

# Philippines



## Policies, Interventions and Actions

### Mandatory national ban on PHOs and limit of trans fatty acids

In the 2021 National Policy on the Elimination of Industrially-Produced Trans-Fatty Acids for the Prevention and Control of Non-Communicable Diseases, it was specified that there would be a mandatory national ban on PHOs and a 2% TFA limit in oils and fats only. This came into place in 2023.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2023 (ongoing)
Target age group:	Adults and children
Organisation:	Government
Linked document:	<a href="#">Download linked document</a>

### Soft drink tax in Philippines

6 pesos per litre on products using purely caloric and purely non-caloric sweeteners or a mix of both 12 pesos per litre on products using high fructose corn syrup with or without a caloric or non-caloric sweetener

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2018 (ongoing)
Target age group:	Adults and children
Organisation:	Philippine Government
Find out more:	<a href="http://taxreform.dof.gov.ph">taxreform.dof.gov.ph</a>
Linked document:	<a href="#">Download linked document</a>
References:	Tax Reform for Acceleration and Inclusion (TRAIN) as Republic. Act (RA) No. 10963

## Philippine Plan of Action For Nutrition 2017-2022

The Philippine Plan of Action for Nutrition (PPAN) 2017-2022 is an integral part of the Philippine Development Plan 2017-2022. It factors in and considers country commitments to the global community as embodied in the 2030 Sustainable Development Goals, the 2025 Global Targets for Maternal, Infant and Young Child Nutrition, and the 2014 International Conference on Nutrition.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2017-2022
Target age group:	Adults and children
Organisation:	National Nutrition Council
Linked document:	<a href="#">Download linked document</a>

## Nutrition Month

Nutrition Month is held every July to create greater awareness on the importance of nutrition among Filipinos (Presidential Decree 491 (1974) or the Nutrition Act of the Philippines. The 2015 (41st) Nutrition Month theme was *Timbang iwasto, sa tamang nutrisyon at ehersisyo* (Achieve normal weight through proper nutrition and physical activity) and focused on the problem of overweight and obesity.

Categories (partial):	Evidence of Community Interventions/Campaign
Year(s):	2015 (ongoing)
Target age group:	Adults and children
Organisation:	National Nutrition Council
Find out more:	<a href="http://www.nnc.gov.ph">www.nnc.gov.ph</a>
Linked document:	<a href="#">Download linked document</a>

## 2012 Nutritional Guidelines for Filipinos (Filipino: Mga Gabay sa Wastong Nutrisyon Para sa Pilipino)

### Dietary guidelines

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2012 (ongoing)
Target age group:	Adults and children
Organisation:	The Food and Nutrition Research Institute
Find out more:	<a href="http://www.fnri.dost.gov.ph">www.fnri.dost.gov.ph</a>

## Front of package labelling

### Voluntary front of package labelling

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2012 (ongoing)
Target age group:	Adults and children
Organisation:	Philippines Food and Drug Administration
Linked document:	<a href="#">Download linked document</a>

## "Responsible Advertising to Children" Initiative (The Philippine Pledge)

### Voluntary self-regulatory marketing pledge

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2011 (ongoing)
Target age group:	Children
Organisation:	Philippine Food and Beverage Industry
Find out more:	<a href="http://pana.com.ph">pana.com.ph</a>

## Article: Obesity Treatment Recommendations in the Philippines: Perspective on their Utility and Implementation in Clinical Practice

The article briefly reviews the obesity practice recommendations of the Philippine Association for the Study of Overweight and Obesity (PASOO) and the obesity guidelines of the Family Medicine Research Group (FMRG) of the UP-Philippine General Hospital. The two treatment recommendations showed their focus on the primary care setting and several limitations in the development process

Categories (partial):	Evidence of Management/treatment guidelines
Year(s):	2011 (ongoing)
Target age group:	Adults
Organisation:	Philippine Society of Endocrinology and Metabolism
Linked document:	<a href="#">Download linked document</a>

## Philippine Plan of Action for Nutrition (PPAN)

This PPAN addresses the following key issues: 1)Hunger 2)Child undernutrition 3)Maternal undernutrition, 4) Deficiencies in iron, iodine and vitamin A, and 5)Obesity and overweight.

Categories (partial):	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2011-2016
Target age group:	Adults and children
Organisation:	National Nutrition Council
Find out more:	<a href="http://www.nnc.gov.ph">www.nnc.gov.ph</a>

## National nutrition council

### Convening nutrition partners

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	1974 (ongoing)
Target age group:	Adults and children
References:	<a href="https://extranet.who.int/nutrition/gina/en/node/27083">https://extranet.who.int/nutrition/gina/en/node/27083</a> Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a>

## FDA voluntary front of pack label

On 13 December 2012, the Philippines Food and Drug Administration issued FDA Circular No. 2012-015 which set out guidelines for a voluntary front of pack label that applies to FDA-CFRR regulated products (processed and prepackaged food products). The label must appear on the lower right hand portion of the principal display panel and must outline the amount of energy per serving of the food, and the percentage of the calorie value based on the Recommended Energy and Nutrient Intakes (RENI) for energy. Producers need to submit their labels to the FDA for approval before they can be displayed.

Categories:	Labelling Regulation/Guidelines
Target age group:	Adults and children
References:	<a href="https://policydatabase.wcrf.org/level_one?page=nourishing-level-one#step2=0#step3=309">https://policydatabase.wcrf.org/level_one?page=nourishing-level-one#step2=0#step3=309</a>

## GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	<a href="http://extranet.who.int">extranet.who.int</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en">https://extranet.who.int/nutrition/gina/en</a> Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a>

## Marketing of Breast-Milk Substitutes: National Implementation of the International Code Status Report 2016 (Promotion of Breastfeeding)

The 2016 report provides information on the status of implementing the International Code of Marketing of Breast-milk Substitutes and subsequent relevant World Health Assembly resolutions (“the Code”) in and by countries. The report also identifies in which countries they actively promote the benefits of breastfeeding.

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	WHO UNICEF IBFAN
References:	WHO. UNICEF. IBFAN. Marketing of Breast-milk Substitutes: National Implementation of the International Code. Status Report 2016. Geneva: World Health Organization; 2016

## Nutrient content lists

In the Philippines, producers and retailers are required by law to provide a list of the nutrient content of pre-packaged food products (with limited exceptions), even in the absence of a nutrition or health claim. The rules define which nutrients must be listed and on what basis (eg per 100g/per serving).

Categories:	Labelling Regulation/Guidelines
Target age group:	Adults and children
References:	<a href="https://policydatabase.wcrf.org/level_one?page=nourishing-level-one#step2=0#step3=327">https://policydatabase.wcrf.org/level_one?page=nourishing-level-one#step2=0#step3=327</a>

## PASOO White Paper on Lifestyle Approaches for the Prevention of Obesity

Categories (partial):	Evidence of Community Interventions/Campaign
Target age group:	Adults
Organisation:	PASOO
Linked document:	<a href="#">Download linked document</a>

## Physical activity guidelines

The Philippines have a set of physical activity guidelines tailored towards a multitude of age groups.

Categories:	Evidence of Physical Activity Guidelines/Policy
Target age group:	Adults and children
Organisation:	Department of Health
Linked document:	<a href="#">Download linked document</a>
References:	<a href="https://extranet.who.int/ncdccs/documents/Db">https://extranet.who.int/ncdccs/documents/Db</a>

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