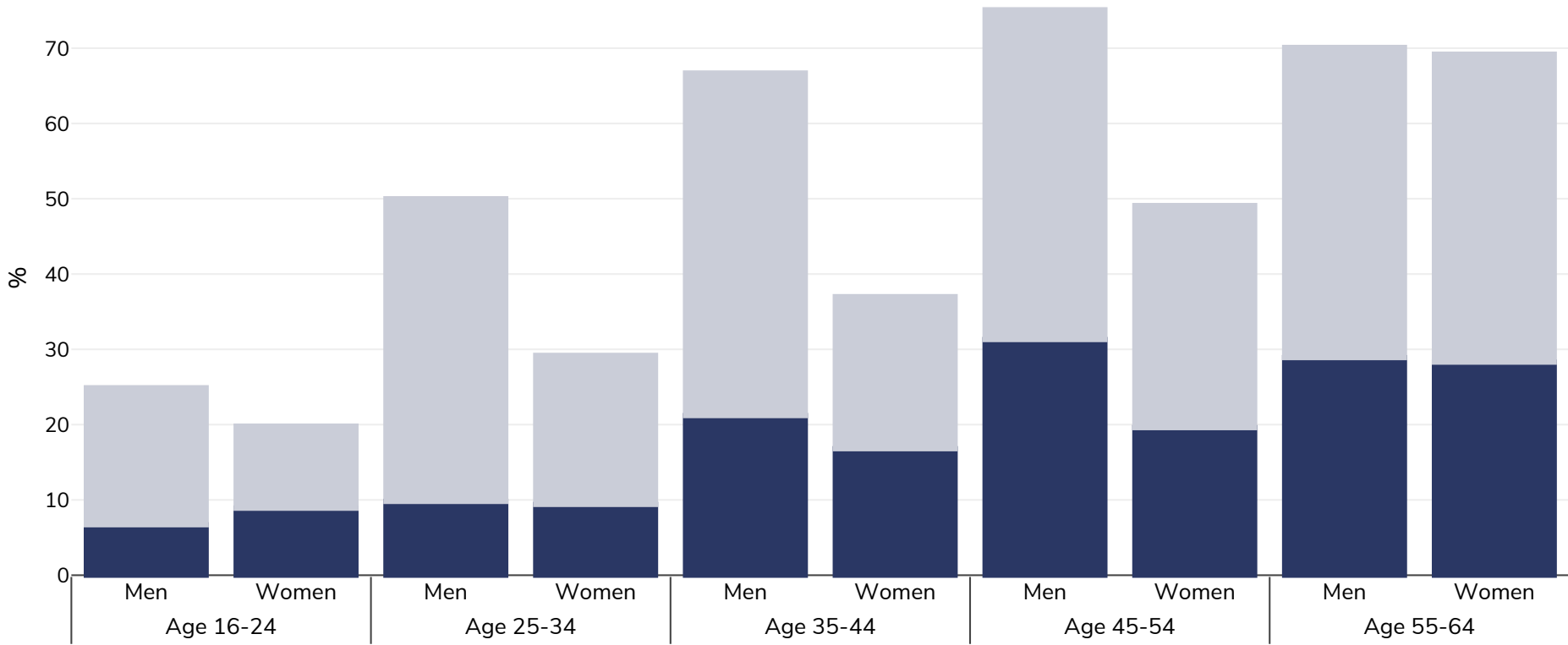


# Estonia: Overweight/obesity by age

Adults, 2018

■ Obesity ■ Overweight



**Survey type:** Self-reported

**Sample size:** 5000

**Area covered:** National

**References:** Estonian adult population health survey 2018 - Health behaviour among Estonian adult population 2018. Available at: <https://rahvatervis.ut.ee/bitstream/1/7478/1/TKU2018.pdf>. Last accessed: 19.04.21.

**Notes:** Data available at: [https://statistika.tai.ee/pxweb/en/Andmebaas/Andmebaas\\_\\_05Uuringud\\_\\_02TKU\\_\\_04Liikumine/?tablelist=true](https://statistika.tai.ee/pxweb/en/Andmebaas/Andmebaas__05Uuringud__02TKU__04Liikumine/?tablelist=true).

Unless otherwise noted, overweight refers to a BMI between 25kg and 29.9kg/m<sup>2</sup>, obesity refers to a BMI greater than 30kg/m<sup>2</sup>.