

# The Bulletin

2015 -2016 OFSAA  
Championship  
Calendar

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in 2016



ONTARIO FEDERATION OF SCHOOL ATHLETIC ASSOCIATIONS  
FÉDÉRATION DES ASSOCIATIONS DU SPORT SCOLAIRE DE L'ONTARIO

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# Ontario Federation of School Athletic Associations

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Thank you to the Ontario Ministry of Tourism, Culture and Sport and the Ministry of Education for their generous contributions and support.

## ***A Word from Donna Howard, OFSAA Executive Director***



During the first five months into my role with OFSAA I have had the pleasure to meet colleagues throughout Canada, attend numerous competitions and interact with many athletes and their families. The calibre of our high school athletes is very high and the many people involved in organizing the events do a wonderful job. I have thoroughly enjoyed the experiences!

For student-athletes striving to participate at OFSAA, the goal remains high and one worth training for. It is a major achievement, and students continue to talk about their OFSAA experience in adulthood; recognizing it as one of their best high school experiences.

For those who have been conveners or involved with sport event organization, you will understand the countless hours of preparation, the restless sleep leading up to championships and the worry over whether things will run smoothly. I felt very proud when I received positive feedback from numerous participants, coaches and parents at the championships I attended. A positive comment, sometimes seeming minimal, goes a long way for our volunteers. I hope to see and hear more of these positive comments and recognition.

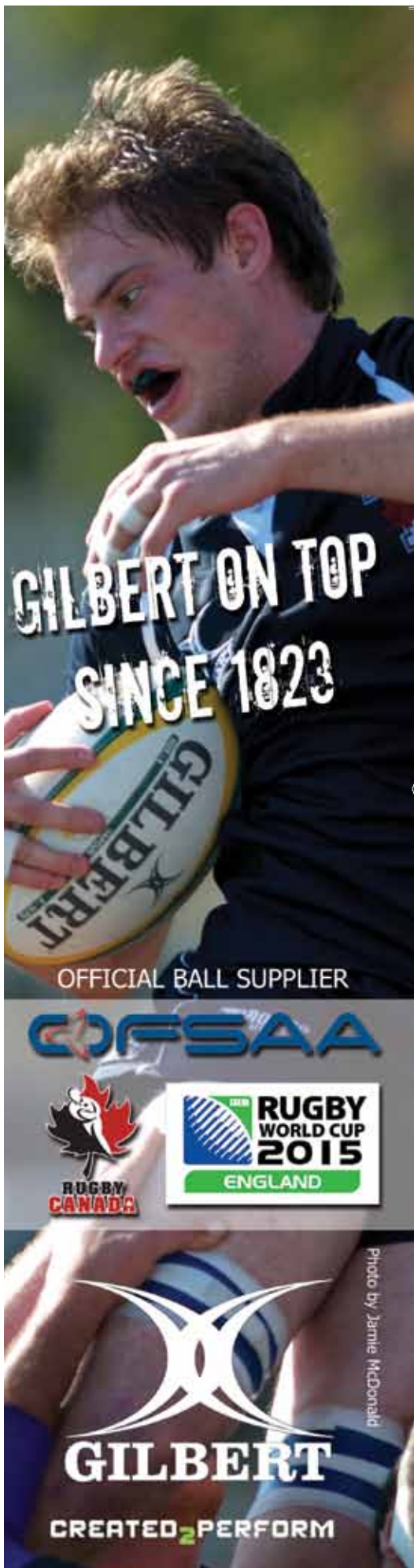
The staff of OFSAA have been welcoming and helpful as I learn my way around. They are dedicated groups who have been willing to adapt to an Executive Director, who at times may have a different style, background, and way of thinking than others.

As I become more familiar with the associations locally, I have also had the chance to speak with my counterparts nationally and internationally. It is a great way to share ideas, policies and practices. Ontario is a leader in many ways, but it is surprising how many issues are the same across North America. We can draw solutions and ideas from others to improve our own practice. I was able to visit with School Sport Western Australia last month, during a Christmas vacation. I was interested to learn how they deal with the size of their state which is 2.5 times larger than Ontario. As an example, they have a "Country week" which is the opportunity for rural schools to compete against one another in many sports. The organization also spends a fair amount of time dedicated to the state teams who go on to represent their sport nationally. Although cutbacks in public education continue in Western Australia, emphasis on sport remains a popular component of school programming.

I think one of the most challenging aspects of this role and for the OFSAA organization is developing policies and procedures that are both universal and fair to all while being sensitive to unique situations. It is important that OFSAA and its representatives across Ontario continue to stay current with issues and adapt and act appropriately in an ever-changing environment.

On a final note, we have had the pleasure of working with Damien Hope over the past year. His contract has come to an end as Lexy Fogel returns from leave. Damien has been an enthusiastic member of our team and will be missed. Given Damien's passion in sport, I have a feeling we will see him at future OFSAA events. Thank you Damien for all your hard work. A big "welcome back" to Lexy. I look forward to benefiting from all your experiences and knowledge.

Happy New Year to all and we look forward to an exciting, fun and educational school sport year!



## Age Classifications for the 2015-16 School Year

For the 2015-16 school year, a Midget will be born in 2001 or later, and may only compete at OFSAA in the Midget category for one year in Grade 9. A Junior will be born in 2000 or 2001, and a senior will be born in 1996 or later.

1995 or earlier	Ineligible
1996	Senior
1997	Senior
1998	Senior
1999	Senior
2000-2001	Junior
2001	Midget

How old was the student on January 1, 2015?

### Years of eligibility

Coaches are reminded that students are eligible to compete for no more than five consecutive years from date of entry into Grade 9. There is no appeal to this rule.

## 2015-16 Transfer Appeal Meeting Dates

<b>Meeting Date</b>	<b>Deadline for Applications</b>
Thurs., Feb. 25, 2016	Wed., Feb 10, 2016
Thurs., April 21, 2016	Wed., April 6, 2016

To appeal to an Association decision, please call the OFSAA office and give the name of the student and school, as well as the name of the principal. Please see the deadline dates posted above.

A letter will be sent to the student, c/o the principal, stating the date, time and location of the appeal hearing. The letter will outline what information the student must provide prior to the meeting date.



## OFSAA Social Spotlight

Keep up to date with OFSAA news, photos, videos, championship information, scholarships, conferences, and much more, by following OFSAA on Facebook, Twitter, Instagram and YouTube!



[facebook.com/OFSAA](https://facebook.com/OFSAA)



[twitter.com/OFSAA](https://twitter.com/OFSAA)



[instagram.com/OFSAAGRAM](https://instagram.com/OFSAAGRAM)



[youtube.com/OFSAAvids](https://youtube.com/OFSAAvids)

Follow individual championship results with live updates from OFSAA Championship twitter accounts. Updates and pics right from the source!

@OFSAASnow

@OFSAABadmnton

@OFSAABaseball

@OFSAABasketball

@OFSAAXC

@OFSAACurling

@OFSAAGirlsFH

@OFSAALacrosse

@OFSAAFootball

@OFSAAGolf

@OFSAABoyHockey

@OFSAAGirlHockey

@OFSAABoySoccer

@OFSAAGirlSoccer

@OFSAARugby

@OFSAASwimming

@OFSAATennis

@OFSAATrack

@OFSAAVBall

@OFSAAWrestling

# Please Support OFSAA's School Sport Sponsors

OFSAA is fortunate to have several companies supporting school sport in Ontario. Official equipment has been play-tested and endorsed by experienced teacher-coaches. Please support these sponsors by using their products.

## Badminton

### Yonex

- Official racquet of OFSAA: B500, B600 DF, B7000 DF+
- Official shuttlecocks of OFSAA: Mavis 350, Mavis 300, Mavis 7



### Black Knight

- Official badminton eyewear provider of OFSAA



## Football

### Spalding

- J5V Silver, Official football of OFSAA



## Basketball

### Spalding

- TF-1000 Legacy, Official basketball of OFSAA



## Volleyball

### Baden

- Baden Perfection 15-0, Official volleyball of OFSAA



## Rugby

### Monilex

- Official supplier of Gilbert rugby balls to high schools



## Soccer

### Molten

- Official soccer ball of OFSAA: Molten FSG4800 official game ball



## Accommodations

### Westmont Hospitality Group

- Official hotel partner of OFSAA



## Cross Country and Track and Field

### Nike

- Official sponsor



## Character Athlete Award

### Jostens

- Official sponsor



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# Staffing Update

## Farewell Damien Hope...



Damien has been in the OFSAA office for the past 13 months filling in as OFSAA's assistant director in place of Lexy Fogel during her sick leave.

As an assistant director, Damien caught on quickly to OFSAA's various councils and committees, organized the OFSAA Coaching Symposium conference,

and wasn't afraid to take charge in a leadership role.

His presence around the office and at Championships will be missed and we know Damien will be beyond successful wherever his career in sports takes him.

## Welcome Back Lexy Fogel...



OFSAA is happy to have Lexy Fogel back in the office as assistant director following her sick leave.

A longtime member of the OFSAA staff, Lexy brings an OFSAA background with Girls' Championships, Swimming, Women's Sport School and the Coaching Symposium.

Please help us welcome Lexy back to the OFSAA family!

## We are looking forward to seeing you at the 2016 OFSAA Women's Sport School.

THIS IS A GREAT PROFESSIONAL DEVELOPMENT AND NETWORKING OPPORTUNITY FOR NEW AND EXPERIENCED FEMALE PHYSICAL EDUCATORS!!

The 2016 OFSAA Women's Sport School will be held May 12 & 13, 2016 at Durham College in Oshawa. The conference will include many exciting sessions on a variety of topics related to physical education including, mentoring programs, battling ropes, how to engage your students, KIN Ball, yoga and mindfulness, Coaching in Ontario Schools certification, and much more!

For more information & to register visit: <http://www.ofsaa.on.ca/events/conferences/womens-sport-school>  
Please contact Lexy Fogel with any questions at [lex@ofsaa.on.ca](mailto:lex@ofsaa.on.ca) or at 416-426-7436.

Info & to Register - [www.ofsaa.on.ca/events/conferences](http://www.ofsaa.on.ca/events/conferences)

# Planning on hosting a Tournament or Meet, or attending Invitational Events outside the province?

**Important Reminder to schools** ... This year your team may only play OFSAA-eligible students in all your games (league and invitational) if you wish to be eligible for OFSAA and OFSAA-approved invitational events within or outside of the province.

## You MUST obtain OFSAA sanction for:

- Any interprovincial tournament or meet you are attending
- Invitational events you are hosting that involve out-of-province participants
- Any state or NFHS-sanctioned tournaments or meets you are attending in the United States (Some American tournaments do not indicate whether they are sanctioned so it is best to obtain OFSAA sanction to be on the safe side)

Failure to obtain will result in penalties by OFSAA, and may cause the out-of-province invited teams to be penalized by their home association.

## At Sanctioned events:

- All participants must be eligible under the rules and regulations of the Provincial or State Association of which they are members
- A teacher-coach will be present and responsible for the athletes throughout the duration of your event.

Note: OFSAA sanction is not required for one exhibition game out-of-province.

## The Process:

- All forms are on the OFSAA website - use the up-to-date form!
- Apply for OFSAA sanction at least 30 days prior to the start of the event.
- Hosts must indicate in their promotional mailing that the event is 'OFSAA-sanctioned'.
- The form to obtain OFSAA sanction to host an event must first go to one of your Association Representatives for their approval and they will then forward the request to OFSAA.
- Applications for sanction to attend out-of-province events come directly to OFSAA.

Once you have applied for sanction, check the OFSAA website to make sure your paperwork has been received and processed ([ofsa.on.ca/Events/Sanctioned Events](http://ofsa.on.ca/Events/Sanctioned%20Events)), and that all the details are accurate. Questions regarding sanctions should be directed to Diana Ranken, Sanctions Coordinator, at [diana@ofsa.on.ca](mailto:diana@ofsa.on.ca).

## Scoreboard Man/ NEVCO - Official shot clock of OFSAA



When OFSAA's representative council elected to transition high school basketball in Ontario to the International (FIBA) system at our

AGM in 2015, the most significant change was the incorporation of the 35-second shot clock.

Through intensive research on the feasibility of installation, maintenance, mass availability, and electrical safety, OFSAA was careful with the selection of NEVCO and Scoreboard Man as our official clock.

NEVCO is the oldest and largest privately held scoreboard and display manufacturer in the industry. Based in Barrie, they installed their first scoreboard in 1934. Paul Leskow and his team at the Scoreboard Man have been in business since 1971, are based in Orillia, and are the NEVCO representatives for Ontario.

Shot clocks will be lent to OFSAA for our Girls' and Boys' tournaments (A, AA, AAA) and schools hoping to simulate OFSAA conditions during league play can elect to purchase shot clocks of their own.

Exclusive pricing for OFSAA members is available for one of two models: SSC-7 (\$1795), and SSC-T5 (\$2685). More information will be made available on the OFSAA website.

OFSAA, NEVCO, and Scoreboard Man have teamed up to provide safe and reliable options for purchase and installation of shot clocks. We are happy to have partners that believe in the vision of OFSAA and support athletic programming in our high schools.

## Sanctioned Invitationals for 2016

### SOCCER

#### Marauder Girls' Soccer Tournament

May 6, 2016  
Jeff Northrop, Banting Memorial HS  
Banting Memorial HS, Alliston  
Phone: 705-435-6288 vm55878  
Email: [jnorthrop@scdsb.on.ca](mailto:jnorthrop@scdsb.on.ca)

### HOCKEY

#### York University Boys' and Girls' Hockey Tournaments 2015-16

York University hosts a full schedule of hockey tournament for boys and girls at all levels. Check the OFSAA website for the complete listing of these invitational tournaments.

Al Rose  
Phone: 416-661-5900 ext. 251  
Email: [arose@icesports.ca](mailto:arose@icesports.ca)

#### 11th Annual Blessed Trinity Junior Boys' Hockey Tournament

March 22-23, 2016  
Rich Vrataric, Blessed Trinity CHS  
Peach King Centre, Grimsby  
Phone: 905-945-6706 ext.2326  
Email: [richard.vrataric@ncdsb.com](mailto:richard.vrataric@ncdsb.com)

#### Crusader Junior Boys' and Girls' Hockey Tournaments

March 29, 2016  
Wendy Glover, Catholic Central HS  
Mike Chaney, Catholic Central HS  
London  
Phone: 519-675-4431  
Phone: 519-675-4431  
Emails: [wglover@officeldcsb.on.ca](mailto:wglover@officeldcsb.on.ca)  
[mike.chaney@rogers.com](mailto:mike.chaney@rogers.com)

#### Junior Boys' Gator Invitational Hockey Tournament

March 30-31, 2016  
Stephen Sim, Lakeshore CHS  
Port Colborne  
Phone: 905-835-2451  
Email: [Stephen.sim@ncdsb.on.ca](mailto:Stephen.sim@ncdsb.on.ca)



# 2015-16 Playing Regulation Updates

## Clarification

- OFSAA has returned to three classifications, eliminating the AAAA designation. Split Championships (Hockey, Rugby and Lacrosse) will still be played in two Championships: "A/AA" and "AAA." Results from previous "AAA" level Championships will be used when there is a second entry available at an OFSAA event.

## Badminton

- Current ratings must be obtained from the Ontario Badminton Association. A maximum of eight (8) positions in each event shall be seeded. If at all possible Ontario-ranked players should not meet in the first round. Players from the same association should be placed in opposite halves of the draw in "A" flight.
- In the event of an Association not having a full entry or in the event of a late cancellation, the Association host is allowed an additional entry in that event and will be placed in a draw at the discretion of the Championship Convenor.

## Baseball

- New bracket schedule added to Appendix C
- Tie games will be broken as follows: with no outs in their offensive half of the extra inning the teams will place a runner at second base (last player who made an out) and play extra innings until a winner is declared.
- With the exception of the pitcher, each starting player may re-enter the game once. A pitcher once removed from the field may not pitch again

## Basketball

- New entry structure added to Section 5(b) coinciding with transition to three levels of OFSAA competition.
- Beginning in September 2016, OFSAA adopt the FIBA playing regulations for both boys' and girls' basketball with the following modifications:
  - A 35 second shot clock will be used. Full reset on foul shot attempts and shots off the rim
  - Fouls and offensive rebounds would result in 35 second reset
  - Federation lines will be used even when FIBA lines are available
  - Federation game length will be used (including overtime)
  - Federation time-out procedure will be used
  - No dunking in the warm-up will be permitted (technical foul)

## Cross Country

- Each Association shall be permitted to enter two teams of five members, and five individuals who are not a member of the representative team) in each of the three classifications

## Football

- Drones must not be used in the field of play
- Any communication devices within the helmet or on any part of the athlete is not permitted
- A new Bowl Game Association draw format has been confirmed

## Girls' Golf

- Distance finders are permitted as per RCGA rules but must be pre-approved by officials at the site of the festival before competition begins and can be brought forward for approval by student-athletes only. Devices with distance finding functions only are permitted.
- Starting 2016-17 the Festival will operate as a two-day competition. One division over 18 holes with a shot-gun start on day 1. On day 2, the field will be split into two flights over 18 holes with shot-gun start.

## Boys' Hockey

- An athlete who receives a fighting major, match penalty, or gross misconduct is suspended for the remainder of the Championship plus the following year's OFSAA Championship, subject to appeal.

## Track & Field

- 400m Wheelchair event removed. 800m Intellectually impaired event added.
- Names will be allowed on the backs of jerseys if they are consistent with the school and no nicknames.

## Volleyball

- A minimum of 5 minutes will be allowed for warm-up time, officially beginning 13 minutes before game time. Serving team has first five minutes, receiving team the next five, and the final three minutes reserved for pre-match protocol.

## Wrestling

- An athlete must compete at OFSAA at the weight class he/she qualified at.

## 2015-16 OFSAA Championship Participant Limits

Sport	Participant Limit	Sport	Participant Limit
Field Hockey	23	Soccer	24
Basketball	18	Rugby	34
Volleyball	18	Baseball	22
Hockey	25	Curling	7
Lacrosse	30	Football	56

\* each team may register a maximum of X number of participants, which includes players and team personnel.

Only registered participants may represent the school and/or attend Championship activities.

# Dragon Boat team shows outstanding character

By Cathy Johnson, former SWOSSAA representative to OFSAA

*"Amazing weekend at Canadian championships. It was cold, it was wet, but thanks to Poseidon's Offspring it was one of the most incredible events in my life! I have never seen such a show of sportsmanship at a sporting event. I have coached thousands of athletes in thousands of games and what the kids from Poseidon's did was incredible. They exchanged their gold medals with our silver one for the Open Division. We had lost after equipment issues took us out of the 2k race. I had told my kids that silver was the colour of adversity and that things happen in sport and life that you can't control. What matters is how you respond to that adversity. When Poseidon's Offspring came to our tent to exchange their medals, we learned that gold is the colour of sportsmanship. It was humbling, it was overwhelming, it brought tears to the eyes of myself, Joey and the kids. Thank you Poseidon's offspring." – Facebook*



I would like to recognize the Earl Haig SS Dragon Boat team (also known as Poseidon's Offspring from the York Region Dragon Boat Club) for showing outstanding character.

In June, at the Canadian Dragon Boat Club Crew Championships in Welland, their team exchanged their gold medals from the Open Division for the silver my team received. My team had won the 200m and 500m races, and had just passed the Offspring in the 2k event, when our oar lock let loose. We were not allowed to fix it and continue, nor were we allowed to race in another race to get a time. We ended up winning silver for the division, and as a team we discussed how it was the colour of adversity. The weather was atrocious that weekend and I gave the medals out to my team, rather than receiving them at a regular medal presentation - Same with the Offspring. At the end of the competition the Offspring came to our tent, and told our team that they did not feel right accepting the gold, they had not earned it. My kids felt the same way, but accepted the medals, learning a lot about sportsmanship along the way. What is really incredible is that the kids did this on their own, without the knowledge of their coach, Kelly.

The copy of the Facebook message I posted is attached, explaining what had transpired that day. We had 16K hits on that post.

I am a recently retired coach, and former OFSAA rep. I have never seen anything like this, ever. It was incredible.

# OFSAA Contest Winners

## Keeping Football Safe! Football Contest

OFSAA, in partnership with Spalding Canada, is excited to announce the winners of our Keeping Football Safe contest! Congratulations:

- West Ferris Intermediate SS (North Bay) and Head Coach Mark Robertson
- Kitchener-Waterloo C&VS (Kitchener) and Head Coach Kevin Horn

Thank you to all who applied and completed the courses to keep football safe on the fields at Ontario schools!

### WHAT'S THE PRIZE?

Two prizes of \$3,500 of in-kind product from Spalding/Russell Athletic to support high school football programs (football, uniforms, football pads, etc.). Each school will select what product they believe is needed most!

### HOW IT WORKS

Any school who successfully completes all the identified best practices as indicated on the OFSAA website and submits the completed entry form, will be entered into a draw to win one of the two prizes. Limited to one entry per school and past prizewinners are not eligible. Check back next year for your chance to win!

## High School Smash! Badminton Contest

OFSAA and our official Badminton partner Yonex have teamed up for the second year to present the High School Smash! program to get more students involved in a school sport they could play the rest of their lives.

Applicants were asked to submit a plan for an intramural badminton program in their school that would be sustainable, use student leaders, involve students who were new to badminton, and students of all grade levels.

After applications were sorted the successful applicants were entered in a random draw with the following four schools winning:

- Sir John A. Macdonald (Hamilton)
- Great Lakes Christian HS (Beamsville)
- École secondaire catholique Nouvelle-Alliance (Barrie)
- Rainy River HS (Rainy River)

Congratulations to the schools that were selected for the prize and we at OFSAA and Yonex look forward to seeing the results of your badminton programming!

Each school has won:

- 16 Yonex Nanospeed (or equivalent) racquets
- 5 dozen (60) Mavis 350 shuttles
- A badminton instructional DVD

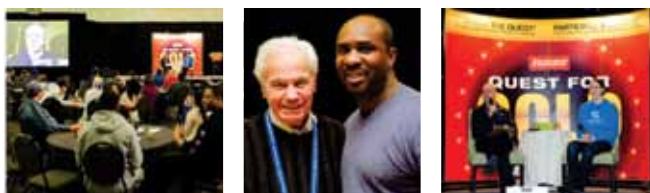
The High School Smash contest will run again next fall with applications and further information available on the OFSAA website.

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# MY OFSAA EXPERIENCE

BY COLTON LABINE, O'GORMAN HIGH SCHOOL, TIMMINS, ONTARIO



Colton LaBine,  
OFSAA Nordic skiing

Championships in Cross Country Running, Nordic Skiing, Basketball and Soccer.

Memories, the competition, dedication, friendships, road trips, and the ever popular "OFSAA Hoodie" are some of the words I would use to describe the OFSAA experience.

As I reflect back on my high school years I have some great OFSAA memories and a few disappointments. Entering high school, I set out to follow my personal belief of working hard at school and in sports. I was hoping to qualify for OFSAA, even though as a grade nine student you only knew about OFSAA by reputation.

One of my fondest memories was my first OFSAA, cross-country running in Etobicoke, a huge event with 1000 plus athletes participating, the Nike athlete tent, and the massage area - setting the bar high for other of OFSAA's to follow. Other significant moments include winning two silver medals in Nordic and Basketball in one week in March 2014, and also dining at Piccolo's in Windsor. All OFSAA Championships are memorable in some way even if you did not meet your personal or team expectations. After a time of healing you do feel

proud of your personal and team accomplishments and you always have a 'Hoodie' to remember the event.

The word dedication is synonymous with OFSAA. I have witnessed the selfless dedication of the teacher-coaches. These coaches help to mentor students to develop the skills required for various sports over countless practice hours, teaching the athlete the dedication required for competition. I have seen the amount of additional planning, co-ordination, fundraising, and time that is required to host an OFSAA Championship and I thank all of the convenors. Without the dedicated volunteers to not only coach but to drive us to events, coordinate travel plans, and fundraise, my high school years would not have been as fun and enjoyable.

Lastly, the road trip is a reality of living in Northern Ontario. I estimated that I travelled over 18,000 km just to attend OFSAA Championships and over 100,000 km in travel to races and tournaments throughout my years at O'Gorman. This travel may be a problem for some schools. However, the support of staff, administration and parents provided us with valuable opportunities we may not have experienced. Spending so much time on the road helped forge friendships with my teammates and coaches. Listening to a home grown rapper album, telling jokes or being bored in a traffic jam somewhere on highway 11 for hours contribute to lifelong memories.

In closing, I strongly encourage all high school students to get involved in high school sports. I believe the involvement in sport has helped me to develop leadership, communication and time management skills which have made me a more focused student and will serve me well in my lifelong adventures.



Colin Hood OFSAA AWARD: Marcy McCarty (PHed Head), Taylor Parisi, Colton Labine, Mrs. Tamara Tremblay-Bartolomucci (cross country running coach), Doug Basso (PHed Head)



O'Gorman High School boys Basketball, 2015

# LIVE Streaming at OFSAA



Our partners...



Broadcasting on OFSAA.TV

Streaming OFSAA Girls' A, AA, and AAA Basketball, & Boys' A, AA, and AAA Volleyball, Nov. 26-28, 2015

Streaming OFSAA Boys' A, AA, and AAA Basketball, & Girls' A, AA, and AAA Volleyball, March 7-9, 2016



Broadcasting on AthleticsCanada.TV

Streaming OFSAA Cross Country Championships from Duntroon, Nov. 7, 2015 and OFSAA Track & Field Championships from Windsor, June 2-4, 2016.

**CanadaFootballChat.com**



Broadcasting on CanadaFootballChat.com

Streaming OFSAA Football Bowl Series from Hamilton, Nov. 30 - Dec. 2, 2015

Hoping to cheer on your school team but not able to get there? OFSAA is happy to bring LIVE streaming to several of its Championships that will be FREE to watch. Watching live will be free with on-demand services available at a small fee on our partner's websites.

More details will be posted on the OFSAA website as they are available but for the 2015-16 school year OFSAA has arranged to stream:

- Cross Country
- Football Bowl Series
- Basketball (Girls' and Boys' A,AA,AAA)
- Volleyball (Boys' and Girls' A,AA,AAA)
- Track & Field

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# MY OFSAA EXPERIENCE

By Julianne Misk, St. Michaels High School, Niagara



My name is Julianne Misk and I'm a grade 12 student at St. Michaels High School in Niagara Falls. I have been on the cross-country and track and field teams since grade 9 and have been able to compete at OFSAA where I am lucky enough to be the four-time cross-country para champion, I was really excited this year in Collingwood to receive that gold medal.

I sometimes train after school with Mr. Pietrangelo and our team but I also belong to a running club called Niagara Regional Athletics where my coach Sue Bartol works with me year round. Running is hard work and a lot of training and technique, but I really enjoy it. It has allowed me to travel to all kinds of neat places for races

and I have made so many great friends. I even got to be friends with Kathrine Switzer who was the first lady to ever run the Boston Marathon – she has been a great inspiration. I also joined Special Olympics recently and hope to compete in Mexico in 2019.

Running comes pretty easy to me, but school does not. I have special needs and I'm in a class where I get lots of support, but some subjects, like math, for example, are really, really hard for me. Sports have allowed me to get more involved in school, make more friends, and be more successful, so this year I joined the swim team as well. My coach has been working hard with me and I'm learning a lot. I'm really enjoying swimming too and I'm hoping to have a chance to compete at OFSAA in Windsor in the para swimming this March.

I think it's really great what OFSAA does to give us para athletes a chance to participate and compete. I also like to encourage my friends to get involved, this year my friend Andrew made it to Collingwood as well, we had a great time. I think it's important for coaches and teachers to also encourage us to try too, because you might be surprised what we are able to do, after all; we like to be judged by our abilities, not our disabilities!



## OFSAA PARA EVENTS - GET INVOLVED!

The OFSAA experience through sport can be achieved by a range of persons with disabilities with events at OFSAA's Cross Country, Swimming, and Track & Field Championships.

New programming is coming for Cross Country's PARA division for 2016. Track & Field offers the events: 100m and 800m for visually impaired, 100m and 800m ambulatory, 200m and 400m wheelchair

events, and a 100m intellectually impaired event. At OFSAA Swimming PARA athletes can participate in the 50m backstroke, 50m freestyle, and 100m freestyle events.

If you or someone you know is a PARA athlete, we hope to see you at OFSAA! For more information on these events and OFSAA PARA opportunities check the OFSAA website or call 416-426-7391.



SCHOOL SPORT CANADA  
SPORT SCOLAIRE CANADA

# School Sport Canada Online Courses

School Sport Canada currently offers a number of online courses to benefit high school coaches (some of which are offered at no cost!). All courses allow participants to work at their own pace including the ability to save work and return to the course until it is complete. Although these courses are not NCCP certified, participants will be provided a certificate of completion.

Courses can be accessed through [www.schoolcoach.ca](http://www.schoolcoach.ca) or through the OFSAA website under "Programs." The following courses are being offered:

All courses have an introductory video which provides a detailed overview of the course.

## **Athletic Injury Management**

A course designed to give you an understanding of athletic injury management.

This course is designed to prepare you, the interscholastic teacher-coach, for all situations that participation in high-school athletics could encompass.

## **Coaching Basketball & Volleyball Fundamentals**

Two new courses designed to plan and organize teachers for a season of skill development. How to plan practices, skills and drills, fundamental movement strategies, and how to provide feedback are discussed at length and targeted specifically towards your sport of choice – basketball or volleyball.

## **Concussion in Sports - What You Need To Know**

Sports-related concussion in high school sports can be serious or even life-threatening situations if not managed correctly.

National Federation of State High School Associations (NFHS) and Centers for Disease Control and Prevention (CDC) have teamed up to provide information and resources to help educate coaches, officials, parents and students on the importance of proper concussion recognition and management in high school sports.

## **Engaging Effectively with Parents**

Course participants learn essential and effective communication techniques and methods for interacting with parents and guardians.

## **Fundamentals of Coaching**

A Grassroots Course Focusing on Critical Skills and Understanding Athlete Needs; a Must for All Coaches.

\*This course is comparable to OFSAA's Coaching in Ontario Schools but does not include the Ontario specific elements and is not NCCP accredited.

## **Legal Course for Coaches**

A course designed to give you an understanding of legal issues in sports.

## **Teaching & Modeling Behaviour**

A course designed to teach coaches how to proactively modify and encourage good sportsmanship.

## **Tobacco - "Be the NORM"**

A course designed to give students and coaches an understanding of the negative effects of tobacco use.

## Coaching in Ontario Schools (CIOS)



The Coaching in Ontario Schools (CIOS) course continues its popularity, particularly among teacher-candidates, with approximately 300 participants completing the course per year.

We are offering the course through a live-time online format which will allow participants from across the province to interact and take the course at pre-established dates & times. Check the OFSAA website for upcoming dates & times.

### **Course Cost**

**Schools and Boards:** \$25/participant + Facilitator fee (and travel if applicable)

**Faculties of Education:** \$25/participant (no Facilitator fee)



To organize a CIOS workshop please contact Shamus Bourdon at 416-426-7440 or [shamus@ofsaa.on.ca](mailto:shamus@ofsaa.on.ca)

## 'KidSport' Grants 2015-16



"KIDSPORT" grants available to assist student-athletes in financial need

To enable students who have difficulty finding the monies to pay their athletic fee to participate in the school sport(s) of their choice, have them apply for a "Kidsport" grant. **The 2015-16 application form must be used** and can be found online. OFSAA partners with 'KIDSPORT' to provide this opportunity. A limited amount of funding is available for each sport season so get your applications in early.

So **ALL** Kids Can Play!

### Some important reminders . . .

- Applications must be received by the deadline dates:  
Winter sports - January 31, 2016  
Spring sports - April 30, 2016
- Separate applications must be submitted for each season.
- The maximum amount a student may be granted within a school year is \$250
- Only fees covering league play expenses will be reimbursed.
- All sections of the application form must be completed in full with an accurate breakdown of the fee.
- The endorser must be a person aware of the student's situation and needs, and of the breakdown of the fees. (Athletic Director or Physical Education Department Head) Note: A parent is not an acceptable endorser for the student.

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The banner features a collage of athletes: a female basketball player in a yellow Queen's jersey, a male hockey player in a white and blue jersey, a male football player in a black Ravens jersey, and a female soccer player in a white jersey. A volleyball is also visible in the center.



## Scholarships and Awards Available for 2016

OFSAA has formed partnerships with a number of organizations, benefitting student-athletes as well as teacher-coaches across the province.

The following scholarships are available to student-athletes:

### OFSAA Alumni Scholarship

**Application deadline is April 1, 2016.**

In 2015-16: NOSSA, SWOSSAA, GBSSA, YRAA

### Brian Maxwell Memorial Scholarship

The Brian Maxwell Memorial Scholarship is awarded each year to track/ cross country student-athletes continuing their post-secondary education at a Canadian College or University. Thanks to a donation by Jennifer Maxwell, the widow of Brian Maxwell, the scholarship has been expanded to six winners, one male and female for each of \$8000, \$4000, and \$2000. **Application deadline is June 16, 2016.**

### Colin Hood School Sport Award

**Application deadline is April 29, 2016.**

### Character Athlete Award

OFSAA's Character Athlete Award celebrates the efforts of exceptional student-athletes in Ontario who best exemplify the characteristics of leadership, equity, respect, and sportsmanship. Formerly awarded twice a year, this will be awarded at the end of the year with \$1000 to one male and one female winner courtesy of Josten's. **Application deadline is May 2, 2016.**

## Josten's Sponsors Character Athlete Award

In partnership with OFSAA's official ring provider Josten's, OFSAA is happy to announce our Character Athlete Award is now offering financial support of \$1000 to deserving student-athletes who display OFSAA's characteristics of leadership, commitment, respect, equity, growth and development.

OFSAA has awarded one girl and one boy twice per year since 2013 to recognize student-athletes with exceptional character in their school and their community. The award will now be offered once per year to one boy and one girl with nominations due through online submission to the OFSAA office by **Monday, May 2nd, 2016.**

<http://www.ofsaa.on.ca/webform/character-athlete-award-nomination>

The Character Athletes will be profiled in our Bulletin magazine, on our website, and in our eNewsletter. They will also receive a \$1000 scholarship from Josten's, and a plaque from OFSAA commemorating this accomplishment.

DYNAMIC DUAL DESIGN

FOREHAND MEETS BACKHAND

DUORA 10

YONEX one hundred and ten percent





# 2015-16 OFSAA Cha

## **BOYS' GOLF (SWOSSAA)**

Oct. 14-15, 2015, Windsor  
Matt Loebach, WF Herman  
519-944-4700  
matt.loebach@publicboard.ca  
**Entry Deadline: Oct. 7, 2015**

## **GIRLS' GOLF (SWOSSAA)**

Oct. 14-15, 2015, Windsor  
Fernando Brunone, St. Thomas Villanova  
519-734-6444  
fernando\_brunone@wecdsb.on.ca  
**Entry Deadline: Oct. 7, 2015**

## **GIRLS' FIELD HOCKEY (COSSA)**

Nov. 5-7, 2015, Bancroft  
Allison Avery, North Hastings  
613-332-1220  
aavery@hpedsb.on.ca  
**Entry Deadline: Oct. 31, 2015**

## **CROSS COUNTRY (GBSSA)**

Nov. 7, 2015, Collingwood  
Al Coukell/David Shepherd, Collingwood CI  
705-445-3161  
jcoukell@scdsb.on.ca  
**Entry Deadline: Oct. 31, 2015**

## **BOYS' A VOLLEYBALL (TDCAA)**

Nov. 26-28, 2015, Toronto  
Gary Kollins, UTS  
416-946-7991  
gkollins@utschools.ca  
**Entry Deadline: Nov. 21, 2015**

## **BOYS' AA VOLLEYBALL (NWOSSAA)**

Nov. 26-28, 2015, Kenora  
Reg McDonald, Beaver Brae  
807-468-6401  
reg.mcdonald@kpdsb.on.ca  
**Entry Deadline: Nov. 21, 2015**

## **BOYS' AAA VOLLEYBALL (SWOSSAA)**

Nov. 26-28, 2015, Windsor  
Pat Osborne, Kennedy  
519-253-1166 ext. 30307  
patrick.osborne@publicboard.ca  
**Entry Deadline: Nov. 21, 2015**

## **GIRLS' A BASKETBALL (SWOSSAA)**

Nov. 26-28, 2015, Windsor  
Thomas Couvillion/  
Linda Corriere, E.J. Lajeunesse  
519-972-0071  
courthom@cscprovidence.ca  
**Entry Deadline: Nov. 21, 2015**

## **GIRLS' AA BASKETBALL (SWOSSAA)**

Nov. 26-28, 2015, Kingsville  
Jason Leili, Kingsville DHS  
519-733-2347  
jason.leili@gecdsb.on.ca  
**Entry Deadline: Nov. 21, 2015**

## **GIRLS' AAA BASKETBALL (SWOSSAA)**

Nov. 26-28, 2015, Windsor  
Sean Culhane/Craig Poole, Holy Names HS  
519-966-2504  
sean\_culhane@wecdsb.on.ca  
**Entry Deadline: Nov. 21, 2015**

## **FOOTBALL BOWLS**

Nov. 30-Dec 2, 2015, Hamilton  
Peter Morris  
morriss@sympatico.ca  
**Entry Deadline: Nov. 19, 2015**

## **NORDIC SKIING (GBSSA)**

Feb. 25-26, 2016, Collingwood  
Sherry Taylor-Fox, Collingwood Collegiate  
705-445-3161  
staylorfox@scdsb.on.ca  
**Entry Deadline: Feb. 20, 2016**

## **ALPINE SKIING**

Feb. 29 – Mar. 1, 2016, Blue Mountain  
TBD  
**Entry Deadline: Feb. 22, 2016**

## **SNOWBOARDING (YRAA)**

Mar. 3, 2016, Markville  
Adrienne Chong, Markville SS  
905-940-8840  
adrienne.chong@yrdsb.ca  
**Entry Deadline: Feb. 24, 2016**

## **WRESTLING (SWOSSAA)**

Mar. 1-2, 2016, Windsor  
Dave Hawkins, Tecumseh Vista  
519-739-2189  
dave.hawkins@publicboard.ca  
**Entry Deadline: Feb. 21, 2016**

## **SWIMMING (SWOSSAA)**

Mar. 8-9, 2016, Windsor  
Danielle Parent, E.J. Lajeunesse CSS  
519-972-5763  
paredani@cscprovidence.ca  
**Entry Deadline: Feb. 29, 2016**

## **BOYS' A BASKETBALL (NOSSA)**

Mar. 7-9, 2015, Sault Ste. Marie  
Joseph Turco, White Pines C&VS  
(705) 945-7181 ext. 72500  
turcoj@adsb.on.ca  
**Entry Deadline: Mar. 1, 2016**

## **BOYS' AA BASKETBALL (NEOAA)**

Mar. 7-9, 2015, Timmins  
Peter Graham, Timmins High & VS  
705-360-1411  
peter.graham@dsb1.edu.on.ca  
**Entry Deadline: Mar. 1, 2016**

## **BOYS' AAA BASKETBALL (SWOSSAA)**

Mar. 7-9, 2015, Windsor  
Peter Cusumano, Catholic Central  
519-256-3171  
coachcus@yahoo.com  
**Entry Deadline: Mar. 1, 2016**

## **GIRLS' A VOLLEYBALL (CWOSSA)**

Mar. 7-9, 2015, Kitchener  
Bernie Burnett/  
Ray Boehm, Rockway Mennonite  
519-743-5209  
bernieb@rockway.ca  
**Entry Deadline: Mar. 1, 2016**

## **GIRLS' AA VOLLEYBALL (NWOSSAA)**

Mar. 7-9, 2015, Dryden  
Reg McDonald, Beaver Brae  
807-468-6401  
reg.mcdonald@kpdsb.on.ca  
**Entry Deadline: Mar. 1, 2016**

## **GIRLS' AAA VOLLEYBALL (NOSSA)**

Mar. 7-9, 2015, North Bay  
Colleen Egen, Chippewa SS  
705-475-0845  
colleen.egen@nearnorthschools.ca  
**Entry Deadline: Mar. 1, 2016**

FOR COMPLETE CHAMPIONSHIP

# Championship Calendar

## **GIRLS' A/AA HOCKEY (WOSSAA)**

Mar. 7-10, 2016, Stratford  
Sandie Ennett, St. Mike's CSS  
519-271-0890  
sennett@hpcdsb.ca  
**Entry Deadline: Mar. 1, 2016**

## **GIRLS' AAA HOCKEY (WOSSAA)**

Mar. 7-10, 2016, Stratford  
Sandie Ennett, St. Mike's CSS  
519-271-0890  
sennett@hpcdsb.ca  
**Entry Deadline: Mar. 1, 2016**

## **BOYS' A/AA HOCKEY (NCSSAA)**

Mar. 7-10, 2016, Ottawa  
Gary Schreider, NCSSAA Office  
613-596-8211 ext. 8433  
gary.schreider@ocdsb.ca  
**Entry Deadline: Mar. 1, 2016**

## **BOYS' AAA HOCKEY (SWOSSAA)**

Mar. 7-10, 2016, Windsor  
John Talerico, St. Thomas Villanova  
519-734-6444  
john\_talerico@weccdsb.on.ca  
**Entry Deadline: Mar. 1, 2016**

## **GIRLS' & BOYS' CURLING (NOSSA)**

Mar. 7-10, 2016, North Bay  
Sean Mullen, Widdifield  
705-474-4223  
sean.mullen@nearnorthschools.ca  
**Entry Deadline: Mar. 1, 2016**

## **GIRLS' GYMNASTICS (SWOSSAA)**

April 25-26, 2016, Windsor  
Melanie Sylvestre-Nabben,  
ESC EJ Lajeunesse  
519-972-0071  
sylvmela@cscprovidence.ca  
**Entry Deadline: Apr. 18, 2016**

## **BADMINTON (NOSSA)**

May 5-7, 2016, North Bay  
Guy Horth, West Ferris SS  
705-475-2333  
guy.horth@nearnorthschools.ca  
**Entry Deadline: Apr. 27, 2016**

## **TENNIS (YRAA)**

May 30 – June 1, 2016, Vaughan  
Shawn Morris, Stephen Lewis SS  
905-326-7994  
shawn.morris@yrdsb.ca  
**Entry Deadline: May 23, 2016**

## **GIRLS' A/AA & AAA RUGBY (NCSSAA)**

May 30 – June 1, 2016, Ottawa  
Rick Mellor/Carrie Bowie, NCSSAA Office  
613-569-8211  
rick.mellor@ocdsb.ca  
**Entry Deadline: May 24, 2016**

## **Boys' A/AA & AAA Field Lacrosse (GHAC)**

May 31-June 1, 2016, Georgetown  
Timm Stephenson, Christ The King CSS  
905-702-8836  
stephensont@hcdsb.org  
**Entry Deadline: May 25, 2016**

## **BOYS' A/AA RUGBY (COSSA)**

June 2-4, 2016, Cobourg  
Greg Conway, St. Mary's  
905-372-4339  
gconway@pvnccdsb.on.ca  
**Entry Deadline: May 28, 2016**

## **BOYS' AAA RUGBY (YRAA)**

June 2-4, 2016, Markham  
Andrew McCutcheon  
905-477-8503  
andrew.mccutcheon@yrdsb.ca  
**Entry Deadline: May 28, 2016**

## **GIRLS' A & AA SOCCER (NOSSA)**

June 2-4, 2016, North Bay  
Ryan Culhane, West Ferris SS  
705-475-2333  
Ryan.Culhane@nearnorthschools.ca  
**Entry Deadline: May 28, 2016**

## **GIRLS' AAA SOCCER (SOSSA)**

June 2-4, 2016, Niagara Falls  
Amber Benoit, St. Michael CHS  
905-356-5155  
amber.benoit@ncdsb.com  
**Entry Deadline: May 28, 2016**

## **BOYS' A SOCCER (SWOSSAA)**

June 2-4, 2016, Windsor  
Linda Carriere, EJ Lajeunesse  
519-972-0071  
carrlind@cscprovidence.ca  
**Entry Deadline: May 28, 2016**

## **BOYS' AA SOCCER (SWOSSAA)**

June 2-4, 2016, Kingsville  
Jason Leili, Kingsville DHS  
519-733-2347  
jason.leili@publicboard.ca  
**Entry Deadline: May 28, 2016**

## **Boys' AAA Soccer (EOSSAA)**

June 2-4, 2016, Kingston  
Pat Murphy, Holy Cross CSS  
613-384-1919  
murphyp@alcdsb.on.ca  
**Entry Deadline: May 28, 2016**

## **TRACK & FIELD (SWOSSA)**

June 2-4, 2016, Windsor  
Craig Cavanagh, Riverside SS  
519-255-3200  
craig.cavanagh@publicboard.ca  
**Entry Deadline: May 28, 2016**

## **BOYS' BASEBALL EAST REGIONAL**

June 1-2, 2016, YRAA  
Grant Campbell, Sutton District HS  
905-722-3281  
grant.campbell@yrdsb.ca  
**Entry Deadline: May 26, 2016**

## **BOYS' BASEBALL WEST REGIONAL**

June 1-2, 2016, GBSSA  
Jon Stirton/Brad Graham, Innisdale HS  
705-726-2552  
jostirton@sdsb.on.ca  
**Entry Deadline: May 26, 2016**

DETAILS VISIT [www.ofsaa.on.ca](http://www.ofsaa.on.ca)

# OFSAA FOOTBALL BOWLS 2015

Tim Horton's Field, Hamilton

November 30 – December 2, 2015



The 2015 OFSAA Football Festival moved to Hamilton for the OFSAA Football Bowl Games. Tim Horton Stadium, home of the Hamilton Tiger Cats, served as our gracious host for the first time. It will be home for both the 2016 and 2017 Championships.

Nine bowl games were played over the three days. The weather was excellent which allowed the athletes to compete without any weather problems.

OFSAA would like to express a special thanks to the organizing committee who did a fantastic job: Sean Allen, Dan Del Mastro, Campbell Blake, Darrin Curtis, Brian Gaw, Dan Dominico, Bruce Dyce, Devin Gray, Dave Morrissey, Chick Kennedy, Dana McKiel, Peter Morris, Tam Morrison, Mario Pietrangelo, Erica Phillips, Pat Reilly, Dan Russell, Andrew Dyce, Kent Farrow, and the student volunteers from Saltfleet SS, Westmount CI. and McKinnon Park SS, who ensured that the event ran smoothly.

Thanks to our many sponsors: Marchant's School Sports; University of Guelph, Canada Football Chat, Pizza Pizza, Cable 14, Fox 40, Josten's Rings, Spalding and Gatorade. The OFSAA Football Festival could not have happened without your continued support.

Thanks to John Metcalfe for his announcing of all nine games and game statistics.

Thanks to Gerry Angus for being the official photographer for OFSAA Football.

Thanks to Murray Taylor, OFOA, for coordinating the officials for the bowl games.

Canada Football Chat, who streamed the Bowl games, ranked the following 4 teams in their Top 10 across Canada after the Festival was completed.

- W.F. Herman (Windsor) # 2
- Catholic Central (London) # 4
- A.N. Myer (Niagara Falls) # 6
- Huron Heights (Newmarket) # 10

## MONDAY NOVEMBER 30

### EASTERN BOWL

Msgr. Paul Dwyer CSS (LOSSA) 35 vs  
St. Joan of Arc CSS (GBSSA) 7

After a disappointing loss in 2014, Paul Dwyer captured his first OFSAA Bowl win by defeating Joan of Arc 35 – 7. Dawson Odei led the Saints rushing the ball 21 times for 113 yards and two touchdowns. Kyle Baronet threw two touchdown passes to Michelle Raper. Keysean Powell scampered 56 yards for the only Knights touchdown.

**GOLDEN HORSESHOE BOWL**

St. Thomas More CSS (GHAC) 49 vs  
Chaminade College (TDCAA) 8

The St. Thomas More Knights continue to do well in the Golden Horseshoe Bowl winning their third bowl game in three appearances defeating Chaminade College Gryphons 49 – 8.

The Knights scored early and often with Michael Chris scoring three touchdowns and Mitchell Phillips scoring twice. Kevin Mutuga converted the seven Knight touchdowns. Esson Hamilton scored Chaminade's lone touchdown on an exciting 79 yard kick return.

**INDEPENDENT BOWL**

A.N. Myer SS (SOSSA – East) 16 vs  
Cardinal Newman CSS (GHAC) 14

The A.N Myer Marauders defense blocked an attempted field goal on the final play of the game to defeat a dejected Cardinal Newman Cardinals team 16 – 14 in the most exciting game of the nine games played.

Tre Ford led the Marauders offense running the ball 10 times for 100 yards, while Tyrell Ford caught 3 passes for 80 yards. Justin Connelly let the Cardinals attack both on the ground and in the air for a total of 120 yards.

Joey Dilabbio (Marauders – 4 tackles) and Austin Potter (Cardinals – 6 tackles) led their teams on defense.

This was A.N. Myer's second consecutive OFSAA Bowl win.

**TUESDAY DECEMBER 1****SIMCOE BOWL**

Superior Heights (NOSSA) 0  
vs Huron Heights (YRAA) 48

Quarterback Colin Grant led the Huron Heights with three touchdown runs as the Warriors captured their third OFSAA Bowl win in five appearances. After a one year absence from Bowl competition, the Warriors handled the Superior Heights Steelhawks from Sault Ste. Marie easily with a convincing 48 – 0 win. The NOSSA Champions simply could not penetrate the strong Warrior defense for any consistency.

Huron Heights dominated on offense with a total of 422 yards and seven touchdowns.

Michael Reid (Superior Heights) was very busy making ten individual tackles.

**WESTERN BOWL**

Catholic Central(WOSSAA) 40 vs  
St. Peter (NCSSAA) 7

The Catholic Central Crusaders combined for 402 yards passing and rushing to easily control the St. Peter Knights from Ottawa 40 – 7 in the Western Bowl. This was Central's third OFSAA Bowl win in five appearances winning the Western Bowl previously in 2004 and 2005. Josh Earle played a great game for the Knights going both ways and returning a Crusader kickoff for 115 yards and the lone Knight touchdown. Sebastien Vanin led the Crusaders with a touchdown both ways in the fourth quarter. He scored on a 9 yard pass from Luke Petropoulakis and followed that up four minutes later with 43 yard touchdown interception.

**METRO BOWL**

Etobicoke (TDSSAA) 8 vs  
Resurrection (CWOSSA) 31

After a scoreless first half, an injury to a key Ram player on the opening kickoff in the second half stunned Etobicoke, and Resurrection struck quickly with two touchdowns in 5 minutes by Tyler Malloch and Devon Hisperger to take a 14 – 0 lead. However, Etobicoke rebounded to narrow the gap to 14 – 8 with a touchdown of their own by Keegan Dicks .

Led by Scott Lane, Resurrection went on to defeat the Rams 31- 8 and capture the Metro Bowl.

This was Resurrection's second Bowl win having won the Western Bowl at The Rogers Centre in 2008.



All Photos provided by OFSAA game photographer Gerry Angus. Order prints at [spectrophotography.ca](http://spectrophotography.ca).

## WEDNESDAY DECEMBER 2

### NORTHERN BOWL

St. Ignatius (NWOSSAA) 17 vs  
Westdale (SOSSA) 26

For the second straight year, St. Ignatius (Thunder Bay) fell just short losing the Northern Bowl to Westdale who captured their first ever OFSAA Football Bowl win.

Aksum Polk led the Warrior attack rushing 14 times for 125 yards and one touchdown. Liam Garland caught two touchdown passes to give Westdale the lead early in the third quarter.

The Falcons had a great day on the ground rushing for 250 yards. Anthony Valente and Dray Theriault each had a touchdown for St. Ignatius.

Thomas Walser made 8 tackles for the Falcons while Kyle Crooks (Warriors) made 6 tackles.

### NATIONAL CAPITAL BOWL

Frontenac (EOSSAA) 3 vs  
W.F. Herman Green Griffins (SWOSSAA) 56

W.F. Herman climaxed another successful season with a dominating victory over Frontenac SS (Kingston). They established themselves as the top team in the province for the second year in a row.

Brendan Steele led the Falcons completing 15 of 25 passes for 212 yards. However, the Falcons simply could not move the ball consistently against the stubborn Griffins defense.

Led by a very strong rushing offense, Herman scored 8 touchdowns with a net offense of 290 yards. Jalen Jackson led the Griffin offense with three touchdown runs.

This was W.F. Herman's 4th consecutive OFSAA Bowl win and their 6th bowl win in seven appearances.

### CENTRAL BOWL

St. Roch (ROPSSAA) 20 vs  
Adam Scott (COSSA) 7

St. Roch CSS was making their first OFSAA Football Bowl appearance after knocking off the perennial ROPSSAA champion, Lorne Park, in their association championship. This was a very exciting game that was not decided until the final 5 minutes when Malcom Miller ran in for a touchdown to give the Ravens their first championship.

Adam Scott challenged the Ravens the entire way. Max Maloney was a key player for the Lions playing both ways making 6 tackles and rushing for 74 yards.

Thanks again to everyone who made the 2015 OFSAA Football Bowl Series a success.



# OFSAA Girls' Golf Festival

Windsor, Roseland Golf & Curling Club

October 14-15, 2015



The Roseland Golf & Curling Club and the city of Windsor played hosts to 114 of the best girls' golfers in Ontario. Convenor Fernando Brunone of St. Thomas Villanova (SWOSSAA) and his committee did an excellent job putting together a great event for players, coaches and spectators alike.

Following Day 1 of practice round play, the Roseland Golf & Curling Club clubhouse was the venue for a wonderful banquet with delicious food and some words of advice from a former PGA Tour pro and Canadian Golf Hall of Famer, Bob Panisik.

Day 2 started with a lot of sun and ended with rain and blustery conditions, but the girls' all managed to

fight the elements and post very good scores across the board. In the end, Isabella Potokalis from Oakridge SS (WOSSAA) shot the low round of 72 while Haley Barclay from Strathroy DCI (WOSSAA) finished second for the second year in a row with a 75. Third place was decided in a three way playoff with Elice Hong from St. Elizabeth CHS (YRAA) winning Bronze on the second playoff hole.

SWOSSAA earned association bragging rights this year by shooting a combined 231. Congratulations to the top three golfers Megan Schauer (Sandwich SS), H. Katona (Tilbury District HS), and Brooke MacKinnon (Chatham Kent). Congratulations to each of the golfers on an event well played!



### Individual Results

1. Isabella Potokalis, Oakridge SS	WOSSAA	72
2. Haley Barclay, Strathroy DCI	WOSSAA	75
T3. Elice Hong, St. Elizabeth CHS	YRAA	76 (p)
T3. Megan Schauer, Sandwich SS	SWOSSAA	76
T3. Delana Basanisi, St. Marcellinus SS	ROPSSAA	76
T3. H. Katona, Tilbury District HS	SWOSSAA	76

### Association Award Results

1. SWOSSAA – Megan Schauer (76), H. Katona (76), Brooke MacKinnon (79)	231
2. WOSSAA – Isabella Potokalis (72), Haley Barclay (75), Nicole Deweyert (85)	232
3. EOSSAA – Abby Anghelescu (78), Sarah Cushing (80), Kiley Rodrigues (82)	240

# OFSAA Girls' A Basketball

Windsor

November 26-28, 2015



The 2015 Girls' A Basketball Championship was hosted by ESC E.J. Lajeunesse in Windsor. Convenors Linda Carriere and Thomas Couvillion and their dedicated committee did an excellent job putting together a fantastic OFSAA event. The banquet was held at the Serbian Centre in Windsor. The food and the setting were perfect and the girls had an excellent time! The Leadership in School Sport Award was given to Joe Amicarelli from Essex HS (SWOSSAA) for his dedication and involvement in high school sport. Congratulations Joe!

Nearly everything went to script in the eyes of the seeding committee apart from the 7th seeded host school ESC E.J. Lajeunesse (SWOSSAA) making it all the way to the final on the backs of raucous crowds for the entirety of the tournament and a throwback jersey

promotion during the team's opening contest. But in the end, the top seeded ES Jean Vanier (SOSSA) proved to be just a bit better in this event and edged out the host school 44-40 to claim the gold medal.

Congratulations to the gold medal winning team members from E.S. Jean Vanier: Keturah Balabyekkubo, Danielle Bilodeau, Emily Charron, Solange Coutu, Natasha Desjardins, Julia Doucet, Kendal Dunn, Alexandra Hebert, Morgan McAvoy, Michelle Riganelli, Sophie Vaillancourt, Kyara Wendling and coaches Tara Poulin, Tricia Poulin and Anne Meginnis.

After the final games were finished, the organizing committee selected the team from Elliot Lake S.S. as the Team Sportsmanship Award winner for their great character and spirit throughout the event. Congratulations to the players and coaches for being what OFSAA is all about!

## Participating Teams

ES Jean Vanier	SOSSA
Westminster SS	WOSSAA
Lo Ellen Park SS	NOSSA
Rideau DHS	EOSSAA
O'Gorman HS	NEOAA/AANEO
North Grenville DHS	EOSSAA
ESC E.J. Lajeunesse	SWOSSAA
Ridley College	CISAA
Lester B. Pearson SS	GHAC
Penetanguishene SS	GBSSA
ES Paincourt	SWOSSAA
G.L. Roberts C&V	LOSSA
Rainy River HS	NWOSSAA
Brock HS	COSSA
Peninsula Shores DS	CWOSSA
Elliot Lake SS	NOSSA

## Semi Finals

ES Jean Vanier def. Rideau DHS 34-29  
ESC E.J. Lajeunesse def. North Grenville DHS 47-39

## Consolation Championship

Lester B. Pearson SS def. Penetanguishene SS 41-37

## Bronze Medal Match

Rideau DHS def. North Grenville DHS 47-29T

## Gold Medal Match

ES Jean Vanier def. ESC E.J. Lajeunesse 44-40



# OFSAA Girls' AA Basketball

Kingsville November 26-28, 2015

The 2015 Girls' AA Basketball Championship was held for the second year in a row at Kingsville DHS (SWOSSAA) in Kingsville. Experienced convenor Jason Leili and his excellent committee did a great job putting on a first class event in excellent facilities. One very nice touch was that the committee provided flats of local produce to each team as a welcome to the tournament on behalf of the community. The banquet was held at the Roma Club of Leamington and all in attendance were well fed and well feted. It was an excellent celebration of all of the hard work that it took to get to this Championship. At the banquet, Andrea Leili of Kingsville DHS (SWOSSAA) was awarded the Leadership in School Sport award for her dedication to the sport of basketball and high school sport. Congratulations Andrea!



Great basketball was played from start to finish of this Championship and in the end, the top two ranked teams faced off in the gold medal match. While the match was within ten points for the majority of the game, King's Christian Collegiate (GHAC) pulled away in the final quarter and upset the top ranked ESC Theriault (NEOAA/AANEO) by a score of 65-46 to claim the gold medal.

Congratulations to the gold medal winning team members of King's Christian Collegiate: Laeticia Amihere, Kassidy Austin, Ayanna Gooden, Lauren Montanari, Christina Morra, Celene Mostert, Tiena Neale, Mide Oriyomi, Lara Simonot, Alexa Stucke, Marina Youwakim and Head Coach Eric Bulthuis.

After the last whistle, the organizing committee selected Patrick Fogarty S.S. as the Team Sportsmanship Award winner for their great display of teamwork and character throughout the duration of the Championship culminating in the Consolation Final victory. Congratulations to the team, players and school for their continued ability to demonstrate what OFSAA's values are all about.

## Participating Teams

ESC Theriault	NEOAA/AANEO
King's Christian Collegiate	GHAC
Wallaceburg DSS	SWOSSAA
Saint Paul HS Niagara Falls	SOSSA
Stephen Leacock CI	TDSSAA
Patrick Fogarty SS	GBSSA
Korah C&VS	NOSSA
Eden HS	SOSSA
Mother Teresa CSS	WOSSAA
Kingsville DHS	SWOSSAA
Monsignor Paul Dwyer CHS	LOSSA
La Salle SS	EOSSAA
St. Matthew HS	NCSSAA
Carleton Place	EOSSAA
Bayside SS	COSSA
Bishop MacDonell CHS	CWOSSA
Hammarkjold HS	NWOSSAA
Francis Liebermann	TDCAA

### Semi Finals

ESC Theriault def. Stephen Leacock CI 54-43  
 King's Christian Collegiate def. Wallaceburg DSS 62-38

### Consolation Final

Patrick Fogarty SS def. Carleton Place 42-22

### Bronze Medal Match

Stephen Leacock CI def. Wallaceburg DSS 49-33

### Gold Medal Match

King's Christian Collegiate def. ESC Theriault 65-46

# OFSAA Girls' AAA Basketball

Windsor

November 26-28, 2015



Helen Dupuis was selected as the Leadership in School Sport Award winner for her continued presence and dedication to high school sport! Congratulations Helen!

As for the tournament itself, the action was fast and furious and the skill on display was fantastic from beginning to end. In a rematch of last year, the Gold Medal match pitted the top two teams against each other with St. Mary's H.S. (GHAC) from Hamilton eventually distancing itself from St. John's College (CWOSSA) by a final score of 50-35 to claim the gold

The Girls' AAA Basketball Championship was hosted by Holy Names H.S. (SWOSSAA) in Windsor. Co-convenors Sean Culhane and Craig Poole, along with their excellent organizing committee, did a great job as first time hosts and gave participants and spectators alike, a great experience from beginning to the end. The banquet was held at the Caboto Club in Windsor. The food was excellent and the committee put together an engaging night for the athletes including a basketball themed photo booth and a Twitter based trivia contest! At the banquet,

medal for the second year in a row.

Congratulations to the gold medal winning team members from St. Mary's H.S. from Hamilton: Halle Bovell, Sydney Graper, Hanna Hall, Julia Hanaka, Olivia Hughes, Krysten Mullen, Mia Palango, Taylor Randall, Felicia Spano, Hailey Summers, Mackenzie Trpcic, Madison Trpcic, Aerial Wilson and coaches Rich Wesolowski and Jesse Lamparski.

After the games were finished, the organizing committee selected Orillia S.S. as the Sportsmanship Team Award winner for their great display character and OFSAA spirit throughout the entirety of the Championship. Congratulations to the players and coaches for their ability to embody the values of OFSAA.

## Participating Teams

St. Mary's HS (Hamilton)	GHAC
St. John's College	CWOSSA
St. Thomas More CSS	GHAC
Orillia SS	GBSSA
Oakwood CI	TDSSAA
Pickering HS	LOSSA
Holy Names HS	SWOSSAA
Northern CI&VS	SWOSSAA
St. Joseph's College	TDCAA
Sir Winston Churchill SS (St. Catharine's)	SOSSA
St. Edmund Campion	ROPSSAA
A.B. Lucas SS	WOSSAA
Newmarket HS	YRAA
Holy Cross CSS (Kingston)	EOSSAA
Sacred Heart HS	NCSSAA
Sir Wilfrid Laurier CI	TDSSAA
St. Mary's College	NOSSA
St. Peter SS	COSSA

## Semi Finals

St. Mary's HS def. Oakwood CI	53-26
St. John's College def. St. Thomas More CSS	43-28

## Consolation Championship

A.B. Lucas SS def. St. Edmund Campion	46-34
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## Bronze Medal Match

St. Thomas More CSS def. Oakwood CI	60-51
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## Gold Medal Match

St. Mary's HS def. St. John's College	50-35
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# OFSAA Cross Country

Duntroon

November 7, 2015



OFSAA Cross Country 2015 was hosted by GBSSA of the Central Region under the capable leadership of Al Coukell (Collingwood CI) and Dave Shepherd.

The Championship was held at the beautiful facility at Highlands Nordic in Duntroon. The course was a true cross-country course. Unfortunately, the race course was slick because of the rain the previous day. 1,886 athletes including 35 Para athletes from 368 schools treated approximately 3000 parents, coaches, and friends to seven exciting races.

The OFSAA Championship was dedicated to Dave Shepherd who suffered a brain stem stroke last June. Dave is making slow but steady progress in his rehabilitation.

He proved to be an inspiration to the committee throughout their planning. Dave was able to attend the Championship with his wife. Dave gave a very inspirational speech at the coaches' meeting.

Congratulations to Dave and Al and their entire organizing committee from GBSSA for convening the 2015 Championship. The organizing committee included Al Coukell, Dave Shepherd, Kairy Loucks, Jeff Irwin, Val Hargreaves, Cathi Haiduk, Peter Geelen, Krista Allen, Anne Nadon, Mark MacDonald, Jeff Cole, Kristi Cole, Bart Nichol, Tim Payne, Louise Hammond, Kristy Mulligan, Jeff Weening, Allan Craig, Patrick Wood, Richard Lemoine, Kelly Sinclair, Jean Laforet, and Jayme Beard. OFSAA would also like to thank the numerous volunteers who worked throughout the day to ensure the success of the Championship.

We would also like to thank the staff of Highland Nordic for their tremendous support in hosting the 2015 Championship. They are also hosting the OFSAA 2016 Nordic Ski Championship this winter.

NIKE Canada acted again as the official sponsor of the event. The athletes' village added a positive atmosphere surrounding the event. We would also like to thank our other sponsors who contributed to the success of the event.

This was the fourth year of the Para Race, which became an official race this year. Athletes qualified for the Para race through their association meets. The Para Event was divided into three categories: Ambulatory, Visually Impaired, and Intellectually Challenged.

Para winners were: Nicholas Neri – Cardinal Leger – Brampton (Male – Visual Impaired); Zack Gringas – Bill Crothers SS – Unionville (Male Ambulatory); Julianne Mlczik – St. Michael's CHS – Niagara Falls (Female Intellectual Challenged); Michael Hollis – St. Thomas Aquinas – London (Male Intellectual Challenged).

The OFSAA Individual Champions for 2015 were: Cameron Ormond – Aurora HS (Midget Girls); Brock McKenzie – Our Lady of Lourdes – Guelph (Midget Boys); Mei Mei Weston – Glebe CI – Ottawa (Junior Girls); Thomas Witkowicz – All Saints – Whitby (Junior Boys); Madeleine Ghazarian – Preston HS (Senior Girls); Cameron Linscott – Kingston CVI (Senior Boys).

Thomas Witkowicz (All Saints) who won the 2014 Midget Boys' Championship captured the 2015 Junior Boys' Championship.

Cameron Linscott (Kingston CVI) captured his second consecutive Senior Boys' Championship.

The OFSAA Team Champions for 2015 were: Northern SS (Midget Girls); St. Michael's College School (Midget Boys); Vincent Massey SS (Junior Girls); Notre Dame CSS (Junior Boys); Glebe CI (Senior Girls); Birchmount Park (Senior Boys)

The OFSAA Overall Girls' Champion was Glebe SS (Ottawa).

The OFSAA Overall Boys' Champion was Vincent Massey SS (Windsor).

Allan Coukell (Collingwood CI) and Kairy Loucks (Bear Creek SS) were the recipients of the 2015 OFSAA Leadership In School Sport Awards for their contribution to high school sport for many years.

We anxiously look forward to the OFSAA 2016 Cross Country Championships that will be held on the campus of Trinity College and hosted by the Metro Region.

## OFSAA Cross Country Championships – 2015

### Top Six Place Finishers

#### Midget Girls ( 3080 M )



##### Individual

1. Cameron Ormond, Aurora HS, Aurora
2. Remy Cattell, Leaside HS, Toronto
3. Sydney Winokur, Lawrence Park CI, Toronto
4. Maxine Dupuis, ESC. Theriault, Timmins
5. Tori Bouck, Sir Frederick Banting, London
6. Maddy Greig, Eastview SS , Barrie

##### Team

- |   |            |
|---|------------|
| 1. Northern SS ( Toronto)                     | 99 Points  |
| 2. ESC Theriault Timmins)                     | 146 Points |
| 3. Glebe CI ( Ottawa)                         | 287 Points |
| 4. East Northumberland ( Brighton)            | 292 Points |
| 5. Uxbridge SS ( Uxbridge)                    | 305 Points |
| 6. Sir Winston Churchill SS ( St. Catharines) | 308 Points |

#### Midget Boys ( 4955 M )

##### Individual

1. Brock McKenzie , Our Lady of Lourdes, Guelph
2. Nicholas Mota, Newmarket HS, Newmarket
3. Joshua Zelek, Starafford Central, Stratford
4. Brady Johnston Nielson , Sir Robert Borden, Nepean
5. Jack Pensom, Glebe CI – Ottawa
6. Noah Costa, Vincent Massey , Windsor

##### Team

- |   |            |
|---|------------|
| 1. St. Michael's College ( Toronto)           | 104 Points |
| 2. Vincent Massey SS ( Windsor)               | 142 Points |
| 3. Sir Winston Churchill SS ( St. Catharines) | 209 Points |
| 4. St. Mary's HS , Kitchener                  | 212 Points |
| 5. Glebe CI, Ottawa                           | 257 Points |
| 6. Upper Canada College ( Toronto)            | 258 Points |

#### Junior Girls ( 4070M )

##### Individual

1. Mei Mei Weston, Glebe CI, Ottawa
2. Jocelyn Chau, De La Salle College, Toronto
3. Emily – Rose Boston, Maximilian Kobe, Aurora
4. Delainey Johnson, Chatham- Kent SS, Chatham
5. Sophie Warren, Valour, Petawawa
6. Lily Meek, Thousand Islands SS, Brockville

##### Team

- |                                      |            |
|--------------------------------------|------------|
| 1. Vincent Massey ( Windsor)         | 245 Points |
| 2. Sinclair SS ( Oshawa )            | 280 Points |
| 3. Our Lady of Lourdes CHS ( Guelph) | 290 Points |
| 4. Glebe CI ( Ottawa)                | 303 Points |
| 5. Resurrection CSS , Kitchener      | 350 Points |
| 6. Lawrence Park CI ( Toronto)       | 361 Points |

#### Junior Boys (5985 m)

##### Individual

1. Thomas Witkowicz, All Saints, Whitby
2. Cameron Dean, Anderson CVI, Whitby
3. Marcus Kemp, St. Mary's HS , Kitchener
4. Philippe Turcanu, Bell HS, Nepean
5. Adam Bridger, Notre Dame CSS , Ajax
6. Jonathan DeSouza, Marguerite D'Youville, Brampton

##### Team

- |                                       |            |
|---------------------------------------|------------|
| 1. Notre Dame CSS, ( Ajax )           | 229 Points |
| 2. Dundas Valley, ( Dundas )          | 269 Points |
| 3. Vincent Massey SS ( Windsor)       | 271 Points |
| 4. Centre Wellington DHS ( Fergus)    | 273 Points |
| 5. St. Marcellinus CSS ( Mississauga) | 310 Points |
| 6. E.L. Crossley SS ( Font Hill )     | 327 Points |

#### Senior Girls ( 4955m )

##### Individual

1. Madeleine Ghazarian, Preston HS, Preston
2. Brogan MacDougall, Regiopolis – Notre Dame . Kingston
3. Christiane Konstantopoul, Toronto Prep School, Toronto
4. Hiley Dobbs, Donald A. Wilson , Whitby
5. Branna MacDougall, Regiopolis – Notre Dame, Kingston
6. Miranda Thompson, Bishop Strachan School, Toronto

##### Team

- |  |            |
|--|------------|
| 1. Glebe CI ( Ottawa )                     | 77 Points  |
| 2. Lawrence Park CI ( Toronto)             | 235 Points |
| 3. Bishop Strachan School ( Toronto)       | 266 Points |
| 4. Regiopolis – Notre Dame ( Kingston)     | 286 Points |
| 5. Michael Power / St. Joseph's ( Toronto) | 325 Points |
| 6. Courtice SS ( Courtice)                 | 370 Points |

#### Senior Boys (6850m)

##### Individual

1. Cameron Linscott , Kingston CVI, Kingston
2. Riley Tell, Fr. Leo Austin. Whitby
3. Andrew Shepherd, Cameron Heights , Kitchener
4. Ehab El-Sandali , Westview Centennial SS, Toronto
5. Edward Hayfron, Birchmount Park, Toronto
6. Mathieu Plamondon, ESC Theriault, Timmins

##### Team

- |   |            |
|---|------------|
| 1. Birchmount Park ( Toronto )                | 156 Points |
| 2. Sir Winston Churchill SS ( St. Catharines) | 161 Points |
| 3. Holy Names CHS ( Windsor)                  | 255 Points |
| 4. Msgr. Paul Dwyer CHS ( Oshawa )            | 304 Points |
| 5. Kingston CVI ( Kingston)                   | 316 Points |
| 6. St. James CHS ( Guelph)                    | 350 Points |

**Para Invitational ( 3K ) - Male**

1. Mitchell Chase, Dunbarton , Pickering
2. Nicholas Neri, Cardinal Leger, Brampton
3. Michael Hollis, St. Thomas Aquinas, London
4. Jacob Balan , St. Marcellinus , Mississauga
5. Nick Heffernen , St. Thomas Aquinas, London
6. Chris Heaney, St. James CHS, Guelph

**Para Intellectual ( 3K ) - Female**

1. Julianne Miskz, St. Michael CHS, Niagara Falls
2. Clarista Ardiel , Almaquin Highlands, South River
3. Lauren Marquis , St. Paul SS, Mississauga
4. Lillias Culham, Stayner CI, Stayner

**Para Intellectual ( 3K ) - Male**

1. Michael Hollis , St. Thomas Aquinas SS, London
2. Jacob Balan, St. Marcellinus CSS, Mississauga
3. Charles Addley, Westminster SS , London
4. Owen Konkle, Beamsville DSS, Beamsville
5. Hamam Qwider, Woodroffe HS, Ottawa
6. Nathan Nowak, Regiopolis - Notre Dame , Kingston

**Para Ambulatory ( 3K ) - Male**

1. Zack Gingras, Bill Crothers SS , Unionville
2. Nick Hefferman, St. Thomas Aquinas, London
3. Hudson Booth, Almaquin Highlands , South River
4. Josiah Grof, Nantyr Shores SS, Innisfil

**Para Visual ( 3K ) - Male**

1. Nicholas Neri, Cardinal leger SS, Brampton
2. Joshua Roberto, Msgr. Paul Dwyer, Oshawa



**OVERALL GIRLS CHAMPIONS**

- First - Glebe CI ( Ottawa ) - 50 Points
- Second - Lawrence Park CI ( Toronto ) - 35 Points
- Third - Northern SS ( Toronto ) - 29 Points
- Fourth - Vincent Massey SS ( Windsor ) - 20 Points
- Fifth - Sinclair SS ( Whitby ) - 18 Points
- Fifth- ESC Theriault - Timmins - 18 Points

**OVERALL BOYS CHAMPIONS**

- First - Vincent Massey SS ( Windsor ) - 37 Points
- Second - Sir Winston Churchill SS ( St. Catharines ) - 34 Points
- Third - St. Michael's College School ( Toronto ) - 24 Points
- Third - Holy Names SS ( Windsor ) - 24 Points
- Third - Birchmount Park ( Toronto ) - 24 Points
- Fifth - Notre dame CSS ( Ajax ) - 20 Points

**10 LEAGUE SPORTS. 5 TOURNAMENT SPORTS.  
30 MEMBER SCHOOLS.**

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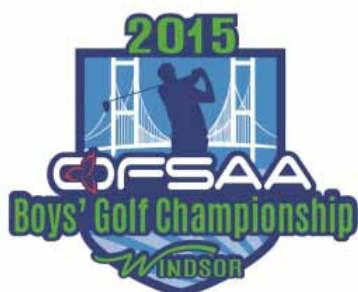
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# OFSAA Boys' Golf Championship

Kingsville Golf & Country Club      October 14-15, 2015



Once again OFSAA Golf returned to Kingsville in 2015, only this time the boys were introduced to the beautiful course at Kingsville Golf & Country Club. Matt Loebach of W. F Herman SS (SWOSSAA) again proved to be a great convenor and treated the student-athletes to a memorable provincial event. As usual, coaches and athletes gathered in the Kingsville G&CC clubhouse for a fantastic banquet.

Day 1 of the Championship featured student-athletes feeling out the course with Tyler Nagano atop the



leaderboard shooting a 69. Also after round one Crescent School (CISAA) golfed themselves in to the lead in the team event.



In the end, Sam Meek (Crestwood) and Tyler Nagano (Bayview Glen) finished tied, both with a two day score of 141. The stage was set for a memorable playoff and Sam Meek (2014 silver medalist) drained a 25 foot uphill putt for birdie to win the 2015 OFSAA Gold Medal. The team event did not need a playoff with St. Peter Secondary School (COSSA) capturing the Gold Medal with a total score of 458. Congratulations to coach Steve Stanlick and student-athletes, Luke Gavin, Jackson Weichel, Nathan Beavis and Mathew Stevens.

Thanks' again to Matt Loebach and his committee for providing all participants an enjoyable OFSAA experience.

### Individual Results

T1. Sam Meek, Crestwood (COSSA)	R1: 71	R2: 70	Total: 141 (p)
T1. Tyler Nagano, Bayview Glen (CISAA)	R1: 69	R2: 72	Total: 141
3. Ben Greaves, Dundas Valley SS (SOSSA)	R1: 70	R2: 72	Total: 142
4. Andrew Nagel, Elmvalle DHS (GBSSA)	R1: 72	R2: 72	Total: 144

### Team Results

1. St. Peter SS (COSSA)	R1: 229	R2: 229	Total: 458
2. Crescent School (CISAA)	R1: 226	R2: 235	Total: 461
3. Sinclair SS (LOSSA)	R1: 233	R2: 232	Total: 465
T4. Dundas Valley SS (SOSSA)	R1: 234	R2: 232	Total: 466
T4. Holy Names HS (SWOSSAA)	R1: 234	R2: 232	Total: 466



# OFSAA Girls' Field Hockey

Peterborough/Bancroft

Nov. 5-7, 2015



The 2015 OFSAA Field Hockey Championship was hosted in Peterborough by North Hastings S.S. Convenor Allison Avery and her co-convenor Amy Hollingsworth, along with their dedicated organizing committee, worked tirelessly to put on a tremendous event for participants and spectators alike. In addition, Allison was awarded the Leadership in School Sport award for everything she does for Field Hockey and high school sport. Congratulations Allison! The organizing committee did a great job putting together a banquet with dancing, music and fantastic food! It was a different feel from the typical OFSAA Championship banquet, but it was well received and everyone had a great time!

This Championship ran the gamut with regards to the weather. While the sun was out at parts and the temperatures were seasonal at times, heavy rain and wind gusts dominated Friday's action – including winds so strong that they blew a net over! The tournament itself was tightly contested with some surprises from the

non-seeded teams. That being said, it was Resurrection CSS (CWOSSA) winning the Gold Medal for the 5th time in 6 years with a victory over Goderich DCI (WOSSAA) by a score of 4-2.

Congratulations goes out to the 2015 OFSAA Field Hockey Champions: Jennifer Bean, Emily Buttinger, Rachel Buttinger, Hannah Cook, Alexa Corrado, Grace Davis, Chloe Dawson, Sammy Dietrich, Chloe Hillier, Kara Howitt, Ashley Leu, Lauren Phillippi, Michaela Quirk, Morgan Riddell, Sarah Steinfield, Christina Sullivan, Katie Sutter, Claire Swarbrick, Rebecca Vitello, Janelle Ward and coaches Yvonne Taylor and Gord Buttinger.

After all the games were done, the organizing committee selected Malvern C.I. (TDSSAA) as the Team Sportsmanship Award winner for their excellent display of sportsmanship and spirit, both on and off the field of play. Congratulations to these athletes and coaches for being the epitome of the values of school sport.

**Pool A**

Resurrection CSS  
 Thomas A. Blakelock  
 Saltfleet DHS  
 Dunbarton HS

CWOSSA  
 GHAC  
 SOSSA  
 LOSSA

**Pool C**

Bluevale CI  
 Bishop Allen Academy  
 Villanova College  
 North Hastings HS

CWOSSA  
 TDCAA  
 CISAA  
 COSSA

**Pool B**

Goderich DCI  
 Corpus Christi CSS  
 Nepean HS  
 Malvern CI

WOSSAA  
 GHAC  
 NCSSAA  
 TDSSAA

**Pool D**

Clarkson SS  
 Regiopolis-Notre Dame  
 Haliburton Highlands SS  
 Bill Crothers SS

ROPSSAA  
 EOSSAA  
 COSSA  
 YRAA

**Quarter Finals**

Clarkson SS def. Villanova College 1-0  
 Bluevale CI def. Bill Crothers SS 2-0  
 Resurrection CSS def. Corpus Christi CSS 2-0  
 Goderich DCI def. Thomas A. Blakelock 4-1

**Semi Finals**

Resurrection CSS def. Clarkson SS 5-0  
 Goderich DCI def. Bluevale CI 1-0 4-2 (on Strokes)

**Bronze Medal Match**

Bluevale CI def. Clarkson SS 5-0

**Gold Medal Match**

Resurrection CSS def. Goderich DCI 4-2

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# Boys' A Volleyball Championship

Toronto, Ontario

NOVEMBER 26-28, 2015



ACC as the Raptors hosted the Cavaliers!

Convenor Garry Kollins did an outstanding job of organizing the games and his co-convenor Jeff Kennedy did a bang-up job of filling in while Garry coached his UTS team through the tournament, culminating in a Bronze finish. Garry spoke long and proudly about his partner's dedication to high school sport in a banquet speech before awarding him the Leadership in School Sport Award. Congrats Jeff!

A real downtown experience awaited the participants of the OFSAA Boys' A Volleyball championship as teams from around Ontario descended upon Toronto's core for three outstanding days of bumping and spiking. As teams roamed the city between the hotel, banquet, and gym locations at Ryerson and St. Mary's CSS, locals stepped up with their TTC tips and city sights to see. The Atikokan boys even took in Drake Night at the

Strong pool play resulted in UTS joining the top three seeds in the semi-finals while fifth-seeded Chippewa took home the consolation title. Defending champions Woodland Christian HS (CWOSSA) had looked like the team to beat yet again but Quinte Christian HS (COSSA) who entered the Championship as the top seed was ready for their moment. As the games stretched into the night the fifth and deciding set went all the way to 24-22 before Quinte emerged victorious.

Congratulations to Quinte CHS student-athletes Jeff Carswell, John Koenes, Byron Koning, Joshua Lammers, Cody Macgregor, Noah Moelker, Ryley Richardson, Christopher Salomons, Daniel Siebenga, Brayden Stoffers, Riley Wolters, and coaches Mandi Buma and Eric Lammers.

Also due is a congratulatory tip of the cap to CHAT (Community Hebrew Academy of Toronto) who represented Richmond Hill and the YRAA well before bowing out of competition to observe their faith on the Saturday. They were model student-athletes and showed all the other teams the importance of sacrifice.

## Participating Teams

### Pool A

Quinte CHS	COSSA
West Elgin	WOSSAA
St. Paul SS	ROPSSAA
ES Étienne-Brûlé	TDCAA
CHAT	YRAA

### Pool B

Durham CHS	LOSSA
Atikokan	NWOSSAA
Almaguin Highlands	TDSSAA
Lester B Pearson	GHAC
Owen Sound	CWOSSA

### Pool C

Woodland CHS	CWOSSA
Chippewa	NOSSA
Greenwood College	CISAA
ES Le Sommet	EOSSAA
Roland Michener SS	NEOAA

### Pool D

Smithville CHS	SOSSA
UTS	TDCAA
Harrow District	SWOSSAA
Toronto Christian	YRAA
Vaughan Road	TDSSAA

### Championship Semi-Finals

Woodland CHS def. Durham CHS	21-25, 25-23, 25-17, 25-8
Quinte CHS def. UTS	25-19, 25-20, 25-23

### Consolation Final

Chippewa def. Toronto District Christian	24-26, 25-18, 25-17, 25-14
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### Bronze Medal

UTS def. Durham CHS	23-25, 25-22, 25-21, 25-13
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### Gold Medal

Quinte CHS def. Woodland CHS	25-20, 22-25, 25-23, 25-27, 24-22
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# Boys' AA Volleyball Championship

Kenora, Ontario

November 26-28, 2015



Convenors Reg McDonald and David Tessor (Beaver Brae SS) and the organizing committee were well prepared to welcome the province to the City of Kenora. With the 2015 Grey Cup down the road in Winnipeg on the same weekend, community volunteers worked overtime to ensure all participants arrived safely and

were accommodated during the event. OFSAA would like to extend a tremendous thank you to the generous Kenora residents for all their efforts.

Providing a real High School atmosphere, the participants gathered at Beaver Brae Secondary School to share in an excellent banquet dinner and an official greeting by local traditional drummers. As part of the evening, presentation of the Leadership in School Sport Award was made to Reg McDonald from the host school. Coach McDonald has been a dedicated teacher-coach for countless years at Beaver Brae. He is well respected by his colleagues who spoke about the time and dedication he puts into coaching students and being the Athletic Director at the school.

After some tight matches in pool play and the quarter final portion of the tournament, eight strong teams emerged to compete in the consolation and medal round. The gold medal match featured top seeds Eden High School (SOSSA) and Ecole Secondaire Catholique Franco Cité (NCSSAA). In a highly contested and grueling five set match, Eden prevailed and won the school's ninth OFSAA gold medal in the past decade. Congratulations to Coach Pereira, OFSAA appreciates the years of leadership you have provided to student success both on and off the court.

Members of the 2015 Eden Flyers Senior Boys' Volleyball team: Adam Bovine, Eric Foster, Ethan Kerr, Austin Lampman, Garrett Markham, Andrew Nieuwets, Micah Nieuwets, Jordan Pereira, Braden Reschke, Jacob Tawil, Mitchell Taylor, Corey Vahrmeyer, Thomas Whitty.

Also to be congratulated is Applewood Heights (ROPSSAA). The team displayed great sportsmanship throughout the tournament and were role models to all schools in attendance.

## Participating Teams

### Pool A

ESC Franco Cite	NCSSAA
ESC L'Escale	EOSSAA
Lasalle SS	NOSSA
St. Theresa's HS	GBSSA
Beaver Brae SS	NWOSSAA

### Pool B

Eden HS	SOSSA
Kingston CVI	EOSSAA
St. Joseph's CHS	SWOSSAA
Garth Webb	GHAC
Applewood Heights	ROPSSAA

### Pool C

St. Michael CSS	WOSSAA
Francis Libermann	TDCAA
Birchmount Parck CI	TDSSAA
Marc-Gameau	COSSA
Courtice SS	LOSSA

### Pool D

Dr. GW Williams	YRAA
Beatrice-Desloges	NCSSAA
Saugeen DSS	CWOSSA
Timiskaming DSS	NEOAA-AANEO
Sir Winston Churchill	NWOSSAA

### Championship Semi-Finals

Eden def. Lasalle	25-23, 25-15, 25-21
Franco Cite def. Saugeen	25-15, 25-22, 25-20

### Consolation Final

Garth Webb def. Beatrice-Desloges	25-22, 25-15, 25-22
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### Bronze Medal

Lasalle def. Saugeen	25-27, 27-25, 27-25, 25-18
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### Gold Medal

Eden def. Franco Cite	25-15, 24-26, 25-20, 22-25, 15-11
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# Boys' AAA Volleyball Championship

Windsor, Ontario

November 26-28, 2015



First time volleyball convenor Pat Osborne and the organizing committee from Hon. W.C. Kennedy S.S welcomed the province to Windsor. Student-athletes were treated to competition in a variety of venues across the city and did not disappoint spectators with outstanding volleyball skill.

Prior to day one of competition, participants were treated to a first class banquet at the Cabota Club, where the Leadership in School Sport award was presented to Steve Chamko for years of service to student-athlete development.

From the start of the 2015 championship it was obvious volleyball in Ontario has reached a new level of skill development. Spectators were treated to great matches throughout pool play and the playoff rounds. The gold and bronze medal matches featured three programs from within the Greater Toronto Area. Agincourt CI (TDSSAA), Mississauga SS (ROPSSAA) and St. Michael's College (CISAA). An incredible come-from-behind semi-final match saw Mississauga defeat higher seeded St. Michael's College. Not to disappoint, the final match produced a similar result. In the end Agincourt prevailed and won the school's first ever OFSAA Volleyball gold medal.

Congratulations to coaches Gabe Lee, Vivian Chan and Jon Butash and players William Chu, Jonathon Ho, Jeffrey Li, Kevin Li, Kieear, Andrew Shahrivier, Shawn Sheikh, Gabriel Situ, Andrew So, Thibishan Sribaskan, Bobby Tang, Andrew, Sharone Vernon-Evans and Arya Yaghini.

Also to be congratulated is Pierre Elliot Trudeau (YRAA) who won the Team Sportsmanship Award. Your positive example on and off the court was appreciated by all participants.

<b>Championship Semi-Finals</b>		
Agincourt def. Regiopolis Notre-Dame		25-18, 25-21, 25-22
Mississauga def. St. Michael's		23-25, 19-25, 27-25, 25-23, 15-12
<b>Consolation Final</b>		
Uxbridge def. Longfields-Davidson		26-24, 25-19, 25-21
<b>Bronze Medal</b>		
St. Michael's def. Regiopolis		25-21, 25-14, 25-18
<b>Gold Medal</b>		
Agincourt def. Mississauga		17-25, 23-25, 26-24, 25-17, 15-7

# Boys' AAA Volleyball Championship

Windsor, Ontario

November 26-28, 2015



## Participating Teams

### Pool A

Oakridge SS  
Uxbridge SS  
ESP Louis-Riel  
Neil McNeil  
Hon WC Kennedy

WOSSAA  
LOSSA  
NCSSAA  
TDCAA  
SWOSSAA

### Pool C

Agincourt CI  
Eastview SS  
Christ the King CSS  
St. Peter SS  
Pierre E. Trudeau

TDSSAA  
GBSSA  
GHAC  
COSSA  
YRAA

### Pool B

St. Michael's College  
KForest Heights CI  
Regiopolis ND  
Waterdown  
West Ferris SS

CISAA  
CWOSSA  
EOSSAA  
SOSSA  
NOSSA

### Pool D

Mississauga SS  
Chatham-Kent  
Jacob Hespeler  
Longfields-Davidson  
Holy Cross CSS

ROPSSAA  
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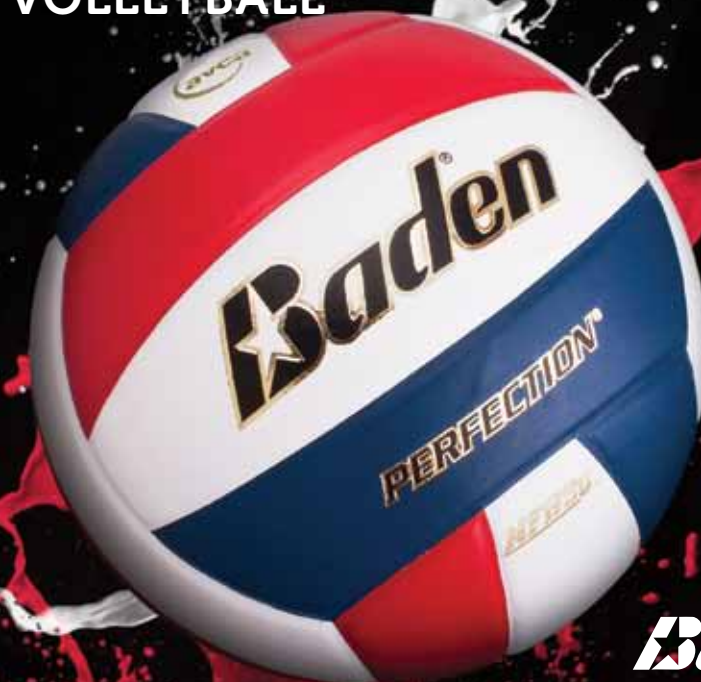
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