

## **EARLY ONLINE RELEASE**

This is a PDF of a manuscript that has been peer-reviewed and accepted for publication. As the article has not yet been formatted, copy edited or proofread, the final published version may be different from the early online release.

This pre-publication manuscript may be downloaded, distributed and used under the provisions of the Creative Commons Attribution 4.0 International (CC BY 4.0) license. It may be cited using the DOI below.

The DOI for this manuscript is

DOI:10.2151/jmsj.2024-015

J-STAGE Advance published date: February 7th, 2024

The final manuscript after publication will replace the preliminary version at the above DOI once it is available.

Meiyu-Baiu Rainstorm Associated Diurnal Variation and  
Kinetic Energy Source Analyzed by Multiscale Window  
Transform-based Energetics Analysis

Ying Wang

*School of Marine Sciences, Nanjing University of Information Science and  
Technology, Nanjing, China*

Submitted to *Journal of Meteorological Society of Japan*

*Corresponding Author:* Dr. Ying Wang, wangying\_thw@nuist.edu.cn

## **Abstract**

The Meiyu-Baiu front is the main weather system that influences the Yangtze-Huai River area of China in early summer. Convective cells along the Meiyu-Baiu front are very active and often lead to regional flooding disasters. In this study, the multiscale window transform (MWT) and MWT-based multiscale energetics analysis are utilized to investigate the dynamic energy transfers during a typical Meiyu-Baiu rainstorm. It is found that baroclinic instability in the lower stratosphere is possibly a primary trigger for the rainstorm and its diurnal variation. The kinetic energy source for single rainstorm case varies in its evolution. During shallow convection, the rainstorm itself is a kinetic energy (KE) source. The baroclinic canonical transfer from the rainstorm window brings a lot of available potential energy (APE) to the background flow window, and is further converted into the background flow KE. In contrast, during deep convection, the primary source of KE is the background flow. The barotropic canonical transfer from the background flow contributes to the APE, thus bringing KE into the rainstorm. Implications on Meiyu-Baiu rainstorm forecasting are also discussed.

Key words: Meiyu-Baiu rainstorm, Diurnal variation, Multiscale window transform, Canonical transfer, Barotropic/Baroclinic instability

# 1. Introduction

The Meiyu-Baiu front, characterized by a quasi-stationary structure located along the northwestern rim of the North Pacific subtropical anticyclone (NPSA), is the main weather system that extends from the Yangtze River basin in China to Japan from mid-June to mid-July (e.g., Cho and Chen, 1995). This subtropical front has thick moist neutral stratification on the southern flank and a sharp poleward moisture decrease (Ninomiya, 1984). Convective cells along the Meiyu-Baiu front are very active (Ninomiya, 2000; Ninomiya and Shibagaki, 2007; Liu et al., 2004) and can give rise to sudden heavy rainstorms, invoking severe flooding and subsequently great economic loss.

Previous studies have indicated that the Meiyu-Baiu front has weaker baroclinicity over China than over Japan. The moisture gradient is obvious, but the thermal gradient is not (Chen and Chang, 1980). In a weak baroclinic environment, the formation of Meiyu-Baiu rainstorms relies on the interaction among multiscale system components (Ding et al., 2007; Jiang and Ni, 2003). For example, the zonal cloud band usually contains meso- $\alpha$ - and meso- $\beta$ -scale convective cells. When a rainstorm occurs, there is a stationary trough and ridge at higher latitudes. In the mid-latitudes, the advection of warm air on the eastern edge of the Tibetan Plateau can give rise to convection in southeastern China by inducing adiabatic ascending movement along the westerlies (Ding et al., 2007; Ding, 1991; Zhu et al., 2007). A mass imbalance can be caused by the difference in moisture along the southern and northern parts of the Meiyu-Baiu front, and small-amplitude gravity waves arise that can organize convective cells along the front (Zhao et al., 2011). The magnitude of a Meiyu-Baiu rainstorm is believed to be determined by the convective nonadiabatic heating of mesoscale systems (Sampe and Xie, 2010), but the geometric

23 and dynamic characteristics are still not well understood due to the lack of fine-scale  
24 observations. Refined numerical simulations by non-hydrostatic high-resolution numerical  
25 weather prediction (NWP) models can effectively make up for the lack of observational data.  
26 Based on numerical simulations, the multiscale characteristics of the Meiyu-Baiu system have  
27 been investigated in previous studies (e.g., Kawatani and Takahashi, 2003; Zhang et al., 2004; Li  
28 et al., 2005; Sun et al., 2007; Ni and Zhou, 2004; Liao and Tan, 2005; Long and Cheng, 2004;  
29 Shen et al., 2011; Chen and Gao, 2006; Chen and Qian, 2006; Zhao et al., 2011). Liao and Tan  
30 (2005) conducted a case study of a Meiyu-Baiu rainstorm using a simulation by the fifth  
31 generation NCAR/Penn State Mesoscale Model (MM5) to investigate the influence of interaction  
32 between weather systems at different scales. They found that there are mainly four vertical  
33 circulations near the Meiyu-Baiu front. Dynamic and structural characteristics of these  
34 circulations vary in different stages during rainstorm evolution. Zhao et al. (2011) utilized the  
35 Weather Research and Forecasting (WRF) model to simulate a Meiyu-Baiu rainstorm. The  
36 meso- $\alpha$ -, meso- $\beta$ -, and meso- $\gamma$ -scale systems were separated by a spatial band-pass filter based  
37 on a Morlet wavelet transform, and then three-dimensional dynamic and thermodynamic  
38 structural features were analyzed. Their results indicate that there are significant dynamic and  
39 thermodynamic differences among these three mesoscale systems in both the horizontal and  
40 vertical directions. Meso- $\alpha$ - and meso- $\beta$ -scale systems have obvious vertical circulations, while  
41 meso- $\gamma$ -scale systems usually develop within a meso- $\alpha$ - or meso- $\beta$ -scale system, with a  
42 characteristic inertial gravity wave. Despite these efforts to understand the dynamic and  
43 thermodynamic features of the Meiyu-Baiu front, previous researches have focused mostly  
44 processes on one individual scale.

45        Recently, the multiscale issue has caught much attention in the Meiyu-Baiu research. Fu et al.  
46 (2018) applied a temporal scale separation method developed by Murakami (2011) to a case  
47 study. They decomposed the original flow into a precipitation-related eddy flow and its  
48 background circulation, and utilized the Climate Forecast System version 2 (CFSv2) data of the  
49 National Centers for Environmental Prediction (NCEP) to calculate the energy budget within the  
50 rainstorm process. Because of the low temporal resolution of the CFSv2 data, their research was  
51 focused mainly on a weekly temporal scale with a coarser spatial resolution, which may have led  
52 to the underestimation of energy transport. Besides, Meiyu-Baiu rainstorms have a short lifetime,  
53 ranging from minutes to a few hours, hence a low temporal resolution may fail to capture the  
54 realistic features. Moreover, the method by Murakami (2011) is based on the classical Reynolds  
55 decomposition, which does not apply to nonstationary background flow. This, among other  
56 problems, motivates us to seek for a more sophisticated methodology to analyze the multiscale  
57 interactions associated with the Meiyu-Baiu system.

58        Ever since the concept of available potential energy was promoted by Lorenz (1955),  
59 energetic analysis has been a powerful diagnostic tool in atmospheric and oceanic research (e.g.,  
60 Dickinson 1969; Charney and Drazin 1961; Lorenz, 1972; Orlanski and Katzfey, 1991; Chang  
61 1993; Hoskins et al., 1983; Trenberth 1986; Liang and Robinson, 2005; Su et al., 2016; Liang  
62 2016). However, Lorenz's energy equation is in a global integration form, which cannot be used  
63 for diagnosing regional processes, to which rainstorms are belonging. In order to establish a  
64 faithful local Lorenz-type energetics formalism, two issues must be fixed: 1) how to separate  
65 transport and transfer processes out of the nonlinear terms in the resulting multiscale energy  
66 equations, and 2) how to characterize the temporal variation of the resulting multiscale energy,  
67 while applying scale decomposition in the time direction. These issues are resolved in a unified

68 treatment within the framework of multiscale window transform (MWT), a functional analysis  
69 tool recently invented by Liang and Anderson (2007). In this study, we will employ MWT and  
70 MWT-based multiscale energetics analysis to investigate the dynamic multiscale interactions  
71 associated with a Meiyu-Baiu rainstorm. A brief introduction to MWT and MWT-based  
72 methodology is provided in section 2. Section 3 introduces the data and experimental design.  
73 Results are given in Section 4. Section 5 offers a discussion. A summary is provided in section 6.

74

## 75 **2. Methodology**

### 76 *a. Multiscale window transforms*

77 Details regarding MWT have been addressed by Liang and Anderson (2007). MWT is a  
78 new functional tool developed to generalize the classical mean-eddy decomposition in fluid  
79 mechanics to include three or more ranges of scales, and to ensure a faithful representation of  
80 localized energy processes (Liang and Anderson, 2007). It has been utilized to investigate  
81 blocking high (Li et al., 2020) and squall line convection, basing on the nonhydrostatic  
82 framework simulation by WRF (Guo and Liang, 2022). MWT can decompose a function space  
83 into a direct sum of orthogonal subspaces, referring to scale windows. In our case study, five  
84 related variable fields (e.g., potential temperature, geopotential, zonal wind, meridional wind,  
85 and vertical wind at pressure coordinates) are utilized to present the dynamic features and  
86 calculate the energy transfer of a Meiyu-Baiu rainstorm. We decompose these fields into three  
87 scale windows: the background flow window, the mesoscale window, and the rainstorm window.

### 88 *b. MWT-based multiscale energetics*

89 MWT-based multiscale energy analysis utilizes the decomposing fields processed in a  
90 former MWT procedure to further calculate some diagnosed variables that can be employed in

91 dynamic process investigation. Detailed derivations of the equations can be found in Liang (2016,  
 92 Section 4). Here, we just introduce some formulas and clarify their meteorological meanings  
 93 when applied in the following discussion.

94 Kinetic energy (KE) is an essential variable to be diagnosed during rainstorm dynamic analysis.  
 95 For every scale window, kinetic energy is calculated by two-dimensional horizontal wind as  
 96 follows:

$$97 \quad K^{\varpi} = \frac{1}{2} \hat{\mathbf{v}}_h^{\sim\varpi} \cdot \hat{\mathbf{v}}_h^{\sim\varpi} \quad (1)$$

98  $K^{\varpi}$  is the kinetic energy in scale window  $\varpi$ .  $\hat{\mathbf{v}}^{\sim\varpi}$  and  $\hat{\mathbf{v}}_h^{\sim\varpi}$  are three-dimensional wind and two-  
 99 dimensional horizontal wind in scale window  $\varpi$ , respectively. Then, the flux of KE in window  $\varpi$   
 100 is presented as

$$101 \quad \mathbf{Q}_K^{\varpi} = \frac{1}{2} (\widehat{\mathbf{v}\mathbf{v}_h})^{\sim\varpi} \cdot \hat{\mathbf{v}}_h^{\sim\varpi} \quad (2)$$

102 For the transfer of KE between different scale windows, canonical transfer is introduced here.  
 103 The canonical transfer of KE from the background flow window to the mesoscale window can  
 104 present barotropic instability, which is a tool for investigating dynamic processes. Canonical  
 105 transfer of KE to window  $\varpi$  is

$$106 \quad \Gamma_K^{\varpi} = \frac{1}{2} [(\widehat{\mathbf{v}\mathbf{v}_h})^{\sim\varpi} : \nabla \hat{\mathbf{v}}_h^{\sim\varpi} - \nabla \cdot (\widehat{\mathbf{v}\mathbf{v}_h})^{\sim\varpi} \cdot \hat{\mathbf{v}}_h^{\sim\varpi}] \quad (3)$$

107 We calculate pressure flux in window  $\varpi$  as

$$108 \quad \mathbf{Q}_p^{\varpi} = \hat{\mathbf{v}}^{\sim\varpi} \hat{\Phi}^{\sim\varpi} \quad (4)$$

109 Here,  $\hat{\Phi}^{\sim\varpi}$  is the geopotential in window  $\varpi$ .

110 APE, which is usually the source of KE, is also diagnosed. APE is presented as

$$111 \quad A^{\varpi} = \frac{1}{2} c (\hat{T}^{\sim\varpi})^2 \quad (5)$$

$$112 \quad c = \frac{g}{\bar{T}(g/c_p - L)} \quad (6)$$



113  $\hat{T}^{\sim\varpi}$  is the potential temperature in window  $\varpi$ , and  $c_p$  is specific heat at constant pressure.  $L =$

114  $\frac{\partial \bar{T}}{\partial z}$  is the lapse rate, and  $g$  is acceleration of gravity. The buoyancy conversion rate, which

115 indicates the conversion rate from KE to APE, is calculated as

$$116 \quad b^{\varpi} = \hat{\omega}^{\sim\varpi} \hat{\alpha}^{\sim\varpi} \quad (7)$$

117  $\omega$  is the vertical wind in pressure coordinates and  $\alpha$  is the reciprocal of density. APE flux in

118 scale window  $\varpi$  is calculated as

$$119 \quad \mathbf{Q}_A^{\varpi} = \frac{1}{2} c \hat{T}^{\sim\varpi} (\widehat{\mathbf{v}T})^{\sim\varpi} \quad (8)$$

120 Similar to canonical transfer of KE, canonical transfer of APE from the background flow

121 window to the mesoscale window can present baroclinic instability. Here, we get canonical

122 transfer of APE to window  $\varpi$  as

$$123 \quad \Gamma_A^{\varpi} = \frac{c}{2} [(\widehat{\mathbf{v}T})^{\sim\varpi} \cdot \nabla \hat{T}^{\sim\varpi} - \hat{T}^{\sim\varpi} \nabla \cdot (\widehat{\mathbf{v}T})^{\sim\varpi}] \quad (9)$$

124 Then, the apparent source/sink, which is usually negligible, is calculated as

$$125 \quad S_A^{\varpi} = \frac{1}{2} \hat{T}^{\sim\varpi} (\widehat{\omega T})^{\sim\varpi} \frac{\partial c}{\partial p} + \frac{1}{T} (\widehat{\omega \alpha})^{\sim\varpi} \quad (10)$$

126 Finally, the multiscale kinetic and available energy equations are

$$127 \quad \frac{\partial K^{\varpi}}{\partial t} + \nabla \cdot \mathbf{Q}_K^{\varpi} = \Gamma_K^{\varpi} - \nabla \cdot \mathbf{Q}_P^{\varpi} - b^{\varpi} + F_{K,p}^{\varpi} + F_{K,h}^{\varpi} \quad (11)$$

$$128 \quad \frac{\partial A^{\varpi}}{\partial t} + \nabla \cdot \mathbf{Q}_A^{\varpi} = \Gamma_A^{\varpi} + b^{\varpi} + S_A^{\varpi} + F_A^{\varpi} \quad (12)$$

129 Here,  $F_{K,p}^{\varpi}$  and  $F_{K,h}^{\varpi}$  are the residue items of the KE equation.  $S_A^{\varpi}$  is the apparent source/sink of

130  $A^{\varpi}$  and is usually negligible.  $F_A^{\varpi}$  is the residue item of the APE equation.

131

### 132 **3. WRF Simulation and Validation**

133 With an advanced research version of the Weather Research and Forecasting (WRF) model  
134 (Version 3.9.1, Skamarock et al., 2008), a high-resolution numerical simulation of a Meiyu-Baiu  
135 rainstorm that occurred during 27-28 June 2016 was conducted. NCEP FNL (Final Operational  
136 Global Analysis) data were utilized to provide the initial and boundary conditions for the WRF  
137 simulation. A single domain covered the main area of the Meiyu-Baiu front at a horizontal  
138 resolution of 3 km. The number of horizontal grid points was 550×450, with the center of the  
139 model domain at 117.5 °E, 31.0 °N. There were 51 vertical sigma levels, and the top of the  
140 model was at 10 hPa. The model output was saved in 10-min intervals. The physical  
141 parameterization schemes used for the simulation were the WSM (WRF Single-Moment) 6-class  
142 graupel scheme (Hong and Lim, 2006), RRTM (Rapid and accurate Radiative Transfer Model)  
143 longwave radiation scheme (Mlawer et al., 1997), Goddard shortwave scheme (Chou and Suarez,  
144 1999), Monin-Obukhov (Janjić) surface-layer scheme (Janjić, 2002; Mellor and Yamada, 1982),  
145 RUC (Rapid Update Cycle) land-surface scheme (Smirnova et al., 1997), and Mellor-Yamada-  
146 Janjić (MYJ) TKE (Turbulent Kinetic Energy) boundary-layer scheme (Janjić, 2002). The  
147 cumulus parameterization scheme was not used.

148 The simulation experiment starts at 1800 UTC 26 June 2016, with an integration period of 54  
149 h. The initial 6 h simulation is treated as a spin-up. The valid simulation from 0000 UTC 27 June  
150 to 0000 UTC 29 June 2016 is used for analysis. For this study case, a gusty Meiyu-Baiu  
151 rainstorm occurred from 1200 UTC 27 to 0900 UTC 28 June.

152 To validate the simulation, the 21 h (between 1200 UTC 27 and 0900 UTC 28 June)  
153 accumulated precipitation is shown in Figure 1 against the merged product of satellite-derived  
154 precipitation from CMORPH (the Climate Prediction Center MORPHing technique) and hourly  
155 precipitation observed at the automatic weather stations in China. The merged data are utilized as

156 observations, which can correctly capture the main spatial characteristics of short-duration heavy  
157 rainfall, with 1 h temporal resolution and  $0.1^\circ$  spatial resolution (Zhou et al., 2015). PDF  
158 (Possibility Density Function) and OI (Optimum Interpolation) are employed within the merged  
159 algorithm. Figure 1 shows that the simulated precipitation patterns are similar to the observations,  
160 with the rain belt located from northern Hunan province to southern Jiangsu province. Two  
161 sensitive domains, with maximum rainfall greater than 80 mm, are chosen to investigate the  
162 multiscale energetic processes during the rainstorm. They are in northern Hunan province  
163 (Domain A) and southern Anhui province (Domain B), respectively. Detailed synoptic  
164 characteristics can be captured in Figure 2. The synoptic pattern is a typical one that the  
165 northwestern rim of the North Pacific subtropical anticyclone locates along the Yangtze River,  
166 together with a cold vertex at higher latitude. Two surface pressure troughs, respectively locate at  
167 domain A and B, could invoke upward movement. Additionally, abundant transportation of  
168 water vapor by Low Level Jet and instability of low troposphere in the northern part of Low  
169 Level Jet contribute a lot to the occurrence of rainstorm. The simulated geopotential heights at  
170 100hPa, 500 hPa, and 700 hPa are presented in Figure 3. Similar synoptic characteristics can be  
171 captured. During this rainstorm, geopotential height troughs locate in Domain A and B (Figure  
172 3(c2)). At 100 hPa, the geopotential height decreases and shear vorticity judged from the wind  
173 vectors increases, both in Domain A and B (Figure 3(a2)). With the favor of such synoptic  
174 background, convection is clearly seen with the maximum reflectivity over than 35 dBZ from  
175 1800 UTC to 0600 UTC 28 June (Figure 4).

176

#### 177 **4. Multiscale energetics analysis**

178 Five related variable fields from the simulation, namely potential temperature, geopotential,  
179 zonal wind, meridional wind, and vertical wind in pressure coordinates, are interpolated to 20  
180 pressure levels (ranging from 1000 hPa to 10 hPa) vertically and  $0.03^\circ$  horizontally, and are then  
181 processed in the MWT framework. WRF outputs provide consistent simulated fields with 256  
182 time series from 0000 UTC 27 June to 1830 UTC 28 June in a 10 min interval. As precipitation  
183 phenomena is greatly associated with vertical velocity, the values of time ranges for the  
184 decomposed windows are adopted basing on the temporal scale for meso-scale systems along  
185 Meiyu-Baiu front and spectrum of simulated vertical velocity at 700 hPa (Figure 5). Then, WRF  
186 simulations are decomposed into three temporal scale windows: the background flow window  
187 (from 21.33 h to 42.67 h, window 0), the mesoscale window (from 5.33 h to 21.33 h, window 1),  
188 and the rainstorm window (from 20 min to 5.33 h, window 2). The MWT-based multiscale  
189 energetic analysis within the defined sensitive domains (A and B in Figure 1) is discussed in this  
190 study.

191

#### 192 *a. Rainstorm diurnal variation*

193 Meiyu-Baiu rainstorms typically have diurnal variation in the amount and intensity of  
194 precipitation. Previous studies have attempted to find a proper way to explain this diurnal  
195 variation (e.g., Zhou et al., 2008; Bao et al., 2011; Xue et al., 2018). The effect of nocturnal low-  
196 level jets (LLJs) is considered to be the main factor leading to diurnal variation in precipitation  
197 (Wallace, 1975; Helfand and Schubert, 1995; Carbone and Tuttle, 2008; Sato, 2013), with  
198 emphasis on the boundary layer. Xue et al. (2018) explained the diurnal variation in Meiyu-Baiu  
199 precipitation with the Blackadar boundary layer inertial oscillation theory, considering its  
200 convergence forcing by low-level ageostrophic winds. In this study, obvious diurnal variation in

201 the rainstorm is observed in both of the sensitive domains, with an early morning peak (Figure 6).  
202 Equipped with the new methodology, we anticipate new insights to explain this diurnal variation.

203

204 We first examine the vertical structure of the diurnal variation. Vertical velocity and  
205 geopotential height are used to illustrate the dynamic patterns (Figures 7-8). In all three scale  
206 windows, vertical velocity shows an oscillating pattern with time. When strong precipitation  
207 occurs, an obvious negative signal (i.e., representing vertical upward movement) exists in the  
208 background flow window from 850 hPa to 350 hPa, corresponding well to the precipitation peak  
209 phase in Figure 6. For the geopotential field, the lower layer and upper layer of troposphere  
210 separately occupies an opposite signal, with an oscillation about 12 hours in the mesoscale  
211 window. In the background flow window, high geopotential values occur mainly above 500 hPa.  
212 Several hours before the rainstorm, the upper boundary around 100 hPa in the background flow  
213 window shows a downward movement and forms a time-dimensional trough during the  
214 rainstorm peak period, which may reflect some dynamic processes at the top of the troposphere.

215

216 We now investigate these dynamic processes. Among the multiscale energetics as shown in  
217 section 2, the canonical transfers  $\Gamma_A^{\overline{\omega}}$  and  $\Gamma_K^{\overline{\omega}}$  can figure important processes in the multiscale  
218 interactions. It has been rigorously proved that they quantitatively measure the two fundamental  
219 instabilities, namely, baroclinic instability and barotropic instability, in geophysical fluid  
220 dynamics (Liang and Robinson, 2005). Figure 9 illustrates the baroclinic canonical transfer in  
221 different windows. In Figure 9 (a1) and (a2), there is an obvious baroclinic canonical transfer  
222 from the background flow window to the mesoscale window at 100 hPa, which indicates a  
223 baroclinic instability above the top of the troposphere. About 5 h before the rainstorm, the

224 baroclinic canonical transfer gains a high value of more than  $0.3 \text{ m}^2 \cdot \text{s}^{-3}$ , which lowers when  
225 the rainstorm occurs. The baroclinic canonical transfer from the background flow window to the  
226 rainstorm window presents a similar pattern above the top of the troposphere. For the mesoscale  
227 window, there also exists a baroclinic canonical transfer to the rainstorm window, forming a  
228 secondary instability. These three baroclinic canonical transfers all offer an instable dynamical  
229 environment in the lower stratosphere before rainstorm. The barotropic canonical transfers are  
230 shown in Figure 10. During the rainstorm, the rainstorm window and mesoscale window always  
231 gain barotropic canonical transfer from the background flow window, with a positive to negative  
232 vertically staggered pattern in the troposphere. In the vertical shallow convective region in  
233 particular (height about 4 km), barotropic instability is obvious within both of the sensitive  
234 domains (Figure 10 (a1) and (a2)), which seems to be in accord with the weak baroclinicity of  
235 Meiyu-Baiu front.

236

237

### 238 *b. Kinetic energy source*

239 APE can be released and largely converted into the KE of horizontal wind through  
240 vertical motion, under conditions closely approximating hydrostatic equilibrium (Kuo, 1954;  
241 White and Saltzman, 1956). Therefore, the release of APE is an essential factor associated with  
242 convective rainfall (Eshel and Farrell, 2001; Murugavel et al., 2011; Chen et al., 2014; Zhang et  
243 al., 2019). Figure 11 illustrates the buoyancy conversion rate, with a minus sign added. Thus, the  
244 positive value indicates the conversion from APE to KE. For the background flow window, the  
245 conversion from APE to KE occurs mainly in the middle to high levels of the troposphere. With  
246 the development of the convective rainstorm, the buoyancy conversion rate signal separates into

247 two branches for the rainstorm window. The lower one is stable at 700 hPa and the higher one  
248 goes up to a higher vertical level, about 200 hPa, which indicates a region of severe vertical  
249 convection. The same KE pattern can be captured in the rainstorm window in Figure 12. Diabatic  
250 heating is another factor to be considered in the Meiyu-Baiu rainstorm process. The contribution  
251 of vapor latent heating cannot be ignored. Liang (2016) indicates that the contribution of vapor  
252 latent heating is contained in  $F_A^{\overline{\omega}}$ . The vertical distribution of  $F_A^{\overline{\omega}}$  is shown in Figure 13. In these  
253 three scale windows, vapor latent heating is apparent during the rainstorm above 700 hPa, inside  
254 convective clouds. With the release of the vapor latent heat, APE is reserved for further  
255 conversion into KE.

256

257         Discussed above is about the spatiotemporal distributions of the baroclinic and  
258 barotropic canonical transfers, APE/KE tendencies, and buoyancy conversion. The vertical  
259 integration of them would provide a quantified Lorenz energy cycle and further clarify the KE  
260 source for Meiyu-Baiu rainstorms. Because baroclinic canonical transfer and barotropic  
261 canonical transfer (shown in Figures 9 and 10) differ in the lower level and above the top of the  
262 troposphere, we employ 300 hPa as a boundary to separate the vertical coordinate into an upper  
263 and a lower component to be integrated and then provide the Lorenz energy circulation chart of  
264 these two sensitive domains (shown in Figure 14), respectively. Below 300 hPa, the direction of  
265 energy flow is similar in both of the sensitive domains. Baroclinic canonical transfers from the  
266 rainstorm window and mesoscale window accumulate a large amount of APE, which will further  
267 convert into KE in the background window, forming the main KE source. Moreover, for the  
268 rainstorm window, there is direct barotropic canonical transfer from the background flow  
269 window and mesoscale window. Buoyancy conversion, gaining KE from APE with energy

270 release within the rainstorm window, contributes over 39% of the KE in the rainstorm window.  
271 Above 300 hPa, where severe vertical convection reaches such a height, the rainstorm window  
272 turns into the sink of APE, which converts to KE with buoyancy conversion. Additionally,  
273 barotropic canonical transfer from the background flow window directly brings a lot of KE to the  
274 rainstorm window.

275

276 Based on the discussion above, Figure 15 provides a conceptual model of the KE source for  
277 the Meiyu-Baiu rainstorm. For shallow convection, the rainstorm window is the KE source.  
278 Baroclinic canonical transfer from the rainstorm window brings a lot of APE, which is further  
279 converted into KE in the background flow window. For severe convection, with convective  
280 height higher than 300 hPa, the main source of KE is the background flow window. Barotropic  
281 canonical transfer brings KE from the background flow window to the rainstorm window.  
282 Baroclinic canonical transfer from the background flow window also contributes to APE, which  
283 can be converted into KE within the rainstorm window.

284

## 285 **5. Discussion**

286 In the above analysis about baroclinic and barotropic instabilities, an obvious baroclinic  
287 instability signal can be captured around 100 hPa a few hours before the rainstorm. Is there any  
288 relationship between the upper-level disturbances and rainstorm occurrence? Baroclinic  
289 instability in the upper troposphere could generate mesoscale gravity waves, the period of which  
290 is 0.5-4 h (Zhang, 2004). Mesoscale gravity waves are found intimately linked to the initiation  
291 and modulation of convection (Lane and Reeder, 2001; Zhang et al., 2001). In Figure 3, an  
292 upper-level jet streak exists north of these two domains at 100 hPa. Then, such wind shear



293 instability would generate mesoscale gravity waves, which possibly linked to geostrophic  
294 adjustment associated with an unbalanced upper-tropospheric jet (Zhang, 2004). In Figure 16,  
295 the evolution and baroclinic structure of mesoscale gravity wave can be captured. As the  
296 simulation resolution is 3 km, a refined mesoscale gravity wave structure is presented.  
297 Horizontal distribution of straightly oscillated convergence and divergence signals clearly  
298 present the structure of mesoscale gravity wave, with an approximately wavelength of 30 km.  
299 From  $t=36$  to  $t=60$ , approximately 4.2 h which corresponds well with baroclinic instability signal  
300 leading time against the rainstorm occurrence in Figure 9, the mesoscale gravity waves propagate  
301 downward from lower stratosphere to lower troposphere, with a baroclinic pattern. Once  
302 propagating to the lower troposphere, it perturbs the flow and helps to organizing convection.  
303 During the rainstorm ( $t=120$ ), large amount of convection has been triggered, with a barotropic  
304 structure, fitting well with the barotropic instability shown in Figure10. Additionally, the domain  
305 averaged positive divergence signal spreads downward from 100 hPa, acting as a pump to suck  
306 the lower-layer air and trigger the rainstorm (Figure 17). Overall, the mechanism of diurnal  
307 variation in the Meiyu-Baiu rainstorm is a complex interaction between the upper and lower  
308 layers of the troposphere. To this case study, baroclinic instability in the lower stratosphere is  
309 possibly the primary trigger for the diurnal variation of the Meiyu-Baiu rainstorm in both of the  
310 sensitive regions.

311 In previous studies, the effect of nocturnal low-level jets (LLJs) is considered to be the main  
312 factor leading to diurnal variation in precipitation, with emphasis on the boundary layer. In our  
313 case study, the effect of LLJ is really important within the rainstorm period. In Figure 2 and  
314 Figure 3, southwesterly winds at 700-hPa level flowed into the rainfall areas at 0000 UTC 28  
315 June, nearly the peak time of the rainstorm (Figure 6). At 1200 UTC 27 June, the southwesterly

316 winds were not constructed. Additionally, vapor latent heating which is contained in the residual  
317 term is apparent during the rainstorm above 700 hPa in the rainstorm period (Figure 13).  
318 However, the baroclinic instability signal in the upper level upper occurred 5 h before rainstorm.  
319 Although its magnitude is not comparable with that of the residual term, the downward  
320 propagating mesoscale gravity wave helps to the initiation and organization of convection.  
321 Moisture inflow in the lower levels is a quite important factor within rainstorm period. The upper  
322 level baroclinic instability offers a perturbation, which helps to organize convection. Without  
323 convection, abundant moisture would not lead to rainstorm occurrence. These two factors are  
324 both essential. With the newly energetics analysis tool, we captured the upper level signal, which  
325 possibly excites the rainstorm occurrence. For only one case study, the result may be insufficient.  
326 In the future, the robustness of rainstorm occurrence excited by upper level baroclinic instability  
327 should be tested, basing on a refined simulation with a longer period and more rainstorm cases.

328

## 329 **6. Summary**

330 The Meiyu-Baiu front is the main weather system that influences the Yangtze-Huai River  
331 area, China, in early summer. The formation of Meiyu-Baiu front rainstorms relies on the  
332 multiscale interactions in weather system. With a recently developed energetics analysis (Liang  
333 and Robinson, 2005; Liang, 2016), which is based on a functional analysis tool namely  
334 multiscale window transform (MWT), a rainstorm case is investigated to determine the energy  
335 transfer between different scale windows. Related highly resolved fields generated from a WRF  
336 model are decomposed using MWT into parts on the background flow window, mesoscale  
337 window, and rainstorm window. The interactions between these windows are then quantitatively  
338 analyzed in terms of the energy transferred between them. This offers an energetic view of the

339 diurnal variation and kinetic energy source for the Meiyu-Baiu rainstorm. Listed in the following  
340 are the main conclusions.

341 (a) An obvious baroclinic canonical transfer from the background flow window to the mesoscale  
342 window and rainstorm window occurs at about 100 hPa, 5 h before the Meiyu-Baiu rainstorm.  
343 The oscillation of the baroclinic canonical transfer agrees well with the diurnal variation of  
344 the rainstorm.

345 (b) Baroclinic instability in the lower stratosphere is possibly the primary trigger for the  
346 rainstorm to this case study. Baroclinic instability in the upper troposphere can generate  
347 mesoscale gravity waves. The mesoscale gravity waves propagate downward from lower  
348 stratosphere to lower troposphere, with a baroclinic pattern. Once propagating to the lower  
349 troposphere, it perturbs the flow and helps to organizing convection.

350 (c) The main source of KE during the Meiyu-Baiu rainstorm with a convective height lower than  
351 10 km is baroclinic canonical transfer from the rainstorm window, which further converts to  
352 KE within the background flow window. Moreover, the main source of KE for severe  
353 convection above 300 hPa is barotropic canonical transfer from the background flow window  
354 and baroclinic canonical transfer from the background flow window, which further converts  
355 to KE within the rainstorm window.

356 In short, the MWT-based multiscale energetics analysis offers a new insight into the diurnal  
357 variation and kinetic energy source in a typical Meiyu-Baiu rainstorm. Canonical transfer of APE  
358 from the background flow window to the mesoscale window can present baroclinic instability.  
359 Baroclinic instability is associated with mesoscale gravity waves, the period of which is 0.5-4 h,  
360 fitting well with the leading time of baroclinic signal before rainstorm. Thus, baroclinic  
361 instability in the lower stratosphere is the primary trigger for rainstorm occurrence, which could

362 be a powerful dynamic precursor that would be useful for forecasting. Barotropic canonical  
363 transfer together with baroclinic canonical transfer explains the kinetic energy source during  
364 different convective stages. We are expecting to apply the MWT-based multiscale energetic tool  
365 to more Meiyu-Baiu rainstorm cases and its successes in more operational forecasting  
366 applications.

367

### 368 *Acknowledgments*

369 The author appreciates NCAR for developing and updating the WRF model. The author is  
370 grateful to Prof. X. San Liang at Fudan University, Prof. Zhaoxia Pu at University of Utah and  
371 Prof. Ronghua Zhang at Nanjing University of Information Science and Technology for helpful  
372 discussion and useful comments. This work is supported by the National Science Foundation of  
373 China (NSFC) under Grant 41905089, the China Scholarship Council (CSC) Program  
374 (201908320156), and the NUIST Startup Program (2017r076).

### 375 *Data Availability Statement*

376 NCEP FNL data can be achieved from the website (<https://rda.ucar.edu/datasets/ds083.2>), and  
377 the merged precipitation data can be obtained from the website  
378 ([http://data.cma.cn/data/cdcdetail/dataCode/SEVP\\_CLI\\_CHN\\_MERGE\\_CMP\\_PRE\\_HOUR\\_GR](http://data.cma.cn/data/cdcdetail/dataCode/SEVP_CLI_CHN_MERGE_CMP_PRE_HOUR_GR)  
379 [ID\\_0.10.html](http://data.cma.cn/data/cdcdetail/dataCode/SEVP_CLI_CHN_MERGE_CMP_PRE_HOUR_GR))

380

### 381 References

382 Bao, X., F. Zhang, and J. Sun, 2011: Diurnal variations of warm-season precipitation east of the  
383 Tibetan Plateau over China. *Mon. Wea. Rev.*, **139**(9), 2790–2810, doi: 10.1175/MWR-D-  
384 11-00006.1

385 Carbone, R. E., and J. D. Tuttle, 2008: Rainfall occurrence in the United States warm season:  
386 The diurnal cycle. *J. Clim.*, **21(16)**, 4132-4146, <https://doi.org/10.1175/2008JCLI2275.1>

387 Chang, E. K. M., 1993: Downstream development of baroclinic waves as inferred from  
388 regression analysis. *J. Atmos. Sci.*, **50** (13), 2038–2053, [https://doi.org/10.1175/1520-0469\(1993\)050<2038:DDOBWA>2.0.CO;2](https://doi.org/10.1175/1520-0469(1993)050<2038:DDOBWA>2.0.CO;2)

390 Charney, J. G., and P. G. Drazin, 1961: Propagation of planetary scale disturbances from the  
391 lower into the upper atmosphere. *J. Geophys. Res.*, **66**, 83–109,  
392 [doi:10.1029/JZ066i001p00083](https://doi.org/10.1029/JZ066i001p00083).

393 Chen, G.-X., R. Yoshida, W.-M. Sha et al., 2014: Convective instability associated with the  
394 eastward-propagating rainfall episodes over eastern China during the warm season. *J.*  
395 *Clim.*, **27**, 2331-2339, [doi: 10.1175/JCLI-D-13-00443.1](https://doi.org/10.1175/JCLI-D-13-00443.1)

396 Chen, L.-F., and K. Gao, 2006: The simulation of the uneven characteristics of Meiyu front  
397 structure. *Acta Meteor. Sinica*, **64(2)**, 164-179.

398 Chen, T.-J. G., and C.-P. Chang, 1980: The structure and vorticity budget of an early summer  
399 monsoon trough (Mei-Yu) over southeastern China and Japan. *Mon. Wea. Rev.*, **108**,  
400 942–953, [https://doi.org/10.1175/1520-0493\(1980\)108<0942:TSAVBO>2.0.CO;2](https://doi.org/10.1175/1520-0493(1980)108<0942:TSAVBO>2.0.CO;2)

401 Chen, Y.-M., and Y.-P. Qian, 2006: The analysis and numerical simulation of atmospheric  
402 circulation of Mei-yu rainfall in the mid-lower reaches of the Changjiang River. *J.*  
403 *Tropical Meteor.*, **22(1)**, 26-33.

404 Cho, H.-R., and T.-J. G. Chen, 1995: Mei-Yu frontogenesis. *J. Atmos. Sci.*, **52**, 2109–2120,  
405 [https://doi.org/10.1175/1520-0469\(1995\)052<2109:MYF>2.0.CO;2](https://doi.org/10.1175/1520-0469(1995)052<2109:MYF>2.0.CO;2)

406 Chou, M.-D., and M. J. Suarez, 1999: A solar radiation parameterization for atmospheric studies.  
407 *NASA Tech. Memo*, 104606, 40.

408 Dickinson, R. E., 1969: Theory of planetary wave-zonal flow interaction. *J. Atmos. Sci.*, **26**, 73-  
409 81, doi:10.1175/1520-0469(1969)026,0073:TOPWZF.2.0.CO;2.

410 Ding, Y.-H., 1991: Advanced Meteorology. Beijing, *Meteorological Press*, 236.

411 Ding, Y.-H., J.-J. Liu, Y. Sun et al., 2007: A study of the synoptic-climatology of the Meiyu  
412 system in East Asia. *Chinese J. Atmos. Sci.*, **31(6)**, 1082-1101.

413 Eshel, G., and B. F. Farrell, 2001: Thermodynamics of eastern Mediterranean rainfall variability.  
414 *J. Atmos. Sci.*, **58**, 87–92, [https://doi.org/10.1175/1520-0469\(2001\)058<0087:TOEMRV>2.0.CO;2](https://doi.org/10.1175/1520-0469(2001)058<0087:TOEMRV>2.0.CO;2)

415

416 Fu, S., R.-X. Liu, and J.-H. Sun, 2018: On the scale interactions that dominate the maintenance  
417 of a persistent heavy rainfall event: A piecewise energy analysis. *J. Atmos. Sci.*, **75**, 907-  
418 925, doi: 10.1175/JAS-D-17-0294.1.

419 Guo, Ziyu, X. San Liang, 2022: Nexus of ambient flow and squall line via turbulence in the  
420 March 2018 meso-scale convective system over Southeast China. *Atmospheric Research*,  
421 277, 106287. doi: 10.1016/j.atmosres.2022.106287

422 Helfand, H. M., and S. D. Schubert, 1995: Climatology of the simulated Great Plains low-level  
423 jet and its contribution to the continental moisture budget of the United States. *J. Clim.*,  
424 **8(4)**, 784-806, [https://doi.org/10.1175/1520-0442\(1995\)008<0784:COTSGP>2.0.CO;2](https://doi.org/10.1175/1520-0442(1995)008<0784:COTSGP>2.0.CO;2)

425 Hong, S.-Y., and J.-O. J. Lim, 2006: The WRF Single-Moment 6-Class Microphysics Scheme  
426 (WSM6). *J. Korean Meteorol. Soc.* 2006, **42**, 129–151.

427 Hoskins, B. J., J. Brian, I. N. James, and G. H. White, 1983: The shape, propagation and mean-  
428 flow interaction of large-scale weather systems. *J. Atmos. Sci.*, **40**, 1595–1612,  
429 doi:10.1175/1520-0469(1983)040,1595:TSPAMF.2.0.CO;2.

430 Janjić, Z. I., 2002: Nonsingular implementation of the Mellor–Yamada level 2.5 scheme in the  
431 NCEP Meso model. *NCEP Office Note*, 437, 61.

432 Jiang, J.-Y., and Y.-Q. Ni, 2003: A diagnostic study of the multi-scale characteristics of a Meiyu  
433 front heavy rain-fall process in 1998. *Acta Meteor. Sinica*, **61(6)**, 673-683.

434 Kawatani, Y., and M. Takahashi, 2003: Simulation of the Baiu front in a high resolution AGCM.  
435 *J. Meteor. Soc. Japan*, **81**, 113–126.

436 Kuo, H. L., 1954: Energy releasing processes and stability of thermally driven motions in a  
437 rotating fluid. *J. Meteorol.*, **13**, 82-101, [https://doi.org/10.1175/1520-  
438 0469\(1956\)013<0082:ERPASO>2.0.CO;2](https://doi.org/10.1175/1520-0469(1956)013<0082:ERPASO>2.0.CO;2)

439 Lane, T. P., and M. J. Reeder, 2001: Convectively generated gravity waves and their impacts on  
440 the cloud environment. *J. Atmos. Sci.*, 58, 2427–2440, [https://doi.org/10.1175/1520-  
441 0469\(2001\)058<2427:CGGWAT>2.0.CO;2](https://doi.org/10.1175/1520-0469(2001)058<2427:CGGWAT>2.0.CO;2)

442 Li G., J. Ma, X. San Liang, 2020: A study of the multiscale dynamical processes underlying the  
443 blocking high that caused the January 2008 freezing rain and snow storm in southern  
444 China (in Chinese). *Acta Meteor. Sinica.*, **78(1)**, 18-32, doi: 10.11676/qxxb2020.016

445 Li, K., Y.-P. Xu, R.-C. Yu, and R. Cheng, 2005: Comparative studies of three types of heavy  
446 rainstorms associated with the Meiyu front by numerical simulations. *Chinese J. Atmos.  
447 Sci.*, **29(2)**, 236-248.

448 Liang, X. S., 2016: Canonical transfer and multiscale energetics for primitive and  
449 quasigeostrophic atmospheres. *J. Atmos. Sci.*, **73**, 4439–4468, doi:10.1175/JAS-D-16-  
450 0131.1.

451 Liang, X. S., and A. R. Robinson, 2005: Localized multiscale energy and vorticity analysis: I.  
452 fundamentals. *Dyn. Atmos. Oceans*, **38**, 195–230, doi:10.1016/j.dynatmoce.2004.12.004.

453 Liang, X. S., and D. G. M. Anderson, 2007: Multiscale window transform. *SIAM J. Mutiscale*  
454 *Model. Simul.*, **6(2)**, 437–467, <https://doi.org/10.1137/06066895X>.

455 Liao, J., and Z.-M. Tan, 2005: Numerical simulation of a heavy rainfall event along the Meiyu  
456 front: Influences of different scale weather systems. *Acta Meteor. Sinica*, **63(5)**, 771-789.

457 Liu, Y., M. Xu, and H.-F. Zhu, 2004: The study of interannual changes about the Meiyu period  
458 in Anhui province. *Scientia Meteor. Sinica*, **24(4)**, 488-494.

459 Long, X., and L.-S. Cheng, 2004: Numerical simulation and analysis for “99.6” Meiyu front  
460 rainstorm and the low vortex with shear line. *Chinese J. Atmos. Sci.*, **28(3)**, 342-356.

461 Lorenz, E. N., 1955: Available potential energy and the maintenance of the general circulation.  
462 *Tellus*, **7**, 157-167, doi:10.1111/j.2153-3490.1955.tb01148.x.

463 Lorenz, E. N., 1972: Barotropic instability of Rossby wave motion. *J. Atmos. Sci.*, **29**, 258-264.  
464 [https://doi.org/10.1175/1520-0469\(1972\)029<0258:BIORWM>2.0.CO;2](https://doi.org/10.1175/1520-0469(1972)029<0258:BIORWM>2.0.CO;2).

465 Mellor, G. L., and T. Yamada, 1982: Development of a turbulence closure model for geophysical  
466 fluid problems. *Rev. Geophys.* **20**, 851–875.

467 Mlawer, E. J., S. J. Taubman, P. D. Brown, M. J. Iacono, and S. A. Clough, 1997: Radiative  
468 transfer for inhomogeneous atmospheres: RRTM, a validated correlated-k model for the  
469 longwave. *J. Geophys. Res. Atmos.*, **102**, 16663–16682.

470 Murakami, S., 2011: Atmospheric local energetics and energy interactions between mean and  
471 eddy fields. Part I: Theory. *J. Atmos. Sci.*, **68**, 760–768,  
472 <https://doi.org/10.1175/2010JAS3664.1>.

473 Murugavel, P., S. D. Pawar, and V. Gopalakrishnan, 2011: Trends of Convective Available  
474 Potential Energy over the Indian region and its effect on rainfall. *Int. J. Climatol.*, **32**,  
475 1362–1372, doi: 10.1002/joc.2359.



476 Ni, Y.-Q., and X.-J. Zhou, 2004: Study for formation mechanism of heavy rainfall within the  
477 Meiyu front along the middle and downstream of Yangtze River and theories and  
478 methods of their detection and prediction. *Acta Meteor. Sinica*, **62(5)**, 647-662.

479 Ninomiya, K., 1984: Characteristics of Baiu front as a predominant subtropical front in the  
480 summer Northern Hemisphere. *J. Meteor. Soc. Japan*, **62**, 880-894.

481 Ninomiya, K., 2000: Large- and meso-a-scale characteristics of Meiyu/Baiu front associated with  
482 intense rainfalls in 1-10 July 1991. *J. Meteor. Soc. Japan*, **78**, 141–157.

483 Ninomiya, K., and Y. Shibagaki, 2007: Multi-scale features of the Meiyu-Baiu front and  
484 associated precipitation systems. *J. Meteor. Soc. Japan*, **85B**, 103–122.

485 Orlanski, I. and J. Katzfey, 1991: The life cycle of a cyclone wave in the southern hemisphere.  
486 Part I: Eddy energy budget. *J. Atmos. Sci.*, **48 (17)**, 1972–1998,  
487 [https://doi.org/10.1175/1520-0469\(1991\)048<1972:TLCOAC>2.0.CO;2](https://doi.org/10.1175/1520-0469(1991)048<1972:TLCOAC>2.0.CO;2)

488 Sampe, T., and S-P. Xie, 2010: Large-scale dynamics of the Meiyu-Baiu rainband:  
489 Environmental forcing by the westerly jet. *J. Clim.*, **23**, 113-134,  
490 [doi:10.1175/2009JCLI3128.1](https://doi.org/10.1175/2009JCLI3128.1).

491 Sato, T., 2013: Mechanism of orographic precipitation around the Meghalaya Plateau associated  
492 with intraseasonal oscillation and the diurnal cycle. *Mon. Wea. Rev.*, **141**, 2451–2466, doi:  
493 [10.1175/MWR-D-12-00321.1](https://doi.org/10.1175/MWR-D-12-00321.1)

494 Shen, S., Y.-C. Zhang, H. Xiao, and X.-P. Zhou, 2011: Ability of the model BCC\_AGCM2.0.1  
495 to reproduce Meiyu precipitation. *Meteor. Mon.*, **37(11)**, 1336-1342.

496 Skamarock, W. C., J. B. Klemp, J. Dudhia, D. O. Gill, D. M. Barker, W. Wang, and J. G. Powers,  
497 2008: A description of the Advanced Research WRF version 3. NCAR Technical note -

498 475+STR (2008). Available at  
499 <http://citeseerx.ist.psu.edu/viewdoc/summary?doi=10.1.1.484.3656>

500 Smirnova, T. G., J. M. Brown, and S. G. Benjamin, 1997: Performance of different soil model  
501 configurations in simulating ground surface temperature and surface fluxes. *Mon. Wea.*  
502 *Rev.* **125**, 1870–1884, [https://doi.org/10.1175/1520-](https://doi.org/10.1175/1520-0493(1997)125<1870:PODSMC>2.0.CO;2)  
503 [0493\(1997\)125<1870:PODSMC>2.0.CO;2](https://doi.org/10.1175/1520-0493(1997)125<1870:PODSMC>2.0.CO;2)

504 Su, Z., A. Ingersoll, A. Steward, and A. Thompson, 2016: Ocean convective available potential  
505 energy. Part II: Energetics of thermobaric convection and thermobaric cabbeling. *J. Phys.*  
506 *Oceanogr.*, **46**, 1097–1115, doi:10.1175/JPO-D-14-0156.1.

507 Sun, J., X.-F. Lou, Z.-J. Hu, and S.-X. Zhao, 2007: A numerical simulation on torrential rain  
508 during the Meiyu period and analysis of mesoscale and microscale structure of  
509 convective systems. *Chinese J. Atmos. Sci.*, **31(1)**, 1-18.

510 Trenberth, K. E., 1986: An assessment of the impact of transient eddies on the zonal flow during  
511 a blocking episode using localized Eliassen-Palm flux diagnostics. *J. Atmos. Sci.*, **43**,  
512 2070–2087, doi:10.1175/1520-0469(1986)043<2070:AAOTIO>2.0.CO;2.

513 Wallace, J. M., 1975: Diurnal variations in precipitation and thunderstorm frequency over the  
514 conterminous United States. *Mon. Wea. Rev.*, **103(5)**, 406-419,  
515 [https://doi.org/10.1175/1520-0493\(1975\)103<0406:DVIPAT>2.0.CO;2](https://doi.org/10.1175/1520-0493(1975)103<0406:DVIPAT>2.0.CO;2).

516 White, R. M., and B. Saltzman, 1956: On conversions between potential and kinetic energy in  
517 the atmosphere. *Tellus*, **8**, 357-363.

518 Xue, M., X. Luo, K.-F. Zhu, Z.-Q. Sun, and J.-F. Fei, 2018: The controlling role of boundary  
519 layer inertial oscillations in Meiyu frontal precipitation and its diurnal cycles over China.  
520 *J. Geophys. Res. Atmos.*, **123**, 5090-5115, doi: 10.1029/2018JD028368.

521 Zhang, F., S. E. Koch, C. A. Davis, and M. L. Kaplan, 2001: Wavelet analysis and the governing  
522 dynamics of a large-amplitude gravity wave event along the east coast of the United  
523 States. *Quart. J. Roy. Meteor. Soc.*, **127**, 2209–2245,  
524 <https://doi.org/10.1002/qj.49712757702>

525 Zhang, F.-Q., 2004: Generation of mesoscale gravity waves in upper-tropospheric jet–front  
526 systems. *J. Atmos. Sci.*, **61**, 440-457, [https://doi.org/10.1175/1520-](https://doi.org/10.1175/1520-0469(2004)061<0440:GOMGWI>2.0.CO;s)  
527 [0469\(2004\)061<0440:GOMGWI>2.0.CO;s](https://doi.org/10.1175/1520-0469(2004)061<0440:GOMGWI>2.0.CO;s).

528 Zhang, L., J.-Z. Min, and X.-R. Zhuang, 2019: General features of extreme rainfall events  
529 produced by MCSs over East China during 2016–17. *Mon. Wea. Rev.*, **147**, 2693–2714,  
530 <https://doi.org/10.1175/MWR-D-18-0455.1>

531 Zhang, X.-L., S.-Y. Tao, and S.-L. Zhang, 2004: Three types of heavy rainstorms associated with  
532 the Meiyu front. *Chinese J. Atmos. Sci.*, **28(2)**, 187-205.

533 Zhao, Y.-C., Y.-H. Wang, and C.-G. Cui, 2011: Multi-scale structure features of a typical Mei-yu  
534 frontal rainstorm process. *Trans. Atmos. Sci.*, **34(1)**, 14-27.

535 Zhou, T., R. Yu, H. Chen, A. Dai, and Y. Pan, 2008: Summer precipitation frequency, intensity,  
536 and diurnal cycle over China: A comparison of satellite data with rain gauge observations.  
537 *J. Clim.*, **21(16)**, 3997–4010, doi:10.1175/2008JCLI2028.1.

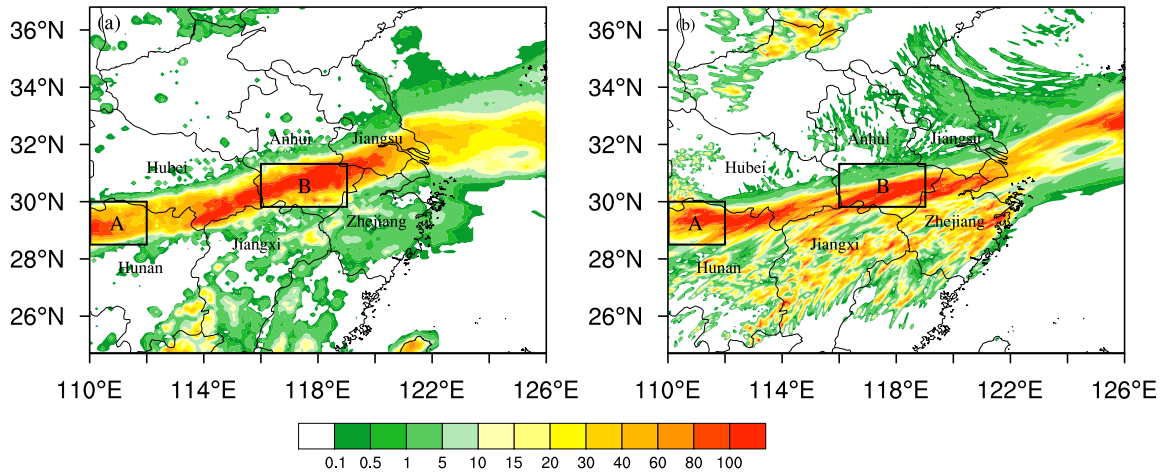
538 Zhou, X., Y.-L. Luo, and X.-L. Guo, 2015: Application of a CMORPH-AWS merged hourly  
539 gridded precipitation product in analyzing characteristics of short-duration heavy rainfall  
540 over southern China. *J. Tropical Meteor.*, **31(3)**, 332-344.

541 Zhu, Q.-G., J.-R. Lin, S.-W. Shou, and D.-S. Tang, 2007: Principles and Methods of  
542 Meteorology, Beijing, *Meteorological Press*, 351.

543

544

545  
546  
547  
548  
549



550

551 Figure 1. Observed accumulated precipitation (a) and simulated accumulated precipitation (b) from 1200 UTC 27 to  
552 0900 UTC 28 June (unit: mm).  
553

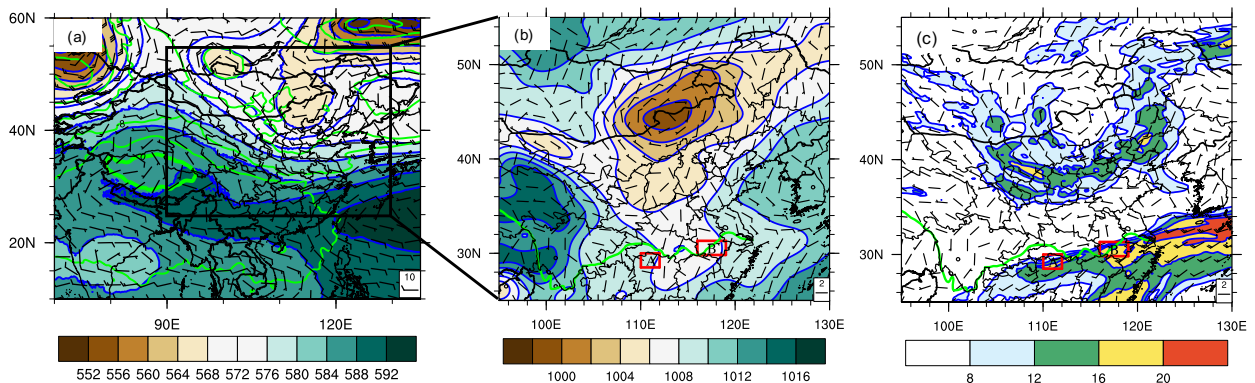
554

555

556

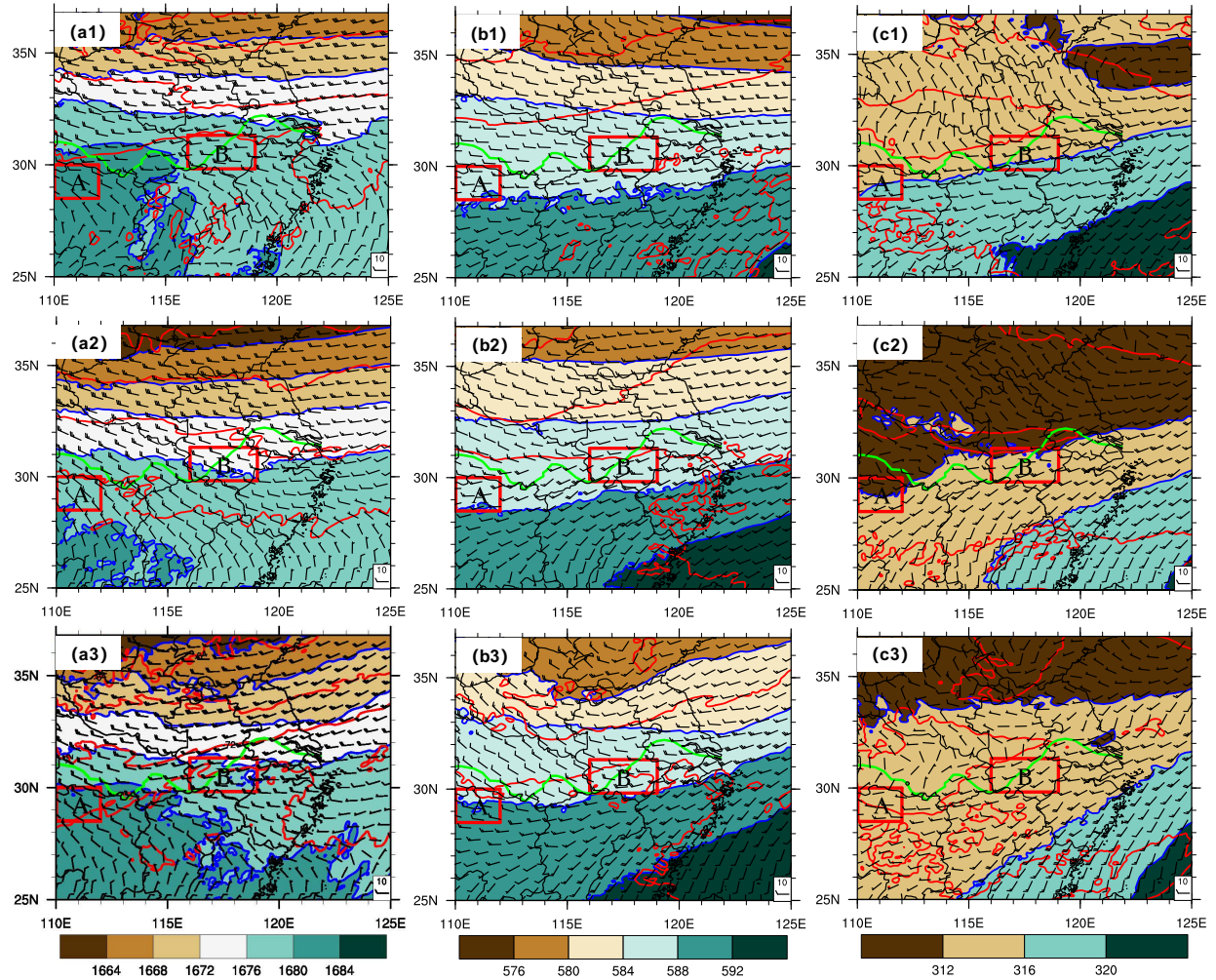
557

558



559

560 Figure 2. Horizontal distribution of (a) synoptic characteristics at 500 hPa (unit: 10 m), (b) sea surface pressure (unit:  
561 hPa), and (c) wind field at 700 hPa (unit:  $m \cdot s^{-1}$ ) basing on GDAS (Global Data Assimilation System) FNL (Final  
562 analysis) data, at 0000 UTC 28 June. The blue line with shaded colors in panel (a) represents geopotential height,  
563 and the green line represents temperature. The blue line with shaded colors represents sea surface pressure in panel  
564 (b) and that represents wind speed in panel (c). All vectors in those three panels represent wind. The green line in  
565 panel (b) and (c) indicates the path of the Yangtze River.  
566

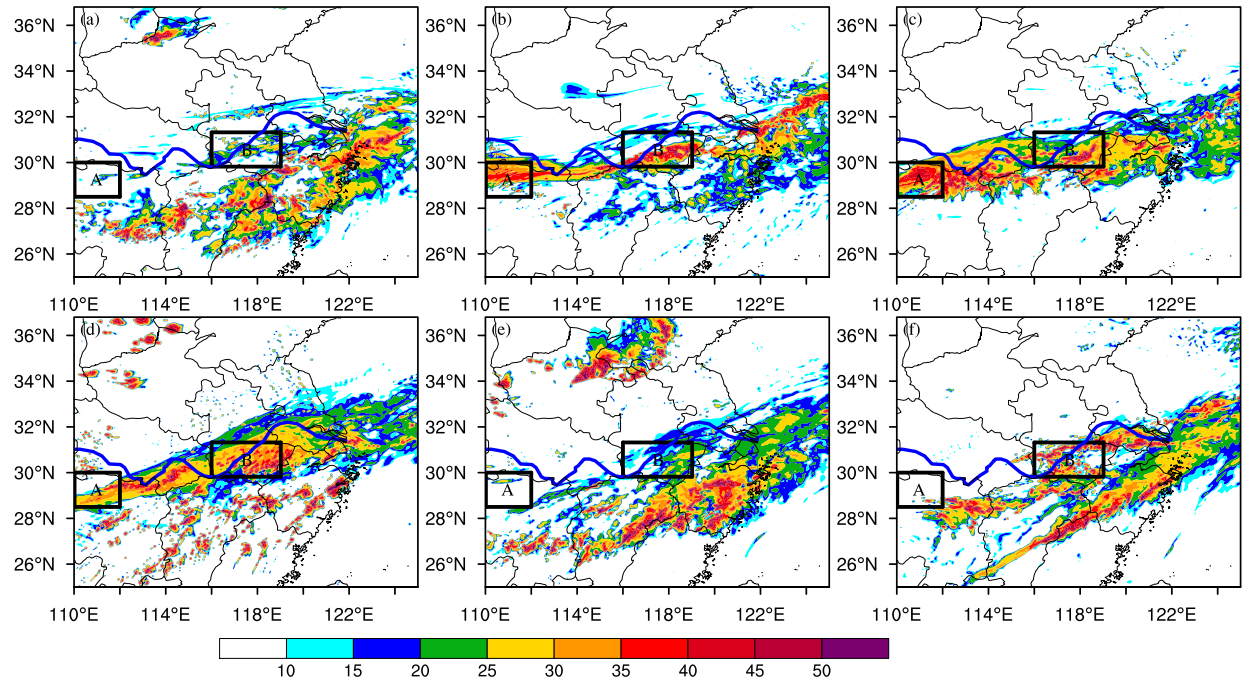


567

568 Figure 3. Horizontal distribution of simulated (a) geopotential height at 100 hPa (unit: 10 m), (b) geopotential height  
 569 at 500 hPa (unit: 10 m), and (c) geopotential height at 700 hPa (unit: 10 m). Row 1 to 3 represent the geopotential  
 570 height at 1200 UTC 27 June, 0000 UTC 28 June, and 1200 UTC 28 June, respectively. The blue line with shaded  
 571 colors in panel (a) and (b) represents geopotential height, and the red line represents temperature. All vectors in  
 572 those three panels represent wind. The green line indicates the path of the Yangtze River.

573

574



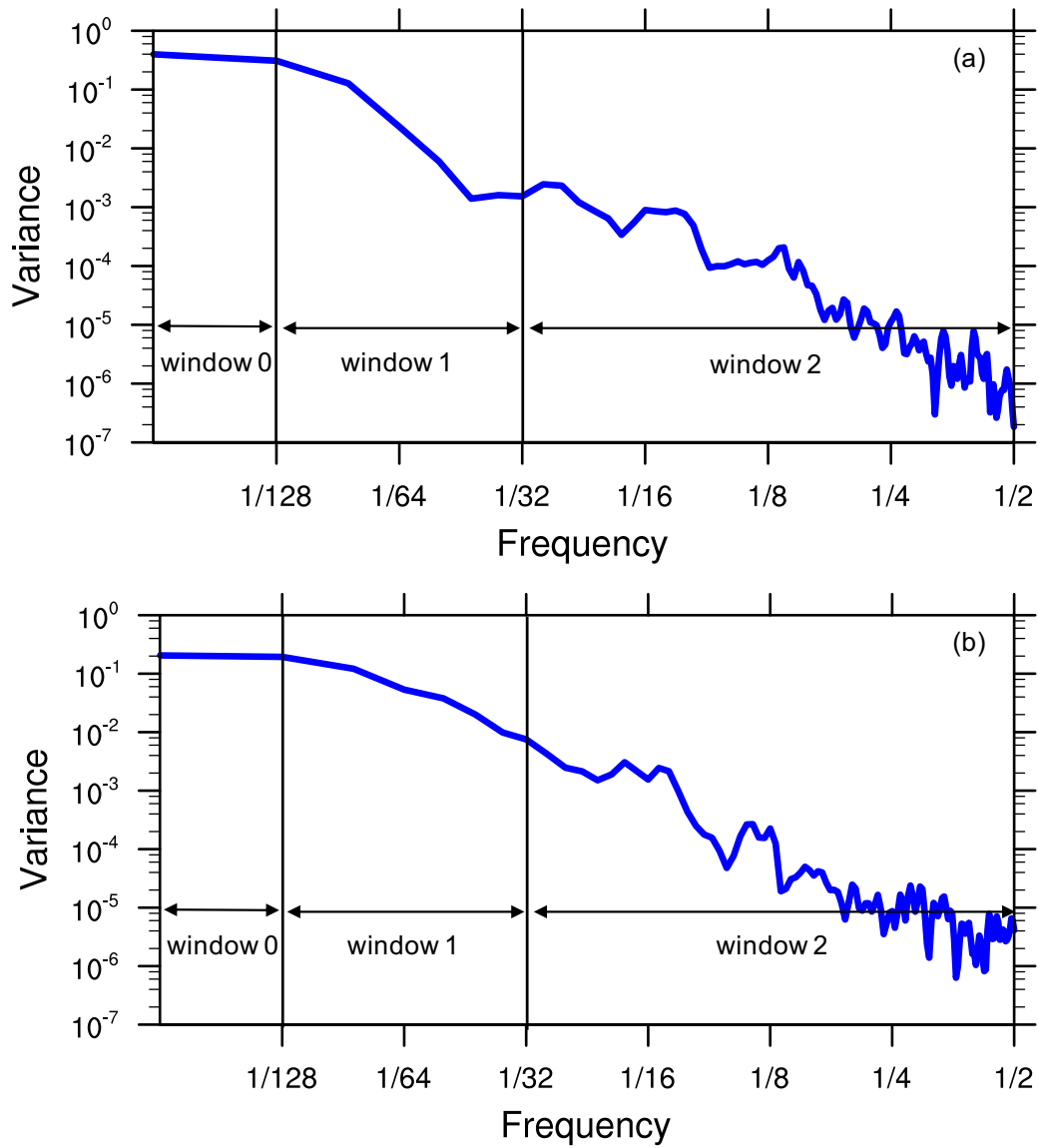
575

576

577

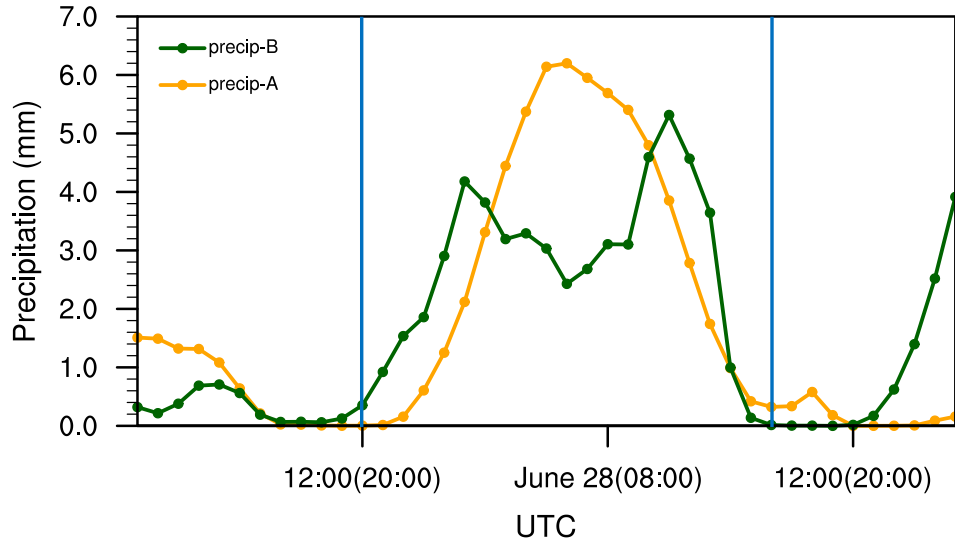
578

Figure 4. Horizontal distribution of maximum radar reflectivity (unit: dBZ) from 1200 UTC 27 June to 1800 UTC 28 June, with a 6 h interval. The blue line indicates the path of the Yangtze River.



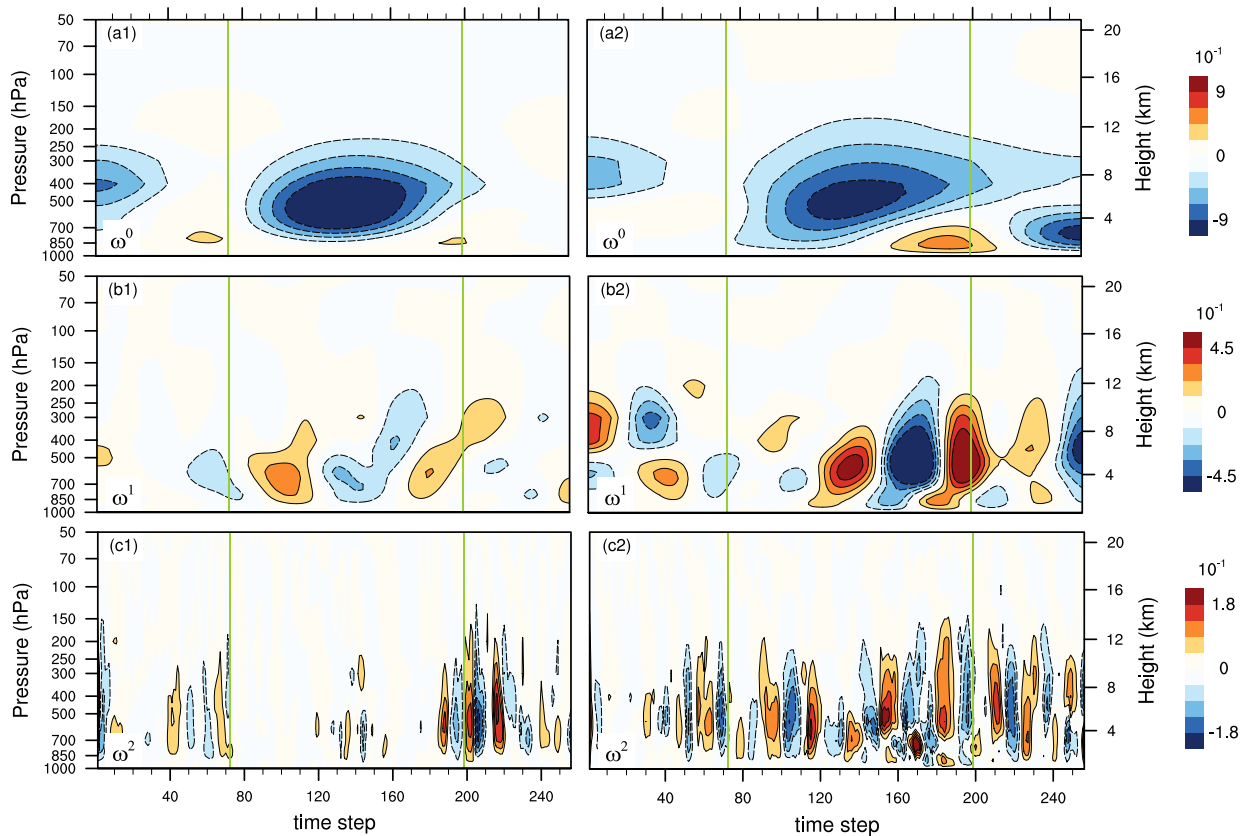
579

580 Figure 5. The spectrum of simulated vertical velocity at 700 hPa. Panel (a) and (b) represents domain A and B,  
 581 respectively. X axis represents the Nyquist frequency.



582

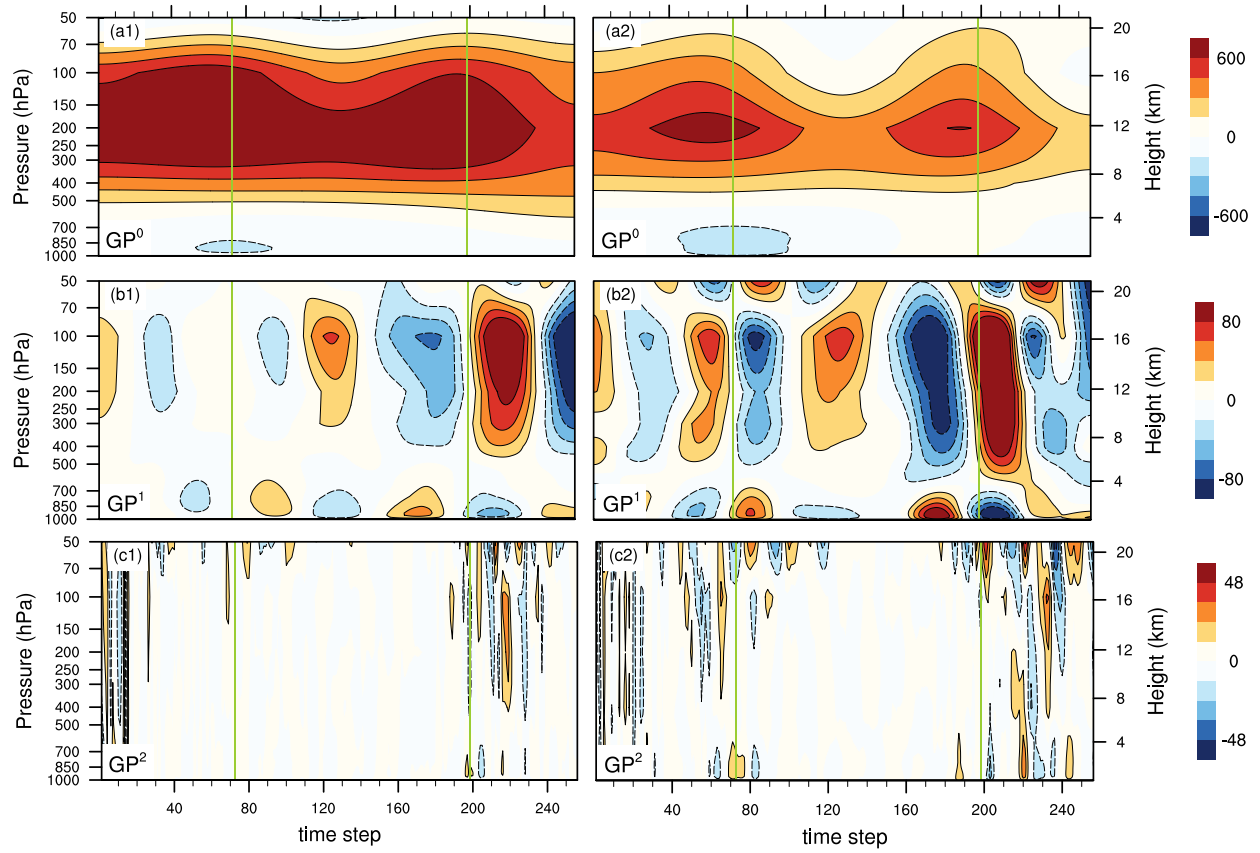
583 Figure 6. Variation of hourly precipitation in Domain A and Domain B (unit: mm). The blue line indicates the initial  
 584 and terminal time of rainstorm period discussed in the study. Local time is marked within the parentheses in X axis.  
 585



586

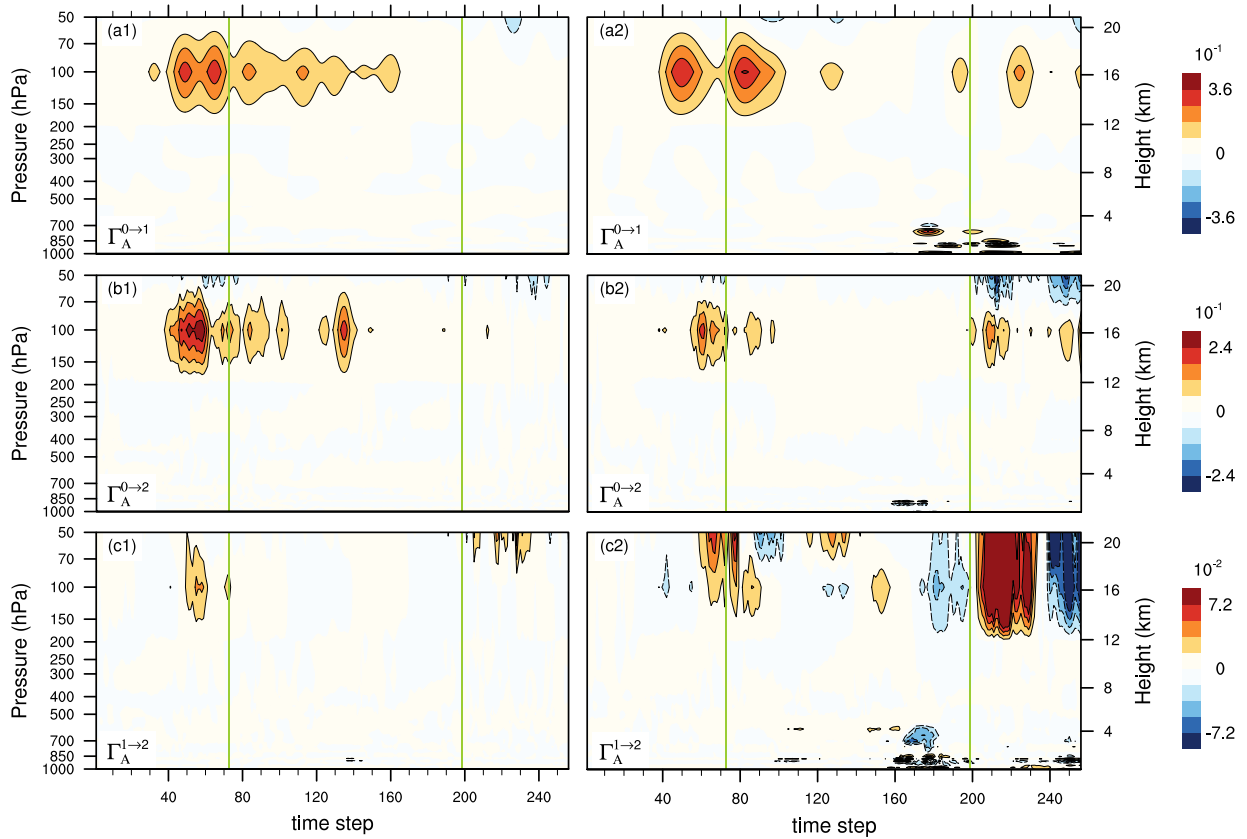
587 Figure 7. The pressure-time diagram of vertical velocity at pressure coordinate (unit:  $\text{Pa} \cdot \text{s}^{-1}$ ) vs. time between  
 588 different windows. The x axis consists of 256 time steps between 0000 UTC 27 June to 1830 UTC 28 June in a 10  
 589 min interval. The green line indicates the initial and terminal time of rainstorm. The left column is for Domain A  
 590 and the right is for Domain B. Row 1 to 3 denotes vertical velocity of background flow window, mesoscale window,  
 591 and rainstorm window, respectively.  
 592





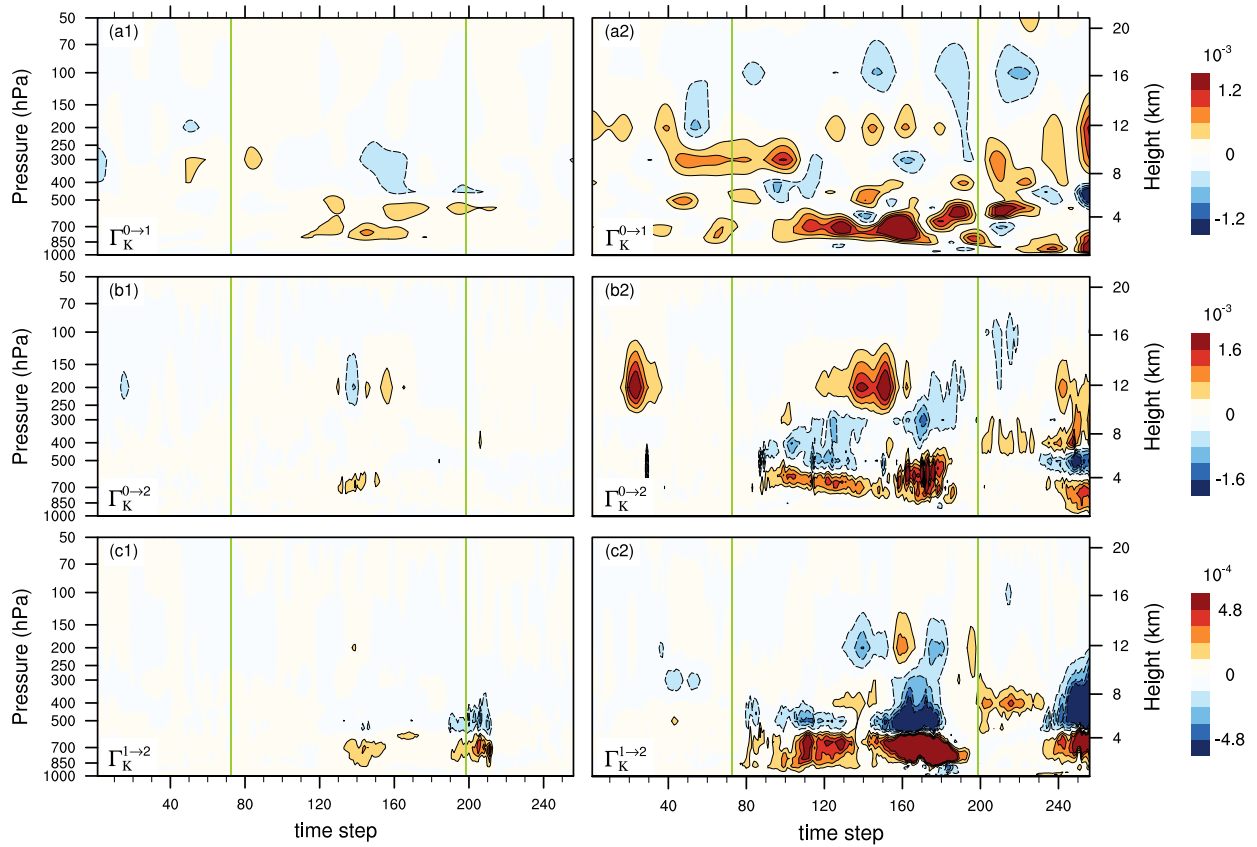
593

594 Figure 8. Same as Figure 6, except for geopotential (unit:  $J \cdot kg^{-1}$ ).



595

596 Figure 9. The pressure-time diagram of baroclinic canonical transfer  $\Gamma_A$  (unit:  $\text{m}^2 \cdot \text{s}^{-3}$ ) vs. time. The x axis consists  
 597 of 256 time steps between 0000 UTC 27 June to 1830 UTC 28 June in a 10 min interval. The green line indicates the  
 598 initial and terminal time of rainstorm. The left column is for Domain A and the right is for Domain B. Row 1 to 3  
 599 denotes baroclinic canonical transfer between different scale windows. The superscript of  $\Gamma_A$  indicates the direction  
 600 of baroclinic canonical transfer (e.g.,  $\Gamma_A^{0 \rightarrow 1}$  is from window 0 to window 1).



601

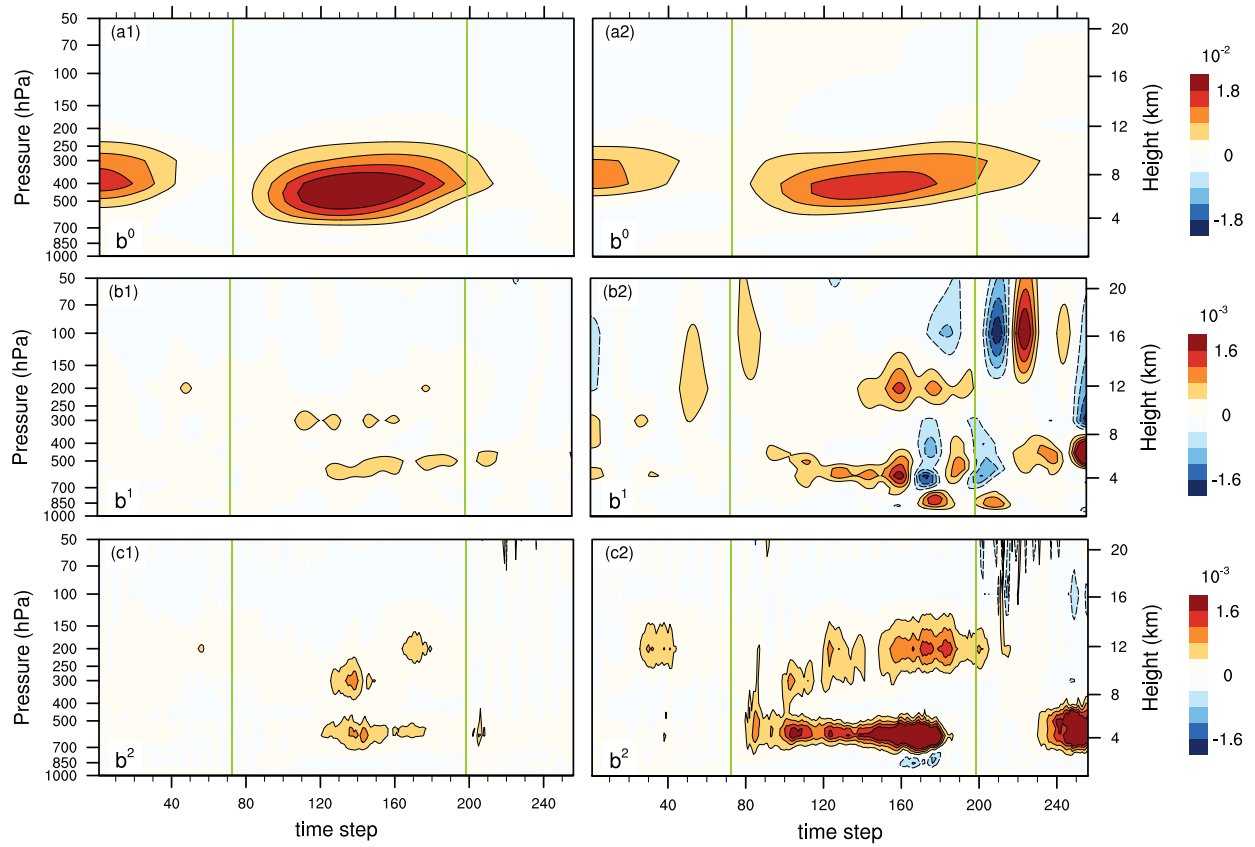
602 Figure 10. Same as Figure 9, except for the barotropic canonical transfers (unit:  $\text{m}^2 \cdot \text{s}^{-3}$ ). The superscript of  $\Gamma_K$   
 603 indicates the direction of barotropic canonical transfer (e.g.,  $\Gamma_K^{0 \rightarrow 1}$  is from window 0 to window 1).  
 604

605

606

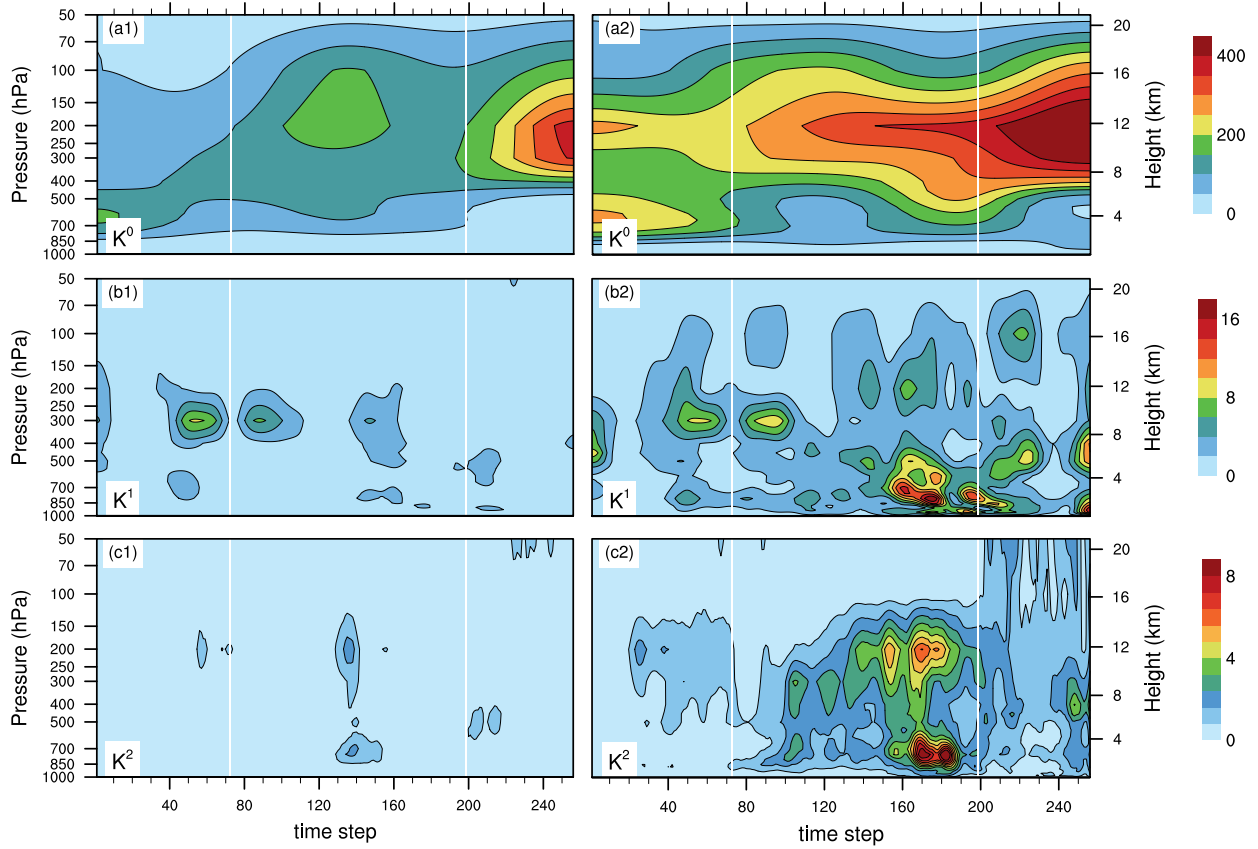
607

608



609

610 Figure 11. Same as Figure 9, except for buoyancy conversion rate.



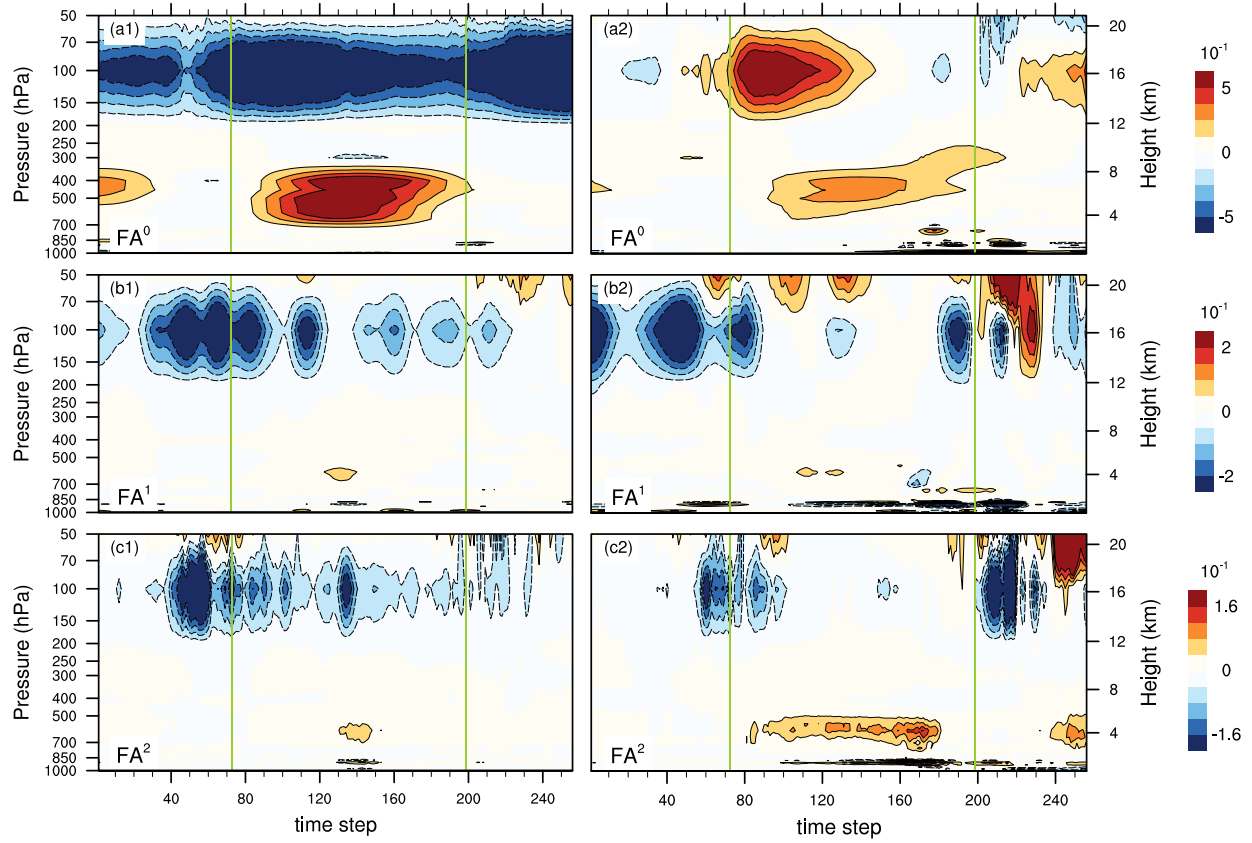
611

612

613

614

Figure 12. Same as Figure 12, except for kinetic energy (unit:  $\text{m}^2 \cdot \text{s}^{-2}$ ). The white line indicates the initial and terminal time of rainstorm.

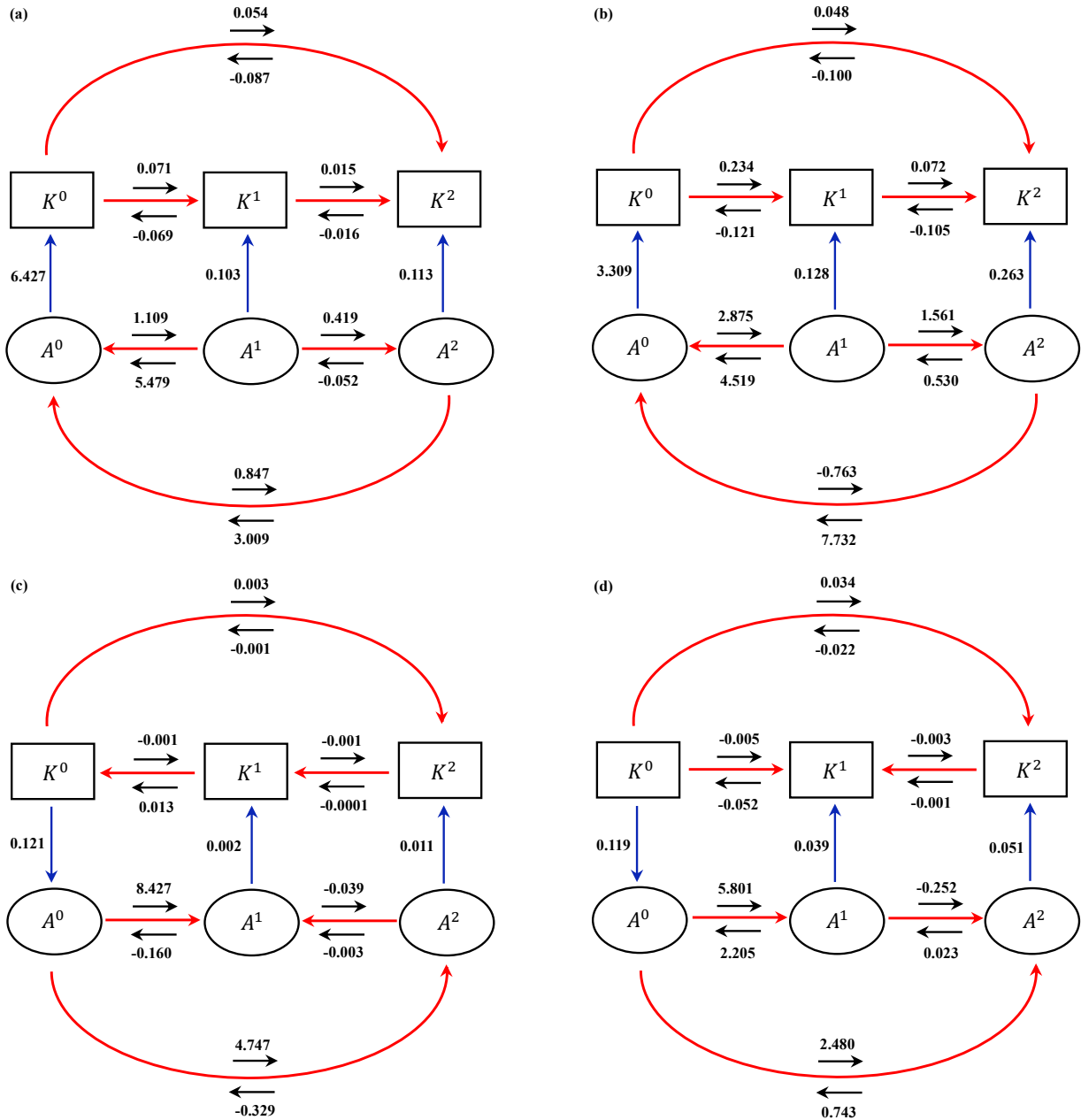


615

616 Figure 13. Same as Figure 12, except for  $F_A^{\overline{\omega}}$  (unit:  $\text{m}^2 \cdot \text{s}^{-3}$ ).

617

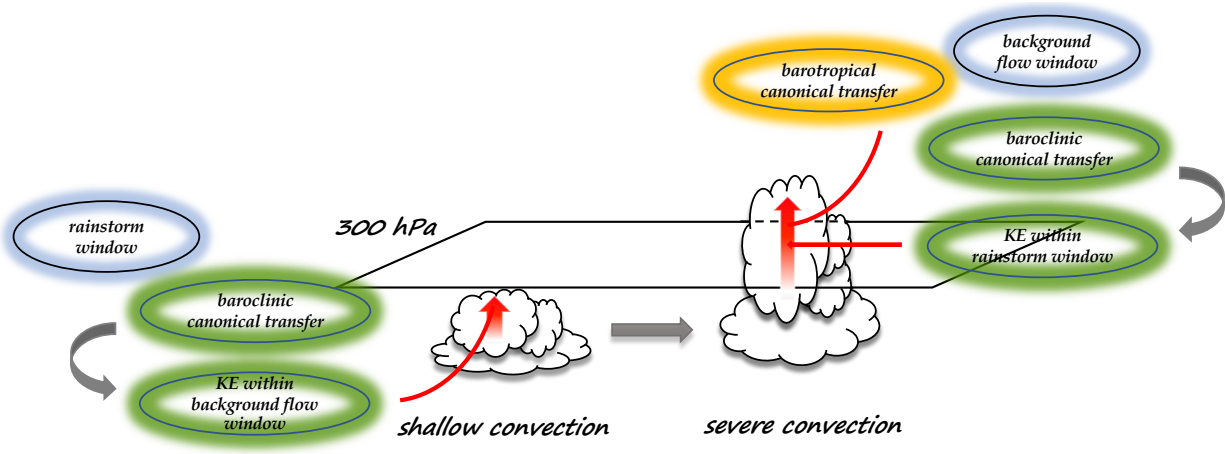
618



619

620 Figure 14. Lorenz energy circulation chart (unit:  $10^2 \cdot W \cdot m^{-1} \cdot s^{-2}$ ). (a) and (b) are respectively for Domain A and  
 621 Domain B below 300 hPa. (c) and (d) are respectively for Domain A and Domain B above 300 hPa. K represents KE  
 622 and A represents APE, with the superscript indicating different scale window. The red arrow represents the flow  
 623 direction of baroclinic and barotropic canonical transfer. The blue arrow represents the buoyancy conversion  
 624 direction within each scale window.  
 625

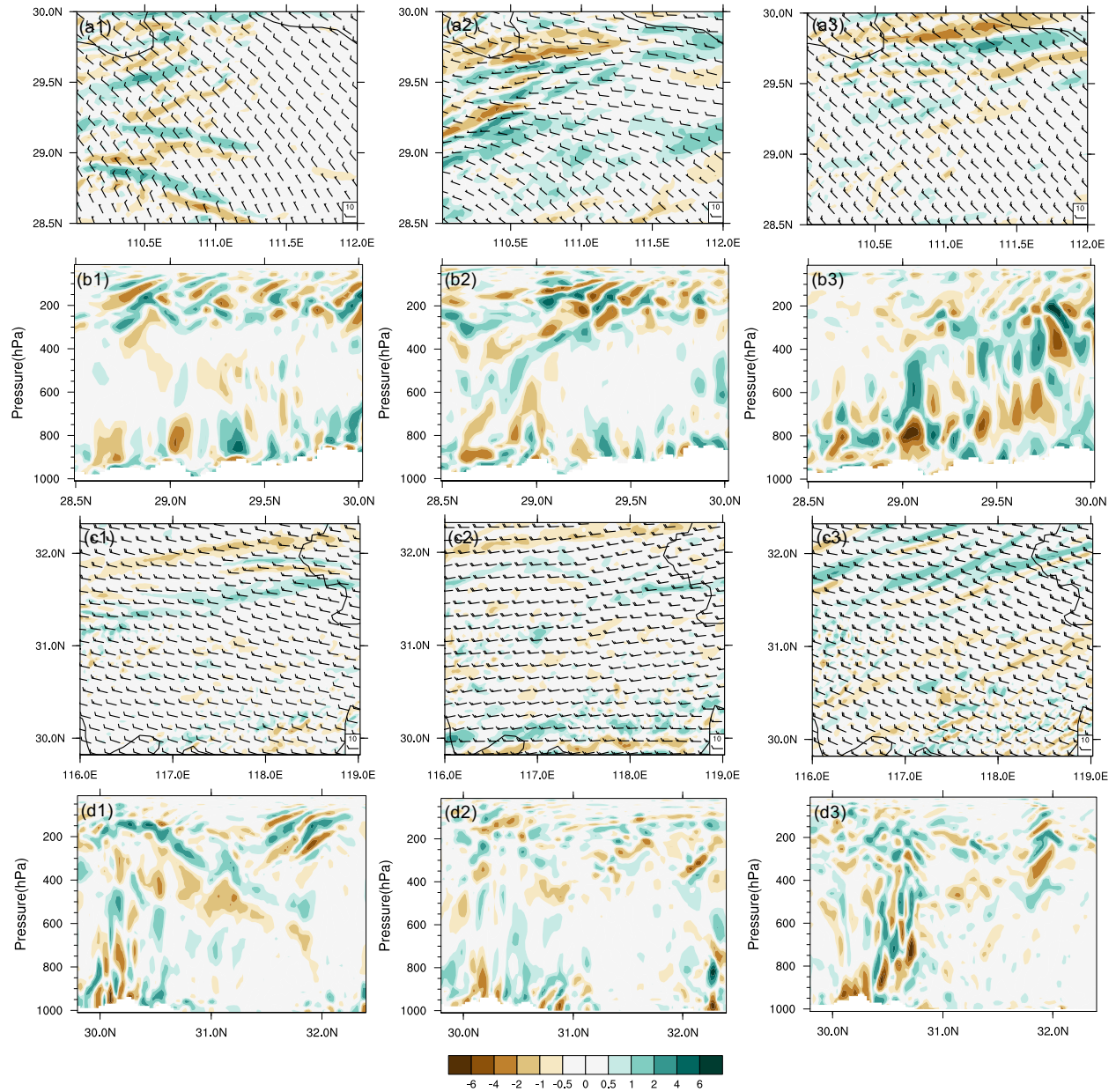
626



627  
628  
629

Figure 15. A conceptual model for kinetic energy source associated with a Meiyu-Baiu rainstorm.





630

631 Figure 16. Horizontal and vertical distribution of divergence (unit:  $10^{-5} \text{ s}^{-1}$ ) in domain A (Row 1 to 2) and domain B

632 (Row 3 to 4). Column 1 to 3 are the divergence distribution at  $t=36$ ,  $t=60$ ,  $t=120$  (referring to the X axis in Figure 6).

633 Panel (a1) to (a3) are the horizontal distribution of divergence at 100 hPa in domain A. Panel (b1) to (b3) are the

634 cross section of divergence along 110.5° E. Panel (c1) to (c3) are the horizontal distribution of divergence at 100

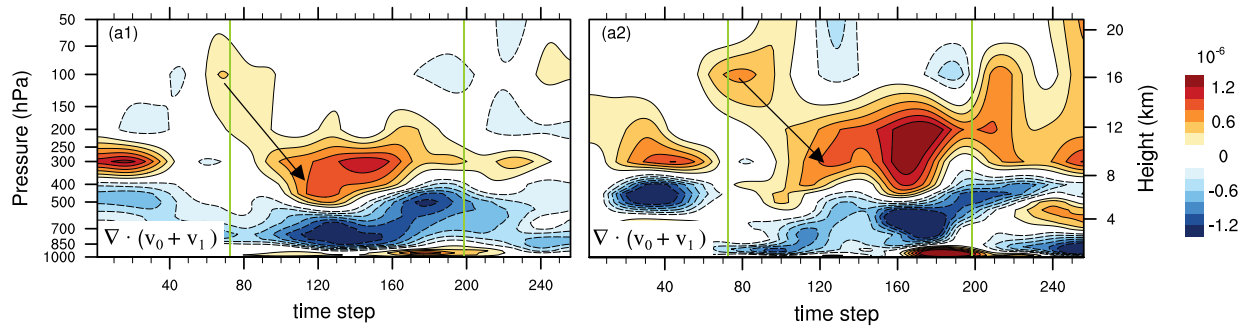
635 hPa in domain B. Panel (d1) to (d3) are the cross section of divergence along 118.5° E.

636

637

638

639



640

641 Figure 17. The pressure-time diagram of wind divergence (sum of background flow window and mesoscale window,  
 642 unit:  $s^{-1}$ ). The x axis consists of 256 time steps between 0000 UTC 27 June to 1830 UTC 28 June in a 10 min  
 643 interval. The green line indicates the initial and terminal time of rainstorm. (a1) is for Domain A and (a2) is for  
 644 Domain B.