

Brief Report

# Relationships of Circulating and Preovulatory Follicular Fluid Hydrogen Peroxide Levels with Body Condition Score and Metabolome Profiles of Lactating Beef Cows

Kennedy S. Hill <sup>1</sup>, J. Lannett Edwards <sup>1</sup>, Rebecca R. Payton <sup>1</sup>, F. Neal Schrick <sup>1</sup> , Shawn R. Campagna <sup>2</sup> ,  
Emma A. Hessock <sup>1</sup>  and Sarah E. Moorey <sup>1,\*</sup> 

<sup>1</sup> Department of Animal Science, Institute of Agriculture and AgResearch, University of Tennessee, Knoxville, TN 37996, USA; khill55@utk.edu (K.S.H.); jedwards@utk.edu (J.L.E.); rfrazor@utk.edu (R.R.P.); fschrick@utk.edu (F.N.S.); ehessock@utk.edu (E.A.H.)

<sup>2</sup> Department of Chemistry, University of Tennessee, Knoxville, TN 37919, USA; campagna@utk.edu

\* Correspondence: smoorey5@utk.edu

**Abstract:** Nutrient requirements for lactation often lead to a negative energy balance accompanied by reduced body condition and fertility in cattle. A previous study identified an increased abundance of serum metabolites associated with tissue mobilization and reactive oxygen species (ROS) generation in postpartum beef cows with a thin versus moderate body condition. No studies, however, have measured ROS levels in the serum and follicular fluid of postpartum beef cows for comparison with body condition. We hypothesized that beef cows with a thin body condition would have elevated levels of ROS, as indicated by hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>), in serum and preovulatory follicular fluid. Serum and follicular fluid samples from thin (*n* = 12), moderate (*n* = 11), and obese (*n* = 16) cows underwent a H<sub>2</sub>O<sub>2</sub> bioluminescence assay. Levels of H<sub>2</sub>O<sub>2</sub> in each biofluid were then assessed to determine relationships with cow body condition and serum or follicular fluid metabolites. Levels of H<sub>2</sub>O<sub>2</sub> did not differ among body condition categories. In thin cows, the serum H<sub>2</sub>O<sub>2</sub> level was positively related to the abundance of 3 metabolites with antioxidant activity. Among all animals, the follicular fluid H<sub>2</sub>O<sub>2</sub> level was positively associated with the abundance of 13 metabolites, many of which had antioxidant roles. The results suggest an impact of postpartum beef cow metabolism on ROS levels in preovulatory follicular fluid or serum and highlight the need for additional studies to further investigate this potential impactor of reproductive efficiency and sustainable beef production.

**Keywords:** beef cattle; body condition; hydrogen peroxide; metabolome; reactive oxygen species



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## 1. Introduction

Sustainability of the cattle industry requires reproductive success to be at the forefront of beef and dairy cattle operations. Extremes in the body condition score (BCS) have been associated with negative effects on fertility and the overall productivity of beef and dairy cattle [1–3]. In beef specifically, cow resumption of postpartum estrous cyclicity and maintenance of a 365-day calving interval are essential for production efficiency [4]. Beef cows with a low BCS have elongated anestrous periods, a reduced conception rate, and longer calving intervals [5–7]. Furthermore, beef and dairy cows with a thin BCS have reduced numbers of recruited follicles and lower oocyte quality, leading to reduced embryo cleavage and blastocyst production [8–10].

One mechanism by which an extreme BCS likely influences fertility is through the systemic accumulation of reactive oxygen species (ROS) generated by increased oxygen-related processes such as mitochondrial oxidative metabolism and inflammation [11,12]. To maintain cellular and systemic homeostasis, normal levels of ROS production are efficiently counterbalanced by antioxidant production [13]. Dysregulated or extreme ROS levels affect numerous facets of dairy and beef cattle health, leading to mastitis, acidosis,

pneumonia, and other diseases that often occur during the time of postpartum and peak lactation [14]. Elevated systemic ROS levels may also negatively influence fertility in thin cows by entering the follicle through the blood–follicle barrier and decreasing oocyte competence for embryo development. Inherently, moderate and regulated levels of ROS are not negative for fertility, as ROS serve positive roles in both ovulation and oocyte maturation [15]. Dysregulated or extreme levels of ROS in the circulation and in the follicle, however, can negatively impact reproduction [16]. Indeed, ROS accumulation in granulosa cells reduces gonadotropin sensitivity and leads to cellular apoptosis [17]. Hydrogen peroxide has also specifically been associated with apoptosis in the human embryo [18]. Additionally, the overall follicular fluid ROS level was greater in human follicles containing an oocyte that failed to fertilize or developed into a grade 3 embryo compared to follicles containing an oocyte that developed into a high-quality embryo (grade 1 or 2 [19]). Negative effects of extremely high levels of ROS on oocyte competence appear to be related to apoptotic events, a failure to complete meiotic progression to metaphase II, and reduced DNA integrity [20–22]. A thin BCS has been associated with increased circulating and intrafollicular ROS levels in lactating dairy cattle [23], but such relationships in beef remain to be elucidated. A previous study demonstrated that beef cattle with a thin versus moderate BCS had elevated levels of metabolites indicative of tissue mobilization, increased mitochondrial activity, and generation of ROS in serum [24]. No studies, however, have measured ROS levels in serum and follicular fluid from postpartum beef cows for comparison with body condition. Increased foundational knowledge of these factors in beef cattle is critical to relate knowledge in dairy and other species to the beef female and one day develop appropriate strategies to improve the management of ROS in beef cows if proven significant for reproductive performance. We hypothesized that preovulatory serum and follicular fluid ROS levels would differ among beef cows with thin, moderate, and obese BCS. We furthermore hypothesized that ROS levels would be related to the metabolome profiles of serum and preovulatory follicular fluid. Hydrogen peroxide ( $H_2O_2$ ) is a common ROS, and its levels are indicative of the overall ROS content in biofluids [25,26]. Based on preliminary data indicative of increased circulating ROS levels in thin beef cows and the biological relevance of  $H_2O_2$  to explore the overall ROS content, we performed a study with the primary objective to perform a  $H_2O_2$  bioluminescence assay on preovulatory serum and follicular fluid collected from lactating beef cattle with varying BCS and determine if the BCS was related to the abundance of  $H_2O_2$ . Additionally, we aimed to test relationships between serum and follicular fluid  $H_2O_2$  levels and metabolite levels in each biofluid.

## 2. Materials and Methods

### 2.1. Experimental Overview

Serum and preovulatory follicular fluid samples, cow production parameters (BCS, age, weight, and days postpartum), circulating and intrafollicular estradiol and progesterone concentrations, preovulatory follicle diameter, and circulating and intrafollicular metabolome profiles collected or generated as part of Horn et al., 2022 [24] were utilized in this study. Circulating and intrafollicular  $H_2O_2$  contents from cows with a thin ( $n = 12$ ), moderate ( $n = 11$ ), or obese ( $n = 16$ ) body condition were examined using a commercially available  $H_2O_2$  luminescence assay. Serum and preovulatory follicular fluid  $H_2O_2$  luminescence was compared among body conditions and assessed for relationships with serum and follicular fluid metabolite abundances.

### 2.2. Serum and Preovulatory Follicular Fluid Collection

Serum and preovulatory follicular fluid were collected as part of a larger study [24]. All procedures and protocols were approved by the University of Tennessee Animal Care and Use Committee. Briefly, postpartum beef cows (Angus,  $n = 130$ ) underwent synchronization of preovulatory follicle development. Synchronization procedures included gonadotropin-releasing hormone (GnRH; Cystorelin; 100  $\mu$ g, Boehringer Ingelheim, Ingelheim am Rhein, Germany) administration on d -9, prostaglandin  $F_{2\alpha}$  (PGF; 12.5 mg of

dinoprost tromethamine/mL, Lutalyse HighCon, Zoetis Animal Health, Kalamazoo, MI, USA) administration on d -2, GnRH administration on d 0 (approximately 50 h post PGF), and preovulatory follicle aspiration on d 1 (approximately 19 h post GnRH).

Blood was collected at each time point, was allowed to clot at room temperature for 1 h, and was incubated at 4 °C for 24 h before centrifugation at  $1200\times g$  for 25 min at 4 °C to collect serum. Serum was collected into borosilicate glass tubes and stored at  $-20\text{ }^{\circ}\text{C}$  for further analysis. Preovulatory follicular fluid was collected approximately 19 h post GnRH using transvaginal aspiration of the largest follicle of each cow, as previously performed by our lab [24,27,28]. Briefly, the cow was restrained in a head catch and squeeze chute on site, and an ultrasound-guided aspiration device containing a CF4-9 convex ultrasound probe attached to a Samsung HM70 A ultrasound, an 18-gauge needle, and a series of plastic tubing was positioned in the anterior vagina. The needle was pushed through the vaginal wall, ovarian cortex, and antrum of the preovulatory follicle. Follicular fluid was then aspirated by syringe and searched to remove the cumulus–oocyte complex. Any cells in the follicular fluid were pelleted by centrifugation at  $500\times g$  at 4 °C for 5 min. Neat follicular fluid was aliquoted into Eppendorf tubes, snap frozen in liquid nitrogen, and stored at  $-80\text{ }^{\circ}\text{C}$  for further analysis.

### 2.3. Body Condition, Hormone, and Metabolome Data

The spread of BCS observed in Horn et al., 2022 [24] and utilized in this study were not the result of any intentional modifications in animal nutrition or husbandry. All animals were housed together and allowed ad libitum grazing of fescue and clover-based pasture and continuous access to loose mineral. Cows were also fed a haylage mixture of wheat, timothy, and orchard grass alongside protein-supplemented corn silage from early winter to study completion in mid-March. At the time of preovulatory follicle aspiration, animals were assigned a BCS based on a scale of 1 (emaciated) to 9 (obese) using visual appraisal and palpation of fat cover in the brisket, ribs, hips, pin bones, and tail head [29]. Cows assigned a BCS of 4 were categorized as thin, those assigned a BCS of 6 were categorized as moderate, and animals assigned a BCS of 8 or 9 were categorized as obese. Serum and follicular fluid hormone concentrations were assessed as indicated in Horn et al., 2022 [7] using a radioimmunoassay for serum estradiol [30], the DetectX Serum  $17\beta$ -Estradiol ELISA Kit (Arbor Assays, Ann Arbor, MI, USA) for follicular fluid estradiol [31], and the ImmChem Progesterone Double Antibody Radioimmunoassay Kit (MP Biomedicals, Costa Mesa, CA, USA) for serum and follicular fluid progesterone [32]. Ultra-High Performance Liquid Chromatography–High-Resolution Mass Spectrometry (UHPLC-HRMS) was performed at the University of Tennessee Biological and Small Molecule Mass Spectrometry Core (RRID: SCR\_021368), as indicated in Horn et al., 2022 [24], to detect 50 and 38 metabolites in serum and preovulatory follicular fluid samples, respectively.

### 2.4. ROS Assay

A commercially available  $\text{H}_2\text{O}_2$  luminescent assay (ROS-Glo™  $\text{H}_2\text{O}_2$  Assay; Promega Corporation) was performed on serum and preovulatory follicular fluid samples following the manufacturer's instructions. This non-species-specific assay utilizes a derivatized luciferin substrate that is incubated with a sample and reacts directly with  $\text{H}_2\text{O}_2$  to generate a luciferin precursor. The luciferin precursor is then converted to luciferin and provides a light signal that is proportional to the level of  $\text{H}_2\text{O}_2$  present in the sample. Serum samples underwent  $10\times$  dilution in ultra-pure water prior to the assay. The  $\text{H}_2\text{O}_2$  assay was performed in duplicate on diluted serum samples from cows with a thin ( $n = 12$ ), moderate ( $n = 16$ ), or obese ( $n = 11$ ) BCS. From the samples collected in Horn et al., 2022 [24], 2 cows with a thin BCS, 2 cows with a moderate BCS, and 4 cows with an obese BCS were excluded from the serum  $\text{H}_2\text{O}_2$  assay due to a lack of sample quantity. Neat follicular fluid samples from cows with a thin ( $n = 9$ ), moderate ( $n = 18$ ), or obese ( $n = 10$ ) BCS were utilized in duplicate for the  $\text{H}_2\text{O}_2$  assay. Follicular fluid from 5 cows classified as thin and 5 cows

classified as obese in Horn et al., 2022 [24] were excluded from the follicular fluid H<sub>2</sub>O<sub>2</sub> assay due to a lack of sample quantity.

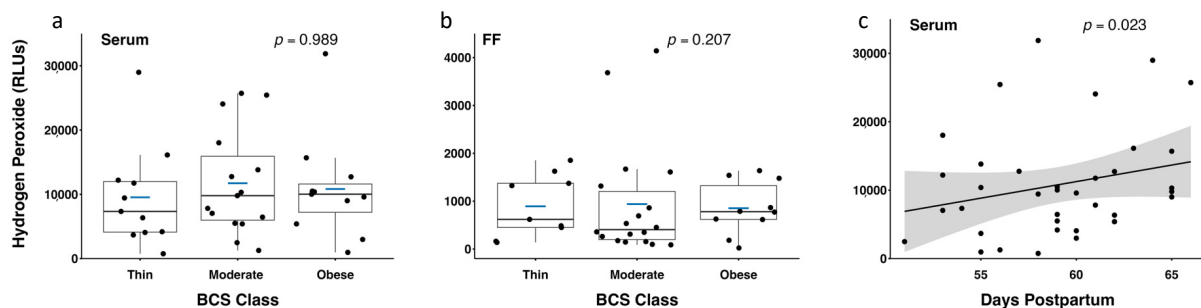
### 2.5. Statistical Analysis

All statistical procedures were performed using R Studio (version 4.3.2; RStudio Team 2023, Boston, MA, USA). Best fit linear models utilizing cow parameters, estradiol and progesterone concentrations, and the follicle size as covariates were used to determine relationships between the H<sub>2</sub>O<sub>2</sub> level (luminescence) in serum or follicular fluid among body conditions and with serum or follicular fluid metabolite abundances. An interaction between the BCS class and H<sub>2</sub>O<sub>2</sub> level was observed in 11 models relating serum H<sub>2</sub>O<sub>2</sub> and metabolite levels. The 11 metabolites in which an interaction between the BCS class and H<sub>2</sub>O<sub>2</sub> level was observed were further analyzed by subsetting data to assess the relationship between serum H<sub>2</sub>O<sub>2</sub> levels and metabolite abundances in each BCS class individually. Significance in all analyses was determined at  $p \leq 0.05$ .

## 3. Results

### 3.1. Relationship between Serum and Preovulatory Follicular Fluid H<sub>2</sub>O<sub>2</sub> Levels and Cow BCS

There was no difference in serum or preovulatory follicular fluid H<sub>2</sub>O<sub>2</sub> levels among cows with thin, moderate, and obese body conditions ( $p > 0.20$ , Figure 1a,b). The only significant covariate in models assessing the relationship between the cow BCS and serum or follicular fluid H<sub>2</sub>O<sub>2</sub> level was cow days postpartum, which was positively related to the serum H<sub>2</sub>O<sub>2</sub> level ( $p = 0.02$ , Figure 1c).



**Figure 1.** Relationship between (a) serum hydrogen peroxide levels and body condition score (BCS), (b) follicular fluid hydrogen peroxide levels and BCS, and (c) serum hydrogen peroxide levels and cow days postpartum. RLUs, relative luminescence units; FF, follicular fluid.

### 3.2. Relationship between Serum H<sub>2</sub>O<sub>2</sub> and Metabolite Levels

No serum metabolite's abundance was related to the serum H<sub>2</sub>O<sub>2</sub> level when all samples were analyzed together. A significant interaction was detected between cow BCS classification and serum H<sub>2</sub>O<sub>2</sub> abundance in the analysis of 11 serum metabolites (Table 1). Of the 11 metabolites in which an interaction between cow BCS classification and serum H<sub>2</sub>O<sub>2</sub> abundance was detected, the abundances of succinate/methylmalonate, taurine, and methyl succinic acid were positively related to serum H<sub>2</sub>O<sub>2</sub> levels in thin cows. On the contrary, the abundances of 2-dehydro-D-gluconate, alanine/sarcosine, creatinine, and proline were negatively associated with serum H<sub>2</sub>O<sub>2</sub> levels in moderate conditioned cows, and no serum metabolites were significantly associated with serum H<sub>2</sub>O<sub>2</sub> abundance in obese animals.

**Table 1.** Serum metabolites whose abundance was associated with a significant interaction between the cow body condition score and serum hydrogen peroxide level.

	Interaction BCS * H <sub>2</sub> O <sub>2</sub>	Thin H <sub>2</sub> O <sub>2</sub>	Moderate H <sub>2</sub> O <sub>2</sub>	Obese H <sub>2</sub> O <sub>2</sub>
<sup>1</sup> Metabolite Name	<sup>2</sup> $p$	<sup>3</sup> $p$ (estimate)	<sup>3</sup> $p$ (estimate)	<sup>3</sup> $p$ (estimate)

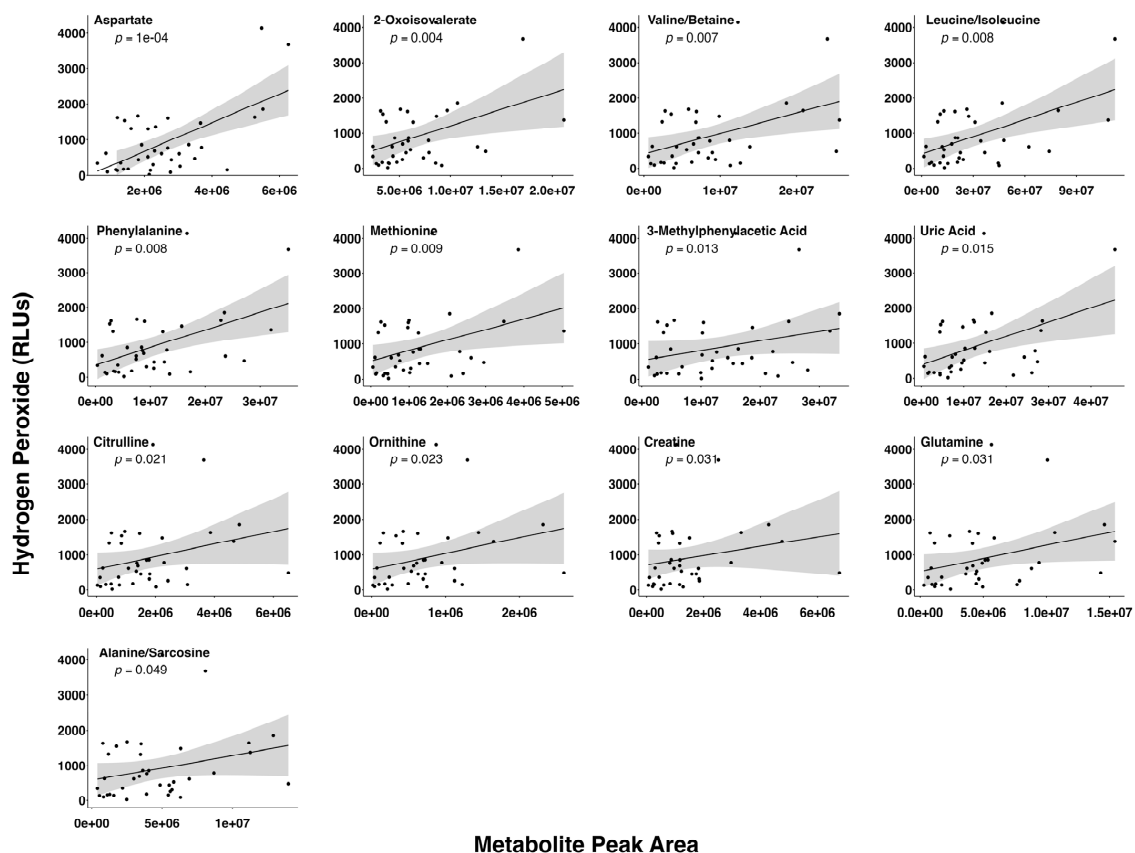
Table 1. Cont.

	Interaction BCS * H <sub>2</sub> O <sub>2</sub>	Thin H <sub>2</sub> O <sub>2</sub>	Moderate H <sub>2</sub> O <sub>2</sub>	Obese H <sub>2</sub> O <sub>2</sub>
2-Aminoadipate	0.0035	0.0661 (112.3)	0.0693 (−47.4)	0.2252 (27.9)
2-Dehydro-D-Gluconate Glyoxylate	0.0115	0.1527 (77)	0.0148 (−83)	0.2466 (69)
Alanine/Sarcosine	0.0310	0.0809 (358)	0.1909 (−190)	0.2092 (162)
Creatinine	0.0255	0.1572 (174)	0.0242 (−255)	0.6234 (−61)
Proline	0.0513	0.1432 (155)	0.043 (−135)	0.6370 (−49)
2-Oxoisovalerate	0.0455	0.4954 (53)	0.0468 (−116)	0.2622 (60)
Succinate/Methylmalonate	0.0265	0.3769 (51)	0.0719 (−105)	0.1628 (105)
Taurine	0.0008	0.0001 (653)	0.1082 (−201)	0.2775 (146)
Methyl Succinic Acid	0.0009	0.0095 (424)	0.1436 (−135)	0.0764 (240)
Ornithine	0.0003	0.0016 (230)	0.1572 (−60)	0.6935 (−23)
	0.0319	0.0677 (84)	0.0703 (−50)	0.8930 (−4)

<sup>1</sup> The metabolite was unable to be discerned between two possible metabolites if listed with a “/” between two metabolite names. <sup>2</sup> *p* value for the interaction between serum metabolite levels and serum H<sub>2</sub>O<sub>2</sub> levels in the analysis including all animals. <sup>3</sup> *p* value and estimate for the relationship between serum metabolite levels and serum H<sub>2</sub>O<sub>2</sub> levels in the respective body condition score category. BCS, body condition score; H<sub>2</sub>O<sub>2</sub>, hydrogen peroxide.

### 3.3. Relationship between Preovulatory Follicular Fluid H<sub>2</sub>O<sub>2</sub> and Metabolite Levels

Thirteen follicular fluid metabolites (aspartate, 2-oxoisovalerate, valine/betaine, leucine/isoleucine, phenylalanine, methionine, 3-methylphenylacetic acid, uric acid, citrulline, ornithine, creatine, glutamine, and alanine/sarcosine) had a positive relationship with the follicular fluid H<sub>2</sub>O<sub>2</sub> level (Figure 2).



**Figure 2.** Relationship between hydrogen peroxide levels and preovulatory follicular fluid metabolite abundances. The metabolite was unable to be discerned between two possible metabolites if listed with a “/” between two metabolite names. RLUs, relative luminescence units.

#### 4. Discussion

This manuscript is the first to our knowledge to relate circulating and intrafollicular ROS levels to BCS and metabolite levels in postpartum beef cows. The primary objective of this study was to determine if circulating and preovulatory follicular fluid ROS levels differed among thin, moderate, and obese conditioned beef cows. Animals of the current study were Angus in breed. Therefore, it is important to note that a limitation of the study is lack of sampling among various other beef breeds or species (*Bos taurus* vs. *Bos indicus*). It was surprising that no differences in  $H_2O_2$  levels were observed among the BCS classes. Previous studies in dairy cows observed a relationship between circulating ROS levels and cow body condition [23]. This said, dairy cows experience a far greater negative energy balance and loss of body condition than beef cows. Thin cows in the present study were previously determined to have greater circulating  $\beta$ -hydroxybutyrate levels compared to moderate and obese animals [24]. Increased abundances of circulating  $\beta$ -hydroxybutyrate and numerous metabolites related to TCA cycle activity and mitochondrial function suggested that a greater negative energy balance and higher ROS levels would be observed in the thin cows of this study. The metabolic conditions that ultimately lead to a negative energy balance in these beef females mirror those observed in high-producing dairy cattle at the start of lactation in which the cow is unable to consume the dietary energy needed to maintain the metabolic requirements for lactation [33]. It is possible that the thin beef cows of the current study simply did not reach the level of negative energy balance required to observe differences in serum or follicular fluid  $H_2O_2$  levels. One limitation of the current study's design is the lack of knowledge related to length of time cows were in the respective body conditions and if weight was being gained or lost at the time of sample collections. As noted further in the discussion of serum metabolites, it is also possible that thin cows were effectively mitigating the levels of  $H_2O_2$ , and this contributed to lack of differences in  $H_2O_2$  levels among BCS classes. It is also noteworthy that  $H_2O_2$  does not fully depict the complete ROS composition of either biofluid assessed in this study. It was logical to test  $H_2O_2$  in these preliminary samples because the sample quantity was limited and  $H_2O_2$  is a common ROS whose levels are indicative of the overall ROS content in biofluids [25,26]. Nevertheless, the lack of a complete ROS profile was a limitation of the current study, and further investigation of a more complete ROS profile in beef animals with a greater variation in BCS could yield more significant differences.

An interesting result of the current study was the positive relationship between cow days postpartum and serum  $H_2O_2$  levels. The start of peak lactation in cattle occurs at or around 30 days postpartum [34,35]. Animals in the current study were approximately 60 days postpartum when samples were collected, and were therefore lactating at peak levels that would lead to some degree of negative energy balance. It is interesting that no relationship was observed between follicular fluid  $H_2O_2$  levels and days postpartum. This relationship in serum and lack of relationship in follicular fluid follows the same trend as the effect of the BCS on metabolite abundance observed in these animals and reported in Horn et al., 2022 [24]. There, we postulated that while the negative energy balance was high enough to lead to impacts in serum, the levels of metabolic stress had not reached levels adequate to affect the intrafollicular environment. The same hypothesis may hold true when considering an effect of days postpartum on  $H_2O_2$  abundance within serum and follicular fluid. A limitation of the current study is that samples were collected at only one time point. This did not allow for an assessment of a relationship between serum and follicular fluid  $H_2O_2$  with cow phenotypes or metabolites at varied points in lactation or allow for statistical procedures to account for distinct sampling time points in models. Future studies to examine potential relationships between days postpartum and follicular fluid or serum ROS levels at greater intervals postpartum would be of great benefit to determine if such a relationship emerges in follicular fluid after a longer duration of lactation. Additionally, determining the time point in which a positive relationship between days postpartum and serum ROS levels potentially diminishes due to a downward trend in lactation would be especially insightful when considering common beef production practices to rebreed cows

at approximately 80 days postpartum to maintain a 365-day calving interval. A continued positive relationship between ROS levels and days postpartum in this ever-critical period could highlight an opportunity to develop therapeutic or management strategies to mitigate the potential negative impacts of excessive ROS levels on beef cow fertility.

Although there was no relationship between the BCS and serum H<sub>2</sub>O<sub>2</sub> level, there was a significant interaction between the cow BCS and H<sub>2</sub>O<sub>2</sub> level when assessing relationships between serum H<sub>2</sub>O<sub>2</sub> and metabolite levels. Such an observation suggests that while differences in cows of each BCS category were not large enough to impact H<sub>2</sub>O<sub>2</sub> levels directly, they did influence how H<sub>2</sub>O<sub>2</sub> levels related to metabolite abundance. A limitation of this study related to statistical analyses and animal numbers is that the study was not designed to evaluate each BCS category individually. Preliminary results from analyses assessing each BCS class individually provide an interesting base from which to mount future studies targeted to explore relationships between serum metabolite and ROS levels in specific BCS categories. Although only statistically significant metabolites are discussed in this study, future studies should take heed of the identified statistical tendencies between metabolite abundances and H<sub>2</sub>O<sub>2</sub> levels in the serum of each BCS category due to the limited power when data were subset by BCS category for further analyses. It is extremely intriguing that the relationship between serum H<sub>2</sub>O<sub>2</sub> levels and significant metabolites appears to be negative in moderate conditioned animals, positive in thin cows, and potentially non-existent in obese animals.

Positive relationships between the serum abundance of H<sub>2</sub>O<sub>2</sub> and the metabolites taurine, methyl succinic acid, and succinate/methylmalonate in thin cows suggest systemic efforts to regulate excessive ROS levels in such animals. The lack of relationships between levels of these metabolites and H<sub>2</sub>O<sub>2</sub> in the serum of moderate and obese animals suggests that circulating ROS may have yet to reach levels in which regulation is required in these animals with a higher body condition. Such insights into the metabolic milieu of thin cows may also explain why no difference in circulating H<sub>2</sub>O<sub>2</sub> levels was observed among the BCS categories. Taurine is a non-essential amino acid that is an effective antioxidant [36]. It plays a key role in mitochondrial integrity and has also been proven to detoxify H<sub>2</sub>O<sub>2</sub> and other free radicals without acting as a classical scavenger of ROS formation [37]. Furthermore, although succinate could not be discriminated from methylmalonate in the current study, a positive relationship the levels of between either metabolite and H<sub>2</sub>O<sub>2</sub> in the serum of thin animals is logical. Succinate has previously been linked to elevated ROS levels [38] and both the production and elimination of mitochondrial H<sub>2</sub>O<sub>2</sub> [39], while an elevated methylmalonate level has been associated with disease phenotypes resulting from elevated ROS levels in humans [40]. If thin cows are actively combatting increasing H<sub>2</sub>O<sub>2</sub> levels via the production of antioxidants such as these metabolites, our hypothesized increase in ROS levels within thin cows could be mitigated through an effective ROS scavenging system.

The positive relationship between 13 preovulatory follicular fluid metabolites and follicular fluid H<sub>2</sub>O<sub>2</sub> could be explained by both systemic and intrafollicular events. The blood–follicle barrier is permeable to numerous metabolites and ROS [41]. Interestingly, of the preovulatory follicular fluid metabolites related to follicular fluid H<sub>2</sub>O<sub>2</sub> levels, only 2-oxoisovalerate, ornithine, and alanine/sarcosine were significantly related or tended to be related to H<sub>2</sub>O<sub>2</sub> levels in the serum of thin or moderately conditioned cows. Relationships between the levels of ornithine and alanine/sarcosine with H<sub>2</sub>O<sub>2</sub> levels in serum and preovulatory follicular fluid are likely related to the mitigation of oxidative stress or accumulation of ROS, as ornithine has been demonstrated to induce signaling pathways imperative for cellular protection against ROS production, as well as to rescue cells damaged by oxidative stress [42]. While we were unable to discern the metabolite alanine from sarcosine, it is interesting that alanine has previously been utilized to induce oxidative stress and apoptosis in tumor cells [43], and sarcosine treatment increased ROS levels in dendritic cells as a means of anti-cancer treatment [44]. The lack of relationship between the same metabolites and H<sub>2</sub>O<sub>2</sub> levels in serum and preovulatory follicular fluid and the known metabolic activity within the preovulatory follicle during the time that

samples were collected [45] lead us to speculate that a majority of intrafollicular  $H_2O_2$  and metabolite relationships are due to intrafollicular metabolism.

The process of oocyte maturation, which is occurring in the preovulatory follicle at the time samples were collected, requires increased mitochondrial activity and cellular metabolism, and thus leads to increased ROS production [46]. Furthermore, the metabolism of somatic follicular cells increases during this time and is associated with elevated levels of metabolites [45] and ROS [47]. Increasing ROS levels leading up to ovulation is critical for normal ovulatory events, but high fertility relies on the maintenance of the oxidative balance. Given the relationship between metabolic activity and elevated ROS levels, and the necessity to maintain oxidative balance within the follicle, it is not surprising that a number of the preovulatory follicular fluid metabolites positively associated with follicular fluid  $H_2O_2$  levels have known roles in metabolism or oxidative balance. Aspartate and glutamine, metabolites associated with glucose metabolism and the TCA cycle, were positively related to  $H_2O_2$  levels in follicular fluid. Aspartate concentration was positively associated with preovulatory follicle diameter in synchronized beef cows [28], a trait previously associated with cumulus–oocyte metabolism and oocyte competence for embryo development [27,48]. Furthermore, a previous study in women identified positive relationships between the follicular fluid aspartate concentration and both oocyte quality and the fertilization rate [49]. A study in dairy cows recognized a similar relationship between the follicular fluid glutamine concentration and probability of collection of an oocyte capable of producing a blastocyst, although a negative association between the follicular fluid aspartate concentration and blastocyst development was noted [50].

Similar to aspartate, the abundances of methionine, uric acid, and phenylalanine were positively correlated with preovulatory follicle diameter in lactating beef cows [28]. Levels of glutamine, uric acid, phenylalanine, methionine, and creatine, which were all positively related to  $H_2O_2$  levels in follicular fluid in the current study, are associated with elevated ROS levels in various cells or biofluids. These metabolites have proven antioxidant roles [51–55] and were likely elevated in follicular fluid samples with increasing  $H_2O_2$  levels to combat the negative impacts of oxidative stress. Uric acid is an end product of purine metabolism and acts as a potent antioxidant in the extracellular environment, such as the follicular fluid [56]. Glutamine and methionine metabolism provide necessary precursors to fuel glutathione synthesis for the oxidative balance [57–59]. Levels of this important antioxidant fluctuate throughout the estrous cycle but reach their peak during oocyte maturation, when samples in the current study were collected [60–62]. Additionally, methionine serves as a metabolic precursor to S-adenosylmethionine, an essential methyltransferase in the methylation of maternally imprinted genes in the oocyte [63], and the addition of methionine to in vitro maturing oocytes increases oocyte protein synthesis and developmental competency for embryo development [64,65].

The results described within this study are a key first step to better understand the dynamic relationships between body composition, oxidative stress, and reproduction in beef cattle. Additional explorations into the effect of increased ROS levels on postpartum anestrus, follicular recruitment, and oocyte quality may provide more insights into beef cattle rebreeding timelines. As additional foundational knowledge is gained, management strategies to mitigate the negative effects of a low BCS and excessive ROS levels on beef cow reproduction will be informed to positively impact the beef industry and production agriculture.

## 5. Conclusions

This study discovered no difference in serum or preovulatory follicular fluid  $H_2O_2$  levels among lactating beef cows with thin, moderate, and obese BCS. Serum metabolite levels and their relationship with  $H_2O_2$  levels in thin cows suggest that such individuals may be effectively mounting mechanisms to control elevated ROS levels. Thin beef cows in the current study were likely able to successfully mitigate ROS because the levels of negative energy balance and ROS generation had not reached the excessive levels observed



in lactating dairy cows with a thin BCS. Preovulatory follicular fluid metabolites related to H<sub>2</sub>O<sub>2</sub> in this study were likely byproducts of normal follicular metabolism during the preovulatory period. The positive relationships between the levels of metabolites with antioxidant roles and follicular fluid H<sub>2</sub>O<sub>2</sub> levels demonstrates follicular mechanisms to regulate an optimal balance of ROS within the ovulatory follicle.

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**Data Availability Statement:** The raw data supporting the conclusions of this article will be made available by the authors on request. The raw data are not published in an online repository because studies by the PI in this area using the data contained in this manuscript are ongoing.

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