

# Ghana



## Policies, Interventions and Actions

### Healthier Diets 4 Health Lives

The HD4HL Project is intended to build evidence and mobilize multi-stakeholder action toward a policy bundle for healthier and more equitable consumer food environments that reduce the double burden of malnutrition. A coalition of government agencies (Ministry of Health, Food and Drugs Authority, National Development Planning Commission), Academia (University of Ghana) and Civil Society (Coalition of Actors for Public Health Advocacy) will collaborate on this project.

Categories:	Evidence of a multi-sectoral national coordination mechanism for obesity or nutrition (including obesity)
Year(s):	2022 (ongoing)
Target age group:	Adults and children
Organisation:	Multi Stakeholder including Ministry of Health
Find out more:	<a href="http://www.hd4hl.org">www.hd4hl.org</a>

### National policy non-communicable diseases

The policy focuses on the primary, secondary and tertiary prevention and management of NCDs, including interventions related to health promotion, diet and nutrition and more.

Categories:	Evidence of NCD strategy
Year(s):	2022-2026
Target age group:	Adults and children
Organisation:	Ministry of Health
Linked document:	<a href="#">Download linked document</a>

## National Nutrition Policy

Comprehensive Nutrition strategy (including overweight/obesity)

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2016 (ongoing)
Target age group:	Adults and children
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/39745">https://extranet.who.int/nutrition/gina/en/node/39745</a> (last accessed 05.08.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a>

## National Nutrition Partners Coordination Committee

National Multisectoral stakeholder mechanism in place (such as Coalition, Taskforce, Committee) for Obesity or Nutrition (including obesity)

Categories:	Evidence of a multi-sectoral national coordination mechanism for obesity or nutrition (including obesity)
Year(s):	2011 (ongoing)
Target age group:	Adults and children
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en/node/26975">https://extranet.who.int/nutrition/gina/en/node/26975</a> (last accessed 04.08.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a>

## Excise tax on sweetened beverages

On March 31 2023, Ghana's Parliament signed into law the Excise Duty (Amendment) Act, 2023 (Act 1093) that imposes a 20 percent tax on sugar-sweetened beverages, including flavoured juice drinks, sweetened tea, sodas and energy drinks. The law is due to be fully implemented on 1 January 2024.

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Target age group:	Adults and children
Organisation:	Government

## GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	<a href="https://extranet.who.int">extranet.who.int</a>
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): <a href="https://extranet.who.int/nutrition/gina/en">https://extranet.who.int/nutrition/gina/en</a> Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: <a href="https://gifna.who.int/">https://gifna.who.int/</a>

## Marketing of Breast-Milk Substitutes: National Implementation of the International Code Status Report 2016 (Promotion of Breastfeeding)

The 2016 report provides information on the status of implementing the International Code of Marketing of Breast-milk Substitutes and subsequent relevant World Health Assembly resolutions (“the Code”) in and by countries. The report also identifies in which countries they actively promote the benefits of breastfeeding.

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	WHO UNICEF IBFAN
References:	WHO. UNICEF. IBFAN. Marketing of Breast-milk Substitutes: National Implementation of the International Code. Status Report 2016. Geneva: World Health Organization; 2016

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