



Children's Health: Integrated School-Based Tele-Behavioral Health Program

Mission

Making life better for children by integrating the physical, mental and social wellbeing components of health in accessible and sustainable ways within our community.

Kaiser Health News

By Anna Gorman; September 23, 2015

"A growing body of research shows that children who experience abuse, neglect or other 'toxic stress' have a greater likelihood of developing chronic diseases when they get older... In response, the American Academy of Pediatrics is urging doctors to intervene by identifying and offering assistance to parents and young patients they believe to be at risk... Researchers have found that later-life problems can be reduced if children are able to develop a healthy relationship with a parent or caregiver, or get certain clinical treatments."

Program Goals

- Prevention: Issues identified earlier in the child's life with rapid referral, assessment and treatment recommendations
- De-stigmatization: Behavioral Health issues are a normal part of everyday life
- Convenience: Families treated at their school or at home via Virtual Visit
- Reduced demand on limited resources: Many issues can be treated efficiently without the need for psychiatry/psychology/therapy referrals such that these precious resources can be saved for longer term, more severe cases
- Resilience: Students and parents learn how to better manage life's challenges through our program curriculum and interventions – skills that will stay with them as they grow and mature

Services Provided

- Licensed Behavioral Health Clinician (LCSW, LPC, LMFT) assigned to the school to assist students with behavioral health issues
- Brief telephonic assessment offered to every referral
- Ongoing follow up care management to assure treatment progress and needs are met
- Advocacy with school and other providers and family resources
- On-site schedule to be developed
- Collaborative conversations with school personnel
- Clinicians will be contracted with managed care payers (Fall 2018)
- Consent forms clarify role of Children's Health as separate from school personnel
- Immediate referral access via phone queue to a BH clinician for consultation and patient/family assessment
- Short-term treatment interventions, including brief action planning, behavioral activation and psycho-educational counseling
- Communication back to school personnel about student progress
- Measured outcomes to assess effectiveness of interventions
- Minimal space needed – can meet with student or family members virtually.
- Trending patient needs for development of additional services
- Documentation and billing (Fall 2018) by Children's Health

Contact

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