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Parasites & Vectors



# Variability of *Loa loa* microflarial counts in successive blood smears and its potential implication in drug-related serious adverse events

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# **Abstract**

**Background** The standard method to diagnose *Loa loa* infection and quantify microflarial density (MFD) is the microscopic examination of calibrated thick blood smears (TBSs). In 1950, it was noticed that successive *L. loa* MFD samples from a single capillary puncture could exhibit up to 20% variation. Although loiasis treatment allocation is based on MFD to prevent serious adverse events (SAEs), data on this variability are scarce. There are also no guidelines supporting the collection and analysis of one or two TBSs.

**Methods** We assessed the variability of two successive *L. loa* MFD samples (MFD<sub>1</sub> and MFD<sub>2</sub>), collected from 255 patients. We analyzed the infuence of sex, age, weight, heart rate, arterial pressure, body temperature, and sampling time on MFD variability, as well the impact of MFD variability on MFD thresholds relevant to loiasis treatment protocols.

**Results** The MFD<sub>2</sub> was found to have increased in 63% (1145/1826) of TBS pairs and to have decreased in 37% (681/1826) of TBS pairs. The MFD<sub>2</sub> were on average 28% higher than the MFD<sub>1</sub>. These variations drove a total of 333 (17.4%) changes in MFD classes according to loiasis treatment protocol, including 210 (11.3%) class increases. TBSs generated from blood samples from subjects with lower MFD (1–1000 mf/ml) or lower mean arterial pressure (MAP; 55–80 mmHg), or from blood samples collected at an earlier hour time-point (10:00–10:59 a.m.) were more subject to MFD<sub>2</sub> variability in a multivariate analysis. The MFD relative change was not constant over time for a given person.

**Conclusions** We observed a trend towards an increase in MFD<sub>2</sub> with an important variability between samples that may impact loiasis treatment allocation. We suggest that systematically sampling at least two successive TBSs might allow better MFD assessments to prevent post-treatment SAEs. Further studies are needed to verify this variability in larger samples as well as confrm the potential explanatory variables identifed.

**Keywords** Loiasis, Diagnosis, Variability, Microflaremia

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# **Background**

Loiasis is a parasitic disease caused by the flarial nematode *Loa loa*. Transmitted from human to human by tabanids, it is exclusively present in Central Africa [\[1](#page-14-0)]. Adult stages live under the skin and in intermuscular fasciae, and female worms release embryos called microflariae (mf), which circulate in the blood stream according to a diurnal periodicity [\[2](#page-14-1)]. In a number of rate cases, microflarial density (MFD) can exceed 100,000 mf per milliliter of blood.

Three drugs can be used to treat subjects infected with *L. loa:* diethylcarbamazine (DEC), ivermectin (IVM) and albendazole [\[3](#page-14-2)]. Both DEC and IVM have a rapid and dramatic efect on mf, and subjects with high *L. loa* MFD may develop post-treatment serious adverse events (SAEs) [[4\]](#page-14-3) due to the embolization of capillaries by dead or paralyzed mf. Therefore, a standardized protocol [[3\]](#page-14-2) has been proposed to allocate treatment regimens according to patients' MFD categories (1–2000, 2001– 8000, 8001–30,000 and ≥30,000 mf/ml), with the aim to limit the risk of post-treatment SAEs.

The standard method to diagnose *L. loa* infection and quantify MFD is the microscopic examination of stained calibrated (usually 50  $\mu$ l) thick blood smears (TBS) that have been prepared with peripheral blood collected by fngerprick. Several factors are known to impact MFD assessment. Sources of MFD variability include *L. loa* microflarial diurnal periodicity [[2,](#page-14-1) [5](#page-14-4)], day-to-day variability [[6\]](#page-14-5) and inter-reader variability [[7\]](#page-14-6), and all of these factors contribute to the difficulty in reliably assessing MFD, with a risk of misclassifcation between MFD categories leading to inappropriate treatment and ultimately SAEs.

In addition to microflarial periodicity and day-to-day and inter-reader variability, it has also been noticed that successive TBSs from a single capillary puncture can yield signifcantly diferent results. In 1950, Kershaw performed fve successive TBSs prepared from blood collected from two individuals and found that there was up to 20% variation in *L. loa* MFD [[8\]](#page-14-7). To our knowledge, this is the only study to date that has investigated the variability of *L. loa* MFD on successive TBSs.

In clinical trials, two successive TBSs are usually collected from subjects, with averaged MFD taken into account [\[9](#page-14-8), [10](#page-14-9)], whereas in routine care physicians most often estimate the MFD from a single TBS. Yet, to date, there are no clinical guidelines supporting the collection and analysis of one or two TBSs.

Here, we describe *L. loa* MFD variability between TBSs prepared using blood collected from two successive fngerpricks from 255 subjects. We also aimed to assess if this variability could lead to inappropriate treatment allocation [[3\]](#page-14-2), which would drive an increased risk of post-treatment SAEs. In addition, we evaluated the efect of potential explanatory factors on MFD variability, using clinical and demographic data.

# **Methods**

# **Study population**

Data were collected during a randomized controlled trial evaluating the safety and efficacy of levamisole in subjects with *L. loa* microflaremia [[9\]](#page-14-8). Briefy, 255 participants were recruited in 21 villages located within a 40-km radius around Sibiti, the capital town of the Lékoumou division (Republic of Congo), in a forested environment where loiasis is endemic.

# **Parasitological assessment**

Two successive 50-µl blood samples were collected from each trial participant 5 days before levamisole intake (D-5) and at each follow-up visit (2, 7 and 30 days after treatment [D2, D7, D30, respectively). Capillary blood was drawn between 10:00 a.m. and 4:00 p.m. from a single fngerprick, using a sterile lancet and a nonheparinized capillary. The two blood samples were spread on separate microscope slides to prepare TBSs (labeled  $\text{MFD}_1$  and  $\text{MFD}_2$  in the order of collection). The TBSs were then dried at room temperature, dehemoglobinized and stained with Giemsa within 24 h of collection. All *L. loa* mf present on the slides were counted using a microscope at 100-fold magnifcation. Counts were multiplied by 20 to express MFD in mf per milliliter. Each TBS pair was assessed independently by two experienced laboratory technicians.

#### **Statistical analyses**

To exclude inter-reader variability, we compared  $\text{MFD}_1$ and  $\text{MFD}_2$  assessments made by a given microscopist. As a pair of TBS slides (referred to as  $\text{MFD}_1$  and  $\text{MFD}_2$ ) was prepared from the successive blood samples from each of the 255 participants at each of the four time-points, and as each pair was read by two microscopists, the expected number of pairs for comparison was 2040. Negative pairs (MFD<sub>1</sub> and MFD<sub>2</sub>=0) and missing values (due to lost, broken, damaged or badly discolored slides) were excluded from the analysis. Ultimately, a total of 1826 pairs were analyzed.

### *Possible factors contributing to MFD variability*

Demographic and clinical data were collected for each participant, including age, sex and body weight. Vital signs (mean arterial blood pressure [MAP], heart rate, body temperature) were measured on D-5 and on the D2 and D7 follow-up visits, but not on D30. Additional details on the procedure have been published elsewhere [[9\]](#page-14-8). Explanatory variables were discretized as follows:

Age: 18–40, 41–50, 51–60 and 61–70 years

Weight: 40–55, 56–60, 61–65 and 66–85 kg

Heart beats per minute (bpm): 50–65, 66–75, 76–85 and 86–115 bpm

MAP: 55–80, 81–90, 91–100, 101–150 mmHg

- Body temperature: 34.3–36.3 °C, 36.4–36.5 °C, 36.6–36.7 °C and 36.8–37.8 °C
- MFD: 1–1000, 1001–3000, 3001–9000 and 9001– 85,000 mf/ml
- Sample collection time: 10:00–10:59 a.m., 11:00– 11:59 a.m., 12:00–12:59 p.m. and 13:00–13:59 p.m.

#### *Descriptive and univariate analyses*

 $\text{MFD}_1$  and  $\text{MFD}_2$  were compared using the Wilcoxon rank-signed test, and their geometric means (GM) were calculated. MFD absolute diference was defned as: MFD<sub>2</sub>− MFD<sub>1</sub>. The MFD ratio was defined as: MFD<sub>2</sub>/  $\text{MFD}_1$ . Tables were constructed to compare the distribution of  $\text{MFD}_1$  and  $\text{MFD}_2$  in MFD classes (0–2000, 2001–8000, 8001–30000 and  $\geq$  30,000 mf/ml) as proposed by a previous loiasis treatment protocol [[3\]](#page-14-2). The distribution of the arithmetic means of  $\text{MFD}_1$  and  $\text{MFD}_2$  (a metric often used in clinical trials on loiasis) was also compared to that of  $\text{MFD}_1$  and that of  $\text{MFD}_2$ .

The MFD relative change between the two successive TBSs was defined as:  $([MFD<sub>2</sub> – MFD<sub>1</sub>]/MFD<sub>1</sub>) \times 100$ . Positive relative changes ( $\text{MFD}_2 \geq \text{MFD}_1$ ) and negative relative changes (MFD<sub>2</sub> < MFD<sub>1</sub>) were analyzed separately. MFD relative changes among categorical variables (sex, age class, weight class, heart rate class, MAP class, body temperature class,  $\text{MFD}_1$  class, microscopist, collection hours and trial time-point) were compared using nonparametric tests for paired data (Wilcoxon rank-sum test and Kruskal–Wallis test in two- and four-level variables, respectively). In the case of a signifcant diference, Cuzick's test was performed to assess the presence of a trend.

Descriptive bivariate statistics tables were generated to compare the characteristics of subjects with marked relative differences between  $\text{MFD}_1$  and  $\text{MFD}_2$  (beyond the MFD<sub>1</sub> arithmetic mean + 1 standard deviation [SD] and beyond the MFD<sub>1</sub> arithmetic mean  $+ 2$  SD) with the rest of the study population (control group), focusing on  $\text{MFD}_2$  $\text{MFD}_2$  increase (Table 2) and  $\text{MFD}_2$  decrease (Table [3](#page-8-0)). MFD relative change proportions among categorical explanatory variables were assessed with Pearson's Chisquared test and Fisher's exact test, depending on sample size. Continuous variables (age, weight, heart rate, MAP, body temperature and MFD) were evaluated with the Wilcoxon rank-sum test.

## *Stability of individuals' MFD change over time*

We analyzed whether the sign of the diference between  $\text{MFD}_1$  and  $\text{MFD}_2$  was consistent at other time-points in all individuals. Stable MFD (MFD<sub>2</sub> = MFD<sub>1</sub>) was arbitrarily defined as  $\text{MFD}_2/\text{MFD}_1 = 0.8-1.2$ . MFDs assessed by the two diferent microscopists were analyzed separately. Kappa's coefficient agreements and McNemar's tests were performed to assess the stability of distributions between two time-points.

#### *Multivariate analyses*

Since the outcomes are count data, MFD relative change was discretized into two categories (above and below the upper quartile) to perform a binomial logistic regression. We also performed a regression comparing TBSs with a class increase to TBSs bearing no class change, using MFD categories proposed in a previous loiasis treatment protocol [[3\]](#page-14-2). Because vital signs were not collected at the D30 follow-up visit (representing > 25% missing data), we excluded D30 data from the regression. Saturated logistic regression was performed, adjusted for all covariates. Interactions of interest (age and MAP; age and MFD; sex and weight; sex and MAP; MAP and heart rate; body temperature and MFD) were checked using likelihood ratio tests. A procedure of Akaike information criterion (AIC)-based descending selection was then applied to select the fnal model. Finally, Wald's test was applied to assess overall signifcance for categorical variables.

Analyses were performed in the R-Cran statistical environment, version 4.2.0 ® Foundation for Statistical Computing, Vienna, Austria) and Stata v18 (2023) software (StataCorp LLC, College Station, TX, USA).

### **Results**

# **Baseline characteristics**

A total of 1826 TBS pairs from 255 patients (70% males) with a mean age of 48 years were included in the analysis. The mean MFD was 7443 mf/ml, with 32% of all  $\text{MFD}_1$  and  $\text{MFD}_2$  having MFD < 1000 mf/ml and 23% having MFD > 9001 mf/ml. At the time of sample collection, no patients were febrile (maximum body temperature:  $37.8 \text{ }^{\circ}$ C). The mean heart rate and mean MAP were 74 bpm and 93 mmHg, respectively, and blood for 40% of TBS was collected between 11:00 a.m. and 11:59 a.m.

#### **Comparison of MFD1 and MFD<sup>2</sup>**

The MFD was visualized in a scatter plot of  $\text{MFD}_2$ against MFD<sub>[1](#page-3-0)</sub> (Fig. 1). Values of MFD<sub>2</sub> greater than those of  $\text{MFD}_1$  are represented above the dark identity line  $(x = y)$ , while values of MFD<sub>2</sub> less than those of



<span id="page-3-0"></span>Fig. 1 Scatter plot of MFD<sub>2</sub> against MFD<sub>1</sub>. Horizontal and vertical black lines represent MFD cut-ofs of 2000, 8000 and 30,000 mf/ ml defned in loiasis treatment protocol [\[4](#page-14-3)], allowing graphic visualization of individuals changing classes between MFD<sub>1</sub> and MFD<sub>2</sub> classes. Colors represent the MFD<sub>1</sub> class. MFD<sub>1</sub> and MFD<sub>2</sub>, microflarial density of two thick blood smears generated from two successive blood samples; mf, microflariae

 $\text{MFD}_1$  are below. Overall, the MFD<sub>2</sub> of 63% (1145/1826) of TBSs exhibited were determined to an increased MFD, while only 37% (681/1826) exhibited a decrease, relative to  $\text{MFD}_1$ .

The distribution of the MFD absolute differences is presented in Fig. [2](#page-3-1). The MFD of 56.6% TBS pairs differed by −1000 to +1000 mf/ml, while 29.5% and 9.6% of TBS pairs had an MFD absolute diference that surpassed +1000 and +5000 mf/ml, respectively. In comparison,

13.9% and 3.4% of TBS pairs had an MFD absolute diference the fell below −1000 and −5000 mf/l, respectively. The arithmetic mean of the MFD absolute differences was 967.7 mf/ml.

Overall, the GM of the  $\text{MFD}_2$  was higher than that of the MFD<sub>1</sub> (2570 vs 2335 mf/ml), with a significantly different distribution (Wilcoxon signed-rank test,  $Z =$ −11.2, *P* < 0.001; Additional file [1](#page-13-0): Table S1). The arithmetic mean of the MFD ratio (defined as  $\text{MFD}_2/\text{MFD}_1$ ) was 1.28. The higher value of MFD<sub>2</sub> compared to MFD<sub>1</sub> was consistently observed across all subgroups (Additional fle [1](#page-13-0): Table S1).

#### **Transition evaluation over time at an individual‑level**

A transition evaluation was conducted to determine whether individuals with an  $\text{MFD}_2$  above, below or equivalent to  $\text{MFD}_1$  at any time-point would show the same trend at other time-points. Kappa's coefficients were  $\lt$ 0.1, and no McNemar tests were signifcant between all time-points (Additional file  $1$ : Tables S2–S4). The MFD relative change in our samples were therefore not constant over time for a given person, as individual results at one time-point were not correlated to those at other time-points.

# **MFD relative change**

Overall, mean MFD relative change was +61% in TBSs with an MFD<sub>2</sub> increase, whereas it was  $-29\%$  in TBSs with an MFD<sub>2</sub> decrease (Table [1](#page-4-0)). Among several subgroups (age, weight, MAP, body temperature,  $\text{MFD}_1$  class or sample collection time-point), some categories exhibited significantly different relative changes. Therefore, we



<span id="page-3-1"></span>**Fig. 2** Bar chart of the distribution of the MFD absolute difference (MFD<sub>2</sub> − MFD<sub>1</sub>) categories in percentages. MFD, microfilarial density; MFD<sub>1</sub> and MFD<sub>2</sub>, microfilarial density of two thick blood smears generated from two successive blood samples



# <span id="page-4-0"></span>**Table 1** Comparison of microfilarial density (MFD) relative change in MFD<sub>2</sub> with increased or decreased MFD

#### **Table 1** (continued)

*bpm* Beats per minute, *MAP* mean arterial pressure, *mf* microfilariae, *MFD* microfilarial density, *MFD<sub>1</sub>*, *MFD*<sub>2</sub> microfilarial density of two thick blood smears generated from two successive blood samples, *SD* standard deviation

a Kruskal–Wallis test, Wilcoxon rank-sum test, Cuzick's test for trend (*P* trend)

<sup>b</sup> Blood samples were collected 5 days before levamisole intake (D-5) and at each follow-up visit (2, 7 and 30 days after treatment [D2, D7, D30, respectively])

investigated how these variables could explain the diferences between  $\text{MFD}_1$  and  $\text{MFD}_2$ .

The lowest MAP category (55–80 mmHg) was overrepresented in TBSs with an  $\text{MFD}_2$  increase beyond 2o SD, compared to the control group (41% vs 27%; Chi-squared test,  $\chi^2 = 8.63$ , df = 3, *P*=0.035; Table [2\)](#page-6-0). This overrepresentation was also observed in TBSs with an  $\text{MFD}_2$ decrease > 2 SD, compared to the control group (60% vs 24%; Chi-squared test,  $\chi^2 = 17.36$ , df = 3, *P*<0.001, Table [3](#page-8-0)).

The mean MFD was lower among subjects whose TBSs showed an MFD relative change  $> 1$  SD, both in MFD<sub>2</sub> increase (1448 vs 7480 mf/ml; Wilcoxon rank-sum test,  $U_{(1145)} = 72726$  $U_{(1145)} = 72726$  $U_{(1145)} = 72726$ ,  $Z = 9.22$ ,  $P < 0.001$ ; Table 2) and MFD<sub>2</sub> decrease (5093 vs 8761 mf/ml; Wilcoxon rank-sum test,  $U_{(681)} = 24393$ ,  $Z = 4.24$ ,  $P < 0.001$ ; Table [3\)](#page-8-0), and that trend was also observed with MFD relative change > 2 SD.

Finally, an MFD<sub>2</sub> increase  $> 2$  SD was significantly more frequent among TBSs sampled between 10:00 a.m. and 10:59 a.m. (47% vs 29%; Pearson's chi-squared test,  $\chi^2$  = 7.86, df = 3,  $P = 0.049$ ; Table [2](#page-6-0)), and an MFD<sub>2</sub> decrease > 2 SD was signifcantly more frequent in males than in the control group (88% vs 68%; Pearson's chi-squared test,  $\chi^2$  $= 5.29$ , df  $= 1$ ,  $P = 0.021$ ; Table [3\)](#page-8-0).

#### **Multivariate analyses**

A binomial logistic regression was conducted to study the efect of adjusted explanatory variables on the variation between  $\text{MFD}_1$  and  $\text{MFD}_2$ . The final models (according to AIC-based descending selection) are presented in the right columns of Table [4](#page-10-0). In both final models for  $\text{MFD}_2$ increase and decrease, TBSs in the lowest MFD classes (1–1000 mf/ml) were subject to more variation (odds ratio [OR] 2.39, *P*<0.001 and OR 1.72, *P*=0.049, respectively) than in TBSs with an MFD $\geq$ 9000 mf/ml (OR 0.35, *P*=0.001 and OR 0.46, *P*=0.021, respectively).

Considering  $\text{MFD}_2$  increase, TBSs generated from blood samples collected from subjects weighing 40–55 kg exhibited less variation (OR 0.56, *P*=0.009; Table [4](#page-10-0), fnal model), while samples collected between 10:00 and 10:59 a.m. yielded more change (OR 1.69, *P*=0.017; Table [4](#page-10-0), fnal model).

Considering MFD<sub>2</sub> decrease, TBSs generated from blood samples collected from subjects belonging to the lowest MAP classes (55–80 mmHg) appeared to exhibit more variability (OR 1.45,  $P=0.196$ ; Table [4,](#page-10-0) final model) than higher MAP classes (101–150 mmHg; OR 0.59, *P*=0.081, final model; Table [4](#page-10-0)), reaching overall significance (Wald's test,  $P = 0.006$ ) although failing to reach individual statistical signifcance.

Finally, the model analyzing TBS pairs with an  $\text{MFD}_2$ class increase (classes proposed by a loiasis treatment protocol [[4](#page-14-3)]) showed that TBSs sampled from subjects with lower  $\text{MPD}_1$ , lower MAP and sampled at an earlier hour in the day were more subject to  $\text{MFD}_2$  category changes, similar to previous models (Table [5](#page-12-0)). However, an efect of heart rate and sample collection timepoint (D-5, and D2 or D7 after levamisole treatment) was also observed. Samples collected on D2 were found to have fewer MFD<sub>2</sub> class increases (OR 0.41,  $P = 0.001$ , fnal model; Table [5](#page-12-0)), while TBSs generated from blood collected from subjects with a heart rate between 50–65 bpm and 76–85 bpm displayed more MFD<sub>2</sub> class increases (OR 1.87, *P*=0.026 and OR 2.04, *P*=0.009, respectively; Table [5,](#page-12-0) fnal model) than those collected from subjects with a hear rate of 66–75 bpm.

#### **Changes in MFD class**

A comparison of the distribution of  $\text{MFD}_1$  and  $\text{MFD}_2$ classes according to a loiasis treatment protocol [[4](#page-14-3)] is shown in Table [6](#page-13-1). Between  $\text{MFD}_1$  and  $\text{MFD}_2$ , 204 TBS pairs (11%) increased by one class and six TBS pairs (0.3%) increased by two classes, while 121 TBS pairs (6%) decreased by one class and two TBS pairs (0.1%) decreased by two classes, yielding a total of 333 (17.3%) class changes. Most variation was seen in groups 2001– 8000 mf/ml and 8001–30,000 mf/ml, where between 25 and 30% of  $\text{MFD}_2$  showed a class change compared to  $\text{MFD}_1$ . Up to 9.4% of  $\text{MFD}_1$  in the 8001–30,000 mf/ml class had an MFD<sub>2</sub> class > 30,000 mf/ml.

Among the six TBSs with a two-class increase,  $\text{MFD}_1$  and  $\text{MFD}_2$  were 1820 and 11,120 mf/ml, 1840 and 12,180 mf/ml, 1640 and 9780 mf/ml, 1260 and 10,880 mf/ml, 7020 and 47,300 mf/ml and 5100 and 43,360 mf/mL, respectively (Fig. [1\)](#page-3-0).

We also compared the distribution of  $\text{MFD}_1$  and  $\text{MFD}_2$  arithmetic means with  $\text{MFD}_1$  and  $\text{MFD}_2$ (Table [7](#page-13-2)). As expected, the MFD mean lead to fewer class changes, although 6.4% of MFD means in the 8001–30000 mf/ml class had an MFD<sub>1</sub> (2.3%) or MFD<sub>2</sub>  $(4.1\%) > 30,000$  mf/ml.



<span id="page-6-0"></span>



# **Table 2** (continued)

Values for relative change are presented as the number of thick blood slides with the percentage (*n*/*N* × 100) presented in parentheses, unless otherwise indicated *bpm* Beats per minute, *MAP* mean arterial pressure, *mf* microflariae, *MFD* microflarial density, *MFD1*, *MFD2* microflarial density of two thick blood smears generated from two successive blood samples, *SD* standard deviation

<sup>a</sup> Pearson's Chi-squared test, Wilcoxon rank-sum test

<sup>b</sup> Pearson's Chi-squared test, Fisher's exact test, Wilcoxon rank-sum test

<sup>c</sup> Blood samples were collected 5 days before levamisole intake (D-5) and at each follow-up visit (2, 7 and 30 days after treatment [D2, D7, D30, respectively])

# **Discussion**

Overall, MFD<sub>2</sub> were higher than MFD<sub>1</sub> with a mean ratio of 1.28, indicating that on average,  $\text{MFD}_2$  was 28% higher than  $\text{MFD}_1$ . This observation was mainly driven by the fact that  $63\%$  (1145/1826) of TBSs exhibited an MFD<sub>2</sub> increase, while only 37% (681/1826) exhibited a decrease.

Since Kershaw et al's preliminary work in 1950 [\[8](#page-14-7)], studies investigating the variability of *L. loa* microflarial counts in successive blood smears from the same



# <span id="page-8-0"></span>**Table 3** Characteristics of thick blood smear pairs with an MFD<sub>2</sub> decrease of < 1 and < 2 standard deviations



### **Table 3** (continued)

Values for relative change are presented as the number of thick blood slides with the percentage (*n*/*N* × 100) presented in parentheses, unless otherwise indicated *bpm* Beats per minute, *MAP* mean arterial pressure, *mf* microflariae, *MFD* microflarial density, *MFD1*, *MFD2* microflarial density of two thick blood smears generated from two successive blood samples, *SD* standard deviation

<sup>a</sup> Pearson's Chi-squared test, Wilcoxon rank-sum test

<sup>b</sup> Pearson's Chi-squared test, Fisher's exact test, Wilcoxon rank-sum test

<sup>c</sup> Blood samples were collected 5 days before levamisole intake (D-5) and at each follow-up visit (2, 7 and 30 days after treatment [D2, D7, D30, respectively])

fngerprick have been lacking, although some data exist for other flarial species. Marked individual MFD variations have been observed for *Wuchereria bancrofti*, the major cause of lymphatic flariasis, although overall MFD averages were found not to signifcantly difer between successive TBSs [\[11](#page-14-10), [12\]](#page-14-11). In contrast to our results, the MFD variability of successive TBSs from a single puncture appeared to be equivalent to that of samples from independent punctures [\[13\]](#page-14-12). For *Diroflaria* sp., whose mf also circulate in the blood, Hawking et al. reported considerable MFD diferences in consecutive blood samples collected from primates [[14\]](#page-14-13), with the frst TBS containing more mf than subsequent TBSs, a trend which was also reported by the same author in a subsequent

publication  $[15]$  $[15]$ . This heterogeneity in MFD was also studied by experimental infection of vectors. During a human blood meal, the number of ingested *W. bancrofti* mf by *Aedes* or *Culex* mosquitoes followed a binomial negative distribution  $[16]$  $[16]$ . The authors hypothesized that mf could form "waiting queues" in blood capillaries, constituting an uneven distribution that would explain MFD variability [[17\]](#page-14-16).

However, that uneven repartition is likely stochastic and cannot explain the trend we observed with *L. loa* toward an increase between  $\text{MFD}_1$  and  $\text{MFD}_2$ . This result is difficult to explain, but it could suggest that mf repartition in capillaries is not uneven and that applying a second pressure to a punctured fnger to sustain the blood <span id="page-10-0"></span>Table 4 Binomial logistic regression for thick blood smear pairs with an MFD<sub>2</sub> relative increase and decrease beyond the upper quartile



#### **Table 4** (continued)

*AIC* Akaike information criterion, *bpm* beats per minute, *CI* confidence interval, *mf* microfilariae, *MFD*<sub>1</sub>, *MFD*<sub>2</sub> microfilarial density of two thick blood smears generated from two successive blood samples

<sup>a</sup> Final model was selected by a procedure of AIC-based descending selection

<sup>b</sup> Upper quartile

<sup>c</sup> Blood samples were collected 5 days before levamisole intake (D-5) and at each follow-up visit (2, 7 and 30 days after treatment [D2, D7, D30, respectively])

flow can mobilize a vascular reservoir of mf that the first pressure is unable to.

The MFD relative change was  $61\%$  and  $-29\%$  for  $\text{MFD}_2$  increase and decrease, respectively. These variations drove a total of 333 (17.4%) MFD category changes according to a previously reported loiasis treatment protocol [\[4](#page-14-3)], reaching up to 30% in some subgroups (subjects with  $\text{MFD}_1$  between 2001 and 8000 mf/ml). Among these 333 category changes, 210 (11.3%) TBSs exhibited an  $\text{MFD}_2$  class increase. These variations may impact loiasis treatment allocation, which is based on patients' MFD classes, and might increase the risk of post-treatment SAEs. A patient may be allocated IVM based on an MFD<sub>1</sub><30,000 mf/ml, whereas its MFD<sub>2</sub> far exceeds 30,000 mf/ml, a clinical situation which would strongly advise against the use of IVM due to the risk of posttreatment SAE in this population. Notably, this specifc scenario occurred in 40 TBS pairs in our study, representing up to 9.4% of TBS pairs with an  $\text{MFD}_1$  between 8001 and 30,000 mf/ml.

Despite growing interest in loiasis and subsequent development of clinical trials due to its observed related mortality, there are currently no clinical guidelines supporting the collection and analysis of one or two TBSs. On the basis of  $\text{MFD}_2$  being on average higher than  $\text{MFD}_1$  in our study, we propose that two 50-µl blood samples be collected systematically for generating TBSs, with both  $\text{MFD}_1$  and  $\text{MFD}_2$  being assessed. Treatment allocation may then be based on the highest of the two MFDs, which would be the safest option. Treatment may also be based on the arithmetic mean of both MFDs, a strategy regularly used in clinical trials on loiasis [\[9,](#page-14-8) [10](#page-14-9)]. However, 6.4% of MFD means in the 8001–30000 mf/ml class had an MFD<sub>1</sub> or MFD<sub>2</sub> that exceeded to 30,000 mf/ml in our study, which might be an issue depending on the protocol of the trial. As MFD thresholds of post-treatment SAE risk were originally solely based on the evaluation of a single TBS  $[4]$  $[4]$ , we cannot be sure that the analysis of two TBSs would efectively increase safety regarding possible post-treatment SAEs. However, given this marked MFD variability,  $\text{MFD}_2$  assessments may be useful to attempt to explain cases of SAEs occurring with a  $\text{MFD}_1$  below the risk threshold.

Our attempt to identify explanatory variables of the difference between  $\text{MFD}_1$  and  $\text{MFD}_2$  by studying the characteristics of individuals with extreme diferences

identifed several candidate factors. As expected, patients with an  $\text{MFD}_1$ <1000 mf/ml had more variability, given that when MFDs are low, only a small diference has an important impact on the relative change computation.

Subjects whose TBSs showed an MFD change > 2 SD had signifcantly lower MAP. After adjustment by binomial logistic regression, this trend remained signifcant in TBSs with an MFD<sub>2</sub> decrease and class increase. The manner in which MAP could impact MFD variation is unclear. It is known that hypotension regimens can lead to blood capillary closure. When intravascular pressure drops below a "critical closing pressure," it can no longer compensate for the surrounding tissue pressure, which ultimately leads to capillary collapse [[18\]](#page-14-17). Moreover, sympathetic nervous system activation induces vasoconstriction that further accelerates cutaneous capillary closure, to maintain the perfusion pressure of vital organs [[19\]](#page-14-18). Given that the diameter of *L. loa* mf  $(5-7 \mu m)$  is close to that of capillaries, we propose that this situation might substantially alter their circulation, leading to an increased change in MFD.

Finally, there was no trend in our transition evaluation of MFD relative change, which was not in the same direction at diferent time-points for a given person.

Our work has a number of limitations. The data originate from a clinical trial that was not designed for the purpose of this analysis. We cannot exclude an impact of the trial's treatment (levamisole) on the conclusions of our study, although a diferential treatment efect on only one of the TBSs is unlikely. While we accounted for interoperator variability by computing MFD change from the results of a single microscopist, intra-operator variability was not considered and might be a confounding factor. Future studies are needed to further document successive TBS variability, including dedicated studies with larger samples and three or more successive TBSs, to determine how variability behaves across multiple samples.

#### **Conclusions**

To our knowledge, this is the frst work describing MFD variability of successive TBS from a single fnger puncture in more than 200 subjects with loiasis. We observed a trend toward an increase in  $\text{MFD}_2$  between samples at a magnitude that may impact treatment choice. Our results suggest that systematically sampling at least two successive TBSs could allow a better MFD assessment

<span id="page-12-0"></span>



 $\text{MFD}_2$  classes were based on a previously published loiasis treatment protocol [\[4\]](#page-14-3))

*AIC* Akaike information criterion, *bpm* beats per minute, *CI* confdence interval, *mf* microflariae, *MFD1*, *MFD2* microflarial density of two thick blood smears generated

## **Table 5** (continued)

from two successive blood samples

<sup>a</sup> Final model was selected by a procedure of Akaike Information Criterion-based descending selection

<sup>b</sup> Blood samples were collected 5 days before levamisole intake (D-5) and at each follow-up visit (2, 7 and 30 days after treatment [D2, D7, D30, respectively])

<span id="page-13-1"></span>



 $MFD<sub>1</sub>$  and  $MFD<sub>2</sub>$  classes were based on a previously published loiasis treatment protocol [[4](#page-14-3)])

The left column displays MFD<sub>1</sub> categories, and the top row displays MFD<sub>2</sub> categories. Percentages are computed in rows, with the right overall column displaying 100% of the sample

*mf* Microflariae, *MFD1*, *MFD2* microflarial density of two thick blood smears generated from two successive blood samples

<span id="page-13-2"></span>**Table 7** Transition matrix comparing (MFD<sub>1</sub> + MFD<sub>2</sub>)/2 with MFD<sub>1</sub> and MFD<sub>2</sub> classes

	MFD class (mf/ml) $\text{MFD}_1$					$\mathsf{MFD}_2$				Overall
		$0 - 2000$		2001-8000 8001-30000 > 30,000 0-2000				2001-8000 8001-30000 > 30,000		$\overline{\phantom{m}}$
$(MFD1 + MFD2)/2$ 0-2000		755 (97%) 21 (2.7%)		$0(0\%)$	$0(0\%)$	750 (97%)	26 (3.4%)	$0(0\%)$	$0(0\%)$	776 (100%)
	2001-8000	40 (8.1%)	422 (85%)	33 (6.7%)	$0(0\%)$	27 (5.5%)	432 (87%)	36 (7.3%)	$0(0\%)$	495 (100%)
	8001-30,000	$0(0\%)$	74 (17%)	350 (81%)	$10(2.3\%)$	$1(0.2\%)$	28 (6.5%)	387 (89%)	18 (4.1%)	434 (100%)
	>30.000	$0(0\%)$	$0(0\%)$	22 (18%)	99 (82%)	$0(0\%)$	$0(0\%)$	$4(3.3\%)$	117 (97%)	121 (100%)

 $\text{MFD}_1$  and  $\text{MFD}_2$  classes were based on a previously published loiasis treatment protocol [[4](#page-14-3)])

The left column displays (MFD<sub>1</sub> + MFD<sub>2</sub>)/2 categories, and the top row displays MFD<sub>1</sub> and MFD<sub>2</sub> categories. Percentages are computed in rows, with the right overall column displaying 100% of the sample

*mf* Microflariae, *MFD1*, *MFD2* microflarial density of two thick blood smears generated from two successive blood samples

and proper treatment allocation to prevent SAEs. If future works confrm our results, the potential explanatory variables identifed here might ultimately help select sampling conditions that could minimize variability in successive TBSs.

# **Supplementary Information**

The online version contains supplementary material available at [https://doi.](https://doi.org/10.1186/s13071-024-06494-0) [org/10.1186/s13071-024-06494-0](https://doi.org/10.1186/s13071-024-06494-0).

<span id="page-13-0"></span>Supplementary Material 1.

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# **Author contributions**

CBC, FM, FL, MH and JTC. carried out the clinical trial in 2021. FL supervised the feld laboratory and read the slides. CBC and JTC. participated in the acquisition of data. TML and CBC performed the statistical analyses. TML wrote the frst version of the manuscript. CBC, MB, SDS and JTC reviewed the article. All authors approved the fnal version for publication.

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#### **Availability of data and materials**

Data supporting the conclusions of this article are included within the article. The datasets used and/or analyzed during the present study are available from the corresponding author upon reasonable request.

#### **Declarations**

# **Ethics approval and consent to participate**

This work was nested in a trial aimed at evaluating the safety and efficacy of single doses of levamisole in individuals infected with *L. loa*. This trial was approved by the Committee on Ethics in Health Sciences Research (No. 226/ MRSIT/IRSSA/CERRSSA) and an Administrative Authorization (No. 469/MSP/ CAB/UCPP-19) was released by the Ministry of Health and Population of the Congo

#### **Consent for publication**

Not applicable.

#### **Competing interests**

The authors declare no competing interests.

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