CONTENTS

		Page No.
CHAPTER - 1	Introduction	1-8
CHAPTER – 2	Biology and overview of ageing – An ayurvedic concept	9-24
CHAPTER – 3	Modern concept of ageing	25-48
CHAPTER – 4	Age related neurochemical changes and their regulation by Ayurveda formulations	49-56
CHAPTER – 5	Anti-Oxidant property of Hippophae rhamnoides and its role in the management of neurodegenerative disorders	57-80
CHAPTER – 6	Age Consistent hyperhomocysteinemia and risk of neurodegeneration-benefits of hippophae rhamnoides	s 81-94
CHAPTER – 7	Heavy metal induced neuro-toxicity and amelioration through hippophae rhamnoids (seabuckthorn)	n 95-119
CHAPTER – 8	Neurodegeration associated with cardiovascular disorder and role of ayurvedic management	120-150
CHAPTER – 9	Ayurvedic Modalities for Management for Senile Dementia of Alzheimer's Type (SDAT)	151-192
CHAPTER - 10	Prevention and Management of Parkinson's Disease by Ayurvedic formulations	193-222
CHAPTER – 11	Role of Âyurvedic formulation in the management of Anxiety neurosis among elderly	223-243
CHAPTER – 12	Role of Âyurvedic formulation in the management of Depression among the elderly	244-264
CHAPTER – 13	Management of insomnia among the elderly by ayurvedic drugs	265-307