

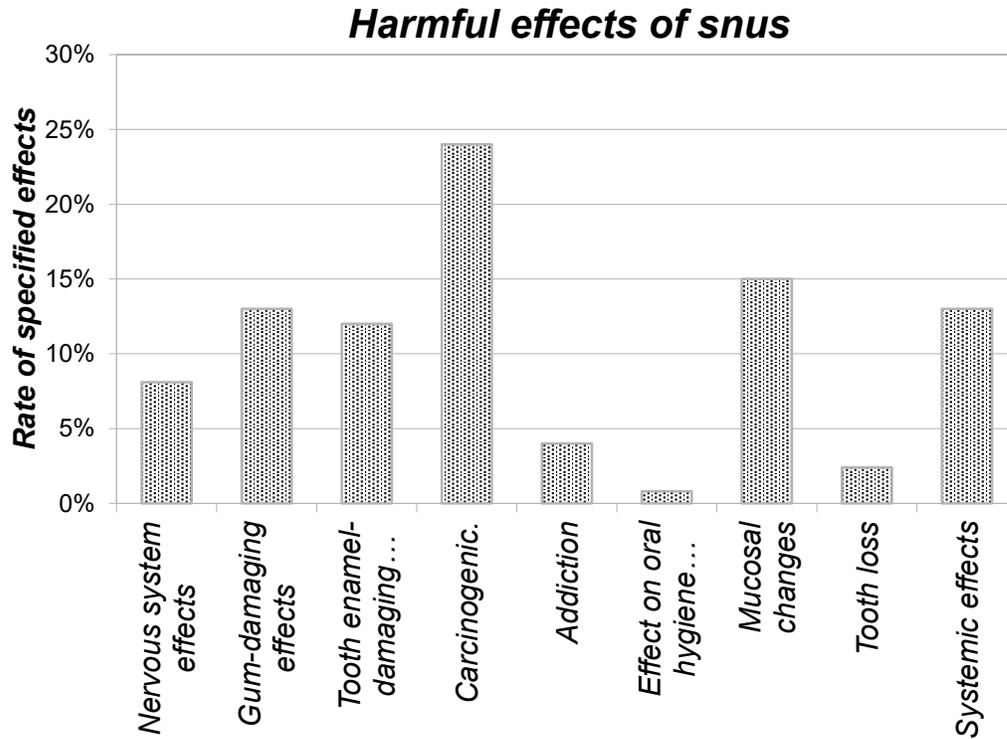
Supplementary materials

Supplementary Table S1 - Demographics

Characteristic	N	Overall	Usage of snus			p-value ²
		N = 248 (100%)	Occasional user	Regular user	Never used snus	
			N = 36 (15%) ¹	N = 20 (8.1%) ¹	N = 192 (77%) ¹	
Sex	248 (100%)					0.088
male		206 (83%)	34 (94%)	18 (90%)	154 (80%)	
female		42 (17%)	2 (5.6%)	2 (10%)	38 (20%)	
Age	246 (99%)					
12		2 (0.8%)	0 (0%)	0 (0%)	2 (1.1%)	
13		26 (11%)	0 (0%)	0 (0%)	26 (14%)	
14		33 (13%)	1 (2.8%)	0 (0%)	32 (17%)	
15		52 (21%)	2 (5.6%)	2 (10%)	48 (25%)	
16		53 (22%)	11 (31%)	1 (5.0%)	41 (22%)	
17		43 (17%)	16 (44%)	5 (25%)	22 (12%)	
18		20 (8.1%)	2 (5.6%)	5 (25%)	13 (6.8%)	
19		16 (6.5%)	4 (11%)	7 (35%)	5 (2.6%)	
20		1 (0.4%)	0 (0%)	0 (0%)	1 (0.5%)	
NA		2	0	0	2	
Location	248 (100%)					0.009
village		53 (21%)	3 (8.3%)	1 (5.0%)	49 (26%)	

capital city		45 (18%)	9 (25%)	4 (20%)	32 (17%)	
capital city agglomeration		5 (2.0%)	2 (5.6%)	1 (5.0%)	2 (1.0%)	
abroad		6 (2.4%)	3 (8.3%)	0 (0%)	3 (1.6%)	
city		139 (56%)	19 (53%)	14 (70%)	106 (55%)	
What regular sports activities do you engage in?	248 (100%)					<0.001
football		141 (57%)	10 (28%)	5 (25%)	126 (66%)	
football, individual sport		3 (1.2%)	0 (0%)	0 (0%)	3 (1.6%)	
ice-hockey		103 (42%)	26 (72%)	15 (75%)	62 (32%)	
other team sport		1 (0.4%)	0 (0%)	0 (0%)	1 (0.5%)	
Highest level of education of mother	247 (100%)					
8th elementary school grade		4 (1.6%)	0 (0%)	0 (0%)	4 (2.1%)	
doctoral studies		2 (0.8%)	0 (0%)	0 (0%)	2 (1.0%)	
university		77 (31%)	17 (47%)	5 (25%)	55 (29%)	
college		53 (21%)	5 (14%)	3 (15%)	45 (24%)	
secondary school		49 (20%)	9 (25%)	8 (40%)	32 (17%)	
do not know		31 (13%)	1 (2.8%)	3 (15%)	27 (14%)	
no educational qualifications		1 (0.4%)	0 (0%)	0 (0%)	1 (0.5%)	
vocational training		30 (12%)	4 (11%)	1 (5.0%)	25 (13%)	
NA		1	0	0	1	
Highest level of education of father	248 (100%)					
8th elementary school grade		3 (1.2%)	0 (0%)	0 (0%)	3 (1.6%)	

doctoral studies		2 (0.8%)	1 (2.8%)	0 (0%)	1 (0.5%)	
university		63 (25%)	14 (39%)	6 (30%)	43 (22%)	
college		55 (22%)	6 (17%)	4 (20%)	45 (23%)	
secondary school		40 (16%)	7 (19%)	6 (30%)	27 (14%)	
do not know		31 (13%)	0 (0%)	3 (15%)	28 (15%)	
vocational training		54 (22%)	8 (22%)	1 (5.0%)	45 (23%)	
Do you use any other tobacco products?	248 (100%)					0.538
Yes		3 (1.2%)	1 (2.8%)	0 (0%)	2 (1.0%)	
No		245 (99%)	35 (97%)	20 (100%)	190 (99%)	
Do you consume articles containing marijuana/cannabis?	248 (100%)					0.074
Occasionally		3 (1.2%)	2 (5.6%)	0 (0%)	1 (0.5%)	
No		245 (99%)	34 (94%)	20 (100%)	191 (99%)	
Do you consume drugs other than marijuana?	248 (100%)					>0.999
No		247 (100%)	36 (100%)	20 (100%)	191 (99%)	
Do not want to answer		1 (0.4%)	0 (0%)	0 (0%)	1 (0.5%)	



Supplementary Figure S1 - Specified harmful effects of snus known by the participants

Supplementary Table S2 - Harmful effects of snus

Do you know what harmful effects snus has on your body? - nervous system effects	248 (100%)					0.131
Yes		20 (8.1%)	3 (8.3%)	4 (20%)	13 (6.8%)	
No		228 (92%)	33 (92%)	16 (80%)	179 (93%)	
Do you know what harmful effects snus has on your body? - Gum-damaging effects	248 (100%)					0.017
Yes		32 (13%)	10 (28%)	3 (15%)	19 (9.9%)	

No		216 (87%)	26 (72%)	17 (85%)	173 (90%)	
Do you know what harmful effects snus has on your body? - Tooth enamel-damaging effects	248 (100%)					0.639
Yes		29 (12%)	5 (14%)	3 (15%)	21 (11%)	
No		219 (88%)	31 (86%)	17 (85%)	171 (89%)	
Do you know what harmful effects snus has on your body? - carcinogenic.	248 (100%)					<0.001
Yes		60 (24%)	20 (56%)	7 (35%)	33 (17%)	
No		188 (76%)	16 (44%)	13 (65%)	159 (83%)	
Do you know what harmful effects snus has on your body? - addiction	248 (100%)					0.014
Yes		10 (4.0%)	4 (11%)	2 (10%)	4 (2.1%)	
No		238 (96%)	32 (89%)	18 (90%)	188 (98%)	
Do you know what harmful effects snus has on your body? - effect on oral hygiene deterioration	248 (100%)					0.176
Yes		2 (0.8%)	0 (0%)	1 (5.0%)	1 (0.5%)	
No		246 (99%)	36 (100%)	19 (95%)	191 (99%)	
Do you know what harmful effects snus has on your body? - mucosal changes	248 (100%)					0.813

Yes		37 (15%)	4 (11%)	3 (15%)	30 (16%)	
No		211 (85%)	32 (89%)	17 (85%)	162 (84%)	
Do you know what harmful effects snus has on your body? - tooth loss	248 (100%)					>0.999
Yes		6 (2.4%)	1 (2.8%)	0 (0%)	5 (2.6%)	
No		242 (98%)	35 (97%)	20 (100%)	187 (97%)	
Do you know what harmful effects snus has on your body? - systemic effects	248 (100%)					0.007
Yes		31 (13%)	2 (5.6%)	7 (35%)	22 (11%)	
No		217 (88%)	34 (94%)	13 (65%)	170 (89%)	
Do you know what harmful effects snus has on your body? - Do not know	247 (100%)					0.011
Yes		109 (44%)	9 (25%)	6 (30%)	94 (49%)	
No		138 (56%)	27 (75%)	14 (70%)	97 (51%)	

Supplementary Table S3 – Snus consumption habits

	N	Overall	Occasional user	Regular user	p-value ²
		248 (100%)	36 (15%)	20 (8.1%)	
When did you first try snus?	56 (23%)				0.263
12-13		2 (3.6%)	0 (0%)	2 (10%)	
13-14		4 (7.1%)	3 (8.3%)	1 (5.0%)	
14-15		18 (32%)	11 (31%)	7 (35%)	

15-16		18 (32%)	14 (39%)	4 (20%)	
16 years old or older		14 (25%)	8 (22%)	6 (30%)	
NA		192	0	0	
What type of snus do you use?	8 (3.2%)				>0.999
Portion/ pouch/ sachet		6 (78%)		6 (78%)	
Filtered		1 (13%)		1 (13%)	
Loose		1 (13%)		1 (13%)	
NA		240	36	12	
Where do you place it inside your mouth?	20 (8.1%)				>0.999
Between the upper lip and the gum		19 (95%)		19 (95%)	
Between the upper lip and the gum, between the lower lip and the gum		1 (5.0%)		1 (5.0%)	
NA		228	36	0	
On average, how many minutes do you keep a portion of snus in your mouth?	20 (8.1%)				>0.999
<10 minutes		7 (35%)		7 (35%)	
10-30 minutes		9 (45%)		9 (45%)	
30-60 minutes		2 (10%)		2 (10%)	
Variable		2 (10%)		2 (10%)	
NA		228	36	0	

Do you usually keep multiple portions in your mouth at once?	20 (8.1%)				>0.999
Yes		6 (30%)		6 (30%)	
No		14 (70%)		14 (70%)	
NA		228	36	0	
How often do you use snus?	20 (8.1%)				>0.999
Occasionally		6 (30%)		6 (30%)	
A few times a week		1 (5.0%)		1 (5.0%)	
Daily		4 (20%)		4 (20%)	
Multiple times a day		9 (45%)		9 (45%)	
NA		228	36	0	
How many years have you been using it regularly?	17 (6.9%)				>0.999
0		1 (5.9%)		1 (5.9%)	
1		7 (41%)		7 (41%)	
2		5 (29%)		5 (29%)	
3		1 (5.9%)		1 (5.9%)	
4		2 (12%)		2 (12%)	
6		1 (5.9%)		1 (5.9%)	
NA		231	36	3	

Supplementary Table S4 - Oral status, oral hygiene habits

Do you experience ulcerative lesions in your mouth?	20 (8.1%)					>0.999
Yes, but they occur elsewhere		1 (5.0%)	0 (NA%)	1 (5.0%)	0 (NA%)	
Yes, where the snus comes into contact		5 (25%)	0 (NA%)	5 (25%)	0 (NA%)	
No		14 (70%)	0 (NA%)	14 (70%)	0 (NA%)	
NA		228	36	0	192	
How often do you brush your teeth?	248 (100%)					0.176
Every two days		2 (0.8%)	0 (0%)	0 (0%)	2 (1.0%)	
Once a day		38 (15%)	5 (14%)	3 (15%)	30 (16%)	
Twice a day		178 (72%)	31 (86%)	14 (70%)	133 (69%)	
Multiple times a day		30 (12%)	0 (0%)	3 (15%)	27 (14%)	
What tools do you use?	248 (100%)					
Electric toothbrush		38 (15%)	9 (25%)	3 (15%)	26 (14%)	
Toothbrush + other (e.g., wooden toothpick)		19 (7.7%)	1 (2.8%)	1 (5.0%)	17 (8.9%)	
Toothbrush + dental floss / interdental cleaner		16 (6.5%)	2 (5.6%)	1 (5.0%)	13 (6.8%)	
Toothbrush + dental floss / interdental cleaner + mouthwash		17 (6.9%)	0 (0%)	0 (0%)	17 (8.9%)	
Toothbrush + mouthwash		53 (21%)	10 (28%)	3 (15%)	40 (21%)	
Toothbrush + mouthwash + other		22 (8.9%)	3 (8.3%)	4 (20%)	15 (7.8%)	

Manual + electric toothbrush		13 (5.2%)	1 (2.8%)	3 (15%)	9 (4.7%)	
Manual toothbrush		70 (28%)	10 (28%)	5 (25%)	55 (29%)	
What toothpaste do you use?	248 (100%)					0.279
Fluoride-free		9 (3.6%)	2 (5.6%)	2 (10%)	5 (2.6%)	
Fluoridated		92 (37%)	11 (31%)	6 (30%)	75 (39%)	
Doesn't know, but uses toothpaste		147 (59%)	23 (64%)	12 (60%)	112 (58%)	
Do your gums tend to bleed when brushing your teeth?	244 (98%)					0.040
Yes		91 (37%)	9 (26%)	12 (60%)	70 (37%)	
No		153 (63%)	26 (74%)	8 (40%)	119 (63%)	
NA		4	1	0	3	
Fluorosis	248 (100%)					0.305
healthy		92 (37%)	9 (25%)	9 (45%)	74 (39%)	
mild		1 (0.4%)	0 (0%)	1 (5.0%)	0 (0%)	
questionable		2 (0.8%)	0 (0%)	0 (0%)	2 (1.0%)	
moderate		1 (0.4%)	0 (0%)	0 (0%)	1 (0.5%)	
missing		1 (0.4%)	0 (0%)	0 (0%)	1 (0.5%)	
very mild		3 (1.2%)	1 (2.8%)	0 (0%)	2 (1.0%)	
Not examined		148 (60%)	26 (72%)	10 (50%)	112 (58%)	
Have you noticed any of the following symptoms? - coated tongue, white coating	85 (34%)					0.562
Yes		29 (34%)	2 (18%)	4 (36%)	23 (37%)	
No		56 (66%)	9 (82%)	7 (64%)	40 (63%)	

NA		163	25	9	129	
Have you noticed any of the following symptoms? - bad taste in the mouth	85 (34%)					0.432
Yes		26 (31%)	5 (45%)	2 (18%)	19 (30%)	
No		59 (69%)	6 (55%)	9 (82%)	44 (70%)	
NA		163	25	9	129	
Have you noticed any of the following symptoms? - sore on the gum	85 (34%)					0.403
Yes		27 (32%)	2 (18%)	5 (45%)	20 (32%)	
No		58 (68%)	9 (82%)	6 (55%)	43 (68%)	
NA		163	25	9	129	
Have you noticed any of the following symptoms? - sharp, burning sensation.	85 (34%)					<0.001
Yes		8 (9.4%)	1 (9.1%)	5 (45%)	2 (3.2%)	
No		77 (91%)	10 (91%)	6 (55%)	61 (97%)	
NA		163	25	9	129	
Have you noticed any of the following symptoms? - dry mouth	85 (34%)					0.499
Yes		20 (24%)	1 (9.1%)	2 (18%)	17 (27%)	
No		65 (76%)	10 (91%)	9 (82%)	46 (73%)	
NA		163	25	9	129	

How often do you visit the dentist?	248 (100%)					
Only when it hurts		41 (17%)	5 (14%)	2 (10%)	34 (18%)	
Yearly		72 (29%)	16 (44%)	3 (15%)	53 (28%)	
Every six months		76 (31%)	12 (33%)	4 (20%)	60 (31%)	
More frequently than every six months		48 (19%)	3 (8.3%)	9 (45%)	36 (19%)	
Less frequently than yearly		11 (4.4%)	0 (0%)	2 (10%)	9 (4.7%)	
Are you aware of gum problems?	247 (100%)					0.002
Yes		5 (2.0%)	1 (2.8%)	3 (15%)	1 (0.5%)	
No		242 (98%)	35 (97%)	17 (85%)	190 (99%)	
NA		1	0	0	1	
Do you use a mouthguard?	247 (100%)					<0.001
Only during training		1 (0.4%)	1 (2.9%)	0 (0%)	0 (0%)	
only during matches		15 (6.1%)	5 (14%)	3 (15%)	7 (3.6%)	
Yes, regularly		14 (5.7%)	5 (14%)	3 (15%)	6 (3.1%)	
Do not use		217 (88%)	24 (69%)	14 (70%)	179 (93%)	
NA		1	1	0	0	
mouthguard/ dental splint usage	247 (100%)					<0.001

Use		30 (12%)	11 (31%)	6 (30%)	13 (6.8%)	
do not use		217 (88%)	24 (69%)	14 (70%)	179 (93%)	
NA		1	1	0	0	
<p>Note: The low number of patients (30, 12%) using mouthguard was due to the obligation for children to wear a cage to protect their heads from injuries. Therefore, almost no traumatic tooth loss could be noticed.</p>						
Mouthguard type	248 (100%)					<0.001
Individually crafted by a professional		11 (4.4%)	1 (2.8%)	3 (15%)	7 (3.6%)	
Do not use		218 (88%)	25 (69%)	14 (70%)	179 (93%)	
Not professionally crafted		18 (7.3%)	9 (25%)	3 (15%)	6 (3.1%)	
do not know		1 (0.4%)	1 (2.8%)	0 (0%)	0 (0%)	
Dental condition	248 (100%)					0.183
Tooth loss		11 (4.4%)	1 (2.8%)	1 (5.0%)	9 (4.7%)	
Decay		118 (48%)	18 (50%)	15 (75%)	85 (44%)	
Completely healthy teeth		80 (32%)	13 (36%)	2 (10%)	65 (34%)	
Filling, no decay		39 (16%)	4 (11%)	2 (10%)	33 (17%)	
Gum bleeding (groups)	248 (100%)					
< 10%		48 (19%)	2 (5.6%)	6 (30%)	40 (21%)	
> 50%		13 (5.2%)	1 (2.8%)	4 (20%)	8 (4.2%)	
10 - 20%		21 (8.5%)	6 (17%)	1 (5.0%)	14 (7.3%)	
20 - 50%		25 (10%)	6 (17%)	2 (10%)	17 (8.9%)	
NA		141 (57%)	21 (58%)	7 (35%)	113 (59%)	

Tooth erosion	241 (97%)					0.275
No sign		238 (99%)	33 (100%)	19 (95%)	186 (99%)	
Enamel lesion		3 (1.2%)	0 (0%)	1 (5.0%)	2 (1.1%)	
NA		7	3	0	4	

Supplementary Table S5 – The combined effect of snus usage and oral hygiene habits on gum bleeding

Characteristic	N	Overall	Usage of snus and tooth brushing					p-value ²
		N = 248 (100%)	Occasional use of snus, tooth brushing once a day or less N = 5 (2.0%) <i>I</i>	Occasional use of snus, tooth brushing at least twice a day N = 31 (13%) <i>I</i>	Regular use of snus, tooth brushing once a day or less N = 3 (1.2%) <i>I</i>	Regular use of snus, tooth brushing at least twice a day N = 17 (6.9%) <i>I</i>	Never use snus, tooth brushing once a day or less N = 32 (13%) <i>I</i>	
Does your gums bleed when you brush your teeth?	244 (98%)							0.003
yes		91 (37%)	3 (60%)	6 (20%)	3 (100%)	9 (53%)	17 (55%)	53 (34%)
no		153 (63%)	2 (40%)	24 (80%)	0 (0%)	8 (47%)	14 (45%)	105 (66%)

Supplementary Table S6 - Dental caries

		Overall	Occasional user	Regular user	Never used snus	p-value
Dental condition	248 (100%)					0.183
Tooth loss		11 (4.4%)	1 (2.8%)	1 (5.0%)	9 (4.7%)	
Decay		118 (48%)	18 (50%)	15 (75%)	85 (44%)	
Completely healthy teeth		80 (32%)	13 (36%)	2 (10%)	65 (34%)	
Filling, no decay		39 (16%)	4 (11%)	2 (10%)	33 (17%)	

Supplementary Table S7 - The combined effect of snus usage and oral hygiene habits on dental caries

		Overall	Occasional use of snus, tooth brushing once a day or less	Occasional use of snus, tooth brushing at least twice a day	Regular use of snus, tooth brushing once a day or less	Regular use of snus, tooth brushing at least twice a day	Never use snus, tooth brushing once a day or less	Never use snus, tooth brushing at least twice a day	p-value
Dental status	248 (100%)								0.529
Tooth loss		11 (4.4%)	0 (0%)	1 (3.2%)	0 (0%)	1 (5.9%)	2 (6.3%)	7 (4.4%)	
Decay		118 (48%)	4 (80%)	14 (45%)	3 (100%)	12 (71%)	17 (53%)	68 (43%)	
Completely healthy		80 (32%)	1 (20%)	12 (39%)	0 (0%)	2 (12%)	7 (22%)	58 (36%)	
Filled, not decayed		39 (16%)	0 (0%)	4 (13%)	0 (0%)	2 (12%)	6 (19%)	27 (17%)	

For all tables above:

<i>I</i> n (%)
2 Fisher's exact test
* Fisher's Exact Test for Count Data with simulated p-value (based on 2000 replicates)