

The Bulletin

2018 - 2019 OFSAA
Championship
Calendar

OFSAA Conference
Coming in May



ONTARIO FEDERATION OF SCHOOL ATHLETIC ASSOCIATIONS
FÉDÉRATION DES ASSOCIATIONS DU SPORT SCOLAIRE DE L'ONTARIO

EDUCATION THROUGH SCHOOL SPORT

LE SPORT SCOLAIRE : UN ENTRAÎNEMENT POUR LA VIE

Ontario Federation of School Athletic Associations

305 Milner Avenue, Suite 207 Toronto, Ontario M1B 3V4

Phone: (416) 426-7391

Publications Mail Agreement Number: 40050378

Website: www.ofsaa.on.ca

STAFF

Executive Director	Doug Gellatly	P: 416.426.7438	doug@ofsaa.on.ca
Sport Manager	Shamus Bourdon	P: 416.426.7440	shamus@ofsaa.on.ca
Program Manager	Denise Perrier	P: 416.426.7436	denise@ofsaa.on.ca
Communications Coordinator	Pat Park	P: 416.426.7437	pat@ofsaa.on.ca
Operations Coordinator	Beth Hubbard	P: 416.426.7439	beth@ofsaa.on.ca
Sport Coordinator	Peter Morris	P: 905.826.0706	morrisis@sympatico.ca
Sport Coordinator	Jim Barbeau	P: 613.962.0148	jim@ofsaa.on.ca
Sport Coordinator	Brian Riddell	P: 416.904.6796	brian@ofsaa.on.ca

EXECUTIVE COUNCIL

President	Jennifer Knox, Kenner CI	P: 705.743.2181	jennifer_knox@kprdsb.ca
Past President	Ian Press, Bayside SS	P: 613.966.2922	ipress@hpedsb.on.ca
Vice President	Nick Rowe, York Memorial CI	P: 416.394.3000	nick.rowe@tdsb.on.ca
Metro Region	Eva Roser, Blessed Cardinal Newman	P: 416.393.5519	eva.roser@tcdsb.org
East Region	Kendra Read, All Saints HS	P: 613.271.4254 x 5	kendra.read@ocsb.ca
West Region	Michele Van Bargaen, Strathroy DCI	P: 519.245.8488	m.vanbargaen@tvdsb.ca
South Region	Rob Thompson, St Aloysius Gonzaga	P: 905.820.3900	rob.thompson@dpcdsb.org
Central Region	Shawn Morris, Stephen Lewis SS	P: 905.326.7994	shawn.morris@yrdsb.ca
North Region	Tim Lowe, ES Algonquin	P: 705.472.8240	lowet@franco-nord.ca
CODE	Jamie McKinnon, Bruce-Grey CDSB	P: 519.364.5820	jamie_mckinnon@bgcdsb.org
CODE	Jim Costello, Lambton Kent DSB	P: 519.336.1500	costelji@lkdsb.net
CODE	André Blais, CSC Monavenir	P: 416.397.6564	ablais@cscmonavenir.ca
Member-at-Large	Linda de Jeu	P: 705.927.8605	lindadejeu@gmail.com
Member-at-Large	Barry Mutrie	P: 519.270.4461	barry.cwossa@gmail.com

REPRESENTATIVES' COUNCIL

CISAA	Fraser Bertram, Crescent School	P: 416.449.2556	fbertam@crescentschool.org
	Ashley Willis, Toronto Montessori Schools	P: 907.780.1002	awillis@tmsschool.ca
COSSA	Brian Poste, North Hastings DHS	P: 613.332.1220	bposte@hpedsb.on.ca
	Leslie Creeden, IE Weldon SS	P: 705.324.3585 x 19017	leslie.creeden@tdsb.on.ca
CWOSSA	Johnny Forte, Cameron Heights CI	P: 519.578.8330	johnny_forte@wrdsb.ca
	Pamela Robinson, Simcoe Composite	P: 519.426.4664 x 501240	pamela.robinson@granderie.ca
EOSSAA	Suchetan James, Frontenac SS.	P: 613.389.2130	james@limestone.on.ca
	Tammy Bovaird, Notre Dame CHS	P: 613.253.4700	tammy.bovaird@cdsbeo.on.ca
GBSSA	Val Hargreaves, Eastview SS	P: 705.728.1321	vhargreaves@scdsb.on.ca
	Steve Porter, Barrie North CI	P: 705.726.1846	sporter@scdsb.on.ca
GHAC	Mark Freeman, Notre Dame CSS	P: 905.335.1544	freemanm@hcdsb.org
	Carolyn Mossey, St. Jean de Brebeuf SS	P: 905.388.7020	mosseyc@hwcdsb.on.ca
LOSSA	Brad White, Ajax HS	P: 905.683.1610	brad_white@ddsb.ca
	Linda Correia, Dunbarton HS	P: 905.839.1125	Linda_correia@ddsb.ca
NCSSAA	Sean Clancy, Gloucester HS	P: 613.745.7176	sean.clancy@ocdsb.ca
	Kendra Read, All Saints CHS	P: 613.271.4254	kendra.read@ocsb.ca
NEOAA	John Elliott, Timmins HS	P: 705.361.1411	john.elliott@dsb1.ca
	Anita Anderson, Englehart HS	P: 705.544.2337	anita.anderson@dsb1.ca
NOSSA	Tim Lowe, ES Algonquin	P: 705.472.8240	lowet@franco-nord.ca
	Kim Chezzi, Lively District SS	P: 705.692.3671	chezzik@rainbowschools.com
NWOSSAA	David McCallum, Westgate CVI	P: 807.577.4251	david_mccallum@lakeheadschoools.ca
	Janine Lavoie, Queen Elizabeth DHS	P: 807.737.3500	janine.lavoie@kpsdsb.on.ca
ROPSSAA	Rob Thompson, St Aloysius Gonzaga	P: 905.820.3900	rob.thompson@dpcdsb.org
	Kelly Gouveia, Fletcher's Meadow	P: 905.495.2675 x 424	kelly.gouveia@peelsb.com
SOSSA	Bob Gardiner, Dundas Valley SS	P: 905.628.2203	rgardine@hwdsb.on.ca
	Jill Stiefelmeyer, Governor Simcoe SS	P: 905.934.4006	jill.stiefelmeyer@dsbn.org
SWOSSAA	James Clarke, John McGregor	P: 519.354.1740 x 11655	james.clarke@lkdsb.net
	Stacey Ditchfield, St. Anne Catholic HS	P: 519.727.8908	Stacey_ditchfield@wecdsb.on.ca
TDCAA	Paul Solarski, Brebeuf College	P: 416.393.5508	paul.solarski@tcdsb.org
	Eva Roser, Blessed Cardinal Newman	P: 416.393.5519	eva.roser@tcdsb.org
TDSSAA	George Kourtis, Toronto DSB	P: 416.396.6000	george.kourtis@tdsb.on.ca
	Chris Reid, Lawrence Park CI	P: 416.393.9500 x 20030	chris.reid@tdsb.on.ca
	Jacquie Doggett, Weston CI	P: 416.394.3250 x 20032	Jacqueline.doggett@tdsb.on.ca
	Tin-Gee Wong, Birchmount Park CI	P: 416.396.6704 x 20247	tin-gee.wong@tdsb.on.ca
WOSSAA	Tim Clayton, Mother Teresa CSS	P: 519.675.4433	tclayton@ldcsb.ca
	Michele Van Bargaen, Strathroy DCI	P: 519.245.8488	m.vanbargaen@tvdsb.ca
YRAA	Shawn Morris, Stephen Lewis SS	P: 905.326.7994	shawn.morris@yrdsb.ca
	Liana Williams, Milliken Mills HS	P: 905.477.0072	liana.williams@yrdsb.ca

ADVISORS

Ministry of Education	Jeeves Jeyadevan	P: 416.325.0129	jeeves.jeyadevan@ontario.ca
Ministry of Tourism, Culture and Sport	Marie Dannhaeuser	P: 416.327.6141	marie.dannhaeuser@ontario.ca

Contents



Executive Director Letter 2

OFSAA NEWS

Age Classifications 2018-19 3

Transfer Appeal Meeting Dates 2018-19 3

OFSAA Social Spotlight 3

OFSAA Participation Statistics 4-5

OFSAA-Sanctioned Invitational Events 6-7

School Sport Canada Online Courses 8

Coaching in Ontario Schools (CIOS) 8

Support OFSAA’s School Sport Sponsors 9

OFSAA CONFERENCE 2019 10

2019 Playing Regulation Updates 11

Why High School Sports Benefit Students 12-13

CIAAA 13

SCHOLARSHIPS & AWARDS

2018 Coaching Excellence Award Recipients 14-15

Scholarships and Awards Available for 2019 17

EVENTS

2018-19 OFSAA Championship Calendar 18-19

FESTIVAL RESULTS

Football Bowls 20-22

Girls’ Golf 23

CHAMPIONSHIP RESULTS

Boys’ Golf 24

Girls’ A Basketball 25

Girls’ AA Basketball 26

Girls’ AAA Basketball 27-28

Cross Country 29-31

Girls’ Field Hockey 32

Boys’ A Volleyball 33

Boys’ AA Volleyball 34-35

Boys’ AAA Volleyball 35-36

PHOTOGRAPHY CREDITS

Front Cover – Bob Davies (SaultSports.com)

Back Cover – Steven Samways (A.B. Lucas SS)

Front Cover Athlete – Tyler Brechin (Korah Collegiate Colts)

Back Cover Athlete – Sierra Oliver (J. Clarke Richardson Collegiate Storm)



Thank you to the Ontario Ministry of Tourism, Culture and Sport and the Ministry of Education for their generous contributions and support.

A Word from Doug Gellatly, OFSAA Executive Director



Over the past several years, OFSAA has gradually moved to offering both a high school division and an open division in most individual-based sports. The intention of this change was to provide an opportunity to students who do not compete or train at a certain level

outside of school sport.

These changes were necessary due to the expansion of the club sport system which led to more and more students training and competing at higher levels. This trend provided obvious advantages to those club-trained athletes and made it difficult for the high school-trained student to compete. To a certain extent, it may have limited opportunities for a high school sport experience.

The high school division initially began with swimming and gymnastics over 20 years ago. Since then, other sports have been added into the mix, with badminton, golf, and nordic skiing joining most recently. In fact, all individual-based sports, with the exception of cross

country, wrestling, and track and field, now have a high school division. All of these changes were approved by the OFSAA membership at the Annual General Meeting. While initially there were some pockets of resistance to implementing a high school division, the divisions now seem to be broadly accepted, with a better understanding of their value and purpose.

An additional step into the process was the development of criteria for the open divisions. This task was charged to the sport advisory committee for each sport. In some cases, the criteria needed revision after the first year or two, but we now seem to have stability as we move forward.

While these steps have been taken with most of the individual sports, team sports are a much more difficult challenge. Some suggestions that have come forward include adjustments to the school classification rules or limiting the number of club-trained students on teams. Despite this, the individual sport changes seem to be having the desired effect and are creating opportunities for the high school-trained athlete.

A handwritten signature in black ink that reads "Doug Gellatly".



Age Classifications for the 2018-19 School Year

For the 2018-19 school year, a Midget will be born in 2004 or later and may only compete at OFSAA in the Midget category for one year in Grade 9. A Junior will be born in 2003 or 2004 and a Senior will be born in 1999 or later.

1998 or earlier	Ineligible
1999	Senior
2000	Senior
2001	Senior
2002	Senior
2003/04	Junior
2004	Midget

How old was the student on January 1, 2018?

Years of eligibility:

Coaches and students are reminded that students are eligible for no more than five consecutive years from date of entry into Grade 9. There is no appeal to this rule.

2018-19 Transfer Appeal Meeting Dates

Meeting Date	Deadline for Applications
Thurs., Feb. 21, 2019	Wed., Feb. 6, 2019
Thurs., Apr. 18, 2019	Wed., Apr. 3, 2019

To appeal to an Association decision, please call the OFSAA office and give the name of the student and school, as well as the name of the principal. Please see the deadline dates posted above.

A letter will be sent to the student, c/o the principal, stating the date, time and location of the appeal hearing. The letter will outline what information the student must provide prior to the meeting date.



OFSAA Social Spotlight

Keep up to date with OFSAA news, photos, videos, championship information, scholarships, conferences, and much more, by following OFSAA on Facebook, Twitter, LinkedIn, Instagram, SnapChat and YouTube!



/OFSAA



@OFSAA



/company/OFSAA



@OFSAAGRAM



RealOFSAA



/OFSAA

Follow individual championship results with live updates from OFSAA Championship twitter accounts. Updates and pics right from the source!

@OFSAASnow

@OFSAABadmnton

@OFSAABaseball

@OFSAABasketball

@OFSAAXC

@OFSAACurling

@OFSAAGirlsFH

@OFSAALacrosse

@OFSAAFootball

@OFSAAGolf

@OFSAABoyHockey

@OFSAAGirlHockey

@OFSAABoySoccer

@OFSAAGirlSoccer

@OFSAARugby

@OFSAASwimming

@OFSAATennis

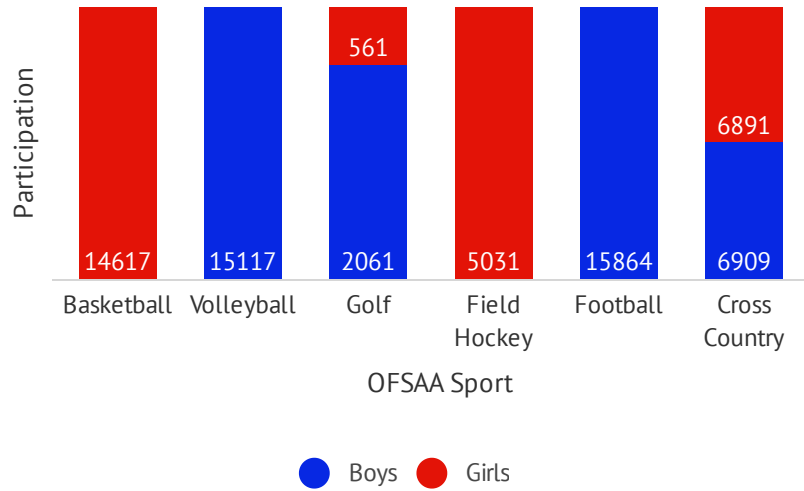
@OFSAATrack

@OFSAAVBall

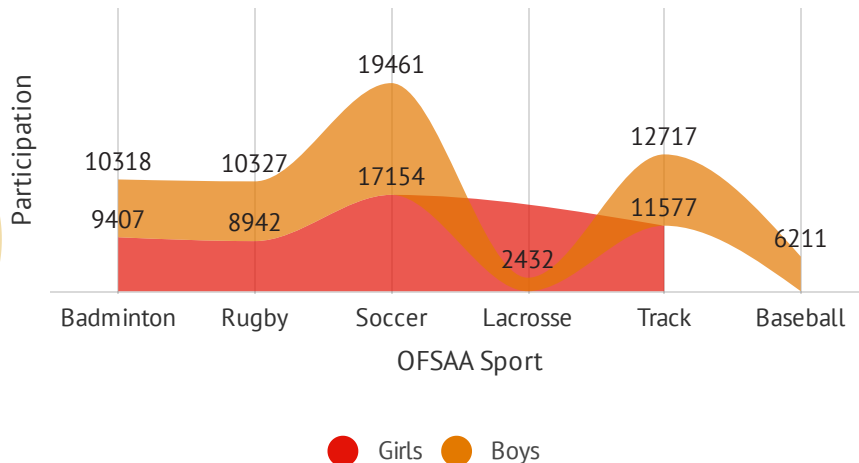
@OFSAAWrestling

OFSAA Participation Statistics

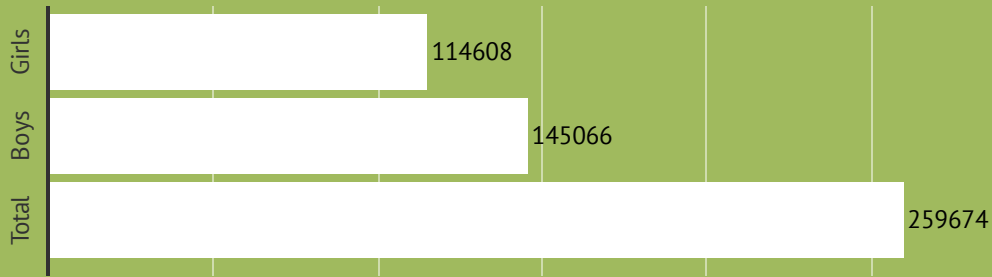
As reported in 2017-2018



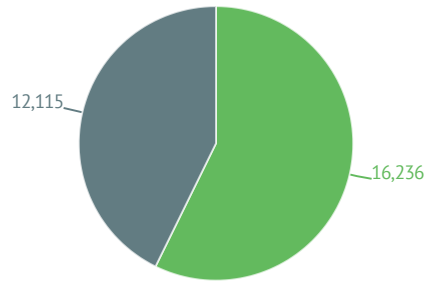
OFSAA Sport	Girls' Participation	Boys' Participation
Basketball		19416
Volleyball	19506	
Alpine Skiing	1203	1367
Nordic Skiing	957	908
Snowboarding	451	643
Wrestling	1199	2360
Swimming	5721	3736
Curling	1866	1859
Hockey	7086	10976



Overall Participation

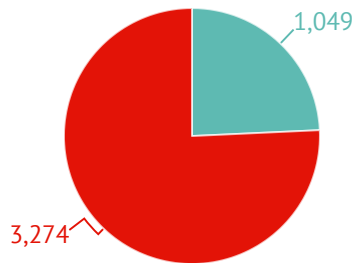


of Teacher-Coaches 2017-2018



● Male Teacher-Coaches ● Female Teacher-Coaches

of Community-Coaches 2017-2018



● Female Community-Coaches ● Male Community-Coaches

	No. of Teacher-Coaches	No. of Community-Coaches	Total No. of Coaches
Total	28,351	4,323	32,674

OFSAA Data Collection

- * Statistics are reported for 2017-2018 and do not reflect the current school year.
- * Student-athletes and coaches who participated in multiple sports were included in the data.
- * The following response rates were collected: Fall-82%, Winter-83% and Spring-77% based on 887 member schools in Ontario.
- * Data was collected using AELS reporting and survey formats.

OFSAA-SANCTIONED INVITATIONAL EVENTS

ATTENTION TO ALL ATHLETIC DIRECTORS & PHYSICAL EDUCATION CURRICULUM LEADERS

PLEASE ENSURE THAT ALL OF YOUR COACHES ARE AWARE OF THEIR RESPONSIBILITIES AS IT APPLIES TO ATTENDING OR HOSTING SANCTIONED EVENTS.

Individual schools bear the responsibility of submitting timely and accurate requests for OFSAA sanctioning if they wish to attend or host invitational events. Requests must be received **at least 30 days prior** to taking part in or hosting such an event. OFSAA sanctioning requires that all competitors are **OFSAA eligible** and that **supervision** requirements are met by each school who wishes to take part.

APPLICATION FORMS to either host or attend invitational events are to be **completed on-line** and can be found at: ofsa.on.ca/events/sanctioned-events

IF YOU ARE TAKING PART IN AN INTERPROVINCIAL COMPETITION, your school must receive OFSAA sanctioning in order to participate. OFSAA has reciprocal agreements with the other provincial high school sport organizations that will protect the integrity of interprovincial events.

IF YOU ARE ATTENDING AN EVENT IN THE USA, your school must receive OFSAA sanctioning for all state and National Federation of High School (NFHS) events. Since many events do not specifically indicate whether the event is sanctioned or not, it is wise to obtain OFSAA sanctioning for all US events.

IF YOU ARE HOSTING A MEET OR TOURNAMENT, schools from the USA or other Canadian provinces must receive sanctioning from the host state or province, so it is recommended that you receive OFSAA sanctioning for your event if it involves any school(s) from outside Ontario. Failure to do so may result in a team being sanctioned by their state or province when they return home.

If you want to know if the invitational event or meet that you want to attend/host has been sanctioned by OFSAA, please go to ofsa.on.ca/events/sanctioned-events/approved-team-sanctions or the NFHS site at nfhs.org. Any questions can be directed to Jim Barbeau at Jim@ofsa.on.ca

27	16
SCHOOLS	SPORTS

**STUDENT-ATHLETES TODAY.
LEADERS TOMORROW.**

FOR MORE INFORMATION,
PLEASE VISIT WWW.OCAA.COM



/THEOCAA



/THEOCAA



/THEOCAA



OCAA
Ontario Colleges Athletic Association

2018-19 SANCTIONED INVITATIONAL HIGH SCHOOL EVENTS

HOCKEY

Gator Varsity Boys'

January 8 & 9, 2019
Stephen Sim

Lakeshore CHS
Port Colborne Arena
stephen.sim@ncdsb.com

Gator Jr. Boys'

April 2 & 3, 2019
Stephen Sim

Lakeshore CHS
Port Colborne Vale Centre
stephen.sim@ncdsb.com

35th Annual Bur Bear Varsity Boys' Hockey Tournament

February 7 - 9, 2019
Zach Hogan

Dr. Frank J. Hayden SS
Burlington
hoganz@hdsb.ca

Junior Boys' & Girls' Crusader Cup

March 29, 2019
Wendy Glover, Mike Chaney

Catholic Central HS
London
wglover@ldcsb.ca
mike.chaney@rogers.com

Junior Boys' Invitational Tournament

March 28 & 29, 2019
Jim Whittard

Saint Francis CSS
St. Catharines
james.whittard@ncdsb.com

Boys', Girls' & Co-Ed Tournaments @ York University

2-Day Events - Minimum 4 Game guarantee
1-Day Events - Minimum 3 Game guarantee
All Boys' Tournaments offer A,B, and C Divisions Various Dates
Al Rose

York University
416-661-5900 X251
arose@icesports.com

Senior Boys'

(All Senior Boys' tournaments, including Mini Matches, will offer both CONTACT and NON CONTACT divisions, with the exception of February's Canadian Classic, which is Contact Only.)

New Year's Festival
Canadian Classic
(Contact Only - longer games & 2 floods)
York University Classic
Mini Matches
Mini Matches

January 9 & 10, 2019
February 7 & 8, 2019
February 21 & 22, 2019
February 27, 2019
March 7, 2019

Junior Boys'

(All Junior Tournaments are CONTACT ONLY; however, coaches may also opt to have all their specific teams' games played under Non Contact rules.)

Mini Matches
Mini Matches
Junior March Classic
Mini Matches
Junior Spring Classic

January 9, 2019
February 13, 2019
February 28 & March 1, 2019
March 22, 2019
April 10 & 11, 2019

Girls'

(All NON-CONTACT only. Unless otherwise noted, all tournaments offer A, B, C, D & DD divisions with the same minimum game guarantees as the Boys' tournaments)

Mini Matches
Cardinal Carter Classic (A - D only)
"DD" Delight (DD only)
Elite (longer games)
Mini Matches
Girls' Springfest

January 10, 2019
February 5 & 6, 2019
February 5 & 6, 2019
February 11 & 12, 2019
March 6, 2019
April 3 & 4, 2019

CO-ED

(All Non Contact only; teams must have 2 girls on the ice as skaters at all times.)

CO-ED March Jamboree
CO-ED Spring Classic

March 5, 2019
April 9, 2019

ULTIMATE FRISBEE

Festivus Invitational

April 18, 2019
Sanjay Lad

David Suzuki SS, Brampton, ON
Hershey Centre, Mississauga
sanjay.lad@peelsb.com

INTER-PROVINCIAL EVENTS

BASKETBALL

Winnipeg Invitational Sr. Boys' Tournament

January 16 - 19, 2019
Approved Schools

Tech Vocational HS
St. Ignatius HS (Thunder Bay)

Coal Bowl Invitational Sr. Boys', New Waterford NS Tournament

February 2 - 10, 2019
Approved Schools

Breton Education Centre
St. Mark CHS (Manotick)

U.S.A INVITATIONAL EVENTS

BASKETBALL

Health Sciences Charter School, Exhibition Game

January 12, 2019
Approved Schools

Health Sciences CS
Buffalo, NY
Father Henry Carr CSS 'B' (Toronto)

RUGBY

Las Vegas Sr. Boys' Invitational

February 24 - March 3, 2019
Approved Schools

Las Vegas, Nevada
North Cl (Barrie)

For the most up to date tournament information check www.ofsaa.on.ca/events/sanctioned-events.



School Sport Canada Online Courses

School Sport Canada currently offers a number of online courses to benefit high school coaches (some of which are offered at no cost!). All courses allow participants to work at their own pace including the ability to save work and return to the course until it is complete. Although these courses are not NCCP certified, participants will be provided a certificate of completion.

Courses can be accessed through www.schoolcoach.ca or through the OFSAA website under "Programs." The following courses are being offered:

All courses have an introductory video which provides a detailed overview of the course.

Athletic Injury Management

A course designed to give you an understanding of athletic injury management.

This course is designed to prepare you, the interscholastic teacher-coach, for all situations that participation in high-school athletics could encompass.

Concussion in Sports - What You Need To Know - FREE

Sports-related concussion in high school sports can be serious or even life-threatening situations if not managed correctly.

National Federation of State High School Associations (NFHS) and Centers for Disease Control and Prevention (CDC) have teamed up to provide information and resources to help educate coaches, officials, parents and students on the importance of proper concussion recognition and management in high school sports.

This is a **FREE** Course!

Engaging Effectively with Parents - FREE

Course participants learn essential and effective communication techniques and methods for interacting with parents and guardians.

Fundamentals of Coaching

*This course is comparable to OFSAA's Coaching in Ontario Schools but does not include the Ontario specific elements and is not NCCP accredited.

A Grassroots Course Focusing on Critical Skills and Understanding Athlete Needs; a Must for All Coaches.

Legal Course for Coaches -FREE

A course designed to give you an understanding of legal issues in sports.

Teaching & Modeling Behaviour

A course designed to teach coaches how to proactively modify and encourage good sportsmanship.

Tobacco - "Be the NORM" - FREE

A course designed to give students and coaches an understanding of the negative effects of tobacco use. This is a **FREE** Course.

Coaching in Ontario Schools (CIOS)



CIOS is a program developed by the Coaching Association of Canada and the Ontario Federation of School Athletic Associations to give teacher-coaches and community volunteers the special skill-set they need to coach effectively in the school environment.

This workshop is great for any OFSAA coaches or for those schools that have an increased number of community coaches and need to be aware of OFSAA policies. CIOS also provides participants with three PD points to maintain NCCP certification.

Let's look to educate more volunteers, teachers and coaches and we can do that through the CIOS! If you are interested in offering a CIOS workshop at your school (this course is offered in both English & French), please contact Denise Perrier at denise@ofsaa.on.ca or 416-426-7436.

VCOR

Baden

VCOR

BOYS AND GIRLS HIGH SCHOOL OFFICIAL VOLLEYBALL

TRUFLIGHT COVER
SPIN TRAK

MINIMUM LEGAL PANELS
WET TRACTION

Aerodynamic dimpled cover means the ball goes where you hit it
High contrast blocks of color allow players to better gauge spin and better anticipate ball motions
Fewer seams means more accuracy and consistent play
Proprietary coating keeps the ball from getting slick when wet, maintaining play consistency until the last set



Please Support OFSAA's School Sport Sponsors

OFSAA is fortunate to have several companies supporting school sport in Ontario. Official equipment has been play-tested and endorsed by experienced teacher-coaches. Please support these sponsors by using their products.

Cross Country and Track and Field

Nike

Official sponsor



Badminton

Yonex

- Official racquet of OFSAA: B500, B600 DF, B7000 DF+
- Official shuttlecocks of OFSAA: Mavis 350, Mavis 300, Mavis 7



Black Knight

- Official badminton eyewear provider of OFSAA



Football

Baden

- Official footballs of OFSAA: F7000L & F9C



Basketball

Molten

- Official basketball of OFSAA: GG-X Series



Volleyball

Baden

- Official volleyball of OFSAA: Baden VCOR,



Soccer

Molten

- Official soccer ball of OFSAA: Molten F5G 4800 official game ball



Accommodations

InnVest Hotels

- Official hotel partner of OFSAA



Character Athlete Award

Jostens

- Official sponsor



OFSSAA conference

Durham College
May 9-10, 2019

The co-ed 2019 OFSSAA CONFERENCE will be the place to be for teacher-coaches, athletic directors and physical education teachers. It's a wonderful opportunity to hear from a strong contingent of presenters and we are striving to assemble a wide-range of curriculum. A full range of sessions will appeal to new and seasoned professionals. Both curricular and co-curricular programs will be offered along with CIAAA and CIOS courses.

We are pleased to offer EARLY BIRD PRICING until February 18. Be sure to take advantage of these special rates and register at <http://ofsa.on.ca/events/ofsa-conference>.

Interested in finding out more about the OFSSAA Conference or participating in the activities? Please contact Manager of Programs, Denise Perrier, at (416) 426-7436 or denise@ofsa.on.ca.

WATCH OUA.TV SO YOU NEVER HAVE TO MISS A PLAY THIS SEASON

#QUEST FOR THE CUP

WATCH LIVE ON 

NEVER MISS A PLAY

CATCH THE ACTION

@OURSPORT
www.oua.ca

DOWNLOAD THE APP ON THESE PLATFORMS



2019 Playing Regulations Updates – Curling

OFSAA Boys' And Girls' Curling Championships

PLAYING REGULATIONS

Please note that the "FIVE ROCK RULE" is in effect for 2018-19.

The Curling Championships Playing Regulations are available in their entirety at http://ofsa.on.ca/sites/default/files/curling_2018_0.pdf

The following sections of the playing regulations were amended December 1, 2018 and take effect immediately.

2. Championship Structure and Procedures:

(b) Playoffs:

(vi) In the quarter finals for 3 pools the top teams in each pool will be seeded 1-3 according to their pool results, the second place teams in each pool will be seeded 4-6 according to their pool results; the two best third place teams be seeded 7-8 according to their pool results.

Any ties in standing will be broken by the draw to the button measurement. Seed 1 will play seed 8, seed 2 will play seed 7, seed 3 will play seed 6, seed 4 will play seed 5. Games will be adjusted if necessary so that teams from the same pool will not play against each other in the quarter finals. The first team listed will use the top of the board coloured rocks and practice first. The second team listed will use the bottom of the board coloured rocks and practice second. Any member of the team will throw a draw to the button rock following the procedure as outlined in Rules and Officials section e to determine last rock.

(vii) In the semi-finals for 3 pools the highest remaining seed from the quarter finals will play the lowest remaining seed from the quarter finals; the second highest seed remaining from the quarter finals will play the third highest seed remaining from the quarter finals. Winners of the semi-finals shall play in the Gold Medal Game. Losers of the semi-finals shall play in the Bronze Medal Game. Last rock practice and colour of rocks is the same as outlined in section Playoffs (v)

Losers of the semi-finals shall play in the Bronze Medal Game. Last rock practice and colour of rocks is the same as outlined in section Playoffs (v)

6. Rules and Officials:

(c) Tie Breaking Procedures:

(iv) Draw to the Button Measurement

Each team's draw to the button for the first four round robin games will be measured in cm. A rock covering the button will be measured as zero (0) cm. Rocks that are not in the house receive a measurement of 185 cm. The sum in cm of all of a team's draws to the button will be used for tie-breaking procedure in c (iii)

(v) In the event a tie in the draw to the button distances occurs and the distances are required to determine a playoff position, a draw to the button shootout will take place simultaneously on neutral sheets of ice. Each team will be allowed a 5 minute warm up on separate sheets of ice. Then each player will throw 1 rock. Rocks will be measured as in (c) (iv).

7. Uniforms and Equipment:

General

(vi) Brooms:

1. No hard inserts or foil
2. No exchanging of brooms
3. No corn hair brooms except for delivery

YONEX
one hundred and ten percent

CHARGE CONTROL & CONQUER

Attack with accuracy and pin-point power from anywhere on the court.

DUORA Z-STRIKE
NEW
Made in Japan

The ultimate in control and strike power for both forehands and backhands.

The DUORA's Dual Optimum System allows a single racket to excel on both forehands and backhands to dominate the court with a variety of shots.

FORWARD BOX FRAME AERO FRAME

Viktor Axelsen
Denmark
2016 BWF Dubai World Superseries Finals Champion

yonex.com

YONEX.COM YONEX.COM YONEX.COM

10 Reasons Why High School Sports Benefit Students

By Grace Chen, publicschoolreview.com



Athletics have been a mainstay of the high school scene for decades. Today, the field has merely expanded, encompassing an even greater variety of competitive options for male and female students alike. While many students get involved in high school athletics for sheer love of the game, there are significant benefits from these extracurricular activities as well. We have 10 ways high school sports benefit students – some of which students and parents may not even realize.

Community Representation

While club sports have become a popular pastime for both students and college recruiters, there is still a lot to be said for playing for your high school team. According to Unigo, students who participate in high school sports learn the benefit of representing their community on the field or court. These athletes learn the fun of team rivalries and revel in the praise of a job well done for their school. This feeling of community and the honor of representing the home team may run over into college athletics if the student advances in his sport as well.

Fitness

The fitness level of athletes in high school sports programs cannot be underestimated. According to a report from the National Federation of State High School Associations (NFHS), a 2006 study on female athletes found that when female students are given more opportunity to participate in athletics in high school, their weight and body mass improve. A 2001 survey found that students agreed they would not spend as much time in sedentary activities like watching television and playing video games if they had other options after school.

Studies also suggest that student athletes are less likely to participate in unhealthy or risky behavior when they are playing sports in high school. The same report by the NFHS cited a 2002 study by the Department of Education that found students who spent no time in extracurricular activities in high school were 49 percent more likely to use drugs and 37 percent more apt to become teen parents. Just four hours in an extracurricular activity like sports each week dramatically improved those numbers.

Improved Academics

A survey conducted by the Minnesota State High School League in 2007 and reported by the NFHS found that the average GPA of a high school athlete was 2.84, while a student who was not involved in athletics had an average GPA of 2.68. The survey also showed that student athletes missed less school than their non-athlete counterparts, with a total of 7.4 days missed and 8.8 days missed, respectively.

Another study published in the *Medicine & Science in Sports and Exercise* in August, 2007 found that students who were active in sports like soccer, football and even skateboarding performed 10 percent better in core subjects like math, science, social studies and language arts. Because sports offer equal opportunity to all students at the high school level, these academic benefits extend to all areas of the student population, including students that might be traditionally underserved.

The Importance of the 3 "P's"

An article at Education.com (www.education.com/magazine/article/Ed_Benefits_Team_Sports/) talks about the 3 "P's" student athletes learn that extend beyond the classroom: persistence, patience and practice. Team members learn that practice is required, even when they would prefer to be spending time with friends. They learn the harder they work, the better they perform. They also discover that by never giving up, they are more likely to achieve their goals. These life lessons benefit students long after the high school years, helping them succeed in college and after.

Teamwork and Cooperation

An article at We Play Moms (www.weplay.com) explains that because everyone is working toward a common goal in team sports, students learn firsthand how their performance impacts the rest of the team. Student athletes must find their place, whether it is to be a leader of the team or to play a supporting role.

Positive Mentors

High school athletics are filled with positive mentors, from the coaches on the sidelines to the leaders on the team. Students learn to work with a wide range of authority figures, who teach them important lessons about hard work, respect and good sportsmanship. Early experiences with mentors like these help shape student athletes in positive ways for the rest of their lives.



Social Relationships

Students who participate in sports often forge close friendships with others on the team. These relationships are essential for mental, emotional and physical health throughout the high school years. Students bond together over a common passion, and the time they spend together at practice and games builds tight bonds that often last long after high school is over.

Leadership Skills

As students advance through the ranks of the high school team, they learn valuable leadership skills. Senior athletes are expected to encourage younger team members and hold them accountable. They set an example and often provide advice and guidance both on and off the field.

Time Management

Practice and games take up plenty of a student's time, leaving much less for school work and other activities. Athletes must learn time management skills if they are to get everything finished. One student athlete told *Growing Up in Santa Cruz*, "It definitely helps time management-wise. It affects when I have to do my schoolwork, and when I have to practice.

Success Mindset

We Play Moms outlines the mindset for success that is instilled in student athletes, which includes:

- Time management skills
- Creativity in finding ways to improve
- Strong focus and concentration development
- Internal skills for handling pressure
- Learning when to take risks
- Taking responsibility for individual performance

These skills go far beyond the sports field or even beyond high school. Student athletes reap the benefit of their training for the rest of their lives.

Canadian Interscholastic Athletic Administrators Association – CIAAA



This is a joint venture between OFSAA and the Canadian Interscholastic Athletic Administrators Association that promotes, supports and trains existing and aspiring Athletic Directors/Coordinators.

CIAAA courses being offered through OFSAA are: 502C; Principles, Strategies and Methods, 504C; Legal Issues 1; 602C; Creating Your Athletic Handbook; 703C: Student Centered Educational Athletics - Performance Beyond the X's and O's; 710C: Current Issues in Canadian School Sport and 721C: Positive Sporting Behaviour - For the Love of the Game.

Check out the CIAAA website at www.ciaa.ca or if you are interested in hosting a course in your area, please contact Denise Perrier at denise@ofsaa.on.ca or 416-426-7436.

2018 Coaching Excellence Award Recipients Recognized At National Coaches Week

The fourth annual National Coaches Week took place in late September as coaches from across Ontario were recognized and celebrated at the 2018 Ontario Coaching Excellence Awards in Toronto.

Athletes, fans and family members eagerly lined up to see their favourite coach walk the red carpet at the 2018 Ontario Coaching Excellence Awards Banquet. As they watched their coaching story unfold on the big screen, one by one the coaches gave a heart-felt acceptance speech, thanking their families for the support to pursue their passion.

The banquet reception also marked the start of National Coaches Week, a celebration of the tremendous positive impact coaches have on this nations' athletes and communities. The week is an opportunity to recognize coaches for the integral role they play by simply saying #ThanksCoach.

For 12 years, the Ontario Coaching Excellence Awards Program has been celebrating the dedication and commitment of exemplary individuals who inspire, innovate and share knowledge of sport with others. The Awards recognize the importance of leadership, performance and the value of human insight which are all integral to great coaching.

Selected by OFSAA, the 2018 male recipient of the "Coaching Excellence Award in the School Sport Category" is:

- **Ian Atkinson** - Bluevale Collegiate Institute, Waterloo

OFSAA takes great pride in honouring an outstanding teacher-coach and mentor to athletes and fellow coaches for the past half century, Ian Atkinson, but "Aky" to most. Ian retired from active coaching at the end of the 2018 high school season as he nears 80 years of age. When Ian retired from teaching almost 20 years ago, an award in his name was instituted to a Bluevale graduating student who embodies a blend of academic and athletic excellence, after all, he was a superb English teacher who demanded as much from his students in class as he did his athletes in competition.

Ian was a cross country and track and field coach at

the Waterloo school beginning in 1972 and he took on the coaching reins of the school's boys' varsity hockey team in 2002. With his passion and enthusiasm being second to none, the number of championships that Ian has been a part of are too numerous to mention. Ian treated all athletes equally regardless of the talent level and his teaching and coaching motto was "Don'tcha dare quit on yourself!"

Ian constantly listened to new staff and gave them support for their contributions, or suggestions to help support their development as new coaches and teachers. He would take the lead to show them how to do some things, but also gave them space to try new things and develop their own coaching skills and styles.



Congratulations on an outstanding career devoted to teaching and school sport, Ian!

Selected by OFSAA, the 2018 female recipient of the "Coaching Excellence Award in the School Sport Category" is:

- **Dawn Manerowski** - O'Neill Collegiate and Vocational Institute, Oshawa

Dawn is regarded by her co-workers and peers as an outstanding physical education teacher, coach, mentor and leader for young women in sport at O'Neill and within LOSSA. While coaching several different sports (basketball, volleyball, soccer), Dawn's main passion is with girls rugby. The sport has become a source of pride at the school and it has consistently been the sport with the highest female participation rate at the school. She has instilled a culture of respect, hard work, commitment and accountability. Her teams have been highly-competitive and have been rewarded with playoff appearances and championships but her focus has always been getting young woman involved in sport for the love of the game.

Here are just a few quotes from students that Dawn has taught and the influence she has had during their high school sport experience:

"Regardless of your size, gender, body type, every student of hers are equal."

"She inspires women so that they can tackle all the obstacles, even in the hardest situations."

"Mrs. Manerowski empowers and motivates all young females rugby players at O'Neill. With her help we can reach our full potential."

OFSAA salutes Dawn for her incredible commitment and dedication to school sport. Congratulations!

OFSAA congratulates all of the award winners and coaches across Ontario for their commitment and dedication to ensuring Canadians live an active and healthy lifestyle. For more information on the Ontario Coaching Excellence Awards and how to nominate a coach in the future, visit www.coachesontario.ca/awards.

The Coaches Association of Ontario is a non-profit coach-led organization that strengthens development opportunities and provides educational resources for coaches. The CAO promotes coaching ethics and ensures the wider community recognizes the vital role of the coach in the development of sport at all levels.





THE SCHOOL SPORT EFFECT

A series of four short videos celebrating the positive effects of high school sport.



Dear Coach



Dear Student



Dear Mom & Dad



Success Stories



ONTARIO FEDERATION OF SCHOOL ATHLETIC ASSOCIATIONS
FÉDÉRATION DES ASSOCIATIONS DU SPORT SCOLAIRE DE L'ONTARIO



ofsaagram



@OFSAA



OFSAA



OFSAA

Scholarships and Awards Available for 2019

OFSAA has formed partnerships with a number of organizations, benefitting student-athletes, as well as teacher-coaches across the province.

The following scholarships and awards are available:

OFSAA Alumni Scholarship

Every year OFSAA awards scholarships to student-athletes from member associations on behalf of the OFSAA Alumni Association. These scholarships are generated from funds donated by friends of OFSAA by way of the Alumni Scholarship Fund. The successful student-athlete must be pursuing post-secondary education and must complete the entire application process. The number of scholarships awarded will be dependent upon the total amount of money raised from the Alumni and the number of successful applicants chosen by committee members.

This year, student-athletes from the following six (6) associations are eligible to apply for Alumni Scholarship Funds: **SOSSA, ROPSSAA, EOSSAA, TDSSAA, LOSSA, WOSSAA.**

It is important to note that the deadline for the receipt of submissions is April 15, 2019.

The specific criteria and the actual application form can be found on the OFSAA website located at: <http://ofsaa.on.ca/programs/scholarships/ofsaa-alumni>

Teacher-coaches, athletic directors and student services staff are reminded and encouraged to make this information available to qualified student-athletes.

If you have any further questions, please do not hesitate to contact Jim Barbeau, OFSAA Sport Coordinator at jim@ofsaa.on.ca.

Colin Hood School Sport Award

The Colin Hood Award is available annually to one graduating male, one graduating female, and one coach in every school in the province. Schools can order these at no charge through the OFSAA website.

Application deadline is April 30, 2019.

OFSAA Character Athlete Award

Once a year, OFSAA awards the Character Athlete Award to two recipients (one male, one female) who embody OFSAA's values of leadership, commitment, equity, respect and sportsmanship. Winners receive a \$1000 scholarship from Jostens, and a plaque from OFSAA commemorating this accomplishment.

Application deadline is April 29, 2019.

Brian Maxwell Memorial Scholarship

The Brian Maxwell Memorial Scholarship is awarded each year to six student-athletes that will be continuing their post-secondary education at a Canadian College or University. Three males and three females will each be awarded a scholarship of \$5000 based on criteria including honesty, integrity, compassion and an unwavering quest to accomplish the best they can.

Application deadline is June 14, 2019.

Subscribe To OFSAA's E-Newsletter



Stay updated on all of our awards, key dates, programs, conferences, scholarships, recognition, sponsorships and championships. Delivered via email in January, April, June and October, the newsletter has the OFSAA brand covered. Don't miss out!

Individuals can subscribe to the newsletter through the homepage of our website: ofsaa.on.ca/node/4166

2018-19 OFSAA Char

Boys' Golf (LOSSA)

Oct. 10-11, 2018, Oshawa
Glenn Ross, R.S. McLaughlin CVI
905-728-9407

glenn.ross@ddsb.ca

Entry Deadline: Oct. 4, 2018

Girls' Golf (SWOSSAA)

Oct. 10-11, 2018, Windsor
Joe Amicarelli, Essex DHS
519-776-7344

joe.amicarelli@publicboard.ca

Entry Deadline: Oct. 4, 2018

Girls' Field Hockey (GHAC)

Nov. 1-3, 2018, Burlington
Steve Clark, Nelson HS
905-637-3825

clarkst@hdsb.ca

Entry Deadline: Oct. 27, 2018

Cross Country (SOSSA/GHAC)

Nov. 3, 2018, Dundas
Mike Smith/Steve Moran, Dundas
Valley/Garth Webb
905-628-2203

msmith@hwdsb.on.ca

Entry Deadline: Oct. 30, 2018

Boys' A Volleyball (COSSA)

Nov. 22-24, 2018, Belleville
Brian Poste, North Hastings HS
613-332-1220 x2535

bposte@hpedsb.on.ca

Entry Deadline: Nov. 17, 2018

Boys' AA Volleyball (EOSSAA)

Nov. 22-24, 2018, Sydenham
Bryan English, Sydenham HS
613-376-3612

englishb@limestone.on.ca

Entry Deadline: Nov. 17, 2018

Boys' AAA Volleyball (SWOSSAA)

Nov. 22-24, 2018, Windsor
Pat Osborne, Kennedy Collegiate
519-245-6475

patrick.osborne@publicboard.ca

Entry Deadline: Nov. 17, 2018

Girls' A Basketball (NOSSA)

Nov. 22-24, 2018, North Bay
Lisa Hotte, ÉSC Algonquin
705-472-8240

hottel@franco-nord.ca

Entry Deadline: Nov. 17, 2018

Girls' AA Basketball (WOSSAA)

Nov. 22-24, 2018, London
Pete Lambert, John Paul II HS
519-675-4432

cyopete@gmail.com

Entry Deadline: Nov. 17, 2018

Girls' AAA Basketball (WOSSAA)

Nov. 22-24, 2018, London
Kris Potter, A.B. Lucas SS
519-452-2600

k.potter@tvdsb.on.ca

Entry Deadline: Nov. 17, 2018

Football Bowls (NCSSAA)

Nov. 26-28, 2018, Ottawa
Jim Barbeau, OFSAA
jim@ofsaa.on.ca

Entry Deadline: Nov. 20, 2018

Nordic Skiing (GBSSA)

Feb. 28-Mar. 1, 2019, Duntroon
Bill Hewitt, Collingwood Collegiate
705-445-3161

bhewitt@scdsb.on.ca

Entry Deadline: Feb. 23, 2019

Alpine Skiing (GBSSA)

Feb. 25-26, 2019, Collingwood
Kevin Gosselin, Jean Vanier CHS
705-445-2043

kgosselin@smcdsb.on.ca

Entry Deadline: Feb. 19, 2019

Snowboarding (YRAA)

Feb. 28, 2019, Toronto
Adrienne Chong, Markville SS
905-940-8840

adrienne.chong@yrdsb.ca

Entry Deadline: Feb. 23, 2019

Swimming (TDSSAA)

Mar. 5-6, 2019, Toronto
Rick Mahoney, York Mills CI
416-395-3340

rick.mahoney@tdsb.on.ca

Entry Deadline: Feb. 27, 2019

Wrestling (NCSSAA)

Mar. 4-6, 2019, Ottawa
Guy MacDougall, Cairine Wilson SS
613-824-4411

guy.macdougall@ocdsb.ca

Entry Deadline: Feb. 26, 2019

Boys' A Basketball (WOSSAA)

Mar. 4-6, 2019, London
Brett Fliesser, ÉSC Mgr. Bruyère
519-673-4223

fliebret@cscprovidence.ca

Entry Deadline: Feb. 26, 2019

Boys' AA Basketball (NEOAA)

Mar. 4-6, 2019, Timmins
Peter Graham, Timmins High & VS
705-360-1411

peter.graham@dsb1.ca

Entry Deadline: Feb. 26, 2019

Boys' AAA Basketball (SOSSA)

Mar. 4-6, 2019, Stoney Creek
Dave Ormerod, Saltfleet HS
905-573-3000

dormerod@hwdsb.on.ca

Entry Deadline: Feb. 26, 2019

Girls' A Volleyball (NWOSSAA)

Mar. 4-6, 2019, Kenora
Megan Derouard, St. Thomas Aquinas HS
807-548-8282

mderouard@kcdsb.on.ca

Entry Deadline: Feb. 26, 2019

Girls' AA Volleyball (SWOSSAA)

Mar. 4-6, 2019, Amherstburg
Jeff Miller, General Amherst DHS
519-736-2149

jeff.miller@publicboard.ca

Entry Deadline: Feb. 26, 2019

Girls' AAA Volleyball (GHAC)

Mar. 4-6, 2019, Burlington
Mike Skeoch, Dr. Frank J. Hayden SS
905-332-5235

skeochmi@hdsb.ca

Entry Deadline: Feb. 26, 2019

Girls' A&AA/AAA Hockey (GBSSA)

Mar. 19-21, 2019, Midland
Dan Pellarin, St. Theresa's HS
705-526-1311

dlpellarin@smcdsb.on.ca

A/AA Entry Deadline: Mar. 6, 2019

AAA Entry Deadline: Mar. 7, 2019

FOR COMPLETE CHAMPIONSHIP

Championship Calendar

Boys' A&AA Hockey (CWOSSA)

Mar. 19-21, 2019, Kincardine
Peter Wolfe, Kincardine DSS
519-396-9151
wolfe.peter9@gmail.com
Entry Deadline: Mar. 6, 2019

Boys' AAA Hockey (GBSSA)

Mar. 20-22, 2019, Barrie
Tim Hasenack, St. Joan of Arc SS
705-721-0398
thasenack@smcdsb.on.ca
Entry Deadline: Mar. 7, 2019

Curling (NOSSA)

Mar. 20-23, 2019, North Bay
Danny Coutu, Chippewa SS
705-475-2341
daniel.coutu@nearnorthschools.ca
Entry Deadline: Mar. 7, 2019

Badminton (NOSSA)

May 2-4, 2019, North Bay
Raymond Ouellette, É.S. l'Odyssee
705-474-5500
raymond.ouellette@cspne.ca
Entry Deadline: Apr. 27, 2019

Tennis (TDSSAA)

June 3-5, 2019, Toronto
Larry Laughlin, Stephen Leacock CI
416-396-8000
larry.laughlin@tdsb.on.ca
Entry Deadline: May 28, 2019

Girls' Rugby (LOSSA)

June 3-5, 2019, Courtice
David Chatten, Courtice SS
905-436-2074
david_chatten@kprdsb.ca
Entry Deadline: May 28, 2019

Boys' Rugby (LOSSA)

June 6-8, 2019, Brooklin
Ethan Markham, Brooklin HS
905-655-2015
ethan.markham@ddsb.ca
Entry Deadline: June 1, 2019

Boys' A&AA Lacrosse (COSSA)

June 3-4, 2019, Peterborough
Wade Wiggins, Crestwood SS
705-742-9221
wade_wiggins@kprdsb.ca
Entry Deadline: May 28, 2019

Boys' AAA Lacrosse (CWOSSA)

June 4-6, 2019, Owen Sound
Paul Stewart, Owen Sound DSS
519-376-6050
paul_stewart@bwdsb.on.ca
Entry Deadline: May 28, 2019

Girls' & Boys' A Soccer (SOSSA)

June 6-8, 2019, Ancaster
Brad Heidbuurt, Hamilton District
Christian HS
905-648-6655
bheidbuurt@hdch.org
Entry Deadline: June 1, 2019

Girls' AA Soccer (SWOSSAA)

June 6-8, 2019, Belle River
Frank Graziano, Belle River DHS
519-728-1212
frank.graziano@publicboard.ca
Entry Deadline: June 1, 2019

Girls' AAA Soccer (GBSSA)

June 6-8, 2019, Alliston
Jeff Northrop, Banting Memorial HS
705-435-6288
jnorthrop@scdsb.on.ca
Entry Deadline: June 1, 2019

Boys' AA Soccer (NOSSA)

June 6-8, 2019, North Bay
Sean Mullan, Widdifield SS
705-472-5711
sean.mullan@nearnorthschools.ca
Entry Deadline: June 1, 2019

Boys' AAA Soccer (SWOSSAA)

June 6-8, 2019, Sarnia
Richard Prudom, St. Patrick's HS
519-332-3976
richard.prudom@sccdsb.net
Entry Deadline: June 1, 2019

Track & Field (OFSAA)

June 6-8, 2019, Guelph
Rich Tremain, Guelph CVI
519-824-9800
richard.tremain@ugdsb.on.ca
Entry Deadline: June 1, 2019

Baseball Regionals (LOSSA)

June 5-6, 2019, Whitby
Geoff Whent, Sinclair SS
905-666-5400
geoffrey@durham.edu.on.ca
Entry Deadline: May 31, 2019

Baseball Final (OFSAA)

June 12, 2019, London
Brian Riddell, OFSAA
brian@ofsaa.on.ca

OFSAA FOOTBALL BOWLS 2018



Ottawa

November 26-28, 2018

TD Place



For the first time in OFSAA Football Festival history, the Bowl Series games were played outside of the Toronto/Hamilton area. TD Place in Ottawa, under convenor Gary Schreider's leadership, was the proud host of nine games over 3 days. The combination of rain and snow during the games made for less than ideal football conditions for everyone who participated in the Festival but the level of competition displayed throughout was exceptionally high. Day 2 featured four games, and started with a 90-minute delay so that snow could be removed from the field but by the time the night game kicked off, games were back on schedule.

GAME 1 - The Independent Bowl featured Chaminade College (TCAA) and Ashbury College (NCSSAA). Chaminade jumped out to a 14-0 first quarter lead only to have Ashbury score 14 unanswered points in the second quarter to tie the game at halftime. In the second half both teams scored a touchdown in the third quarter before Ashbury's Reinus Ustubs kicked a game winning 27-yard field goal as time expired to give Ashbury a 24-21 win. This was Ashbury's first Bowl game victory.

GAME 2 - Holy Cross CSS (EOSSAA) and Thomas A. Stewart SS (COSSA) paired off in the Eastern Bowl in the second game of Day 1 with Holy Cross coming out victorious by a score of 25-8. The Crusaders scored the first 25 points of the game before the Griffins scored a touchdown in the 4th quarter. Braeden MacMicken and Domenico Montalbano were the offensive catalysts for the Holy Cross team while Noah Thomson was the defensive leader for the TASS. This was Holy Cross's first appearance in the OFSAA Bowl Series.

GAME 3 - Two of the top teams in the province met in the Western Bowl to close out the first day of competition. St. Thomas More CSS (GHAC) and Catholic Central HS (WOSSAA) had to endure the worst playing conditions of the three days but were still able to put forth exceptional performances in a very entertaining game. The Knights scored 16 unanswered first half points before CCH was able to cut the lead to 16-9 at halftime. In the second half, St. Thomas More scored the only points in the fourth quarter to win the Western Bowl by a score of 26-9. This was the Knights sixth Bowl victory overall and fourth in a row.

GAME 4 - ROPSSAA champ Lorne Park SS met the SOSSA champs from Saint Paul CHS in the Golden Horseshoe Bowl. Lorne Park was led by Liam Bowman's three TD's and 297 total yards from scrimmage in their 21-3 victory over the Patriots. The Spartan defence was also solid, causing two fumbles and consistently provided the offence with good field position. Incredibly, this was Lorne Park's 6th consecutive Bowl win in six trips to the OFSAA Festival.





GAME 5 - The 39th edition of the Metro Bowl featured Northern SS (TDSSAA) and St. Ignatius HS (NWOSSAA). In a hard fought and exciting game, the Falcons scored the game-winning TD with just over a minute to play and then watched as Northern went the length of the field on their final possession only to come up short as time ran out. Nicholas Doucet had an outstanding game for St. Ignatius with 215 yards on 22 carries. For Northern, Ricardo Chisholm had 8 carries for 93 yards. This was St. Ignatius's 2nd Bowl victory in four appearances.

GAME 6 - Another much-anticipated game featured Huron Heights SS (YRAA) and Holy Names CSS (SWOSSAA) in the Northern Bowl. Two talented and well coached teams played a hard-fought game with Holy Names ultimately prevailing 24-12. Mike Herzog was a workhorse for the Knights, carrying the ball 21 times for 255 yards and 3 TD's. Sebastien Scott had 135 yards on 29 carries to lead the Warrior effort. This was Holy Names' second consecutive Bowl victory in the school's third appearance.

GAME 7 - In the second ever night game in Bowl Series history, the St. Peter Knights (NCSSAA) welcomed the Korah Colts (NOSSA) to TD Place

for the 7 pm game. The Colts had balanced scoring throughout, scoring 21 points in the first half and 24 in the second to win the National Capital Bowl 45-12 over the host team. In Korah's first ever Bowl appearance, Nic Gervasi led the way with 161 yards on 16 carries and two TD's. Bobby Lachambre was outstanding on defence for St. Peter with 15 tackles and an interception.

GAME 8 - Day 3 began with the Central Bowl between Jacob Hespeler SS (CWOSSA) and Gananoque SS (EOSSAA). The Hawks from Cambridge made the bus ride worthwhile as they defeated the Trojans 48-0. Joel Watson passed for 129 yards and 3 TD's and rushed for another score while Connor Martinez led the defence with 10 tackles, a fumble recovery and an interception. Braden Clark was 9 of 18 for 117 yards for Gananoque. For Jacob Hespeler, this was their 3rd Bowl appearance and first title.

GAME 9 - The Simcoe Bowl was the final game of the Festival and featured Holy Trinity CSS (LOSSA) and the GBSSA reps from St. Joan of Arc CHS. In what was probably the most wide-open game of the Festival, Holy Trinity were victorious over the Knights by a score of 38-21. Josh Metzner had an outstanding game for the Titans with 138 total yards and 3 TD's. For St. Joan of Arc, Justin Winn was 14 of 28 passing for 221 yards and 1 TD and had a rushing TD as well. Holy Trinity is now a perfect three for three in Bowl game appearances.



Finally, OFSAA would like to recognize the efforts of the NCSSAA Organizing Committee, chaired by Gary Schreider. Gary's team did a tremendous job on behalf of the participants and did everything that they could to ensure that a high-quality event resulted. Congratulations on a job well done and thank you to everyone involved. A special thank you to each of our Festival sponsors as well. Without your generous support, this event would not have been possible.



Football photos provided by Kendra Read, OFSAA's East Region Representative on the Executive Council.

PLAY SAFE

<p>Black Knight STILETTO Silver/Black</p>	<p>Black Knight STILETTO Blue/Silver</p>
<p>Black Knight STILETTO Black/Silver</p>	<p>Black Knight STILETTO Red/Silver</p>
<p>Black Knight TURBO Reg. Black</p>	<p>Black Knight SIGHT GUARD</p>
<p>Black Knight LASERS</p>	

All **Black Knight** eyeguards have been ASTM tested and approved for Badminton and are official eye protection for OFSAA Badminton

playBK.com

OFSAA Girls' Golf Festival

Windsor

Ambassador Golf Club

October 10-11, 2018



OFSAA Girls' Golf made its first appearance at Ambassador Golf Club in Windsor, Ontario in 2018. If not for long-time OFSAA convenor Joe Amicarelli of Essex District High School (SWOSSAA), this year's Girls' Golf Festival may have been cancelled. Joe took over hosting responsibilities only five months prior and worked diligently to provide a memorable provincial event for all participants. Students and teacher volunteers from various schools in the Windsor area provided teacher-coaches, student-athletes and spectators an incredible two-day experience. Coaches and athletes gathered in the Ambassador clubhouse for a delicious banquet meal at the end of day one.

The course conditions at Ambassador were excellent, challenging the top high school female golfers in the province.

In the end, Elaine Surjoprajogo from Cardinal Leger High School (ROPSSAA) captured the gold medal in the High School division with a two-day score of 166 and Hailey Katona topped all Open division student-athletes as the only participant to defeat the course at 141 (-1). In the High School division, the silver and bronze medal needed a playoff hole to determine the winners --- Viduya Ramnarine from Rosedale Heights (TDSSAA) defeated Annie Anghelescu from Regiopolis-Notre Dame (EOSSAA) and captured the silver medal. Both finished with a two-day total of 169.

Congratulations to all student-athletes who participated in this year's event. Thanks' again to Joe Amicarelli and his organizing committee for providing all participants with a fantastic OFSAA Festival.

Open Division Results

1. Hailey Katona, Tilbury DHS (SWOSSAA)	R1: 66	R2: 75	Total: 141
2. Jasmine Ly, Holy Names CHS (SWOSSAA)	R1: 70	R2: 76	Total: 146
3. Alexis McMurray, Iroquois Ridge HS (GHAC)	R1: 74	R2: 76	Total: 150

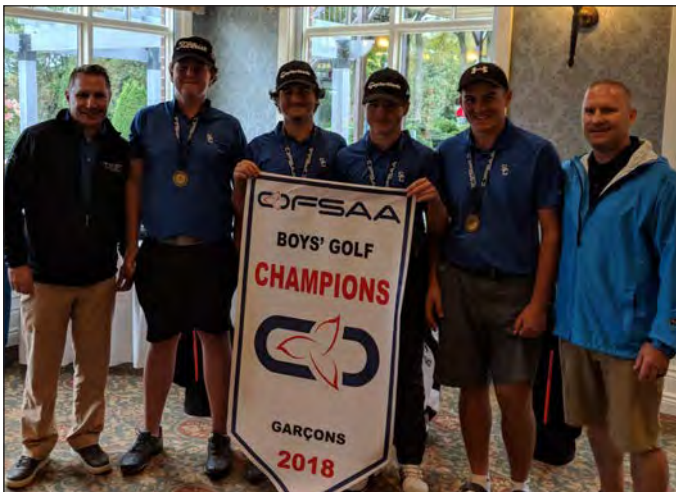
High School Division Results

1. Elaine Surjoprajogo, Cardinal Leger HS (ROPSSAA)	R1: 78	R2: 88	Total: 166
2. Vidya Ramnarine, Rosedale Heights (TDSSAA)	R1: 84	R2: 85	Total: 169 (playoff)
3. Annie Anghelescu, Regiopolis-Notre Dame CHS (EOSSAA)	R1: 82	R2: 87	Total: 169 (playoff)

OFSAA Boys' Golf Championship

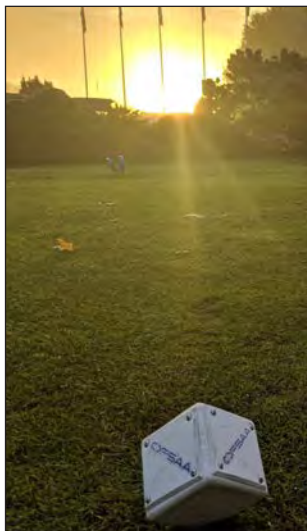
Whitby Royal Ashburn Golf Club

October 10-11, 2018



Sinclair Secondary School, Overall Team Champions

Glenn Ross and his outstanding organizing committee hosted this year's Boys Golf Championship at the beautiful Royal Ashburn Golf Club in Whitby. Glenn and his committee provided the golfers with a great OFSAA experience with memories that will last a lifetime. Well done!



Coaches and athletes gathered in the Royal Ashburn clubhouse for a fantastic banquet. TSN's Kate Beirness was the guest speaker and she entertained the gathering

with her stories and also stressed the importance of setting goals.

At the banquet, Sue Hoard from Port Perry High School (LOSSA) was presented with the Leadership in School Sport Award for her years of commitment to developing high school athletes and her great organizational skills.

Both rounds of this year's championship featured great shot-making and pressured plays on the greens. Royal Ashburn is a challenging course and it was in excellent condition. Weather conditions were ideal for this year's event.

As for the competition, in the High School Division, Sheldon Pryce from St Anne's (WOSSAA) captured the gold medal with a two-day score of 153. In the Open Division, Kavith Ranchagoda from Richmond Green S.S. (YRAA) was victorious with a two-day score of 142.

Congratulation to the four golfers from Sinclair SS (LOSSA) who won the team championship with a two-day score of 450.



Open Division Results (Determined by Playoff)

1. Kavith Ranchagoda, Richmond Green SS (YRAA)	R1: 71	R2: 71	Total: 142
2. Alex Mauro, St. Joseph's (SWOSSAA)	R1: 73	R2: 71	Total: 144 (playoff)
3. Brendan Dunphy, Brooklin HS (LOSSA)	R1: 70	R2: 74	Total: 144 (playoff)

High School Division Results (Determined by Playoff)

1. Sheldon Price, St. Anne's (WOSSAA)	R1: 80	R2: 73	Total: 153
2. Jake Lako, Lo-Ellen Park (NOSSA)	R1: 78	R2: 76	Total: 154
3. Marcus Enriquez, Loyola CSS (GHAC)	R1: 78	R2: 77	Total: 155

Team Division Results (Determined by Playoff)

1. Sinclair SS (LOSSA)	R1: 218	R2: 232	Total: 450
2. St. Mary's (COSSA)	R1: 233	R2: 231	Total: 464 (playoff)
3. Port Perry (LOSSA)	R1: 230	R2: 234	Total: 464

OFSAA Girls' A Basketball Championship

North Bay

November 22-24, 2018



OFSAA basketball returned to North Bay in 2018. This time girls' "A" schools from around the province would take centre stage at four different local high schools. First time convenor Lisa Hotte from ÉSC Algonquin (NOSSA) and her staff of volunteer organizers showed the province how popular basketball is in Northern Ontario.

All were excited for the customary OFSAA banquet to be held at the championship host hotel. Teacher-coaches and student-athletes were treated to excellent food and a fun atmosphere. The Leadership in School Sport Award was presented to Monique Dubytz from ÉSC Algonquin (NOSSA). Her commitment to

student-athlete development has been appreciated by many over the course of Monique's career.

Early bracket play of the tournament revealed some outstanding basketball skills and close games. In the end, the gold medal went to repeat champion from 2017, O'Gorman High School (NEOAA) who defeated the silver medalist ÉSC E.J. Lajeunesse (SWOSSAA) by a score of 49-39.

Congratulations to the members of O'Gorman H.S: Emily Ashamock, Gracie Barbuto, Ally Burke, Abby Couture, Brianna Dodd, Ava Fregonese, Jenna Katic, Tia Nadeau-Saumur-Nelson, Mallory Turcotte, Jadyne Weltz as well as coaches Cathy Beard, Marcy McCarty and Edward Weltz.

A special congratulations to Nicholson Catholic College (COSSA) for being awarded the OFSAA Team Sportsmanship award. Your positive examples of student-athlete behaviour throughout the championship were appreciated by the organizing committee.

Thank you to Lisa Hotte and her staff of volunteers for providing a positive and memorable event for all participants.

Participating Teams (18)

O'Gorman HS	NEOAA
ÉSC E.J. Lajeunesse	SWOSSAA
Villanova College	YRAA
ÉS Sainte-Famille	ROPSSAA
ÉSC Algonquin	NOSSA
Aldershot HS	GHAC
Nicholson Catholic College	COSSA
ÉSC Nouvelle-Alliance	GBSSA
Kirkland Lake DCS	NEOAA
Woodland Christian HS	CWOSSA
É.S. Macdonald-Cartier	NOSSA
St. Marys DCVI	WOSSAA
Port Colborne HS	SOSSA
De La Salle College	CISAA
É.C. Saint-Charles Garnier	LOSSA
ÉSC Saint-Frère-André	TDCAA
St. Thomas Aquinas HS	NWOSSAA
St. Mary CHS	EOSSAA

Quarter Finals

Woodland Christian def. ÉS Sainte Famille	62-29
ÉS Macdonald-Cartier def. Villanova	55-25
ÉSC E.J. Lajeunesse def. St. Mary CHS	32-31
O'Gorman def. Algonquin	57-30

Semi Finals

O'Gorman HS def. É.S. Macdonald-Cartier	41-37
ÉSC E.J. Lajeunesse def. Woodland Christian	40-34

Consolation Match

St. Marys DCVI def. Port Colborne	43-40
-----------------------------------	-------

Bronze Medal Match

É.S. Macdonald-Cartier def. Woodland CHS	61-44
--	-------

Gold Medal Match

O'Gorman HS def. ÉSC E.J. Lajeunesse	49-39
--------------------------------------	-------

OFSAA Girls' AA Basketball Championship

London

November 22-24, 2018



This year's championship was hosted in London and was convened by Pete Lambert of John Paul II Catholic Secondary School (WOSSAA). Pete had an outstanding committee of volunteers, and games took place at his school plus Mother Teresa Catholic Secondary School and Clarke Road Secondary School. Thank you to Pete and all of the volunteers who helped make this a successful event for all participants.

The winner of the OFSAA Leadership in School Sport Award was Angela Nobes-Campbell of Mother Teresa CSS (WOSSAA) in London. Angela has coached school sport for 18 years including teams in basketball, golf,

badminton, and tennis. She also takes a leadership role in many school activities such as the Terry Fox Run, athletic banquet, school athletic council, and is chair of the Pete Howard High School Girls' Basketball Tournament.

The team from Dr. J. M. Denison Secondary School (YRAA) in Newmarket was the winner of the OFSAA Team Sportsmanship Award. Their overall conduct and decorum was noticed by the host committee and we congratulate the entire team, including coaches Jackie Zicaro and Sharyn Gilmer who provided positive leadership for their student-athletes.

A very close and exciting game culminated the 2018 OFSAA Girls' AA Basketball Championship, with Wallaceburg District Secondary School (SWOSSAA) winning gold by a score of 53-52 over Dundas Valley Secondary School (SOSSA). The two finalists were seeded first and second respectively coming into the championship, which proved to be a worthy placement for both teams.

Congratulations to the Wallaceburg team who were represented by team members Ferrah Blackbird, Legacie Blackbird, Abbi Mahu, Laura Marcus, Megan McCarter, Keahna Riley, Samantha St. Croix, Julia Veenstra, Gabi Whiteye and Meghan Zelina, as well as coaches Janine Day, Linda Nethery and Jeff Byrne.

Participating Teams (18)

Havergal College	CISAA
Prince Edward CI	COSSA
Bishop Macdonell CHS	CWOSSA
La Salle SS	EOSSAA
St. Joseph CHS	GBSSA
St. Mary CSS	GHAC
Denis O'Connor CHS	LOSSA
ESC Theriault	NEOAA
Lo-Ellen Park SS	NOSSA
Hammarskjöld HS	NWOSSAA
St. Paul SS	ROPSSAA
Dundas Valley SS	SOSSA
Wallaceburg DSS	SWOSSAA
James Cardinal McGuigan CHS	TDCAA
Birchmount Park CI	TDSSAA
Mother Teresa CSS	WOSSAA
John Paul II CSS	WOSSAA
Dr. J.M. Denison SS	YRAA

Quarter Finals

Wallaceburg def. Theriault	68-47
St. Mary def. La Salle	40-39
Mother Teresa def. Denis O'Connor	59-39
Dundas Valley def. Bishop Macdonell	56-43

Semi Finals

Wallaceburg def. Mother Teresa	46-28
Dundas Valley def. St. Mary	63-38

Consolation Match

Birchmount Park def. John Paul II	55-39
-----------------------------------	-------

Bronze Medal Match

St. Mary def. Mother Teresa	55-46
-----------------------------	-------

Gold Medal Match

Wallaceburg def. Dundas Valley	53-52
--------------------------------	-------

OFSAA Girls' AAA Basketball Championship

London November 22-24, 2018

molten[®]
For the real game



Kris Potter and Stephanie Grozelle from A.B. Lucas Secondary School (WOSSAA) and the organizing committee were well prepared to welcome the province to the City of London. Using both A.B Lucas and Oakridge Secondary School as venues within the city proved to be a valuable experience for all participants. All teams performed at a high level throughout the three-day event and spectators were treated to highly competitive games.

Host hotel Four Points Sheraton was chosen as the banquet facility and provided student-athletes and teacher-coaches to an excellent dinner. As part of the evening, presentation of the Leadership in School Sport Award was made to Nancy O'Shea. Nancy was a dedicated teacher-coach for 35 years at Strathroy District Collegiate Institute (WOSSAA). Student-athletes listened carefully as Nancy shared her message of "Grit, Gratitude and Giving Back". Thank you to Nancy for your care and passion, for not only the game of basketball, but more importantly, the development of future women leaders in society.

After some close games in early bracket play, sixteen strong teams emerged to compete in the consolation and medal rounds. The gold medal game highlighted two teams from the Hamilton area, Westdale Secondary School (SOSSA) and Cardinal Newman Catholic Secondary School (GHAC). In a highly contested game with multiple lead changes, Westdale S.S prevailed 49-46 and won the gold medal. J. Clarke Richardson Collegiate (LOSSA) won OFSAA bronze beating host school A.B Lucas Secondary School (WOSSAA) by the score of 58-47.

Congratulations to all members of the 2018 Westdale SS team: Jasmina Andric, Gloria Brown, Jordan Denkers, Sophia Herrington, Leah Huurman, Hannah James, Peyton Marof, Taylor Marof, Jessie Meanwell, Heidi Nelson, Amy Stinson, Claire Sutherland-Case as well as coaches Frank Marof and Kayla Wilson.

This year's sportsmanship team award was presented to Orillia Secondary School. Congratulations to coaches Michaela Dance, Dan Fornier and Katie Guthrie -- your positive leadership was proven through your

student-athletes behaviour on and off the court. Your team exemplified the true meaning of sportsmanship in school sport.

A huge thank you again to Kris, Stephanie, the organizing committee and student volunteers for all your hard work and for being such great OFSAA hosts!

Participating Teams (16)

St. Edmund Campion SS	ROPSSAA
Sir Frederick Banting SS	WOSSAA
Richview CI	TDSSAA
Northern CI&VS	SWOSSAA
I. E. Weldon SS	COSSA
Holy Cross CSS	EOSSAA
Glebe CI	NCSSAA
Cardinal Newman SS	GHAC
Westdale SS	SOSSA
Vaughn SS	YRAA
A.B. Lucas SS	WOSSAA
St. Joseph's College	TDCAA
Brantford CI&VS	CWOSSA
Orillia SS	GBSSA
St. Mary's College	NOSSA
J. Clarke Richardson	LOSSA

Quarter Finals

Cardinal Newman def. St. Joseph's	64-23
Westdale def. Northern	49-24
A.B. Lucas def. Brantford	55-53
J. Clarke Richardson def. Sir Frederick Banting	55-42

Semi Finals

Cardinal Newman def. A.B Lucas	66-36
Westdale def. J. Clarke Richardson	69-50

Consolation Match

Holy Cross def. Glebe	35-32
-----------------------	-------

Bronze Medal Match

J. Clarke Richardson def. A.B Lucas	58-47
-------------------------------------	-------

Gold Medal Match

Westdale def. Cardinal Newman	49-46
-------------------------------	-------



Molten is the Official Ball of OFSAA

*Trademarks owned by Molten Corporation
or Molten USA, Inc. ©2018 Molten USA, Inc.*

molten[®]
For the real game

MOLTENUSA.COM



OFSAA Cross Country

Christie Lake Conservation Area, Dundas

November 3, 2018



The OFSAA cross country championships returned to the Hamilton area for the first time in 24 years. A joint committee of SOSSA and GHAC hosted the meet under the guidance of Michael Smith (Dundas Valley) and Steve Moran (Burlington Central). The championships were held at the Christie Lake Conservation Area in Dundas and the natural landscape proved to be a brilliant backdrop for the event. The convenors have both been holding invitational, city and association meets at the site for years and the site proved to be a fast, yet challenging course for the athletes.

The weather in the days prior to the event brought about true cross country conditions as the rains produced some formidable muddy sections to test the runners. Race day started and ended with the sun peeking through the clouds.

There were over 1700 athletes and easily that many more coaches and spectators from 363 schools in attendance at the event and the nature of the surroundings produced a festive atmosphere. Congratulations to Michael, Steve and

the entire organizing committee from Hamilton/Niagara and Halton and the surrounding cities for convening the 2018 championship.

The organizing committee consisted of Michael Smith, Steve Moran, Barbara Celestini, Patty Rodgers, Robert Gardiner, John Kennedy, Sara Sardo, Rina Rode, Cynthia Campanaro, Susan Hammond, Diana Boatman, Richard Sebben, Kelly Scruton, Richard Gelder and Alexander Acs. Kevin Mackinnon and Jodi Miller took over the announcing duties and did an outstanding job! OFSAA would like to also thank the numerous volunteers who worked throughout the day to ensure the success of the championship.

Nike Canada acted again as the official sponsor and they provided a very positive atmosphere surrounding the event.

This was the second year that males and females ran equal distances. The distances for each division also changed (Midgets – 4 km; Junior – 5 km; Senior – 6 km). The Para race covered 3 km.

This was the seventh year of Para Competition. There was a total of 58 athletes (an increase of 24 athletes) competing in the three Para Categories: Intellectual Developed (43 athletes), Ambulatory (6 athletes) and visually impaired (9 athletes).

The OFSAA Individual Champions for 2018 were:

Midget Girls – Aysia Maurice, Humberview SS, Bolton
 Junior Girls – Emily Bryce, Saugeen DSS, Port Elgin
 Senior Girls – Cameron Ormond, Aurora HS, Aurora
 Girls Para ID - Paige Heffernan, Sydenham HS, Sydenham
 Girls Para AM - Sarah Gillies, Orangeville DSS, Orangeville
 Girls Para VI – Ashlyn Eddy, W Ross MacDonald School, Brantford
 Midget Boys – Heath McAllister, Central SS, London
 Junior Boys – Eric Campbell, Sir Winston Churchill SS, St. Catharines
 Senior Boys – Evan Burke, London South CI, London
 Boys Para ID – Owen Konkle, Beamsville DSS, Beamsville
 Boys Para AM – Zachary Gingras, Bill Crothers SS, Unionville
 Boys Para VI – Joshua Roberto, Paul Dwyer SS, Oshawa
 Cameron Ormond, Aurora High School, became the first female ever to win four consecutive OFSAA cross country titles. She previously captured gold in the Midget Division

in Duntroon (2015), Junior Division in Port Hope (2016), Senior in Petawawa (2017) & Dundas (2018). The previous female to earn four gold medals was two-time Canadian Olympian (1996, 2004) Kathy Butler as she accomplished the feat over five years of high school.

The OFSAA Team Champions for 2018 were:

Midget Girls - St. Annes CSS, Clinton
 Junior Girls – Glebe CI, Ottawa
 Senior Girls – ESC Theriault – Timmins
 Midget Boys - St. Michael’s College School, Toronto
 Junior Boys – Glebe CI, Ottawa
 Senior Boys – Vincent Massey, Windsor
 The Overall Girls’ Champion was Glebe CI, Ottawa.
 The Overall Boys’ Champion was St. Michael’s College School, Toronto .

Michael Smith (Dundas Valley) and Barbara Celestini (St. Ignatius Loyola, Oakville) were the recipients of the OFSAA Leadership In School Sport Award for their contribution to high school sport over many years.

We look forward to the OFSAA 2019 Championships which will be held in Sudbury and hosted by the North Region.

OFSAA CROSS COUNTRY RESULTS 2018

Top Six Place Finishers

MIDGET GIRLS (4 KM)

Individual

1. Aysia Maurice, Humberview SS, Bolton
2. Cara MacDonald, Glebe CI, Ottawa
3. Kayla Sanderson-Kirby, Richview CI, Toronto
4. Sofia Bowe, Etobicoke School of Arts, Toronto
5. Sierra Rodriques, St. Michael SS, Bolton
6. Hailey Abbott, Collingwood CI, Collingwood

Team

- | | |
|---|------------|
| 1. St. Annes CSS, Clinton | 178 Points |
| 2. Lo Ellen Park, Sudbury | 212 Points |
| 3. Collingwood CI, Collingwood | 265 Points |
| 4. Orangeville DSS, Orangeville | 332 Points |
| 5. Uxbridge SS, Uxbridge | 337 Points |
| 6. Sir Winston Churchill SS, St. Catharines | 338 Points |

MIDGET BOYS (4 KM)

Individual

1. Heath McAllister, Central SS, London
2. Badhasa Ibrahim Abbas, Jarvis CI, Toronto
3. Yannick Meredith, ESP De La Salle, Ottawa
4. Riley Flemington, Appleby College, Oakville
5. Grayson Ebrahim, La Salle SS, Kingston
6. Daniel De Monte, St. Michael’s College School, Toronto

Team

- | | |
|--|------------|
| 1. St. Michael’s College School, Toronto | 140 Points |
| 2. Bear Creek SS, Barrie | 170 Points |
| 3. Neil McNeil HS, Toronto | 219 Points |
| 4. St. Francis Xavier SS, Mississauga | 226 Points |
| 5. Orangeville DSS, Orangeville | 254 Points |
| 6. Thousand Islands SS, Brockville | 291 Points |

JUNIOR GIRLS (5 KM)

Individual

1. Emily Bryce, Saugeen DSS, Port Elgin
2. Jayden Keeler, Innisdale SS, Barrie
3. Sophie Coutts, Leaside HS, Toronto
4. Elissa Frielink, Unity Christian HS, Barrie
5. Chloe Coutts, Leaside HS, Toronto
6. Tessa Jeffery, EL Crossley SS, Fonthill

Team

- | | |
|-----------------------------|------------|
| 1. Glebe CI, Ottawa | 148 Points |
| 2. Leaside HS, Toronto | 197 Points |
| 3. ESC Theriault, Timmins | 268 Points |
| 4. Chatham Kent SS, Chatham | 269 Points |
| 5. Nepean HS, Ottawa | 274 Points |
| 6. Central SS, London | 334 Points |

JUNIOR BOYS (5 KM)

Individual

1. Eric Campbell, Sir Winston Churchill SS, St. Catharines
2. Rudy Saal, CSC Jeanne LaJoie, Pembroke
3. Roman Mironov, Father Redmond CSS, Toronto
4. Dan Coolican, Kingston CVI, Kingston
5. Pau Ilerbaig-Bajona, University of Toronto Schools, Toronto
6. Callum Passi, La Salle SS, Sudbury

Team

- | | |
|-----------------------------------|------------|
| 1. Glebe CI, Ottawa | 211 Points |
| 2. Oakridge SS, London | 227 Points |
| 3. Guelph C&VI, Guelph | 237 Points |
| 4. St. Michael's College, Toronto | 281 Points |
| 5. Northern CVIS, Sarnia | 294 Points |
| 6. Northern SS, Toronto | 299 Points |

SENIOR GIRLS (6 KM)

Individual

1. Cameron Ormond, Aurora HS, Aurora
2. Sam Ford, University of Toronto Schools, Toronto
3. Olivia Roussel, HumberSide CI, Toronto
4. Anna Workman, Kingston CVI, Kingston
5. Samara Quanz, Saugeen DSS, Port Elgin
6. Gracelyn Larkin, Bracebridge & Muskoka Lakes SS

Team

- | | |
|---------------------------------------|------------|
| 1. ESC Theriault, Timmins | 147 Points |
| 2. Kingston CVI, Kingston | 178 Points |
| 3. Glebe CI, Ottawa | 293 Points |
| 4. Northern SS, Toronto | 301 Points |
| 5. Leaside HS, Toronto | 301 Points |
| 6. Sir John A. MacDonald SS, Waterloo | 309 Points |

SENIOR BOYS (6 KM)

Individual

1. Evan Burke, London South CI, London
2. Nick Mota, Newmarket HS, Newmarket
3. Santiago Gaitan-Caballer, Notre Dame College, Welland
4. Foster Malleck, St. Marys, Kitchener
5. Alexander Sandras, St. Maximilian Kolbe HS, Aurora
6. Chase Canty, Vincent Massey SS, Windsor

Team

- | | |
|---|------------|
| 1. Vincent Massey SS, Windsor | 190 Points |
| 2. St. Michael's College, Toronto | 242 Points |
| 3. Sir Winston Churchill SS, St. Catharines | 249 Points |
| 4. St. Marys HS, Kitchener | 274 Points |
| 5. Lo Ellen Park, Sudbury | 336 Points |
| 6. Glebe CI, Ottawa | 371 Points |

PARA (3 KM)

Female - ID

1. Paige Heffernan, Sydenham HS, Sydenham
2. Cassie Kemp, St. Catharines CIVS, St. Catharines
3. Shannon Swinson, Beamsville DSS, Beamsville
4. Julianne Miskz, St. Michael HS, Niagara Falls
5. Cheyenne Henry- Robinson, Timiskaming DSS, New Liskeard
6. Clarista Ardiel, Almaguin Highlands SS, South River

Female - Visual Impaired

1. Ashley Eddy, W Ross Macdonald School, Brantford

Female - Ambulatory

1. Sarah Gillies, Orangeville DSS, Orangeville
2. Fabienne De Cartier, Malvern CI, Toronto

Male - ID

1. Owen Konkle, Beamsville DSS, Beamsville
2. Cade McSorley, Collingwood CI, Collingwood
3. Jacob Balan, St. Marcellinus SS, Mississauga
4. Nathan Nowak, Regiopolis Notre Dame CHS, Kingston
5. Andrew McIntyre, St. Michael HS, Niagara Falls
6. Ryan Sorley, Bishop Ryan CSS, Hamilton

Male - Visual Impaired

1. Joshua Roberto, Paul Dwyer CHS, Oshawa
2. Nathan Taylor, W Ross MacDonald School, Brantford
3. Nader Ibrahim, W. Ross MacDonald School, Brantford
4. Liam Howell, W. Ross MacDonald School, Brantford
5. Jack Braun, Sir Wilfrid Laurier SS, London
6. Owen Parkin, W. Ross MacDonald School, Brantford

Male - Ambulatory

1. Zachary Gingras, Bill Crothers SS, Unionville
2. Jack Revell, Sydenham HS, Sydenham
3. Brandon Lakhram, West Humber CI, Toronto
4. Tyler Brighton, ESC L'Escaie - Rockland

OVERALL BOYS - TEAM

- | | |
|---|----|
| 1. St. Michael's College School, Toronto | 52 |
| 2. Glebe CI, Ottawa | 36 |
| 3. Vincent Massey SS, Windsor | 25 |
| 4. Sir Winston Churchill SS, St. Catharines | 22 |
| 5. Neil McNeil HS, Toronto | 19 |
| 6. Bear Creek SS, Barrie | 18 |
| 6. Oakridge SS, London | 18 |

OVERALL GIRLS - TEAM

- | | |
|---------------------------|----|
| 1. Glebe CI, Ottawa | 38 |
| 2. Leaside HS, Toronto | 37 |
| 3. ESC Theriault, Timmins | 36 |
| 4. Lo Ellen Park, Sudbury | 32 |
| 5. Northern SS, Toronto | 22 |
| 6. St. Annes CS, Clinton | 20 |

OFSAA Girls' Field Hockey Championship

Burlington

November 1-3, 2018



First time OFSAA field hockey convenor Steve Clark along with their organizing committee from Nelson High School (GHAC) welcomed the province to Burlington for the third time in four years. Student-athletes and teacher-coaches were treated to great field hockey action and a well-organized event.

After day one of competition, participants were treated to a first class banquet at the Holiday Inn & Convention Centre. The Leadership in School Sport award was presented to Geoff Sheppard from M.M Robinson High School (GHAC) for years of service in school sport. Geoff was instrumental in developing positive opportunities both with his school teams and community programs throughout the Halton region. His passion for student

success is obvious by the countless hours he dedicates to anything he decides to get involved with. Thanks "Coach Shep"!

Throughout the championship, spectators were treated to high level field hockey in both pool play and the playoff rounds. In fact, once the quarter finals began, all matches were decided by one goal and made for thrilling competition. The gold and bronze medal matches featured programs that have had great success over the years, however, the championship match had two schools that have not played for gold in recent years. Parkside Collegiate Institute (WOSSAA) and St. John's-Kilmarnock School (CISAA) played a great match and, in the end, SJK won 2-1. The bronze medal was won by Bill Crothers Secondary School (YRAA) defeating St. Mary's High School (CWOSSA) by a score of 2-1.

Congratulations to the St. John's-Kilmarnock School players: Erica Barra, Rachael Beettam, Anna Bout, Emily Davis, Abigail DeJonge, Gurleen Dhillon, Maggie Eng, Chloe Gingerich, Rebecca Grootendorst, Samantha Hobson, Ava Hupel, Madeleine Hykamp, Sofiya Kiseleva, Hanna Nopper, Lilly Nopper, Olivia Renaud, Hannah Rohrer, Jannah Saad, Emily Tam, Guyyunge Woo as well as coaches Leanne Dietrich and Ashley Stewart.

Also to be congratulated is Saltfleet District High School (SOSSA) who won the Team Sportsmanship Award. Your positive example on and off the field was appreciated by all participants.

Participating Teams (16)

St. Peter SS	COSSA
St. Mary's HS	CWOSSA
Saltfleet DHS	SOSSA
Riverdale CI	TDSSAA
Nelson HS	GHAC
John McCrae SS	NCSSAA
Holy Cross CSS	EOSSAA
Bill Crothers SS	YRAA
Bluevale CI	CWOSSA
Frontenac SS	EOSSAA
Bishop Allen Academy	TDCAA
Parkside CI	WOSSAA
Pickering HS	LOSSA
Lorne Park SS	ROPSSAA
Dr. Frank J. Hayden SS	GHAC
St. John's-Kilmarnock	CISAA

Quarter Finals

Bill Crothers def. Bluevale	1-0
St. John's Kilmarnock def. Nelson	2-1
St. Mary's def. Dr. Frank J. Hayden	2-1
Parkside def. Pickering	2-1

Semi Finals

St. John's-Kilmarnock def. St. Mary's	2-1
Parkside def. Bill Crothers	2-1

Bronze Medal Match

Bill Crothers def. St. Mary's	2-1
-------------------------------	-----

Gold Medal Match

St. John's-Kilmarnock def. Parkside	2-1
-------------------------------------	-----



Boys' A Volleyball Championship

Belleville November 22-24, 2018



The 2018 OFSAA Boys' A Volleyball Championship was held in Belleville and was highly competitive and exciting. Convenor Brian Poste of North Hastings High School and his organizing committee worked extremely hard to provide a great experience for each and every athlete and coach, and OFSAA would like to extend a special thank you to Brian and his team for putting on

such a great event!

During the banquet, the Leadership in School Sport Award was presented to John Vanderwindt (Quinte Christian HS, COSSA) who was very deserving of the recognition for all his work in school sport.

Spectators enjoyed some outstanding volleyball as the boys performed at a high level throughout the event. Two-time defending champion Louis Riel (NCSSAA) was the favourite heading into play and when the dust settled they became back to back Boys' A Volleyball Champions! Huge congratulations to the players and coaches from Louis-Riel: Francis Bessette, Antoine Ducharme, Oliver Ducharme, Vincent Ducharme, Nycholas Gagné, Adrian Gasper, Bebelo-Noah Masena, Jacob Matheson, Tristan Siguoin, Zachary Stone and their coaches François St-Denis and Alexandre McLellan.

ÉSP Maurice Lapointe received the Sportsmanship Team Award for their commitment to demonstrating OFSAA's values both on and off the court.

Participating Teams (20)

Pool A

ÉSP Louis-Riel
Académie Mère-Teresa
St. Mary CHS
Espanola HS
Thistletown CI

NCSSAA
GHAC
EOSSAA
NOSSA
TDSSAA

Pool C

Hamilton CHS
St. Thomas Aquinas HS
Toronto District CHS
ESC Nouvelle-Alliance
St. Michael's Choir School

SOSSA
NWOSSAA
YRAA
GBSSA
TDCAA

Pool B

Durham Christian HS
Tamiskaming HS
Woodland CHS
Nicholson Catholic College
Bayview Glen School

LOSSA
NEOAA
CWOSSA
COSSA
CISAA

Pool D

St. Marys DCVI
Brampton Christian Academy
ÉSP Maurice Lapointe
Chatham Christian HS
North Hastings HS

WOSSAA
ROPSSAA
NCSSAA
SWOSSAA
COSSA

Quarter Finals

Louis Riel def. Timiskaming
Hamilton District Christian def. St. Mary
St. Thomas Aquinas def. Maurice Lapointe
Mère-Teresa def. Woodland Christian

25-23 25-13 25-16
25-18 24-26 25-18 25-18
19-25 14-25 25-20 25-14 15-5
25-18 18-25 22-25 25-22 15-11

Semi Finals

St. Thomas Aquinas def. Mère-Teresa
Louis Riel def. Hamilton District Christian

25-21 14-25 25-22 26-24
25-21 25-23 20-25 25-19

Consolation Final Match

Brampton Christian def. Durham Christian

18-25 25-15 25-16 26-24

Bronze Medal Match

Hamilton District Christian def. Mère-Teresa

24-26 25-15 25-22 25-22

Gold Medal Match

Louis Riel def. St. Thomas Aquinas

25-18 25-9 25-15

Boys' AA Volleyball Championship

Sydenham

November 22-24, 2018



Sydenham High School (EOSSAA) played host to this year's AA Boys' Volleyball Championship. From the start of the championship, you could tell that convenor Bryan English, put in a lot of thought and effort into his preparations. He could not have done it without the many volunteers and amazing organizing committee. Thank you to Bryan and his group!

At the banquet, Nate Doorenkamp was a great speaker with a strong message relating to his experience in high school sport. The Leadership in School Sport Award was awarded to Leslie Lawlor (Sydenham High School, EOSSAA). Leslie has been coaching for more than 20 years. She's done a tremendous job at encouraging young people to participate in school sports. Congratulations Leslie!

As for the tournament itself, the action was fast and furious and the skill on display was fantastic from beginning to end. The top ranked Eden HS (SOSSA)

and one of the top ranked teams in the province, beat the second ranked ESC Franco Cité (NCSSAA) in the final. Special congratulations to the players and coaches from Eden: Cole Duncanson, Josiah Esau, Leighton Friesen, Matthew Gay, Nicholas Lampman, Ethan Maroudas, Ethan Mewhinney, Ashton Nieuwets, Samuel Pearson, Peter Pilling, David Reimer, David Ridings, Joshua Robins, Kersey Robinson and their coaches Bill Markham, Albino Pereira and Kyle Steele.

At the conclusion of the championship, E.L. Crossley was presented the OFSAA Team Sportsmanship Award. They were recognized not only for their ability but also for their great display of sportsmanship and positive attitude throughout the three days of competition. Congratulations to the athletes and coaches!

Participating Teams (20)

Pool A

Eden HS
É.S.C. L'Escale
St. Joseph's CHS
Henry Street HS
Kirkland Lake DCS

SOSSA
EOSSAA
GBSSA
LOSSA
NEOAA

Pool C

E.S.C. Franco Cité
Preston HS
Thornlea SS
E.L. Crossley SS
Streetsville SS

NCSSAA
CWOSSAA
YRAA
SOSSA
ROPSSAA

Pool B

St. Michael CSS
Birchmount Park CI
Thomas A. Blakelock HS
Westgate C & VI
Crescent School

WOSSAA
TDSSAA
GHAC
NWSSAA
CISSA

Pool D

Lasalle SS
Essex DHS
Monsignor Percy Johnson CHS
Sydenham HS
St. Mary's CHS

NOSSA
SWOSSAA
TDCAA
EOSSAA
COSSA

Quarter Finals

Eden def. Birchmount Park 25-15 25-22 25-23
Preston def. Sydenham 25-15 25-21 25-19
Franco Cité def. Essex 25-22 25-16 25-15
Thomas A. Blakelock def. L'Escale 25-19 25-18 27-25

Semi Finals

Eden def. Preston 25-14 25-13 25-23
Franco Cité def. Thomas A. Blakelock 25-20 25-13 25-16

Consolation Final Match

St. Michael def. LaSalle 25-20 25-22 25-21

Bronze Medal Match

Thomas A. Blakelock def. Preston 25-19 26-24 27-29 25-23

Gold Medal Match

Eden def. Franco Cité 25-15 25-13 21-25 25-16

Boys' AAA Volleyball Championship

Windsor

November 22-24, 2018



Thank you to Kennedy Collegiate and convenors Julia Pernal, Pat Osborne and Bryan Yaworsky for stepping in to host this year's OFSAA Boys' AAA Volleyball Championship. The teams had a quality experience playing at St. Clair College's Sportsplex.

The competition over the three days was intense and exciting. Mississauga SS (ROPSSAA) came in looking to defend their back to back titles, however, Georgetown DHS (GHAC) entering as the number one seed, came in with confidence in aiming to take the title. The gold medal match was hard fought between Georgetown and York Mills (TDSSAA), however, Georgetown would emerge as the winner taking home the banner as the AAA boys' volleyball champion. Congratulations to team members: Steven Abrams, Josh Pereira, Davis Young, Curtis Elinesky, Jordan Watkins, Hunter Gibson,

Chris Bowen, Ryan Harris, Gavin Conroy, Sam Krause, John Dunning, Josh Timukas, Blake Armstrong and their coaches Kyle Stewart and Van Avramidis.

At the banquet, Christine Papadopoulos (Kennedy Collegiate, SWOSSAA), was presented with the Leadership in School Sport Award for her commitment to high school athletics. Christine's passion and determination for player growth goes above and beyond. Congratulations Christine!

Earl of March SS (NCSSAA) was named the Team Sportsmanship Award recipient of the championship for their exemplary attitude throughout the tournament and by earning the respect of officials, volunteers, fellow athletes and coaches. Well done Lions!



Participating Teams (20)

Pool A

Georgetown DHS
 York Mills CI
 Sinclair SS
 Regiopolis-Notre Dame CHS
 Kennedy CI

GHAC
 TDSSAA
 LOSSA
 EOSSAA
 SWOSSAA

Pool C

Mississauga SS
 Sir Winston Churchill SS
 Etobicoke CI
 I.E. Weldon SS
 Pierre Elliott Trudeau HS

ROPSSAA
 SOSSA
 TDSSAA
 COSSA
 YRAA

Pool B

St. Marcellinus CSS
 Ancaster HS
 Neil McNeil HS
 St. Peter's CSS
 Lo-Ellen Park SS

ROPSSAA
 SOSSA
 TDCAA
 GBSSA
 NOSSA

Pool D

AB Lucas SS
 Chatham Kent SS
 St. Augustine CHS
 Waterloo CI
 Earl of March SS

WOSSAA
 SWOSSAA
 YRAA
 CWOSSA
 NCSSAA

Quarter Finals

Georgetown def. St. Peter's
 AB Lucas def. Sir Winston Churchill
 Mississauga def. Chatham Kent
 York Mills def. St. Marcellinus

25-19 25-17 25-19
 25-23 25-20 26-28 25-21
 25-22 25-19 25-16
 25-27 17-25 25-16 20-25 15-11

Semi Finals

Georgetown def. AB Lucas
 York Mills def. Mississauga

23-25 25-17 25-14 25-15
 25-20 25-22 25-22

Consolation Final Match

Neil McNeil def. St. Augustine

25-21 25-23 25-18

Bronze Medal Match

Mississauga def. AB Lucas

19-25 25-18 25-22 25-22

Gold Medal Match

Georgetown def. York Mills

25-22 26-24 25-11

OFSAA Committees and Chairs

Advocacy	Barry Mutrie	P: 519.270.4461	barry.cwossa@gmail.com
Coaching	Sean Clancy, Cairine Wilson SS	P: 613.824.4411	sean.clancy@ocdsb.ca
Future Directions	Nick Rowe, York Memorial CI	P: 416.394.3000	nick.rowe@tdsb.ca
Transfers	Dave Carscadden, Innisdale SS	P: 705.726.2552	dcarscadden@scdsb.on.ca
Constitutional Review	Heather Chambers	P: 705.474.7681	0621chambers@gmail.com
Equity	TBD		
Classifications	Hugh Rowland	P: 416.394.3200	hugh.rowland@tdsb.on.ca
Championship Review	Helen Thomson, St Michael CSS	P: 519.271.0890	hthomson@hpcdsb.ca
Sanctions	Brian Poste, North Hastings DHS	P: 613.332.1220	bposte@hpedsb.on.ca
Alpine Skiing	Karen Normet, Iroquois Ridge	P: 905.845.0012	normetk@hdsb.ca
Badminton	TBD		
Baseball	Paul SolarSKI, Brebeuf College	P: 416.393.5508	paul.solarski@tcdsb.org
Basketball	Peter Graham, Timmins High	P: 705.360.1411	peter.graham@dsb1.edu.on.ca
Co-Chair	Jason Leili, Kingsville DHS	P: 519.733.2347	jason.leili@publicboard.ca
Cross Country Running	Kirk Dillabaugh, Glebe CI	P: 613.239.2424	kirk.dillabaugh@ocdsb.ca
Curling	Yvonne Nieuwenhuis, Sir Robert Borden HS	P: 613.829.1287	yvonne.nieuwenhuis@ocdsb.ca
Field Hockey	Liz Rusch, John McCrae SS	P: 613.823.0367	elizabeth.rusch@ocdsb.ca
Boys' Field Lacrosse	Alex Frescura, St. Michaels College	P: 416.653.3180	frescura@smcmail.com
Football	Martin Carl, Eastview SS	P: 705.728.1321	mcarl@scdsb.on.ca
Golf	Kendra Read, All Saints CHS	P: 613.271.4254	kendra.read@ocsb.ca
Co-Chair	John Elliot, Timmins H&VS	P: 705.360.1411	john.elliott@dsb1.edu.on.ca
Hockey	Tim Clayton, Mother Teresa	P: 519.675.4433	tclayton@ldcsb.ca
Co-Chair	Eileen Elliott, St. John's College	P: 519.759.2318	eelliott@bhncdsb.ca
Nordic Skiing	Todd Harris, Lakefield CS	P: 705.652.3324	tharris@lcs.ca
Rugby	David Schaffler, Oakville Trafalgar HS	P: 905.845.2875	schafflerd@hdsb.on.ca
Co-Chair	Carrie Bowie, St. Patrick's HS	P: 613.733.0501	carrie.bowie@ocsb.ca
Soccer	Tony Fiorino, Neil McNeil	P: 416.393.5502	tony.fiorino@tcdsb.org
Snowboarding	Duncan Warrenner, Nelson High School	P: 905.637.3825	warrennerd@hdsb.ca
Swimming	Michelle Harshman-Bettig	P: 905.676.1191	michelle.bettig@peelsb.com
Tennis	Tami Hawkins, Tecumseh Vista Academy	P: 519.987.6200	tami.hawkins@publicboard.ca
Track & Field	Craig Cavanagh, Riverside SS	P: 519.948.4116	craig.cavanagh@gecdsb.on.ca
Volleyball	Pat Farrell, Regiopolis Notre Dame	P: 613.545.1902	farrell@alcdsb.on.ca
Co-chair	Andrea Lackovic, Westmount SS	P: 905.385.5395	alackovi@hwdsb.on.ca
Wrestling	Dave Hawkins, Tecumseh Vista Academy	P: 519.739.2189	dave.hawkins@publicboard.ca

INNVEST Hotels

Stay at over 80 properties
managed by InnVest Hotels,
34 of which are located in Ontario.

For a complete hotel listing of all of
our properties across Canada, visit
InnVesthotels.com

Remember to ask
for the 'OFSAA Rate and
Convenor Incentive'
when booking!

For reservations, contact the hotel
directly or contact

Saverio Gioffre
National Sales Manger

416-607-7100 ext 2400

Saverio.Gioffre@innvesthotels.com

THE OFFICIAL OFSAA HOTEL SUPPLIER

Holiday Inn Barrie Hotel & Conf. Centre	705-728-6191	Comfort Inn Orillia	705-327-7744
Comfort Inn Belleville	613-966-7703	Comfort Inn Ottawa East	613-744-2900
Hilton Garden Inn Burlington	905-631-7000	Comfort Inn Ottawa West	613-592-2200
Holiday Inn Burlington Hotel & Conf. Centre	905-639-4443	Holiday Inn & Suites Ottawa Kanata	613-271-3057
Homewood Suites Burlington	905-631-8300	Marriott Ottawa	613-238-1122
Comfort Inn Cambridge	519-658-1100	Les Suites Hotel Ottawa	613-232-2000
Comfort Inn Cobourg	905-372-7007	Comfort Inn Parry Sound	705-746-6221
Comfort Inn Dryden	807-223-3893	Comfort Inn Pembroke	613-735-1057
Holiday Inn Guelph Hotel & Conf. Centre	519-836-0231	Comfort Inn Pickering	905-831-6200
Comfort Inn Hamilton	905-560-4500	Comfort Inn Sault Ste. Marie	705-759-8000
Comfort Inn Kapuskasing	705-335-8583	Comfort Inn Simcoe	519-426-2611
Comfort Inn Kenora	807-468-8845	Comfort Inn Sudbury Regent St	705-522-1101
Comfort Inn Kingston 401	613-546-9500	Comfort Inn Sudbury 2 nd Ave	705-560-4502
Holiday Inn Kingston Waterfront	613-549-8400	Comfort Inn Thunder Bay	807-475-3155
Delta London Armouries	519-679-6111	Comfort Inn Timmins	705-264-9474
Comfort Inn Newmarket	905-895-3355	Holiday Inn Express Toronto Downtown	416-367-5555
Holiday Inn Express North Bay	705-476-7700	Comfort Inn Waterloo	519-747-9400



 **FSAA**

ONTARIO FEDERATION OF SCHOOL ATHLETIC ASSOCIATIONS
FÉDÉRATION DES ASSOCIATIONS DU SPORT SCOLAIRE DE L'ONTARIO

EDUCATION THROUGH SCHOOL SPORT

**LE SPORT SCOLAIRE :
UN ENTRAÎNEMENT POUR LA VIE**