latest survey: % infants overweight	6.4
2016: % boys aged 5-9 with obesity	14.2
2016: % girls aged 5-9 with obesity	15.3
2016: % boys aged 10-19 with obesity	9.4
2016: % girls aged 10-19 with obesity	11.1
2010: % adolescent boys insufficient physical activity	83.7
2010: % adolescent girls insufficient physical activity	90.1
2016: % women with obesity	30.0
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	13.6

Predicted 2030: % children aged 5-9 with obesity	22.1
Predicted 2030: % children aged 10-19 with obesity	17.2
Predicted 2030: number of children aged 5-9 with obesity	126,469
Predicted 2030: number of children aged 10-19 with obesity	202,578
Predicted 2030: number of children aged 5-19 with obesity	329,047

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



Equatorial Guinea

CHO RISK SCORE

4/11

CHANCE OF MEETING WHO 2025 TARGET

3%

Latest survey: % infants overweight	9.7
2016: % boys aged 5-9 with obesity	2.3
2016: % girls aged 5-9 with obesity	3.9
2016: % boys aged 10-19 with obesity	1.2
2016: % girls aged 10-19 with obesity	2.3
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	13.2
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	26.2

Predicted 2030: % children aged 5-9 with obesity	7.8
Predicted 2030: % children aged 10-19 with obesity	5.2
Predicted 2030: number of children aged 5-9 with obesity	10,299
Predicted 2030: number of children aged 10-19 with obesity	12,424
Predicted 2030: number of children aged 5-19 with obesity	22,723

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK
SCORE

3.5/11

CHANCE OF
MEETING WHO
2025 TARGET

1%

Eritrea

Latest survey: % infants overweight	2.0
2016: % boys aged 5-9 with obesity	1.8
2016: % girls aged 5-9 with obesity	4
2016: % boys aged 10-19 with obesity	0.9
2016: % girls aged 10-19 with obesity	2.4
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	7.9
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	52.0

Predicted 2030: % children aged 5-9 with obesity	8.4
Predicted 2030: % children aged 10-19 with obesity	5.5
Predicted 2030: number of children aged 5-9 with obesity	100,011
Predicted 2030: number of children aged 10-19 with obesity	123,780
Predicted 2030: number of children aged 5-19 with obesity	223,791

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

7/11

CHANCE OF MEETING WHO 2025 TARGET

9%

Estonia

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	10.3
2016: % girls aged 5-9 with obesity	6.5
2016: % boys aged 10-19 with obesity	6.3
2016: % girls aged 10-19 with obesity	3.7
2010: % adolescent boys insufficient physical activity	82.7
2010: % adolescent girls insufficient physical activity	89
2016: % women with obesity	22.7
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	24.3
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	13.4
Predicted 2030: % children aged 10-19 with obesity	9.1
Predicted 2030: number of children aged 5-9 with obesity	8,682
Predicted 2030: number of children aged 10-19 with obesity	12,497
Predicted 2030: number of children aged 5-19 with obesity	21,179

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

2.5/11

CHANCE OF MEETING WHO 2025 TARGET

0%

Ethiopia

Latest survey: % infants overweight	2.9
2016: % boys aged 5-9 with obesity	1.2
2016: % girls aged 5-9 with obesity	2.3
2016: % boys aged 10-19 with obesity	0.5
2016: % girls aged 10-19 with obesity	1
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	7.3
Latest survey: % early initiation of breast-feeding	73.3
2020 estimate: % women smoking	0.5
Latest survey: % infants with stunting	38.4

Predicted 2030: % children aged 5-9 with obesity	6.0
Predicted 2030: % children aged 10-19 with obesity	3.3
Predicted 2030: number of children aged 5-9 with obesity	945,912
Predicted 2030: number of children aged 10-19 with obesity	980,785
Predicted 2030: number of children aged 5-19 with obesity	1,926,697

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

7.5/11

Fiji

CHANCE OF
MEETING WHO
2025 TARGET

5%

Latest survey: % infants overweight	5.1
2016: % boys aged 5-9 with obesity	14.5
2016: % girls aged 5-9 with obesity	13.9
2016: % boys aged 10-19 with obesity	9.7
2016: % girls aged 10-19 with obesity	10.2
2010: % adolescent boys insufficient physical activity	84.2
2010: % adolescent girls insufficient physical activity	89.4
2016: % women with obesity	36.5
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	11.9
Latest survey: % infants with stunting	7.5

Predicted 2030: % children aged 5-9 with obesity	21.3
Predicted 2030: % children aged 10-19 with obesity	16.5
Predicted 2030: number of children aged 5-9 with obesity	16,150
Predicted 2030: number of children aged 10-19 with obesity	26,923
Predicted 2030: number of children aged 5-19 with obesity	43,073

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

7/11

CHANCE OF
MEETING WHO
2025 TARGET

24%

Finland

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	15.6
2016: % girls aged 5-9 with obesity	7.8
2016: % boys aged 10-19 with obesity	10.8
2016: % girls aged 10-19 with obesity	4.5
2010: % adolescent boys insufficient physical activity	68.2
2010: % adolescent girls insufficient physical activity	85.3
2016: % women with obesity	21.5
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	16.7
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	14.7
Predicted 2030: % children aged 10-19 with obesity	10.4
Predicted 2030: number of children aged 5-9 with obesity	45,815
Predicted 2030: number of children aged 10-19 with obesity	66,210
Predicted 2030: number of children aged 5-19 with obesity	112,025

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

21%

France

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	11.7
2016: % girls aged 5-9 with obesity	8.9
2016: % boys aged 10-19 with obesity	7.4
2016: % girls aged 10-19 with obesity	6.4
2010: % adolescent boys insufficient physical activity	84.4
2010: % adolescent girls insufficient physical activity	91.7
2016: % women with obesity	22.0
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	24.9
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	13.9
Predicted 2030: % children aged 10-19 with obesity	10.0
Predicted 2030: number of children aged 5-9 with obesity	560,091
Predicted 2030: number of children aged 10-19 with obesity	808,801
Predicted 2030: number of children aged 5-19 with obesity	1,368,893

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

5.5/11

CHANCE OF
MEETING WHO
2025 TARGET

13%

Gabon

Latest survey: % infants overweight	7.7
2016: % boys aged 5-9 with obesity	5.2
2016: % girls aged 5-9 with obesity	6
2016: % boys aged 10-19 with obesity	2.8
2016: % girls aged 10-19 with obesity	3.8
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	21.2
Latest survey: % early initiation of breast-feeding	60.6
2020 estimate: % women smoking	
Latest survey: % infants with stunting	17.0

Predicted 2030: % children aged 5-9 with obesity	9.8
Predicted 2030: % children aged 10-19 with obesity	6.5
Predicted 2030: number of children aged 5-9 with obesity	26,519
Predicted 2030: number of children aged 10-19 with obesity	33,015
Predicted 2030: number of children aged 5-19 with obesity	59,534

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

4%

Gambia

Latest survey: % infants overweight	3.2
2016: % boys aged 5-9 with obesity	3
2016: % girls aged 5-9 with obesity	4.6
2016: % boys aged 10-19 with obesity	1.7
2016: % girls aged 10-19 with obesity	2.8
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	15.5
Latest survey: % early initiation of breast-feeding	51.5
2020 estimate: % women smoking	
Latest survey: % infants with stunting	24.6

Predicted 2030: % children aged 5-9 with obesity	8.5
Predicted 2030: % children aged 10-19 with obesity	5.6
Predicted 2030: number of children aged 5-9 with obesity	36,585
Predicted 2030: number of children aged 10-19 with obesity	40,805
Predicted 2030: number of children aged 5-19 with obesity	77,390

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK SCORE

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CHANCE OF MEETING WHO 2025 TARGET

3%

Georgia

Latest survey: % infants overweight	19.9
2016: % boys aged 5-9 with obesity	10.9
2016: % girls aged 5-9 with obesity	6
2016: % boys aged 10-19 with obesity	7.4
2016: % girls aged 10-19 with obesity	3.8
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	24.8
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	5.5
Latest survey: % infants with stunting	11.3

Predicted 2030: % children aged 5-9 with obesity	15.4
Predicted 2030: % children aged 10-19 with obesity	11.6
Predicted 2030: number of children aged 5-9 with obesity	32,738
Predicted 2030: number of children aged 10-19 with obesity	58,862
Predicted 2030: number of children aged 5-19 with obesity	91,600

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

6.5/11

CHANCE OF MEETING WHO 2025 TARGET

18%

Germany

Latest survey: % infants overweight	3.5
2016: % boys aged 5-9 with obesity	13.7
2016: % girls aged 5-9 with obesity	9
2016: % boys aged 10-19 with obesity	9.8
2016: % girls aged 10-19 with obesity	5.7
2010: % adolescent boys insufficient physical activity	77.9
2010: % adolescent girls insufficient physical activity	88.1
2016: % women with obesity	21.3
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	27.7
Latest survey: % infants with stunting	1.3

Predicted 2030: % children aged 5-9 with obesity	15.0
Predicted 2030: % children aged 10-19 with obesity	11.1
Predicted 2030: number of children aged 5-9 with obesity	523,306
Predicted 2030: number of children aged 10-19 with obesity	795,109
Predicted 2030: number of children aged 5-19 with obesity	1,318,415

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

4.5/11

CHANCE OF
MEETING WHO
2025 TARGET

5%

Ghana

Latest survey: % infants overweight	2.6
2016: % boys aged 5-9 with obesity	1.7
2016: % girls aged 5-9 with obesity	4.4
2016: % boys aged 10-19 with obesity	0.8
2016: % girls aged 10-19 with obesity	2.5
2010: % adolescent boys insufficient physical activity	87.5
2010: % adolescent girls insufficient physical activity	88.3
2016: % women with obesity	17.3
Latest survey: % early initiation of breast-feeding	55.7
2020 estimate: % women smoking	0.4
Latest survey: % infants with stunting	18.8

Predicted 2030: % children aged 5-9 with obesity	6.6
Predicted 2030: % children aged 10-19 with obesity	4.1
Predicted 2030: number of children aged 5-9 with obesity	254,058
Predicted 2030: number of children aged 10-19 with obesity	301,480
Predicted 2030: number of children aged 5-19 with obesity	555,538

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

8/11

CHANCE OF MEETING WHO 2025 TARGET

0%

Greece

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	21.2
2016: % girls aged 5-9 with obesity	14.2
2016: % boys aged 10-19 with obesity	14.4
2016: % girls aged 10-19 with obesity	8.8
2010: % adolescent boys insufficient physical activity	81.9
2010: % adolescent girls insufficient physical activity	89.7
2016: % women with obesity	26.4
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	30.2
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	22.8
Predicted 2030: % children aged 10-19 with obesity	16.2
Predicted 2030: number of children aged 5-9 with obesity	109,534
Predicted 2030: number of children aged 10-19 with obesity	171,929
Predicted 2030: number of children aged 5-19 with obesity	281,463

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✗



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

2%

Grenada

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	13.8
2016: % girls aged 5-9 with obesity	13.4
2016: % boys aged 10-19 with obesity	9.1
2016: % girls aged 10-19 with obesity	9.3
2010: % adolescent boys insufficient physical activity	82.6
2010: % adolescent girls insufficient physical activity	86.7
2016: % women with obesity	30.2
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	22.5
Predicted 2030: % children aged 10-19 with obesity	17.5
Predicted 2030: number of children aged 5-9 with obesity	1,818
Predicted 2030: number of children aged 10-19 with obesity	3,194
Predicted 2030: number of children aged 5-19 with obesity	5,012

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

2%

Guatemala

Latest survey: % infants overweight	4.9
2016: % boys aged 5-9 with obesity	12.9
2016: % girls aged 5-9 with obesity	12.2
2016: % boys aged 10-19 with obesity	8.4
2016: % girls aged 10-19 with obesity	8.5
2010: % adolescent boys insufficient physical activity	80.9
2010: % adolescent girls insufficient physical activity	88
2016: % women with obesity	27.5
Latest survey: % early initiation of breast-feeding	63.2
2020 estimate: % women smoking	
Latest survey: % infants with stunting	46.7

Predicted 2030: % children aged 5-9 with obesity	20.6
Predicted 2030: % children aged 10-19 with obesity	15.5
Predicted 2030: number of children aged 5-9 with obesity	528,584
Predicted 2030: number of children aged 10-19 with obesity	733,697
Predicted 2030: number of children aged 5-19 with obesity	1,262,281

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

3%

Guinea

Latest survey: % infants overweight	4.0
2016: % boys aged 5-9 with obesity	1.4
2016: % girls aged 5-9 with obesity	3.4
2016: % boys aged 10-19 with obesity	0.7
2016: % girls aged 10-19 with obesity	1.8
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	12.0
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	32.4

Predicted 2030: % children aged 5-9 with obesity	6.4
Predicted 2030: % children aged 10-19 with obesity	3.9
Predicted 2030: number of children aged 5-9 with obesity	137,219
Predicted 2030: number of children aged 10-19 with obesity	151,513
Predicted 2030: number of children aged 5-19 with obesity	288,733

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK
SCORE

3.5/11

CHANCE OF
MEETING WHO
2025 TARGET

2%

Guinea-Bissau

Latest survey: % infants overweight	2.3
2016: % boys aged 5-9 with obesity	2.3
2016: % girls aged 5-9 with obesity	4.2
2016: % boys aged 10-19 with obesity	1.2
2016: % girls aged 10-19 with obesity	2.4
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	14.3
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	27.6

Predicted 2030: % children aged 5-9 with obesity	8.3
Predicted 2030: % children aged 10-19 with obesity	5.4
Predicted 2030: number of children aged 5-9 with obesity	25,373
Predicted 2030: number of children aged 10-19 with obesity	29,367
Predicted 2030: number of children aged 5-19 with obesity	54,739

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



Guyana

CHO RISK SCORE

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CHANCE OF MEETING WHO 2025 TARGET

1%

Latest survey: % infants overweight	5.3
2016: % boys aged 5-9 with obesity	12.8
2016: % girls aged 5-9 with obesity	12.7
2016: % boys aged 10-19 with obesity	8.4
2016: % girls aged 10-19 with obesity	9
2010: % adolescent boys insufficient physical activity	81.9
2010: % adolescent girls insufficient physical activity	86.5
2016: % women with obesity	28.2
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	11.3

Predicted 2030: % children aged 5-9 with obesity	22.3
Predicted 2030: % children aged 10-19 with obesity	17.4
Predicted 2030: number of children aged 5-9 with obesity	16,294
Predicted 2030: number of children aged 10-19 with obesity	24,634
Predicted 2030: number of children aged 5-19 with obesity	40,928

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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Haiti

CHANCE OF
MEETING WHO
2025 TARGET

1%

Latest survey: % infants overweight	3.4
2016: % boys aged 5-9 with obesity	17.6
2016: % girls aged 5-9 with obesity	10.6
2016: % boys aged 10-19 with obesity	12.1
2016: % girls aged 10-19 with obesity	6.1
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	28.1
Latest survey: % early initiation of breast-feeding	47.4
2020 estimate: % women smoking	2.2
Latest survey: % infants with stunting	21.9

Predicted 2030: % children aged 5-9 with obesity	24.9
Predicted 2030: % children aged 10-19 with obesity	19.1
Predicted 2030: number of children aged 5-9 with obesity	301,647
Predicted 2030: number of children aged 10-19 with obesity	454,002
Predicted 2030: number of children aged 5-19 with obesity	755,649

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✗
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✗



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

2%

Honduras

Latest survey: % infants overweight	5.2
2016: % boys aged 5-9 with obesity	12.2
2016: % girls aged 5-9 with obesity	12.3
2016: % boys aged 10-19 with obesity	7.8
2016: % girls aged 10-19 with obesity	8.6
2010: % adolescent boys insufficient physical activity	80.3
2010: % adolescent girls insufficient physical activity	87.3
2016: % women with obesity	27.9
Latest survey: % early initiation of breast-feeding	63.9
2020 estimate: % women smoking	1.7
Latest survey: % infants with stunting	22.6

Predicted 2030: % children aged 5-9 with obesity	20.5
Predicted 2030: % children aged 10-19 with obesity	15.6
Predicted 2030: number of children aged 5-9 with obesity	211,797
Predicted 2030: number of children aged 10-19 with obesity	313,023
Predicted 2030: number of children aged 5-19 with obesity	524,819

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✗



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

2%

Hungary

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	17.3
2016: % girls aged 5-9 with obesity	11.2
2016: % boys aged 10-19 with obesity	11.9
2016: % girls aged 10-19 with obesity	7.1
2010: % adolescent boys insufficient physical activity	74.4
2010: % adolescent girls insufficient physical activity	86.5
2016: % women with obesity	25.6
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	22.4
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	22.8
Predicted 2030: % children aged 10-19 with obesity	17.3
Predicted 2030: number of children aged 5-9 with obesity	106,669
Predicted 2030: number of children aged 10-19 with obesity	170,304
Predicted 2030: number of children aged 5-19 with obesity	276,973

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

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CHANCE OF MEETING WHO 2025 TARGET

32%

Iceland

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	15.7
2016: % girls aged 5-9 with obesity	9.4
2016: % boys aged 10-19 with obesity	10.8
2016: % girls aged 10-19 with obesity	6.1
2010: % adolescent boys insufficient physical activity	79.4
2010: % adolescent girls insufficient physical activity	88.3
2016: % women with obesity	20.2
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	12.6
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	14.8
Predicted 2030: % children aged 10-19 with obesity	10.5
Predicted 2030: number of children aged 5-9 with obesity	3,569
Predicted 2030: number of children aged 10-19 with obesity	5,174
Predicted 2030: number of children aged 5-19 with obesity	8,744

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

0%

India

Latest survey: % infants overweight	2.4
2016: % boys aged 5-9 with obesity	3.7
2016: % girls aged 5-9 with obesity	2.6
2016: % boys aged 10-19 with obesity	1.8
2016: % girls aged 10-19 with obesity	1.1
2010: % adolescent boys insufficient physical activity	69.6
2010: % adolescent girls insufficient physical activity	71.6
2016: % women with obesity	5.3
Latest survey: % early initiation of breast-feeding	41.5
2020 estimate: % women smoking	1.2
Latest survey: % infants with stunting	37.9

Predicted 2030: % children aged 5-9 with obesity	10.8
Predicted 2030: % children aged 10-19 with obesity	6.2
Predicted 2030: number of children aged 5-9 with obesity	12,692,004
Predicted 2030: number of children aged 10-19 with obesity	14,789,136
Predicted 2030: number of children aged 5-19 with obesity	27,481,141

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

21%

Indonesia

Latest survey: % infants overweight	11.5
2016: % boys aged 5-9 with obesity	9.8
2016: % girls aged 5-9 with obesity	7.1
2016: % boys aged 10-19 with obesity	5.8
2016: % girls aged 10-19 with obesity	3.9
2010: % adolescent boys insufficient physical activity	84.3
2010: % adolescent girls insufficient physical activity	83.1
2016: % women with obesity	9.3
Latest survey: % early initiation of breast-feeding	49.3
2020 estimate: % women smoking	3
Latest survey: % infants with stunting	36.4

Predicted 2030: % children aged 5-9 with obesity	17.7
Predicted 2030: % children aged 10-19 with obesity	11.8
Predicted 2030: number of children aged 5-9 with obesity	3,841,395
Predicted 2030: number of children aged 10-19 with obesity	5,235,021
Predicted 2030: number of children aged 5-19 with obesity	9,076,416

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

3%

Iran

Latest survey: % infants overweight	6.9
2016: % boys aged 5-9 with obesity	13.1
2016: % girls aged 5-9 with obesity	9.8
2016: % boys aged 10-19 with obesity	9.3
2016: % girls aged 10-19 with obesity	8.1
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	33.5
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	0.4
Latest survey: % infants with stunting	6.8

Predicted 2030: % children aged 5-9 with obesity	17.6
Predicted 2030: % children aged 10-19 with obesity	14.1
Predicted 2030: number of children aged 5-9 with obesity	1,079,178
Predicted 2030: number of children aged 10-19 with obesity	1,944,425
Predicted 2030: number of children aged 5-19 with obesity	3,023,603

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

4%

Iraq

Latest survey: % infants overweight	11.4
2016: % boys aged 5-9 with obesity	18.1
2016: % girls aged 5-9 with obesity	17.1
2016: % boys aged 10-19 with obesity	12.4
2016: % girls aged 10-19 with obesity	12.8
2010: % adolescent boys insufficient physical activity	80.3
2010: % adolescent girls insufficient physical activity	91.4
2016: % women with obesity	38.3
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	22.1

Predicted 2030: % children aged 5-9 with obesity	24.7
Predicted 2030: % children aged 10-19 with obesity	19.3
Predicted 2030: number of children aged 5-9 with obesity	1,439,562
Predicted 2030: number of children aged 10-19 with obesity	2,037,743
Predicted 2030: number of children aged 5-19 with obesity	3,477,305

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

10%

Ireland

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	13.6
2016: % girls aged 5-9 with obesity	11.3
2016: % boys aged 10-19 with obesity	8.6
2016: % girls aged 10-19 with obesity	7.8
2010: % adolescent boys insufficient physical activity	64.6
2010: % adolescent girls insufficient physical activity	79.6
2016: % women with obesity	26.6
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	19.8
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	17.4
Predicted 2030: % children aged 10-19 with obesity	12.4
Predicted 2030: number of children aged 5-9 with obesity	56,694
Predicted 2030: number of children aged 10-19 with obesity	88,009
Predicted 2030: number of children aged 5-19 with obesity	144,703

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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Israel

CHANCE OF
MEETING WHO
2025 TARGET

33%

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	17.6
2016: % girls aged 5-9 with obesity	11.9
2016: % boys aged 10-19 with obesity	12.2
2016: % girls aged 10-19 with obesity	8
2010: % adolescent boys insufficient physical activity	77.8
2010: % adolescent girls insufficient physical activity	89.5
2016: % women with obesity	27.3
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	18.7
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	16.9
Predicted 2030: % children aged 10-19 with obesity	12.0
Predicted 2030: number of children aged 5-9 with obesity	129,811
Predicted 2030: number of children aged 10-19 with obesity	186,236
Predicted 2030: number of children aged 5-19 with obesity	316,047

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



Italy

CHO RISK SCORE

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CHANCE OF MEETING WHO 2025 TARGET

0%

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	20.5
2016: % girls aged 5-9 with obesity	14.9
2016: % boys aged 10-19 with obesity	11.5
2016: % girls aged 10-19 with obesity	8.1
2010: % adolescent boys insufficient physical activity	91
2010: % adolescent girls insufficient physical activity	92.6
2016: % women with obesity	20.4
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	19.6
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	21.2
Predicted 2030: % children aged 10-19 with obesity	12.9
Predicted 2030: number of children aged 5-9 with obesity	574,134
Predicted 2030: number of children aged 10-19 with obesity	733,632
Predicted 2030: number of children aged 5-19 with obesity	1,307,765

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

4.5/11

CHANCE OF
MEETING WHO
2025 TARGET

3%

Ivory Coast

Latest survey: % infants overweight	1.5
2016: % boys aged 5-9 with obesity	3.6
2016: % girls aged 5-9 with obesity	5.4
2016: % boys aged 10-19 with obesity	2
2016: % girls aged 10-19 with obesity	3.6
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	15.8
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	21.6

Predicted 2030: % children aged 5-9 with obesity	9.8
Predicted 2030: % children aged 10-19 with obesity	6.9
Predicted 2030: number of children aged 5-9 with obesity	367,572
Predicted 2030: number of children aged 10-19 with obesity	456,586
Predicted 2030: number of children aged 5-19 with obesity	824,158

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



Jamaica

CHO RISK SCORE

7/11

CHANCE OF MEETING WHO 2025 TARGET

2%

Latest survey: % infants overweight	8.3
2016: % boys aged 5-9 with obesity	16.8
2016: % girls aged 5-9 with obesity	16.1
2016: % boys aged 10-19 with obesity	11
2016: % girls aged 10-19 with obesity	11.9
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	34.7
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	5.2
Latest survey: % infants with stunting	6.0

Predicted 2030: % children aged 5-9 with obesity	25.1
Predicted 2030: % children aged 10-19 with obesity	19.9
Predicted 2030: number of children aged 5-9 with obesity	56,423
Predicted 2030: number of children aged 10-19 with obesity	91,072
Predicted 2030: number of children aged 5-19 with obesity	147,495

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



Japan

CHO RISK SCORE

3/11

CHANCE OF MEETING WHO 2025 TARGET

44%

Latest survey: % infants overweight	1.5
2016: % boys aged 5-9 with obesity	7
2016: % girls aged 5-9 with obesity	2.9
2016: % boys aged 10-19 with obesity	3.9
2016: % girls aged 10-19 with obesity	1.1
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	3.9
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	9.6
Latest survey: % infants with stunting	7.1

Predicted 2030: % children aged 5-9 with obesity	5.5
Predicted 2030: % children aged 10-19 with obesity	2.9
Predicted 2030: number of children aged 5-9 with obesity	269,017
Predicted 2030: number of children aged 10-19 with obesity	298,989
Predicted 2030: number of children aged 5-19 with obesity	568,006

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

9%

Jordan

Latest survey: % infants overweight	4.7
2016: % boys aged 5-9 with obesity	15.4
2016: % girls aged 5-9 with obesity	14.4
2016: % boys aged 10-19 with obesity	11.7
2016: % girls aged 10-19 with obesity	11.6
2010: % adolescent boys insufficient physical activity	82.3
2010: % adolescent girls insufficient physical activity	88.9
2016: % women with obesity	44.6
Latest survey: % early initiation of breast-feeding	18.5
2020 estimate: % women smoking	12.1
Latest survey: % infants with stunting	7.8

Predicted 2030: % children aged 5-9 with obesity	20.7
Predicted 2030: % children aged 10-19 with obesity	17.1
Predicted 2030: number of children aged 5-9 with obesity	176,757
Predicted 2030: number of children aged 10-19 with obesity	316,666
Predicted 2030: number of children aged 5-19 with obesity	493,423

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

5.5/11

CHANCE OF
MEETING WHO
2025 TARGET

5%

Kazakhstan

Latest survey: % infants overweight	9.3
2016: % boys aged 5-9 with obesity	10.2
2016: % girls aged 5-9 with obesity	6.2
2016: % boys aged 10-19 with obesity	6.6
2016: % girls aged 10-19 with obesity	4.1
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	23.6
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	8.7
Latest survey: % infants with stunting	8.0

Predicted 2030: % children aged 5-9 with obesity	14.3
Predicted 2030: % children aged 10-19 with obesity	10.5
Predicted 2030: number of children aged 5-9 with obesity	206,505
Predicted 2030: number of children aged 10-19 with obesity	330,401
Predicted 2030: number of children aged 5-19 with obesity	536,906

Existence of any policies on marketing of foods to children, 2017	
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

4/11

CHANCE OF
MEETING WHO
2025 TARGET

1%

Kenya

Latest survey: % infants overweight	4.1
2016: % boys aged 5-9 with obesity	1.8
2016: % girls aged 5-9 with obesity	4.4
2016: % boys aged 10-19 with obesity	0.9
2016: % girls aged 10-19 with obesity	2.6
2010: % adolescent boys insufficient physical activity	85.7
2010: % adolescent girls insufficient physical activity	88.9
2016: % women with obesity	11.6
Latest survey: % early initiation of breast-feeding	62.2
2020 estimate: % women smoking	1.9
Latest survey: % infants with stunting	26.2

Predicted 2030: % children aged 5-9 with obesity	8.4
Predicted 2030: % children aged 10-19 with obesity	5.5
Predicted 2030: number of children aged 5-9 with obesity	670,834
Predicted 2030: number of children aged 10-19 with obesity	793,121
Predicted 2030: number of children aged 5-19 with obesity	1,463,954

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

10.5/11

CHANCE OF
MEETING WHO
2025 TARGET

1%

Kiribati

Latest survey: % infants overweight	15.9
2016: % boys aged 5-9 with obesity	26.8
2016: % girls aged 5-9 with obesity	28.3
2016: % boys aged 10-19 with obesity	20.2
2016: % girls aged 10-19 with obesity	21.6
2010: % adolescent boys insufficient physical activity	78
2010: % adolescent girls insufficient physical activity	85.5
2016: % women with obesity	52.0
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	38.8
Latest survey: % infants with stunting	34.4

Predicted 2030: % children aged 5-9 with obesity	38.7
Predicted 2030: % children aged 10-19 with obesity	33.1
Predicted 2030: number of children aged 5-9 with obesity	4,170
Predicted 2030: number of children aged 10-19 with obesity	6,848
Predicted 2030: number of children aged 5-19 with obesity	11,017

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

4%

Korea, South

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	17.4
2016: % girls aged 5-9 with obesity	7.1
2016: % boys aged 10-19 with obesity	6.8
2016: % girls aged 10-19 with obesity	10.1
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	17.0
Predicted 2030: % children aged 10-19 with obesity	10.6
Predicted 2030: number of children aged 5-9 with obesity	405,392
Predicted 2030: number of children aged 10-19 with obesity	505,227
Predicted 2030: number of children aged 5-19 with obesity	910,619

Existence of any policies on marketing of foods to children, 2017	
Existence of policies to reduce physical inactivity, 2017	
Existence of policies to reduce unhealthy diet related to NCDs, 2017	



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

17%

Kuwait

Latest survey: % infants overweight	6.0
2016: % boys aged 5-9 with obesity	24.8
2016: % girls aged 5-9 with obesity	21.2
2016: % boys aged 10-19 with obesity	25.7
2016: % girls aged 10-19 with obesity	19.7
2010: % adolescent boys insufficient physical activity	77
2010: % adolescent girls insufficient physical activity	92.9
2016: % women with obesity	47.1
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	4.9

Predicted 2030: % children aged 5-9 with obesity	26.9
Predicted 2030: % children aged 10-19 with obesity	26.6
Predicted 2030: number of children aged 5-9 with obesity	96,603
Predicted 2030: number of children aged 10-19 with obesity	185,572
Predicted 2030: number of children aged 5-19 with obesity	282,175

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

4.5/11

CHANCE OF
MEETING WHO
2025 TARGET

3%

Kyrgyzstan

Latest survey: % infants overweight	7.0
2016: % boys aged 5-9 with obesity	6.6
2016: % girls aged 5-9 with obesity	3.8
2016: % boys aged 10-19 with obesity	3.9
2016: % girls aged 10-19 with obesity	2.1
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	19.5
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	3.3
Latest survey: % infants with stunting	12.9

Predicted 2030: % children aged 5-9 with obesity	11.2
Predicted 2030: % children aged 10-19 with obesity	7.6
Predicted 2030: number of children aged 5-9 with obesity	74,095
Predicted 2030: number of children aged 10-19 with obesity	105,573
Predicted 2030: number of children aged 5-19 with obesity	179,668

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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Laos

CHANCE OF
MEETING WHO
2025 TARGET

0%

Latest survey: % infants overweight	2.0
2016: % boys aged 5-9 with obesity	8.6
2016: % girls aged 5-9 with obesity	4.4
2016: % boys aged 10-19 with obesity	4.9
2016: % girls aged 10-19 with obesity	2.3
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	7.0
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	7
Latest survey: % infants with stunting	44.2

Predicted 2030: % children aged 5-9 with obesity	16.9
Predicted 2030: % children aged 10-19 with obesity	11.7
Predicted 2030: number of children aged 5-9 with obesity	142,811
Predicted 2030: number of children aged 10-19 with obesity	198,973
Predicted 2030: number of children aged 5-19 with obesity	341,785

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



Latvia

CHO RISK SCORE

7/11

CHANCE OF MEETING WHO 2025 TARGET

9%

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	11.5
2016: % girls aged 5-9 with obesity	6.5
2016: % boys aged 10-19 with obesity	7.5
2016: % girls aged 10-19 with obesity	4.1
2010: % adolescent boys insufficient physical activity	77
2010: % adolescent girls insufficient physical activity	82.3
2016: % women with obesity	26.2
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	24.2
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	14.1
Predicted 2030: % children aged 10-19 with obesity	10.1
Predicted 2030: number of children aged 5-9 with obesity	14,636
Predicted 2030: number of children aged 10-19 with obesity	22,201
Predicted 2030: number of children aged 5-19 with obesity	36,837

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

11%

Lebanon

Latest survey: % infants overweight	16.7
2016: % boys aged 5-9 with obesity	20.9
2016: % girls aged 5-9 with obesity	15.4
2016: % boys aged 10-19 with obesity	14.5
2016: % girls aged 10-19 with obesity	10
2010: % adolescent boys insufficient physical activity	69.4
2010: % adolescent girls insufficient physical activity	83.2
2016: % women with obesity	38.4
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	34.1
Latest survey: % infants with stunting	16.5

Predicted 2030: % children aged 5-9 with obesity	23.3
Predicted 2030: % children aged 10-19 with obesity	17.5
Predicted 2030: number of children aged 5-9 with obesity	71,684
Predicted 2030: number of children aged 10-19 with obesity	110,330
Predicted 2030: number of children aged 5-19 with obesity	182,015

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

5/11

CHANCE OF
MEETING WHO
2025 TARGET

0%

Lesotho

Latest survey: % infants overweight	7.5
2016: % boys aged 5-9 with obesity	2.1
2016: % girls aged 5-9 with obesity	10.9
2016: % boys aged 10-19 with obesity	1
2016: % girls aged 10-19 with obesity	7.6
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	27.7
Latest survey: % early initiation of breast-feeding	65.3
2020 estimate: % women smoking	0.4
Latest survey: % infants with stunting	33.4

Predicted 2030: % children aged 5-9 with obesity	16.7
Predicted 2030: % children aged 10-19 with obesity	12.7
Predicted 2030: number of children aged 5-9 with obesity	43,628
Predicted 2030: number of children aged 10-19 with obesity	65,438
Predicted 2030: number of children aged 5-19 with obesity	109,067

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



Liberia

CHO RISK SCORE

3/11

CHANCE OF MEETING WHO 2025 TARGET

5%

Latest survey: % infants overweight	3.2
2016: % boys aged 5-9 with obesity	1.9
2016: % girls aged 5-9 with obesity	3.6
2016: % boys aged 10-19 with obesity	0.9
2016: % girls aged 10-19 with obesity	2
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	14.8
Latest survey: % early initiation of breast-feeding	61.4
2020 estimate: % women smoking	2
Latest survey: % infants with stunting	32.1

Predicted 2030: % children aged 5-9 with obesity	6.2
Predicted 2030: % children aged 10-19 with obesity	3.7
Predicted 2030: number of children aged 5-9 with obesity	48,813
Predicted 2030: number of children aged 10-19 with obesity	52,350
Predicted 2030: number of children aged 5-19 with obesity	101,163

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



Libya

CHO RISK SCORE

9/11

CHANCE OF MEETING WHO 2025 TARGET

7%

Latest survey: % infants overweight	22.4
2016: % boys aged 5-9 with obesity	19.3
2016: % girls aged 5-9 with obesity	16.4
2016: % boys aged 10-19 with obesity	13.6
2016: % girls aged 10-19 with obesity	11.8
2010: % adolescent boys insufficient physical activity	78.2
2010: % adolescent girls insufficient physical activity	88.2
2016: % women with obesity	41.1
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	21.0

Predicted 2030: % children aged 5-9 with obesity	24.0
Predicted 2030: % children aged 10-19 with obesity	18.5
Predicted 2030: number of children aged 5-9 with obesity	128,721
Predicted 2030: number of children aged 10-19 with obesity	223,870
Predicted 2030: number of children aged 5-19 with obesity	352,591

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

9%

Lithuania

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	11.7
2016: % girls aged 5-9 with obesity	6.5
2016: % boys aged 10-19 with obesity	7.1
2016: % girls aged 10-19 with obesity	3.8
2010: % adolescent boys insufficient physical activity	80.6
2010: % adolescent girls insufficient physical activity	86.4
2016: % women with obesity	28.9
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	22.9
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	14.4
Predicted 2030: % children aged 10-19 with obesity	10.0
Predicted 2030: number of children aged 5-9 with obesity	22,885
Predicted 2030: number of children aged 10-19 with obesity	33,203
Predicted 2030: number of children aged 5-19 with obesity	56,088

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

7.5/11

CHANCE OF
MEETING WHO
2025 TARGET

23%

Luxembourg

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	13.8
2016: % girls aged 5-9 with obesity	8.4
2016: % boys aged 10-19 with obesity	8.8
2016: % girls aged 10-19 with obesity	5.1
2010: % adolescent boys insufficient physical activity	73.4
2010: % adolescent girls insufficient physical activity	81.8
2016: % women with obesity	21.6
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	20.4
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	14.2
Predicted 2030: % children aged 10-19 with obesity	9.7
Predicted 2030: number of children aged 5-9 with obesity	5,221
Predicted 2030: number of children aged 10-19 with obesity	7,095
Predicted 2030: number of children aged 5-19 with obesity	12,316

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

1%

Madagascar

Latest survey: % infants overweight	1.1
2016: % boys aged 5-9 with obesity	2.8
2016: % girls aged 5-9 with obesity	2.6
2016: % boys aged 10-19 with obesity	1.4
2016: % girls aged 10-19 with obesity	1.2
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	7.9
Latest survey: % early initiation of breast-feeding	70.7
2020 estimate: % women smoking	
Latest survey: % infants with stunting	48.9

Predicted 2030: % children aged 5-9 with obesity	8.0
Predicted 2030: % children aged 10-19 with obesity	4.8
Predicted 2030: number of children aged 5-9 with obesity	367,685
Predicted 2030: number of children aged 10-19 with obesity	378,871
Predicted 2030: number of children aged 5-19 with obesity	746,556

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

1%

Malawi

Latest survey: % infants overweight	4.6
2016: % boys aged 5-9 with obesity	1.6
2016: % girls aged 5-9 with obesity	3.8
2016: % boys aged 10-19 with obesity	0.8
2016: % girls aged 10-19 with obesity	2.3
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	9.6
Latest survey: % early initiation of breast-feeding	76.3
2020 estimate: % women smoking	5.2
Latest survey: % infants with stunting	37.4

Predicted 2030: % children aged 5-9 with obesity	7.6
Predicted 2030: % children aged 10-19 with obesity	5.1
Predicted 2030: number of children aged 5-9 with obesity	268,965
Predicted 2030: number of children aged 10-19 with obesity	308,899
Predicted 2030: number of children aged 5-19 with obesity	577,864

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

1%

Malaysia

Latest survey: % infants overweight	6.0
2016: % boys aged 5-9 with obesity	19
2016: % girls aged 5-9 with obesity	12.4
2016: % boys aged 10-19 with obesity	13.5
2016: % girls aged 10-19 with obesity	9.3
2010: % adolescent boys insufficient physical activity	80.1
2010: % adolescent girls insufficient physical activity	91.5
2016: % women with obesity	18.6
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	1.1
Latest survey: % infants with stunting	20.7

Predicted 2030: % children aged 5-9 with obesity	24.9
Predicted 2030: % children aged 10-19 with obesity	20.0
Predicted 2030: number of children aged 5-9 with obesity	684,755
Predicted 2030: number of children aged 10-19 with obesity	1,085,876
Predicted 2030: number of children aged 5-19 with obesity	1,770,631

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

6.5/11

CHANCE OF
MEETING WHO
2025 TARGET

0%

Maldives

Latest survey: % infants overweight	6.1
2016: % boys aged 5-9 with obesity	12.4
2016: % girls aged 5-9 with obesity	6.9
2016: % boys aged 10-19 with obesity	7.6
2016: % girls aged 10-19 with obesity	4.5
2010: % adolescent boys insufficient physical activity	76.7
2010: % adolescent girls insufficient physical activity	82.6
2016: % women with obesity	11.9
Latest survey: % early initiation of breast-feeding	60.5
2020 estimate: % women smoking	
Latest survey: % infants with stunting	18.6

Predicted 2030: % children aged 5-9 with obesity	21.8
Predicted 2030: % children aged 10-19 with obesity	16.7
Predicted 2030: number of children aged 5-9 with obesity	7,096
Predicted 2030: number of children aged 10-19 with obesity	12,089
Predicted 2030: number of children aged 5-19 with obesity	19,186

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

2%

Mali

Latest survey: % infants overweight	1.9
2016: % boys aged 5-9 with obesity	1.9
2016: % girls aged 5-9 with obesity	5
2016: % boys aged 10-19 with obesity	1
2016: % girls aged 10-19 with obesity	3.2
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	12.9
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	3
Latest survey: % infants with stunting	30.4

Predicted 2030: % children aged 5-9 with obesity	8.6
Predicted 2030: % children aged 10-19 with obesity	5.9
Predicted 2030: number of children aged 5-9 with obesity	338,861
Predicted 2030: number of children aged 10-19 with obesity	376,275
Predicted 2030: number of children aged 5-19 with obesity	715,136

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

32%

Malta

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	19.7
2016: % girls aged 5-9 with obesity	14.2
2016: % boys aged 10-19 with obesity	13.9
2016: % girls aged 10-19 with obesity	9.6
2010: % adolescent boys insufficient physical activity	78.2
2010: % adolescent girls insufficient physical activity	84.5
2016: % women with obesity	29.6
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	18.6
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	19.4
Predicted 2030: % children aged 10-19 with obesity	14.3
Predicted 2030: number of children aged 5-9 with obesity	3,772
Predicted 2030: number of children aged 10-19 with obesity	5,751
Predicted 2030: number of children aged 5-19 with obesity	9,523

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

8/11

CHANCE OF
MEETING WHO
2025 TARGET

1%

Marshall Islands

Latest survey: % infants overweight	4.1
2016: % boys aged 5-9 with obesity	30.3
2016: % girls aged 5-9 with obesity	32.2
2016: % boys aged 10-19 with obesity	23.4
2016: % girls aged 10-19 with obesity	25.4
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	59.0
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	34.8

Predicted 2030: % children aged 5-9 with obesity	41.1
Predicted 2030: % children aged 10-19 with obesity	35.4
Predicted 2030: number of children aged 5-9 with obesity	1,966
Predicted 2030: number of children aged 10-19 with obesity	3,258
Predicted 2030: number of children aged 5-19 with obesity	5,224

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

5.5/11

CHANCE OF
MEETING WHO
2025 TARGET

5%

Mauritania

Latest survey: % infants overweight	1.3
2016: % boys aged 5-9 with obesity	3.5
2016: % girls aged 5-9 with obesity	6.8
2016: % boys aged 10-19 with obesity	2
2016: % girls aged 10-19 with obesity	4.6
2010: % adolescent boys insufficient physical activity	83.1
2010: % adolescent girls insufficient physical activity	92.3
2016: % women with obesity	19.3
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	3.2
Latest survey: % infants with stunting	27.9

Predicted 2030: % children aged 5-9 with obesity	10.2
Predicted 2030: % children aged 10-19 with obesity	7.3
Predicted 2030: number of children aged 5-9 with obesity	67,940
Predicted 2030: number of children aged 10-19 with obesity	87,988
Predicted 2030: number of children aged 5-19 with obesity	155,928

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK
SCORE

6/11

CHANCE OF
MEETING WHO
2025 TARGET

2%

Mauritius

Latest survey: % infants overweight	6.5
2016: % boys aged 5-9 with obesity	5.3
2016: % girls aged 5-9 with obesity	7.1
2016: % boys aged 10-19 with obesity	2.9
2016: % girls aged 10-19 with obesity	4.5
2010: % adolescent boys insufficient physical activity	74.2
2010: % adolescent girls insufficient physical activity	86.8
2016: % women with obesity	16.4
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	2.9
Latest survey: % infants with stunting	13.6

Predicted 2030: % children aged 5-9 with obesity	12.3
Predicted 2030: % children aged 10-19 with obesity	8.6
Predicted 2030: number of children aged 5-9 with obesity	8,655
Predicted 2030: number of children aged 10-19 with obesity	12,081
Predicted 2030: number of children aged 5-19 with obesity	20,737

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

7/11

CHANCE OF
MEETING WHO
2025 TARGET

4%

Mexico

Latest survey: % infants overweight	5.3
2016: % boys aged 5-9 with obesity	19.9
2016: % girls aged 5-9 with obesity	15
2016: % boys aged 10-19 with obesity	15.2
2016: % girls aged 10-19 with obesity	11.7
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	34.0
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	5.3
Latest survey: % infants with stunting	10.0

Predicted 2030: % children aged 5-9 with obesity	23.6
Predicted 2030: % children aged 10-19 with obesity	19.3
Predicted 2030: number of children aged 5-9 with obesity	2,434,604
Predicted 2030: number of children aged 10-19 with obesity	4,115,673
Predicted 2030: number of children aged 5-19 with obesity	6,550,276

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

0%

Micronesia

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	23.8
2016: % girls aged 5-9 with obesity	26.7
2016: % boys aged 10-19 with obesity	17.5
2016: % girls aged 10-19 with obesity	20
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	53.2
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	37.6
Predicted 2030: % children aged 10-19 with obesity	32.1
Predicted 2030: number of children aged 5-9 with obesity	4,768
Predicted 2030: number of children aged 10-19 with obesity	7,326
Predicted 2030: number of children aged 5-19 with obesity	12,094

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

3.5/11

CHANCE OF MEETING WHO 2025 TARGET

NA

Moldova

Latest survey: % infants overweight	4.9
2016: % boys aged 5-9 with obesity	7
2016: % girls aged 5-9 with obesity	4.5
2016: % boys aged 10-19 with obesity	4
2016: % girls aged 10-19 with obesity	2.5
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	6.4

Predicted 2030: % children aged 5-9 with obesity	
Predicted 2030: % children aged 10-19 with obesity	
Predicted 2030: number of children aged 5-9 with obesity	
Predicted 2030: number of children aged 10-19 with obesity	
Predicted 2030: number of children aged 5-19 with obesity	-

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

4%

Mongolia

Latest survey: % infants overweight	11.7
2016: % boys aged 5-9 with obesity	7.1
2016: % girls aged 5-9 with obesity	4.7
2016: % boys aged 10-19 with obesity	3.8
2016: % girls aged 10-19 with obesity	2.6
2010: % adolescent boys insufficient physical activity	69.4
2010: % adolescent girls insufficient physical activity	79.4
2016: % women with obesity	24.2
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	4.5
Latest survey: % infants with stunting	7.3

Predicted 2030: % children aged 5-9 with obesity	12.0
Predicted 2030: % children aged 10-19 with obesity	7.8
Predicted 2030: number of children aged 5-9 with obesity	32,716
Predicted 2030: number of children aged 10-19 with obesity	46,932
Predicted 2030: number of children aged 5-19 with obesity	79,648

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

3%

Montenegro

Latest survey: % infants overweight	22.3
2016: % boys aged 5-9 with obesity	13
2016: % girls aged 5-9 with obesity	7.3
2016: % boys aged 10-19 with obesity	8.1
2016: % girls aged 10-19 with obesity	4.3
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	24.1
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	9.4

Predicted 2030: % children aged 5-9 with obesity	17.1
Predicted 2030: % children aged 10-19 with obesity	12.1
Predicted 2030: number of children aged 5-9 with obesity	5,615
Predicted 2030: number of children aged 10-19 with obesity	8,357
Predicted 2030: number of children aged 5-19 with obesity	13,972

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

2%

Morocco

Latest survey: % infants overweight	10.8
2016: % boys aged 5-9 with obesity	13.5
2016: % girls aged 5-9 with obesity	12.7
2016: % boys aged 10-19 with obesity	8.7
2016: % girls aged 10-19 with obesity	8.5
2010: % adolescent boys insufficient physical activity	84.2
2010: % adolescent girls insufficient physical activity	89.4
2016: % women with obesity	33.4
Latest survey: % early initiation of breast-feeding	48.1
2020 estimate: % women smoking	1
Latest survey: % infants with stunting	14.9

Predicted 2030: % children aged 5-9 with obesity	21.1
Predicted 2030: % children aged 10-19 with obesity	15.7
Predicted 2030: number of children aged 5-9 with obesity	669,142
Predicted 2030: number of children aged 10-19 with obesity	1,088,010
Predicted 2030: number of children aged 5-19 with obesity	1,757,152

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

3%

Mozambique

Latest survey: % infants overweight	7.8
2016: % boys aged 5-9 with obesity	2
2016: % girls aged 5-9 with obesity	4.3
2016: % boys aged 10-19 with obesity	1
2016: % girls aged 10-19 with obesity	2.4
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	11.0
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	5.5
Latest survey: % infants with stunting	42.9

Predicted 2030: % children aged 5-9 with obesity	7.3
Predicted 2030: % children aged 10-19 with obesity	4.5
Predicted 2030: number of children aged 5-9 with obesity	388,184
Predicted 2030: number of children aged 10-19 with obesity	407,084
Predicted 2030: number of children aged 5-19 with obesity	795,268

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

0%

Myanmar

Latest survey: % infants overweight	1.5
2016: % boys aged 5-9 with obesity	7.3
2016: % girls aged 5-9 with obesity	3.4
2016: % boys aged 10-19 with obesity	4.1
2016: % girls aged 10-19 with obesity	1.7
2010: % adolescent boys insufficient physical activity	81.1
2010: % adolescent girls insufficient physical activity	86.4
2016: % women with obesity	7.6
Latest survey: % early initiation of breast-feeding	67.0
2020 estimate: % women smoking	4.9
Latest survey: % infants with stunting	29.4

Predicted 2030: % children aged 5-9 with obesity	13.4
Predicted 2030: % children aged 10-19 with obesity	9.1
Predicted 2030: number of children aged 5-9 with obesity	529,023
Predicted 2030: number of children aged 10-19 with obesity	759,905
Predicted 2030: number of children aged 5-19 with obesity	1,288,929

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

0%

Namibia

Latest survey: % infants overweight	4.0
2016: % boys aged 5-9 with obesity	4.4
2016: % girls aged 5-9 with obesity	9
2016: % boys aged 10-19 with obesity	2.2
2016: % girls aged 10-19 with obesity	5.7
2010: % adolescent boys insufficient physical activity	85
2010: % adolescent girls insufficient physical activity	86.8
2016: % women with obesity	26.5
Latest survey: % early initiation of breast-feeding	71.3
2020 estimate: % women smoking	10.5
Latest survey: % infants with stunting	22.7

Predicted 2030: % children aged 5-9 with obesity	18.1
Predicted 2030: % children aged 10-19 with obesity	13.3
Predicted 2030: number of children aged 5-9 with obesity	55,604
Predicted 2030: number of children aged 10-19 with obesity	77,265
Predicted 2030: number of children aged 5-19 with obesity	132,869

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

6%

Nauru

Latest survey: % infants overweight	2.8
2016: % boys aged 5-9 with obesity	36.1
2016: % girls aged 5-9 with obesity	36.5
2016: % boys aged 10-19 with obesity	31.6
2016: % girls aged 10-19 with obesity	31.8
2010: % adolescent boys insufficient physical activity	83
2010: % adolescent girls insufficient physical activity	90.8
2016: % women with obesity	64.8
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	49.2
Latest survey: % infants with stunting	24.0

Predicted 2030: % children aged 5-9 with obesity	43.3
Predicted 2030: % children aged 10-19 with obesity	39.4
Predicted 2030: number of children aged 5-9 with obesity	389
Predicted 2030: number of children aged 10-19 with obesity	680
Predicted 2030: number of children aged 5-19 with obesity	1,070

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

0%

Nepal

Latest survey: % infants overweight	1.2
2016: % boys aged 5-9 with obesity	2.4
2016: % girls aged 5-9 with obesity	2.8
2016: % boys aged 10-19 with obesity	1.1
2016: % girls aged 10-19 with obesity	1.4
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	5.6
Latest survey: % early initiation of breast-feeding	55.1
2020 estimate: % women smoking	7.7
Latest survey: % infants with stunting	36.0

Predicted 2030: % children aged 5-9 with obesity	8.5
Predicted 2030: % children aged 10-19 with obesity	5.1
Predicted 2030: number of children aged 5-9 with obesity	232,449
Predicted 2030: number of children aged 10-19 with obesity	274,426
Predicted 2030: number of children aged 5-19 with obesity	506,875

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



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SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

10%

Netherlands

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	11.1
2016: % girls aged 5-9 with obesity	7.1
2016: % boys aged 10-19 with obesity	7.1
2016: % girls aged 10-19 with obesity	5
2010: % adolescent boys insufficient physical activity	77.8
2010: % adolescent girls insufficient physical activity	84.3
2016: % women with obesity	20.9
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	22.1
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	13.9
Predicted 2030: % children aged 10-19 with obesity	10.0
Predicted 2030: number of children aged 5-9 with obesity	126,953
Predicted 2030: number of children aged 10-19 with obesity	183,178
Predicted 2030: number of children aged 5-19 with obesity	310,131

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

8%

New Zealand

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	20.6
2016: % girls aged 5-9 with obesity	16.7
2016: % boys aged 10-19 with obesity	15.8
2016: % girls aged 10-19 with obesity	14.1
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	32.6
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	23.6
Predicted 2030: % children aged 10-19 with obesity	19.6
Predicted 2030: number of children aged 5-9 with obesity	76,326
Predicted 2030: number of children aged 10-19 with obesity	128,625
Predicted 2030: number of children aged 5-19 with obesity	204,951

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

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CHANCE OF MEETING WHO 2025 TARGET

4%

Nicaragua

Latest survey: % infants overweight	8.3
2016: % boys aged 5-9 with obesity	13.2
2016: % girls aged 5-9 with obesity	14.2
2016: % boys aged 10-19 with obesity	8.7
2016: % girls aged 10-19 with obesity	10
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	30.1
Latest survey: % early initiation of breast-feeding	63.8
2020 estimate: % women smoking	
Latest survey: % infants with stunting	17.3

Predicted 2030: % children aged 5-9 with obesity	20.8
Predicted 2030: % children aged 10-19 with obesity	15.8
Predicted 2030: number of children aged 5-9 with obesity	131,078
Predicted 2030: number of children aged 10-19 with obesity	203,340
Predicted 2030: number of children aged 5-19 with obesity	334,419

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	
Existence of policies to reduce unhealthy diet related to NCDs, 2017	



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SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

1%

Niger

Latest survey: % infants overweight	1.1
2016: % boys aged 5-9 with obesity	1
2016: % girls aged 5-9 with obesity	2.8
2016: % boys aged 10-19 with obesity	0.5
2016: % girls aged 10-19 with obesity	1.6
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	9.1
Latest survey: % early initiation of breast-feeding	53.0
2020 estimate: % women smoking	0.2
Latest survey: % infants with stunting	40.6

Predicted 2030: % children aged 5-9 with obesity	6.0
Predicted 2030: % children aged 10-19 with obesity	3.8
Predicted 2030: number of children aged 5-9 with obesity	337,050
Predicted 2030: number of children aged 10-19 with obesity	327,588
Predicted 2030: number of children aged 5-19 with obesity	664,638

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

1%

Nigeria

Latest survey: % infants overweight	1.5
2016: % boys aged 5-9 with obesity	2.5
2016: % girls aged 5-9 with obesity	2.7
2016: % boys aged 10-19 with obesity	1.3
2016: % girls aged 10-19 with obesity	1.8
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	13.6
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	0.9
Latest survey: % infants with stunting	43.6

Predicted 2030: % children aged 5-9 with obesity	7.5
Predicted 2030: % children aged 10-19 with obesity	4.9
Predicted 2030: number of children aged 5-9 with obesity	2,852,813
Predicted 2030: number of children aged 10-19 with obesity	3,167,370
Predicted 2030: number of children aged 5-19 with obesity	6,020,182

Existence of any policies on marketing of foods to children, 2017	
Existence of policies to reduce physical inactivity, 2017	
Existence of policies to reduce unhealthy diet related to NCDs, 2017	



CHO RISK SCORE

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CHANCE OF MEETING WHO 2025 TARGET

2%

North Macedonia

Latest survey: % infants overweight	12.4
2016: % boys aged 5-9 with obesity	15.7
2016: % girls aged 5-9 with obesity	8.8
2016: % boys aged 10-19 with obesity	10.2
2016: % girls aged 10-19 with obesity	5.3
2010: % adolescent boys insufficient physical activity	70.9
2010: % adolescent girls insufficient physical activity	83.3
2016: % women with obesity	23.0
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	4.9

Predicted 2030: % children aged 5-9 with obesity	20.2
Predicted 2030: % children aged 10-19 with obesity	14.8
Predicted 2030: number of children aged 5-9 with obesity	20,505
Predicted 2030: number of children aged 10-19 with obesity	32,015
Predicted 2030: number of children aged 5-19 with obesity	52,520

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✗
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

7.5/11

CHANCE OF MEETING WHO 2025 TARGET

19%

Norway

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	12.7
2016: % girls aged 5-9 with obesity	9.3
2016: % boys aged 10-19 with obesity	9.2
2016: % girls aged 10-19 with obesity	6.9
2010: % adolescent boys insufficient physical activity	78.9
2010: % adolescent girls insufficient physical activity	91.2
2016: % women with obesity	23.5
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	18.1
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	14.5
Predicted 2030: % children aged 10-19 with obesity	11.3
Predicted 2030: number of children aged 5-9 with obesity	52,426
Predicted 2030: number of children aged 10-19 with obesity	80,664
Predicted 2030: number of children aged 5-19 with obesity	133,089

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

3%

Oman

Latest survey: % infants overweight	4.4
2016: % boys aged 5-9 with obesity	20.2
2016: % girls aged 5-9 with obesity	16.1
2016: % boys aged 10-19 with obesity	13.6
2016: % girls aged 10-19 with obesity	11.9
2010: % adolescent boys insufficient physical activity	77.9
2010: % adolescent girls insufficient physical activity	90.2
2016: % women with obesity	35.0
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	1.1
Latest survey: % infants with stunting	14.1

Predicted 2030: % children aged 5-9 with obesity	25.7
Predicted 2030: % children aged 10-19 with obesity	20.2
Predicted 2030: number of children aged 5-9 with obesity	83,574
Predicted 2030: number of children aged 10-19 with obesity	146,790
Predicted 2030: number of children aged 5-19 with obesity	230,364

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✗
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

0%

Pakistan

Latest survey: % infants overweight	2.5
2016: % boys aged 5-9 with obesity	4.9
2016: % girls aged 5-9 with obesity	3.4
2016: % boys aged 10-19 with obesity	2.9
2016: % girls aged 10-19 with obesity	2
2010: % adolescent boys insufficient physical activity	87.3
2010: % adolescent girls insufficient physical activity	91.1
2016: % women with obesity	11.8
Latest survey: % early initiation of breast-feeding	18.1
2020 estimate: % women smoking	2.1
Latest survey: % infants with stunting	37.6

Predicted 2030: % children aged 5-9 with obesity	10.8
Predicted 2030: % children aged 10-19 with obesity	7.4
Predicted 2030: number of children aged 5-9 with obesity	2,298,332
Predicted 2030: number of children aged 10-19 with obesity	3,114,125
Predicted 2030: number of children aged 5-19 with obesity	5,412,457

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

0%

Palau

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	35.8
2016: % girls aged 5-9 with obesity	35.2
2016: % boys aged 10-19 with obesity	29.9
2016: % girls aged 10-19 with obesity	28.9
2010: % adolescent boys insufficient physical activity	74.1
2010: % adolescent girls insufficient physical activity	78.2
2016: % women with obesity	60.5
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	44.7
Predicted 2030: % children aged 10-19 with obesity	40.1
Predicted 2030: number of children aged 5-9 with obesity	915
Predicted 2030: number of children aged 10-19 with obesity	1,576
Predicted 2030: number of children aged 5-19 with obesity	2,491

Existence of any policies on marketing of foods to children, 2017	
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

5%

Palestine

Latest survey: % infants overweight	8.2
2016: % boys aged 5-9 with obesity	
2016: % girls aged 5-9 with obesity	
2016: % boys aged 10-19 with obesity	
2016: % girls aged 10-19 with obesity	
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	40.2
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	7.4

Predicted 2030: % children aged 5-9 with obesity	23.7
Predicted 2030: % children aged 10-19 with obesity	17.7
Predicted 2030: number of children aged 5-9 with obesity	172,917
Predicted 2030: number of children aged 10-19 with obesity	233,143
Predicted 2030: number of children aged 5-19 with obesity	406,060

Existence of any policies on marketing of foods to children, 2017	
Existence of policies to reduce physical inactivity, 2017	
Existence of policies to reduce unhealthy diet related to NCDs, 2017	



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

1%

Panama

Latest survey: % infants overweight	9.7
2016: % boys aged 5-9 with obesity	12.7
2016: % girls aged 5-9 with obesity	14.2
2016: % boys aged 10-19 with obesity	8
2016: % girls aged 10-19 with obesity	10
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	28.7
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	2.1
Latest survey: % infants with stunting	19.0

Predicted 2030: % children aged 5-9 with obesity	19.9
Predicted 2030: % children aged 10-19 with obesity	14.8
Predicted 2030: number of children aged 5-9 with obesity	75,128
Predicted 2030: number of children aged 10-19 with obesity	110,199
Predicted 2030: number of children aged 5-19 with obesity	185,327

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



Papua New Guinea

CHO RISK SCORE

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CHANCE OF MEETING WHO 2025 TARGET

2%

Latest survey: % infants overweight	13.7
2016: % boys aged 5-9 with obesity	12
2016: % girls aged 5-9 with obesity	12.4
2016: % boys aged 10-19 with obesity	8.1
2016: % girls aged 10-19 with obesity	8.9
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	26.8
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	49.5

Predicted 2030: % children aged 5-9 with obesity	21.3
Predicted 2030: % children aged 10-19 with obesity	16.9
Predicted 2030: number of children aged 5-9 with obesity	230,094
Predicted 2030: number of children aged 10-19 with obesity	339,349
Predicted 2030: number of children aged 5-19 with obesity	569,443

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

2%

Paraguay

Latest survey: % infants overweight	12.4
2016: % boys aged 5-9 with obesity	14.9
2016: % girls aged 5-9 with obesity	11.7
2016: % boys aged 10-19 with obesity	10
2016: % girls aged 10-19 with obesity	8
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	24.4
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	6.5
Latest survey: % infants with stunting	5.6

Predicted 2030: % children aged 5-9 with obesity	21.2
Predicted 2030: % children aged 10-19 with obesity	16.3
Predicted 2030: number of children aged 5-9 with obesity	170,615
Predicted 2030: number of children aged 10-19 with obesity	254,022
Predicted 2030: number of children aged 5-19 with obesity	424,637

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

7%

Peru

Latest survey: % infants overweight	8.0
2016: % boys aged 5-9 with obesity	12.3
2016: % girls aged 5-9 with obesity	8.9
2016: % boys aged 10-19 with obesity	7
2016: % girls aged 10-19 with obesity	5.8
2010: % adolescent boys insufficient physical activity	83.8
2010: % adolescent girls insufficient physical activity	85.9
2016: % women with obesity	25.1
Latest survey: % early initiation of breast-feeding	51.0
2020 estimate: % women smoking	5
Latest survey: % infants with stunting	12.9

Predicted 2030: % children aged 5-9 with obesity	16.1
Predicted 2030: % children aged 10-19 with obesity	10.9
Predicted 2030: number of children aged 5-9 with obesity	454,787
Predicted 2030: number of children aged 10-19 with obesity	624,756
Predicted 2030: number of children aged 5-19 with obesity	1,079,543

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

2%

Philippines

Latest survey: % infants overweight	3.9
2016: % boys aged 5-9 with obesity	8.2
2016: % girls aged 5-9 with obesity	3.9
2016: % boys aged 10-19 with obesity	4.9
2016: % girls aged 10-19 with obesity	1.9
2010: % adolescent boys insufficient physical activity	89.6
2010: % adolescent girls insufficient physical activity	91.7
2016: % women with obesity	7.9
Latest survey: % early initiation of breast-feeding	57.0
2020 estimate: % women smoking	7.4
Latest survey: % infants with stunting	33.4

Predicted 2030: % children aged 5-9 with obesity	12.3
Predicted 2030: % children aged 10-19 with obesity	7.8
Predicted 2030: number of children aged 5-9 with obesity	1,533,908
Predicted 2030: number of children aged 10-19 with obesity	1,842,512
Predicted 2030: number of children aged 5-19 with obesity	3,376,420

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

2%

Poland

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	16.8
2016: % girls aged 5-9 with obesity	8
2016: % boys aged 10-19 with obesity	10.4
2016: % girls aged 10-19 with obesity	3.8
2010: % adolescent boys insufficient physical activity	74.7
2010: % adolescent girls insufficient physical activity	84.2
2016: % women with obesity	23.2
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	20.6
Latest survey: % infants with stunting	2.6

Predicted 2030: % children aged 5-9 with obesity	20.3
Predicted 2030: % children aged 10-19 with obesity	13.9
Predicted 2030: number of children aged 5-9 with obesity	383,674
Predicted 2030: number of children aged 10-19 with obesity	561,465
Predicted 2030: number of children aged 5-19 with obesity	945,139

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

26%

Portugal

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	15
2016: % girls aged 5-9 with obesity	14.4
2016: % boys aged 10-19 with obesity	8.7
2016: % girls aged 10-19 with obesity	8.2
2010: % adolescent boys insufficient physical activity	81.5
2010: % adolescent girls insufficient physical activity	91.2
2016: % women with obesity	22.1
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	13.2
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	17.6
Predicted 2030: % children aged 10-19 with obesity	11.0
Predicted 2030: number of children aged 5-9 with obesity	72,100
Predicted 2030: number of children aged 10-19 with obesity	98,131
Predicted 2030: number of children aged 5-19 with obesity	170,231

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

8.5/11

CHANCE OF
MEETING WHO
2025 TARGET

14%

Qatar

Latest survey: % infants overweight	10.4
2016: % boys aged 5-9 with obesity	26.2
2016: % girls aged 5-9 with obesity	19.2
2016: % boys aged 10-19 with obesity	19.9
2016: % girls aged 10-19 with obesity	14.5
2010: % adolescent boys insufficient physical activity	88.3
2010: % adolescent girls insufficient physical activity	91.6
2016: % women with obesity	44.6
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	11.6

Predicted 2030: % children aged 5-9 with obesity	27.5
Predicted 2030: % children aged 10-19 with obesity	22.2
Predicted 2030: number of children aged 5-9 with obesity	28,930
Predicted 2030: number of children aged 10-19 with obesity	53,231
Predicted 2030: number of children aged 5-19 with obesity	82,161

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



Republic of the Congo

CHO RISK SCORE

3.5/11

CHANCE OF MEETING WHO 2025 TARGET

4%

Latest survey: % infants overweight	5.9
2016: % boys aged 5-9 with obesity	3
2016: % girls aged 5-9 with obesity	2
2016: % boys aged 10-19 with obesity	1.7
2016: % girls aged 10-19 with obesity	1.6
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	14.1
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	1.8
Latest survey: % infants with stunting	21.2

Predicted 2030: % children aged 5-9 with obesity	6.6
Predicted 2030: % children aged 10-19 with obesity	4.8
Predicted 2030: number of children aged 5-9 with obesity	57,318
Predicted 2030: number of children aged 10-19 with obesity	73,015
Predicted 2030: number of children aged 5-19 with obesity	130,333

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

7/11

CHANCE OF MEETING WHO 2025 TARGET

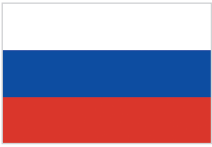
1%

Romania

Latest survey: % infants overweight	8.3
2016: % boys aged 5-9 with obesity	13.5
2016: % girls aged 5-9 with obesity	8.2
2016: % boys aged 10-19 with obesity	9.2
2016: % girls aged 10-19 with obesity	4
2010: % adolescent boys insufficient physical activity	73.2
2010: % adolescent girls insufficient physical activity	88.1
2016: % women with obesity	22.5
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	21.3
Latest survey: % infants with stunting	12.8

Predicted 2030: % children aged 5-9 with obesity	20.1
Predicted 2030: % children aged 10-19 with obesity	14.3
Predicted 2030: number of children aged 5-9 with obesity	189,905
Predicted 2030: number of children aged 10-19 with obesity	303,782
Predicted 2030: number of children aged 5-19 with obesity	493,687

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

8%

Russia

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	14.9
2016: % girls aged 5-9 with obesity	6.8
2016: % boys aged 10-19 with obesity	6.4
2016: % girls aged 10-19 with obesity	3
2010: % adolescent boys insufficient physical activity	84.1
2010: % adolescent girls insufficient physical activity	90.7
2016: % women with obesity	28.1
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	23.4
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	16.2
Predicted 2030: % children aged 10-19 with obesity	8.6
Predicted 2030: number of children aged 5-9 with obesity	1,148,278
Predicted 2030: number of children aged 10-19 with obesity	1,402,330
Predicted 2030: number of children aged 5-19 with obesity	2,550,607

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

1%

Rwanda

Latest survey: % infants overweight	7.9
2016: % boys aged 5-9 with obesity	0.9
2016: % girls aged 5-9 with obesity	3.8
2016: % boys aged 10-19 with obesity	0.4
2016: % girls aged 10-19 with obesity	2.2
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	9.7
Latest survey: % early initiation of breast-feeding	80.5
2020 estimate: % women smoking	5.2
Latest survey: % infants with stunting	36.9

Predicted 2030: % children aged 5-9 with obesity	7.2
Predicted 2030: % children aged 10-19 with obesity	4.6
Predicted 2030: number of children aged 5-9 with obesity	153,704
Predicted 2030: number of children aged 10-19 with obesity	178,713
Predicted 2030: number of children aged 5-19 with obesity	332,417

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



Saint Kitts and Nevis

CHO RISK SCORE

7.5/11

CHANCE OF MEETING WHO 2025 TARGET

1%

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	16.2
2016: % girls aged 5-9 with obesity	14.7
2016: % boys aged 10-19 with obesity	11
2016: % girls aged 10-19 with obesity	10.6
2010: % adolescent boys insufficient physical activity	78
2010: % adolescent girls insufficient physical activity	85.5
2016: % women with obesity	31.3
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	25.1
Predicted 2030: % children aged 10-19 with obesity	20.1
Predicted 2030: number of children aged 5-9 with obesity	1,135
Predicted 2030: number of children aged 10-19 with obesity	1,836
Predicted 2030: number of children aged 5-19 with obesity	2,971

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

2%

Saint Lucia

Latest survey: % infants overweight	6.3
2016: % boys aged 5-9 with obesity	11.3
2016: % girls aged 5-9 with obesity	11.7
2016: % boys aged 10-19 with obesity	7.1
2016: % girls aged 10-19 with obesity	8
2010: % adolescent boys insufficient physical activity	83.8
2010: % adolescent girls insufficient physical activity	85.5
2016: % women with obesity	28.1
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	2.5

Predicted 2030: % children aged 5-9 with obesity	19.7
Predicted 2030: % children aged 10-19 with obesity	15.0
Predicted 2030: number of children aged 5-9 with obesity	2,506
Predicted 2030: number of children aged 10-19 with obesity	4,101
Predicted 2030: number of children aged 5-19 with obesity	6,607

Existence of any policies on marketing of foods to children, 2017	
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK SCORE

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Saint Vincent and the Grenadines

CHANCE OF MEETING WHO 2025 TARGET

2%

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	16.3
2016: % girls aged 5-9 with obesity	15.1
2016: % boys aged 10-19 with obesity	11.1
2016: % girls aged 10-19 with obesity	10.7
2010: % adolescent boys insufficient physical activity	84.4
2010: % adolescent girls insufficient physical activity	88.6
2016: % women with obesity	32.3
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	24.7
Predicted 2030: % children aged 10-19 with obesity	19.5
Predicted 2030: number of children aged 5-9 with obesity	1,781
Predicted 2030: number of children aged 10-19 with obesity	3,062
Predicted 2030: number of children aged 5-19 with obesity	4,843

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



Samoa

CHO RISK SCORE

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CHANCE OF MEETING WHO 2025 TARGET

0%

Latest survey: % infants overweight	5.3
2016: % boys aged 5-9 with obesity	23.8
2016: % girls aged 5-9 with obesity	26
2016: % boys aged 10-19 with obesity	18
2016: % girls aged 10-19 with obesity	22
2010: % adolescent boys insufficient physical activity	89.3
2010: % adolescent girls insufficient physical activity	86.7
2016: % women with obesity	56.6
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	17.3
Latest survey: % infants with stunting	4.9

Predicted 2030: % children aged 5-9 with obesity	37.1
Predicted 2030: % children aged 10-19 with obesity	32.8
Predicted 2030: number of children aged 5-9 with obesity	8,148
Predicted 2030: number of children aged 10-19 with obesity	14,407
Predicted 2030: number of children aged 5-19 with obesity	22,555

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✗
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



São Tomé and Príncipe

CHO RISK SCORE

4.5/11

CHANCE OF MEETING WHO 2025 TARGET

4%

Latest survey: % infants overweight	2.4
2016: % boys aged 5-9 with obesity	4
2016: % girls aged 5-9 with obesity	5.2
2016: % boys aged 10-19 with obesity	2.4
2016: % girls aged 10-19 with obesity	3.2
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	17.7
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	17.2

Predicted 2030: % children aged 5-9 with obesity	9.7
Predicted 2030: % children aged 10-19 with obesity	6.6
Predicted 2030: number of children aged 5-9 with obesity	3,038
Predicted 2030: number of children aged 10-19 with obesity	3,962
Predicted 2030: number of children aged 5-19 with obesity	7,000

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK
SCORE

7.5/11

CHANCE OF
MEETING WHO
2025 TARGET

4%

Saudi Arabia

Latest survey: % infants overweight	6.1
2016: % boys aged 5-9 with obesity	21.3
2016: % girls aged 5-9 with obesity	15.4
2016: % boys aged 10-19 with obesity	19
2016: % girls aged 10-19 with obesity	13.6
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	43.7
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	2.7
Latest survey: % infants with stunting	9.3

Predicted 2030: % children aged 5-9 with obesity	25.4
Predicted 2030: % children aged 10-19 with obesity	23.3
Predicted 2030: number of children aged 5-9 with obesity	568,174
Predicted 2030: number of children aged 10-19 with obesity	1,296,075
Predicted 2030: number of children aged 5-19 with obesity	1,864,250

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

4.5/11

CHANCE OF
MEETING WHO
2025 TARGET

5%

Senegal

Latest survey: % infants overweight	0.9
2016: % boys aged 5-9 with obesity	1.5
2016: % girls aged 5-9 with obesity	3.6
2016: % boys aged 10-19 with obesity	0.7
2016: % girls aged 10-19 with obesity	2
2010: % adolescent boys insufficient physical activity	85.6
2010: % adolescent girls insufficient physical activity	93.6
2016: % women with obesity	13.5
Latest survey: % early initiation of breast-feeding	33.6
2020 estimate: % women smoking	0.6
Latest survey: % infants with stunting	16.5

Predicted 2030: % children aged 5-9 with obesity	6.0
Predicted 2030: % children aged 10-19 with obesity	3.7
Predicted 2030: number of children aged 5-9 with obesity	167,720
Predicted 2030: number of children aged 10-19 with obesity	186,076
Predicted 2030: number of children aged 5-19 with obesity	353,796

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

1%

Serbia

Latest survey: % infants overweight	13.9
2016: % boys aged 5-9 with obesity	16.9
2016: % girls aged 5-9 with obesity	10.4
2016: % boys aged 10-19 with obesity	10.4
2016: % girls aged 10-19 with obesity	5.4
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	22.8
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	39.3
Latest survey: % infants with stunting	6.0

Predicted 2030: % children aged 5-9 with obesity	22.3
Predicted 2030: % children aged 10-19 with obesity	15.4
Predicted 2030: number of children aged 5-9 with obesity	88,231
Predicted 2030: number of children aged 10-19 with obesity	130,727
Predicted 2030: number of children aged 5-19 with obesity	218,958

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

0%

Seychelles

Latest survey: % infants overweight	10.2
2016: % boys aged 5-9 with obesity	13.9
2016: % girls aged 5-9 with obesity	12.7
2016: % boys aged 10-19 with obesity	9.2
2016: % girls aged 10-19 with obesity	9.9
2010: % adolescent boys insufficient physical activity	76.6
2010: % adolescent girls insufficient physical activity	86.8
2016: % women with obesity	21.4
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	8.2
Latest survey: % infants with stunting	7.9

Predicted 2030: % children aged 5-9 with obesity	21.8
Predicted 2030: % children aged 10-19 with obesity	17.0
Predicted 2030: number of children aged 5-9 with obesity	1,118
Predicted 2030: number of children aged 10-19 with obesity	1,777
Predicted 2030: number of children aged 5-19 with obesity	2,895

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

3%

Sierra Leone

Latest survey: % infants overweight	8.8
2016: % boys aged 5-9 with obesity	1.7
2016: % girls aged 5-9 with obesity	5.1
2016: % boys aged 10-19 with obesity	0.8
2016: % girls aged 10-19 with obesity	3.3
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	13.9
Latest survey: % early initiation of breast-feeding	53.9
2020 estimate: % women smoking	10.2
Latest survey: % infants with stunting	37.8

Predicted 2030: % children aged 5-9 with obesity	7.7
Predicted 2030: % children aged 10-19 with obesity	5.2
Predicted 2030: number of children aged 5-9 with obesity	73,190
Predicted 2030: number of children aged 10-19 with obesity	90,635
Predicted 2030: number of children aged 5-19 with obesity	163,825

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

37%

Singapore

Latest survey: % infants overweight	2.6
2016: % boys aged 5-9 with obesity	12.8
2016: % girls aged 5-9 with obesity	6.1
2016: % boys aged 10-19 with obesity	7.6
2016: % girls aged 10-19 with obesity	3.6
2010: % adolescent boys insufficient physical activity	87.9
2010: % adolescent girls insufficient physical activity	91.9
2016: % women with obesity	6.6
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	4.9
Latest survey: % infants with stunting	4.4

Predicted 2030: % children aged 5-9 with obesity	11.0
Predicted 2030: % children aged 10-19 with obesity	7.2
Predicted 2030: number of children aged 5-9 with obesity	34,773
Predicted 2030: number of children aged 10-19 with obesity	45,114
Predicted 2030: number of children aged 5-19 with obesity	79,886

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

1%

Slovakia

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	13.6
2016: % girls aged 5-9 with obesity	7.7
2016: % boys aged 10-19 with obesity	8.7
2016: % girls aged 10-19 with obesity	4.6
2010: % adolescent boys insufficient physical activity	72.9
2010: % adolescent girls insufficient physical activity	81.6
2016: % women with obesity	20.8
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	16.8
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	19.2
Predicted 2030: % children aged 10-19 with obesity	14.3
Predicted 2030: number of children aged 5-9 with obesity	51,330
Predicted 2030: number of children aged 10-19 with obesity	81,768
Predicted 2030: number of children aged 5-19 with obesity	133,098

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



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SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

1%

Slovenia

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	14.6
2016: % girls aged 5-9 with obesity	10.3
2016: % boys aged 10-19 with obesity	8.5
2016: % girls aged 10-19 with obesity	6
2010: % adolescent boys insufficient physical activity	74.7
2010: % adolescent girls insufficient physical activity	85
2016: % women with obesity	21.9
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	17
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	20.9
Predicted 2030: % children aged 10-19 with obesity	14.3
Predicted 2030: number of children aged 5-9 with obesity	19,595
Predicted 2030: number of children aged 10-19 with obesity	29,676
Predicted 2030: number of children aged 5-19 with obesity	49,271

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



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SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

1%

Solomon Islands

Latest survey: % infants overweight	4.5
2016: % boys aged 5-9 with obesity	4.2
2016: % girls aged 5-9 with obesity	5.2
2016: % boys aged 10-19 with obesity	3.4
2016: % girls aged 10-19 with obesity	4.9
2010: % adolescent boys insufficient physical activity	81.6
2010: % adolescent girls insufficient physical activity	85
2016: % women with obesity	28.1
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	31.6

Predicted 2030: % children aged 5-9 with obesity	12.0
Predicted 2030: % children aged 10-19 with obesity	10.9
Predicted 2030: number of children aged 5-9 with obesity	10,231
Predicted 2030: number of children aged 10-19 with obesity	17,662
Predicted 2030: number of children aged 5-19 with obesity	27,893

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

2%

Somalia

Latest survey: % infants overweight	3.0
2016: % boys aged 5-9 with obesity	3
2016: % girls aged 5-9 with obesity	5.1
2016: % boys aged 10-19 with obesity	1.6
2016: % girls aged 10-19 with obesity	3.2
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	12.8
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	25.3

Predicted 2030: % children aged 5-9 with obesity	9.7
Predicted 2030: % children aged 10-19 with obesity	6.5
Predicted 2030: number of children aged 5-9 with obesity	237,367
Predicted 2030: number of children aged 10-19 with obesity	261,898
Predicted 2030: number of children aged 5-19 with obesity	499,265

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

0%

South Africa

Latest survey: % infants overweight	13.3
2016: % boys aged 5-9 with obesity	10.7
2016: % girls aged 5-9 with obesity	12
2016: % boys aged 10-19 with obesity	9.4
2016: % girls aged 10-19 with obesity	13.2
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	41.0
Latest survey: % early initiation of breast-feeding	39.1
2020 estimate: % women smoking	5.2
Latest survey: % infants with stunting	27.4

Predicted 2030: % children aged 5-9 with obesity	28.2
Predicted 2030: % children aged 10-19 with obesity	27.1
Predicted 2030: number of children aged 5-9 with obesity	1,375,345
Predicted 2030: number of children aged 10-19 with obesity	2,770,984
Predicted 2030: number of children aged 5-19 with obesity	4,146,329

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



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CHANCE OF
MEETING WHO
2025 TARGET

18%

Spain

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	17.5
2016: % girls aged 5-9 with obesity	12.1
2016: % boys aged 10-19 with obesity	10.6
2016: % girls aged 10-19 with obesity	6.3
2010: % adolescent boys insufficient physical activity	69.7
2010: % adolescent girls insufficient physical activity	84.3
2016: % women with obesity	23.8
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	25.7
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	18.6
Predicted 2030: % children aged 10-19 with obesity	11.6
Predicted 2030: number of children aged 5-9 with obesity	383,815
Predicted 2030: number of children aged 10-19 with obesity	547,228
Predicted 2030: number of children aged 5-19 with obesity	931,043

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



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SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

0%

Sri Lanka

Latest survey: % infants overweight	2.0
2016: % boys aged 5-9 with obesity	7.1
2016: % girls aged 5-9 with obesity	5.7
2016: % boys aged 10-19 with obesity	4
2016: % girls aged 10-19 with obesity	3.8
2010: % adolescent boys insufficient physical activity	82.6
2010: % adolescent girls insufficient physical activity	88.4
2016: % women with obesity	7.6
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	0.2
Latest survey: % infants with stunting	17.3

Predicted 2030: % children aged 5-9 with obesity	16.0
Predicted 2030: % children aged 10-19 with obesity	11.8
Predicted 2030: number of children aged 5-9 with obesity	259,099
Predicted 2030: number of children aged 10-19 with obesity	413,579
Predicted 2030: number of children aged 5-19 with obesity	672,678

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



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SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

2%

Sudan

Latest survey: % infants overweight	3.0
2016: % boys aged 5-9 with obesity	3
2016: % girls aged 5-9 with obesity	4.9
2016: % boys aged 10-19 with obesity	1.6
2016: % girls aged 10-19 with obesity	3
2010: % adolescent boys insufficient physical activity	91.2
2010: % adolescent girls insufficient physical activity	92.3
2016: % women with obesity	12.9
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	38.2

Predicted 2030: % children aged 5-9 with obesity	9.3
Predicted 2030: % children aged 10-19 with obesity	6.1
Predicted 2030: number of children aged 5-9 with obesity	803,734
Predicted 2030: number of children aged 10-19 with obesity	953,737
Predicted 2030: number of children aged 5-19 with obesity	1,757,471

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



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SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

6%

Suriname

Latest survey: % infants overweight	4.0
2016: % boys aged 5-9 with obesity	19.5
2016: % girls aged 5-9 with obesity	15.6
2016: % boys aged 10-19 with obesity	13.8
2016: % girls aged 10-19 with obesity	10.7
2010: % adolescent boys insufficient physical activity	77.9
2010: % adolescent girls insufficient physical activity	83.9
2016: % women with obesity	35.0
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	8.8

Predicted 2030: % children aged 5-9 with obesity	24.3
Predicted 2030: % children aged 10-19 with obesity	18.8
Predicted 2030: number of children aged 5-9 with obesity	10,796
Predicted 2030: number of children aged 10-19 with obesity	16,718
Predicted 2030: number of children aged 5-19 with obesity	27,514

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

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CHANCE OF MEETING WHO 2025 TARGET

0%

Swaziland

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	
2016: % girls aged 5-9 with obesity	
2016: % boys aged 10-19 with obesity	
2016: % girls aged 10-19 with obesity	
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	27.2
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	
Predicted 2030: % children aged 5-9 with obesity	18.6
Predicted 2030: % children aged 10-19 with obesity	14.5
Predicted 2030: number of children aged 5-9 with obesity	31,491
Predicted 2030: number of children aged 10-19 with obesity	48,626
Predicted 2030: number of children aged 5-19 with obesity	80,118
Existence of any policies on marketing of foods to children, 2017	
Existence of policies to reduce physical inactivity, 2017	
Existence of policies to reduce unhealthy diet related to NCDs, 2017	



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

23%

Sweden

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	10.3
2016: % girls aged 5-9 with obesity	6.1
2016: % boys aged 10-19 with obesity	7.7
2016: % girls aged 10-19 with obesity	3.9
2010: % adolescent boys insufficient physical activity	83.3
2010: % adolescent girls insufficient physical activity	88.9
2016: % women with obesity	18.8
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	17.6
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	11.0
Predicted 2030: % children aged 10-19 with obesity	8.2
Predicted 2030: number of children aged 5-9 with obesity	71,500
Predicted 2030: number of children aged 10-19 with obesity	105,648
Predicted 2030: number of children aged 5-19 with obesity	177,147

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

16%

Switzerland

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	8.2
2016: % girls aged 5-9 with obesity	6
2016: % boys aged 10-19 with obesity	6.3
2016: % girls aged 10-19 with obesity	3.9
2010: % adolescent boys insufficient physical activity	84.8
2010: % adolescent girls insufficient physical activity	91.2
2016: % women with obesity	17.6
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	18.1
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	10.1
Predicted 2030: % children aged 10-19 with obesity	7.8
Predicted 2030: number of children aged 5-9 with obesity	50,814
Predicted 2030: number of children aged 10-19 with obesity	74,088
Predicted 2030: number of children aged 5-19 with obesity	124,902

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



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SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

2%

Syria

Latest survey: % infants overweight	17.9
2016: % boys aged 5-9 with obesity	15.5
2016: % girls aged 5-9 with obesity	13.5
2016: % boys aged 10-19 with obesity	10.3
2016: % girls aged 10-19 with obesity	9.4
2010: % adolescent boys insufficient physical activity	85.5
2010: % adolescent girls insufficient physical activity	92.3
2016: % women with obesity	36.1
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	27.6

Predicted 2030: % children aged 5-9 with obesity	22.9
Predicted 2030: % children aged 10-19 with obesity	17.4
Predicted 2030: number of children aged 5-9 with obesity	636,258
Predicted 2030: number of children aged 10-19 with obesity	915,997
Predicted 2030: number of children aged 5-19 with obesity	1,552,255

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✗
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✗



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SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

1%

Taiwan

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	
2016: % girls aged 5-9 with obesity	
2016: % boys aged 10-19 with obesity	
2016: % girls aged 10-19 with obesity	
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	8.6
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	24.0
Predicted 2030: % children aged 10-19 with obesity	17.2
Predicted 2030: number of children aged 5-9 with obesity	236,856
Predicted 2030: number of children aged 10-19 with obesity	355,535
Predicted 2030: number of children aged 5-19 with obesity	592,391

Existence of any policies on marketing of foods to children, 2017	
Existence of policies to reduce physical inactivity, 2017	
Existence of policies to reduce unhealthy diet related to NCDs, 2017	



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CHANCE OF
MEETING WHO
2025 TARGET

2%

Tajikistan

Latest survey: % infants overweight	3.3
2016: % boys aged 5-9 with obesity	4.8
2016: % girls aged 5-9 with obesity	3.5
2016: % boys aged 10-19 with obesity	2.6
2016: % girls aged 10-19 with obesity	1.9
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	17.4
Latest survey: % early initiation of breast-feeding	49.6
2020 estimate: % women smoking	
Latest survey: % infants with stunting	17.5

Predicted 2030: % children aged 5-9 with obesity	10.0
Predicted 2030: % children aged 10-19 with obesity	6.5
Predicted 2030: number of children aged 5-9 with obesity	125,053
Predicted 2030: number of children aged 10-19 with obesity	163,729
Predicted 2030: number of children aged 5-19 with obesity	288,782

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

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CHANCE OF MEETING WHO 2025 TARGET

0%

Tanzania

Latest survey: % infants overweight	3.7
2016: % boys aged 5-9 with obesity	2.4
2016: % girls aged 5-9 with obesity	4.4
2016: % boys aged 10-19 with obesity	1.3
2016: % girls aged 10-19 with obesity	2.6
2010: % adolescent boys insufficient physical activity	75.5
2010: % adolescent girls insufficient physical activity	84.9
2016: % women with obesity	13.2
Latest survey: % early initiation of breast-feeding	51.3
2020 estimate: % women smoking	3.5
Latest survey: % infants with stunting	34.5

Predicted 2030: % children aged 5-9 with obesity	9.5
Predicted 2030: % children aged 10-19 with obesity	6.3
Predicted 2030: number of children aged 5-9 with obesity	1,018,403
Predicted 2030: number of children aged 10-19 with obesity	1,167,477
Predicted 2030: number of children aged 5-19 with obesity	2,185,879

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK SCORE

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CHANCE OF MEETING WHO 2025 TARGET

0%

Thailand

Latest survey: % infants overweight	8.2
2016: % boys aged 5-9 with obesity	18.6
2016: % girls aged 5-9 with obesity	11.3
2016: % boys aged 10-19 with obesity	11.8
2016: % girls aged 10-19 with obesity	7.3
2010: % adolescent boys insufficient physical activity	78.3
2010: % adolescent girls insufficient physical activity	90.2
2016: % women with obesity	13.3
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	2.1
Latest survey: % infants with stunting	10.5

Predicted 2030: % children aged 5-9 with obesity	26.6
Predicted 2030: % children aged 10-19 with obesity	20.3
Predicted 2030: number of children aged 5-9 with obesity	826,799
Predicted 2030: number of children aged 10-19 with obesity	1,325,799
Predicted 2030: number of children aged 5-19 with obesity	2,152,598

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



Togo

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SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

2%

Latest survey: % infants overweight	2.0
2016: % boys aged 5-9 with obesity	2
2016: % girls aged 5-9 with obesity	3.6
2016: % boys aged 10-19 with obesity	1
2016: % girls aged 10-19 with obesity	2
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	13.1
Latest survey: % early initiation of breast-feeding	60.7
2020 estimate: % women smoking	
Latest survey: % infants with stunting	27.6

Predicted 2030: % children aged 5-9 with obesity	7.3
Predicted 2030: % children aged 10-19 with obesity	4.5
Predicted 2030: number of children aged 5-9 with obesity	89,315
Predicted 2030: number of children aged 10-19 with obesity	101,400
Predicted 2030: number of children aged 5-19 with obesity	190,715

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✗
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✗



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SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

0%

Tonga

Latest survey: % infants overweight	17.3
2016: % boys aged 5-9 with obesity	27.5
2016: % girls aged 5-9 with obesity	32.9
2016: % boys aged 10-19 with obesity	22
2016: % girls aged 10-19 with obesity	28
2010: % adolescent boys insufficient physical activity	88.6
2010: % adolescent girls insufficient physical activity	84.2
2016: % women with obesity	56.1
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	12.4
Latest survey: % infants with stunting	8.1

Predicted 2030: % children aged 5-9 with obesity	41.0
Predicted 2030: % children aged 10-19 with obesity	36.9
Predicted 2030: number of children aged 5-9 with obesity	5,012
Predicted 2030: number of children aged 10-19 with obesity	8,893
Predicted 2030: number of children aged 5-19 with obesity	13,905

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



Trinidad and Tobago

CHO RISK SCORE

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CHANCE OF MEETING WHO 2025 TARGET

1%

Latest survey: % infants overweight	11.4
2016: % boys aged 5-9 with obesity	14.6
2016: % girls aged 5-9 with obesity	13.5
2016: % boys aged 10-19 with obesity	9.4
2016: % girls aged 10-19 with obesity	9.4
2010: % adolescent boys insufficient physical activity	78.2
2010: % adolescent girls insufficient physical activity	85.1
2016: % women with obesity	27.1
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	9.2

Predicted 2030: % children aged 5-9 with obesity	24.6
Predicted 2030: % children aged 10-19 with obesity	19.1
Predicted 2030: number of children aged 5-9 with obesity	17,948
Predicted 2030: number of children aged 10-19 with obesity	32,886
Predicted 2030: number of children aged 5-19 with obesity	50,834

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

2%

Tunisia

Latest survey: % infants overweight	14.2
2016: % boys aged 5-9 with obesity	10.7
2016: % girls aged 5-9 with obesity	10.1
2016: % boys aged 10-19 with obesity	6.9
2016: % girls aged 10-19 with obesity	8.1
2010: % adolescent boys insufficient physical activity	74.1
2010: % adolescent girls insufficient physical activity	88.2
2016: % women with obesity	35.6
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	10.1

Predicted 2030: % children aged 5-9 with obesity	17.8
Predicted 2030: % children aged 10-19 with obesity	14.0
Predicted 2030: number of children aged 5-9 with obesity	146,891
Predicted 2030: number of children aged 10-19 with obesity	252,325
Predicted 2030: number of children aged 5-19 with obesity	399,216

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



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SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

2%

Turkey

Latest survey: % infants overweight	11.1
2016: % boys aged 5-9 with obesity	16
2016: % girls aged 5-9 with obesity	13.8
2016: % boys aged 10-19 with obesity	10.2
2016: % girls aged 10-19 with obesity	9.4
2010: % adolescent boys insufficient physical activity	77.1
2010: % adolescent girls insufficient physical activity	86.9
2016: % women with obesity	40.7
Latest survey: % early initiation of breast-feeding	52.4
2020 estimate: % women smoking	10.6
Latest survey: % infants with stunting	9.9

Predicted 2030: % children aged 5-9 with obesity	22.9
Predicted 2030: % children aged 10-19 with obesity	17.0
Predicted 2030: number of children aged 5-9 with obesity	1,327,017
Predicted 2030: number of children aged 10-19 with obesity	2,062,925
Predicted 2030: number of children aged 5-19 with obesity	3,389,941

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



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SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

3%

Turkmenistan

Latest survey: % infants overweight	5.9
2016: % boys aged 5-9 with obesity	7.8
2016: % girls aged 5-9 with obesity	5
2016: % boys aged 10-19 with obesity	4.6
2016: % girls aged 10-19 with obesity	2.9
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	21.8
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	11.5

Predicted 2030: % children aged 5-9 with obesity	12.4
Predicted 2030: % children aged 10-19 with obesity	8.5
Predicted 2030: number of children aged 5-9 with obesity	61,113
Predicted 2030: number of children aged 10-19 with obesity	86,674
Predicted 2030: number of children aged 5-19 with obesity	147,787

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

0%

Tuvalu

Latest survey: % infants overweight	6.3
2016: % boys aged 5-9 with obesity	29.8
2016: % girls aged 5-9 with obesity	32.5
2016: % boys aged 10-19 with obesity	23.5
2016: % girls aged 10-19 with obesity	27.2
2010: % adolescent boys insufficient physical activity	86.6
2010: % adolescent girls insufficient physical activity	89.9
2016: % women with obesity	57.9
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	10.0

Predicted 2030: % children aged 5-9 with obesity	42.8
Predicted 2030: % children aged 10-19 with obesity	38.2
Predicted 2030: number of children aged 5-9 with obesity	395
Predicted 2030: number of children aged 10-19 with obesity	702
Predicted 2030: number of children aged 5-19 with obesity	1,097

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK
SCORE

4.5/11

CHANCE OF
MEETING WHO
2025 TARGET

1%

Uganda

Latest survey: % infants overweight	3.7
2016: % boys aged 5-9 with obesity	0.8
2016: % girls aged 5-9 with obesity	3.9
2016: % boys aged 10-19 with obesity	0.4
2016: % girls aged 10-19 with obesity	2.2
2010: % adolescent boys insufficient physical activity	84.7
2010: % adolescent girls insufficient physical activity	86.6
2016: % women with obesity	9.0
Latest survey: % early initiation of breast-feeding	66.1
2020 estimate: % women smoking	2.4
Latest survey: % infants with stunting	28.9

Predicted 2030: % children aged 5-9 with obesity	7.1
Predicted 2030: % children aged 10-19 with obesity	4.5
Predicted 2030: number of children aged 5-9 with obesity	646,887
Predicted 2030: number of children aged 10-19 with obesity	698,309
Predicted 2030: number of children aged 5-19 with obesity	1,345,197

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



Ukraine

CHO RISK SCORE

8/11

CHANCE OF MEETING WHO 2025 TARGET

7%

Latest survey: % infants overweight	26.5
2016: % boys aged 5-9 with obesity	11.6
2016: % girls aged 5-9 with obesity	6.3
2016: % boys aged 10-19 with obesity	7.5
2016: % girls aged 10-19 with obesity	4
2010: % adolescent boys insufficient physical activity	70.4
2010: % adolescent girls insufficient physical activity	83.4
2016: % women with obesity	26.7
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	13.5
Latest survey: % infants with stunting	22.9

Predicted 2030: % children aged 5-9 with obesity	14.3
Predicted 2030: % children aged 10-19 with obesity	10.3
Predicted 2030: number of children aged 5-9 with obesity	286,233
Predicted 2030: number of children aged 10-19 with obesity	477,553
Predicted 2030: number of children aged 5-19 with obesity	763,786

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✗



United Arab Emirates

CHO RISK SCORE

8.5/11

CHANCE OF MEETING WHO 2025 TARGET

7%

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	22.7
2016: % girls aged 5-9 with obesity	18.1
2016: % boys aged 10-19 with obesity	16.3
2016: % girls aged 10-19 with obesity	13.1
2010: % adolescent boys insufficient physical activity	77.5
2010: % adolescent girls insufficient physical activity	86
2016: % women with obesity	42.5
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	26.7
Predicted 2030: % children aged 10-19 with obesity	21.0
Predicted 2030: number of children aged 5-9 with obesity	122,929
Predicted 2030: number of children aged 10-19 with obesity	255,644
Predicted 2030: number of children aged 5-19 with obesity	378,573

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

7.5/11

CHANCE OF
MEETING WHO
2025 TARGET

39%

United Kingdom

Latest survey: % infants overweight	
2016: % boys aged 5-9 with obesity	12.7
2016: % girls aged 5-9 with obesity	10.2
2016: % boys aged 10-19 with obesity	9.9
2016: % girls aged 10-19 with obesity	9
2010: % adolescent boys insufficient physical activity	72.7
2010: % adolescent girls insufficient physical activity	84.9
2016: % women with obesity	29.7
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	15.9
Latest survey: % infants with stunting	

Predicted 2030: % children aged 5-9 with obesity	12.4
Predicted 2030: % children aged 10-19 with obesity	10.3
Predicted 2030: number of children aged 5-9 with obesity	490,205
Predicted 2030: number of children aged 10-19 with obesity	819,496
Predicted 2030: number of children aged 5-19 with obesity	1,309,702

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



United States of America

CHO RISK SCORE

8.5/11

CHANCE OF MEETING WHO 2025 TARGET

17%

Latest survey: % infants overweight	9.4
2016: % boys aged 5-9 with obesity	25.1
2016: % girls aged 5-9 with obesity	20.3
2016: % boys aged 10-19 with obesity	22.3
2016: % girls aged 10-19 with obesity	19
2010: % adolescent boys insufficient physical activity	63.1
2010: % adolescent girls insufficient physical activity	82.2
2016: % women with obesity	38.2
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	13
Latest survey: % infants with stunting	3.5

Predicted 2030: % children aged 5-9 with obesity	26.3
Predicted 2030: % children aged 10-19 with obesity	24.2
Predicted 2030: number of children aged 5-9 with obesity	5,984,972
Predicted 2030: number of children aged 10-19 with obesity	11,001,631
Predicted 2030: number of children aged 5-19 with obesity	16,986,603

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

12%

Uruguay

Latest survey: % infants overweight	7.2
2016: % boys aged 5-9 with obesity	20
2016: % girls aged 5-9 with obesity	14.4
2016: % boys aged 10-19 with obesity	14.2
2016: % girls aged 10-19 with obesity	10
2010: % adolescent boys insufficient physical activity	76.6
2010: % adolescent girls insufficient physical activity	90.8
2016: % women with obesity	31.8
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	15.7
Latest survey: % infants with stunting	10.7

Predicted 2030: % children aged 5-9 with obesity	22.4
Predicted 2030: % children aged 10-19 with obesity	17.2
Predicted 2030: number of children aged 5-9 with obesity	52,090
Predicted 2030: number of children aged 10-19 with obesity	81,227
Predicted 2030: number of children aged 5-19 with obesity	133,317

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

4.5/11

CHANCE OF
MEETING WHO
2025 TARGET

2%

Uzbekistan

Latest survey: % infants overweight	12.2
2016: % boys aged 5-9 with obesity	6.7
2016: % girls aged 5-9 with obesity	4.4
2016: % boys aged 10-19 with obesity	3.9
2016: % girls aged 10-19 with obesity	2.4
2010: % adolescent boys insufficient physical activity	
2010: % adolescent girls insufficient physical activity	
2016: % women with obesity	19.9
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	1.2
Latest survey: % infants with stunting	19.6

Predicted 2030: % children aged 5-9 with obesity	11.9
Predicted 2030: % children aged 10-19 with obesity	8.1
Predicted 2030: number of children aged 5-9 with obesity	317,678
Predicted 2030: number of children aged 10-19 with obesity	462,617
Predicted 2030: number of children aged 5-19 with obesity	780,295

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

3%

Vanuatu

Latest survey: % infants overweight	4.6
2016: % boys aged 5-9 with obesity	10.5
2016: % girls aged 5-9 with obesity	10.6
2016: % boys aged 10-19 with obesity	6.7
2016: % girls aged 10-19 with obesity	7.2
2010: % adolescent boys insufficient physical activity	88.3
2010: % adolescent girls insufficient physical activity	89.9
2016: % women with obesity	31.2
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	28.5

Predicted 2030: % children aged 5-9 with obesity	19.1
Predicted 2030: % children aged 10-19 with obesity	14.5
Predicted 2030: number of children aged 5-9 with obesity	6,805
Predicted 2030: number of children aged 10-19 with obesity	9,678
Predicted 2030: number of children aged 5-19 with obesity	16,483

Existence of any policies on marketing of foods to children, 2017	✓
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

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CHANCE OF
MEETING WHO
2025 TARGET

15%

Venezuela

Latest survey: % infants overweight	6.4
2016: % boys aged 5-9 with obesity	18.5
2016: % girls aged 5-9 with obesity	16.2
2016: % boys aged 10-19 with obesity	13
2016: % girls aged 10-19 with obesity	11.6
2010: % adolescent boys insufficient physical activity	87.1
2010: % adolescent girls insufficient physical activity	95.5
2016: % women with obesity	29.8
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	
Latest survey: % infants with stunting	13.4

Predicted 2030: % children aged 5-9 with obesity	21.9
Predicted 2030: % children aged 10-19 with obesity	16.7
Predicted 2030: number of children aged 5-9 with obesity	630,880
Predicted 2030: number of children aged 10-19 with obesity	980,564
Predicted 2030: number of children aged 5-19 with obesity	1,611,444

Existence of any policies on marketing of foods to children, 2017	×
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK
SCORE

4.5/11

CHANCE OF
MEETING WHO
2025 TARGET

0%

Vietnam

Latest survey: % infants overweight	5.3
2016: % boys aged 5-9 with obesity	6.4
2016: % girls aged 5-9 with obesity	2.3
2016: % boys aged 10-19 with obesity	2.3
2016: % girls aged 10-19 with obesity	0.7
2010: % adolescent boys insufficient physical activity	82.1
2010: % adolescent girls insufficient physical activity	90.8
2016: % women with obesity	2.7
Latest survey: % early initiation of breast-feeding	
2020 estimate: % women smoking	1.1
Latest survey: % infants with stunting	24.6

Predicted 2030: % children aged 5-9 with obesity	15.2
Predicted 2030: % children aged 10-19 with obesity	7.9
Predicted 2030: number of children aged 5-9 with obesity	893,515
Predicted 2030: number of children aged 10-19 with obesity	1,045,658
Predicted 2030: number of children aged 5-19 with obesity	1,939,173

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

7/11

CHANCE OF
MEETING WHO
2025 TARGET

1%

Yemen

Latest survey: % infants overweight	2.5
2016: % boys aged 5-9 with obesity	9.5
2016: % girls aged 5-9 with obesity	10.9
2016: % boys aged 10-19 with obesity	5
2016: % girls aged 10-19 with obesity	5.7
2010: % adolescent boys insufficient physical activity	82.5
2010: % adolescent girls insufficient physical activity	87.7
2016: % women with obesity	23.0
Latest survey: % early initiation of breast-feeding	52.7
2020 estimate: % women smoking	
Latest survey: % infants with stunting	46.4

Predicted 2030: % children aged 5-9 with obesity	19.9
Predicted 2030: % children aged 10-19 with obesity	12.9
Predicted 2030: number of children aged 5-9 with obesity	735,732
Predicted 2030: number of children aged 10-19 with obesity	910,752
Predicted 2030: number of children aged 5-19 with obesity	1,646,485

Existence of any policies on marketing of foods to children, 2017	
Existence of policies to reduce physical inactivity, 2017	×
Existence of policies to reduce unhealthy diet related to NCDs, 2017	×



CHO RISK
SCORE

5/11

CHANCE OF
MEETING WHO
2025 TARGET

1%

Zambia

Latest survey: % infants overweight	6.2
2016: % boys aged 5-9 with obesity	3
2016: % girls aged 5-9 with obesity	4.8
2016: % boys aged 10-19 with obesity	1.7
2016: % girls aged 10-19 with obesity	2.8
2010: % adolescent boys insufficient physical activity	91.5
2010: % adolescent girls insufficient physical activity	88.8
2016: % women with obesity	13.0
Latest survey: % early initiation of breast-feeding	65.8
2020 estimate: % women smoking	4.2
Latest survey: % infants with stunting	40.0

Predicted 2030: % children aged 5-9 with obesity	9.5
Predicted 2030: % children aged 10-19 with obesity	6.2
Predicted 2030: number of children aged 5-9 with obesity	343,543
Predicted 2030: number of children aged 10-19 with obesity	370,439
Predicted 2030: number of children aged 5-19 with obesity	713,982

Existence of any policies on marketing of foods to children, 2017	✗
Existence of policies to reduce physical inactivity, 2017	✓
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓



CHO RISK
SCORE

6/11

CHANCE OF
MEETING WHO
2025 TARGET

1%

Zimbabwe

Latest survey: % infants overweight	5.6
2016: % boys aged 5-9 with obesity	2.2
2016: % girls aged 5-9 with obesity	8.5
2016: % boys aged 10-19 with obesity	1
2016: % girls aged 10-19 with obesity	5.5
2010: % adolescent boys insufficient physical activity	85.5
2010: % adolescent girls insufficient physical activity	88.6
2016: % women with obesity	26.3
Latest survey: % early initiation of breast-feeding	57.7
2020 estimate: % women smoking	1.9
Latest survey: % infants with stunting	27.1

Predicted 2030: % children aged 5-9 with obesity	12.8
Predicted 2030: % children aged 10-19 with obesity	9.1
Predicted 2030: number of children aged 5-9 with obesity	290,595
Predicted 2030: number of children aged 10-19 with obesity	396,701
Predicted 2030: number of children aged 5-19 with obesity	687,296

Existence of any policies on marketing of foods to children, 2017	
Existence of policies to reduce physical inactivity, 2017	✗
Existence of policies to reduce unhealthy diet related to NCDs, 2017	✓

Appendix

Colour-coding Definitions

CHO risk score	Maximum score 11 (highest risk). Based on the first 11 indicators listed for each country, and scored 1.0 for 'red', 0.5 for 'amber' and 0.0 for 'green'. Unmeasured indicators are assumed 'amber' Scored > 6.5 = 'red', 3-6.5 = 'amber', <3 = 'green'
Probability of meeting WHO 2025 target (no increase on 2010-2012 levels)	Scored <40% = 'red', 40%-70% = 'amber', >70% = 'green'
Latest survey: % infants overweight 2016: % boys and girls aged 5-9, 10-19, and 5-19 with obesity 2016: % women with obesity 2016	Scored >15% = 'red', 5%-15% = 'amber', <5% = 'green'
2010: % adolescent boys and girls, insufficient physical activity	Scored >70% = 'red', 30%-70% = 'amber', <30% = 'green'
Latest survey: % early initiation of breast-feeding	Scored <50% = 'red', 50%-70% = 'amber', >70% = 'green'
2020 estimate: % women tobacco smoking	Scored >10% = 'red', 2%-10% = 'amber', <2% = 'green'
Latest survey: % infants with stunting	Scored >15% = 'red', 5%-15% = 'amber', <5% = 'green'
Predicted 2030: % children aged 5-9 and aged 10-19 with obesity	Scored >15% = 'red', 5%-15% = 'amber', <5% = 'green'
Predicted 2030: numbers of children with obesity, 5-9, 10-19, 5-19	Actual numbers, based on predicted prevalence and predicted population (World Bank). Not colour-coded
Existence of any policies on marketing of foods to children, 2017 Existence of policies to reduce physical inactivity, 2017 Existence of policies to reduce unhealthy diet related to NCDs, 2017	No = 'red', Yes = 'green'

The figures for obesity prevalence are interpolated estimates calculated by the NCD Risk Factor Collaboration www.ncdrisc.org. For data based on measured surveys the World Obesity Federation provides interactive maps and downloadable graphics at our Global Obesity Observatory <https://www.worldobesitydata.org/>

Data Sources

CHO (Childhood Obesity) Risk Score	Calculated by World Obesity Federation
Chance of meeting WHO 2025 target	James Bentham, personal communication, projected from the NCD Risk Factor Collaboration Worldwide trends in body-mass index, underweight, overweight, and obesity from 1975 to 2016: a pooled analysis of 2416 population-based measurement studies in 128.9 million children, adolescents, and adults. <i>Lancet</i> 2017, 390:2627–2642
Latest survey: % infants overweight	UNICEF 2019: https://data.unicef.org/wp-content/uploads/2018/05/Joint-Malnutrition-Estimates-Regional-and-Global-Estimates-March-2019.xlsx
2016: % boys aged 5-9 with obesity 2016: % girls aged 5-9 with obesity 2016: % boys aged 10-19 with obesity 2016: % girls aged 10-19 with obesity 2016: % women with obesity	NCD Risk Factor Collaboration. Worldwide trends in body-mass index, underweight, overweight, and obesity from 1975 to 2016: a pooled analysis of 2416 population-based measurement studies in 128.9 million children, adolescents, and adults. <i>Lancet</i> 2017, 390:2627–2642. Available at World Health Organization: Global Health Observatory
2010: % adolescent boys insufficient physical activity 2010: % adolescent girls insufficient physical activity	World Health Organization 2019: Global Health Observatory http://apps.who.int/gho/data/node.imr.NCD_PAC_ADO
Latest survey: % early initiation of breast-feeding	World Health Organization 2019: Global Health Observatory http://apps.who.int/gho/data/node.imr.NUTRITION_570
2020 estimate: % women tobacco smoking	World Health Organization 2019: Global Health Observatory http://apps.who.int/gho/data/view.main.1805
Latest survey: % infants with stunting	UNICEF 2019: https://data.unicef.org/wp-content/uploads/2018/05/Joint-Malnutrition-Estimates-Regional-and-Global-Estimates-March-2019.xlsx
Predicted 2030: % children aged 5-9 with obesity Predicted 2030: % children aged 10-19 with obesity Predicted 2030: number of children aged 5-9 with obesity Predicted 2030: number of children aged 10-19 with obesity Predicted 2030: number of children aged 5-19 with obesity	James Bentham, personal communication, projected from the NCD Risk Factor Collaboration Worldwide trends in body-mass index, underweight, overweight, and obesity from 1975 to 2016: a pooled analysis of 2416 population-based measurement studies in 128.9 million children, adolescents, and adults. <i>Lancet</i> 2017, 390:2627–2642
Existence of any policies on marketing of foods to children, 2017	World Health Organization 2019: Global Health Observatory http://apps.who.int/gho/data/node.imr.NCD_CCS_Mkting
Existence of policies to reduce physical inactivity, 2017	World Health Organization 2019: Global Health Observatory http://apps.who.int/gho/data/node.imr.NCD_CCS_PAPlan
Existence of policies to reduce unhealthy diet related to NCDs, 2017	World Health Organization 2019: Global Health Observatory http://apps.who.int/gho/data/node.imr.NCD_CCS_DietPlan



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