

Revisit Few-shot Intent Classification with PLMs: Direct Fine-tuning vs. Continual Pre-training

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Abstract

We consider the task of few-shot intent detection, which involves training a deep learning model to classify utterances based on their underlying intents using only a small amount of labeled data. The current approach to address this problem is through continual pre-training, i.e., fine-tuning pre-trained language models (PLMs) on external resources (e.g., conversational corpora, public intent detection datasets, or natural language understanding datasets) before using them as utterance encoders for training an intent classifier. In this paper, we show that continual pre-training may not be essential, since the overfitting problem of PLMs on this task may not be as serious as expected. Specifically, we find that directly fine-tuning PLMs on only a handful of labeled examples already yields decent results compared to methods that employ continual pre-training, and the performance gap diminishes rapidly as the number of labeled data increases. To maximize the utilization of the limited available data, we propose a context augmentation method and leverage sequential self-distillation to boost performance. Comprehensive experiments on real-world benchmarks show that given only two or more labeled samples per class, direct fine-tuning outperforms many strong baselines that utilize external data sources for continual pre-training. The code can be found at <https://github.com/hdzhang-code/DFTPlus>.

1 Introduction

Intent detection is a critical module in task-oriented dialogue systems. The target is to classify utterances according to user intents. Recent progress in intent detection highly relies on deep models and datasets with well-crafted annotations. Using large-scale models or datasets has been recognized as a de facto recipe for many tasks in natural language

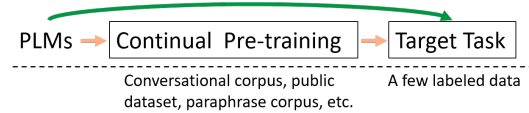


Figure 1: Illustration of continual pre-training (orange) and direct fine-tuning (green).

processing (NLP) including intent detection. However, large training datasets are often not available due to the cost of labeling. Therefore, few-shot intent detection, which aims to train a classifier with only a few labeled examples, has attracted considerable attention in recent years (Dopierre et al., 2021; Zhang et al., 2022; Mi et al., 2022).

The main obstacle for few-shot learning is commonly believed to be overfitting, i.e. the model trained with only a few examples tends to overfit to the training data and perform much worse on test data (Vinyals et al., 2016; Zhang et al., 2022). To alleviate the problem, the mainstream approach is to transfer knowledge from *external resources* such as another labeled dataset, which has been widely used for few-shot image classification (Fei-Fei et al., 2006; Snell et al., 2017) and few-shot intent detection (Yu et al., 2018; Geng et al., 2019; Nguyen et al., 2020).

Since recently emerged large-scale pre-trained language models (PLMs) have achieved great success in various NLP tasks, most recent few-shot intent detection methods propose to fine-tune PLMs on external resources before applying them on the target task, which is known as *continual pre-training* (Gururangan et al., 2020; Ye et al., 2021), as illustrated in Fig 1. The external resources utilized for continual pre-training include conversational corpus (Wu et al., 2020a; Mehri et al., 2020; Vulić et al., 2021), natural language understanding datasets (Zhang et al., 2020a), public intent detection datasets (Zhang et al., 2021a; Yu et al., 2021), and paraphrase corpus (Ma et al., 2022). While these methods have achieved state-of-the-

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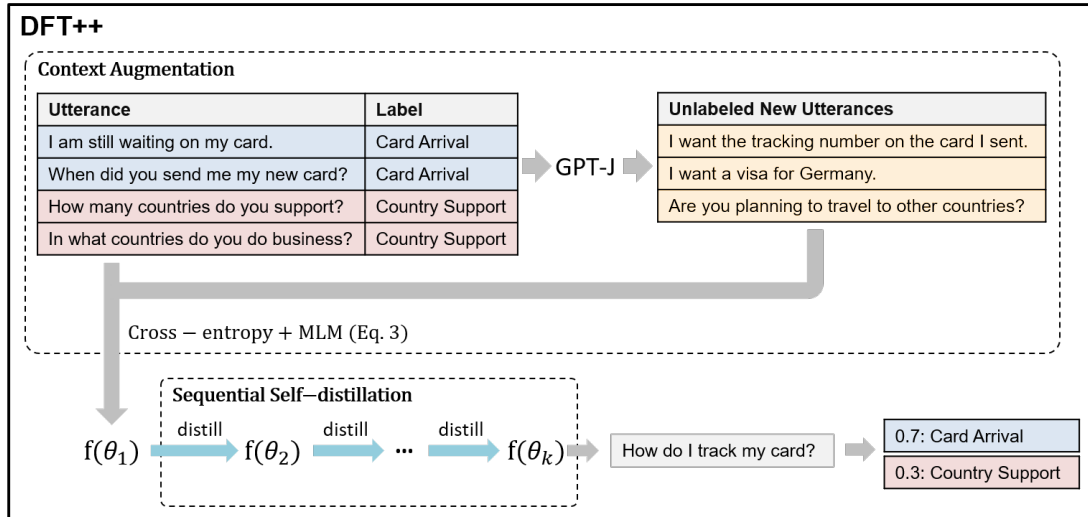


Figure 2: Illustration of DFT++ with 2 classes and 2 labeled examples per class. GPT-J is employed to generate contextually relevant unlabeled utterances. Sequential self-distillation is performed to further boost the performance.

art results, the use of external training corpora induces extra data processing effort (e.g., SBERT-Paraphrase Ma et al. (2022) uses 83 million sentence pairs from 12 datasets) as well as model bias (e.g., the trained model may be biased to the intent classes used in continual pre-training) (Xia et al., 2020b, 2021a; Nguyen et al., 2020).

It is commonly believed that directly fine-tuning PLMs with a small amount of data may generate unacceptable variance (Lee et al., 2020; Dodge et al., 2020). However, it has been recently found that the instability may be caused by incorrect use of optimizer and insufficient training (Mosbach et al., 2021; Zhang et al., 2020c). Further, some studies (Hao et al., 2019; Li et al., 2019) have revealed that in sentiment analysis and paraphrase detection tasks, when directly fine-tuned with a small dataset, PLMs such as BERT (Devlin et al., 2019) demonstrate a certain level of resilience to overfitting. Therefore, a thorough investigation is needed to explore the direct fine-tuning of PLMs for few-shot intent detection. In this work, we make the following contributions:

- We take an empirical investigation into the overfitting issue when directly fine-tuning PLMs on few-shot intent detection tasks. Our study suggests that overfitting may not be a significant concern, since the test performance improves rapidly as the size of training data increases. Further, the model’s performance does not degrade as training continues. It implies that early stopping is not necessary, which is often employed to prevent overfitting

in few-shot learning and requires an additional set of labeled data for validation.

- We find that direct fine-tuning (DFT) already yields decent results compared with continual pre-training methods. We further devise a DFT++ framework to fully exploit the given few labeled data and boost the performance. DFT++ introduces a novel *context augmentation* mechanism by using a generative PLM to generate *contextually relevant unlabeled data* to enable better adaptation to target data distribution, as well as a sequential self-distillation mechanism to exploit the multi-view structure in data. A comprehensive evaluation shows that DFT++ outperforms state-of-the-art continual pre-training methods with only the few labeled data provided for the task, without resorting to external training corpora.

2 Direct Fine-tuning

We investigate a straightforward approach for few-shot intent detection – directly fine-tuning (DFT) PLMs with the few-shot data at hand. However, it is a common belief that such a process may lead to severe overfitting. Before going into detail, we first formally define the problem.

2.1 Problem Formulation

Few-shot intent detection aims to train an intent classifier with only a small labeled dataset $\mathcal{D} = \{(x_i, y_i)\}_N$, where N is the dataset size, x_i denotes the i th utterance, and y_i is the label. The number of

samples per label is typically less than 10.

We follow the standard practice (Sun et al., 2019; Zhang et al., 2021a) to apply a linear classifier on top of the utterance representations:

$$p(y|\mathbf{h}_i) = \text{softmax}(\mathbf{W}\mathbf{h}_i + \mathbf{b}) \in \mathbb{R}^L, \quad (1)$$

where $\mathbf{h}_i \in \mathbb{R}^d$ is the representation of the i th utterance in \mathcal{D} , $\mathbf{W} \in \mathbb{R}^{L \times d}$ and $\mathbf{b} \in \mathbb{R}^L$ are the parameters of the linear layer, and L is the number of classes. We use the representation of the [CLS] token as the utterance embedding \mathbf{h}_i . The model parameters $\theta = \{\phi, \mathbf{W}, \mathbf{b}\}$, with ϕ being the parameters of the PLM, are trained on \mathcal{D} . We use a cross-entropy loss $\mathcal{L}_{\text{ce}}(\cdot)$ to learn the model parameters:

$$\theta = \arg \min_{\theta} \mathcal{L}_{\text{ce}}(\mathcal{D}; \theta). \quad (2)$$

Unlike the popular approach of continual pre-training (Zhang et al., 2020a, 2022, 2021b), DFT fine-tunes PLMs directly on the few-shot data, which may experience overfitting, leading to sub-optimal performance. To examine this issue, we conduct the following experiments.

2.2 Experiments

Datasets We utilize four large-scale practical datasets. **HINT3** (Arora et al., 2020b) is created from live chatbots with 51 intents. **BANKING77** (Casanueva et al., 2020) is a fine-trained dataset focusing on banking services, containing 77 intents. **MCID** (Arora et al., 2020a) is a cross-lingual dataset for ‘‘Covid-19’’ with 16 intents, and we use the English version only. **HWU64** (Liu et al., 2019a) is a large-scale multi-domain dataset with 64 intents. The statistics of the datasets are given in Table 1. To simulate few-shot scenarios, we randomly sample K samples per label from the training set of each dataset to form the dataset \mathcal{D} .

Dataset	#Intent	#Train	#Dev	#Test
OOS	150	15000	3000	4500
BANKING77	77	10003	0	3080
HINT3	51	1579	0	676
HWU64	64	8954	1076	1076
MCID	16	1258	148	339

Table 1: Dataset statistics.

Baselines To evaluate DFT, we compare it against IsoIntentBERT (Zhang et al., 2022), a competitive baseline applying continual pre-training

with public intent detection datasets. We follow the original work to pre-train BERT on OOS (Larson et al., 2019), a multi-domain public intent detection dataset containing diverse semantics, and then perform in-task fine-tuning on the small dataset \mathcal{D} .

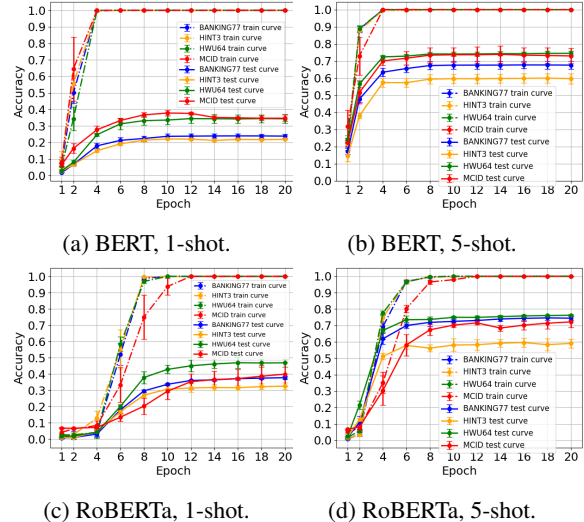


Figure 3: Training and test learning curves of DFT with BERT and RoBERTa as text encoder respectively.

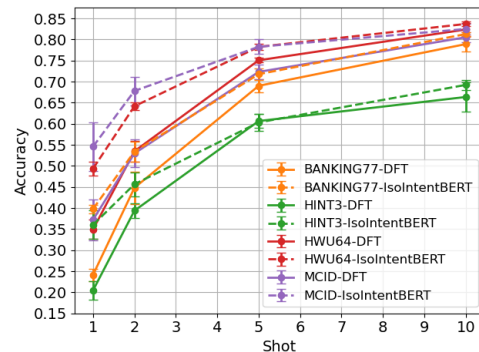


Figure 4: Comparison between DFT (solid lines) and IsoIntentBERT (dashed lines). The benefit from continued pre-training (IsoIntentBERT) decays quickly.

Results and Findings We plot the learning curves of DFT in Fig. 3, where the following observations can be drawn. First, comparing the results in 1-shot and 5-shot scenarios, the test performance of DFT improves drastically as the number of labeled examples rises from 1 to 5, leading to a fast reduction in the performance gap between the training and test performance. Second, the test performance does not deteriorate as the training progresses, and the learning curves exhibit a flat trend. These observations are consistent across various datasets and different models (BERT and

RoBERTa), including both 1-shot and 5-shot¹ scenarios. The observations also align with previous findings in sentiment analysis (Li et al., 2019) and paraphrase detection (Hao et al., 2019) tasks.

The flat learning curves indicate that early stopping is not necessary, which is often used to prevent overfitting and requires an additional set of labeled data. This is important for practitioners because model selection has been identified as a roadblock for *true few-shot learning* (Perez et al., 2021), where the labeled data is so limited that it is not worth setting aside a portion of it for early stopping. On the other hand, the rapidly reduced performance gap between DFT and IsoIntentBERT (Fig. 4) casts doubt on the necessity of continual pre-training. Thus, we raise an intriguing question:

- With only the given few labeled data, is it possible to achieve comparable or better performance than continual pre-training methods?

Our attempt to answer the question leads to DFT++, a framework designed to fully exploit the given few labeled data, which provides an affirmative answer.

3 Push the Limit of Direct Fine-Tuning

To push the limit of few-shot intent detection with only a few labeled data at hand and without using any external training corpora, DFT++ introduces two mechanisms, as shown in Fig. 2. The first is a novel context augmentation mechanism, wherein the few data are used to prompt a generative PLM to generate contextually relevant unlabeled utterances to better model target data distribution. The second is a sequential self-distillation mechanism.

3.1 Context Augmentation

Unlike continual pre-training methods that leverage external training corpora, we use the few data to solicit knowledge from generative PLMs. An intuitive way is data augmentation, which prompts the model to generate new utterances with the given intent class. However, as suggested by Sahu et al. (2022) and our analysis (Section 3.4), data augmentation for intent detection with tens of intent classes is challenging. Hence, we propose to exploit contextual relevance in an unsupervised manner instead. Specifically, for each intent class, we compose the few data into a prompt and then feed

¹We observe the same patterns when further increasing the shot number beyond 5.

Prompt:

The following sentences belong to the same category 'cancel transfer':

Example 1: How can I cancel a transfer I made?

Example 2: Cancel transaction.

Example 3: I need to cancel a transfer.

Example 4: I want to revert a transaction I did this morning.

Example 5: I made a mistake and performed a transaction on the wrong account.

Example 6:

Generated Utterances:

I want to cancel this transaction.

How can I cancel an already invisible order?

I made a mistake on a financial transaction that I executed on the wrong account.

This transaction has already been completed.

I want to reverse a mistake I did last year.

Figure 5: An example of the prompt and generated utterances in a 5-shot scenario. Green utterances are successful cases, while the red one is a failure case.

it to GPT-J (Wang and Komatsuzaki, 2021), a powerful generative PLM, to generate novel unlabeled utterances. Fig. 5 gives an example of the prompt and generated results. The generated unlabeled data is combined with the given utterances in \mathcal{D} to compose a corpus $\mathcal{D}_{\text{aug}} = \{x_i\}_i$, which can be used for masked language modeling (MLM). Hence, the model parameters θ are learned by simultaneously minimizing both the cross-entropy loss \mathcal{L}_{ce} and the MLM loss \mathcal{L}_{mlm} :

$$\theta = \arg \min_{\theta} (\mathcal{L}_{\text{ce}}(\mathcal{D}; \theta) + \lambda \mathcal{L}_{\text{mlm}}(\mathcal{D}_{\text{aug}}; \theta)), \quad (3)$$

where λ is a balancing parameter.

Notice that there is a critical difference between the proposed context augmentation and conventional data augmentation methods. Context augmentation generates contextually relevant data (i.e., utterances with similar context to the given input but not necessarily belong to the same label class), and we use the generated data in an unsupervised manner via MLM. In contrast, conventional data augmentation methods generate new utterances with the same label as the given utterance and utilize them in a supervised manner.

3.2 Sequential Self-distillation

To further boost performance, we employ self-distillation (Mobahi et al., 2020; Allen-Zhu and Li, 2020) (Fig. 2). The knowledge in the learned model is distilled into another model with the same

architecture by matching their output logits²:

$$\theta_k = \arg \min_{\theta_k} \text{KL} \left(\frac{f(\mathcal{D}; \theta_k)}{t}, \frac{f(\mathcal{D}; \theta_{k-1})}{t} \right), \quad (4)$$

where $\text{KL}(\cdot)$ is the Kullback-Leibler (KL) divergence, $f(\cdot)$ is the output logit of the model, and t is the temperature parameter. We adopt the born-again strategy (Furlanello et al., 2018) to iteratively distill the model into a sequence of generations. Hence, the model at k th generation with parameters θ_k is distilled to match the $(k - 1)$ th generation with parameters θ_{k-1} .

Self-distillation can provably improve model performance if the data has a multi-view structure, i.e., the data has multiple features (views) to help identify its class (Allen-Zhu and Li, 2020). Such structures naturally exist in utterances. For instance, given the following utterance of label “travel alert”,

“How safe is visiting Canada this week”,

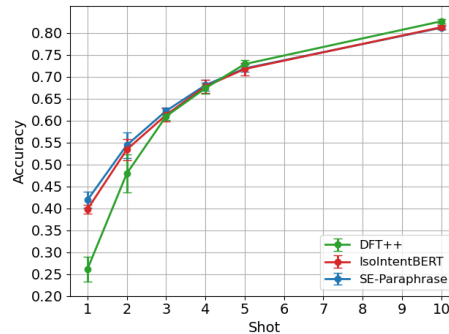
both “safe” and “visiting” indicate the intent label, and it is likely that the model learns only one of them because a single feature may be sufficient to discriminate the above utterance from others with different labels, especially with limited training data. Sequential self-distillation can help to learn both features, as shown in Allen-Zhu and Li (2020).

3.3 Experiments

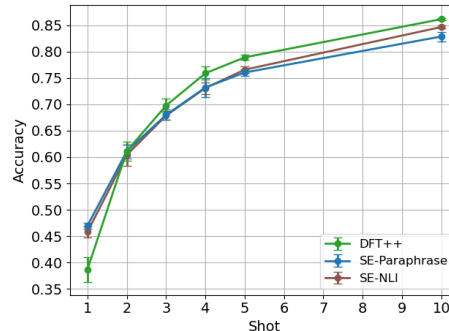
We evaluate DFT++ on the same benchmarks used to evaluate DFT. We compare DFT++ with state-of-the-art continual pre-training methods. Since early stopping is not necessary, as demonstrated in subsection 2.2, we combine the validation and test sets for a more comprehensive evaluation.

Baselines We compare with the following baselines. **TOD-BERT** (Wu et al., 2020a) conducts continual pre-training on dialogue corpus with MLM and response objectives. **DNNC-NLI** (Zhang et al., 2020b) and **SE-NLI** (Ma et al., 2022) employ NLI datasets. DNNC-NLI is equipped with a BERT-style pair-wise similarity model and a nearest neighbor classifier. SE-NLI employs sentence encoder (Reimers and Gurevych, 2019) with siamese and triplet architecture to learn the semantic similarity. **DNNC-Intent**, **CPFT** (Zhang et al., 2021b), **IntentBERT** (Zhang et al., 2021a) and

²We have also tried to add a cross-entropy term (Tian et al., 2020), but find it hurts the performance.



(a) BERT-based experiments.



(b) RoBERTa-based experiments.

Figure 6: Impact of the size of labeled data on performance. The experiments are conducted on BANK-ING77. We compare DFT++ with the top 2 baselines.

IsoIntentBERT (Zhang et al., 2022) use external intent detection datasets. DNNC-Intent shares the same model structure as DNNC-NLI. CPFT adopts contrastive learning and MLM. IntentBERT employs standard supervised pre-training, based on which IsoIntentBERT introduces isotropization to improve performance. **SE-Paraphrase** (Ma et al., 2022) exploits paraphrase corpus, using the same model architecture for sentence encode as SE-NLI.

For all the baselines, we download the publicly released model if available. Otherwise, we follow the original work’s guidelines to perform continual pre-training. Next, we perform standard fine-tuning similar to DFT, using hyperparameters searched within the same range as our method, with three exceptions: DNNC-NLI, DNNC-Intent, and CPFT. For these methods, we use the original design and training configuration for in-task fine-tuning.

In addition, we compare DFT++ against **CINS** (Mi et al., 2022), the most recent prompt-based method. CINS addresses intent detection by converting it into a cloze-filling problem through a carefully designed prompt template. Similar to our method, CINS directly fine-tunes PLMs on a limited amount of data.

Method	BANKING77		HINT3		HWU64		MCID	
	5-shot	10-shot	5-shot	10-shot	5-shot	10-shot	5-shot	10-shot
TOD-BERT	67.69 _(1.37)	79.71 _(0.91)	56.33 _(2.14)	66.42 _(2.19)	74.83 _(1.11)	82.15 _(0.47)	66.37 _(2.65)	74.66 _(1.52)
DNNC-NLI	68.48 _(1.15)	74.53 _(4.83)	59.05 _(1.02)	65.12 _(1.96)	72.25 _(1.39)	77.91 _(1.11)	67.35 _(2.09)	75.20 _(1.28)
DNNC-Intent	70.36 _(1.85)	78.85 _(1.56)	58.08 _(4.98)	64.56 _(3.64)	69.86 _(4.27)	74.87 _(3.02)	70.80 _(3.16)	78.60 _(1.49)
CPFT	70.96 _(2.45)	79.44 _(.80)	61.63 _(2.64)	69.85 _(1.21)	73.63 _(1.74)	80.59 _(.61)	71.54 _(4.97)	79.38 _(1.60)
IntentBERT	70.64 _(1.02)	81.18 _(.34)	58.96 _(1.50)	68.96 _(1.50)	77.60 _(.31)	83.55 _(.21)	76.67 _(.84)	81.60 _(1.41)
IsoIntentBERT	71.78 _(1.40)	81.30 _(.50)	60.33 _(1.95)	69.23 _(1.16)	78.26 _(.69)	83.70 _(.59)	78.28 _(1.72)	82.51 _(1.23)
SE-Paraphrase	71.92 _(.84)	81.18 _(.33)	62.28 _(.77)	70.00 _(1.01)	76.75 _(.63)	82.88 _(.48)	78.32 _(2.12)	83.08 _(1.32)
SE-NLI	70.03 _(1.47)	80.58 _(1.13)	61.69 _(1.59)	68.37 _(1.55)	75.10 _(1.17)	82.57 _(.79)	74.54 _(1.86)	81.20 _(1.80)
DFT	69.01 _(1.54)	78.92 _(1.69)	60.65 _(1.60)	66.36 _(3.48)	75.07 _(.53)	82.38 _(1.49)	72.32 _(1.80)	80.53 _(1.15)
DFT++ (w/ CA)	72.23 _(1.80)	82.33 _(.72)	60.53 _(2.73)	70.36 _(1.90)	76.73 _(1.05)	82.61 _(.23)	77.45 _(1.66)	81.27 _(1.41)
DFT++ (w/ SSD)	68.86 _(1.49)	80.32 _(.81)	61.51 _(1.88)	68.82 _(2.49)	75.05 _(1.36)	82.14 _(.92)	74.17 _(1.09)	81.44 _(1.08)
DFT++ (w/ CA, SSD)	72.90 _(.89)	82.66 _(.50)	63.08 _(1.17)	70.47 _(2.56)	77.73 _(1.02)	83.45 _(.38)	79.43 _(.84)	82.83 _(.76)

(a) BERT-based evaluation results.

Method	BANKING77		HINT3		HWU64		MCID	
	5-shot	10-shot	5-shot	10-shot	5-shot	10-shot	5-shot	10-shot
DNNC-NLI	73.90 _(1.27)	79.51 _(2.56)	59.73 _(0.89)	64.05 _(2.30)	73.06 _(1.70)	78.12 _(1.86)	63.74 _(3.79)	73.72 _(1.82)
DNNC-Intent	72.97 _(1.46)	77.69 _(5.06)	61.15 _(1.74)	66.45 _(1.06)	69.74 _(1.85)	72.30 _(3.61)	72.44 _(2.50)	78.64 _(1.69)
CPFT	70.94 _(1.08)	78.57 _(.75)	58.17 _(3.44)	61.07 _(2.37)	74.36 _(1.15)	79.46 _(.81)	78.20 _(1.72)	83.04 _(1.74)
IntentRoBERTa	75.23 _(.89)	83.94 _(.33)	60.77 _(1.60)	68.91 _(1.24)	78.97 _(1.26)	84.26 _(.84)	77.25 _(2.05)	82.67 _(1.43)
IsoIntentRoBERTa	75.05 _(1.92)	84.49 _(.43)	59.79 _(2.72)	69.08 _(1.59)	78.09 _(1.06)	84.15 _(.58)	78.40 _(2.03)	83.20 _(1.89)
SE-Paraphrase	76.03 _(.64)	82.85 _(.89)	63.96 _(.02)	69.14 _(2.08)	76.50 _(.45)	81.25 _(.97)	80.78 _(1.36)	83.12 _(.86)
SE-NLI	76.56 _(.69)	84.65 _(.26)	62.60 _(2.45)	69.91 _(1.82)	78.53 _(.84)	84.81 _(.45)	79.43 _(3.17)	84.13 _(1.25)
DFT	76.11 _(1.16)	84.77 _(.43)	61.39 _(1.51)	68.40 _(1.21)	76.72 _(.94)	84.00 _(.34)	76.39 _(1.18)	82.55 _(1.15)
DFT++ (w/ CA)	78.74 _(1.00)	85.95 _(.34)	63.17 _(2.20)	71.30 _(1.54)	79.02 _(.89)	85.49 _(.35)	76.51 _(2.77)	83.98 _(1.17)
DFT++ (w/ SSD)	76.25 _(1.67)	84.95 _(.53)	61.30 _(2.31)	70.12 _(1.35)	77.57 _(.62)	84.91 _(.45)	78.73 _(2.30)	83.37 _(1.64)
DFT++ (w/ CA, SSD)	78.90 _(.50)	86.14 _(.19)	63.61 _(1.80)	71.80 _(1.88)	79.93 _(.92)	86.21 _(.28)	80.16 _(2.74)	84.80 _(.79)

(b) RoBERTa-based evaluation.

Table 2: Results of DFT++ and state-of-the-art methods. The mean value and standard deviation are reported. CA denotes context augmentation. SSD denotes sequential self-distillation. The top 3 results are highlighted.

5-shot	Bank	Home
CINS [¶]	89.1	80.2
DFT++ (BERT)	91.39 _(.78)	82.11 _(4.09)
DFT++ (RoBERTa)	93.76 _(.46)	86.21 _(2.94)
5-shot	Utility	Auto
CINS [¶]	95.4	93.7
DFT++ (BERT)	96.16 _(.41)	90.64 _(.93)
DFT++ (RoBERTa)	97.39 _(.50)	93.31 _(1.21)

Table 3: Comparison of DFT++ against CINS. [¶] denotes results copied from Mi et al. (2022). DFT++ is better in most cases, especially when RoBERTa is employed. The top 2 results are highlighted.

Our method We evaluate our method and the baselines based on two popular PLMs: BERT (Devlin et al., 2019) and RoBERTa (Liu et al., 2019b). The representation of the token [CLS] is used as the utterance embedding. For a fair comparison, we select the hyper-parameters with the same validation data as used by the baselines, i.e., we follow IsoIntentBERT to use a portion of the OOS dataset

as the validation data. The best hyper-parameters and the parameter range are given in the appendix.

Main results We first examine the performance using a moderately small amount of data, specifically 5-shot and 10-shot scenarios. The results are summarized in Table 2. Remarkably, DFT++ performs comparably to a diverse set of baselines that leverage external resources, despite the fact that it solely utilizes the limited few-shot data available. The superiority of DFT++ can be attributed to the effective utilization of context augmentation and sequential self-distillation, both of which demonstrate improved results when applied independently in most cases. We notice that DFT++ performs better when using the stronger base model RoBERTa. As shown in Table 2b, DFT++ outperforms all the baselines in most cases. Moreover, as shown in Table 3, in most cases, DFT++ also outperforms CINS, the most recent prompt-based method, despite that CINS employs T5-base (Raffel et al., 2020) with 220 million parameters, which is al-

Method	BANKING77		HINT3		HWU64		MCID	
	5-shot	10-shot	5-shot	10-shot	5-shot	10-shot	5-shot	10-shot
DFT	69.01 _(1.54)	78.92 _(1.69)	60.65 _(1.60)	66.36 _(3.48)	75.07 _(.53)	82.38 _(1.49)	72.32 _(1.80)	80.53 _(1.15)
EDA	68.81 _(1.97)	72.97 _(.94)	60.50 _(3.06)	59.94 _(1.10)	74.68 _(.81)	72.76 _(5.16)	73.10 _(.64)	80.99 _(.16)
BT	69.65 _(1.39)	78.42 _(.83)	60.50 _(1.40)	66.33 _(2.69)	74.15 _(.84)	79.12 _(1.65)	75.15 _(2.04)	81.36 _(1.6)
PromptDA	71.62 _(.72)	80.61 _(2.95)	61.51 _(2.20)	69.17 _(1.91)	76.59 _(.89)	83.29 _(.56)	77.16 _(.98)	81.47 _(2.19)
SuperGen	64.83 _(1.06)	77.48 _(0.37)	57.30 _(1.41)	64.44 _(2.64)	69.52 _(0.56)	77.26 _(0.88)	72.55 _(1.37)	78.78 _(1.01)
GPT-J-DA	71.84 _(1.41)	78.34 _(.87)	60.24 _(.83)	67.40 _(2.41)	70.72 _(.78)	76.66 _(1.3)	73.92 _(2.77)	78.77 _(2.39)
CA	72.23 _(1.80)	82.33 _(.72)	60.53 _(2.73)	70.36 _(1.90)	76.73 _(1.05)	82.61 _(.23)	77.45 _(1.66)	81.27 _(1.41)

(a) BERT-based evaluation results.

Method	BANKING77		HINT3		HWU64		MCID	
	5-shot	10-shot	5-shot	10-shot	5-shot	10-shot	5-shot	10-shot
DFT	76.11 _(1.16)	84.77 _(.43)	61.39 _(1.51)	68.40 _(1.21)	76.72 _(.94)	84.00 _(.34)	76.39 _(1.18)	82.55 _(1.15)
EDA	74.74 _(1.08)	81.84 _(.59)	62.04 _(2.49)	66.78 _(1.53)	75.88 _(1.59)	81.91 _(.67)	77.17 _(1.85)	83.12 _(1.30)
BT	75.12 _(1.03)	84.12 _(.28)	60.83 _(1.16)	68.34 _(1.33)	77.31 _(.72)	82.89 _(.21)	77.49 _(2.71)	82.05 _(1.45)
PromptDA	76.56 _(1.15)	82.69 _(.99)	60.56 _(1.37)	69.44 _(1.57)	77.57 _(1.12)	82.94 _(1.29)	77.60 _(1.94)	83.86 _(2.27)
SuperGen	70.42 _(0.19)	81.74 _(0.16)	57.64 _(1.33)	65.88 _(0.54)	71.28 _(0.78)	81.16 _(0.35)	73.99 _(1.79)	80.08 _(0.89)
GPT-J-DA	76.58 _(1.30)	83.01 _(.87)	62.16 _(1.83)	71.45 _(1.86)	76.59 _(.94)	81.65 _(.73)	77.91 _(2.22)	82.51 _(1.90)
CA	78.74 _(1.00)	85.95 _(.34)	63.17 _(2.20)	71.30 _(1.54)	79.02 _(.89)	85.49 _(.35)	76.51 _(2.77)	83.98 _(1.17)

(b) Roberta-based evaluation results.

Table 4: Comparison of our proposed contextual augmentation against conventional data augmentation methods. CA denotes contextual augmentation. The best results are highlighted.

most twice the size of our base model.

To study the impact of the number of labeled data on performance, we reduce the number to only 1 sample per label and present the results in Fig. 6. We experiment with BANKING77, a challenging fine-grained dataset. When using BERT, we observe that DFT++ begins to outperform the baselines at a crossing point of 4. When using RoBERTa, the crossing point is even smaller, at 2, which is quite surprising. We have also observed similar phenomena on other datasets, as detailed in the appendix. The observations confirm our claim that the overfitting issue in directly fine-tuning PLMs for few-shot intent detection may not be as severe as initially presumed. The performance disadvantage resulting from overfitting can be effectively alleviated by leveraging other techniques to exploit the limited available data, even without resorting to the continual pre-training approach. However, in scenarios with an extremely small number of labeled data, the transferred knowledge from continual pre-training still provides significantly better performance compared to DFT++.

3.4 Analysis

Comparison between contextual augmentation and conventional data augmentation methods

We compare our proposed context augmentation

with the following conventional data augmentation methods. Easy Data Augmentation (EDA) (Wei and Zou, 2019) modifies a small number of utterances, e.g., through word swapping, to generate new augmented instances. Back-translation (BT) (Edunov et al., 2018) translates an utterance into another language and then translates it back³. PromDA (Wang et al., 2022) and SuperGen (Meng et al., 2022) are recent data augmentation methods leveraging generative PLMs. GPT-J-DA (Sahu et al., 2022) exploits the data generated by GPT-J in a supervised manner. The results in Table 4 show context augmentation is more robust against data shift. Note that SuperGen is designed for coarse-grained tasks with only two or three labels, such as sentiment classification. As a result, it may not scale effectively to intent detection tasks that involve a larger number of intents, typically ranging in the tens. The comparison between context augmentation and GPT-J-DA highlights the superiority of unsupervised exploitation of the generated data. The inconsistent effectiveness of GPT-J-DA is also reported by Sahu et al. (2022).

³We use French as the intermediate language, and utilize T5-base (Raffel et al., 2020) and opus-mt-fr-en (Tiedemann and Thottingal, 2020) for translation.

Input	Good	Bad
“Is there a reason why my card was declined when I attempted to withdraw money?”, “How come I can not get money at the ATM?”, “Why can not I withdraw cash from this ATM?”, “Why will not the ATM give me cash?”, “This morning, I wanted to make a withdrawal before work but my card was declined, please double check it for me as this is the first time it was declined.”	“ATM will not let me withdraw my money my card as refused please help”, “I withdrew less than I expected from the ATM on monday”, “My wallet was stolen but my ATM card was within safely”, “I spent a fortune last week and have none left on my card can you reverse refund the fees”, “Please give me the code that I can use in the ATM for my face to use my card”	“Why did my card never get a their villages and journey?”, “An autofill took place but there was nothing to approve.”, “Can I get one form my card after I have made a ctifre?”, “Family needs money for the holidays they said they can not make it I hope you can help even if it is not much.”
“Please order take from Jasons Deli.”, “Can you please order some food for me?”, “Can you look up Chinese takeout near here?”, “Can i order takeaway from Spanish place?”, “Find and order rasgulla of janta sweet home pvt ltd.”	“I need to get some gluten free cookies for my daughter”, “Can you do ticket counter take away”, “How can I order Chinese food”, “Delivery service please order some takeaway jahdi”, “Order beef kasundi bewa rasgulla and dosa will be ready in 10 mins”	“Please make some reservation if you want booking on myhotelcom”, “Drive take from a taxi”, “Warehouse 26723”, “Please make some reservation if you want booking on myhotelcom”

Table 5: Utterances generated by GPT-J. The first row corresponds to the label “Declined Cash Withdrawal” from BANKING77. The second row corresponds to the label “Takeaway Order” from HWU64. Good examples exhibit semantic relevance to the input data, while bad examples are irrelevant. Green words are highlighted to indicate semantic relevance, while the underlined words deviating the sentence from the original label.

Quality of context augmentation To demonstrate the quality of the data generated by context augmentation, we provide some good and bad examples of generated utterances in Table 5. It is observed that GPT-J is able to generate grammatically fluent utterances that exhibit a high level of contextual relevance to the input utterances, which are utilized by DFT++ to better model the target data distribution. On the other hand, as also observed in Sahu et al. (2022), some of the generated utterances deviate from the original label and, therefore, are not suitable for data augmentation. However, DFT++ mitigates this issue by focusing solely on leveraging contextual relevance, resulting in improved robustness against data shift (Table 4).

Complementarity of continual pre-training and DFT++ Continual pre-training and DFT++ mitigate overfitting from different aspects. The former leverages external data, while the latter maximizes the utilization of the limited available data. Hence, it is likely that they are complementary. To support this claim, we present empirical results demonstrating their complementarity in Table 6. It is observed that when combined with DFT++, the two competitive methods, IsoIntentBERT and SE-Paraphrase, both demonstrate improved performance.

Impact of hyper-parameters We study the impact of two key hyper-parameters, the size of the generated data and the number of self-distillation generations. As visualized in Fig. 7a, a positive correlation is found between the performance and the size of the augmented data. The performance saturates after the data size per label reaches 50. It is noted that when only the given data are used for MLM, i.e., the generated data size is 0, MLM

IsoIntentBERT	DFT++	BANKING77	HWU64
✓		71.78 _(1.40)	78.26 _(.69)
✓	✓	73.53 _(1.33)	80.20 _(1.20)
SE-Paraphrase	DFT++	BANKING77	HWU64
✓		71.92 _(.84)	76.75 _(.63)
✓	✓	73.21 _(1.24)	78.34 _(.31)

Table 6: Complementarity of DFT++ and continued pre-training with experiments conducted on 5-shot tasks.

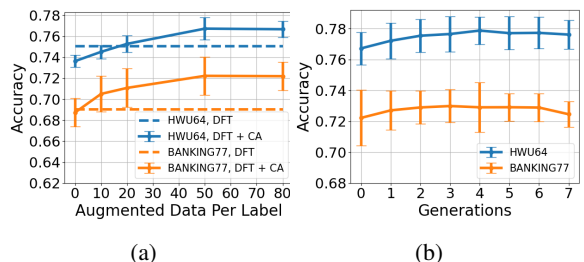


Figure 7: Impact of the size of the augmented data (a) and the number of self-distillation generations (b). The experiments are conducted in 5-shot scenarios. CA denotes context augmentation.

has an adversarial effect probably due to overfitting on the few given data. Such negative effect is successfully alleviated by context augmentation. As for self-distillation generations, we find that multiple generations of self-distillation are necessary to achieve better performance. In the appendix, we further analyze the impact of the temperature parameters of GPT-J and self-distillation.

Comparison with alternative context augmentation methods We have also studied alternative context augmentation methods. The first one is Easy Data Augmentation (EDA) (Wei and Zou, 2019) with random synonym replacement, inser-

Method	BANKING77	
	5-shot	10-shot
DFT	69.01 _(1.54)	78.92 _(1.69)
DFT + External	67.84 _(.82)	81.23 _(.66)
DFT + EDA	70.61 _(1.78)	81.83 _(.41)
DFT + GPT-J	72.22_(1.80)	82.33_(.72)

Table 7: Comparison of our proposed GPT-J-based context augmentation with other alternatives. “External” denotes a corpus collected from Wikipedia.

tion, swap, and deletion. The second approach involves manually collecting a domain-specific corpus. We conduct experiments on BANKING77, since it focuses on a single domain, making it convenient to collect the corpus. We extract web pages from Wikipedia⁴ with keywords that are closely relevant to “Banking”, such as “Bank” and “Credit card”. The keywords can be found in the appendix. As shown by Table 7, our GPT-J-based context augmentation outperforms the alternatives. We attribute the superiority to the grammatical fluency achieved by leveraging the generative power of GPT-J, which is typically compromised by EDA. Additionally, the high degree of semantic relevance observed in our approach is rarely guaranteed in the noisy corpus collected from Wikipedia.

4 Related Works

Few-shot Intent Detection Before the era of PLMs, the study of few-shot intent detection focuses on model architecture (Geng et al., 2019; Xia et al., 2020a; Nguyen et al., 2020). Recently, fine-tuning PLMs has become the mainstream methodology. Zhang et al. (2020b) fine-tune pair-wise encoder on natural language inference (NLI) tasks. Zhang et al. (2021b) fine-tune PLMs in a contrastive manner. Zhang et al. (2021a) leverage public intent detection dataset, which is further improved by isotropization (Zhang et al., 2022). Other settings are also studied, including semi-supervised learning (Dopierre et al., 2020, 2021) and incremental learning (Xia et al., 2021b). Unlike the mainstream strategy, our method does not require continual pre-training on extra resources.

Continual Pre-training of PLMs Continual pre-training of PLMs is helpful (Gururangan et al., 2020; Ye et al., 2021; Luo et al., 2021). For dialogue understanding, many works leverage conver-

sational corpus to perform continual pre-training. Li et al. (2020) conducts continual pre-training with a dialogue-adaptive pre-training objective and a synthesized in-domain corpus. Wu et al. (2020b) further pre-trains BERT with dialogue corpora through masked language modeling and contrastive loss. Henderson et al. (2020) use Reddit conversational corpus to pre-train a dual-encoder model. Vulić et al. (2021) adopts adaptive conversational fine-tuning on a dialogue corpus.

PLM-based Data Augmentation Rosenbaum et al. (2022) fine-tune PLMs to generate data for intent detection and slot tagging. Jolly et al. (2020) develop novel sampling strategies to improve the generated utterances. Kumar et al. (2022) pre-train a token insertion PLM for utterances generation. However, these methods require slot values, which are assumed unavailable in this work. Papangelis et al. (2021) fine-tune PLMs with reinforcement learning, but our augmentation method adopts off-the-shelf PLM without further training. The closest work to ours is Sahu et al. (2022), which utilizes off-the-shelf PLMs for data augmentation. However, our method focuses solely on leveraging contextual relevance to achieve improved robustness. PLM-based data augmentation has been explored for other tasks, e.g. sentiment classification (Yoo et al., 2021; Wang et al., 2022; Chen and Liu, 2022) and natural language inference (Meng et al., 2022; Ye et al., 2022). However, these approaches may fail to scale to intent detection tasks with tens of intent classes, as shown by Sahu et al. (2022) and our experiments.

5 Conclusions and Limitations

We revisit few-shot intent detection with PLMs by comparing two approaches: direct fine-tuning and continual pre-training. We show that the overfitting issue may not be as significant as commonly believed. In most cases, our proposed framework, DFT++, demonstrates superior performance compared to mainstream continual pre-training methods that rely on external training corpora.

One limitation of DFT++ is the computational overhead caused by generative PLMs. Additionally, our current approach includes all utterances generated by the PLM, even those that might lack contextual relevance or contain noise. These issues are left for future exploration.

⁴<https://en.wikipedia.org>

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A Appendix

Hyper-parameters We determine the hyper-parameters by grid search. The best hyper-parameters and the search range are summarized in Table 8 and Table 9, respectively. The grid search is performed with OOS dataset. Specifically, we follow IsoIntentBERT to use the two domains “Travel” and “Kitchen dining” as the validation set. To guarantee a fair comparison, the same validation set is also employed for all the baselines.

PLM	Hyper-parameter
BERT	$lr_{\text{PLM}} = 2e - 4$, $lr_{\text{cls}} = 2e - 5$, $\lambda = 1.0$, context_size=50, $t = 100$, iteration=6.
RoBERTa	$lr_{\text{PLM}} = 2e - 5$, $lr_{\text{cls}} = 2e - 3$, $\lambda = 0.1$, context_size=50, $t = 40$, iteration=5.

Table 8: Hyper-parameters of DFT++. lr_{PLM} and lr_{cls} denote the learning rate of the PLM and the linear classifier, respectively. context_size is the size of the augmented contextual utterances per label. iteration is the number of iterations/generations in sequential self-distillation.

Parameter	Range
lr_{PLM}	$\{2e - 5, 2e - 4, 2e - 3\}$
lr_{cls}	$\{2e - 5, 2e - 4, 2e - 3\}$
λ	$\{0.01, 0.1, 1.0, 10.0\}$
context_size	$\{1, 2, 5, 10, 20, 50, 80\}$
t	$\{0.1, 1, 10, 40, 80, 100, 200, 500\}$
iteration	$\{1, 2, 3, 4, 5, 6, 7\}$

Table 9: Grid search range of hyper-parameters.

Implementation details We use Python, PyTorch library and Hugging Face library⁵ to implement the model. We adopt *bert-base-uncased* and *roberta-base* with around 110 million parameters. We use AdamW as the optimizer. We use different learning rates for PLMs and the linear classifier, determined by grid-search. The parameter for weight decay is set to $1e - 3$. We employ a linear scheduler with the warm-up proportion of 5%. We fine-tune the model for 200 epochs to guarantee convergence. The experiments are conducted with Nvidia RTX 3090 GPUs. We repeat all experiments for 5 times, reporting the averaged accuracy and standard deviation.

Impact of the number of labeled data on performance We provide the full results in Fig. 9. It is

⁵<https://github.com/huggingface/transformers>

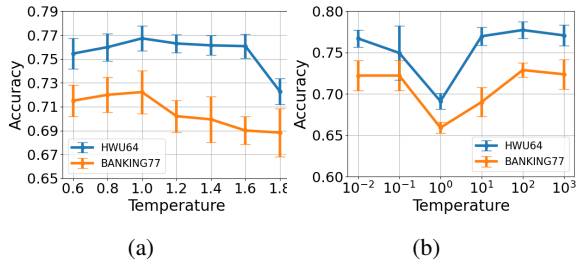


Figure 8: Impact of the temperature parameter of GPT-J (a) and self-distillation (b). The experiments are conducted in 5-shot scenarios.

observed that DFT++ outperforms many competitive methods fine-tuned on extra data even when the number of labeled data is small.

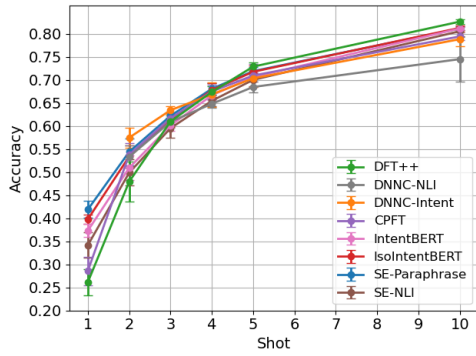
Keywords used to collect the corpus for an alternative context augmentation method As introduced in subsection 3.4, one alternative context augmentation method involves manually collecting a domain-specific corpus. We experiment with BANKING77. To collect an external corpus, we extract web pages from Wikipedia⁶ with keywords closely related to “Banking”, such as “Bank” and “Credit card”. The adopted keywords are summarized in Table 10.

“Bank”, “Credit”, “Debt”, “Payment”, “Fund”, “Credit card”, “Banking agent”, “Bank regulation”, “Cheque”, “Coin”, “Deposit account”, “Electronic funds transfer”, “Finance”, “Internet banking”, “Investment banking”, “Money”, “Wire transfer”, “Central bank”, “Credit union”, “Public bank”, “Cash”, “Call report”, “Ethical banking”, “Loan”, “Mobile banking”, “Money laundering”, “Narrow banking”, “Private banking”

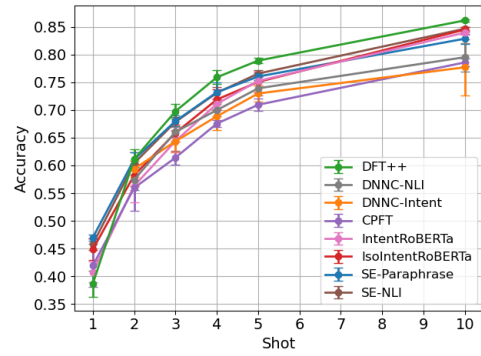
Table 10: Key words used to collect the corpus from Wikipedia.

Analysis of hyper-parameters We show the impact of the temperature parameter of GPT-J and self-distillation in Fig. 8. The temperature parameter of GPT-J controls the diversity of the generated context. A higher temperature makes the generated text more diverse. As shown in the figure, the best performance is reached when the diversity is moderate. For self-distillation, both small and large temperatures can produce good results.

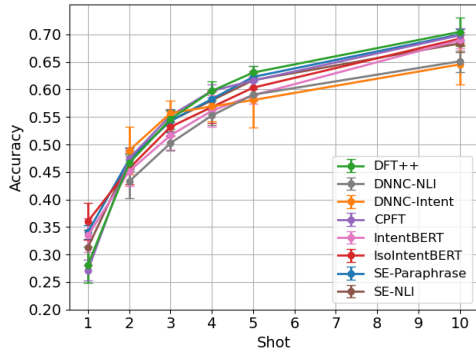
⁶<https://en.wikipedia.org>



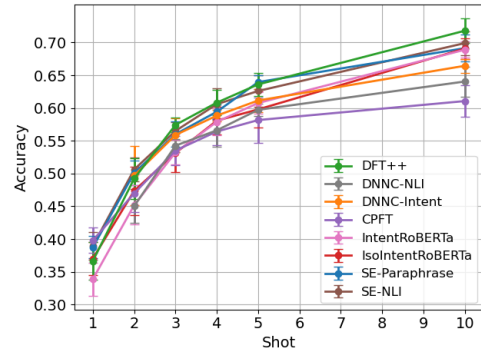
(a) BERT-based experiments on BANKING77.



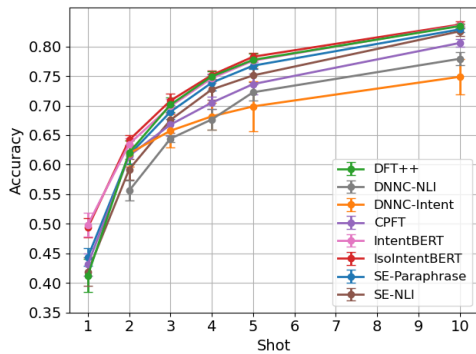
(b) RoBERTa-based experiments on BANKING77.



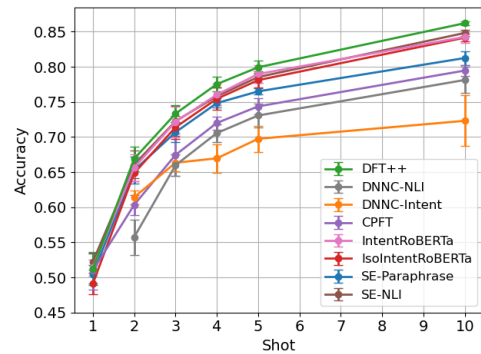
(c) BERT-based experiments on HINT3.



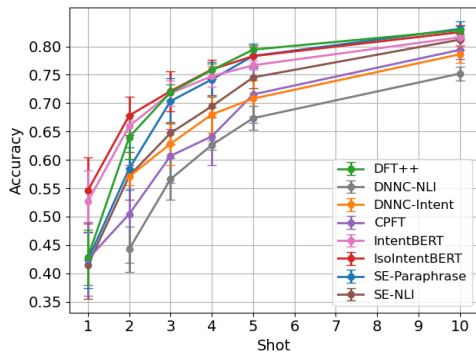
(d) RoBERTa-based experiments on HINT3.



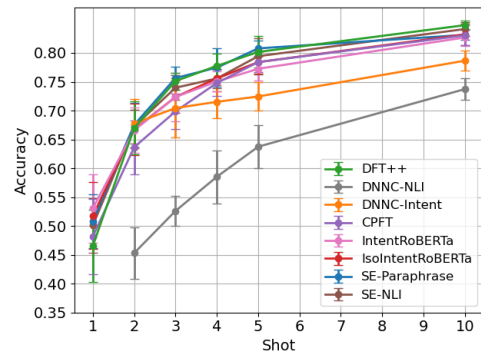
(e) BERT-based experiments on HWU64.



(f) RoBERTa-based experiments on HWU64.



(g) BERT-based experiments on MCID.



(h) RoBERTa-based experiments on MCID.

Figure 9: Impact of the number of labeled data on model performance.