

# Turkmenistan



## Policies, Interventions and Actions

### Commercial Determinants of Noncommunicable Diseases in the WHO European Region

This report highlights the substantial impact of commercial determinants on noncommunicable diseases (NCDs) in the WHO European Region. Nearly 7500 deaths per day in the Region are attributed to commercial determinants, such as tobacco, alcohol, processed food, fossil fuels and occupational practices. These commercial products and practices contribute to 25% of all deaths in the Region. The report’s chapters systematically explore various facets of how commercial interests exacerbate NCDs and key strategies used by commercial actors to negatively influence NCD-related policies at the national and international level. The report also provides selected case studies from the Region to illustrate key strategies and outcomes of industry influence on health policies. The report then calls for urgent and coordinated action to address the commercial determinants of NCDs. It advocates for building coalitions based on the values of equity, sustainability, and resilience. Public health actors are urged to develop competencies in economic and legal frameworks, enforce transparency, and manage conflicts of interest effectively. The report underscores the need for robust financial reforms and strict regulation to curb industry power and protect public health. By implementing these strategies, the Region can accelerate progress towards global NCD targets and Sustainable Development Goals by 2030.

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2024 (ongoing)
Target age group:	Adults and children
Organisation:	World Health Organisation (WHO)
Linked document:	<a href="#">Download linked document</a>
References:	World Health Organization. Regional Office for Europe. (2024) Commercial Determinants of Noncommunicable Diseases in the WHO European Region. World Health Organization. Regional Office for Europe. <a href="https://iris.who.int/handle/10665/376957">https://iris.who.int/handle/10665/376957</a> . License: CC BY-NC-SA 3.0 IGO

## European practical and patient-centred guidelines for adult obesity management in primary care

This article aims to provide obesity management guidelines specifically tailored to GPs, favouring a practical patient-centred approach. The focus is on GP communication and motivational interviewing as well as on therapeutic patient education. The new guidelines highlight the importance of avoiding stigmatization, something frequently seen in different health care settings. In addition, managing the psychological aspects of the disease, such as improving self-esteem, body image and quality of life must not be neglected.

Categories:	Evidence of Management/treatment guidelines
Year(s):	2019 (ongoing)
Linked document:	<a href="#">Download linked document</a>
References:	Dominique Durrer Schutz, Luca Busetto, Dror Dicker, Nathalie Farpour-Lambert, Rachel Pryke, Hermann Toplak, Daniel Widmer, Volkan Yumuk, Yves Schutz; European Practical and Patient-Centred Guidelines for Adult Obesity Management in Primary Care. <i>Obes Facts</i> 15 March 2019; 12 (1): 40–66. <a href="https://doi.org/10.1159/000496183">https://doi.org/10.1159/000496183</a>

## The national strategy for the implementation in 2014-2020 of tasks defined in the Ashgabat Declaration prevention and control of non-communicable diseases in Turkmenistan

The national strategy is designed to strengthen the health system and the effective use of the possibility of ministries and agencies related to the prevention and control of non-communicable diseases at national level.

Categories:	Evidence of NCD strate
Year(s):	2014-20
Target age group:	Adults and child
Organisation:	Ministry of Hea
Linked document:	<a href="#">Download linked docum</a>
References:	The national strategy for the implementation in 2014-2020 of tasks defined in the Ashgabat Declaration prevention and contro non-communicable diseases in Turkmenistan. Ministry of Health. Available <a href="https://extranet.who.int/ncdccs/Data/TKM_B3_NCD%20%20Strategy%20TKM%20%20edited%20by%20MoH%20final%20eng.">https://extranet.who.int/ncdccs/Data/TKM_B3_NCD%20%20Strategy%20TKM%20%20edited%20by%20MoH%20final%20eng.</a> (last accessed 30.10.

## National Programme on Healthy Nutrition of the Population for 2013-2017

The programme aims at expanding and revitalizing the activities on public health protection, prevention of diseases, implementation of principles of healthy lifestyle and achieving a higher level of public culture on healthy nutrition. It is based on WHO recommendations and practices.

Categories (partial):	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2013-2017
Target age group:	Adults and children
Organisation:	Ministry of Health and Medical Industry of Turkmenistan
Find out more:	<a href="http://www.turkmenistan.ru">www.turkmenistan.ru</a>
References:	Ministry of Health and Medical Industry of Turkmenistan. <a href="http://www.turkmenistan.ru/ru/">http://www.turkmenistan.ru/ru/</a> (last accessed 14 Oct 2015)

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