

# The Bulletin



2018 - 2019 OFSAA  
Championship  
Calendar

Scholarship  
Recipients



ONTARIO FEDERATION OF SCHOOL ATHLETIC ASSOCIATIONS  
FÉDÉRATION DES ASSOCIATIONS DU SPORT SCOLAIRE DE L'ONTARIO

**EDUCATION THROUGH SCHOOL SPORT**

**LE SPORT SCOLAIRE : UN ENTRAÎNEMENT POUR LA VIE**

# Ontario Federation of School Athletic Associations

305 Milner Avenue, Suite 207 Toronto, Ontario M1B 3V4

Phone: (416) 426-7391

Publications Mail Agreement Number: 40050378

Website: [www.ofsaa.on.ca](http://www.ofsaa.on.ca)

## STAFF

<b>Executive Director</b>	Doug Gellatly	P: 416.426.7438	<a href="mailto:doug@ofsaa.on.ca">doug@ofsaa.on.ca</a>
<b>Sport Manager</b>	Shamus Bourdon	P: 416.426.7440	<a href="mailto:shamus@ofsaa.on.ca">shamus@ofsaa.on.ca</a>
<b>Program Manager</b>	Denise Perrier	P: 416.426.7436	<a href="mailto:denise@ofsaa.on.ca">denise@ofsaa.on.ca</a>
<b>Communications Coordinator</b>	Pat Park	P: 416.426.7437	<a href="mailto:pat@ofsaa.on.ca">pat@ofsaa.on.ca</a>
<b>Operations Coordinator</b>	Beth Hubbard	P: 416.426.7439	<a href="mailto:beth@ofsaa.on.ca">beth@ofsaa.on.ca</a>
<b>Sport Coordinator</b>	Peter Morris	P: 905.826.0706	<a href="mailto:morrisis@sympatico.ca">morrisis@sympatico.ca</a>
<b>Sport Coordinator</b>	Jim Barbeau	P: 613.962.0148	<a href="mailto:jjim@ofsaa.on.ca">jjim@ofsaa.on.ca</a>
<b>Sport Coordinator</b>	Brian Riddell	P: 416.904.6796	<a href="mailto:brian@ofsaa.on.ca">brian@ofsaa.on.ca</a>

## EXECUTIVE COUNCIL

<b>President</b>	Jennifer Knox, Kenner CI	P: 705.743.2181	<a href="mailto:jennifer_knox@kprdsb.ca">jennifer_knox@kprdsb.ca</a>
<b>Past President</b>	Ian Press, Bayside SS	P: 613.966.2922	<a href="mailto:ipress@hpedsb.on.ca">ipress@hpedsb.on.ca</a>
<b>Vice President</b>	Nick Rowe, York Memorial CI	P: 416.394.3000	<a href="mailto:nick.rowe@tdsb.on.ca">nick.rowe@tdsb.on.ca</a>
<b>Metro Region</b>	TBA		
<b>East Region</b>	Kendra Read, All Saints HS	P: 613.271.4254 x 5	<a href="mailto:kendra.read@ocsb.ca">kendra.read@ocsb.ca</a>
<b>West Region</b>	Michele Van Bargaen, Strathroy DCI	P: 519.245.8488	<a href="mailto:m.vanbargaen@tvdsb.ca">m.vanbargaen@tvdsb.ca</a>
<b>South Region</b>	Rob Thompson, St Aloysius Gonzaga	P: 905.820.3900	<a href="mailto:rob.thompson@dpcdsb.org">rob.thompson@dpcdsb.org</a>
<b>Central Region</b>	Shawn Morris, Stephen Lewis SS	P: 905.326.7994	<a href="mailto:shawn.morris@yrdsb.ca">shawn.morris@yrdsb.ca</a>
<b>North Region</b>	Tim Lowe, ES Algonquin	P: 705.472.8240	<a href="mailto:lowet@franco-nord.ca">lowet@franco-nord.ca</a>
<b>CODE</b>	Jamie McKinnon, Bruce-Grey CDSB	P: 519.364.5820	<a href="mailto:jamie_mckinnon@bgcdsb.org">jamie_mckinnon@bgcdsb.org</a>
<b>CODE</b>	Jim Costello, Lambton-Kent DSB	P: 519.336.1500	<a href="mailto:costelji@lkdsb.net">costelji@lkdsb.net</a>
<b>CODE</b>	André Blais, CSC Monavenir	P: 416.397.6564	<a href="mailto:ablais@cscmonavenir.ca">ablais@cscmonavenir.ca</a>
<b>Member-at-Large</b>	Linda de Jeu	P: 705.927.8605	<a href="mailto:lindadejeu@gmail.com">lindadejeu@gmail.com</a>
<b>Member-at-Large</b>	Barry Mutrie	P: 519.270.4461	<a href="mailto:barry.cwossa@gmail.com">barry.cwossa@gmail.com</a>

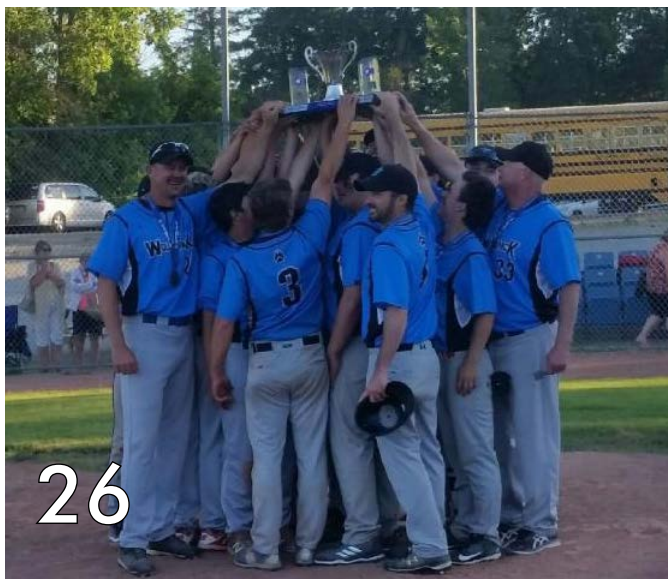
## REPRESENTATIVES' COUNCIL

<b>CISAA</b>	Fraser Bertram, Crescent School	P: 416.449.2556	<a href="mailto:fbertam@crescentschool.org">fbertam@crescentschool.org</a>
	Ashley Willis, Toronto Montessori Schools	P: 907.780.1002	<a href="mailto:awillis@tmsschool.ca">awillis@tmsschool.ca</a>
<b>COSSA</b>	Brian Poste, North Hastings DHS	P: 613.332.1220	<a href="mailto:bposte@hpedsb.on.ca">bposte@hpedsb.on.ca</a>
	Leslie Creeden, IE Weldon SS	P: 705.324.3585 x 19017	<a href="mailto:leslie.creeden@tdsb.on.ca">leslie.creeden@tdsb.on.ca</a>
<b>CWOSSA</b>	Johnny Forte, Cameron Heights CI	P: 519.578.8330	<a href="mailto:johnny_forte@wrdsb.ca">johnny_forte@wrdsb.ca</a>
	Pamela Robinson, Simcoe Composite	P: 519.426.4664 x 501240	<a href="mailto:pamela.robinson@granderie.ca">pamela.robinson@granderie.ca</a>
<b>EOSSAA</b>	Suchetan James, Frontenac SS.	P: 613.389.2130	<a href="mailto:james@limestone.on.ca">james@limestone.on.ca</a>
	Tammy Bovaird, Notre Dame CHS	P: 613.253.4700	<a href="mailto:tammy.bovaird@cdsbeo.on.ca">tammy.bovaird@cdsbeo.on.ca</a>
<b>GBSSA</b>	Val Hargreaves, Eastview SS	P: 705.728.1321	<a href="mailto:vhargreaves@scdsb.on.ca">vhargreaves@scdsb.on.ca</a>
	Steve Porter, Barrie North CI	P: 705.726.1846	<a href="mailto:sporter@scdsb.on.ca">sporter@scdsb.on.ca</a>
<b>GHAC</b>	Mark Freeman, Notre Dame CSS	P: 905.335.1544	<a href="mailto:freemanm@hcdsb.org">freemanm@hcdsb.org</a>
	Carolyn Mossey, St. Jean de Brebeuf SS	P: 905.388.7020	<a href="mailto:mosseyc@hwcdsb.on.ca">mosseyc@hwcdsb.on.ca</a>
<b>LOSSA</b>	Brad White, Ajax HS	P: 905.683.1610	<a href="mailto:brad_white@ddsb.ca">brad_white@ddsb.ca</a>
	Linda Correia, Dunbarton HS	P: 905.839.1125	<a href="mailto:Linda_correia@ddsb.ca">Linda_correia@ddsb.ca</a>
<b>NCSSAA</b>	Sean Clancy, Gloucester HS	P: 613.745.7176	<a href="mailto:sean.clancy@ocdsb.ca">sean.clancy@ocdsb.ca</a>
	Kendra Read, All Saints CHS	P: 613.271.4254	<a href="mailto:kendra.read@ocsb.ca">kendra.read@ocsb.ca</a>
<b>NEOAA</b>	John Elliott, Timmins HS	P: 705.361.1411	<a href="mailto:john.elliott@dsb1.ca">john.elliott@dsb1.ca</a>
	Anita Anderson, Englehart HS	P: 705.544.2337	<a href="mailto:anita.anderson@dsb1.ca">anita.anderson@dsb1.ca</a>
<b>NOSSA</b>	Tim Lowe, ES Algonquin	P: 705.472.8240	<a href="mailto:lowet@franco-nord.ca">lowet@franco-nord.ca</a>
	Kim Chezzi, Lively District SS	P: 705.692.3671	<a href="mailto:chezzik@rainbowschools.com">chezzik@rainbowschools.com</a>
<b>NWOSSAA</b>	David McCallum, Westgate CVI	P: 807.577.4251	<a href="mailto:david_mccallum@lakeheads.schools.ca">david_mccallum@lakeheads.schools.ca</a>
	Janine Lavoie, Queen Elizabeth DHS	P: 807.737.3500	<a href="mailto:janine.lavoie@kpdsb.on.ca">janine.lavoie@kpdsb.on.ca</a>
<b>ROPSSAA</b>	Rob Thompson, St Aloysius Gonzaga	P: 905.820.3900	<a href="mailto:rob.thompson@dpcdsb.org">rob.thompson@dpcdsb.org</a>
	Kelly Gouveia, Fletcher's Meadow	P: 905.495.2675 x 424	<a href="mailto:kelly.gouveia@peelsb.com">kelly.gouveia@peelsb.com</a>
<b>SOSSA</b>	Bob Gardiner, Dundas Valley SS	P: 905.628.2203	<a href="mailto:rgardine@hwdsb.on.ca">rgardine@hwdsb.on.ca</a>
	Jill Stiefelmeyer, Governor Simcoe SS	P: 905.934.4006	<a href="mailto:jill.stiefelmeyer@dsbn.org">jill.stiefelmeyer@dsbn.org</a>
<b>SWOSSAA</b>	James Clarke, John McGregor	P: 519.354.1740 x 11655	<a href="mailto:james.clarke@lkdsb.net">james.clarke@lkdsb.net</a>
	TBA		
<b>TDCAA</b>	Paul Solarski, Brebeuf College	P: 416.393.5508	<a href="mailto:paul.solarski@tcdsb.org">paul.solarski@tcdsb.org</a>
	TBA		
<b>TDSSAA</b>	George Kourtis, Toronto DSB	P: 416.396.6000	<a href="mailto:george.kourtis@tdsb.on.ca">george.kourtis@tdsb.on.ca</a>
	TBA		
	TBA		
	TBA		
<b>WOSSAA</b>	Tim Clayton, Mother Teresa CSS	P: 519.675.4433	<a href="mailto:tclayton@ldcsb.ca">tclayton@ldcsb.ca</a>
	Michele Van Bargaen, Strathroy DCI	P: 519.245.8488	<a href="mailto:m.vanbargaen@tvdsb.ca">m.vanbargaen@tvdsb.ca</a>
<b>YRAA</b>	Shawn Morris, Stephen Lewis SS	P: 905.326.7994	<a href="mailto:shawn.morris@yrdsb.ca">shawn.morris@yrdsb.ca</a>
	Liana Williams, Milliken Mills HS	P: 905.477.0072	<a href="mailto:lianawilliams@yrdsb.ca">lianawilliams@yrdsb.ca</a>

## ADVISORS

<b>Ministry of Education</b>	Jeeves Jeyadevan	P: 416.325.0129	<a href="mailto:jeeves.jeyadevan@ontario.ca">jeeves.jeyadevan@ontario.ca</a>
<b>Ministry of Tourism, Culture and Sport</b>	Marie Dannhaeuser	P: 416.327.6141	<a href="mailto:marie.dannhaeuser@ontario.ca">marie.dannhaeuser@ontario.ca</a>

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<b>PHOTOGRAPHY CREDITS</b>	
Front Cover & Above Right – Ryan Pfeiffer (Metroland)	
Back Cover – James Mirabelli (JMP Photography)	
Front Cover Athlete – Shaleah Colaire (St. Mary CSS)	



Thank you to the Ontario Ministry of Tourism, Culture and Sport and the Ministry of Education for their generous contributions and support.

## A Word from Doug Gellatly, OFSAA Executive Director



Thousands of student-athletes in Ontario will benefit this school year from the work of their coaches. School sport continues to play an important role in education and volunteer coaches are clearly vital in creating athletic opportunities.

The benefits, however, don't apply only to students. In a study of Ontario high school teacher-coaches conducted by the University of Ottawa, 97.3% said that being a coach

helped them create better relationships with their students. Further, 94.5% believed their role as a coach had a positive effect on their overall job satisfaction, and 86.1% felt coaching made them a better teacher. It is therefore reasonable to conclude that coaching school sport creates strong teachers who are happier with their jobs.

We encourage teachers to get involved in coaching and OFSAA offers coach development programs to assist with training. These include the Coaching in Ontario Schools course (3 hours), and our annual two-day OFSAA Conference which will take place May 9 and 10, 2019. School Sport Canada has several online courses, some of which are sport-specific, and these can be found at [schoolcoach.ca](http://schoolcoach.ca). We hope these offerings can help attract new teachers into the coaching ranks and I invite you to contact our office if you have any questions about the above noted programs.

As we head into the excitement of a brand new school year, I found this short article with some coaching advice. It was originally published in the September 1976 OFSAA Bulletin but will still have value to coaches today.

*As all our interschool activities get underway this year, take time to evaluate yourself as a coach before the season begins – there is always room for improvement. Whether new or experienced, here are some thoughts to consider.*

**C**ommit yourself to doing the best coaching job you can. Even if you have been assigned to a sport you are not highly proficient at, you can be a good coach with the aid of clinics, books, and other coaches' knowledge. The basic ingredient in the making of a good coach is the desire to do well. However do not overcommit yourself at the expense of your curricular program.

**O**rganize your coaching program. Although you must adapt to the individuals with whom you are working, planned and well-run practice sessions produce better results. Organization takes time and effort but it is vital to the success of a team. Throughout the season, preparations are necessary for both home and away competitions so team members and staff are fully aware of proceedings.

**A**sk for assistance and advice – no coach is expected to know all there is about any activity. Make use of the expertise of other coaches and physical education teachers. Asking for help is a sign of strength in a coach.

**C**hallenge your athletes continually – interschool activities should provide an arena of learning throughout the season for both competitor and coach. Motivate your team – vary the format of practice sessions; chart the progress of individuals; provide exhibition meets or games.

**H**abit development begins early in the season. From the initial tryout sessions, a coach should clearly indicate what they expect from team members, spell out the consequences for breaking rules and enforce them. Producing a well-disciplined team begins in the practices and carries over to the game situation. Team spirit, enthusiasm, sportsmanship – win or lose – must be stressed and demonstrated at all times.

Thank you to all those who step forward to coach this year and I wish you all the best in 2018-19.

A handwritten signature in brown ink that reads "Doug Gellatly".

## Subscribe To OFSAA's E-Newsletter



Stay updated on all of our awards, key dates, programs, conferences, scholarships, recognition, sponsorships and championships. Delivered via email in January, April, June and October, the newsletter has the OFSAA brand covered. Don't miss out!

Individuals can subscribe to the newsletter through the homepage of our website: [ofsaa.on.ca/node/4166](http://ofsaa.on.ca/node/4166)

## Age Classifications for the 2018-19 School Year

For the 2018-19 school year, a Midget will be born in 2004 or later and may only compete at OFSAA in the Midget category for one year in Grade 9. A Junior will be born in 2003 or 2004 and a Senior will be born in 1999 or later.

1998 or earlier	Ineligible
1999	Senior
2000	Senior
2001	Senior
2002	Senior
2003/04	Junior
2004	Midget

How old was the student on January 1, 2018?

Years of eligibility:

Coaches and students are reminded that students are eligible for no more than five consecutive years from date of entry into Grade 9. There is no appeal to this rule.

## 2018-19 Transfer Appeal Meeting Dates

Meeting Date	Deadline for Applications
Thurs., Oct. 4, 2018	Mon., Sept. 24, 2018
Thurs., Nov. 1, 2018	Wed., Oct. 17, 2018
Tues., Dec. 11, 2018	Mon., Nov. 26, 2018
Thurs., Feb. 21, 2019	Wed., Feb. 6, 2019
Thurs., Apr. 18, 2019	Wed., Apr. 3, 2019

To appeal to an Association decision, please call the OFSAA office and give the name of the student and school, as well as the name of the principal. Please see the deadline dates posted above.

A letter will be sent to the student, c/o the principal, stating the date, time and location of the appeal hearing. The letter will outline what information the student must provide prior to the meeting date.

OFSAA will be hosting a transfer policy workshop on September 14 in the GTA. This is ideal for association transfer chairs, association executives, athletic coordinators, school athletic directors, or anyone involved with transfer policy decisions. Contact Doug Gellatly at [doug@ofsa.on.ca](mailto:doug@ofsa.on.ca) for more information.



## OFSAA Social Spotlight

Keep up to date with OFSAA news, photos, videos, championship information, scholarships, conferences, and much more, by following OFSAA on Facebook, Twitter, LinkedIn, Instagram, SnapChat and YouTube!



[/OFSAA](https://www.facebook.com/OFSAA)



[@OFSAA](https://twitter.com/OFSAA)



[/company/OFSAA](https://www.linkedin.com/company/OFSAA)



[@OFSAAGRAM](https://www.instagram.com/OFSAAGRAM)



[RealOFSAA](https://www.snapchat.com/add/RealOFSAA)



[/OFSAA](https://www.youtube.com/OFSAA)

Follow individual championship results with live updates from OFSAA Championship twitter accounts. Updates and pics right from the source!

[@OFSAASnow](https://twitter.com/OFSAASnow)

[@OFSAABadmnton](https://twitter.com/OFSAABadmnton)

[@OFSAABaseball](https://twitter.com/OFSAABaseball)

[@OFSAABasketball](https://twitter.com/OFSAABasketball)

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[@OFSAAFootball](https://twitter.com/OFSAAFootball)

[@OFSAAGolf](https://twitter.com/OFSAAGolf)

[@OFSAABoyHockey](https://twitter.com/OFSAABoyHockey)

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[@OFSAATrack](https://twitter.com/OFSAATrack)

[@OFSAAVBall](https://twitter.com/OFSAAVBall)

[@OFSAAWrestling](https://twitter.com/OFSAAWrestling)

## Best Wishes To Patty Johnson

OFSAA sends congratulations and best wishes to Patty Johnson as she accepts a new teaching position at Bishop Strachan School. As a result of this change, Patty will be leaving her position on both the OFSAA Executive Council and Representatives' Council. She served as the TDCAA girls' representative on the Representatives' Council since 2009, was a member of the OFSAA Executive Council since 2012, was the chair of the Committee for Girls' Activities for a two-year term, and has also volunteered to sit on several other committees. Thank you, Patty for your service and dedication over the past nine years!

## Gymnastics Update

At the most recent OFSAA Executive Council meeting in June, members approved the removal of gymnastics from OFSAA jurisdiction. The sport no longer meets the championship or festival criteria in accordance with OFSAA By-Laws.

OFSAA extends sincere gratitude to the hundreds of volunteers, student-athletes, teacher-coaches and the members of the gymnastics Sports Advisory Committee over the years.

## Golf Reminder

Reminder to all coaches concerning the 'Open' division in OFSAA Golf for boys and girls.

Definition of an Open golfer: "A student-athlete who has competed in a provincial or national tournament within the past 12 months outside of the high school program, shall be classified as an Open participant within the individual division."

## Canadian Interscholastic Athletic Administrators Association – CIAAA



This is a joint venture between OFSAA and the Canadian Interscholastic Athletic Administrators Association that promotes, supports and trains existing and aspiring Athletic Directors/Coordinators.

3 courses (502c; Principles, Strategies and Methods, 504c; Legal Issues 1 and 602c; Creating Your Athletic Handbook) are being offered through OFSAA.

Check out the CIAAA website at [www.ciaa.ca](http://www.ciaa.ca), or if you are interested in hosting a course in your area, please contact Denise Perrier at [denise@ofsa.on.ca](mailto:denise@ofsa.on.ca) or 416-426-7436.



**SAVE THE DATE ... SAVE THE DATE ... SAVE THE DATE**

The 2019  **OFSAA CONFERENCE**  
is set for **May 9 & 10**

Check [ofsa.on.ca](http://ofsa.on.ca) and social media for more information in the coming weeks.

OFSAA  
**TRYday 2018-19!**

**Motivation! Inclusion! Demographic changes! Budget restraints! Leadership opportunities!**

Address all these issues during the 2018-19 school year by applying for an OFSAA TRY Day grant. The Ontario Ministry of Education has again provided a grant of up to \$700 for schools to enhance their athletic/activity programs and to encourage all students to get active. Build the OFSAA TRY Day program into your schedule of classroom and leadership courses, intramurals, special activity days, or fitness programs. **APPLY TODAY!**

**ELIGIBILITY?**

- 140 publicly-funded secondary schools
- Meet the minimum requirement of participants and student leaders
- Commitment to completing the program

**CRITERIA for approval for funding and reimbursement?**

- Introduce a new sport or physical activity to their current physical education program
- Make activity available to students in multiple grade levels
- Include the leadership component - minimum of six (6) student leaders in the planning and implementation of the TRY Day event
- Involve a minimum of sixty (60) participants (30 in schools with a student population under 500)
- Complete the TRY Day program by April 30, 2019

**HOW to apply?**

- Applications are accepted ONLINE only (OFSAA website – Programs/Try Day/Application Form)

**SELECTION?**

- Funds will be allocated on a first-come, first-served basis, provided all criteria are met
- First-time applicants and rural schools will receive priority

**PROCESS?**

- Funding acceptance emailed
- Reporting packages emailed at the end of August or within 2 weeks after receipt of applications submitted in the fall
- Reimbursement sent within 2 weeks, if school meets all requirements, completes online reporting forms and student evaluations, and emails all reporting materials. Final deadline is May 15, 2019

**Register ON-LINE now as funds are limited**

\*\*If you do not receive an email reply within 3 weeks of submitting your application, please contact Diana Ranken, 'TRY Day' Program Coordinator (diana@ofsaa.on.ca)

**VCOR**

**Baden**

**Baden**

**VCOR**

**BOYS AND GIRLS HIGH SCHOOL OFFICIAL VOLLEYBALL**

**TRUFLIGHT COVER**  
**SPIN TRAK**

**MINIMUM LEGAL PANELS**  
**WET TRACTION**

Aerodynamic dimpled cover means the ball goes where you hit it  
 High contrast blocks of color allow players to better gauge spin and better anticipate ball motions  
 Fewer seams means more accuracy and consistent play  
 Proprietary coating keeps the ball from getting slick when wet, maintaining play consistency until the last set



# OFSAA-SANCTIONED INVITATIONAL EVENTS

## ATTENTION TO ALL ATHLETIC DIRECTORS & PHYSICAL EDUCATION CURRICULUM LEADERS

**PLEASE ENSURE THAT ALL OF YOUR COACHES ARE AWARE OF THEIR RESPONSIBILITIES AS IT APPLIES TO ATTENDING OR HOSTING SANCTIONED EVENTS.**

Individual schools bear the responsibility of submitting timely and accurate requests for OFSAA Sanctioning if they wish to attend or host invitational events. Requests must be received **at least 30 days prior** to taking part in or hosting such an event. OFSAA Sanctioning requires that all competitors are **OFSAA eligible** and that **supervision** requirements are met by each school who wishes to take part.

APPLICATION FORMS to either host or attend invitational events are to be **completed on-line** and can be found at: [ofsaa.on.ca/events/sanctioned-events](http://ofsaa.on.ca/events/sanctioned-events)

**IF YOU ARE TAKING PART IN AN INTERPROVINCIAL COMPETITION**, your school must receive OFSAA Sanctioning in order to participate. OFSAA has reciprocal agreements with the other provincial high school sport organizations that will protect the integrity of interprovincial events.

IF YOU ARE ATTENDING AN EVENT IN THE USA, your school must receive OFSAA Sanctioning for all state and National Federation of High School (NFHS) events. Since many events do not specifically indicate whether the event is sanctioned or not, it is wise to obtain OFSAA Sanctioning for all US events.

IF YOU ARE HOSTING A MEET OR TOURNAMENT, schools from the USA or other Canadian provinces must receive sanctioning from the host state or province, so it is recommended that you receive OFSAA sanctioning for your event if it involves any school(s) from outside Ontario. Failure to do so may result in a team being sanctioned by their state or province when they return home.

If you want to know if the invitational event or meet that you want to attend/host has been sanctioned by OFSAA, please go to [ofsaa.on.ca/events/sanctioned-events/approved-team-sanctions](http://ofsaa.on.ca/events/sanctioned-events/approved-team-sanctions) or the NFHS site at [nfhs.org](http://nfhs.org). Any questions can be directed to Jim Barbeau at [Jim@ofsaa.on.ca](mailto:Jim@ofsaa.on.ca)

The advertisement features the OFSAA logo at the top, with the word "Baden" in a stylized font below it. The main text reads "Official Exclusive Football of the Ontario Federation of School Athletic Associations". Two footballs are shown: one labeled "Baden QB\*1" and "F7000L-QB leather" and another labeled "Baden QB\*1" and "F9C composite". At the bottom, the text "Buy 10 Get 2 Free" is displayed in large blue letters.

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## CROSS COUNTRY

### Gryphon - Charger Pre- Meet

October 3, 2018  
Michael Smith, Steve Moran

Dundas, ON  
Christie Lake Conservation Area  
msmith@hwdsb.on.ca  
morans@hdsb.ca

### Pirates Invitational Boys' & Girls Meet

September 26, 2018  
Randy Givogue

Brockville, ON  
Memorial Park  
randy.givogue@ucdsb.on.ca

## GIRLS' FLAG FOOTBALL

### Markham Varsity Girls' Flag Invitational

September 14, 2018  
Steve Hartsliel

Markham, ON  
Markham DHS  
stephen.hartsliel@yrdsb.ca

## HOCKEY

### Gator Varsity Boys'

January 8 & 9, 2019  
Stephen Sim

Lakeshore CHS  
Port Colborne Arena  
stephen.sim@ncdsb.com

### Gator Jr. Boys'

April 2 & 3, 2019  
Stephen Sim

Lakeshore CHS  
Port Colborne Vale Centre  
stephen.sim@ncdsb.com

### 13th Annual Capital Boys' & Girls' Hockey Tournament

November 26 & 27, 2018  
Daniel Keleman

Holy Trinity CHS  
Bell Sensplex, Kanata  
daniel.kelemen@ocsb.ca

### 35th Annual Bur Bear Varsity Boys' Hockey Tournament

February 7 - 9, 2019  
Zach Hogan

Dr. Frank J. Hayden SS  
Burlington  
hoganz@hdsb.ca

### Lady Crusader Cup

December 4 & 5, 2018  
Wendy Glover, Mike Chaney

Catholic Central HS  
London  
wglover@ldcsb.ca  
mike.chaney@rogers.com

### Boys' Crusader Cup Christmas Extravaganza

December 14 & 15, 2018  
Wendy Glover, Mike Chaney

Catholic Central HS  
London  
wglover@ldcsb.ca  
mike.chaney@rogers.com

### Junior Boys' & Girls' Crusader Cup

March 29, 2019  
Wendy Glover, Mike Chaney

Catholic Central HS  
London  
wglover@ldcsb.ca  
mike.chaney@rogers.com

## Boys', Girls' & Co-Ed Tournaments @ York University

2-Day Events - Minimum 4 Game guarantee  
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All Boys' Tournaments offer A,B, and C Divisions Various Dates  
Al Rose  
York University  
416-661-5900 X251  
arose@icesports.com

### Senior Boys'

(All Senior Boys' tournaments, including Mini Matches, will offer both CONTACT and NON CONTACT divisions, with the exception of February's Canadian Classic, which is Contact Only.)

Early Bird Mini Matches	November 9, 2018
North York Classic	November 21 & 22, 2018
Early December Mini Matches	December 6, 2018
Christmas Freezeout	December 13 & 14, 2018
Late December Mini Matches(All)	December 19, 2018
New Year's Festival	January 9 & 10, 2019
Canadian Classic	February 7 & 8, 2019
(Contact Only - longer games & 2 floods)	
York University Classic	February 21 & 22, 2019
Mini Matches	February 27, 2019
Mini Matches	March 7, 2019

### Junior Boys'

(All Junior Tournaments are CONTACT ONLY; however, coaches may also opt to have all their specific teams' games played under Non Contact rules.)

Early Bird	November 21 & 22, 2018
Mini Matches	December 6, 2018
Mini Matches	January 9, 2019
Mini Matches	February 13, 2019
Junior March Classic	February 28 & March 1, 2019
Mini Matches	March 22, 2019
Junior Spring Classic	April 10 & 11, 2019

### Girls'

(All NON-CONTACT only. Unless otherwise noted, all tournaments offer A, B, C, D & DD divisions with the same minimum game guarantees as the Boys' tournaments)

Early Bird Mini Matches	November 20, 2018
Early December Mini Matches	December 5, 2018
Christmas Classic	December 11 & 12, 2018
Late December Mini Matches	December 17, 2018
Mini Matches	January 10, 2019
Cardinal Carter Classic (A - D only)	February 5 & 6, 2019
"DD" Delight (DD only)	February 5 & 6, 2019
Elite (longer games)	February 11 & 12, 2019
Mini Matches	March 6, 2019
Girls' Springfest	April 3 & 4, 2019

### CO-ED

(All Non Contact only; teams must have 2 girls on the ice as skaters at all times.)

CO-ED Christmas Jamboree	December 18, 2018
CO-ED March Jamboree	March 5, 2019
CO-ED Spring Classic	April 9, 2019

## SOCCER

### Marauder Jr & Sr Boys' Invitational

September 28, 2018  
Paul Andrez  
Banting Memorial HS  
Alliston  
pandrez@scdsb.on.ca

### Colonel By SS (exhibition game) vs Halifax West HS

September 21, 2018  
Pat Lacasse  
Ottawa  
Colonel By SS, Ottawa  
pat.lacasse@ocdsb.ca

## ULTIMATE FRISBEE

### Festivus Invitational

April 18, 2019  
Sanjay Lad  
David Suzuki SS, Brampton, ON  
Hershey Centre, Mississauga  
sanjay.lad@peelsb.com



# School Sport Canada Online Courses

School Sport Canada currently offers a number of online courses to benefit high school coaches (some of which are offered at no cost!). All courses allow participants to work at their own pace including the ability to save work and return to the course until it is complete. Although these courses are not NCCP certified, participants will be provided a certificate of completion.

Courses can be accessed through [www.schoolcoach.ca](http://www.schoolcoach.ca) or through the OFSAA website under "Programs." The following courses are being offered:

All courses have an introductory video which provides a detailed overview of the course.

## **Athletic Injury Management**

A course designed to give you an understanding of athletic injury management.

This course is designed to prepare you, the interscholastic teacher-coach, for all situations that participation in high-school athletics could encompass.

## **Concussion in Sports - What You Need To Know - FREE**

Sports-related concussion in high school sports can be serious or even life-threatening situations if not managed correctly.

National Federation of State High School Associations (NFHS) and Centers for Disease Control and Prevention (CDC) have teamed up to provide information and resources to help educate coaches, officials, parents and students on the importance of proper concussion recognition and management in high school sports.

**This is a FREE Course!**

## **Engaging Effectively with Parents - FREE**

Course participants learn essential and effective communication techniques and methods for interacting with parents and guardians.

## **Fundamentals of Coaching**

\*This course is comparable to OFSAA's Coaching in Ontario Schools but does not include the Ontario specific elements and is not NCCP accredited.

A Grassroots Course Focusing on Critical Skills and Understanding Athlete Needs; a Must for All Coaches.

## **Legal Course for Coaches -FREE**

A course designed to give you an understanding of legal issues in sports.

## **Teaching & Modeling Behaviour**

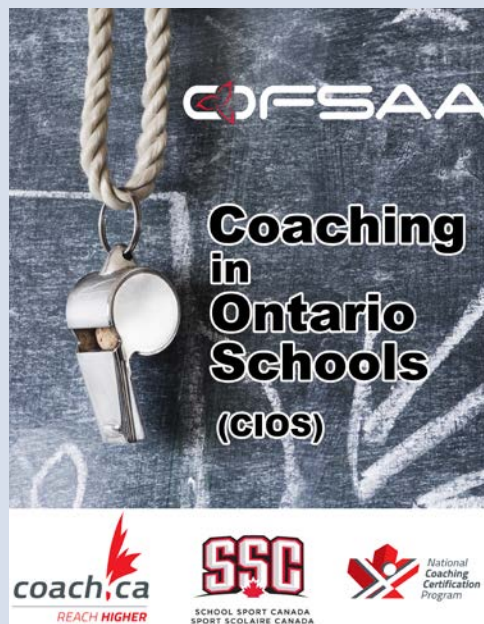
A course designed to teach coaches how to proactively modify and encourage good sportsmanship.

## **Tobacco - "Be the NORM" - FREE**

A course designed to give students and coaches an understanding of the negative effects of tobacco use.

**This is a FREE Course.**

## Coaching in Ontario Schools (CIOS)



CIOS is a program developed by the Coaching Association of Canada and the Ontario Federation of School Athletic Associations to give teacher-coaches and community volunteers the special skill-set they need to coach effectively in the school environment.

OFSAA is looking to host "CIOS Day" and offer a workshop in each association on September 11th, 2018, from 3:30pm-7pm. This workshop is great for any OFSAA coaches or for those schools that have an increased number of community coaches and need to be aware of OFSAA policies. CIOS also provides participants with three PD points to maintain NCCP certification.

Let's look to educate more volunteers, teachers and coaches and we can do that through the CIOS! If you are interested in hosting on this CIOS Day or offering a workshop at your school (this course is offered in both English & French), please contact Denise Perrier at [denise@ofsaa.on.ca](mailto:denise@ofsaa.on.ca) or 416-426-7436.



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# 2017-2018 Keeping Football Safe Contest Winners

OFSAA, in partnership with Spalding Canada, is excited to announce the winners of our Keeping Football Safe contest! Congratulations:

- St. Matthew High School (Ottawa) and Head Coach Jean Guillaume
- Lorne Park Secondary School (Mississauga) and Head Coach Ben Grant

Thank you to all who applied and completed the courses to keep football safe on the fields at our schools!

## Please Support OFSAA's School Sport Sponsors

OFSAA is fortunate to have several companies supporting school sport in Ontario. Official equipment has been play-tested and endorsed by experienced teacher-coaches. Please support these sponsors by using their products.

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- Molten**
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# Helping Students Report Injuries Without Fear of Looking Weak

By Christopher Stankovich, Ph.D., @DrStankovich



As leaders continue to actively study and understand the injury risks that student-athletes assume while playing contact sports, including the risk of concussions, a second, less-noticed psychological concern might warrant similar attention. Specifically, student-athletes who experience on-field injuries are often left in an incredibly challenging, often-confusing position: Speak up and report an injury in order to receive medical attention, or succumb to pressures relating to not being tough enough and stay in the game.

While many coaches talk in general terms to students about mental toughness as it applies to on-field success, rarely do these conversations focus specifically on the unexpected, unplanned stress that happens to those athletes when they experience injuries while competing.

As a result, most student-athletes are caught off-guard when feeling the effects of an on-field hit and not knowing exactly what to do when it comes to reporting their concerns to coaches. Reporting injuries immediately prevents conditions from worsening, but is there a price student-athletes pay by looking weak when they excuse themselves from games because of injuries?

Research studies have shown a strong link between repeated head hits and brain trauma, including concussions. In response to these research findings, leagues have improved rules for on-field play, as well as directing more attention to better sport equipment options. In addition to these efforts, it is equally important that student-athletes develop the confidence needed to speak up about their injuries without fear of negative future consequences, or worry that they will look weak to their teammates.

## **No pain, no gain!**

Although there has been a positive shift in the paradigm as it applies to sport safety, there are still some coaches, parents and student-athletes who ascribe to the old thinking that pain and discomfort are simply mental toughness challenges, not reasons to seek medical attention. “No pain, no gain,” is a previously popular mantra that pushed athletes to fight through pain, and to only remove themselves from games when absolutely necessary.

In some instances, this way of thinking may have elevated athletes to achieve personal and team goals, but it’s also shortsighted to not think many of these same athletes likely compounded and/or worsened their injuries by not getting the medical attention they needed in that moment.

Fortunately, today’s way of thinking appears to be changing toward a safer, healthier way of attending to injuries by responding sooner, but this new modality has left some athletes to feel at-risk for not looking brave in fighting through their pain.

## **The stakes are too high**

In the old days, an athlete who fought through a muscle cramp probably didn’t risk much future permanent damage: however, with what is now known about head injuries, the stakes have become too high to allow athletes with concussions to remain in the game.

As a result, not only do coaches need to be acutely aware of signs of concussion, but they also need to talk overtly and often to their student-athletes about the importance of coming out of games when necessary. Getting a few more plays out of an injured player



simply isn't worth the long-term consequences the individual might face years down the road.

### The next steps

As safety measures for student-athletes continue to be improved, it is equally important that more attention is given to psychology relating to how coaches and students identify and respond to sport injuries. How do coaches impress upon athletes the importance of speaking up without fear of negative future consequences, and how do these student-athletes gain the confidence needed to report injuries without worrying that they will lose their position, or be viewed as a weak athlete?

A few ideas for developing a healthy dialogue with coaches and student-athletes include the following:

- **Discuss sport safety as much as X's and O's.** Obviously, coaches should focus on developing sport skills and game plans to help student-athletes perform at a high level, but this doesn't have to come at the expense of having ongoing discussion about the risks that sport injuries pose, especially head injuries. It is important for coaches to talk openly about safe training measures, as well as the realities student-athletes face by not listening to their bodies and ignoring obvious medical concerns.
- **Be clear about protocols for student-athletes who think they might be hurt.** Telling students about reporting injuries is one thing, but actually showing them what to do and how to do it will really drive home this lesson. Make sure they know signs and symptoms, methods for letting coaches and trainers know about their concerns, and options available to them if they have injury concerns.

- **Assure student-athletes they won't lose their spot because of injury, or be viewed as weak for speaking up.** Remember, many athletes today still ascribe to the idea that pain and injuries are simply barriers to work through, not signs that an athlete might benefit from medical attention. Student-athletes will experience far less anxiety when coaches talk directly about how it is a sign of courage and strength, not weakness, when athletes speak assertively about their concerns relating to sport injuries. This message can be strengthened by ensuring that student-athletes will not lose playing time because of an unforeseen injury - a philosophy that used to be the norm in sports.
- **Emphasize long-term safety over short-term game success.** Student-athletes not only play below what they are capable of when injured, but they also run the risk of long-term, permanent damage when they ignore injuries that clearly warrant medical attention. Coaches can help by driving home the point that kids are not hurting the team by asking to be removed, especially if removal prevents a long-term injury.



Dr. Chris Stankovich is the founder of Advanced Human Performance Systems, an athletic counseling and human performance enhancement center. For more information, visit [drstankovich.com](http://drstankovich.com)



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# From A for Athletics to Z for Zimbabwe

by Barry Mutrie, OFSAA Executive Council member

Twelve years ago I led a mission team of eight men from our church in Hanover to the Village of Hope in Zimbabwe. I had just retired after 35 years of teaching physical education and coaching at high schools in Pickering, Kapuskasing and Chesley. As we flew on British Airways to London, England and then onto Harare, Zimbabwe, flights that took us through 6 time zones and two nights struggling to get some sleep slumped in our seats, I had no idea of the transformation this trip would have on my life!

It's now twelve years later and in May I lead my 12th team to the Village of Hope in Zimbabwe - but more about the trip later. The Village of Hope is a 22 acre plot of land on the outskirts of Harare, the capitol of Zimbabwe. During the past 10 years, nine orphan homes, a primary school, secondary school, medical clinic and youth apartments have been built to meet the needs of abused and abandoned children or children who have been orphaned by the HIV/AIDS epidemic. For me, as I arrive at the gates each year, it is a deeply emotional time for I have seen an almost empty plot of land turned into a place of refuge and hope for hundreds of children who otherwise would have no hope. Our first team saw 17 children in the school and now there are 650! There were 7 children in one home and now there are more than 80 children in 9 homes. There was no medical clinic, no well for the community to use for safe water, and no sports fields and outdoor courts for basketball, netball and volleyball.

As we flew home from that first trip in 2007, our team had a layover at Heathrow airport in London and as we sat in a MacDonald's early in the morning before our final flight home, we wrestled with the question, "what do we do with the impact that the Village of Hope has had on us?" That very moment was when we decided to start the Mission Zimbabwe Project of which I have become the Team Leader. Our vision was to build a connection and partnership between our Grey/Bruce community and the people at the Village of Hope. We had three goals – organize community events to raise funds, promote sponsorship of children to go to school, and to take a mission team each year to be an encouragement to the people at the Village of Hope.

The Mission experience can be an exhausting, intense, emotionally charged time for a team and this year's team experience was no exception. My many years of experience as a high school coach and teacher of leadership courses were invaluable in preparing our team. After four months of team building and preparation, our team of eleven (ages 71 to 18 with 2 men and 9 women) flew Toronto to Paris, France to Nairobi, Kenya, to Lusaka, Zambia and finally onto Harare, Zimbabwe.

We arrive at the Mission house where we will be staying and are warmly welcomed by old friends, Ticha and Enid and their children who look after the property. One thing that has always stayed with me is how homes in Harare are surrounded by high walls topped with broken glass or razor wire and iron gates that have a security code and people are hired to provide security. Just, one of many major cultural differences! Another difference is that although some level of English is spoken by most Zimbabweans as the language of business, the everyday language is Shona so I encourage the team to learn a few phrases and to learn about the Shona culture. Our team is briefed by Mr. Chimbetete, our host and then we are left to sort out our living arrangements. Fortunately, Alex and I have experience in driving on the other side of the road, so we transport the team to a local market to buy supplies and food for our first supper.

Early the next morning we drive the 15 minutes it takes to the Village of Hope that is located just outside Harare on Good Hope Road which is a road that has more pot holes than actual road. We tour the 22 acres and see the medical clinic, church, offices, playing fields, primary and secondary school buildings, youth apartments, greenhouses and finally the children's homes at the back of the property. This Monday, the area is mostly quiet as the school term doesn't start until the next day so we meet and are greeted by staff, "Mangwanani. Mamoukase?" (Good morning. How did you sleep?). Then, the children in the homes see our team and we are inundated with hugs and the house mothers welcome us with much joy. We will spend the day helping the house mothers prepare the children for school and also playing with the children as they teach us their games. This helps us get our feet on the ground before the "real" work begins tomorrow!

What is the real work? In the morning some of our team is tasked with painting the inside of the two oldest homes. This will take all week to complete. The others,



Mission Zimbabwe 2018 team (Barry is middle back)



*Volleyball game at Vimbainesu Children's Home in rural Zimbabwe*

led by Alex are to do some much needed upgrades on the plumbing to as many homes as possible and to teach the maintenance staff some plumbing skills. Some of our team will assist the nurse at the medical Clinic while two of our teachers will be leading seminars in "how to get a job" (resume writing, interview skills, etc.) Unemployment is very high in Zimbabwe with estimates at between 80% and 90% so developing skills that will give one an advantage in a very difficult job market is important. Team money goes to buy paint, ladders, paint brushes, very expensive plumbing supplies, textbooks and farm equipment. In the afternoon (school ends at 1:00 pm), our team organizes a Vacation Bible School for over 100 children that includes, songs, bible stories, active games and crafts. Afternoon is also free for sports activities! So I head to the playing fields to coach volleyball and to mentor their coaches. Thanks to OFSAA and my Big Bruce Volleyball Club, I have brought volleyballs, soccer balls and basketballs that are so badly needed and are gratefully received by Mrs. Chifamba, the sports director. Unlike schools in Canada, all sports occur outside so as I coach on the two outdoor volleyball courts, there are also games of soccer, netball and basketball going on around me. In early June, the Village of Hope will hold their annual Champions of Hope Volleyball Tournament that is sponsored by Mission Zimbabwe on 12 outdoor courts (nets and volleyballs from Canada) and they will host 48 teams for a special day for the children. I have been present for the tournament during its first year (2012) and once more since and was amazed to see teams warming up with just the one ball their school possessed and I even saw one team warming up using an old soccer ball. I gave them a volleyball as a gift and was greeted with incredible joy as the ball became their most valued possession!

Each morning two of our team are assigned to go with Tete Jarare to Beta Bricks, which is a community about 5 kilometers from the Village of Hope. When we see views of third world countries on TV, that is what one sees at Beta Bricks. Thousands of families are living in one room with no sanitation and no running water and clouds of

dust coat everything due to the production nearby of sun-dried bricks. We go to the public school where over 2000 primary school students attend in classes of 70 or more with few desks and probably only one or two textbooks per classroom. Some children at Beta Bricks don't get to go to school because in Zimbabwe you have to pay to go to school and their parents don't have the \$23.00 US to pay for a term! The Village of Hope support a feeding program at the school which provides about 800 students a day with a bowl of fortified sadza (corn meal) porridge and also register children to be sponsored by Canadians to go to school. The school head master tells me that this meal will probably be the only meal that day for about 50% of the children. How humbling for me to interact with these children as they line up for their bowl of porridge! If our team needed a reality check about our lives and about the needs of so many African children, this is it! At our sharing time each evening, many tears are shed for these children and for the generosity of the Village of Hope for sharing their few resources with these children.

During our second week at the VOH, we spent two evenings in the children's homes eating supper with them and we bring family games and puzzles that they can do together. Each home has a house mother with 7 to 9 children. These house mothers are amazing as they commit their lives to providing love and security for these children, many of whom have seen parent's die of HIV/AIDS related illnesses or have been abused and abandoned to the streets. These evenings are always a highlight as the children perform songs and skits for our team and we get to be part of their family, even if it is only for a few hours. On one of these evenings, I had supper in house #1 and there I met a young man named Tashinga. Talk about a life transformed! Tashinga has grown up at the VOH but I remember him three years ago as an uncommunicative and depressed youth. Then Tashinga found volleyball and singing and was nurtured by the love of his house mother and he has been transformed into a thoughtful leader who is now the head boy at the secondary school.





*Barry with Champions of Hope team (girls grade 8 team)  
– Ball donated by OFSAA*

Also during the second week, our team travels about two hours to Vimbainesu Children's Home in the Zvimba area of Zimbabwe. Mission Zimbabwe began financially supporting this rural orphanage 10 years ago. When we first visited Vimbainesu, the 27 children were not doing well and were showing symptoms of malnourishment and there were no projects to help sustain the orphanage. At present, there are over 40 children living in the rondavels (circular homes) with two house mothers and Mrs. Madzima, the manager looking after them. During the visit I meet with the Management Committee which is comprised mostly of local village chiefs. This gives me an opportunity to connect with them and get a report on how the children are doing and what is happening with the projects. We have assisted them with purchasing pigs for a piggery project and chickens for a "laying" project. These projects as well as a small farm and a grinding mill provide employment for the older children and are helping to make Vimbainesu more self-sufficient. Our team entertains the children with games and songs and they host us for a Braai (BBQ using wood). We eat roadrunner (wild chicken), peanut butter with kovo (greens), rice and sadza. One of our main tasks while visiting is to take pictures of all the children which they love us to do. One of our main focuses is education for the children and we provide a budget each year that provides for all children to attend school as well as support for some students to go on to college and university. The children love to play soccer and volleyball! I was able to leave them a volleyball net donated by Walkerton District Community School and volleyballs donated by my local volleyball club. As well we brought them two soccer balls thanks to OFSAA.

The last Friday before we depart, our team organizes a lunch for the staff at the Village of Hope. They are an amazing group of teachers, house mothers, aunties, nurses, maintenance staff, field workers and administrative staff. They show their love for the children each day and I am humbled by their dedication. I get the

opportunity after lunch to say goodbye and to let them know how much we appreciate what they are doing to bring hope for the future to the children. On the last Saturday, our team organized a Carnival for the VOH and Vimbainesu children. We had an inflatable jumping castle and all kinds of fun games with prizes and snacks. What an energy draining day as we provided this special event for over 200 children!

People often ask if we saw any lions or giraffes or elephants and the answer is, yes! We took one day away and drove to Imire which is a famous game park close to Harare. There we saw lions, jackels, wildebeest, elephants, rhinos and more. We also enjoyed a beautiful lunch overlooking an African lake with rhinos grazing below us and the splendor of Acacia and Marula trees dotting the savannah.

As I leave Zimbabwe, it is a "bittersweet" time for me. It is "bitter" to leave people I respect and love that are like family to me. It is also a "sweet" time as I am returning home to family and friends and to a culture where I am comfortable and rich beyond measure. On a personal level, I feel incredibly blessed because since my retirement from teaching, I have been able to make a connection between my passion and love of high school sport and coaching, and my passion and love for the people of Zimbabwe. Thank you OFSAA for your support of donated equipment and for the encouragement that the OFSAA volunteers provide.

When I began teaching and coaching at Pickering High School in 1972, I would never have imagined that I would have the opportunity to coach children in Africa, run clinics for African coaches or create and sponsor the Champions of Hope Volleyball Tournament. Many of the lessons that I learned as a teacher, educational leader and athletic administrator have proved so very valuable in making the Mission Zimbabwe Project a reality. Nor would I have imagined the impact that one person can have so many thousands of kilometers away or how one trip to Zimbabwe could transform my life.

For more information about the Mission Zimbabwe Project go to [www.missionzimbabwe.org](http://www.missionzimbabwe.org)

Blessings  
Barry Mutrie



*Barry Mutrie is a retired teacher and a member of the OFSAA executive council whose involvement in school sport spans close to 50 years. Each year in May he leads a team of volunteers from his church that travels to Zimbabwe to help build homes, schools, and a better life for abused, abandoned and orphaned children in the Village of Hope.*

# MAKING HEAD WAY

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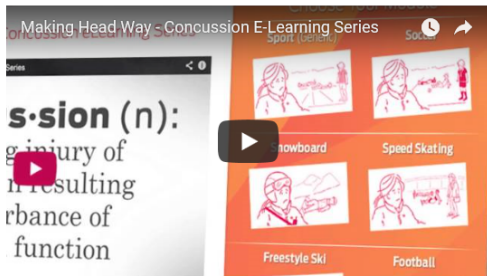


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## Making Head Way Concussion eLearning Series



Designed to help you gain the knowledge and skills required to ensure the safety of your athletes, these NCCP Professional Development modules will make you concussion smart!

To begin, you will require a NCCP#. If you have never taken a NCCP course and need a NCCP#, please register with The Locker.

You should expect to spend 60-90 minutes completing a module. Each completed module will be recorded on your coaching transcript as professional development.

Please note that this eLearning module is not optimized for mobile devices.

## Choose Your Module

Sport (Generic)

Soccer



Snowboard

Speed Skating



Freestyle Ski

Football



The Coaching Association of Canada is offering free online courses (sport-specific and generic) designed to help you gain the knowledge and skills required to ensure the safety of your athletes.

These NCCP Professional Development modules - called Making Head Way, Concussion eLearning Series - will make you concussion smart!

To access the courses, please go to:

[coach.ca/making-head-way-concussion-elearning-series-p153487](http://coach.ca/making-head-way-concussion-elearning-series-p153487)



**Rowan's Law**  
(Concussion Safety), 2018, received Royal

Assent on March 7, 2018. The Law is intended to transform the manner in which concussions are managed in amateur competitive sport in Ontario.



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Teaches students life lessons

02



Reduces anxiety and stress

03



Increases confidence and self esteem

04



Reduces obesity

05



Improves sleep

06



Improves cognitive abilities

07



Builds stamina

08



Teaches children about values

09



Helps to build resilience

10



Increases cardiovascular fitness

11



Teaches respect

12



Teaches emotional control

13



Builds strength

14



Helps children learn from failure

15



Improves communication skills

16



Improves problem solving skills



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17



Reduces tension

18



Stimulates growth of brain cells

19



Boosts immune system

20



Reduces depression



# Congratulations 2018 Brian Maxwell Memorial Scholarship Winners

OFSAA and the Brian Maxwell Memorial Scholarship Fund are extremely pleased to announce the student-athlete recipients for 2018.

The scholarship fund is in memory of Brian Maxwell, a successful distance runner. Brian competed in track and field and cross country and achieved success as an OFSAA champion, and a Canadian junior, juvenile and senior champion. He also won numerous international marathons. In 1980, he was selected to the Canadian Olympic team and later became a successful entrepreneur who, with his wife, Jennifer, co-founded the nutritional supplement PowerBar. Brian was born with a defective heart valve and in 2004, at only 51 years of age, died of a heart attack.

The six recipients of The Brian Maxwell Memorial Scholarship each receive \$5,000. These three female and three male student-athletes with a track and field or cross country pedigree in high school will continue their post-secondary education at a Canadian college or university. The scholar-athletes must also display qualities of honesty, integrity, compassion and an unwavering quest to accomplish the best academically and athletically while supporting fellow team members. These were all qualities of Brian Maxwell.

OFSAA is appreciative for the opportunity to partner with the Brian Maxwell Memorial Scholarship Fund each year to support students continuing their education in Canada.

Please meet the 2018 recipients of the Brian Maxwell Memorial Scholarship:



**Nicholas Bannon** graduated Centre Dufferin District High School in Shelburne with an average of 96%.

Nicholas took part in OFSAA Cross Country in each year of high school and he's an accomplished runner across several competitions in the province. He also participated in basketball, volleyball, badminton, baseball and golf at his school

and he served as Athletic Council President. As a Peer Mentor, Nicholas mentored a developmentally-challenged child student in a delayed class by assisting in both academic and athletic activities. He also helped Grade 9 students transition to high school as a LINK crew leader.

Nicholas is enrolled in the University of Guelph's Bachelor of Commerce, Food and Agriculture Business.



**Sandra Bojic** attained a 95% average at Clarkson Secondary School in Mississauga. Sandra's leadership in her sporting pursuits was evident by being bestowed the captancy on her volleyball, badminton, soccer, flag football, track and field and cross country teams. She was also president of student council and a member of the group in each year of high school. Sandra takes great pride in founding the school's peer tutor program for science and mathematics.

Sandra is an extremely active member of her community. She enjoys being a swim instructor, a ski instructor, a lifeguard, a soccer convenor and a camp counselor. Fundraising is a priority that Sandra takes to heart. She has taken efforts to support Camp Oochigeas for children with cancer, charity basketball for underprivileged children, donation drives for victims of Hurricane Mara and clothing drives for immigrant and families in need of winter clothing.

Sandra will attend the University of Ottawa with the intention of earning a Bachelor of Health Sciences degree.



**Hanna Jodoin** earned a 98% overall average in graduating from Korah Collegiate & Vocational School in Sault Ste. Marie.

Hanna competed in the 1,500 and 3,000 metre events at OFSAA Cross Country in grade 11 and grade 12, respectively. She also competed at OFSAA in the triple jump category in 2017 and placed second in the competition. Hannah is a three-time city badminton champion and a four-time NOSSA medalist and she served as the captain of the school's basketball team which captured a city championship and a NOSSA championship.

Outside of school athletics, Hanna is a peer tutor for younger students in French and Mathematics. She enjoys fundraising for the United Way Fund and coaching girls soccer.

Hanna is looking forward to her next chapter in life – studying Human Kinetics at the University of Guelph.



**Erik Ohrling** compiled a 95% and is a 2018 graduate of Collingwood Collegiate Institute.

Erik took part in cross country throughout most of high school and showcased his skills in OFSAA competition on three occasions. He also managed to compete in the Nordic Ski Nationals in Thunder Bay and he was a member of his school's soccer and swim team.

Erik can often be spotted coaching and refereeing youth soccer at the Collingwood United Soccer Club and he founded the "The Tech Tutor" which assists senior citizens with electronic devices. In addition, Erik also founded the "Peer To Peer Tutor Club". Here, seniors meet with junior students to help with editing essays and preparing for exams.

The Ivey Business School (HBA) at Western University is the next stop for Erik as he continues his studies in the fall.



**Alec Purnell** graduated Dundas Valley Secondary School with an 87% average.

He has competed at OFSAA Cross Country in the 800 metre and 1500 metre races during his high school career. At Dundas Valley, Alex was a member of the badminton and swim teams and he enjoys playing the trombone in the school band.

In the community, Alec assisted in shipping uniforms and sports equipment to Senegal while raising awareness and funds for the project called Senequip. As a Sports Fitness School Leader, Alec helps young children develop interests in track and field, soccer and wrestling. He enjoys developing reading skills for children by being a Hamilton Public Library Reading Buddy. Alec takes pride in being a sports program leader in the summer for the Dundas Baptist Church.

Alec also has his sights set on studying Human Kinetics at the University of Guelph in September.



**Chloe Walker** graduated from Vincent Massey Secondary School in Windsor with a 94% average.

Chloe's dedication to cross country, track and field (steeple chase) and middle distance events all resulted in participation in OFSAA championships every year of high school.

Chloe is a member of SPECTRA – Sun Parlour Equestrian Therapeutic Riding Association – where she maintains stables, grooms horses and does equestrian riding with disabled children. She coached young autistic girls as part of the Spring Step Program at the Windsor Legion Track & Field Club.

Chloe is enrolled in nursing in the fall at the University of Windsor.

# KidSport Grants 2018-19



OFSAA and 'KidSport' partner to provide funding to assist high school students in Ontario overcome financial barriers that are restricting their participation in school sports. Monies are available

to cover the expenses included in student athletic fees that allow them to participate in the local leagues and meets. Promote this source of funds with your athletes whose families are struggling financially!

## The Application Process?

- Application forms are available at [ofsaa.on.ca](http://ofsaa.on.ca) and [kidsportcanada.ca/ontario](http://kidsportcanada.ca/ontario).
- Parents must provide comprehensive information on the family's current financial status and their reasons for need.
- An endorser, who is familiar with the student and the school sport fee structure, must clearly identify the areas which basic and sport specific fees cover.

## Funding Allotment?

- Funding is divided into sport seasons, so students only apply for their sport that occurs in the specific season. Students may apply for more than one sport.
- There is a maximum amount of funding allowed per sport season, and per student for the school year.
- Monies are only approved for participation in regular league competition. This grant is not intended to cover any costs associated with exhibition matches, tournament play, or additional costs incurred from qualifying for championships.

## Deadline dates for applications:

Fall sports - October 31, 2018

Winter sports - January 30, 2019

Spring sports - April 30, 2019

Check the OFSAA and KidSport websites for the details and the application forms.



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## 2017-2018 OFSAA Team Sportsmanship Award Recipients

The Team Sportsmanship Award is given out at each Championship to the team that displays outstanding teamwork, positive attitude and respect for opponents.

Girls' Field Hockey	Southwood SS
Girls' A Basketball	Lester B. Pearson SS
Girls' AA Basketball	St. Michael Catholic SS
Girls' AAA Basketball	A.B. Lucas SS
Boys' A Volleyball	Atikokan HS
Boys' AA Volleyball	Milliken Mills HS
Boys' AAA Volleyball	Bluevale CI
Girls' A Volleyball	ESC E.J. Lajeunesse
Girls' AA Volleyball	Lockerby Composite School
Girls' AAA Volleyball	Richview CI
Boys' A Basketball	Rockway Mennonite Collegiate
Boys' AA Basketball	Woodroffe HS
Boys' AAA Basketball	Orillia SS
Girls' Curling	Bear Creek SS
Boys' Curling	Medway HS
Girls' A/AA Hockey	St. Mark HS
Girls' AAA Hockey	John F. Ross CVI
Boys' A/AA Hockey	Leaside HS
Boys' AAA Hockey	Holy Cross Catholic SS
Girls' A/AA Rugby	Blenheim District HS
Girls' AAA Rugby	John F. Ross CVI
Boys' A/AA Rugby	Cairine Wilson SS
Boys' AAA Rugby	Salt Fleet DHS
Girls' A Soccer	O'Gorman HS
Girls' AA Soccer	Huntsville HS
Girls' AAA Soccer	Lawrence Park CI
Boys' A Soccer	Emmanuel Christian HS
Boys' AA Soccer	St. David Catholic SS
Boys' AAA Soccer	Cobourg CI

## 2017-2018 OFSAA Leadership in School Sport Award Recipients

The OFSAA Leadership in School Sport Award is presented at each OFSAA Championship to a teacher-coach who has made a significant contribution to their educational athletic program. The recipient exemplifies the values of fair-play and sportsmanship, while promoting enjoyment, personal growth, and educational achievement through school sport.

Boys' Golf	Aaron Martin
Girls' Field Hockey	Ashley Stephenson
Cross Country	Gary Serviss & Karen Kennedy
Girls' A Basketball	Cathy Beard
Girls' AA Basketball	Susan Fawcett
Girls' AAA Basketball	Jeff Brubacher
Boys' A Volleyball	William Groot
Boys' AA Volleyball	Kevin Devaney
Boys' AAA Volleyball	Frank Leung
Alpine Skiing	Patrick Burchat
Nordic Skiing	Louis Roberge
Swimming	Todd Funston
Wrestling	John Burke
Girls' A Volleyball	Thomas Couvillion
Girls' AA Volleyball	Heidi Kroes
Girls' AAA Volleyball	Michele Van Bargaen
Boys' A Basketball	Rob Carlisle
Boys' AA Basketball	Phil Moore
Boys' AAA Basketball	Jim MacDougall
Curling	John Gibson
Girls' A/AA Hockey	Jean St. Jean
Girls' AAA Hockey	David Jaeger
Boys' A/AA Hockey	Jason Boose
Boys' AAA Hockey	Craig Bell
Badminton	Mike Kainz
Tennis	Larry Laughlin
Girls' A/AA Rugby	Ryan Clancy
Girls' AAA Rugby	Mark Yanchus
Boys' A/AA Rugby	Pete Hercus
Boys' AAA Rugby	Ryan Kimmerly
Girls' A Soccer	Michele Mommersteeg
Girls' AA Soccer	Cathleen Mulvey
Girls' AAA Soccer	Aldo Bertucci
Boys' A Soccer	Marty Edwards
Boys' AA Soccer	Jacques Carrier
Boys' AAA Soccer	Steve Kranyak
Track & Field	Sue Deighan & Craig McLaughlin

# 2018-19 OFSAA Char

## **Boys' Golf (LOSSA)**

Oct. 10-11, 2018, Oshawa  
Glenn Ross, R.S. McLaughlin CVI  
905-728-9407

glenn.ross@ddsb.ca

**Entry Deadline: Oct. 4, 2018**

## **Girls' Golf (SWOSSAA)**

Oct. 10-11, 2018, Windsor  
Joe Amicarelli, Essex DHS  
519-776-7344

joe.amicarelli@publicboard.ca

**Entry Deadline: Oct. 4, 2018**

## **Girls' Field Hockey (GHAC)**

Nov. 1-3, 2018, Burlington  
Steve Clark, Nelson HS  
905-637-3825

clarkst@hdsb.ca

**Entry Deadline: Oct. 27, 2018**

## **Cross Country (SOSSA/GHAC)**

Nov. 3, 2018, Dundas  
Mike Smith/Steve Moran, Dundas  
Valley/Garth Webb  
905-628-2203

msmith@hwdsb.on.ca

**Entry Deadline: Oct. 30, 2018**

## **Boys' A Volleyball (COSSA)**

Nov. 22-24, 2018, Bancroft  
Brian Poste, North Hastings HS  
613-332-1220

bposte@hpedsb.on.ca

**Entry Deadline: Nov. 17, 2018**

## **Boys' AA Volleyball (EOSSAA)**

Nov. 22-24, 2018, Sydenham  
Bryan English, Sydenham HS  
613-376-3612

englishb@limestone.on.ca

**Entry Deadline: Nov. 17, 2018**

## **Boys' AAA Volleyball (SWOSSAA)**

Nov. 22-24, 2018, Windsor  
Pat Osborne, Kennedy Collegiate  
519-245-6475

patrick.osborne@publicboard.ca

**Entry Deadline: Nov. 17, 2018**

## **Girls' A Basketball (NOSSA)**

Nov. 22-24, 2018, North Bay  
Lisa Hotte, ÉSC Algonquin  
705-472-8240

hottel@franco-nord.ca

**Entry Deadline: Nov. 17, 2018**

## **Girls' AA Basketball (WOSSAA)**

Nov. 22-24, 2018, London  
Pete Lambert, John Paul II HS  
519-675-4432

cyopete@gmail.com

**Entry Deadline: Nov. 17, 2018**

## **Girls' AAA Basketball (WOSSAA)**

Nov. 22-24, 2018, London  
Kris Potter, A.B. Lucas SS  
519-452-2600

k.potter@tvdsb.on.ca

**Entry Deadline: Nov. 17, 2018**

## **Football Bowls (NCSSAA)**

Nov. 26-28, 2018, Ottawa  
Jim Barbeau, OFSAA  
jim@ofsaa.on.ca

**Entry Deadline: Nov. 20, 2018**

## **Nordic Skiing (GBSSA)**

Feb. 28-Mar. 1, 2019, Duntroon  
Bill Hewitt, Collingwood Collegiate  
705-445-3161

bhewitt@scdsb.on.ca

**Entry Deadline: Feb. 23, 2019**

## **Alpine Skiing (GBSSA)**

Feb. 25-26, 2019, Collingwood  
Kevin Gosselin, Jean Vanier CHS  
705-445-2043

kgosselin@smcdsb.on.ca

**Entry Deadline: Feb. 19, 2019**

## **Snowboarding (YRAA)**

Feb. 28, 2019, Toronto  
Adrienne Chong, Markville SS  
905-940-8840

adrienne.chong@yrdsb.ca

**Entry Deadline: Feb. 23, 2019**

## **Swimming (TDSSAA)**

Mar. 5-6, 2019, Toronto  
Rick Mahoney, York Mills CI  
416-395-3340

rick.mahoney@tdsb.on.ca

**Entry Deadline: Feb. 27, 2019**

## **Wrestling (NCSSAA)**

Mar. 4-6, 2019, Ottawa  
Guy MacDougall, Carine Wilson SS  
613-824-4411

guy.macdougall@ocdsb.ca

**Entry Deadline: Feb. 21, 2019**

## **Boys' A Basketball (WOSSAA)**

Mar. 4-6, 2019, London  
Brett Fliesser, ÉSC Mgr. Bruyère  
519-673-4223

fliebret@cscprovidence.ca

**Entry Deadline: Feb. 26, 2019**

## **Boys' AA Basketball (NEOAA)**

Mar. 4-6, 2019, Timmins  
Peter Graham, Timmins High & VS  
705-360-1411

peter.graham@dsb1.ca

**Entry Deadline: Feb. 26, 2019**

## **Boys' AAA Basketball (SOSSA)**

Mar. 4-6, 2019, Stoney Creek  
Dave Ormerod, Saltfleet HS  
905-573-3000

dormerod@hwdsb.on.ca

**Entry Deadline: Feb. 26, 2019**

## **Girls' A Volleyball (NWOSSAA)**

Mar. 4-6, 2019, Kenora  
Megan Derouard, St. Thomas Aquinas HS  
807-548-8282

mderouard@kcdsb.on.ca

**Entry Deadline: Feb. 26, 2019**

## **Girls' AA Volleyball (SWOSSAA)**

Mar. 4-6, 2019, Amherstburg  
Jeff Miller, General Amherst DHS  
519-736-2149

jeff.miller@publicboard.ca

**Entry Deadline: Feb. 26, 2019**

## **Girls' AAA Volleyball (GHAC)**

Mar. 4-6, 2019, Burlington  
Mike Skeoch, Dr. Frank J. Hayden SS  
905-332-5235

skeochmi@hdsb.ca

**Entry Deadline: Feb. 26, 2019**

## **Girls' A&AA/AAA Hockey (GBSSA)**

Mar. 19-21, 2019, Midland  
Dan Pellarin, St. Theresa's HS  
705-526-1311

dlpellarin@smcdsb.on.ca

**A/AA Entry Deadline: Mar. 6, 2019**

**AAA Entry Deadline: Mar. 7, 2019**

FOR COMPLETE CHAMPIONSHIP



# Championship Calendar

## **Boys' A&A Hockey (CWOSSA)**

Mar. 19-21, 2019, Kincardine  
Peter Wolfe, Kincardine DSS  
519-396-9151  
wolfe.peter9@gmail.com  
**Entry Deadline: Mar. 6, 2019**

## **Boys' AAA Hockey (GBSSA)**

Mar. 20-22, 2019, Barrie  
Tim Hasenack, St. Joan of Arc SS  
705-721-0398  
thasenack@smcdsb.on.ca  
**Entry Deadline: Mar. 7, 2019**

## **Curling (NOSSA)**

Mar. 20-23, 2019, North Bay  
Danny Coutu, Chippewa SS  
705-475-2341  
daniel.coutu@nearnorthschools.ca  
**Entry Deadline: Mar. 7, 2019**

## **Badminton (NOSSA)**

May 2-4, 2019, North Bay  
Raymond Ouellette, É.S. l'Odyssee  
705-474-5500  
raymond.ouellette@cspne.ca  
**Entry Deadline: Apr. 27, 2019**

## **Tennis (TDSSAA)**

June 3-5, 2019, Toronto  
Larry Laughlin, Stephen Leacock CI  
416-396-8000  
larry.laughlin@tdsb.on.ca  
**Entry Deadline: May 28, 2019**

## **Girls' Rugby (LOSSA)**

June 3-5, 2019, Courtice  
David Chatten, Courtice SS  
905-436-2074  
david\_chatten@kprdsb.ca  
**Entry Deadline: May 28, 2019**

## **Boys' Rugby (LOSSA)**

June 6-8, 2019, Brooklin  
George Burford, Brooklin HS  
905-655-2015  
george.burford@ddsb.ca  
**Entry Deadline: June 1, 2019**

## **Boys' A&A Lacrosse (COSSA)**

June 3-4, 2019, Peterborough  
Wade Wiggins, Crestwood SS  
wade\_wiggins@kprdsb.ca  
**Entry Deadline: May 28, 2019**

## **Boys' AAA Lacrosse (CWOSSA)**

June 4-6, 2019, Owen Sound  
Paul Stewart, Owen Sound DSS  
519-376-6050  
paul\_stewart@bwdsb.on.ca  
**Entry Deadline: May 28, 2019**

## **Girls' & Boys' A Soccer (SOSSA)**

June 6-8, 2019, Ancaster  
Brad Heidbuurt, Hamilton District  
Christian HS  
905-648-6655  
bheidbuurt@hdch.org  
**Entry Deadline: June 1, 2019**

## **Girls' AA Soccer (SWOSSAA)**

June 6-8, 2019, Belle River  
Frank Graziano, Belle River DHS  
519-728-1212  
frank.graziano@publicboard.ca  
**Entry Deadline: June 1, 2019**

## **Girls' AAA Soccer (GBSSA)**

June 6-8, 2019, Alliston  
Jeff Northrop, Banting Memorial HS  
705-435-6288  
jnorthrop@scdsb.on.ca  
**Entry Deadline: June 1, 2019**

## **Boys' AA Soccer (NOSSA)**

June 6-8, 2019, North Bay  
Sean Mullan, Widdifield SS  
705-472-5711  
sean.mullan@nearnorthschools.ca  
**Entry Deadline: June 1, 2019**

## **Boys' AAA Soccer (SWOSSAA)**

June 6-8, 2019, Sarnia  
Richard Prudom, St. Patrick's HS  
519-332-3976  
richard.prudom@sccdsb.net  
**Entry Deadline: June 1, 2019**

## **Track & Field (OFSAA)**

June 6-8, 2019, Guelph  
Rich Tremain, Guelph CVI  
519-824-9800  
richard.tremain@ugdsb.on.ca  
**Entry Deadline: June 1, 2019**

## **Baseball Regionals (LOSSA)**

June 5-6, 2019, Whitby  
Geoff Whent, Sinclair SS  
905-666-5400  
geoffrey@durham.edu.on.ca  
**Entry Deadline: May 31, 2019**

## **Baseball Final (OFSAA)**

June 12, 2019, London  
Brian Riddell, OFSAA  
brian@ofsaa.on.ca

## 2018 OFSAA Alumni Scholarship Recipients

This year OFSAA's Alumni Scholarship Association is awarding two \$500 scholarships to deserving students from this year's eligible Associations (CISAA, GHAC, NCSSAA & NWOSSAA). The Alumni Scholarship Association Selection Committee is pleased to announce that Sarah Martin from Redeemer Christian HS in Ottawa (NCSSAA) and Ben Zwolak from Cardinal Newman CSS in Stoney Creek (GHAC) are this year's recipients.

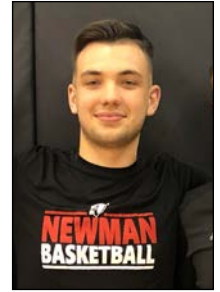
### Sarah Martin

Sarah is a grade 12 student and is a six sport athlete at Redeemer Christian who participated in basketball, volleyball, golf, badminton, soccer and track & field during her high school career. She was also heavily involved in Student Council, Intramurals, Chapel and Girls' Bible Study Activities as well as community events like the Metro Hoops Basketball Camp and the Ugandan Mile Fundraising campaign that raised \$20,000 for homeless boys' this year alone. In her personal statement Sarah stated that "it has been through the support of my dedicated parents, teachers and friends that I have been able to achieve so much and receiving this award would be for them too." Sarah is an 85% + student as well and will be studying Nursing at the University of Ottawa in the fall.



### Ben Zwolak

Also a grade 12 student at Cardinal Newman, Ben is an excellent student as well, achieving an 87% average in his Grade 12 courses. Ben will be studying Education at McGill University in the fall and will be a welcome addition to the teaching profession when he is done. A five sport athlete who played football, basketball, touch football, baseball and badminton, Ben used his significant organizational skills to be involved in many community related events as well. Activities like Newman feeder school basketball, Special Olympics, OFSAA Soccer, and Newman Youth Basketball, are just a few of the many volunteer roles that Ben undertook during his time at Cardinal Newman. During both the 2016 and 2017 school years, Ben was also part of a group that travelled to the Dominican Republic to build homes for citizens in need.



For more information on the criteria for selection and application requirements, please go to: [ofsa.on.ca/programs/scholarships/ofsa-alumni](http://ofsa.on.ca/programs/scholarships/ofsa-alumni)

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# OFSAA Boys' A/AA & AAA Lacrosse Festival

Ottawa June 4-6, 2018

## 2018 A/AA Festival

Brett Lyle of South Carleton High School (NCSSAA) took on the difficult task of hosting both OFSAA Lacrosse festivals in 2018. Using Twin Elm Rugby Park in Ottawa proved to be the perfect venue and spectators were treated to high quality high school lacrosse during the three days of competition. In A/AA, McKinnon Park Secondary School (SOSSA) once again captured gold, this time defeating association rival Holy Cross Catholic Secondary School (SOSSA) by a score of 8-6.

Congratulations to Tyler Anstett, Reid Bomberry, Martin Burning-Bomberry, Sean Chisolm, Alexander Diebel, Andrew Fitzhenry, Hayden Hill, Jaxon Longboat, Adam Martin, Colby Martin, Jackson Miller, Matthew Miller, Riley Miller, Imani Mitten, Lennox Mitten, Lukas Montour, Vaughn Montour, Cole Powless, Marshall Powless, Dustin Skye, Isaac Stephian, Dalton Thomas, Damonie Thomas, Ely Thomas, Harley VanEvery, Kia VanSickle, Izaiah Whitlow and coaches Jason Johnson, Brad McPherson and Dave Robertson.

### Participating Teams

Holy Cross CSS	COSSA
St. Mary's HS	CWOSSA
Patrick Fogarty SS	GBSSA
Nelson HS	GHAC
Notre Dame CSS	GHAC
Holy Trinity SS	LOSSA
A.Y Jackson SS	NCSSAA
É.S.C Franco Cité	NCSSAA
Holy Cross CSS	SOSSA
McKinnon Park SS	SOSSA
Birchmount Park CI	TDSSAA
Sutton DHS	YRAA



### Semi Finals

Holy Cross CSS def. Holy Trinity SS	7-6
McKinnon Park SS def. Patrick Fogarty SS	11-9

### Bronze Medal Match

Patrick Fogarty SS def. Holy Trinity SS	9-7
---	-----

### Gold Medal Match

McKinnon Park SS def. Holy Cross CSS	8-6
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## 2018 AAA Festival

In the AAA competition, St. Michael's College (CISAA) completed the three-peat and won gold for the third consecutive year. The gold medal match was won convincingly 15-3 over St. Peter's Secondary School (COSSA).

Congratulations to Anthony Ametrano, Matteo Ametrano, Carter Begley, Cristian Cugini, Andrew Dalton, Liam Ferris, Liam Foran, Rory Graham, Brendan Hoffmann, Sam Kinsella, Damien Lisi, Matthew Marino, Daniel May, Connor McBroom, Thomas McConvey, Christopher McIntosh, James Maxwell Naysmith, Steven Pelliccione, Jonathan Peshko, Jakson Raposo, Mark Sinclair, Marc Smorenburg, Hudson Thomson and coaches Angus Dineley, Brennan Donville, Cory Lance, Matthew Pagano and Justin Woods.

A huge thank you to Brett Lyle and the organizing committee from NCSSAA for providing a positive experience to all participants in both OFSAA Lacrosse Festivals in 2018.

### Participating Teams

St. Michael's College	CISAA
St. Peter's SS	COSSA
Assumption College School	CWOSSA
Abbey Park HS	GHAC
Donald A. Wilson SS	LOSSA
Maxwell Heights SS	LOSSA
St. Mother Teresa CHS	NCSSAA
John McCrae SS	NCSSAA
South Carleton HS	NCSSAA
Humberview SS	ROPSSAA
Mayfield SS	ROPSSAA
Notre Dame College	SOSSA
Neil McNeil HS	TDCAA
Humberside CI	TDSSAA
Aurora HS	YRAA
Sir William Mulock SS	YRAA



### Semi Finals

St. Peter's SS def. Donald A. Wilson SS	9-7
St. Michael's College def. Abbey Park HS	16-4

### Bronze Medal Match

Abbey Park HS def. Donald A. Wilson SS	10-9
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### Gold Medal Match

St. Michael's College def. St. Peter's SS	15-3
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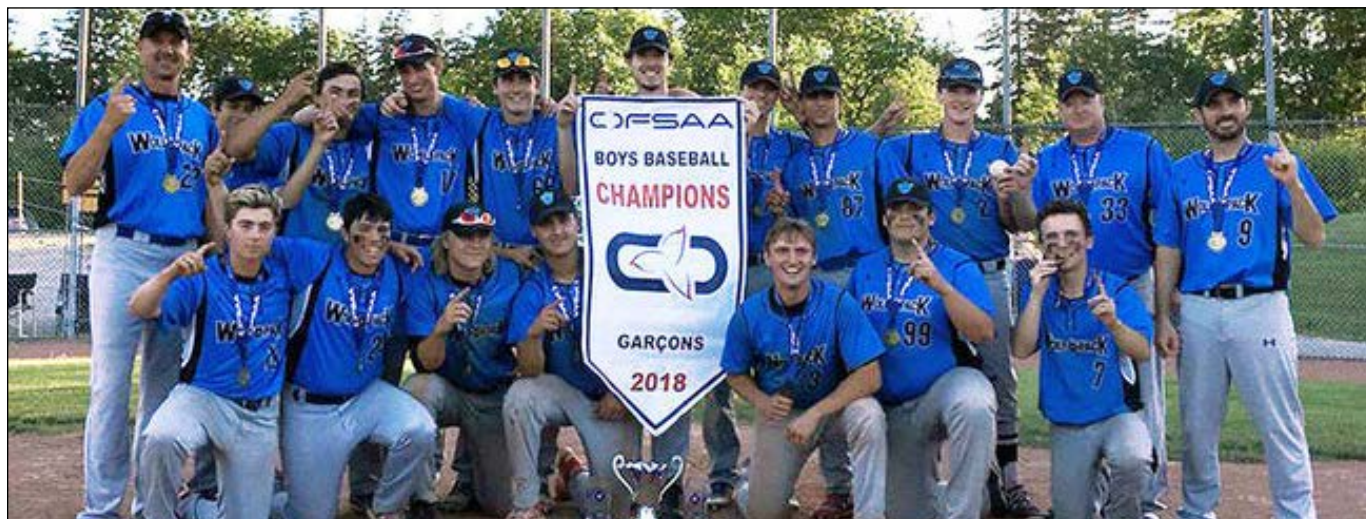
# OFSAA Boys' Baseball

Durham

June 6-7, 2018

London

June 13, 2018



For the first time, all 18 teams from across the province gathered in one area to compete in the OFSAA baseball regionals. Geoff Whent and his LOSSA committee organized a great OFSAA experience for the student-athletes from across the province. Nine different diamonds in Scarborough, Ajax, Pickering and Oshawa played host to some great baseball to determine the four semi-finalists.

Under beautiful weather conditions, the two semi-finals were played during the morning a week later in London. However the weather did not hold up for the afternoon as a downpour flooded the diamond causing a two and a half hour rain delay in the bronze medal game. With time and permits being an issue, the gold medal

game was moved to St Mary's Canadian Baseball Hall of Fame Diamond.

OFSAA sends a special thank you to Taylor Jones in London for his help not only in London but also in making arrangements for our move to St Mary's.

When all the rain had stopped and play resumed the team from Great Lakes Secondary School in Sarnia defeated Sinclair Secondary School in Whitby to win the OFSAA Championship and the Prentice Cup.

Congratulations to: Brett Allardyce, Alonzo Alves, Blake Butler, Travis Conrad, Logan Gardner, Steele Harris, Blake Howard, Ryan Janjatovic, Kristofer Lotz, Zachary Moore, Jake Prudhom, Dylan Scheffer, Tyler Steeves, Jakeb Taylor, Kaymond Turner and their coaches Brian Coleman, Paul Frayne and Barry Vale.

At the Banquet in Oshawa, Scott Robinson from Pickering High School was awarded the Leadership in School Sport Award for his great contribution to high school baseball. Congratulations Scott!

OFSAA also recognizes the support from Kahunaverse Sports and the Toronto Blue Jays for the 2018 baseball championship.

## Participating Teams

### WEST REGIONALS

- |                      |         |
|----------------------|---------|
| 1. Vincent Massey    | SWOSSAA |
| 2. St. Marcellinus   | ROPSSAA |
| 3. Pickering         | LOSSA   |
| 4. Christ The King   | GHAC    |
| 5. Medway            | WOSSAA  |
| 6. St. Elizabeth     | YRAA    |
| 7. Waterdown         | SOSSA   |
| 8. St. Mother Teresa | NCSSAA  |
| 9. Holy Trinity      | EOSSAA  |

### EAST REGIONALS

- |                            |         |
|----------------------------|---------|
| 1. Sinclair S.S            | LOSSA   |
| 2. Great Lakes S.S.        | SWOSSAA |
| 3. Sir Oliver Mowat        | TDSSAA  |
| 4. Bishop Allen            | TDCAA   |
| 5. Paris D.S.S             | CWOSSA  |
| 6. St. Michael's College   | CISAA   |
| 7. Bishop Alexander Carter | NOSSA   |
| 8. St. Peter's             | GBSSA   |
| 9. Fenelon Falls           | COSSA   |

### Semi Final

- |                                  |                   |
|----------------------------------|-------------------|
| Sinclair def. Pickering          | 5-4 ( 8 innings ) |
| Great Lakes def. St. Marcellinus | 8-3               |

### Bronze Medal Match

- |                                |       |
|--------------------------------|-------|
| St. Marcellinus def. Pickering | 22-12 |
|--------------------------------|-------|

### Gold Medal Match

- |                           |      |
|---------------------------|------|
| Great Lakes def. Sinclair | 16-9 |
|---------------------------|------|



# OFSAA Boys' A/AA Rugby

Belleville

June 7-9, 2018



Quinte Secondary School (COSSA) hosted the Boys' A/AA Rugby Championship and provided a truly memorable experience for all of the players, coaches and spectators involved. Convenor Pete Hercus of the host school did an excellent job to deliver a first-class event to the participants with help from his fantastic organizing committee. In addition, Pete was awarded the Leadership in School Sport award for everything he does for rugby and high school sport. Congratulations Pete!

Once the games got going, the action was fast and furious and the high level of skill and talent on display was very impressive. But in the end, the two top ranked teams played in the championship final with the number one ranked St. Mary CSS playing some great

rugby culminating in a tense 26-19 victory over second ranked La Salle SS.

After the final games were finished, the organizing committee selected the team from Cairine Wilson SS (NCSSAA) as the Team Sportsmanship Award winner for their great character and spirit throughout the event. Congratulations boys!

Congratulations to St. Mary CSS (COSSA) players and coaches on their A/AA Championship victory: Joshua Barss, Matthew Bazinet, Brendyn Beck, Liam Boyle, Dylan Bryans, Noah Butchart, Zachary Carman, Brent Clemmer, John Corkery, Caleb Enns, Mason Flesch, Zaine Hunt, Isaac Kelly, Joshua Littlechild, Bryce MacDonald, Adam McNee, Curtis Mullin, Lewis Odurny, Caleb Quemby, Jared Quemby, Cameron Rae-White, Keagan Read, Ryan Campbell, Tristan Shaw, Carson Shuttleworth, Jacob Tinney, Joshua Tinney, Dawson Williams, Colton Winters, Tyler Woodland and coaches Greg Conway, Ray Heffernan, Tim Linehan and Drew Quemby.

### Participating Teams

St. Mary CSS	COSSA
La Salle SS	EOSSAA
Denison SS	YRAA
Napanee DSS	GBSSA
Ashbury College	NCSSAA
Crescent School	CISSA
St. Michael CSS	WOSSAA
Streetsville SS	ROPSSAA
St. Thomas Aquinas SS	GBSSA
Cairine Wilson SS	NCSSAA
Leaside HS	TDSSAA
Holy Trinity CSS	CWOSSAA
Eden HS	SOSSA
Quinte SS	COSSA
Courtice SS	LOSSA
Nelson HS	GHAC

### Semi Finals

St. Mary CSS def. Ashbury College	55-5
La Salle def. Crescent	28-10

### Consolation Final

Leaside def. Holy Trinity	25-22 (on kicks)
---------------------------	------------------

### Bronze Medal Match

Crescent def. Ashbury College	17-14
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### Gold Medal Match

St. Mary CSS def. La Salle	26-19
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# OFSAA Boys' AAA Rugby

London

June 7-9, 2018



The Boys' AAA Rugby Championship was in London this year and hosted by Medway High School (WOSSAA). Convenor Ryan Kimmerly put on a tremendous championship with a number of excellent touches that made the event a great experience for all involved.

After day one of competition, the banquet was held at Fanshawe College, and offered the boys a chance to unwind and enjoy a good meal and some excellent speeches. Ryan was also awarded the Leadership in School Sport award for his dedication to school sport. Thank you Ryan for your continued dedication to OFSAA and school sport.

The tournament was exciting from start to finish with some exemplary displays of skill and great play. Defending champions Oakville Trafalgar looked like they might have had a chance to be repeat from the year before but the host team, Medway had other

ideas. They played some great rugby winning in front of their home crowd in an entertaining final over St. John's (CWOSSA).

Saltfleet (SOSSA) was awarded the Team Sportsmanship Award by the organizing committee for their excellent attitude throughout the entirety of the championship. Congratulations to the players, coaches and school!

Congratulations to Medway HS (WOSSAA) players and coaches on their AAA Championship victory: Cameron Amos, Jacob Amos, Ian Bennett, Adam Boyd, Nathan Campbell, Noah Coleman, Matthew Finkbeiner, Brant Galbraith, Carrick Galibrath, Cole Gilders, Cooper Grau, Jacob Howard, Kole Hunter, Keaghan Jenney, Kane Johnson, Tye Johnson, Dilan Lee, Liam Marshall, Liam McDonald, Curtis Mutter, Kurtis Nakashima, Logan Neable, Drew Neely, Devon Ollson, Robert Reiners, Lucas Rempel, Trevor Simms, Collin Smibert, Colton Tompkins, Ben Vandenberg, Alistair Wotherspoon and coaches Ryan Kimmerly and Dan Smuck.

## Participating Teams

Thomas A Stewart	COSSA
St. John's	CWOSSA
Regiopolis Notre Dame	EOSSAA
Banting HS	GBSSA
Oakville Trafalgar	GHAC
T.A. Blakelock	GHAC
Dunbarton	LOSSA
St. Peter	NCSSAA
Lorne Park	ROPSSAA
Saltfleet	SOSSA
Sarnia Northern	SWOSSAA
Senator O'Connor	TDCAA
Northern (Toronto)	TDSSAA
Medway	WOSSAA
A.B. Lucas	WOSSAA
St. Maximilian Kolbe	YRAA

## Semi Finals

Medway def. Oakville Trafalgar	20-0
St. John's def. Regiopolis	10-8

## Consolation Final

Northern (Toronto) def. Senator O'Connor	17-0
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## Bronze Medal Match

Oakville Trafalgar def. Regiopolis	23-17
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## Gold Medal Match

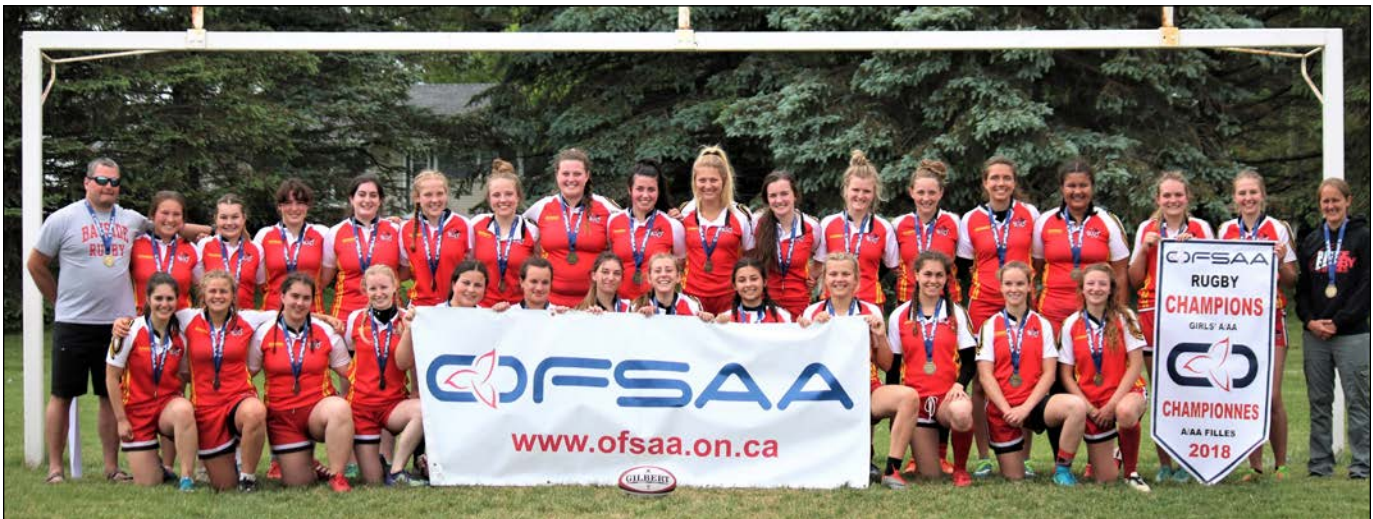
Medway def. St. John's	31-12
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# OFSAA Girls' A/AA Rugby

Stratford

June 4-6, 2018



The A/AA Championship took place at the Stratford Education & Recreation Centre, located at Stratford Northwestern Secondary School (WOSSAA). Convenor Tony Roes and his dedicated organizing committee, worked tirelessly to put on a tremendous event for participants and spectators alike.

The Leadership in School Sport Award was given to Ryan Clancy from St. Anne's CSS (WOSSA) for his dedication and involvement in high school sport. Congratulations Ryan!

The event provided spectators with some exceptional action over the three days of competition. Some lopsided scores and some nail-biting contests highlighted the championship, but in the end, the top-ranked team, Bayside SS, emerged from the field of 16 with a victory over La Salle SS.

The Team Sportsmanship Award was given to Blenheim DHS (SWOSSA) for their great display of sportsmanship and their great attitude throughout the championship. Congratulations!

Congratulations to Bayside SS (COSSA) players and coaches on their well-deserved A/AA Championship victory: Sophia Barnes, Luisa Bollack, Sandrine Charron, Ella Cheung, Aleighsha Comeau, Erica Corbett, Kirstin Derrett, Amy Dirks, Jayden Eggleton, Samantha Eggleton, Hanna Fitzgerald, Avery Frederick, Madeline Hill-Dolan, Madisson Horvath, Caitlyn Isles, Addy Hutchinson, Dayne Hynes, Taylor Lapierre, Abigail Munroe, Paige O'Gorman, Sydney Parkinson, Alexis Porter, Alexandra Roberto, Emma Ross, Vivian Sakellis, Payton Smith, Kaitlyn Sponagle, Nadia Stinson, Darby Uens, Eleni Zavos and coaches Scott Dewar, JoAnne Robinson and Dusty Tibbs.

## Participating Teams

Bayside SS	COSSA
Blenheim DHS	SWOSSAA
Courtice SS	LOSAA
Dr. J.M. Denison SS	YRAA
Erin District HS	CWOSSA
Grey Highlands SS	CWOSSA
La Salle SS	EOSSAA
Leaside SS	TDSSAA
Notre Dame CSS	GHAC
Nottawasaga Pines SS	GBSSA
Smiths Falls DCI	EOSSAA
St. Michael HS	SOSSA
St. Michael CSS	WOSSAA
Stratford Northwestern SS	WOSSAA
Streetsville SS	ROPSSAA
Trenton HS	COSSA

### Semi Finals

Bayside SS def. Smith Falls DCI	19-15
La Salle SS def. Trenton HS	24-0

### Consolation Final

Streetsville SS def. St. Michael CSS	20-0
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### Bronze Medal Match

Smith Falls DCI def. Trenton HS	32-10
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### Gold Medal Match

Bayside SS def. La Salle SS	12-5
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# OFSAA Girls' AAA Rugby

Mississauga

June 4-6, 2018



The 2018 OFSAA Girls' AAA Rugby Championship was held in Mississauga and was highly competitive and exciting. Convenor Jason Cormier of St. Francis Xavier SS (ROPSSAA) and his organizing committee did a great job in putting together a well-run championship and should be congratulated for a job well done!

The Apollo Convention Centre was an excellent venue for the banquet. The girls were treated to inspiring words from Brittany Kassil, current Canada Women's Senior National Team player, and her story in becoming an elite national rugby player. As well, Colette McAuley, Assistant Coach, Canada Women's Senior National Team and Head Rugby Coach with Guelph University inspired the girls to play hard and to cherish these moments.

A surprised and overwhelmed Mark Yanchus from John F. Ross SS (CWOSSA) was presented with the Leadership in School Sport Award for his years of service and dedication to school sport. In addition,

John F. Ross received the Team Sportsmanship Award for their great show of respect and fair play throughout the championship.

The AAA Championship split the first two days between St. Francis Xavier CSS and Streetsville SS, finishing at St. Francis for the final day of the championship. The number one seed Oakville Trafalgar HS team was a force as they did not allow a team to score a try on them throughout the three days! They capped off their amazing season by beating the number two seeded John F. Ross in the gold medal game to take their third title in four years!

Congratulations to Oakville Trafalgar HS (GHAC) players and coaches on their much-deserved AAA Championship victory: Taylor Black, Kristin Calder, Sydney Campbell, Megan Carson, Kennedy Cooper, Sarah Coulter, Caileigh De Jonge, Anja de Vries, Emilie Demers, Olivia Gardiner, Ryley Gould, Gillian Groth, Kelly Hubbs, Jessika Hurd, Robyn Jeffries, Alex Kinkartz, Amy Lockbaum, Isabella Marchetti, Kate Medd, Alexis Morrison, Paige Murray, Sarah Penman, Bridget Peros, Julija Rego, Katie Reilly, Ella Roy, Jaden Walker, coaches David Schaffler, James Wood, Dan Stephenson and Ryan Perera.

## Participating Teams

Oakville Trafalgar HS	GHAC
John F. Ross CVI	CWOSSA
Uxbridge SS	LOSAA
Mayfield SS	ROPSSAA
Glebe CI	NCSSAA
St. Roch CSS	ROPSSAA
Arnprior DHS	EOSSAA
Blessed Cardinal Newman CHS	TDCAA
Thomas A. Stewart	COSSA
Bear Creek SS	GBSSA
Lakeshore CHS	SOSSA
Stouffville DSS	YRAA
Medway HS	WOSSAA
David & Mary Thomson CI	TDSSAA
Georgetown DHS	GHAC
Northern CI & VS	SWOSSAA

## Semi Finals

Oakville Trafalgar HS def. Mayfield	33-0
John F. Ross def. Uxbridge	17-12

## Consolation Final

Thomas A. Stewart def. Arnprior	31-24
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## Bronze Medal Match

Uxbridge def. Mayfield	39-19
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## Gold Medal Match

Oakville Trafalgar HS def. John F. Ross	71-0
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# OFSAA Boys' A Soccer

Fort Erie June 7-9, 2018



OFSAA Boys' A Soccer made a rare appearance in Fort Erie, Ontario. First-time Convenor James Kryger from Niagara Christian Collegiate (SOSSA) and his organizing committee not only put on a first class event but also provided a memorable experience for all participants. Using the pitches at both Optimist Park and Patrick Cummings Memorial Sports Complex gave participants the opportunity to explore and appreciate the southern portion of the Niagara region.



In the end, Guido de Bres High School (SOSSA) retained OFSAA champion status, winning the school's fifth gold medal in the past 10 years and back-to-back championships. Congratulations to Luke Blokker, Kenneth Breukelman, Calvin Buikema, Landon Buikema, Andrea D'Addazio, Lynden Degelder, Brandon Hofsink, Noah Holtvluwer, Jacob Jager, Jack Jans, Mitchell Jans, Jacob Jansema, Edward Lof, Kyle Nordeman, Cole Spoelstra, Dustin Spoelstra, Trevor VanAmerongen, Luke VanderVelde, Reuben VanVeen, Titus VanVeen, Reuben VanWoudenberg, Benjamin Vis, Nathan Wanders, Joel Werkman and coaches James Lof and Timothy Wildeboer.

As is often the tradition for OFSAA championships, athletes and coaches were treated to a spectacular banquet, this time at a first class facility at John Michael's – Banquet and Conference Centre in Thorold, On. The Leadership in School Sport Award was presented to long time teacher-coach Marty Edwards at E.L. Crossley Secondary School (SOSSA). Marty has been committed to student-athlete success during his career and has coached many sports at the school. Thanks for everything you do for students!

Congratulations must also be extended to Emmanuel Christian High School (CWOSSA) for being presented with the Team Sportsmanship Banner. Thank you again to James Kryger and the organizing committee from NCC for providing an outstanding event.

## Participating Teams

Ridley College	CISAA
De La Salle College	CISAA
Nicholson Catholic College	COSSA
Emmanuel Christian High School	CWOSSA
Mackenzie Community School	EOSSAA
Jean Vanier Catholic	GBSSA
Lester B. Pearson SS	GHAC
Ecole Ronald Marion	LOSSA
École secondaire publique Louis-Riel	NCSSAA
Timmins High & Vocational School	NEOAA
Collège Notre-Dame	NOSSA
Marathon HS	NWOSSAA
St. Paul SS	ROPSSAA
Guido de Bres Christian HS	SOSSA
Niagara Christian Collegiate	SOSSA
John McGregor SS	SWOSSAA
University of Toronto Schools	TDCAA
Ursula Franklin Academy	TDSSAA
Holy Cross CHS	WOSSAA
ÉSC Renaissance	YRAA

### Quarter Finals

Guido de Bres def. Lester B. Pearson	3-1
ÉSC Renaissance def. Ronald Marion	1-0
Holy Cross def. Ursula Franklin	3-1
Collège Notre Dame def. St. Paul	3-2 (PK)

### Semi Final

Guido de Bres def. Collège Notre Dame	3-1
Holy Cross def. ÉSC Renaissance	2-0

### Bronze Medal Match

ÉSC Renaissance def. Collège Notre Dame	1-0 (PK)
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### Gold Medal Match

Guido de Bres def. Holy Cross	2-1
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# OFSAA Girls' & Boys' AA Soccer

Tecumseh

June 7-9, 2018



Tecumseh was filled with a flurry of soccer activity as the community played host to not one but two OFSAAA Soccer Championships. First time convenor Jean-Paul Cayen of École secondaire L'Essor (SWOSSAA) and his team of volunteers were well prepared to give the student-athletes and teacher-coaches a true championship experience. The task of hosting two provincial championships at once is not easy, however with great support from the school and community you would have never known. Pitches at both L'Essor and McHugh Park proved to be great venues for the matches and all participants were treated to great soccer facilities.

The action on the field provided some nail-biting matches and also heartbreaking losses with Parkside Collegiate Institute (WOSSAA) capturing the gold medal in the

girls' event and Silverthorn Collegiate Institute (TDSSAA) winning gold in the boys' championship.

Congratulations to both Jacques Carrier and Cathleen Mulvey who were awarded the Leadership in School Sport Awards. These teacher-coaches at É.S.C L'Essor have forty years of combined experience and have dedicated many volunteer hours to the soccer programs at the school.

The 2018 Team Sportsmanship Awards were presented to St. David Catholic Secondary School (CWOSSA) in the boys' competition and Huntsville High School (GBSSA) in the girls' championship. Both teams demonstrated great sportsmanship throughout the championship. Thanks again to JP Cayen and all of the volunteers for hosting two OFSAA events.



## Boys' AA Soccer Results

Congratulations to the following student-athletes from Silverthorn CI: Dini Ali, Aleksandar Babic, Nikola Bursac, Izhan Chaudhary, Nikola Cvetkovik, Stefan Dragnjevic, Santiago Echeverri, Daniel Garcia-Bryce, Milos Grubac, Arham Hasan, Dimitar Jordanovski, Viktor Krstevski, Ezekiel Leones, Andrej Marinkovic, Spencer McKee, Ethan Millington-Clarke, Anas Mohamed, Andrew Mok, Ivan Nikolic, Petar Rapaic, Boris Samardzic, Daniel Soos, Elias Theodoratos, Ognje Viciknez, Marko Vrljes, MJ Walsh and coaches Emanuel Arduini and Sean King.

### Participating Teams

Adam Scott C&VI	COSSA
St. David CSS	CWOSSA
Kingston C & VI	EOSSAA
Holy Trinity HS	GBSSA
Corpus Christi CSS	GHAC
King's Christian Collegiate	GHAC
Monsignor Paul Dwyer CHS	LOSSA
É.S.C. Franco Cité	NCSSAA
É.S.C. Thériault	NEOAA
St. Joseph-Scollard Hall CSS	NOSSA
Fort Frances H.S.	NWOSSAA
Gordon Graydon Memorial SS	ROPSSAA
Iona Catholic SS	ROPSSAA
Holy Cross CSS	SOSSA
É.S.C. L'ESSOR	SWOSSAA
Essex DHS	SWOSSAA
Monsignor Percy Johnson	TDCAA
Silverthorn CI	TDSSAA
Mother Teresa CSS	WOSSAA
Father Bressani CHS	YRAA

### Quarter Finals

Silverthorn CI def. É.S.C L'Essor	4-1
Mother Teresa CSS def. Holy Cross CSS	3-1
St. David CSS def. Essex DHS	3-1
Iona CSS def. Kingston C&VI	2-1

### Semi Finals

Silverthorn CI def. Iona CSS	2-1
Mother Teresa CSS def. St. David CSS	1-0

### Bronze Medal Match

St. David CSS def. Iona CSS	1-0
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### Gold Medal Match

Silverthorn CI def. Mother Teresa CSS	2-0
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## Girls' AA Soccer Results

Congratulations to the following student-athletes/coaches from Parkside CI: Nicole Carnegie, Gracie Clinton, Kailey Dennis, Chloe Ellery, Kaitlin Ellery, Aviva Fournie, Taylor Goodhue, Haley Gordon, Presley Gruener, Zoe Gubinczki, Kendra Hulst, Tiffany Johnston, Lattanzio Klara, Renee Lammiman, Amber Safadi, Petra Salin, Cameryn Sanders, Halle Szabo, Ashley Watson, Marin Williams, Jaylin Wismer, Macy Wismer and coaches Curtis Langley and Gerry Safadi.

### Participating Teams

Holy Cross CSS	COSSA
St. David CSS	CWOSSA
Frontenac SS	EOSSAA
Holy Trinity HS	GBSSA
Huntsville HS	GBSSA
Corpus Christi CSS	GHAC
Notre Dame CSS	GHAC
Monsignor Paul Dwyer CHS	LOSSA
Cairine Wilson SS	NCSSAA
É.S.C. Thériault	NEOAA
Superior Heights C&VS	NOSSA
Dryden HS	NWOSSAA
Clarkson SS	ROPSSAA
St. Michael HS	SOSSA
É.S.C L'ESSOR	SWOSSAA
Sandwich SS	SWOSSAA
Francis Libermann	TDCAA
Leaside HS	TDSSAA
Parkside CI	WOSSAA
Father Bressani CHS	YRAA

### Quarter Finals

St. Michael HS def. Father Bressani CHS	4-0
Holy Trinity HS def. Corpus Christi CSS	3-2
Parkside CI def. Clarkson SS	5-0
Monsignor Paul Dwyer CHS def. Sandwich SS	5-2

### Semi Final

St. Michael HS def. Monsignor Paul Dwyer CHS	4-3
Parkside CI def. Corpus Christi CSS	2-1

### Bronze Medal Match

Corpus Christi CSS def. Monsignor Paul Dwyer CHS	2-1
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### Gold Medal Match

Parkside CI def. St. Michael HS	2-1
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# OFSAA Boys' AAA Soccer

Thunder Bay

June 7-9, 2018

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St. Joan of Arc Catholic Secondary School (ROPSAA) captured the gold medal at the OFSAA Boys' AAA Soccer Championship in Thunder Bay. This year's champions were talented both offensively and defensively, winning each of their playoff matches in decisive fashion.

In the gold medal game, St. Joan of Arc faced a strong opponent from Dunbarton High School (LOSSA). As was the case in most of their matches, St. Joan of Arc jumped out to an early lead before prevailing by a 4-1 score. Congratulations to team members Praise Adeyemi, Lukas Budraitis, Kristian Camber, Daniel Castiblanco, Evan Dekker, Matthew Drlje, Elias Goritsas, Bassem Henry, Joshua Jagdeo, Tanitoluwa Oluwaseyi, Ryan Omrani, Devyn Pettinella-Walters, Zen Sharifabadi, Anthony Stolar, Daniel Stolar, Stefano Trentin, Samuel Vera, and Rashaun Walters, and coaches Michael Leonardi, Jerry Radice, and Genevieve Wong.

## Participating Teams

Cobourg CI	COSSA
Cameron Heights CI	CWOSSA
Regiopolis-Notre Dame CHS	EOSSAA
St. Joan of Arc SS	GBSSA
St. Jean de Brebeuf HS	GHAC
St. Thomas More CSS	GHAC
Dunbarton HS	LOSSA
Glebe CI	NCSSAA
St. Mary's College	NOSSA
Churchill HS	NWOSSAA
Hammarskjold HS	NWOSSAA
St. Ignatius HS	NWOSSAA
St. Patrick HS	NWOSSAA
Cardinal Ambrozic CSS	ROPSSAA
St. Joan of Arc CSS	ROPSSAA
A. N. Myer SS	SOSSA
Holy Names CHS	SWOSSAA
West Humber CI	TDSSAA
Catholic Central HS	WOSSAA
St. Theresa of Lisieux CHS	YRAA

Thank you to this year's championship convenor Tony Colistro. Tony and his host committee put on an outstanding championship for the competitors. The teams were fortunate to hear from two guest speakers at the banquet: Paul Heffer, a former player with West Ham United, and Katie Weatherston, a former member of Canada's national U19 women's soccer team and a gold medalist in women's hockey at the 2006 Olympics.

This year's deserving winner of the Leadership in School Sport Award was Steve Kranyak of St. Patrick High School (NWOSSAA) in Thunder Bay. Steve started his teaching career in 1989, and has coached teams at the school every year since, including five teams in a single school year. He has also personally funded a scholarship for student-athletes that is presented at the St. Patrick High School graduation. Congratulations, Steve and we wish you all the best as you head into retirement!

Congratulations as well to Cobourg Collegiate Institute, winners of this year's Team Sportsmanship Award for their impressive conduct both on and off the field. The team is led by coaches Kees Beekers, Justin Kerr and Scott Parr.

We also acknowledge the teams from St. Basil-the-Great College School and Dante Alighieri Academy, both of the TDCAA. These teams were travelling together to Thunder Bay when their bus broke down and they unfortunately were not able to attend the championship. Convenor Tony Colistro was able to quickly secure two local schools, Churchill High School and Hammarskjold High School, to fill the spots on short notice.

## Quarter Finals

St. Joan of Arc (ROPSAA) def. St. Joan of Arc (GBSSA)	5-1
Holy Names def. St. Theresa	2-0
Dunbarton def. Regiopolis Notre Dame	5-1
St. Ignatius def. Cardinal Ambrozic	2-1

## Semi Finals

St. Joan of Arc def. Holy Names	6-1
Dunbarton def. St. Ignatius	3-0

## Bronze Medal Match

St. Ignatius def. Holy Names	3-2
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## Gold Medal Match

St. Joan of Arc def. Dunbarton	4-1
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# OFSAA Girls' A Soccer

Pain Court

June 7-9, 2018



Experienced host École secondaire catholique de Pain Court (SWOSSAA), once again led by convenor Mike Schinkelshoek offered athletes, coaches and spectators an event to remember. High level soccer could be seen at all venues as participants watched the tournament unfold.

The 2018 champion from Woodland Christian High School (CWOSSA) exemplified teamwork throughout the event and overcame a strong side from St. Michael Catholic High School (EOSSAA) 1-0 in the gold medal game. Congratulations to; Brittney Dirkse, Sarah Dirkse, Jenna Duimering, Erin Ensing, Naomi Fast, Elissa Gibson, Aria Groot, Harmony Groot, Nicole Hellinga, Cassie Hobbs, Alyssa Hogeveen, Jaime

Koetsier, Anika Koops, Rachel Oudman, Alanna Parker, Katelyn Reitsma, Priscila Reyes, Raquel Reyes, Emily Tigchelaar, Sydney VanderHoef, Larissa Zomer and coaches Scott Kooy and Veronica Reyes.

The Leadership in School Sport Award was presented to Michele Mommersteeg from Ursuline College (SWOSSAA) for her commitment to athletics at the local and SWOSSAA level. Michele has for the past 21 years contributed to the development of soccer both at the school and within the community of Chatham.

The OFSAA Team Sportsmanship Award was given to O’Gorman High School (NEOAA/AANEO) who brought their positive attitude and enthusiasm from over 10 hours away in Timmins.

Thank you to the organizing committee for putting on a first-class event!

### Participating Teams

Villanova College	CISAA
Nicholson Catholic College	COSSA
Woodland Christian HS	CWOSSA
É.S.C. La Citadelle	EOSSAA
St. Michael CHS	EOSSAA
Jean Vanier CHS	GBSSA
Lester B. Pearson SS	GHAC
Clarke HS	LOSSA
É.S. Publique Louis-Riel	NCSSAA
O’Gorman HS	NEOAA
Marymount Academy	NOSSA
St. Thomas Aquinas	NWOSSAA
St. Paul SS	ROPSSAA
Smithville District Christian HS	SOSSA
É.S. Pain Court	SWOSSAA
É.S.C. É.J. Lajeunese	SWOSSAA
University of Toronto Schools	TDCAA
Ursula Franklin Academy	TDSSAA
Lord Dorchester SS	WOSSAA
Toronto District Christian HS	YRAA

### Quarter Finals

ÉS La Citadelle def. Lord Dorchester	4-2
Smithville Christian def. Jean Vanier	2-0
Woodland Christian def. ÉS Louis-Riel	4-0
St. Michael def. Toronto District Christian	5-4 (ET)

### Semi Final

St. Michael def. Smithville Christian	1-0
Woodland Christian def. ÉS La Citadelle	2-0

### Bronze Medal Match

Smithville Christian def. ÉS La Citadelle	2-1
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### Gold Medal Match

Woodland Christian def. St. Michael	1-0
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# OFSAA Girls' AAA Soccer

Windsor

June 7-9, 2018



Lawrence Park Collegiate Institute (TDSSAA) used timely goals and a “shutdown defense” to capture the Girls AAA Soccer Championship at the University of Windsor. A 1-0 win over A.B. Lucas (WOSSAA) in their semi final game was followed by a hard-fought 2-0 victory over Dr. Frank J Hayden Secondary School (GHAC) in the rainy gold medal game. The silver medalists from Burlington defeated rival Cardinal Newman CSS 2-0 in an exciting semi final match.

Co-convenors Stacey Ditchfield and Mike McKittrick orchestrated another successful OFSAA championship with the tournament play based at the Vollmer Complex in

LaSalle. Participating teams were treated to a first-class banquet at the Caboto Club in Windsor. Giulia Barile, a former captain of the Windsor Lancers women’s soccer team, expressed inspirational words to the captive audience at the banquet.

Congratulations to the members of the championship team: Beatrice Ahmad, Ariana Bill, Emily Carew, Sarah Clegg, Jamie Dorovenis, Sydney Dyck, Sofia Girling, Quinn Johnston, Danielle Konig, Claudia Kuzmich, Emma Mazzei, Arden Parker, Zoe Peres, Alyson Reeves, Grace Resznetnik, Olivia Rizakos,

Jamie Samson, Maddy Skinner, Breah Tanner, Paige Weidner, Lauren Yoshida and coaches Doug Hunnisett and Karen Daigle.

In addition to capturing the championship, Lawrence Park C.I. was also the recipient of the Team Sportsmanship Award given their overall demonstration of respect towards their opponents and game officials.

Aldo Bertucci of St. Anne’s Catholic High School (WECSSAA/SWOSSAA) was the winner of the OFSAA Leadership in School Sport Award at the 2018 Girls’ AAA Soccer Championship. Aldo has been a coach of girls’ and boys’ soccer, wrestling and cheerleading during his career and he’s been an active member of the community at St. Anne’s, Assumption and St. Joe’s. Congratulations on this well-deserved recognition, Aldo!

## Participating Teams

St. Martin CSS	ROPSSAA
St. Anne SS	SWOSSAA
Regiopolis-Notre Dame	EOSSAA
A.B. Lucas SS	WOSSAA
Thomas A. Stewart SS	COSSA
St. Mother Teresa HS	NCSSAA
Dr. Frank J Hayden SS	GHAC
St. Patrick HS	NWOSSAA
Senator O’Connor College	TDCAA
St. Peter’s SS	GBSSA
Cardinal Newman CSS	GHAC
Emily Carr SS	YRAA
Lawrence Park CI	TDSSAA
Earl of March SS	NCSSAA
St. Thomas Aquinas	ROPSSAA
Waterdown DHS	SOSSA
St. Mary’s HS	CWOSSA
Chatham-Kent SS	SWOSSAA
St. Mary’s College	NOSSA
Donald A. Wilson SS	LOSSA

## Quarter Finals

Lawrence Park def. Donald A. Wilson	5-3
Cardinal Newman def. St. Mary’s (CWOSSA)	1-0
Dr. Frank J Hayden def. St. Martin	3-2
A.B. Lucas def. St. Peter’s	2-1

## Semi Finals

Dr. Frank J Hayden def. Cardinal Newman	2-0
Lawrence Park def. A.B. Lucas	1-0

## Bronze Medal Match

Cardinal Newman def. A.B. Lucas	4-0
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## Gold Medal Match

Lawrence Park def. Dr. Frank J Hayden	2-0
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# OFSAA Tennis

Toronto

June 4-6, 2018



Shawn Morris, Suzanne Lachner, and Ryan Neale, along with their site assistants and a very capable group of student volunteers, delivered another high-quality event to the 394 athletes representing 180 schools in 10 different divisions. With next year's Championship being hosted by TDSSAA, OFSAA would like to thank Shawn and his group for their efforts on behalf of all of the student-athletes and teacher-coaches that had the opportunity to participate in the Championship over the last three years.

Larry Laughlin from Marc Garneau CI (TDSSAA) is this year's recipient of the Leadership in School Sport Award. A very deserving winner, Larry has been deeply involved in tennis and basketball in the Toronto area for many years. Larry has also volunteered to head up the committee from the TDSSAA that is going to host the OFSAA Tennis Championship next year and will no doubt do a great job leading his committee and putting on a first-rate event.

For the third consecutive year, the York Region Athletic Association hosted the OFSAA Tennis Championship at the University of Toronto – Scarborough, L'Amoreaux Tennis Centre and Mayfair Racquet Club. Convenors

Congratulations and thank you for your continued dedication to high school sport in Ontario, Larry!

**RESULTS:**

**HIGH SCHOOL BOYS' SINGLES**

GOLD	Erick Ortega	(WOSSAA)	A.B. Lucas SS
SILVER	Campbell Burgess	(CISAA)	Upper Canada College
BRONZE	Dylan Christensen	(WOSSAA)	Medway HS
ANTIQU BRONZE	Kerem Ersozoglu	(TDSSAA)	York Mills CI

**HIGH SCHOOL GIRLS' SINGLES**

GOLD	Paige Baynham	(WOSSAA)	H.B. Beal SS
SILVER	Madeleine Alexander	(WOSSAA)	Mother Teresa CSS
BRONZE	Kiana Nikbakht	(TDCAA)	Bishop Allen Academy
ANTIQU BRONZE	Nicole Clarke	(YRAA)	Dr. J.M. Denison SS

**HIGH SCHOOL BOYS' DOUBLES**

GOLD	Charlie Dunbar/James Flynn	(CISAA)	Upper Canada College
SILVER	Chris Kluczynski/Ryan Kluczynski	(GBSSA)	St. Peter's CSS
BRONZE	Evan Kernaghan/Nathan Sousa	(SOSSA)	Notre Dame CS
ANTIQU BRONZE	Benjamin Li/Andy Lin	(YRAA)	Pierre Elliott Trudeau HS

**HIGH SCHOOL GIRLS' DOUBLES**

GOLD	Charee Botha/Catherine Fanous	(COSSA)	Mother Teresa CSS
SILVER	Sophia Lindy/Aly Lowry	(TDSSAA)	Lawrence Park CI
BRONZE	Lucia Commisso/Dakota Walker	(CISAA)	Appleby College
ANTIQU BRONZE	Sarah Birch/Brooke Crawford	(WOSSAA)	Medway HS

**HIGH SCHOOL MIXED DOUBLES**

GOLD	Camila Trujillo/Sebastian Trujillo	(CWOSSA)	Bishop Macdonell CHS
SILVER	Andrea Douglas/Adam Douglas	(NCSSAA)	Ashbury College
BRONZE	Megan Killeen/Harry Wood	(TDSSAA)	Lawrence Park CI
ANTIQU BRONZE	Jovana Spasojevic/Slavko Glumicic	(TDSSAA)	Silverthorn CI

**OPEN GIRLS' SINGLES**

GOLD  
SILVER  
BRONZE  
ANTIQU BRONZE

Jada Bui  
Natasha Sengphrachanh  
Tilly Rigby  
Julia Kuszynski

(LOSSA)  
(TDSSAA)  
(CISAA)  
(YRAA)

Pickering HS  
Northview CI  
St. Clement's School  
St. Brother Andre CHS

**OPEN BOYS' SINGLES**

GOLD  
SILVER  
BRONZE  
ANTIQU BRONZE

Ryan Navarro  
Peter Kuszynski  
Neil Kandhai  
Glenn Brisbois

(ROPSSAA)  
(YRAA)  
(ROPSSAA)  
(CISAA)

Lorne Park SS  
St. Brother Andre CHS  
Castlebrooke SS  
The Country Day School

**OPEN GIRLS' DOUBLES**

GOLD  
SILVER  
BRONZE  
ANTIQU BRONZE

Kristen Borland/Sydney Peters  
Mia Macera/Kristina Marrocco  
Kristen Riis/Sadie Sider-Echenberg  
Brooke Auger/Tiana Milijusevic

(CISAA)  
(SWOSSAA)  
(NCSSAA)  
(NCSSAA)

Havergal College  
Holy Names CHS  
Glebe CI  
Nepean HS

**OPEN BOYS' DOUBLES**

GOLD  
SILVER  
BRONZE  
ANTIQU BRONZE

Pavel Badaiants/David Gauberg  
Andrew Rezaev/Aidan Samese  
Stephen Chung/Bill Zeng  
Tuder Lungu/Guillaume Williams

(YRAA)  
(TDSSAA)  
(YRAA)  
(NCSSAA)

Vaughan SS  
Richview CI  
Unionville HS  
Colonel By SS

**OPEN MIXED DOUBLES**

GOLD  
SILVER  
BRONZE  
ANTIQU BRONZE

Kate Currie/Giron Findlay  
Elizabeth Rozin/Eitan Rozin  
Eva Goncharov/Alex Cristiano  
Jovana Paramentic/ Nicholas Murdaca

(TDSSAA)  
(TDSSAA)  
(YRAA)  
(SOSSA)

Lawrence Park CI  
Lawrence Park CI  
St. Theresa of Lisieux  
A.N. Myer SS

<b>27</b>	<b>16</b>
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# OFSAA Track & Field

York University - Toronto

June 7-9, 2018

Preparations for the 2018 OFSAA Track & Field Championships were extremely stressful for Chris and Sue Deighan in hoping to showcase the Pan Am site to athletes around the province. The strike at York University had the potential to cancel the meet or move the meet to another location because of the picket lines that had been set up at all entrances. Thanks to the hard work of the three teacher federations and CUPE, pickets were removed and the 2018 OFSAA Championships were able to continue as planned.

Conditions for all three days were ideal for allowing a strong competition for all events.

Chris Deighan (Sacred Heart CHS) and Sue Deighan (St. Maximilian Kolbe CHS) provided the leadership and inspiration for the many volunteers and committee members from the Central Region to ensure the success of the championships for 2,344 participants (1,135 females and 1,209 males) and their coaches from 526 schools across Ontario.

OFSAA would like to thank the organizing committee, the adult officials, and the student volunteers who made the 2018 championships a great success. The organizing committee would also like to thank the many sponsors who also contributed to the success of these championships.

OFSAA would also like to thank NIKE for its contribution to the event. The athlete village was a constant hub for everyone.



OFSAA congratulates Sue Deighan and Craig McLaughlin (Holy Trinity CHS) for being the recipients of the OFSAA Leadership In School Sport Award. Of interest, Craig's dad, Bob, was the recipient of the Leadership In School Sport Award at Girls' AAA Basketball in 1991-92. Both Sue and Craig have made a significant contribution to high school sport in YRAA and to their respective schools for many years. The central region has been the real benefactor of their leadership.

The championships are about athletes and they did not disappoint the enthusiastic crowds that filled the stands at the Pan AM facility for the three days.

### Congratulations to the following athletes who were triple gold medal winners:

**Junior Women**

Lucca Agate (Loretto Abbey – Toronto)

**Junior Men**

Ryan Jacklin (E.E. Madill – Wingham)

**Senior Men**

Miles Misener – Daley (Westdale SS – Hamilton)

### Congratulations to the following athletes who were double gold medal winners:

**Midget Women**

Isabella Goudros (Leaside HS – Toronto)

**Midget Men**

Pau Herbaig- Bajona (UTS – Toronto)  
Mark Skerl (Cardinal Newman)

**Junior Women**

Anna Workman (Kingston CVI)  
Alexandria Webb (St. Benedict – Cambridge)

**Junior Men**

Marcus Renford (Tommy Douglas SS)  
Abdullahi Hassan (Birchmount Park – Toronto)  
Jean-Luc Foudy (Neil McNeil – Toronto)

**Senior Women**

Mackenzie Pierre-Webster (All Saints – Whitby)  
Sharelle Samuel (Ashbury College – Ottawa)  
Jocelyn Chau (De La Salle – Toronto)  
Trinity Tutti (Eastdale SS – Welland)

**Senior Men**

Marcus Kemp (St. Mary's – Kitchener)  
Lucas Woodhall (Thousand Islands SS – Brockville)

**Para Men**

Zach Gingras (Bill Crothers SS – Unionville)  
Owen Konkle (Beamsville DSS)











# OFSAA Committees and Chairs

<b>Advocacy</b>	Barry Mutrie	P: 519.270.4461	barry.cwossa@gmail.com
<b>Coaching</b>	Sean Clancy, Cairine Wilson SS	P: 613.824.4411	sean.clancy@ocdsb.ca
<b>Future Directions</b>	Nick Rowe, York Memorial CI	P: 416.394.3000	nick.rowe@tdsb.ca
<b>Transfers</b>	Dave Carscadden	P: 705.726.2552	dcarscadden@scdsb.on.ca
<b>Constitutional Review</b>	Heather Chambers	P: 705.474.7681	0621chambers@gmail.com
<b>Equity</b>	TBD		
<b>Classifications</b>	Hugh Rowland	P: 416.394.3200	hugh.rowland@tdsb.on.ca
<b>Championship Review</b>	Helen Thomson, St Michael CSS	P: 519.271.0890	hthomson@hpcdsb.ca
<b>Sanctions</b>	Brian Poste, North Hastings DHS	P: 613.332.1220	bposte@hpedsb.on.ca
<b>Alpine Skiing</b>	Kirk Normet, Iroquois Ridge	P: 905.845.0012	normetk@hdsb.ca
<b>Badminton</b>	TBD		
<b>Baseball</b>	Paul Solarski, Brebeuf College	P: 416.393.5508	paul.solarski@tcdsb.org
<b>Basketball</b>	Peter Graham, Timmins High	P: 705.360.1411	peter.graham@dsb1.edu.on.ca
<b>Co-Chair</b>	Jason Leili, Kingsville DHS	P: 519.733.2347	jason.leili@publicboard.ca
<b>Cross Country Running</b>	Kirk Dillabaugh, Glebe CI	P: 613.239.2424	kirk.dillabaugh@ocdsb.ca
<b>Curling</b>	Yvonne Nieuwenhuis, Sir Robert Borden HS	P: 613.829.1287	yvonne.nieuwenhuis@ocdsb.ca
<b>Field Hockey</b>	Liz Rusch, John McCrae SS	P: 613.823.0367	elizabeth.rusch@ocdsb.ca
<b>Boys' Field Lacrosse</b>	Alex Frescura, St. Michaels College	P: 416.653.3180	frescura@smcmail.com
<b>Football</b>	Martin Carl, Eastview SS	P: 705.728.1321	mcarl@scdsb.on.ca
<b>Golf</b>	Kendra Read, All Saints CHS	P: 613.271.4254	kendra.read@ocsb.ca
<b>Co-Chair</b>	John Elliot, Timmins H&VS	P: 705.360.1411	john.elliott@dsb1.edu.on.ca
<b>Hockey</b>	TBD		
<b>Co-Chair</b>	TBD		
<b>Nordic Skiing</b>	Todd Harris, Lakefield CS	P: 705.652.3324	tharris@lcs.ca
<b>Rugby</b>	David Schaffler, Oakville Trafalgar HS	P: 905.845.2875	schafflerd@hdsb.on.ca
<b>Co-Chair</b>	Carrie Bowie, St. Patrick's HS	P: 613.733.0501	carrie.bowie@ocsb.ca
<b>Soccer</b>	Tony Fiorino, Neil McNeil	P: 416.393.5502	tony.fiorino@tcdsb.org
<b>Snowboarding</b>	Duncan Warrener, Nelson High School	P: 905.637.3825	warrenerd@hdsb.ca
<b>Swimming</b>	James Ball, John F Ross CVI	P: 519.822.7090	james.ball@ugdsb.on.ca
<b>Tennis</b>	Tami Hawkins, Tecumseh Vista Academy	P: 519.987.6200	tami.hawkins@publicboard.ca
<b>Track &amp; Field</b>	Craig Cavanagh, Riverside SS	P: 519.948.4116	craig.cavanagh@gecdsb.on.ca
<b>Volleyball</b>	Pat Farrell, Regiopolis Notre Dame	P: 613.545.1902	farrell@alcdsb.on.ca
<b>Co-chair</b>	Andrea Lackovic, Westmount SS	P: 905.385.5395	alackovi@hwdsb.on.ca
<b>Wrestling</b>	Dave Hawkins, Tecumseh Vista Academy	P: 519.739.2189	dave.hawkins@publicboard.ca

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