DUAL-REFLECT: Enhancing Large Language Models for Reflective Translation through Dual Learning Feedback Mechanisms

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Abstract

Recently, large language models (LLMs) enhanced by self-reflection have achieved promising performance on machine translation. The key idea is guiding LLMs to generate translation with human-like feedback. However, existing self-reflection methods lack effective feedback information, limiting the translation performance. To address this, we introduce a DUAL-REFLECT framework, leveraging the dual learning of translation tasks to provide effective feedback, thereby enhancing the models' self-reflective abilities and improving translation performance. The application of this method across various translation tasks has proven its effectiveness in improving translation accuracy and eliminating ambiguities, especially in translation tasks with low-resource language pairs[1].

1 Introduction

Large language models (LLMs) have recently demonstrated remarkable abilities across a variety of tasks (Bubeck et al., 2023a; Xu and Poo, 2023; Zhao et al., 2023). Notably, in the field of machine translation, LLMs have improved translation quality by adopting human-like methods of self-reflection (Shinn et al., 2023; Liang et al., 2023). The self-reflection process primarily relies on using LLMs to iteratively refine initial drafts through feedback loops, a method that has been widely researched and explored (Shinn et al., 2023; Park et al., 2023; Scheurer et al., 2022; Le et al., 2022; Welleck et al., 2022; Amabile, 1983; Flower and Hayes, 1981; Chen et al., 2023b; Simon, 1962; Chen et al., 2023a; Sun et al., 2021a). The lack of effective feedback limits the self-reflective capacity of Large Language Models (LLMs), thereby affecting their continuous
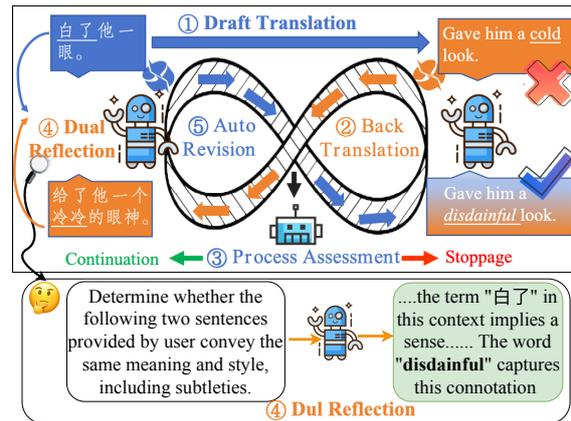

Figure 1: DUAL-REFLECT first obtains an initial translation result, then performs back-translation, and LLMs reflect on the differences between the back-translation results and the original source content to obtain feedback signals, ultimately optimizing the translation outcome.

improvement in translation (Tyen et al., 2023; Liang et al., 2023; Lou et al., 2023).

To address this, we introduce a framework that leverages the inherent duality property (He et al., 2016; Qin, 2020; Sun et al., 2021b; Yi et al., 2017; Xia et al., 2017) of translation tasks to provide effective feedback to LLMs, thereby enhancing their reflective capabilities and consequently improving translation performance. This method, named DUAL-REFLECT, stands for **DUAL** learning enhanced auto-**REFLEC**tive **T**ranslation and comprises five stages: Draft Translation, Back Translation, Process Assessment, Dual-Reflection, Auto Revision. In the draft translation stage, LLMs employ their inherent translation capabilities to generate a draft translation. Subsequently, in the Back Translation stage, LLMs translate the draft translation back to the source language. Then, during the process assessment stage, an LLM-based agent is introduced to assess whether dual reflection is needed. If not, it outputs the

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final result; otherwise, the process continues to cycle through all the steps. Based on this, in the dual reflection stage, LLMs reflect on the differences between the back-translation results and the initial source input, revealing potential translation biases. LLMs further analyze the reasons for these discrepancies and propose suggestions for improvement. Finally, In the auto-revision stage, LLMs modify the initial translation by incorporating the analysis and improvement suggestions obtained through dual reflection.

We verify the effectiveness of the DUAL-REFLECT framework across four translation directions in the WMT22, covering high, medium, and lower resource languages, as well as a commonsense reasoning MT Benchmark. Automatic evaluation results show that DUAL-REFLECT outperforms strong baseline methods, significantly enhancing translation performance. Notably, on low-resource translation tasks, DUAL-REFLECT achieved an average result that surpassed ChatGPT by +1.6 COMET. In addition, DUAL-REFLECT enhanced ChatGPT exceeded GPT-4 on the commonsense reasoning MT benchmark. Further human evaluation demonstrates that DUAL-REFLECT shows a better ability to resolve translation ambiguities compared to other methods.

2 Approach: DUAL-REFLECT

Our DUAL-REFLECT framework consists of Five key stages, described in detail as follows:

2.1 Stage-1: Draft Translation

In the draft translation stage, LLMs utilize their inherent translation capabilities to generate a draft translation from the source language L^s to the target language L^t. The instruction template for this translation task is as follows:

> **Translation Instruction:** Translate the following text from L^s to L^t:
> **Input Text**:
>
> Source Sentence x
>
> **Output Text**:
>
> Target Sentence y

2.2 Stage-2: Back Translation

In this stage, the same instruction as used in the draft translation stage is adopted. The goal is to back-translate the initial translation result from the

target language L^t back to the source language L^s, with the output being x'.

2.3 Stage-3: Process Assessment

We introduce an evaluation agent, denoted as PA, to supervise and control the entire translation process. This Agent has two different modes:

Judgment Mode: PA determines whether it can accurately identify the differences between x and x' within a given specific number of iterations. If $PA(x, x') = False$, the Dual Reflection stage is terminated; otherwise, the entire process continues.

> **Stage-3: Judgment Mode:** If you are a L^s linguist, Determine whether the following two sentences provided by user convey the same meaning and style, including subtleties. If so, give '$False$' response without any explanation, otherwise give '$True$' response and explain the reason.
> **Input Text**:
>
> Source Sentence x and Back Translation Output x'
>
> **Output Text**:
>
> '$True$' or '$False$'

Pattern Extraction: In the judgment mode, once determined to be $True$ or after exceeding the predefined number of iterations, PA is responsible for extracting the final translation result from the entire output, denoted as $PA(x, x') = final\_translation$.

> **Stage-3: Pattern Extraction:** Therefore, $Pattern$ $Extraction$: Please summarize the input information, you need to extract the final translation result from the paragraph. Now, please output your answer in JSON format, as follows:
> $\{'final\_translation' :''\}$. Please strictly follow the JSON format and do not output irrelevant content.
> **Input Text**:
>
> Target Sentence y
>
> **Output Text**:
>
> {'final_translation': 'extraction result'}

2.4 Stage-4: Dual Reflection

The goal of the dual reflection stage is to reflect on the differences between the source sentences generated by back-translation and the initial source input. Then, it outputs analysis results and proposes suggestions to enhance translation performance.

Dual Reflection Instruction: Compare the the two sentences provided by the user. It aims to analyze the disparities between them in meaning, style, and subtleties, first provide analytical results, and then suggest how to revise them to make the two sentences consistent.
Input Text:

Source Sentence x' and x

Output Text:

Analysis Results (AR) and Translation Suggestions (TS)

2.5 Stage-5: Auto Revision

In this stage, utilizing the output of the dual reflection and the original source sentences as input, the original source sentences are re-translated (from L^s to L^t).

Auto Revision Instruction: Translate the following text from L^s to L^t:
Input Text:

Analysis Results (AR), Translation Suggestions (TS) and x

Output Text:

Target Sentence y

3 Experiments

3.1 Experimental Setup

Test Data. To mitigate concerns of data leakage as highlighted by Bubeck et al., 2023b, Garcia et al., 2023, and Zhu et al., 2023, we leveraged the WMT22[2] (Kocmi et al., 2022) and WMT23[3] (Kocmi et al., 2023) test set in our evaluation framework. Additionally, to further evaluate DUAL-REFLECT's performance in complex translation tasks, we employed the Commonsense Reasoning MT dataset (He et al., 2020), consisting of Chinese→English translation examples. See Appendix A.1 for specific details.

Comparing Systems. In our evaluation, the DUAL-REFLECT framework is compared with a range of models, including ChatGPT (Ouyang et al., 2022), GPT-4[4] (Achiam et al., 2023), Alpaca-7B[5], Vicuna-7B[6], ReRank (He et al., 2023), Self-Reflect (Shinn et al., 2023), MAD (Liang et al., 2023), and MAPS (He et al., 2023). See Appendix A.2 for specific details.

Evaluation Metrics. In evaluating our translation methodology, we initially employ COMET[7] (Rei et al., 2022a) and BLEURT[8] (Sellam et al., 2020) as automatic metrics, aligning with the established standards in LLM-based translation literature (He et al., 2023; Huang et al., 2024). To further evaluate our translation method, we employ human evaluations to verify translation performance and the ability to resolve translation ambiguities. Details on human evaluations are in Appendix B.4.

3.2 Main Results

The main results of WMT22 and the Commonsense MT are presented in Tables 1 and 2. The results of WMT23 are presented in Appendix B.3. Based on these outcomes, we derive the subsequent insights:

The effectiveness of DUAL-REFLECT has been validated across a wide range of settings. As shown in Table 1, across 4 language pairs, 3 LLMs, and 2 metrics, DUAL-REFLECT achieves the best performance compared to other methods. Specifically, DUAL-REFLECT demonstrates an average improvement of +1.18 COMET over the baseline ChatGPT and +0.75 COMET over the Self-Reflect methods. In the low-resource Cs→Uk translation task, DUAL-REFLECT surpasses ChatGPT and MAPS by +2.2 and +1.4 COMET, respectively. Additionally, Table 5 shows the remaining five low-resource tasks from WMT22, with an average increase of +0.7 COMET. These improvements indicate that DUAL-REFLECT has broad applicability across different levels of resource availability and language similarity, especially exhibiting more pronounced improvements in language pairs with lower resources.

The effectiveness of DUAL-REFLECT in commonsense reasoning translation tasks. The results, presented in Table 2, show that in commonsense reasoning translation tasks, DUAL-REFLECT significantly outperforms other methods, achieving the best translation performance.

Methods	En→De		En→Ja		Cs→Uk		En→Hr	
	COMET	BLEURT	COMET	BLEURT	COMET	BLEURT	COMET	BLEURT
ChatGPT	85.8	75.6	87.9	66.3	88.0	75.0	85.9	75.0
+5-shot	86.5	76.3	88.2	67.1	88.3	-	86.4	-
+Rerank	86.0	75.9	88.0	66.6	88.3	75.3	86.3	75.4
+Refine	85.9	76.0	88.1	66.4	89.0	74.5	86.1	75.6
+Refine_cos	86.2	76.3	88.4	66.8	89.5	75.0	86.4	75.9
+MAPS	86.4	76.3	88.5	67.4	88.8	76.1	86.5	76.0
+Self-Reflect	86.3	76.1	88.3	66.9	88.4	76.0	86.3	75.8
+DUAL-REFLECT	**86.5**	**76.4**	**88.7**	**67.9**	**90.2**	**77.3**	**86.9**	**76.4**
Alpaca-7B	75.5	62.2	56.6	31.4	74.1	52.4	65.9	53.2
+5shot	76.3	62.8	57.9	31.9	75.9	53.1	67.9	53.6
+MAPS	76.7	63.5	58.2	33.9	76.3	53.7	68.1	54.2
+DUAL-REFLECT	**78.1**	**64.1**	**61.0**	**34.7**	**77.5**	**54.3**	**69.5**	**55.4**
Vicuna-7B	79.8	67.4	82.3	58.7	74.9	57.8	69.3	57.7
+5shot	80.3	67.8	83.3	59.3	76.3	58.3	70.2	58.1
+MAPS	81.1	68.4	84.4	60.3	77.2	59.6	71.1	58.8
+DUAL-REFLECT	**82.0**	**69.1**	**85.1**	**61.1**	**78.3**	**60.7**	**72.9**	**60.4**

Table 1: The main results from the WMT22 benchmark are presented. ChatGPT, Alpaca-7B, and Vicuna-7B mean to perform translation directly through Zero-Shot. The bold indicates the highest values that are statistically significant, with p-values less than 0.05 in the paired t-test against all compared methods.

Compared to the Self-Reflect method, it showed an improvement of +1.3 COMET, indicating more effective error correction capabilities. Moreover, DUAL-REFLECT also surpassed the MAD method, which relies on feedback from multi-agent debate, demonstrating the high quality of its feedback. Notably, in translation tasks involving logical reasoning, DUAL-REFLECT's performance even exceeded that of GPT-4, suggesting reasoning abilities.

Methods	AutoMetrics	
	COMET	BLEURT
GPT-4	82.0	71.0
ChatGPT		
+Zero-Shot	79.7	68.2
+Rerank	80.9	68.9
+Refine	80.4	68.5
+Refine_cos	80.8	68.8
+MAPS	81.9	-
+Self-Reflect	80.9	68.7
+MAD	82.0	69.4
+DUAL-REFLECT	**82.2**	**71.8**

Table 2: The main results from the Commonsense MT benchmark are presented. The bold indicates the highest value. The bold indicates the highest values, statistically significant with p-values less than 0.05 in the paired t-test against compared methods.

4 Analysis

We thoroughly analyze our approach, with results primarily reported on CommonsenseMT Zh→En unless stated otherwise.

4.1 The Effectiveness of Dual Learning

In this study, we explore the potential positive impact of a dual learning feedback mechanism on translation performance, as shown in Figure 2. The horizontal axis denotes $\Delta D = 100 - COMET(x, x')$, the disparity between the original sentence x and its back-translated version x'. The vertical axis quantifies improvement in translation performance, as a COMET metric difference (ΔC), between DUAL-REFLECT and ChatGPT. Findings show a correlation coefficient of 0.46, indicating that feedback from dual learning improves the model's reflective capabilities, thus enhancing translation accuracy. Additionally, the experimental data shows significant differences between the output x' and the original source sentence x in the initial back-translation ($\Delta D > 50$), further confirming the universality of differences obtained from the dual learning in translation tasks.
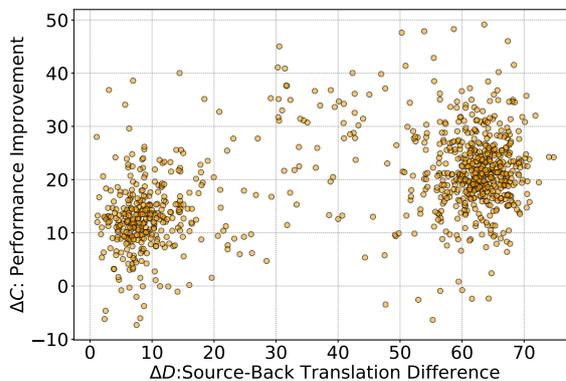

Figure 2: Effectiveness experiment of Dual Learning, each point represents a translation data from the test set.

4.2 Human Evaluation

In terms of human evaluation, this study follows the method of Liang et al., 2023 to assess translation outcomes from two main dimensions: accuracy in ambiguity resolution and direct assessment of translation quality (details in Appendix B.4).

The experimental results are presented in Table 3. Regarding the accuracy of ambiguity resolution, DUAL-REFLECT performs the best, indicating that dual feedback contributes to better disambiguation in translation tasks. In terms of human evaluation, DUAL-REFLECT receives the highest ratings, further demonstrating that the method achieves superior translation quality.

Methods	Human Evaluation	
	Score	ACC
GPT-4	3.9	69.8
ChatGPT		
+Zero-Shot	3.1	63.8
+Rerank	3.3	66.8
+Self-Reflect	3.4	64.9
+MAD	3.7	76.2
+DUAL-REFLECT	4.2	77.4

Table 3: The human-annotated results of the Commonsense MT benchmark.

4.3 Examine how iteration rounds affect results

In this experimental design, we require reviewer PA to determine the final answer ($PA(x, x') = final\_translation$) in each iteration, rather than allowing adaptive termination of iterations as described in Section 2.3. Figure 3 in the Appendix presents the outcomes, revealing DUAL-REFLECT's superior performance over the benchmark method as iterations progress, notably achieving the highest COMET score in three iterations. This emphasizes DUAL-REFLECT's ability to provide improved translations through repeated iterations, demonstrating the effectiveness and robustness of its dual learning feedback mechanism.

5 Case Study

This section presents a case study on the DUAL-REFLECT method, assessing its effectiveness and constraints via examples (detailed in Appendix B.5). Positive instances (Figures 4, 5 and 6) illustrate substantial enhancements in translation accuracy and semantic coherence due to its reflective and iterative processes. Conversely, negative examples (Figures 7 and 8) highlight
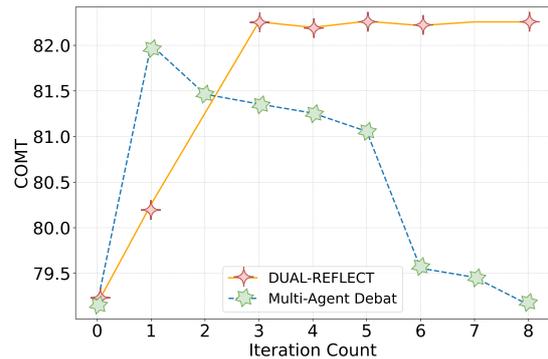

Figure 3: Translation performance varies based on the iteration of either DUAL-REFLECT or MAD.

the dependency of DUAL-REFLECT's success on Back Translation quality, suggesting limitations in its capacity for improvement. This underscores the method's reliance on the integrity of each cycle component for optimal performance.
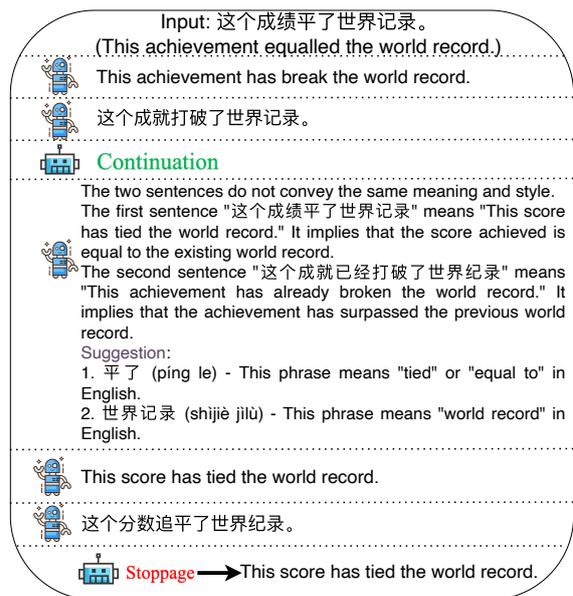

Figure 4: The DUAL-REFLECT methodology for translating positive examples within Chinese sentences.

6 Conclusion

We introduced DUAL-REFLECT, an LLM-based machine translation method, that leverages dual learning to improve reflection and performance, excelling in resource-limited and common sense reasoning scenarios, with human evaluations confirming its effectiveness.

7 Limitations

The DUAL-REFLECT framework enhances the reflective capabilities of LLMs in translation tasks by leveraging the duality nature of translation but has several limitations. Firstly, models with stronger reflective capabilities will obtain better feedback, thereby enhancing more performance. Additionally, since our method requires multiple steps, it necessitates a significant amount of computational resources.

8 Ethics Statement

One of the core design principles of the DUAL-REFLECT framework is a strict respect for intellectual property rights. This applies to both the methods and algorithms developed within the framework as well as those cited from the literature, all adhering strictly to copyright laws. Additionally, the framework upholds this principle in the handling of translation content, ensuring its use does not infringe upon the rights of original creators.

The framework also places a strong emphasis on responsibility during the automated translation process. By integrating stages of reflection and revision, DUAL-REFLECT enhances the transparency and interpretability of the translation methodology, thereby effectively identifying and correcting potential errors in the translation process.

9 Acknowledgements

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A Experiment Setup

A.1 Test Data

For the WMT22 test set (Kocmi et al., 2022), the experimental analysis covers 9 language pairs. We used the full test dataset. Among these languages, En→De and En→Ja are classified as high-resource and medium-resource languages, respectively. In contrast, Cs↔Uk, En→Hr, Yakut↔Russian, and En↔Liv are categorized as low-resource languages.

For the WMT23 test set (Kocmi et al., 2023), the experimental analysis covers 4 language pairs. We used the full test dataset. Among them, En→De and En→Ja are identified as high and medium-resource languages, with the former belonging to the same language family and the latter exhibiting significant differences. In contrast, Cs→Uk and En→Hr are categorized as low-resource languages, being closely related and belonging to the same language family, respectively.

The Commonsense Reasoning MT dataset (He et al., 2020) encompasses vocabulary that requires common knowledge for resolution, along with instances of contextual/contextless grammatical ambiguity in Chinese-to-English translation data. Each translation data includes a source sentence and two contrasting translations, involving seven different types of common knowledge. Despite these elements appearing amenable to direct translation, such simplified interpretations are often misleading.

A.2 Comparative Methods

The following sections provide detailed descriptions of these comparisons.

- **Baseline**, standard zero-shot translation is performed in ChatGPT (Ouyang et al., 2022) and GPT-4 (Achiam et al., 2023) with the temperature parameter set to 0, which is the default value for our experiments.
- **Rerank** was conducted with the identical prompt as the baseline, employing a temperature of 0.3, in alignment with Moslem et al., 2023. Three random samples were generated and combined with the baseline to yield four candidates. The optimal candidate was chosen through Quality Estimation (QE).
- **Renfie** (Chen et al., 2023c) first requests a translation from ChatGPT, then provides the source text and translation results, and obtains a refined translation through multiple rounds of modifications by mimicking the human correction process. **Renfie_cos** as a contrastive prompt to the **Renfie**, the work insert the word "bad" to hint that the previous translation is of low quality, regardless of its actual quality.
- **MAPS** (He et al., 2023), incorporating the knowledge of keywords, topic words, and demonstrations similar to the given source sentence to enhance the translation process, respectively.
- **Self-Reflect** (Shinn et al., 2023), This approach requires the LLM to scrutinize and refine its translation until it deems the current output satisfactory.
- **MAD** (Liang et al., 2023) enhance the capabilities of large language models (LLMs) by encouraging divergent thinking. In this method, multiple agents engage in a debate, while a judge oversees the process to derive a final solution.

B Experiment Results

B.1 Results on Reference-free metric

To further clarify the robustness of our evaluation, we incorporated COMET-KIWI[9] (Rei et al., 2022b), a reference-free metric in the COMET series. The experimental results are shown in Table 4.

These results demonstrate that our method still outperforms comparison methods in terms of COMET-KIWI scores, thereby further confirming the robustness of our evaluation.

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[9]https://github.com/Unbabel/COMET

Methods	En-De	En-Ja	Cs-Uk	En-Hr
ChatGPT				
+Rerank	82.1	84.4	83.6	83
+Self-Reflect	82.0	84.4	83.3	83.1
+Dual Reflection	**82.4**	**84.7**	**84.2**	**83.8**

Table 4: WMT22 evaluation results on COMET-KIWI metric.

B.2 Results of Additional Low-Resourced Language Pairs

To further analyze the performance of our method in lower resource tasks, we validate the effectiveness of the DUAL-REFLECT method on 5 other lower resource languages in the WMT22 task. The experimental results are shown in Table 5:

The experimental results demonstrate that our method improves the translation performance in terms of COMET22 and BLEURT scores for these languages, further indicating the effectiveness of DUAL-REFLECT in lower-resource translation tasks.

B.3 Results of WMT23

To further illustrate this point, we conducted additional experiments in WMT23 for the EN-DE , EN-JA , EN-HE, and CS-UK language pairs. The experimental results are shown in Table 6:

Through our experiments on WMT23, we found that our method still outperforms multiple comparison methods, further demonstrating its effectiveness and generalizability.

B.4 Human Evaluations

In this section, we conduct human evaluation to measure translation quality. We assess coherence, fluency, and ambiguity resolution. Four english native speakers were invited to participate, and 50 samples were randomly selected from translations generated by different methods. For the content with Chinese ambiguity in Commonsense MT, we ensured the correctness of the source side understanding by confirming it with classmates whose native language is Chinese. For translation quality, each sentence was rated on a scale from 1 to 5, with 3 indicating a pass, 4 showing substantial consistency with the reference, and 5 being the highest score. The final score is the average of these four ratings. Additionally, in the CommonsenseMT task, the four experts scored each sample for ambiguity resolution against the reference, awarding 1 point for resolved and 0 points for unresolved.

B.5 Case Study

Methods	Sah→Ru		Ru→Sah		Uk→Cs		En→Liv		Liv→En	
	COMET	BLEURT	COMET	BLEURT	COMET	BLEURT	COMET	BLEURT	COMET	BLEURT
ChatGPT	57.5	36.0	52.8	73.2	88.7	79.0	52.7	41.8	40.6	41.1
+5shot	58.3	36.0	53.1	75.4	89.6	79.1	55.3	42.1	42.7	40.9
+MAD	58.1	37.1	53.5	76.4	89.6	79.3	55.5	42.5	43.2	41.3
+OUR	**59.5**	**37.9**	**54.5**	**76.9**	**90.0**	**80.1**	**56.0**	**43.3**	**43.6**	**41.7**

Table 5: The main results for the WMT22 additional low-resourced language pairs are displayed. The highest values are highlighted in bold and have p-values less than 0.05.

Methods	En→De		En→Ja		En→He		Cs→Uk	
	COMET	BLEURT	COMET	BLEURT	COMET	BLEURT	COMET	BLEURT
ChatGPT	83.5	69.1	87.3	60.2	82.1	69.3	86.7	74.1
+5shot	83.7	69.4	87.8	61.5	82.5	69.8	87.3	74.5
+MAD	83.9	70.3	88.0	63.1	82.9	70.0	87.5	74.9
+OUR	**84.3**	**71.0**	**88.5**	**63.6**	**83.1**	**71.7**	**88.1**	**75.2**

Table 6: The main results from WMT23 are shown. The highest values are in bold, with p-values less than 0.05.
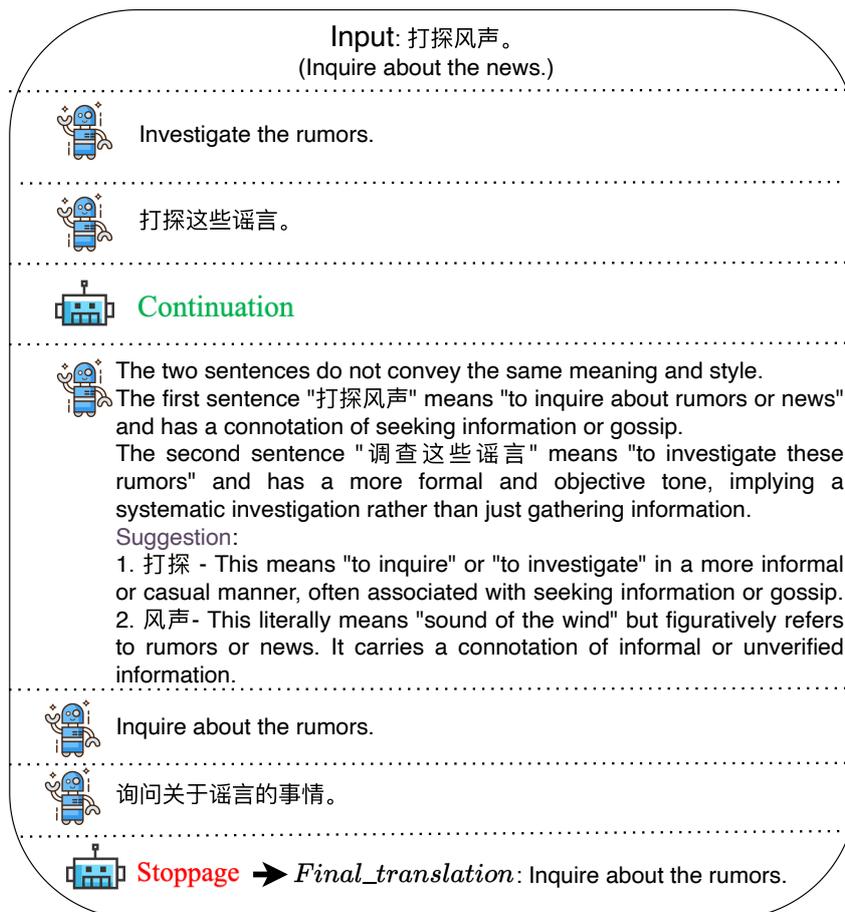

Figure 5: The DUAL-REFLECT methodology for translating positive examples within Chinese sentences.

Input: 他已经是一个登上青云的人。
(He has became a man who has ascended the positions of senior officials.)

He has already become a person who has reached the top.

他已经成为一个达到巅峰的人。

Continuation

The two sentences do not convey the same meaning and style.
In the first sentence, "他已经是一个登上青云的人", the phrase "登上青云" is a metaphorical expression meaning to achieve great success. It implies that the person has achieved a significant accomplishment or reached a prestigious status.
In the second sentence, "他已经成为一个已经达到巅峰的人" (He has already become someone who has already reached the peak), the phrase "已经达到巅峰" means to have already reached the peak or the pinnacle. It indicates that the person has achieved a high level of success or accomplishment, or the geographical topmost point.
The first sentence emphasizes the metaphorical concept of attaining high-level success, while the second sentence focuses on reaching the peak. Therefore, these two sentences have different nuances and are not equivalent in meaning and style.
Suggestion:
登上青云:
The phrase is a metaphorical expression meaning to achieve great success or reach a high position. It implies that the person has achieved a significant accomplishment or reached a prestigious status

He has already become someone who has reached great heights.

他已经成为一个取得巨大成就的人。

Stoppage ➔ $Final\_translation$: He has already become someone who has reached great heights.

Figure 6: The DUAL-REFLECT methodology for translating positive examples within Chinese sentences.

Input:这篇文章的水太多。
(There is too much useless stuff in this article.)

The water in this article is excessive.

这篇文章的水过多。

Stoppage ➔ $Final\_translation$: The water in this article is excessive.

Figure 7: The DUAL-REFLECT methodology for translating negative examples within Chinese sentences.

Input:公司招聘了几个花瓶，是专门用来招待客人的。
(The company recruited several beautiful persons to entertain guests.)

The company has hired several decorative vases, specifically for entertaining guests.

公司雇了几个装饰花瓶，专门用于招待客人

Stoppage ➔ $Final\_translation$: The company has hired several decorative vases, specifically for entertaining guests.

Figure 8: The DUAL-REFLECT methodology for translating negative examples within Chinese sentences.