

France



Policies, Interventions and Actions

Care pathway guide: overweight and obesity in adults

This guide describes the care, support and overall follow-up of adults with overweight or obesity. It reasserts the importance of early identification, coupled with a lifestyle assessment. It details the role of professionals (health, social and medico-social field, adapted physical activity, occupational health) and looks at the situations in which the person's primary care physician may consult them.

Categories:	Evidence of Management/treatment guidelines
Year(s):	2024 (ongoing)
Target age group:	Adults
Organisation:	HAS
Linked document:	Download linked document
References:	HAS. Care pathway guide: overweight and obesity in adults • January 2023 Updated on February 2024 All documents are available to download at www.has-sante.fr

Commercial Determinants of Noncommunicable Diseases in the WHO European Region

This report highlights the substantial impact of commercial determinants on noncommunicable diseases (NCDs) in the WHO European Region. Nearly 7500 deaths per day in the Region are attributed to commercial determinants, such as tobacco, alcohol, processed food, fossil fuels and occupational practices. These commercial products and practices contribute to 25% of all deaths in the Region. The report's chapters systematically explore various facets of how commercial interests exacerbate NCDs and key strategies used by commercial actors to negatively influence NCD-related policies at the national and international level. The report also provides selected case studies from the Region to illustrate key strategies and outcomes of industry influence on health policies. The report then calls for urgent and coordinated action to address the commercial determinants of NCDs. It advocates for building coalitions based on the values of equity, sustainability, and resilience. Public health actors are urged to develop competencies in economic and legal frameworks, enforce transparency, and manage conflicts of interest effectively. The report underscores the need for robust financial reforms and strict regulation to curb industry power and protect public health. By implementing these strategies, the Region can accelerate progress towards global NCD targets and Sustainable Development Goals by 2030.

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2024 (ongoing)
Target age group:	Adults and children
Organisation:	World Health Organisation (WHO)
Linked document:	Download linked document
References:	World Health Organization. Regional Office for Europe. (2024) Commercial Determinants of Noncommunicable Diseases in the WHO European Region. World Health Organization. Regional Office for Europe. https://iris.who.int/handle/10665/376957 . License: CC BY-NC-SA 3.0 IGO

Care pathway guide: overweight and obesity in children and adolescents

This guide updates the good practice guidelines "Overweight and obesity in children and adolescents" published in 2011. This guide describes the care, support and medical follow-up of children/adolescents with overweight or obesity. It reasserts the importance of early identification, coupled with a lifestyle assessment. It details the role of each of the professionals involved in the care pathway, and looks at the situations in which they may be called upon.

Categories:	Evidence of Management/treatment guidelines
Year(s):	2023 (ongoing)
Target age group:	Children
Organisation:	Haute Autorite de Sante
Linked document:	Download linked document
References:	HAS. : Overweight and obesity in children and adolescents: 10 key messages to improve practices - February 2022 Update February 2023 All publications can be downloaded at www.has-sante.fr

Towards sustainable food: A major health, social, territorial and environmental issue for France

Government report outline strategies for sustainable food. Both a short 20 point brief and full report are available.

Categories (partial):	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2020 (ongoing)
Target age group:	Adults and children
Organisation:	Government
Find out more:	www.senat.fr
Linked document:	Download linked document
References:	Vers une alimentation durable : Un enjeu sanitaire, social, territorial et environnemental majeur pour la France Rapport d'information de Mme Françoise CARTRON et M. Jean-Luc FICHET, fait au nom de la délégation sénatoriale à la prospective n° 476 (2019-2020) - 28 mai 2020

2019 Recommendations for eating, physical activity and physical inactivity for adults

Recommendations for adults on diet and physical activity (& inactivity), taking into consideration the population's knowledge, behaviour and beliefs.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Physical Activity Guidelines/Policy
Year(s):	2019 (ongoing)
Target age group:	Adults
Organisation:	Sante Publique France
Find out more:	invs.santepubliquefrance.fr
Linked document:	Download linked document
References:	Sante Publique France. 2019. Recommandations relatives à l'alimentation, à l'activité physique et à la sédentarité pour les adultes. Available from: http://invs.santepubliquefrance.fr/Publications-et-outils/Rapports-et-syntheses/Maladies-chroniques-et-traumatismes/2019/Recommandations-relatives-a-l-alimentation-a-l-activite-physique-et-a-la-sedentarite-pour-les-adultes . [Last accessed 30 January 2019]. [PDF in French].

2019 Obesity care roadmap

Roadmap which aims to structure and implement coordinated and graded health care programs that are suitable for those who are obese or at risk of becoming obese. particularly to reduce inequalities of access to care and improve the quality of care.

Categories:	Evidence of National Obesity Strategy/Policy or Action plan
Year(s):	2019 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of solidarity and Health
Find out more:	solidarites-sante.gouv.fr
Linked document:	Download linked document
References:	Ministry of solidarity and Health. Prevent and manage obesity. Available from: https://solidarites-sante.gouv.fr/systeme-de-sante-et-medico-social/strategie-nationale-de-sante/priorite-prevention-rester-en-bonne-sante-tout-au-long-de-sa-vie-11031/priorite-prevention-les-mesures-phares-detaillees/article/prevenir-et-prendre-en-charge-de-l-obesite [Accessed 31 July 2019].

2019-2023 National Nutrition Strategy

National nutrition strategy with monitoring committee.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2019-2023
Target age group:	Adults and children
Organisation:	Minsitry of Health
Find out more:	solidarites-sante.gouv.fr
Linked document:	Download linked document
References:	PROGRAMME NATIONAL NUTRITION SANTÉ 2019-2023. Ministre des Solidarités et de la Santé.

Annex III to Regulation (EC) No 1925/2006 of the European Parliament and of the Council as regards trans fat, other than trans fat naturally occurring in fat of animal origin

Measures to limit or virtually eliminate industrially-produced trans fatty acids in food intended for the final consumer and/or for supply to retail. Adopted by The European Commission from April 2019. (Available in multiple languages)

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2019 (ongoing)
Target age group:	Adults and children
Organisation:	The European Commission
Linked document:	Download linked document
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/36162 (last accessed 12.07.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/

European practical and patient-centred guidelines for adult obesity management in primary care

This article aims to provide obesity management guidelines specifically tailored to GPs, favouring a practical patient-centred approach. The focus is on GP communication and motivational interviewing as well as on therapeutic patient education. The new guidelines highlight the importance of avoiding stigmatization, something frequently seen in different health care settings. In addition, managing the psychological aspects of the disease, such as improving self-esteem, body image and quality of life must not be neglected.

Categories:	Evidence of Management/treatment guidelines
Year(s):	2019 (ongoing)
Target age group:	Adults
Linked document:	Download linked document
References:	Dominique Durrer Schutz, Luca Busetto, Dror Dicker, Nathalie Farpour-Lambert, Rachel Pryke, Hermann Toplak, Daniel Widmer, Volkan Yumuk, Yves Schutz; European Practical and Patient-Centred Guidelines for Adult Obesity Management in Primary Care. <i>Obes Facts</i> 15 March 2019; 12 (1): 40–66. https://doi.org/10.1159/000496183

Stay healthy throughout your life 2019

Focusing on nutrition and exercise.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Physical Activity Guidelines/Policy Evidence of NCD strategy
Year(s):	2019 (ongoing)
Target age group:	Adults and children
Organisation:	Comité interministériel pour la Santé
Find out more:	www.gouvernement.fr
Linked document:	Download linked document
References:	Comité interministériel pour la Santé. Stay healthy throughout your life 2019. available from: https://www.gouvernement.fr/sites/default/files/document/document/2019/03/dossier_de_presse_-_comite_interministeriel_pour_la_sante_-_25.03.2019.pdf [Accessed 31 July 2019].

The French National Nutrition and Health Program

In France, the recommendations on diet and physical activity are elaborated and disseminated by the public health authorities since the implementation of the first National Nutrition and Health Program (PNNS) in 2001. The first official FBDGs were published in 2002 for adults, in 2004 for children, in 2006 for the elderly, and in 2008 for pregnant women. The revised version of the guidelines for adults was published in 2019. The new guidelines for children from birth to 17 years old and adolescents will be published in 2021. Other revised guidelines for elderly and pregnant women will be published in 2022.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2019-2021
Target age group:	Adults and children
Organisation:	Ministry of Health
References:	http://www.fao.org/nutrition/education/food-dietary-guidelines/regions/countries/france/en/

The 2018-2022 National Health Strategy

National strategy aiming to reduce chronic diseases and their consequences, ensure the health system is adapting to demographic, epidemiological and societal challenges amongst other goals.

Categories:	Evidence of NCD strategy
Year(s):	2018-2022
Target age group:	Adults and children
Organisation:	MINISTARE DES SOLIDARITAS ET DE LA SANTA
Find out more:	solidarites-sante.gouv.fr
Linked document:	Download linked document
References:	MINISTARE DES SOLIDARITAS ET DE LA SANTA. 2017. Stratégie nationale de santé 2018-2022. Available from: https://solidarites-sante.gouv.fr/IMG/pdf/dossier_sns_2017_vdefpost-consult.pdf . [Last Accessed 20 January 2019]. [Document in French].

Update on Soda Tax

The new tax, which is part of the government's 2018 Social Security budget, is an update of the initial "soda tax" that was brought in in 2013 whereby fizzy drinks with added sugar was taxed at €7.5 a hectolitre (equal to 100 litres). A sliding scale tax will be introduced in 2018 for drinks that contain 1g of sugar per 100ml. It will rise to the point where the most sugary drinks will be taxed at €20 a hectolitre for drinks that contain more than 11g of sugar per 100ml.

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2018 (ongoing)
Target age group:	Adults and children
Organisation:	Government
Find out more:	www.thelocal.fr
References:	https://www.thelocal.fr/20171027/france-tackles-obesity-by-hiking-soda-tax-on-sugary-drinks

Ban on unlimited sugary drink refills

The Order of 18 January 2017 prohibits the provision of unlimited drinks, free or for a fixed price, with the addition of sugars or artificial sweeteners. Restaurants and other spaces catering to the public in France have been banned from offering unlimited sugary drinks in an effort to reduce obesity.

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2017 (ongoing)
Target age group:	Adults and children
Organisation:	Government
Find out more:	www.legifrance.gouv.fr

Nutri-score Labelling

The French government signed a decree backing the voluntary adoption of the 'Nutri-Score' front-of-pack nutritional labelling scheme (31 October 2017).

Categories:	Labelling Regulation/Guidelines
Year(s):	2017 (ongoing)
Target age group:	Adults and children
Organisation:	Government
Find out more:	www.foodnavigator.com
References:	https://www.foodnavigator.com/Article/2017/10/31/Nutri-Score-labelling-comes-into-force-in-France?utm_source=copyright&utm_medium=OnSite&utm_campaign=copyright

Obesity Prevention and Health Promotion 2017-2018

Categories (partial):	Non-national obesity strategies
Year(s):	2017-2018
Target age group:	Adults and children
Organisation:	Haut Conseil pour l'avenir de l'assurance maladie
Find out more:	www.strategie.gouv.fr
Linked document:	Download linked document
References:	Pravention et promotion de la sante. Available from: https://www.strategie.gouv.fr/sites/strategie.gouv.fr/files/atoms/files/prevention-avis-hcaam-12-02-2019.pdf . [Accessed 31 July 2019].

School Fruit, Vegetables and Milk Scheme

"Applicable since 1 August 2017, the EU school fruit, vegetables and milk scheme combines two previous schemes (the school fruit and vegetables scheme and the school milk scheme) under a single legal framework for more efficiency and an enhanced focus on health and educational. The scheme supports the distribution of products, educational measures and information measures. The scheme supports the distribution of fruit, vegetables, milk and certain milk products to schoolchildren, from nursery to secondary school. EU countries approve a list of products (in collaboration with their health and nutrition authorities) which will help achieve the schemes objective of helping children to follow a healthy diet. Priority is for fresh fruit and vegetables and for plain milk. In order to support a varied diet and/or specific nutritional needs, EU countries may also make processed fruit and vegetables such as juices and soups and certain milk products such as yoghurt and cheese, available. Additionally, under stricter conditions, milk-based drinks may be included." - EU Commission

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2017 (ongoing)
Organisation:	European Commission
Find out more:	ec.europa.eu
References:	https://ec.europa.eu/info/food-farming-fisheries/key-policies/common-agricultural-policy/market-measures/school-fruit-vegetables-and-milk-scheme/school-scheme-explained_en

The Public Health Act

There is a ban on unlimited offers of sweetened beverages for free or at a fixed price in schools, public restaurants and any facility used to teach, accommodate or receive children under the age of 18.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2017 (ongoing)
Target age group:	Children
Organisation:	French Government
Find out more:	Unable to locate further details if you have access please email us at obesity@worldobesity.org

ePPOP- Electronic-personalized program for obesity during pregnancy

ePPOP is an electronic-personalised lifestyle intervention combining nutritional, behavioural and physical activity counselling during pregnancy, to reduce instrumental delivery and improve health of obese pregnant women and their babies.

Categories (partial):	Evidence of Community Interventions/Campaign
Year(s):	2016 (ongoing)
Target age group:	Adults
Organisation:	College National des Gynacologues et Obstetriciens Fransais (CNGOF) and 'Be Patient'
Find out more:	www.cngof.fr

GNPR 2016-2017: Infant and young child nutrition - Breastfeeding promotion and/or counselling

This programme was reported by countries for the 2nd WHO Global Nutrition Policy Review 2016-2017 module on actions related to infant and young child nutrition. Information provided by WHO GINA Programme.

Categories:	Evidence of Breastfeeding promotion or related activity
Year(s):	2016 (ongoing)
Target age group:	Children
Find out more:	extranet.who.int
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/

The European Food and Nutrition Action Plan 2015-2020

The aim on this action plan is to significantly reduce the burden of preventable diet-related non-communicable diseases, obesity and all other forms of malnutrition that are still prevalent in the WHO European Region.

Categories (partial):	Transnational Obesity Strategies/Policy or Action Plan Evidence of NCD strategy
Year(s):	2015-2020
Target age group:	Adults and children
Organisation:	World Health Organisation
Linked document:	Download linked document

Charter for the Promotion of Healthy Diets and Physical Activity during TV Programmes and Advertising (updated version)

Food charter that aims to promote a healthy diet on television. Note that the charter was updated in 2013 and applicable from 1 Jan 2014.

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2014 (ongoing)
Target age group:	Adults and children
Organisation:	Ministry of Health and Ministry of Culture and Communication
Find out more:	www.culturecommunication.gouv.fr
Linked document:	Download linked document
References:	Ministry of Health and Ministry of Culture and Communication. http://www.culturecommunication.gouv.fr/ (last accessed 11.8.15)

European Union (EU) Action Plan on Childhood Obesity 2014-2020

EU Action plan. To contribute to halting the rise in overweight and obesity in children and young people (0-18 years) by 2020

Categories:	Transnational Obesity Strategies/Policy or Action Plan
Year(s):	2014-2020
Target age group:	Children
Organisation:	Ministry of Health
Find out more:	ec.europa.eu
Linked document:	Download linked document
References:	EU Action Plan on Childhood Table of contents [Internet]. Available from: https://ec.europa.eu/health/sites/health/files/nutrition_physical_activity/docs/childhoodobesity_actionplan_2014_2020_en.pdf &amp;amp;amp;amp;amp;amp;amp;amp;zwj;

EU Regulation 1169/2011

Passed in 2011, EU Regulation 1169/2011 on the Provision of Food Information to Consumers requires a list of the nutrient content of most pre-packaged food to be provided on the back of the pack from October 2011.

Categories:	Labelling Regulation/Guidelines
Year(s):	2011 (ongoing)
Target age group:	Adults and children
Organisation:	European Parliament and the Council of the European Union
Find out more:	eur-lex.europa.eu
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en/node/22917 (last accessed 28.06.22) Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/

Evaluation of the EU school milk and fruit scheme

European Court of Auditors (2011) Are the school milk and school fruit schemes effective? Special Report No 10. Publications Office of the European Union, Luxembourg.

Categories:	Health Effectiveness Reviews (obesity related)
Year(s):	2011 (ongoing)
Target age group:	Children
Organisation:	EUROPEAN COURT OF AUDITORS
Linked document:	Download linked document
References:	Information provided with kind permission of World Cancer Research Fund International from their NOURISHING framework www.wcrf.org/NOURISHING

French National Nutrition and Health Program 2011-2015 (PNNS)

The PNNS involves the ministries in charge of national education, sports, consumer affairs, social cohesion, and higher education and research to promote healthy eating as part of the nutritional prevention.

Categories (partial):	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2011-2015
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	www.sante.gouv.fr
Linked document:	Download linked document

Promotion of physical activity in the Youth (Promouvoir lâ activite physique des jeunes)

Categories:	Evidence of Physical Activity Guidelines/Policy
Year(s):	2011 (ongoing)
Target age group:	Children
Organisation:	National Institute for Prevention and Health Education
Find out more:	www.inpes.sante.fr
Linked document:	Download linked document

School meal standards Decree No. 2011-1227

Decree No. 2011-1227 set mandatory nutritional standards on schools meals and nutrient content regulations in France.

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of School Food Regulations
Year(s):	2011 (ongoing)
Target age group:	Children
Organisation:	French Government
References:	https://ec.europa.eu/jrc/sites/default/files/jrc-school-food-policy-factsheet-france_en.pdf

TV advertising of food or drink of low nutritonal value must be accompanied by a specific health education statement approved by the National Institute of Health Education

Categories:	Industry/Government regulations - voluntary /pledges
Year(s):	2007 (ongoing)
Target age group:	Adults and children
Organisation:	National Institute of Health Education
Linked document:	Download linked document

EU health and nutrient claims regulation

Regulation n° 1924/2006 establishes EU-wide rules on the use of specified health and nutrient claims. The European Commission approves claims provided they are based on scientific evidence and accessible consumers. The European Food Safety Authority is responsible for evaluating the scientific evidence supporting health claims. Nutrition claims may only be used on food defined as "healthy" by a nutrient profile.

Categories:	Labelling Regulation/Guidelines
Year(s):	2006 (ongoing)
Target age group:	Adults and children
Organisation:	European Commission
Linked document:	Download linked document
References:	https://eur-lex.europa.eu/legal-content/en/ALL/?uri=CELEX%3A32006R1924

Second national nutrition and health programme 2006-2010 (PNNS)

The main role of the PNNS is to encourage various public and private sector players to act, by providing cohesive guidelines, references, government-designed tools and a framework for permanent dialogue.

Categories (partial):	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2006-2010
Target age group:	Adults and children
Organisation:	Ministry of Health, Youth and Sports
Find out more:	www.sante-sports.gouv.fr
Linked document:	Download linked document
References:	Information collated as part of an earlier project between 2008-2011. See http://www.worldobesity.org/what-we-do/policy-prevention/projects/marketing-children/project/

CSOS Multi-disciplinary approach to tackling overweight and obesity

The CSOS team utilise a multi-disciplinary approach to tackling obesity. They combine the use of a clinical psychologist, a state-certified dietitian, a sports educator and a motivational interview coordinator.

Categories:	Evidence of Multidisciplinary Intervention
Year(s):	2004 (ongoing)
Target age group:	Adults and children
Organisation:	CSOS
Find out more:	www.csos.nc
Linked document:	Download linked document
References:	Available from: https://www.csos.nc/2017/10/05/approche-multidisciplinaire-seul-traitement-efficace-surpoids-lobesite/ [accessed August 2019].

Eat and Move for Health (La sante vient en mangeant et en bougeant)

Guidelines on nutrition and physical activity - document in French

Categories:	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan Evidence of Physical Activity Guidelines/Policy
Year(s):	2004 (ongoing)
Target age group:	Children
Organisation:	Institut National de Prevention ed d'Education pour la SantÃ© (INPES), MinistÃ©re de la SantÃ©
Linked document:	Download linked document

Law regarding the public health policy (Loi no 2004-806 du 9 aoÃ»t 2004 relative Ã la politique de santÃ© publique)

The law of August 9, 2004, marked a new era with a step in a new direction for defining a process to develop health policy in France. The five-year law provided a framework to formalize public health objectives. Health policy was articulated around four ambitions: improvement of health outcomes, reduction of inequalities, efficiency of the health system, and the advancement of health democracy.

Categories:	Taxation/Subsidies on Food or Beverages or law relating to public health
Year(s):	2004 (ongoing)
Target age group:	Adults and children
Organisation:	Journal Officiel De La Republique Francaise
Find out more:	bdoc.ofdt.fr
Linked document:	Download linked document
References:	Information provided with kind permission of HEPA Europe (European network for the promotion of health-enhancing physical activity): http://www.euro.who.int/en/health-topics/disease-prevention/physical-activity/activities/hepa-europe

The Public Health Act of 2004

"The Public Health Act of 2004, through the implementation of the Second National Nutrition and Health Programme, comprises two articles concerning food advertisements and the banning of food vending machines in schools. The first article stipulates that television and radio commercials for beverages with added sugar, salt or artificial sweeteners and manufactured food products must contain the following health messages: "For the sake of your health, do not eat foods that contain too much fat, sugar or salt"; "For the sake of your health, eat at least five servings of fruit and vegetables every day"; "For the sake of your health, avoid eating snacks"; and "For the sake of your health, do regular physical exercise". The same obligation applies to the promotion of these beverages and food products (however, advertisers can avoid this by paying a tax equal to 1.5% of the annual amount they pay for advertising these types of product)" - WHO

Categories:	Evidence of Marketing Guidelines/Policy
Year(s):	2004 (ongoing)
References:	https://www.euro.who.int/__data/assets/pdf_file/0006/155436/e96047.pdf

EPODE (Together Let's Prevent Childhood Obesity)

"EPODE (Together Let's Prevent Childhood Obesity) is a methodology designed to involve all relevant local stakeholders in an integrated and concrete prevention program aimed at facilitating the adoption of healthier lifestyles in the everyday life. The programmes developed on the basis of the EPODE framework are long term, aimed at changing the environment and thereby the unhealthy behaviours. The approach is 'positive, concrete and stepwise' learning process with no stigmatization of any culture, food habits, overweight and obesity. The first EPODE programme was started in France in the 2003 and EPODE now extends to nearly 1,8 million inhabitants in 167 French cities, 20 cities in Spain and 8 cities in Belgium."

Categories:	Evidence of Community Interventions/Campaign
Year(s):	2003 (ongoing)
Target age group:	Children
Find out more:	www.epode.fr
References:	https://epha.org/epode-together-lets-prevent-childhood-obesity/

Multidisciplinary approach to treat childhood obesity based on multicomponent lifestyle interventions and family-based actions

Study assessing the short term and long term impact of paediatric obesity care management offered by nine French regional health networks which is based on multi-component lifestyle interventions.

Categories:	Evidence of Multidisciplinary Intervention
Categories (partial):	Evidence of National Obesity Strategy/Policy or Action plan
Year(s):	2003-2015
Target age group:	Children
Organisation:	Carriere et al
Find out more:	www.reppop-bfc.com
Linked document:	Download linked document
References:	Carriere et al 2019. Short-term and long-term positive outcomes of the multidisciplinary care implemented by the French health networks for the prevention and care of paediatric overweight and obesity. Paediatric Obesity. DOI: 10.1111/ijpo.12522

Health comes through eating (La sante vient en mangeant)

Nutrition programme - see document in French

Categories (partial):	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2002 (ongoing)
Target age group:	Adults and children
Organisation:	Institut National de Prevention ed d'Education pour la Sant� (INPES), Minist�re de la Sant�
Linked document:	Download linked document
References:	La Sante Vient en mangeant le Guide Alimentaire Pour Tous.

ICAPS (Intervention Centred on Adolescents' Physical activity and Sedentary behaviour)

"The 'Intervention centred on adolescents' physical activity and sedentary behaviour' (ICAPS) was designed to reduce weight gain and, as an underlying objective, cardiovascular risk in adolescents of eastern France. It is aimed at improving lifelong PA patterns by implementing a programme that motivates and enables adolescents to use opportunities for PA inside and outside school, and also by providing social support and an environment that encourage them towards PA during everyday life and leisure."

Categories:	Evidence of Community Interventions/Campaign
Year(s):	2002 (ongoing)
Target age group:	Children
References:	https://www.nature.com/articles/0802812

National programme for nutrition and health 2001-2005 (PNNS)

A programme containing 9 nutritional objectives to improve the health of the general population.

Categories (partial):	Evidence of Nutritional or Health Strategy/ Guidelines/Policy/Action plan
Year(s):	2001-2005
Target age group:	Adults and children
Organisation:	Ministry of Health
Find out more:	www.medecine-nutrition.org
Linked document:	Download linked document
References:	Information collated as part of an earlier project between 2008-2011. See http://www.worldobesity.org/what-we-do/policy-prevention/projects/marketing-children/ project/

Active cities

Aims to create a favourable environment for good nutrition in municipalities.

Categories:	Evidence of Community Interventions/Campaign
Target age group:	Adults and children
Organisation:	Programme National Nutrition Sante; National Programme for Healthy Nutrition
Find out more:	www.reseauvillesactivespnns.fr

GNPR 2016-17 (q7) Breastfeeding promotion and/or counselling

WHO Global Nutrition Policy Review 2016-2017 reported the evidence of breastfeeding promotion and/or counselling (q7)

Categories:	Evidence of Breastfeeding promotion or related activity
Target age group:	Adults
Organisation:	Ministry of Health (information provided by the GINA program)
Find out more:	extranet.who.int
References:	Information provided with kind permission of WHO Global database on the Implementation of Nutrition Action (GINA): https://extranet.who.int/nutrition/gina/en Please note the GINA website has been replaced by the GIFNA database and the GINA link will no longer work. You will find this document by searching this new database: https://gifna.who.int/

Multidisciplinary educational healthcare circuit for bariatric surgery in France.

Educational healthcare circuit for bariatric surgery which offers a multidisciplinary approach based on medical, psychological and dietetic expertise to combat obesity proves to be a feasible alternative to usual care in France.

Categories:	Evidence of Multidisciplinary Intervention
Target age group:	Adults and children
Organisation:	Duenas et al 2019
Find out more:	www.ncbi.nlm.nih.gov
Linked document:	Download linked document
References:	Duenas et al 2019. Cost-effectiveness of an educational healthcare circuit for bariatric surgery in France. Public Health.172, pp. 43-51.

NCD targets for France

- Reduce obesity by 15% and stabilise overweight in adults by 2023
- Reduce overweight and obesity in children and teenagers by 20% by 2023

Categories:	Evidence of NCD strategy
Target age group:	Adults and children
References:	https://extranet.who.int/ncdccc/Data/FRA_France_NCD_targets_2019.pdf

The effect of the French vending machine ban on school snacking and sugar intake

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Categories: Health Effectiveness Reviews (obesity related)

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PDF created on July 14, 2024