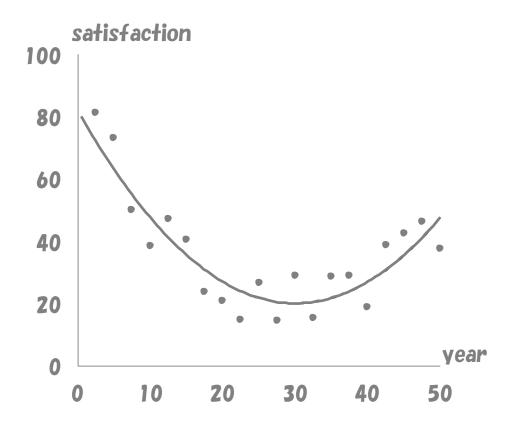


University of Tokyo Institute of Social Science Panel Survey

Japanese Life Course Panel Survey 2 0 0 7



University of Tokyo – Institute of Social Science – Panel Survey 2007

Japanese Life Course Panel Survey

Instructions:

- -Please use a blue or black ballpoint pen.
- -Please answer the questions in order. Please note that not all questions apply to all respondents; if a question does not apply to you, please follow the arrow sign (\rightarrow) and read the given instructions.
- -In answering, please circle the appropriate number, or enter the number in the response column. In places where the response is "something other," please give a specific response in the parentheses.
- -When the question asks "Circle one," please don't circle more than one number; when it asks "circle all that apply," please circle all the numbers that match with your responses.
- -Our survey maintains complete confidentiality of all participants of the questionnaire. All responses will be handled through statistical analysis, and thus individual names are omitted and no response will be connected with any individual participant.
- -Once you have completed the survey, please look your responses over once again to make certain that you have not missed any questions.
- -Our survey staff will visit you later to collect the completed questionnaire.

Thank you very much for your cooperation.

January/February 2007

(Survey Operation) Central Research Services, Inc.

(Survey Planning) The Information Center for Social Science Research on Japan, Institute of Social Science, the University of Tokyo

Japanese Life Course Panel Survey, Survey Planning Committee

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Questions about personal information

Question 1. Please specify your gender and date of birth.

(1) Gender

1. Male	2. Female
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(2) Date of birth

YEAR A.D	MONTH
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Question 2. What time do you perform the following actions on an average weekday? (Circle one for each of A-D)

(• • • • • • • • • • • • • • • •	,				
A. Wake up	1. Around about	a.m. p.m.	_:_	2. No particular time	
B. Leave the house	1. Around about	a.m. p.m.	_:_	2. No particular time	3. mostly stay home
C. Return home	1. Around about	a.m. p.m.	_:_	2. No particular time	3. mostly stay home
D. Go to sleep	1. Around about	a.m. p.m.	_:_	2. No particular time	

Question 3. Do you usually have a job that generates income? (including student part-time jobs)(Circle one.) 1. Yes, I have a job. -'Job" refers to any job that 2. No, I don't have a job. generates income, including a help for family businesses (farming and shop work, etc.) and part-(1) What do you usually do? (Circle one) time jobs. 1. Attend school 2. Domestic work 3. Other# (2) Would you like to work to earn a living? (Circle one) 1. Yes, I am actually searching for a job or preparing to start a business. 2. Yes, I am considering it, but I am NOT searching for a job or preparing to start a business.. 3. No, I don't wish to work at the present time. (3) Have you ever had a job before? (Circle one) 2. Yes, I have had a job before. Please continue Please continue

to Question 4

(below)

to Question 8

(Page 5)

1

Question 4. The following questions will ask you about your current or most recent job (if you are not currently working, we would like to know about the job you most recently had).

In the case that "current or most recent job" and "first job immediately	A. Current or most	B. First job immediately
after graduating school" are the same, please answer to "A" only. (1) JOB TYPE Please choose the closest description. (Circle one)	recent job	after graduating school
Business manager, or executive	1	1
2. Full-time employee	2	2
3. Part-time (including a student having a part-time job), contract, short-		3
term, or temporary worker		
4. Temporary staff ("haken shain") If you are a student having	4	4
5. Contract worker ("ukeoi shain") a part-time job, please only	5	5
6. Self-employed, entrepreneur answer the column "A.	6	6
7. Family worker Current or most recent job"	7	7
8. Side work (piecework)	8 9.	Specify 8
9. Other	9 L"o	ther" 9
(2) SUBSTANCE OF WORK Please select the closest description. (Circle on	e)	1
Professional/technical ······(Requiring specialized knowledge or	1	1
skill, such as: doctor, nurse, lawyer, teacher, engineer, designer, etc.)	1	1
2. Administrative/managerial·······(Division head or higher position in	2	2
business or government office, assemblyman, business manager, etc.)		
3. Office/clerical ············(Office worker in business or	3	3
government, accountant, office clerk, etc.)	3	J
4. Sales·····(Retail or wholesale store manager,	4	4
store clerk, inside sales, insurance sales, outside sales, etc.)		
5. Service ······(Beautician, chef, waitress, home helper, etc.)	5	5
6. Manufacturing/skilled labor ·······(Production and assembly of	6	6
manufactured goods, bicycle maintenance, building construction,		
carpentry, electricians, agricultural manufacture, etc.)		
7. Transportation/security······(Truck and taxi drivers, dock	7	7
workers, mail delivery, telecommunications worker, police, fire		
department, security, defense)		
8. Other	8	8
(2)-2 Please specify the substance of your work.		_
Please describe what kind of work you do and where you work as shown	Response column	Response column
in sample responses:		
Rice farmer Primary school teacher Supermarket cashier		
Telephone salesperson for food supply company Travelling		
salesperson for cosmetics company Factory labor for plastic toys		
production Interior electrical wiring at construction sites Care		
worker at welfare facility (qualified nurse/social worker) System		
engineer at a software development company (software		
development technician)		
(3) JOB TITLE Please choose the closest description. (Circle one)		
1. No job title	1	1
2. Supervisor, foreman, team leader	2	2
3. Assistant section chief or equivalent	3	3
4. Section chief or equivalent	4	4
5. Division chief or equivalent	5 7.	Specify 5
6. Company president, executive, director	6 "0	Other" 6
7. Other	7	7
	l	1

In the case that "current or most recent job" and			r most	B. First job in	
after graduating school" are the same, please an	swer to "A" only.	recent job		after graduat	ing school
(4) Work hours and days		Т.		T.	
1. Average number of hours worked per day (in excluding breaks)	cluding overtime but	Average per	hours	Average per	aay hours
Average days worked per week as well as average days worked per week as well as averaged.	erage davs worked per	Average per		Average per	
month (including vacation days worked)			days		days
		Average per	month	Average per	month
			days		days
(5) Description of workplace Please give spec	cific descriptions				
Sample responses:		Response	e column	Response	column
Auto-parts manufacturing Vegetable salesHotel Brand Department store Design office Mutual aid associ Temporary staff agency Prefectural high school Environmental non-profit organization	ation				
(6) Total number of employees (including family in the entire company (including branch offic		es)			
1. One employee 6. 100-299 employee		1	6	1	6
2. 2-4 employees 7. 300-999 employee		2	7	2	7
3. 5-9 employees 8. 1000 or more emp		3	8	3	8
4. 10-29 employees 9. Government office		4	9	4	9
5. 30-99 employees 10. Don't know	.L.A	5	10	5	10
(7) How did you find the job? (Circle all that app	ory) 	Т			
1. Through family/relatives			1	1	
2. Through friends/acquaintances	-l l		2	2	
3. Through alumni/upperclassmen from your so		3		3	
 Through teachers from your school (including recommendation) 	g school	4	1	4	
5. Public employment office			5	5	
6. Private employment agency		(5	6	
7. Job advertisement on newspaper or magazin	ne	7	7	7	
Requested application materials from the co submit "entry sheet" through internet	mpany or sent in CV;	8	3	8	
9. Succeeded family business (joined family bus	siness)	g	Ð	9	
10. I started the job myself		1	0	10)
11. I was approached by the company		1	1	1:	1
12. I was recommended by my previous workpl	ace		2 13 5000	ify "Other"	2
13. Other		1	3 13. spec	13	3
(8) Length of service at the company and resider	nce	_1			
1. Date (year/month) when you started the job		MONTH:		MONTH:	
, , , , , , , , , , , , , , , , , , , ,	Western calendar	YEAR: A.D.		YEAR: A.D.	
	year	Showa/H	eisei	Showa/He	isei
1-a. Municipality where you resided when you s	started the job	Area/prefec	ture	Area/prefect	ure
		City/Ward/T Village	ōwn/	City/Ward/To Village	own/
2. Date (year/month) when you left the job	Either Japanese or Western calendar year	MONTH: YEAR: A.D		MONTH: YEAR: A.D	

Please only answer with reference to your most recent employment

Question 5. The following questions will ask about your current (or most recent) employment.

(1) About how long is your commute (one-way, the time it takes from your home to your workplace)? (Circle one)

1. I live and work at the same place
2. 15 minutes or so
3. 30 minutes or so
4. 45 minutes or so
5. One hour or so
6. An hour and a half or so
7. 2 hours or more

(2) Approximately how many hours per week are you supposed to work, excluding overtime? (Circle one)

1. 20 hours or less
2. More than 20 and less than 30 hours
3. More than 30 and less than 35 hours
4. More than 35 hours and less than 40 hours
5. 40 hours
7. No set schedule (varies by season, etc.)
8. Don't know

(3) What is the length of tenure stipulated in your employment contract? (Circle one)

Tenured (including employment until established retirement age
 [lifetime employment])
 Contract-base (one half year contract, one-year contract, etc.)

<Follow-up question> (For those who chose [2. contract-base]): Will your employment contract be renewed? (Circle one)

1. It will be renewed	3. It will not be renewed
2. It may be renewed	4. Don't know

(4) If you were to assign your current (or most recent) job to a new employee, how long do you think it would take the person to get used to the series of tasks you performed?(Circle one)

1. Less than one month	4. About one year	7. About 6-9 years
2. About 2-3 months	5. About 2-3 years	8. Ten years or more
3. About 6 months	6. About 4-5 years	9. Don't know

(5) Do you want to continue in the current job/business for another five years or so (or, if you are currently unemployed, did you think you would continue working for another five years or so when you had the previous job/business?) (Choose one from either of the two categories)

<Those who are currently employed>
Please answer with regard to the previous job/business
1. I plan to continue in this job/business
2. I think about quitting this job/business
3. I plan to quit this job/business soon
4. Don't know
Those who are currently not employed>
Please answer with regard to the previous job/business
1. I planned to continue this job/business
2. I thought about quitting this job/business
3. I planned to quit this job/business soon
4. Didn't know at that time

Question 6. Does any of the following apply to your current (or most recent) work environment? (Circle all that apply)

1. I work overtime almost everyday	7. There is an atmosphere in which older workers guide younger colleagues				
2. The office is always understaffed	8. You can transfer offices based on your request				
3. I am always pressured by deadlines	9. There is a mentor for young employees to talk to				
4. There is an atmosphere of mutual support	about the job and life in general				
5. Many tasks are independently done by individual employees	10. There are opportunities to talk about future employment				
6. Many tasks are done cooperatively	11. None of the above				

Question 7. To what extent do statements A through G apply to your current job? Please choose one that best fits your answer. (Circle one for each)

	Very much	Somewhat	Doesn't	Doesn't	Don't
	applies	applies	apply	apply at	have
			so much	all	subordin-
					ate (s)
A. I can decide and alter the pace of my work	1	2	3	4	
B. I can decide and alter how I work	1	2	3	4	
C. I decide how my subordinates work	1	2	3	4	5
D. There are opportunities to obtain educational	1	2	3	4	N /
training] \
E. There are opportunities to improve my job skills	1	2	3	4] \ /
through work] \ /
F. My workplace is flexible about reducing work	1	2	3	4	1 X I
hours and taking leaves based on one's needs					
relating to childrearing, household work, or study] / \
G. It is possible that I will lose my job in a year	1	2	3	4	/
(including bankruptcy)					/

Questions about your everyday life

Question 8. How often do you perform the following activities? (Circle one for each)

	Everyday	5-6 days	3-4 days	1-2 days	1-3 days	Almost
		per week	per week	per week	per	never
					month	
A. Exercise (walking, jogging, aerobics, swimming, tennis, etc.)	1	2	3	4	5	6
B. Eat 3 meals a day	1	2	3	4	5	6
C. Have nutritionally balanced meals	1	2	3	4	5	6
D. Eat cup noodles or fast food	1	2	3	4	5	6
E. Prepare meals	1	2	3	4	5	6
F. Do laundry	1	2	3	4	5	6
G. House cleaning	1	2	3	4	5	6
H. Grocery shopping	1	2	3	4	5	6
I. Dine with friend(s) or boy[girl]friend (excluding spouse)	1	2	3	4	5	6
J. Have conversations with friend(s) or boy[girl]friend (excluding spouse)	1	2	3	4	5	6
G. Use the internet (outside of work)	1	2	3	4	5	6

Question 9. Who do you talk to when you want to discuss the following matters? (Circle all that apply).

	Parents	Spouse or partner	Children	Siblings	Other Relatives	Friends at work	Friends from school	Other friends	No one
A. About work or study	1	2	3	4	5	6	7	8	9
B. Job recommendation	1	2	3	4	5	6	7	8	9
C. Relationship issues with friends, boy[girl]friend, or spouse	1	2	3	4	5	6	7	8	9
D. About borrowing a significant amount of money when you are in needs because of a job loss or illness	1	2	3	4	5	6	7	8	9

Question 10. Have you experienced in your life the following events? Circle one of the numbers.

	Have already experienced	Have not experienced		Follow-up question (for those who chose 2: have not experienced) In the future, by what age do you want to have the experience?
A. Full-time employment	1	2	-	1. I want to, by the age of: 2. I don't want to have this experience
B. Living away from parents	1	2	-	1. I want to, by the age of: 2. I don't want to have this experience
C. Getting married	1	2	-	1. I want to, by the age of: 2. I don't want to have this experience
D. Having (a) child(ren)	1	2	→	1. I want to, by the age of: 2. I don't want to have this experience

Question 11. Have you ever experienced the following events? Please circle all numbers that apply. (Circle as many as you want)

1. My parent has lost a job/failed in business	9. I have gotten remarried	
2. My parents have been divorced	10. I have been bullied at school	
3. My parent has gotten remarried	11. I have suffered from a big accident or disaster	
4. I have failed in business	12. I have suffered from a crime case such as assault,	
	burglary, or extortion	
5. I have lost a job	13. I have had an illness or injury that required an operation	
	or a long-term treatment	
6. I have switched jobs	14. I have given care to a family member	
7. I have lived with a boy[girl]friend	15.Other big event – please specify below:	
8. I have been divorced		

Question 12. How do you evaluate your household's current standard of living? (Circle one)

1	2	3	4	5
Wealthy	Somewhat wealthy	Average	Somewhat poor	Poor

Questions about your family

Question 13. The following questions will ask about your family

(1) How many people share your residence (live together at the moment), including yourself?

 people

(2) Among the following, please indicate all those who share the residence. (Circle all that apply)

0. Yourself	5. Child's spouse	10. Spouse's mother	15. Your sibling(s)	
1. Your spouse (husband or wife)	6. Grandchild(ren)	11.Your grandfather	16. Spouse's sibling(s)	
2. Your partner/significant other	7. Your father	12. Your grandmother	17. Other	
3. Son(s)	8. Your mother	13. Spouse's grandfather	Please specify:	
4. Daughter(s)	9. Spouse's father	14. Spouse's grandmother)
` ,			Please specify:	

Question 14. The following questions will ask you about your family members including those with whom you don't share a residence.

(1) How many siblings do you have? Please include those who are deceased.

Older brother(s)	Older sister(s)	Yourself	Younger brother(s)	Younger sister(s)
#:	#:		#:	#:

(2) Please circle the appropriate numbers to answer the following questions about your father and mother.

	Father	Mother
A. How old?	1 years old	1 years old
	2. Already deceased, at years old 🔪	2. Already deceased, at years old 🔪
	3. Don't know You may skip B and C re: your father	3. Don't know You may skip B and C re: your mother
B. Currently working?	1. Working	1. Working
	2. Not working	2. Not working
C. Standard of	1. Wealthy4. Somewhat poor	1. Wealthy4. Somewhat poor
living	2. Somewhat wealthy5. Poor	2. Somewhat wealthy5. Poor
	3. Average	3. Average

(3) Do you have any children? Please include those not living at home.

•	·	<u> </u>		 	Proceed to Question 15 on the
	1. Yes		2. No	—	following page

(3-1) Please give the total number of children, and then each one's year of birth and gender

	Year of birth	Ge	ender	Marital status	Residence
First child	YEAR:			Never married	With you
	A.D.	Male	Female	Married	
	Showa/Heisei			Divorced	Not with you
				Widowed	
Second child	YEAR:			Never married	With you
	A.D.	Male	Female	Married	
	Showa/Heisei			Divorced	Not with you
				Widowed	
Third child	YEAR:			Never married	With you
	A.D.	Male	Female	Married	
	Showa/Heisei			Divorced	Not with you
				Widowed	
Fourth child	YEAR:			Never married	With you
	A.D.	Male	Female	Married	
	Showa/Heisei			Divorced	Not with you
				Widowed	

< In the event that you have five or more children, please write your responses in the margin>

(3-2) Do you want to have another child? (Circle one)

1	2	3	4	5
Don't want	Want a male child	Want a female child	Want a male or female child	Don't know

(3-3) Who (or which facility) looks after your child(ren) on a daily basis? (Circle all that apply)

1. Yourself	7. Other relative	13. Daycare	
2. Your spouse	8. Friend	14. At-school childcare	
3. Your parent	9. Neighbor	15. Other – specify:	
4. Spouse's parent	10. Babysitter/helper	f specify.	,
5. Your sibling	11. Nursery	L	J
6. Spouse's sibling	12. Kindergarten	16. None of the above	

Question about the time when you were 15 years old (at the time when you graduated middle school)

Question 15. When you were 15 years old (when you graduated middle school), where did you reside?

Area/Prefecture	Municipality (City/Ward/Town/Village)

Question 16. When you were 15 years old (when you graduated middle school), which of the following fits your household's standard of living in comparison to the average standard of living at the time? (Circle one)

1	2	3	4	5	6
Wealthy	Somewhat	Average	Somewhat poor	Poor	Don't know
	wealthy				

Question 17. In your third year of middle school, what was your grade? (Circle one)

1	2	3	4	5	6
Towards the top	Somewhat above	Average	Somewhat below	Towards the	Don't know
	average		average	bottom	

Question 18. When you were 15 years old (when you graduated middle school), which among the following items did you have at home? (Circle all that apply)

1. House ownership	8. Television	15. Literary collection/illustrated books
2. Farmland/mountain/forest	9. Radio	16. Personal computer/word processor
(excluding home gardens)		
3. Bath (Japanese bath)	10. VCR	17. Air conditioner
4. Your own room	11. Refrigerator	18. Family car
5. Study desk	12. Microwave	19. Works of art/antiques
6. Reception suite (furniture for welcoming guests – <i>ōsetsu setto</i>)	13. Telephone (including cell phone and PHS)	20. Second home (vacation house)
7. Piano	14. Encyclopedia	

Question 19. When you were 15 years old (when you graduated middle school), approximately how many books were there at home? Please exclude magazines, newspapers, textbooks, *manga*, and comics. (Circle one)

0. None (there was no book at home)	5. 101-200
1. 10 or fewer	6. 201-500
2. 11-25	7. 501 or more
3. 26-50	8. Don't know
4. 51-100	

Question 20. When you were 15 years old (when you graduated middle school), what kind of person was your father? (Circle one)

1. He was the kind of person who relies on my mother for	5. He was absent at the time
housework and childrearing	
2. He was the kind of person who relied on my mother for	6. Other – specify:
housekeeping but took part in childrearing	
3. He was the kind of person who took part in housekeeping	
but relied on my mother for childrearing	
4. He was the kind of person who took part in both	
housekeeping and childrearing	

Question 21. How was your family atmosphere at home when you were 15 years old (when you graduated middle school)? (Circle one)

1. My family home had a warm atmosphere	3. My family home had relatively not so warm atmosphere
2. My family home had a partly warm atmosphere	4. My family home didn't have a warm atmosphere

Question 22. When you were 15 years old (when you graduated middle school), what sort of work did your parents do?

,	A. Father	B. Mother	
(1) TYPE OF WORK Please choose the closest. (Circle one)		- t	
 Manager, director Full-time employee, office worker Part-time worker (including contract, temporary /seasonal, or commission) 	1 2 3	1 2 3	
 4. Self-employed, entrepreneur 5. Family worker 6. Side work (piecework) 7. Unemployed (including full-time housewife and househusband) 8. Student 9. Mother/father was absent at the time 10. Other 	7 8 9 10.	$(2) \sim (4)$ $\left[\begin{array}{c c} 0 \\ 7 \end{array}\right]$ (2)	nay skip ~ (4) or mother
(2) SUBSTANCE OF WORK Please choose the closest. (Circle one)			
Professional/technical ············(Requiring specialized knowledge or skill, such as: doctor, nurse, lawyer, teacher, engineer, designer, etc.)	1	1	
 Administrative/supervisory (Division head or higher position in business or government office, assemblyman, business manager, etc.) 	2	2	
Office/clerical ················(Office worker in business or government, accountant, office clerk, etc.) Color (Patrill anythological attention accounts)	3	3	
4. Sales(Retail or wholesale store manager, store clerk, inside sales, insurance sales, outside sales, etc.) 5. Service(Beautician, chef, waitress, home	5	5	
helper, etc.) 6. Manufacturing/skilled labor ······· (Production and assembly of	6	6	
manufactured goods, bicycle maintenance, building construction, carpentry, electricians, agricultural manufacture, etc.) 7. Transportation/security(Truck and taxi drivers, dock workers, mail delivery, telecommunications worker, police, fire department, security, defense)	7	7	
8. Other	8	8	
9. Don't know	9	9	
(2)-2 Please specify the substance of their work.			1
Please describe what kind of work you do and where you work as shown in sample responses: Farm rice cultivation A teacher in elementary school Bank clerk Travelling salesperson for cosmetics company Factory production of plastic toys Train driver of national railways Interior electrical wiring at construction sites Accountant at a city hall Ramen shop cook	Response column	Response column	
(3) JOB TITLE Please choose the one closest one. (Circle one)			
No job title Supervisor, foreman, team leader, boss Assistant section chief or equivalent Section chief or equivalent Division chief or equivalent	1 2 3 4 5	1 2 3 4 5	
6. Company president, executive, officer, director 7. Don't know	6 7	6 7	
(4) TOTAL NUMBER OF EMPLOYEES, including family business employees	and part-time workers. (C	circle one)	
1. 1 employee 5. 300 or more employees 2. 2-4 employees 6. Government 3. 5-29 employees 7. Don't know 4. 30-299 employees	1 5 2 6 3 7	1 5 2 6 3 7	

Questions about your last education (or your present education)

Question 23. Among the following, which school did you attend most recently (including your current school)? Please circle the most appropriate response. Please answer similarly for your spouse and parents, to the best of your knowledge.

	You	Spouse	Father	Mother	Explanatory note:
1. Middle school	1	1	1	1	If you attended the old school system, please follow the following categorizations
2. High school	2	2	2	2	<1. Middle school> includes jinjo shōgakkō and kokumin gakkō
3. Technical schools (vocational college)	3	3	3	3	(elementary school) and kōtō shōgakkō (higher elementary school)
4. Two-year college (associate's degree) / College of technology (five-year system)	4	4	4	4	<2. High school> includes kyūsei chūgakkō (old-system middle schools), kōtō jogakkō (girls' high schools),
5. Four-year university (bachelor's degree)	5	5	5	5	jitsugyō gakkō (vocational schools), shokugyuō gakkō (commercial
6. Graduate school	6	6	6	6	schools), shihan gakkō (teachers' schools)
7. Don't know	7	7	7	7	<5. Four-year College> include kyiūsei daigaku (old-system university), kyūsei kōtōgakkō (old-system high schools),
8. Don't have a spouse		8			kyūsei senmon gakkō (old-system technical college), and kōtō shihan gakkō (advanced teachers' schools) <6. Graduate school> includes kyūsei daigakuin (old-system graduate school)

Question 24. Did you graduate or drop out from the school that you last entered and when?

1. Graduated	When did you graduate/ drop out?
2. Dropped out	YEAR: A.D MONTH:
	Showa/Heisei
3. Currently attending	

Questions about your general health condition

Question 25. How do you generally feel about your health condition? (Circle one)

1	2	3	4	5
Excellent	Good	Average	Not very good	Poor

Question 26. How frequently have you had the following feelings in the past month? Please circle the choice that is the closest match. (Circle one for each)

	Constantly	Nearly	Occasionally	Rarely	Not at all
		constantly			
1. Feeling quite nervous	1	2	3	4	5
2. Feeling so down in the dumps that nothing	1	2	3	4	5
could cheer you up					
3. Feeling calm and peaceful	1	2	3	4	5
4. Feeling downhearted and blue	1	2	3	4	5
5. Feeling happy	1	2	3	4	5
6. Activities like housekeeping and work are	1	2	3	4	5
limited because of your health condition					

Question 27. At present, about how many cigarettes do you smoke per day? (Circle one)

1	2	3	4	5
I don't smoke	I quit smoking	1-10 cigarettes	11-20 cigarettes	21 or more cigarettes

Question 28. At present, how frequently do you drink alcohol? (Circle one)

1. I cannot drink alcohol.	5. 1-2 days per week
2. I quit drinking.	6. 3-4 days per week
3. Only on special occasions	7. 5-6 days per week
4. 2-3 times per month	8. Everyday

Question 29. This question is about your recent daily life. How difficult do you find it to perform the following activities because of your health condition? (Circle one for each)

	Very difficult	Somewhat difficult	Not difficult at all
A. Climbing to the next floor by using stairs	1	2	3
B. Moderate-level activities: for example, moving a table or	1	2	3
using a vacuum cleaner, etc.			
C. Heavy exercise: for example, arduous running, weightlifting,	1	2	3
strenuous sports, etc.			

Questions about your opinions

Question 30. Regarding the following subjects, how satisfied are you generally? (Circle one for each)

	Satisfied	Somewhat satisfied	Neither satisfied nor dissatisfied	Somewhat Unsatisfied	Unsatisfied	Not applicable
A. Work	1	2	3	4	5	6 Unemployed
B. Marriage life	1	2	3	4	5	6 Not married
C. Relationships with friends	1	2	3	4	5	6 Don't have friends
D. Life in general	1	2	3	4	5	

Question 31. The question will ask you about your perspectives on life. For each statement below, please choose the number that best describes your views in the scale of 1 to 7 (Circle one for each)

	Very acc	Very accurate			→ Not accurate at		ate at all
A. I am able to find solutions for difficulties and	1	2	3	4	5	6	7
problems that come up in everyday life	_		3	7	3	0	,
B. I think some of the problems and difficulties in life are worth facing and trying to deal with	1	2	3	4	5	6	7
C. I am capable of understanding and anticipating difficulties or problems that come up in everyday life	1	2	3	4	5	6	7

Question 32. How well can you usually perform the following in your job and life? Please circle the most appropriate number. (Circle one for each)

	Can do	Can do, to some extent	Can hardly do	Cannot do
A. Explain my thoughts to people	1	2	3	4
B. Speak naturally with people whom I	1	2	3	4
don't know well				
C. Bring together the people around me	1	2	3	4
D. Say funny things and entertain people	1	2	3	4

Question 33. To what extent do the following statements apply to you? Please circle the most appropriate numbers. (Circle one for each)

	Very applicable	Partly applicable	Not very applicable	Not applicable at all
A. I have a clear idea of what kind of work I want	1	2	3	4
B. I want to improve my job skills	1	2	3	4
C. I want to enjoy my current life rather than to worry about the future	1	2	3	4
D. I am worried about my ability to survive in society	1	2	3	4
E. My friends often confided their problems to me	1	2	3	4
F. I don't want to take a job that I don't want to do	1	2	3	4

Question 34. How important are the following things to you? Please circle the most appropriate one. (Circle one for each)

	Very important	A little	Not important
		important	
A. To succeed at work	1	2	3
B. To get married and have a happy home	1	2	3
C. To become wealthy	1	2	3
D. To have close friends	1	2	3
E. To give my children better opportunities than I had	1	2	3
F. To have at a stable job	1	2	3

Question 35. Hypothetically, if society were divided and ranked in strata from 1 to 10, highest to lowest, to which rank do you think you would belong? (Circle one)

1	2	3	4	5	6	7	8	9	10
Highest	-							→	Lowest

Question 36. Do you have hopes for your future job and life? (Circle one)

1	1 2		4	5	
Have great hopes	Have hopes	Neither yes nor no	Have little hope	Have no hope at all	

Question 37. What is your ideal number of children? (Circle one)

0	1	2	3	4	5
					5 children or

No child	1 child	2 children	3 children	4 children	more
					(Specify:)

Question 38. How much would you agree or disagree with the following opinions about Japanese society? Please choose the closest answer. (Circle one for each)

	Strongly	Somewhat	Neither	Somewhat	Strongly	Don't
	agree	agree	agree nor	disagree	disagree	know
			disagree			
A. Income disparity in Japan is too big	1	2	3	4	5	6
B. The school you graduate largely	1	2	3	4	5	6
determines the rest of your life						
C. Once you fail at your work or	1	2	3	4	5	6
business, you get no second chance in						
your life						
D. Income disparity is necessary for the	1	2	3	4	5	6
prosperity of Japan						
E. Coming from a wealthy family is	1	2	3	4	5	6
important in order to obtain status and						
wealth						

Question 39. Would you agree or disagree with the following opinions? Please choose the closest answer. (Circle one for each)

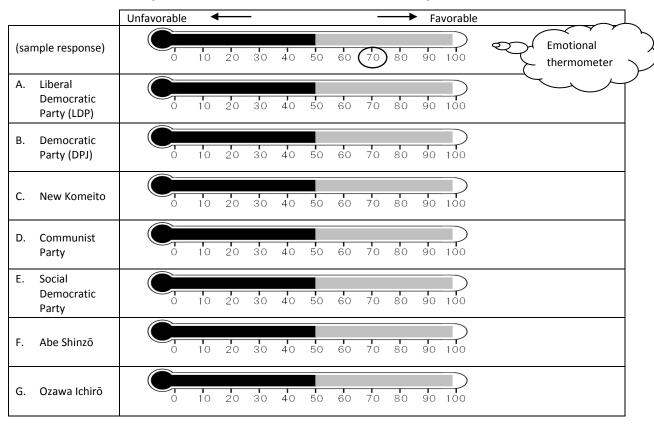
	Strongly agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Strongly disagree	Don't know
A. Men's job is to earn money; women's job is to take care of the home and family.	1	2	3	4	5	6
B. Children of below school age tend to have a tough time if their mothers work outside of the home	1	2	3	4	5	6
C. Having a job is the best way for women to be independent	1	2	3	4	5	6
D. Generally speaking, married people are happier than unmarried people	1	2	3	4	5	6
E. Having children hinders the freedom of a couple's life.	1	2	3	4	5	6
F. It is better to divorce than to continue an unhappy marriage	1	2	3	4	5	6

Question 40. Would you agree or disagree with the following opinions? Please circle the closest answer. (Circle one for each)

	Agree	Somewhat agree	Neither agree nor disagree	Somewhat disagree	Disagree	Don't know
A. Japan should build up more defense power	1	2	3	4	5	6
B. The Japan-US Security Treaty should be reinforced more than it is now	1	2	3	4	5	6
C. It is the government's responsibility to reduce income disparity	1	2	3	4	5	6
D. It is necessary to secure rural and regional employment through public works	1	2	3	4	5	6
E. Improvement of social welfare like pension and elderly medical care should be supported even under difficult financial situations	1	2	3	4	5	6

F. Aside from elderly and physically- or	1	2	3	4	5	6
mentally-challenged persons, people must						
live without relying on social welfare						

Question 41. Do you have favorable or unfavorable feelings toward the following political parties and the party leaders? If you have neither favorable nor unfavorable feelings, please circle 50 degree; if favorable, choose a degree between 60 and 100; if unfavorable, a degree between 0 and 40.



Question 42. Which political party do you generally support? (Circle one)

1. Liberal Democratic Party	4. Communist Party	7. New Party Japan		
2. Democratic Party	5. Social Democratic Party	8. Other Party (Specify:)
3. New Komeito	6. The People's New Party	9. No party in particular	10. Don't know	

Question 43. With or without elections, some are always interested in politics, while others are not. How much attention do you usually pay to political events? (Circle one)

1	2	3	4
Always	Sometimes	Occasionally	Almost never

Questions about your residence and wealth

Question 44. Which of the following is your current residence? (Circle one)

1. Owned house (single-family house)	4. Rental house or apartment provided by public housing corporation	7. Boarding house, rental room	
2. Owned house (condominium)	5. Rental public housing house or apartment	8. Other - Please specify:	,
3. Rental house or apartment	6. Company housing, dormitory, government housing, official housing		J

Question 45.	Do you pay monthly housing expenses and/or mortgage? How much do you pay
monthly (on a	average without counting bonuses)?

1. No	2. Yes	Approximately	per month.

Question 46. Since when have you lived in your current housing?

YEAR:	MONTH:
A.D.	
Showa/Heisei	

Question 47. This question asks about your income of the <u>past year</u>. Approximately what is your individual, your spouse's, and your total household income? Please include secondary and provisional (temporary/special) income.

	You	Your	Total
		spouse	household
			Income
1. None	1	1	1
2. Less than 250,000 yen	2	2	2
3. About 500,000 yen (250,000 to not more than 750,000 yen)	3	3	3
4. About 1,000,000 yen (750,000 to not more than 1,500,000 yen)	4	4	4
5. About 2,000,000 yen (1,500,000 to not more than 2,500,000 yen)	5	5	5
6. About 3,000,000 yen (2,500,000 to not more than 3,500,000 yen)	6	6	6
7. About 4,000,000 yen (3,500,000 to not more than 4,500,000 yen)	7	7	7
8. About 5,000,000 yen (4,500,000 to not more than 6,000,000 yen)	8	8	8
9. About 7,000,000 yen (6,000,000 to not more than 8,500,000 yen)	9	9	9
10. About 10,000,000 yen (8,500,000 to not more than 12,500,000 yen)	10	10	10
11. About 15,000,000 yen (12, 500,000 to not more than 17,500,000 yen)	11	11	11
12. About 20,000,000 yen (17, 500,000 to not more than 22,500,000 yen)	12	12	12
13. 22,500,000 yen or more	13	13	13
14.Don't know	14	14	14
15. Don't have a spouse		15	

Question 48. The following questions will ask about your household income.

(1) Where does your household income come from? Please circle all that apply.

1. Wages/salary	6. Interest/dividends	11. Livelihood subsidies	
2. Farming or fishing business	7. Remittances (from family)	12. Child-rearing allowance	
3. Business other than farming or	8. Pension (excluding disability	13. Other – specify:	
fishing	pension)		
4. Side work	9. Disability pension)
5. Renting house or land	10. Employment insurance (with		
	unemployment benefit)		J

2) '	W	hat	is the	e main	source	ot inc	come	among	what	t you cl	hose al	bove?	P	lease g	ive t	:he	numb	er t	oeld	DW.
------	---	-----	--------	--------	--------	--------	------	-------	------	----------	---------	-------	---	---------	-------	-----	------	------	------	-----

l			

Question 49. Approximately how much is the total of all your household's wealth worth (including deposits and savings, shares of stock, real estate, etc.)? Please choose the answer that is closest to the estimation. (Circle one)

- 1. None
 6. 5,000,000 to not more than 10,000,000 yen

 2. No more than 500,000 yen
 7. 10,000,000 to not more than 30,000,000 yen

 3. 500,000 to not more than 1,000,000 yen
 8. 30,000,000 to not more than 50,000,000 yen

 4. 1,000,000 to not more than 3,000,000 yen
 9. 50,000,000 yen or more

 5. 3,000,000 to not more than 5,000,000 yen
 10. Don't know
 - Questions about your marriage

Question 50. Are you currently married?

1. Single	Please proceed to Question 56 (Page 18)
2. Currently married	
3. Widowed	Please continue to Question 51 below.
4. Divorced	J ·

Please answer to each below:

If you are presently married, about current marriage/spouse
If you are widowed or divorced, about most recent marriage/spouse

Question 51. At what age did you get married? If you have married for more than once, please answer with regard to the most recent marriage. (If you don't know what age, please answer with what year)

AGE (in years):		YEAR:
	OR	A.D.
		Showa/Heisei

Question 52. This is a question about your spouse (husband/wife). In what year was s/he born? (Please give either A.D. or imperial year)

YEAR:	
A.D.	
Showa/Heisei	

Question 53. How did you first meet your spouse? Please circle all those that apply among the following.

1. Introduced by parent/sibling	9. Through a group dating party (gōkon)
2. Introduced by relative other than parent/sibling	 Through a meeting arranged for finding potential partners (miai, or an arranged marriage)
	Through a party that is arranged to meet somebody for potential partners (miai party)
3. Introduced by friend/acquaintance/childhood friend	12. Met via the Internet or cellular phone
4. Introduced by colleague or boss at work	13. Met on a street in town or during a trip
5. Met at work	 Through a marriage consultation service or marriage agency
6. Through school classes, groups, and activities	15. Other: please specify below
7. Through a part-time job	
8. Through a hobby class	J

Question 54. About how frequently does your spouse do the following activities? (Those who are widowed or divorced, please answer with regard to the time when you were married) Please circle the one that is most appropriate. (Circle one for each activity)

Everyday	5-6 days	3-4 days	1-2 days	1-3 days	Almost
	per	per	per	per	never
	week	week	week	month	

A. Preparing meals	1	2	3	4	5	6
B. Doing laundry	1	2	3	4	5	6
C. Cleaning the house	1	2	3	4	5	6
D. Going grocery shopping	1	2	3	4	5	6
E. Eating with you	1	2	3	4	5	6
F. Having conversations with you	1	2	3	4	5	6

Question 55. This question asks about your spouse's current work. (Those who are widowed or divorced, please answer with regard to the time when you were married) Please answer from (1) through (5) in order.

(1) TYPE OF WORK Please choose the closest one. (Circle one)

_ · ·		
1. Manager, director	6. Side work (piecework)	
2. Full-time employee, office worker	7. Unemployed (including full-time housewife/husband)	Please
		proceed to
Part-time worker (including contract,	8. Student	proceed to
temporary /seasonal, or commission)		Question 61
4. Self-employed, entrepreneur	10. Other – please specify:	
5. Family worker		

(2) SUBSTANCE OF WORK Please choose the closest one. (Circle one)

- 1. Professional/technical... (Requiring special knowledge or skill, such as: doctor, nurse, lawyer, teacher, technician, designer, etc.)
- 2. Administrative/managerial......(Division head or higher in business or government, assemblyman, business manager, etc.)
- 3. Office/clerical......(Office worker in business or government, accountant, office worker, etc.)
- 4. Sales(Retail or wholesale store help, store clerk, inside sales, insurance sales, outside sales, etc.)
- 5. Service(Beautician, chef, waitress, home helper, etc.)
- 6. Manufacturing/skilled labor......(Production and assembly of manufactured goods, auto maintenance, building construction, carpentry, electricians, agricultural manufacture, etc.)
- 7. Transportation/security......(Truck and taxi drivers, dock workers, mail delivery, telecommunications worker, police, fire department, self-defense force, security guard
- 8. Other

(2)-2 Please specify the substance of their work. (Please answer with [____ position (capacity) with a workplace] as described in sample responses)

(Sample responses)
Farm rice cultivation Teacher at elementary school Supermarket cashier Telephone salesperson at food company Travelling salesperson for cosmetics company Factory production of plastic toys Interior electrical
wiring at construction sites Nursing in a social welfare institution (qualified nurse/social worker) Systems engineer at a software development company (Software development technician)

(3) JOB TITLE Please choose the closest one. (Circle one)

(3) JOB THEE Thease emoose the closest one. (em	ele offe)	
1. No job title	5. Division chief or equivalent	
2. Supervisor, foreman, team leader	6. Company president, executive, officer, director	
3. Assistant section chief or equivalent	7. Other – please specify:	
4. Section chief or equivalent	()

(4) How much time is your spouse generally committed to her/his work?

_(),		
A. Average hours per day (including overtime, excluding breaks)	Per average day:	hours
B. Number of days per average week or days per average month	Per average week:	days
(including vacation days worked)	Per average month:	days
C. Time he or she returns home (average weekday)	About: a.m.	
	p.m.	

(5) COMPANY'S TOTAL NUMBER OF EMPLOYEES Include family workers and part-time workers. (Circle one)

1. 1 employee	4. 30-299 employees	7. Government
2. 2-4 employees	5. 300-999 employees	8. Don't know
3. 5-29 employees	6. 1000 or more employees	

Those who are currently married, please proceed to Question 61 Those who are single, widowed, or divorced, please answer the questions below

Question 56. What are your thoughts regarding marriage? (Circle one)

1. Defini	tely want to get married	4. Don't want to get married
2. Want	to get married if I have a chance	Don't think about getting married
3. It doe	s not matter whether I get married or not	

Question 57. The following questions will ask you about chances to meet people of the opposite sex.

(1) How many people of the opposite sex do you frequently have conversations with, aside from your particular romantic partner? (Circle one)

1	2	3	4
Many	A few	Not many	Hardly any

(2) How often do you meet people of the opposite sex whom you would like to pursue a romantic relationship?

1 2		3	4	
Very often	Fairly often	Not very often	Almost ever	

(3) What have you tried in order to meet people of the opposite sex whom you would pursue a future relationship? Please choose all that apply.

1. Asked your parents or siblings if they know somebody	9. Joined in a <i>miai</i> party (party that is arranged for meeting
they can introduce to you	potential partners)
2. Asked relatives other than your parents or siblings if they	10. Searched via the Internet or cellular phone
know somebody they can introduce to you	
3. Asked your friends, acquaintance, and childhood friends,	11. Asked out somebody met on a street in town or during a
if they know somebody they can introduce to you	trip
4. Asked colleagues and boss at work if they know	12. Registered for a marriage consultation service or
somebody they can introduce to you	marriage agency
5. Joined school courses, clubs or activities	13. Other – please specify:
6. Joined hobby classes and groups	
7. Joined a <i>gōkon</i> (group dating party)	J
8. Joined a miai (arranged meeting for potential partners)	14. Nothing in particular

Question 58. Are you dating anyone at present? (Circle one)

Please answer the next Question, 59

Related question. Have you had a fiancé(e) or romantic partner in the past? (If you are widowed/divorced, please answer with regard to the time since your spouse passed away or divorced)

Please proceed to Question 60

Please proceed to Question 60

Question 59. The following questions will ask about your relationship to your fiancé(e) or romantic partner. If you don't have anybody in particular at the moment, please answer the questions with regard to your last relationship.

(1) How long have you been going out with the person?

Length of relationship:	Approximately	years,	months
Echigan of relationship.	дррголинатсту	y cars,	1110111113

(2) Do you want to continue the current relationship? If you don't have anybody in particular at the moment, please answer the question with regard to your last relationship. (Circle one for one or the other of the following boxes)

<Those who currently have a romantic partner>

- 1. Wish to continue my current relationship
- 2. Wish to end my current relationship
- 3. Neither of the above

<Those who don't currently have a boy/girlfriend>

- 1. At the time I wished to continue the relationship
- 2. At the time I wished to end the relationship
- 3. Neither of the above

(3) How did you meet the person with whom you are currently dating? Please choose all that apply.

1. Introduced by parent/sibling	9. Through a group dating party ($g\bar{o}kon$)	
2. Introduced by relative other than parent/sibling	10. Through a meeting arranged for finding potential partners (<i>miai</i>, or an arranged marriage)11. Through a party that is arranged to meet somebody for potential partners (<i>miai</i> party)	
Introduced by friend/acquaintance/childhood friend Introduced by colleague or boss at work Met at work	12. Met via the Internet or cellular phone 13. Met on a street in town or during a trip 14. Through a marriage consultation service or marriage agency	
6. Through school classes, groups, and activities7. Through a part-time job8. Through a hobby class	15. Other: please specify below	

Question 60. What are the reasons why you are presently single? Please circle all that apply.

1. Because I am still too young to get married
2. Because I am too old to get married
3. Because I don't yet feel the necessity to get married
4. Because I want to focus on my work (or study) for the moment
5. Because I want to enjoy my hobbies and pastimes
6. Because I have not met anybody to whom I want to marry
7. Because I still want to enjoy the freedom of single life
8. Because I enjoy my current home
9. Because I don't have time to date
10. Because I am not good at dating
11. Because I have concerns with financial situation after getting married
12. Because I wish to explore my current relationship more
13. Because I have not found a chance to decide to marry to the current boy/girlfriend
14. Because my boy/girlfriend does not have a desire to get married
15. Because I don't have enough money to get married
16. Because my parents and people around me don't approve my marriage
17. Because I have concerns with post-marriage life in general
18. Other – please specify:
19. I am planning to get married to my current romantic partner soon

The following questions apply to everyone

Question 61. In ten years from now, what kind of work do you want to be doing? (Circle one)

1. I want to be working as a fulltime employee	I want to be working as a full-time housewife/househusband.	
2. I want to be starting my own business.	7. I want to be not having to work.	
3. I want to be managing my parents' business after succeeding it	8. Other – please specify:	
4. I want to be working independently on my own	()
5. I want to be working for a part-time job	9. Don't know	

Question 62. In ten years from now, do you think your life will be better or worse than it is now? (Circle one)

1	2	3	4	5
Better	Somewhat better	No change	Somewhat worse	Worse

Question 63. Please use the free space below if you would like to write about your thoughts on your current or future work or/and marriage and love relationship.

The questionnaire ends here.
Thank you very much for your kind cooperation.