

### 55% of veterans received support from at least one veteran-related benefit.

Military health insurance was the most common veteran benefit, with 47 percent of veterans receiving it. The next most common benefits were VA disability payments and VA mortgages, with 27 percent and 14 percent receiving these, respectively.

### \$1,095 was the average monthly payment for veterans with a service-connected disability benefit.

Veterans who received VA pension payments—a means-tested benefit for those who meet certain age and disability requirements—received an average monthly payment of \$1,208.

### 50% of veterans who received support served between 1990 and 2022.

Of veterans who received support from at least one veteran-related benefit, 32 percent served in the military between September 2001 and 2022. Only 4 percent of veterans who received support served during the Korean War or earlier.

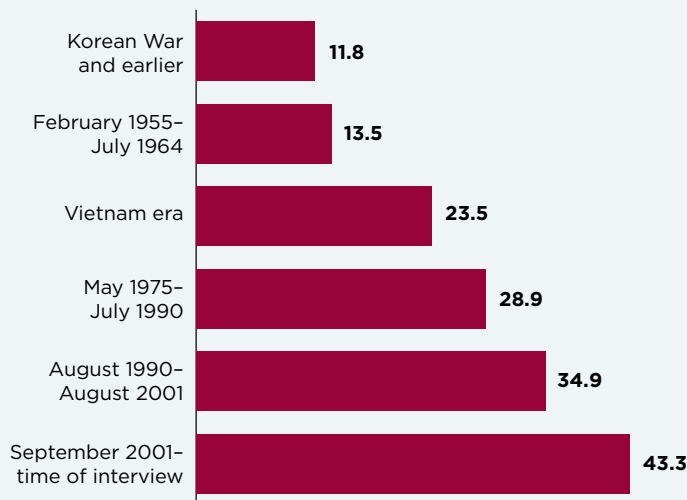
### What Are Veterans' Benefits?

Eligible veterans have access to [several benefits](#) through the U.S. Department of Veterans Affairs (VA), such as service-connected disability payments, VA mortgages, VA pensions, and GI Bill educational benefits. Some are also eligible for programs outside of the VA, such as military retirement and military health insurance. Benefits for surviving spouses, children, and parents of veterans are also available, though they are not covered in this fact sheet.

**More information** on veterans' benefits and other social safety net programs is available in [fact sheets](#), [detailed program participation tables](#), [interactive data visualizations](#), [reports](#), and [topic pages](#).

### Service-Connected Disability Receipt by Period of Service: 2022

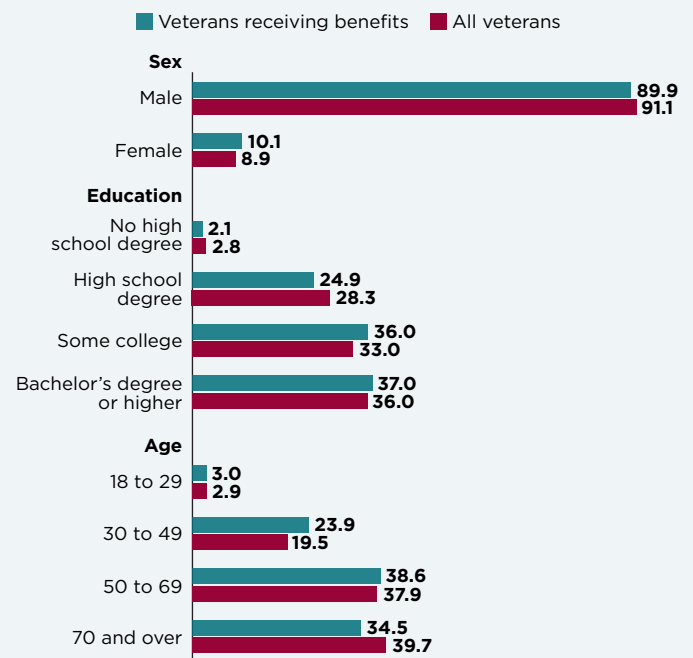
(In percent)



Veterans who served after September 2001 were the most likely to receive service-connected disability payments, with 43.3 percent receiving these benefits. The next highest rates of disability receipt were among those who served from 1990–2001 (34.9 percent) and those who served from 1975–1990 (28.9 percent).

### Characteristics of Veterans Aged 18 and Over by Benefit Receipt: 2022

(In percent)



Note: Education results restricted to adults aged 25 and over.