



Schweizerische Eidgenossenschaft  
Confédération suisse  
Confederazione Svizzera  
Confederaziun svizra

Federal Institute of Metrology METAS



## Dissemination of high accuracy optical frequencies in stabilized fibre optic networks

D. Husmann

02.11.2022

QT4HEP Workshop CERN  
Nov 2022

# SNSF Sinergia: Precision molecular spectroscopy

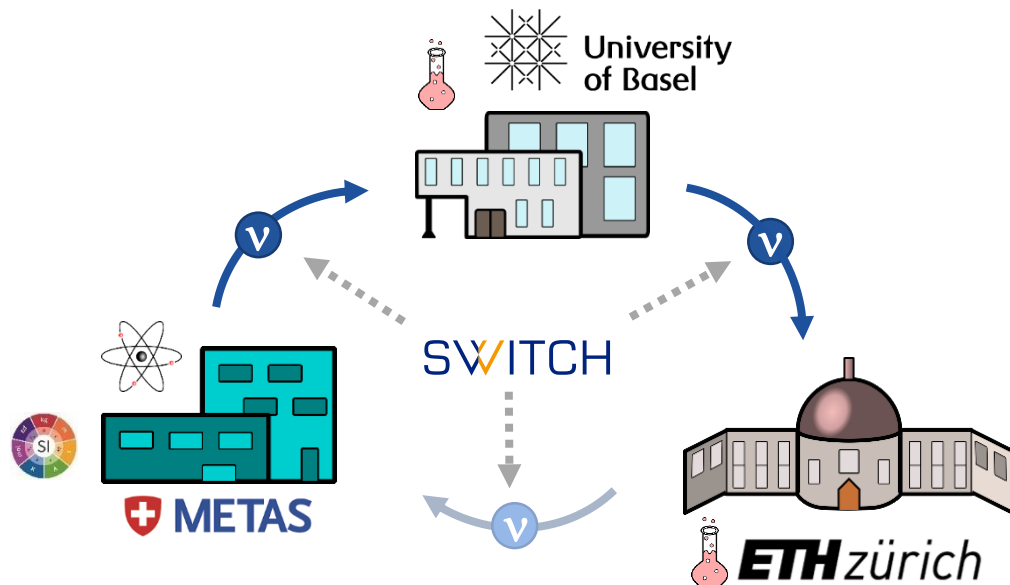
Precision molecular spectroscopy using a network for distribution of the Swiss primary frequency standard

Open questions to be addressed:

$H_2$ ,  $H_2^+$ : Proton-charge radius

$N_2^+$ : possible time variation of the proton-to-electron mass ratio, molecular clock experiments

Frequency resolution requirement:  $\frac{\Delta\nu}{\nu} = 10^{-14}$



Frequency Metrology

### Problem

- Precision spectroscopy groups need reference frequencies to measure the frequency of their spectroscopy lasers
- Current GPSD rubidium oscillators are not good enough
  - Fractional frequency uncertainty of  $10^{-11}$  at 1 s integration time and  $10^{-13}$  ultimate limit

### Solution

- Profit from atomic **Molecular ions** (S. Willitsch) and **Rydberg atoms** (F. Merkt) as frequency standards
- ... precision  $10^{-13}$  at 1 s integration time and  $\sim 10^{-14}$  ultimate limit
- ... by using the **Swiss academic network** provided by METAS
- ... using the **Swiss academic network** provided by METAS

Sinhal et al. Science, <https://doi.org/10.1126/science.aaz9837>

# Overview

1. Frequency metrology and the SI second
  - How are the Second and Hertz realized?
2. Frequency dissemination
  - From satellite techniques to the need of optical fiber networks.
3. Swiss realization of a phase-stabilized frequency network
  - Spectral considerations, noise cancellation, characterization
4. Establishing SI-traceability in a user laboratory
  - How much the new reference frequency helps for accuracy
5. Conclusion

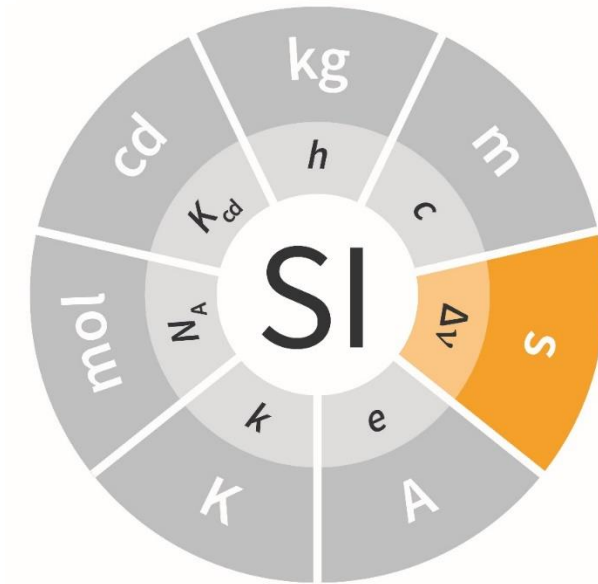
# Frequency metrology: intro

## Système international d'unités

<https://www.bipm.org> (CC BY-ND 2.0)

ate measurement. This is what my friend and mentor Arthur Schawlow at Stanford University had in mind when he advised his students: “Never measure anything but frequency!” Measuring a frequency, i.e. counting the num-

Theodor W. Hänsch – Nobel Lecture. NobelPrize.org. Nobel Prize Outreach AB 2021. Tue. 5 Oct 2021. <https://www.nobelprize.org/prizes/physics/2005/hansch/lecture/>



Arthur L. Schawlow

### Definition of the second

$\Delta\nu_{\text{Cs}}$  : Transition between the two hyperfine levels of the unperturbed ground state of the  $^{133}\text{Cs}$  atom.

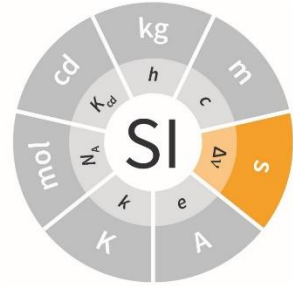
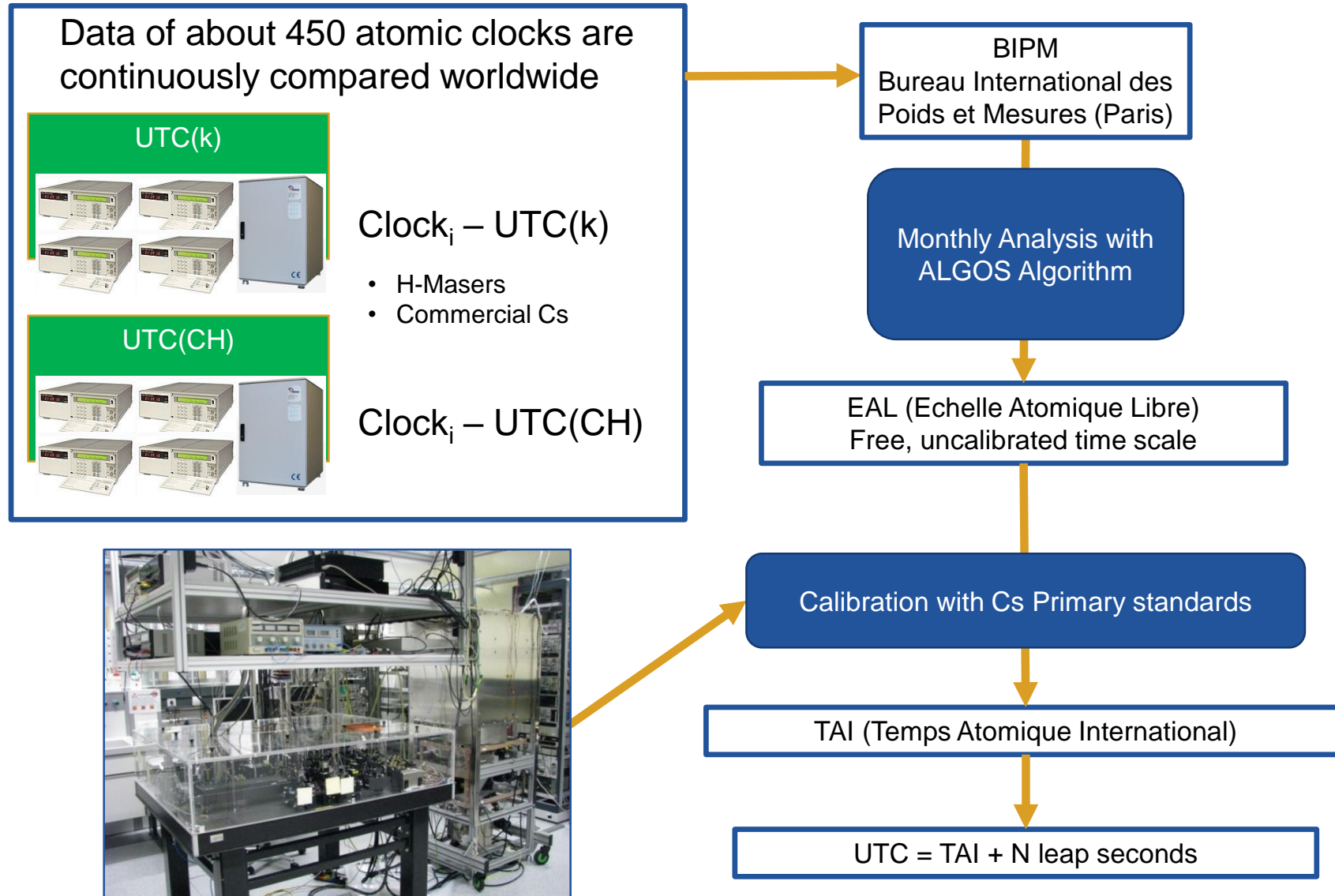
$$1 \text{ Hz} = \frac{\Delta\nu_{\text{Cs}}}{9\,192\,631\,770}$$

$$1 \text{ s} = \frac{9\,192\,631\,770}{\Delta\nu_{\text{Cs}}}$$

Definition: SI-traceability  
measurement trace to a realization of the second with known uncertainty for each step



# Universal Time Coordinated UTC: Realization of the second



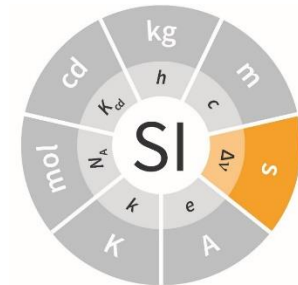
# Universal Time Coordinated UTC: Realization of the second

CIRCULAR T 414  
2022 JULY 11, 11h UTC

ISSN 1143-1393

**Circular T**  
Monthly published

BUREAU INTERNATIONAL DES POIDS ET MESURES  
THE INTERGOVERNMENTAL ORGANIZATION ESTABLISHED BY THE METRE CONVENTION  
PAVILLON DE BRETEUIL F-92312 SEVRES CEDEX TEL. +33 1 45 07 70 70 tai@bipm.org



The contents of the sections of BIPM Circular T are fully described in the document "Explanatory supplement to BIPM Circular T" available at [https://webtai.bipm.org/ftp/pub/tai/other-products/notes/explanatory\\_supplement\\_v0.6.pdf](https://webtai.bipm.org/ftp/pub/tai/other-products/notes/explanatory_supplement_v0.6.pdf)

1 - Difference between UTC and its local realizations UTC(k) and corresponding uncertainties.  
From 2017 January 1, 0h UTC, TAI-UTC = 37 s.

Epoch

Date 2022 MJD	0h UTC Laboratory k	Epoch							Uncertainty/ns		
		MAY 30 59729	JUN 4 59734	JUN 9 59739	JUN 14 59744	JUN 19 59749	JUN 24 59754	JUN 29 59759	uA	uB	u
		[UTC-UTC(k)]/ns									
	AGGO (La Plata)	694.7	705.1	699.0	706.8	708.2	703.5	711.2	1.0	20.0	20.0
	AOS (Borowiec)	-1.2	-1.1	-1.1	-1.2	-1.3	-1.4	-1.0	0.3	3.1	3.1
	APL (Laurel)	-	-	-2.6	-0.8	-0.6	-1.1	0.4	0.3	20.0	20.0
	AUS (Sydney)	-509.4	-518.3	-521.6	-522.0	-511.2	-521.3	-508.5	0.3	11.2	11.2
	BEV (Wien)	-25.7	-19.5	-9.8	-4.2	-7.2	1.9	5.7	0.3	2.7	2.7
	BFKH (Budapest)	4968.0	5009.9	5043.7	5081.1	5123.2	5156.4	5183.6	1.5	20.0	20.1
	BIM (Sofiya)	16230.8	16260.7	16282.2	16291.4	16291.7	16308.6	16366.8	0.3	7.2	7.2
	BIRM (Beijing)	22.8	25.2	34.6	41.9	46.3	53.9	54.8	0.3	3.0	3.0
	BOM (Skopje)	-	-	-	-	-	-	-	-	-	-
	BY (Minsk)	-0.9	-1.5				-1.5	-2.1	1.5	2.9	3.2
	CAO (Cagliari)	-36238.8	-36357.2	-36474.4	-36592.6	-36703.8	-36817.9	-36930.9	1.5	20.0	20.1
	CH (Bern-Wabern)	-2.7	-2.1	-1.3	-0.3	0.5	0.8	-0.1	0.3	1.5	1.6
	CNES (Toulouse)	4.2	9.8	11.8	3.9	-0.9	-4.3	-6.2	0.3	2.7	2.7
	CNM (Queretaro)	4.8	6.9	4.5	2.9	-1.7	6.6	7.5	1.5	4.0	4.2

UTC(k)

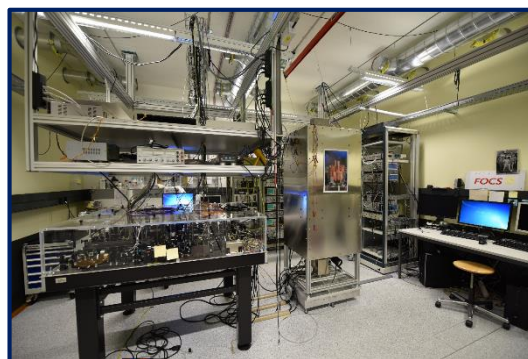
UTC - UTC(k) / ns

METAS: UTC(CH)

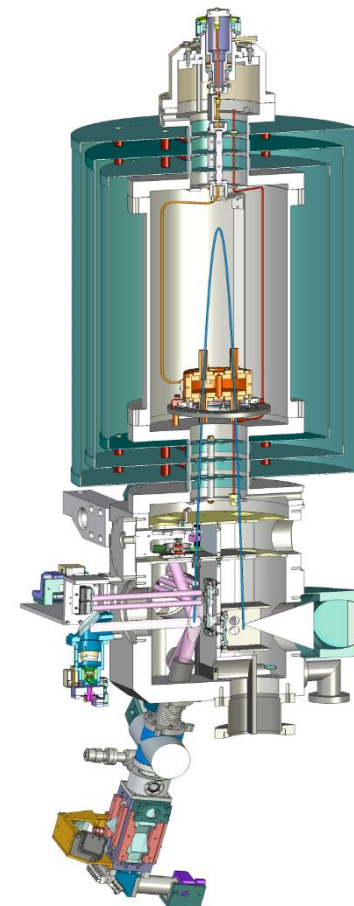
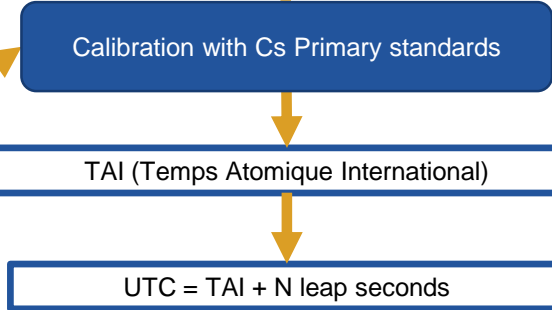


$$UTC = TAI + N \text{ leap seconds}$$

# Universal Time Coordinated UTC: calibration of time interval



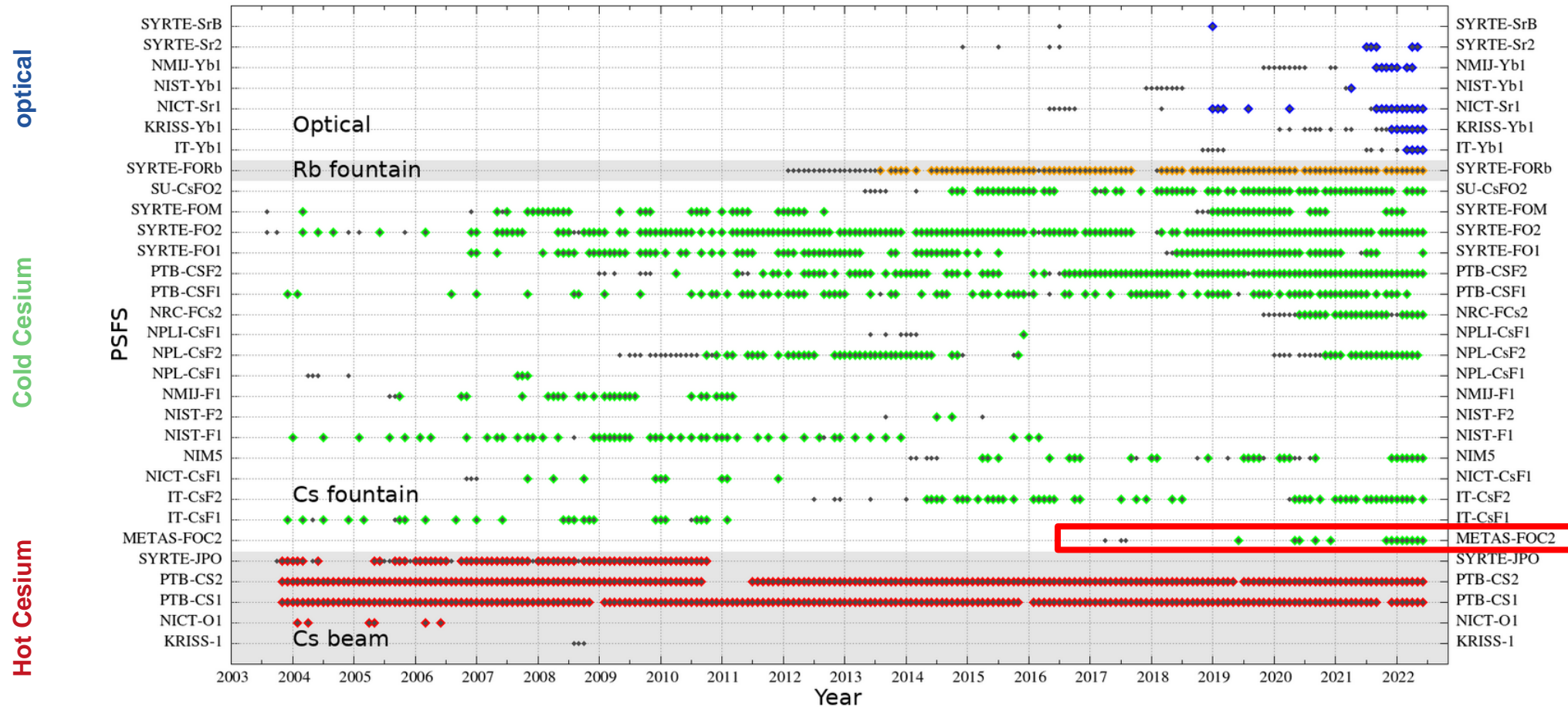
**FoCS-2** the Swiss Primary Frequency Standard





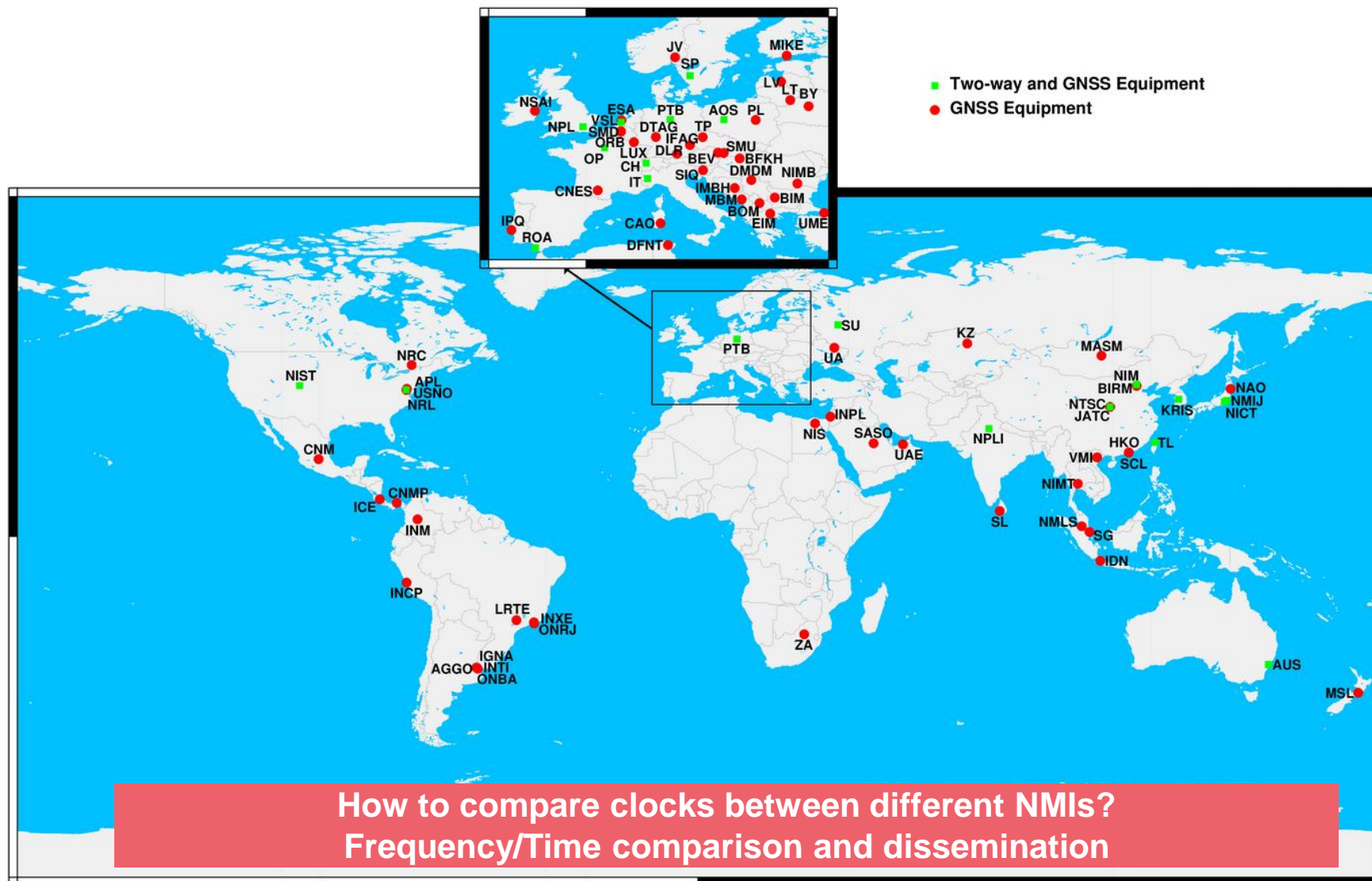
# Participation of frequency standards to realization of TAI/UTC

Graphical representation of all evaluations of Primary and Secondary Frequency Standards reported since Circular T 190.  
Enhanced color dots indicate evaluations carried out within the month of TAI computation.



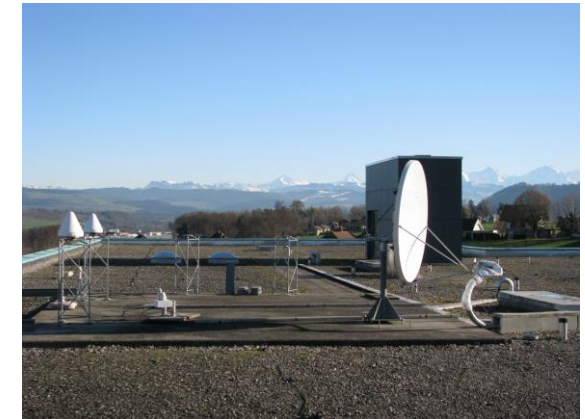
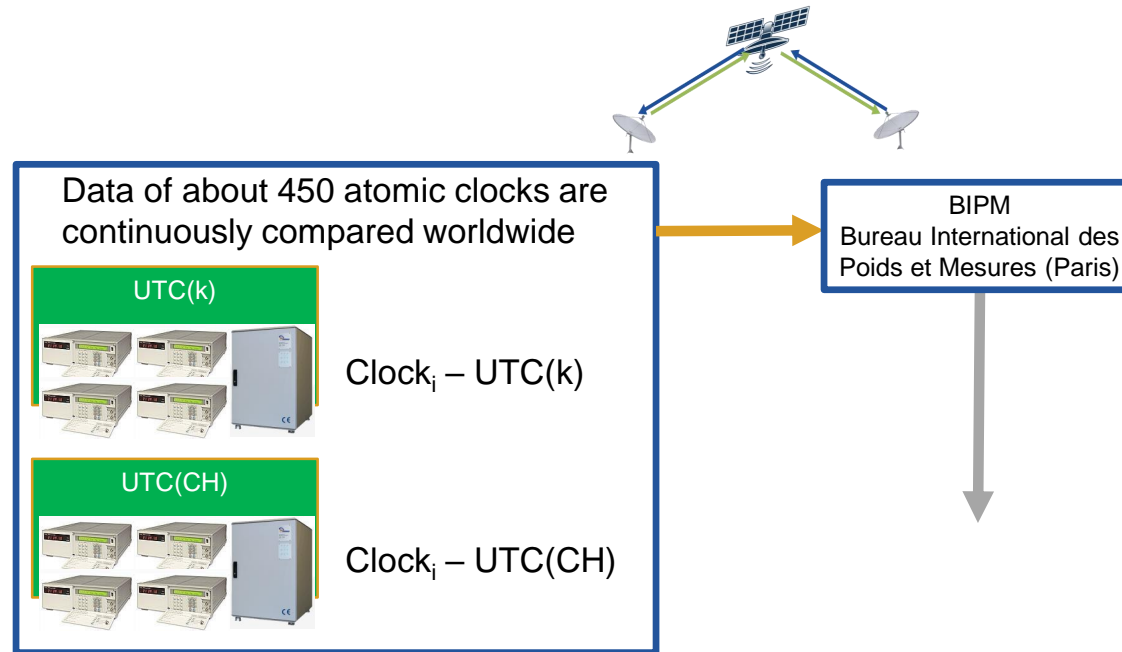


## Geographical distribution of the laboratories that contribute to TAI and time transfer equipment (2021)



Source: BIPM, <https://webtai.bipm.org/ftp/pub/tai/other-products/maps/planisphere-2021.png>

# Universal Time Coordinated UTC: comparison methods



- **Comparison with Satellite techniques (GNSS, TWSTFT)**

1 - Difference between UTC and its local realizations UTC(k) and corresponding uncertainties.  
From 2017 January 1, 0h UTC, TAI-UTC = 37 s.

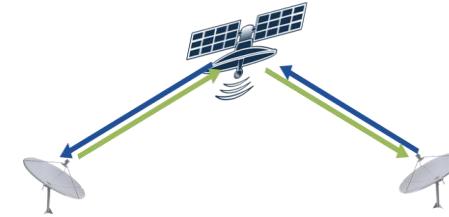
Date 2022	0h UTC	MAY 30	JUN 4	JUN 9	JUN 14	JUN 19	JUN 24	JUN 29	Uncertainty/ns	Notes	
MJD		59729	59734	59739	59744	59749	59754	59759	uA	uB	u
Laboratory	k	[UTC-UTC(k)]/ns									
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CNES	(Toulouse)	4.2	9.8	11.8	3.9	-0.9	-4.3	-6.2	0.3	2.7	2.7

- Best performances reach the ns level

# Time and frequency dissemination

- **Satellite techniques (GNSS, TWSTFT)**

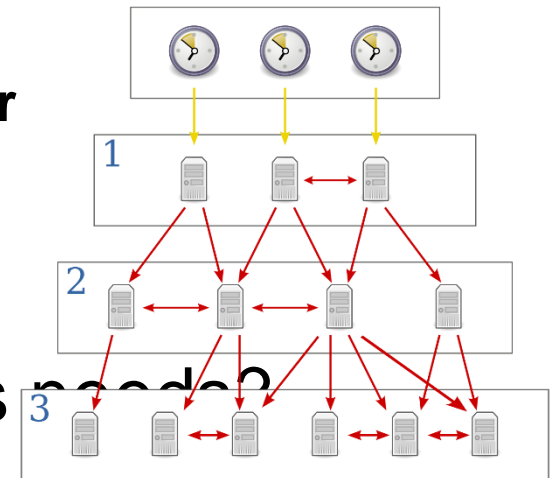
- Based on RF (few GHz) frequencies
- Time comparison: limit  $\sim$  few ns
- Frequency comparison: limit  $\sim 10^{-16}$ , reached after days



**Established, but reaching their limits**

- **Networks-based techniques (NTP, PTP) to realize time transfer**

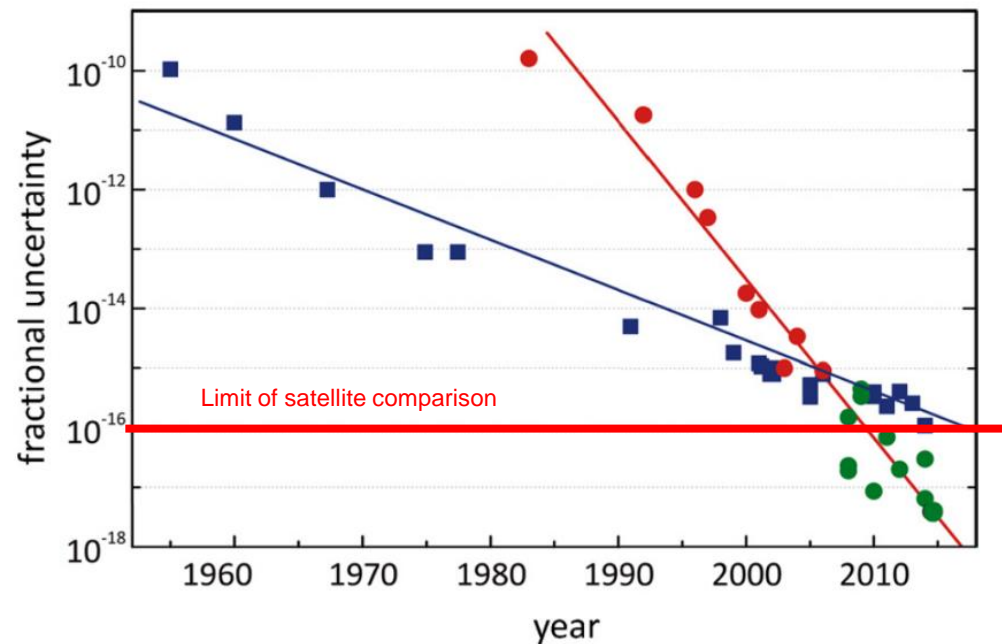
- Limits (100 ms, 1 $\mu$ s)



Do these techniques meet today and future's needs?

[https://en.wikipedia.org/wiki/Network\\_Time\\_Protocol](https://en.wikipedia.org/wiki/Network_Time_Protocol)

# New requirements for the Time and Frequency domain



F. Riehle, Comptes Rendus Physique, Volume 16, Issue 5, June 2015, Pages 506-515  
<https://doi.org/10.1016/j.crhy.2015.03.012>

- **New definition of the second: optical clocks**

††† **CCTF**

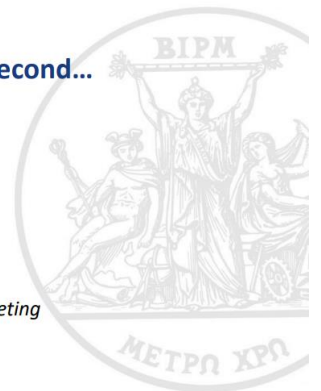
Towards a new definition for the second...

Noël Dimarcq, CIPM member, CCTF President

With contributions from CCTF WG chairs and Patrizia Tavella, Director of BIPM Time Department

21st NMI Directors and State Representatives meeting  
 Oct 21<sup>st</sup>, 2021

Bureau  
 International des  
 Poids et  
 Mesures

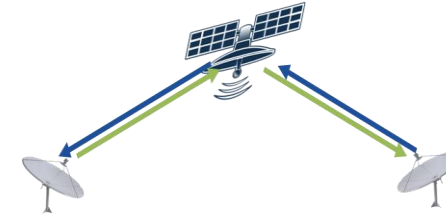


⇒ New methods are required to compare this new generation of atomic clocks and to change the definition of the second



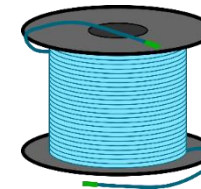
## State of the art

- **Satellite techniques** (GNSS, TWSTFT)
  - Based on RF (few GHz) frequencies
  - Time comparison: limit  $\sim$  few ns
  - Frequency comparison: limit  $\sim 10^{-16}$ , reached after days



**With optical fiber networks, we can push those limits**

- **Optical fiber networks**
  - Based on optical telecom (190 THz) frequencies
  - Limit  $\sim 10^{-19}$ , reached after hours
  - Limit  $\sim 1$  ps level
  - Redundancy to satellite techniques
  - New method/protocol (White Rabbit (WR), ELSTAB, Phase cancellation)



OPEN ACCESS

IOP Publishing | Bureau International des Poids et Mesures  
Metrologia 54 (2017) 348–354

Metrologia

<https://doi.org/10.1088/1681-7575/aa65fe>

**First international comparison of fountain primary frequency standards via a long distance optical fiber link**

# Time and frequency networks: Situation in Europe



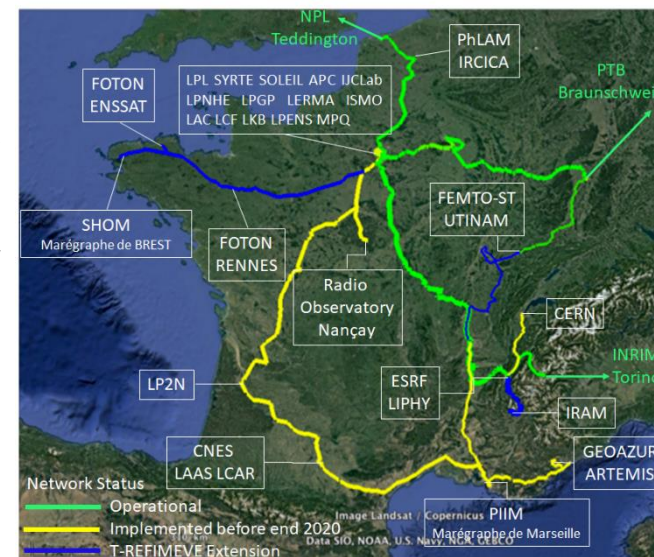
H. Schnatz: Towards a European fiber network  
ESA ACES Workshop, Zürich, June 2017

## France: REFIMEVE

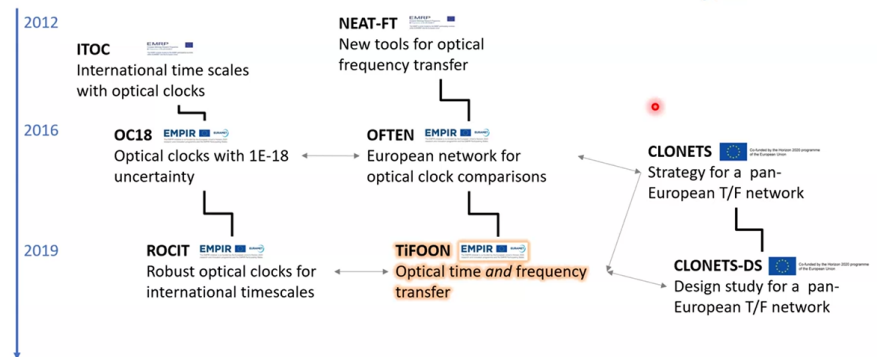
Réseau fibré métrologique à vocation européenne

Dissemination of metrological frequencies for:

- precision spectroscopy
- clock comparisons
- quantum technologies



## Related projects



20 Oct 2022 International workshop – Optical clocks for international timekeeping  
Jochen Kronjäger, ROCIT Workshop October 2022



## Italy: IQB

Italian Quantum Backbone

- Time and frequency over fiber
- Precision spectroscopy
- Twin-field QKD
- Seismology
- VLBI radio telescope synchronization

# New requirements for the Time and Frequency domain

- **Geodesy**

- 1 m accuracy means  $10^{-16}$
- 1 cm means  $10^{-18}$

Geodetic determination of the gravitational potential difference for an optical lattice clock comparison in the Kanto region in Japan

Yoshiyuki Tanaka<sup>1</sup>, Yosuke Aoki<sup>2</sup>, and Ryuichi Nishiyama<sup>2</sup>  
<sup>1</sup>University of Tokyo, Earth and Planetary Science, Tokyo, Japan (y-tanaka@eps.u-tokyo.ac.jp)  
<sup>2</sup>University of Tokyo, Earthquake Research Institute, Tokyo, Japan

- **Astronomy**

- Very Long Base Interferometry

**VLBI experiments with the dissemination of a common clock via coherent optical fiber link**

R. Ricci\*, M. Negusini, F. Perini, C. Bortolotti, M. Roma, G. Maccaferri, M. Stagni, C. Clivati, A. Mura, F. Levi, D. Calonico, G. Bianco, L. Santamaria Amato, M. Siciliani de Cumis, A. Melis, G. Valente, C. Migoni and N.M. Iacolina

- **Particle physics**

- At CERN with White Rabbit

Cerretto, G., Calonico, D., Cantoni, E., Levi, F., Mura, A., Sellone, M., Gnesi, I., "Timing Requirements Analysis for Particle Physics and Astrophysics: A Metrological Point of View," *Proceedings of the 52nd Annual Precise Time and Time Interval Systems and Applications Meeting*, January 2021, pp. 376-405.  
<https://doi.org/10.33012/2021.17794>

- **Spectroscopy**

- Need better frequency reference
- Traceability

**SI-traceable frequency dissemination at 1572.06 nm in a stabilized fiber network with ring topology**

Dominik Husmann, Laurent-Guy Bernier, Mathieu Bertrand, Davide Calonico, Konstantinos Chaloulos, Gloria Clausen, Cecilia Clivati, Jérôme Faist, Ernst Heiri, Urs Hollenstein, Anatoly Johnson, Fabian Mauchle, Ziv Meir, Frédéric Merkt, Alberto Mura, Giacomo Scalari, Simon Scheidegger, Hansjürg Schmutz, Mudit Sinhal, Stefan Willitsch, and Jacques Morel

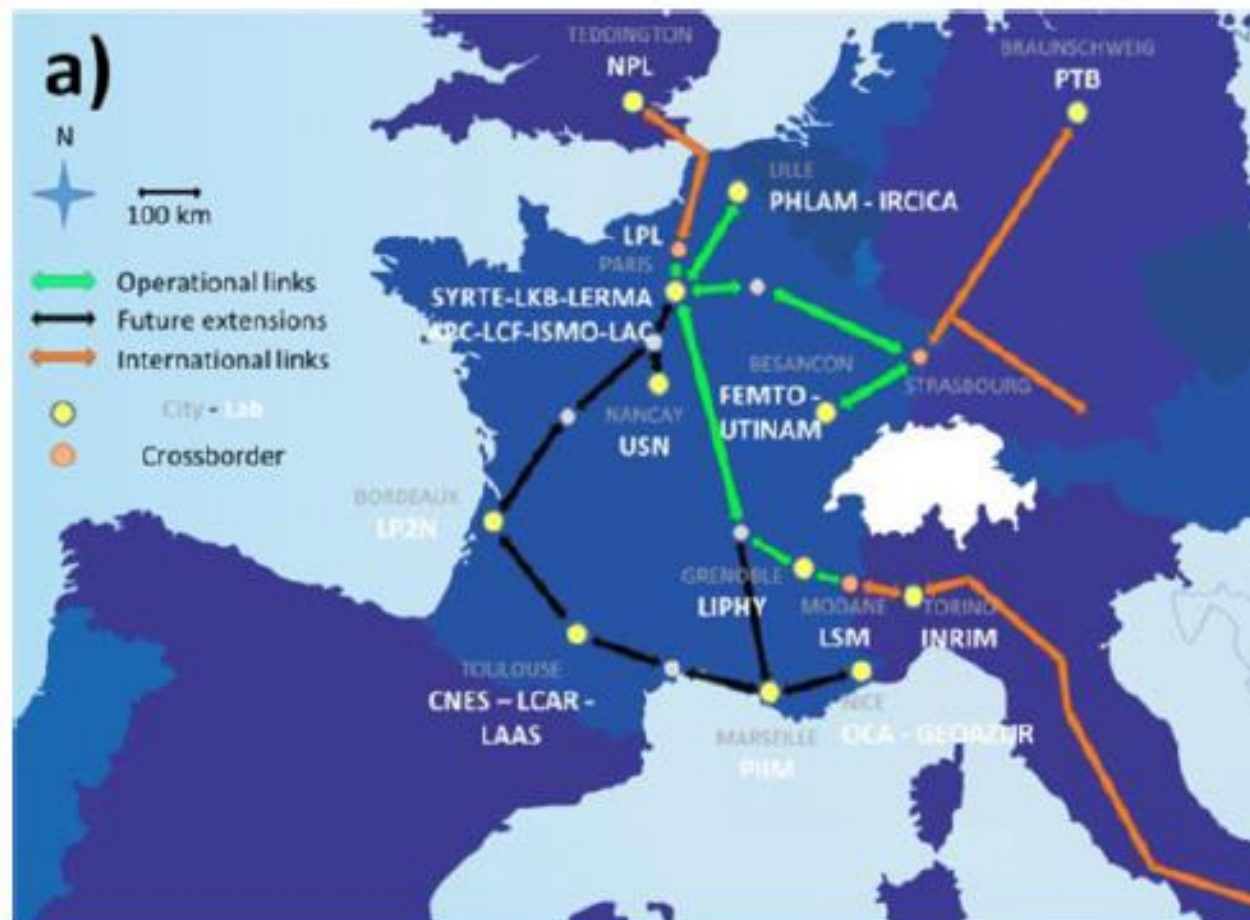
- **Quantum communication**

- Networks for quantum physics
- Quantum time transfer
- QKD

Fiber-optic two-way quantum time transfer with frequency-entangled pulses

Feiyan Hou, Runai Quan, Ruifang Dong, Xiao Xiang, Baihong Li, Tao Liu, Xiaoyan Yang, Hao Li, Lixing You, Zhen Wang, and Shougang Zhang  
*Phys. Rev. A* **100**, 023849 – Published 29 August 2019

# So what is happening in Switzerland?

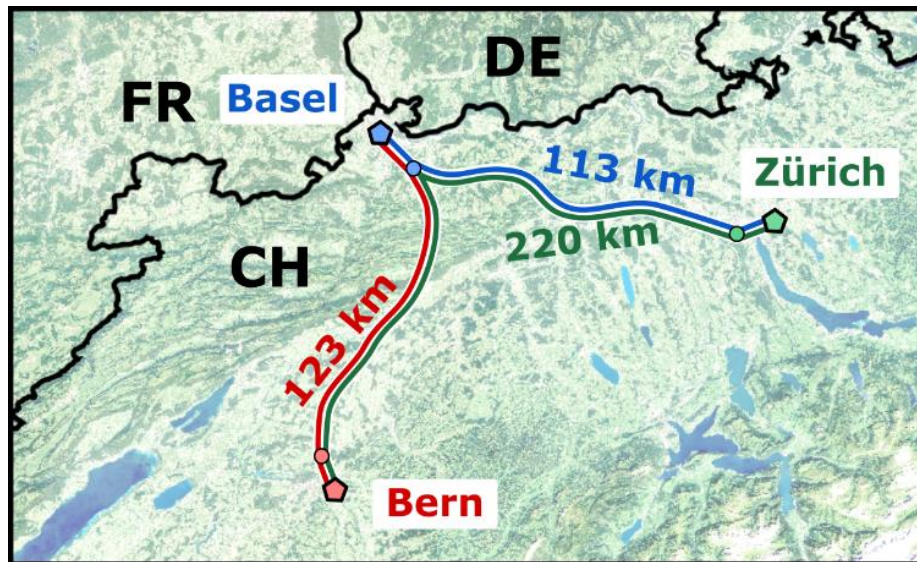
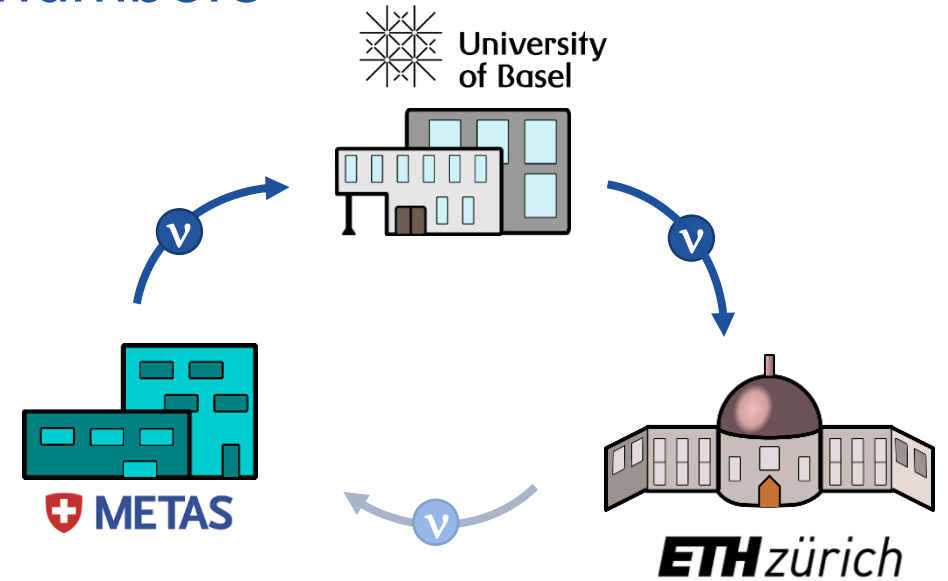


Cantin et al., New J. Phys. 23 (2021) 053027

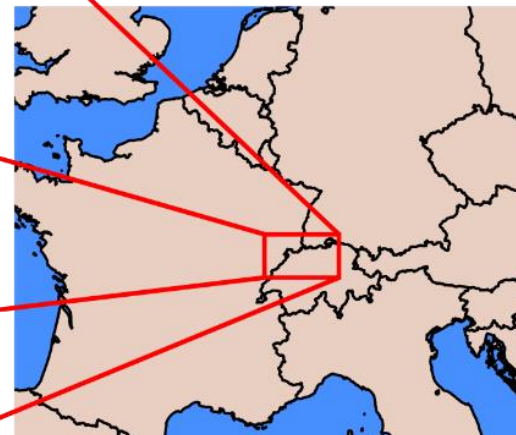


# Swiss frequency metrology network: numbers

Item	Value
Operating wavelength	1572.06 nm
ITU-T Channel	CH07
Total length	456 km
# Segments	3
# Bidir EDFA	2 / 2 / 3
# Regeneration stations	2 (Basel, Zurich)

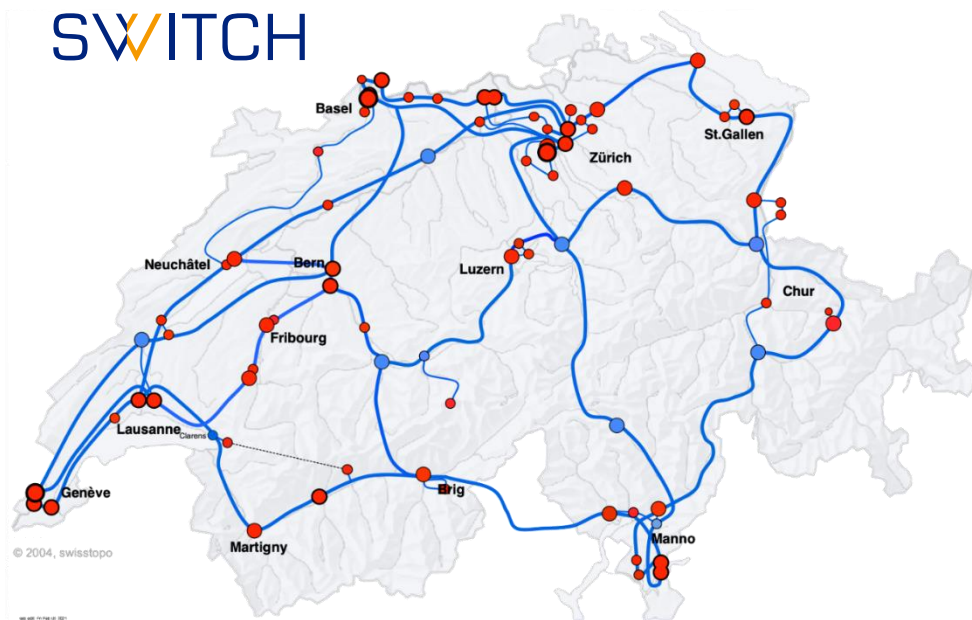


(a) Geographic situation

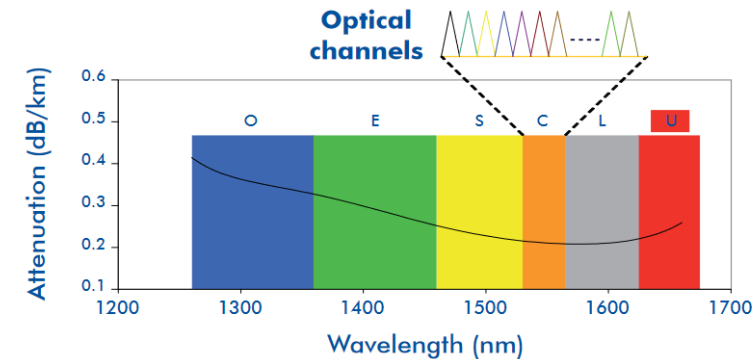


# Network implementation: practical aspects

## SWITCH fiber network backbone



- Dedicated (dark) fibers are difficult to obtain
- Share fibers with existing data network infrastructure
- The canonical C-band is exhausted by telecom application
- L-band DWDM channel as versatile alternative, needs validation as it was never tested before



Fibers



What wavelength?

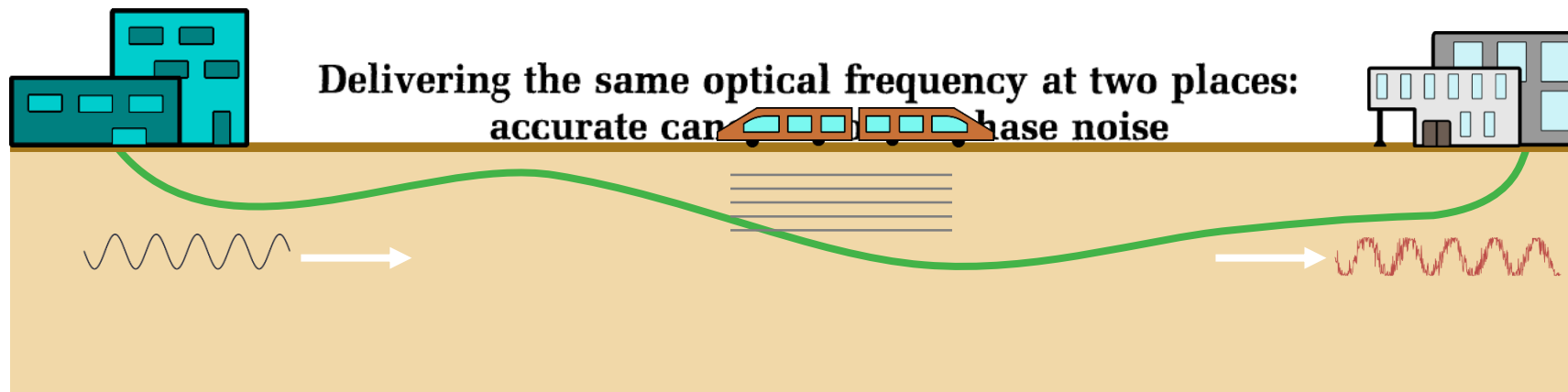


Telecom L-band:  $\lambda = 1572.06 \text{ nm}$

# Environmental noise

- Fibers act as microphones ...
- ... picking up noise from environment (temperature, acoustic vibrations)
- Causes variation of optical path length and thus phase
- Distorts the stable frequency at the recipient end
- → Requires phase noise read-out and compensation

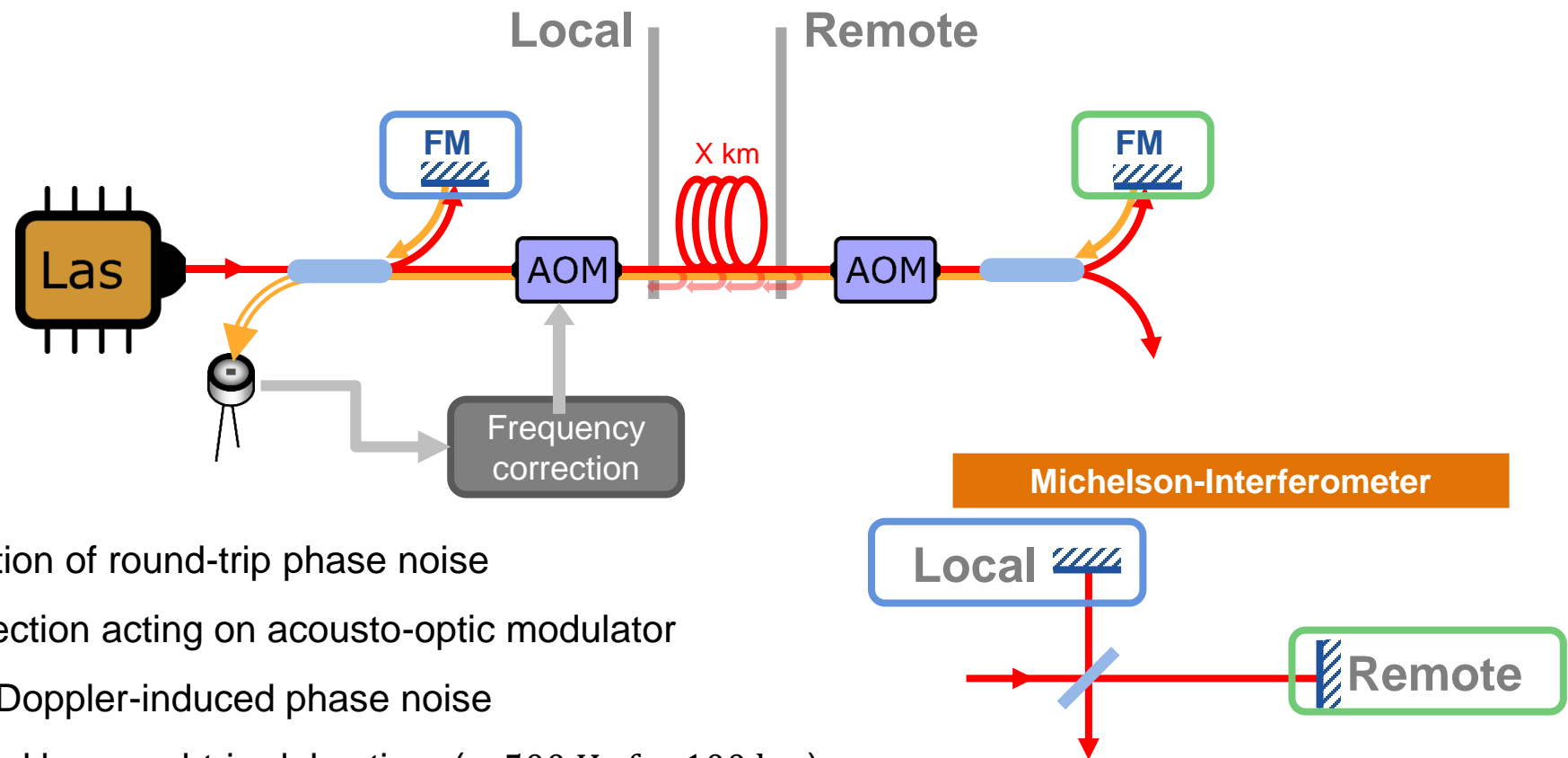
November 1, 1994 / Vol. 19, No. 21 / OPTICS LETTERS 1777



Although a single-mode optical fiber is a convenient and efficient interface/connecting medium, it introduces phase-noise modulation, which corrupts high-precision frequency-based applications by broadening the spectrum toward the kilohertz domain. We describe a simple double-pass fiber noise measurement and control system, which is demonstrated to provide millihertz accuracy of noise cancellation.

# Phase noise cancellation

## Self-heterodyne detection of phase noise

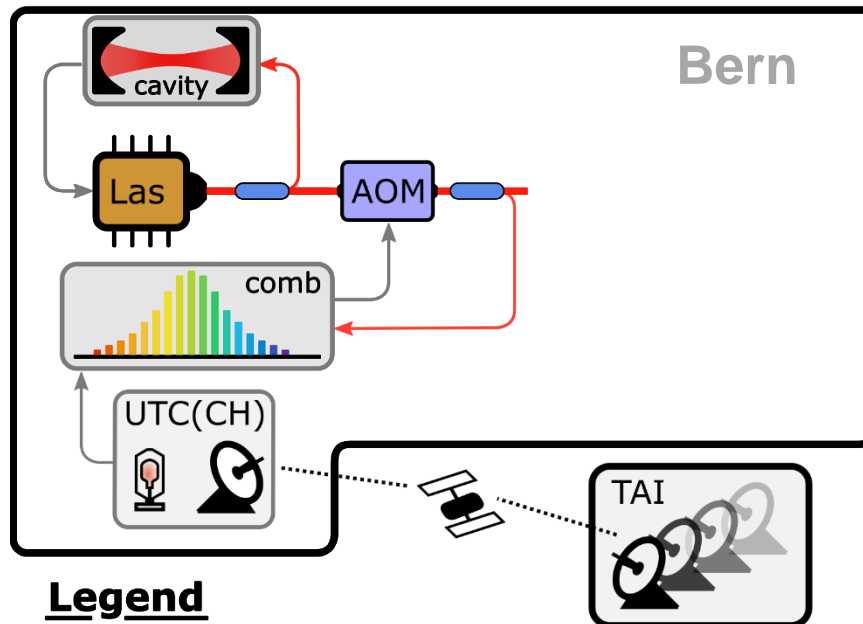


- Coherent detection of round-trip phase noise
- Frequency correction acting on acousto-optic modulator
- Cancellation of Doppler-induced phase noise
- Bandwidth limited by round-trip delay time ( $\sim 500$  Hz for 100 km)
- AOM for spectral marking at remote end









# Laboratory side: implementation

✓ SI-traceable



## Legend

-  Faraday mirror
-  Photodiode
-  Coupler 95:5
-  Coupler 50:50
-  bidir EDFA
-  Fiber segment

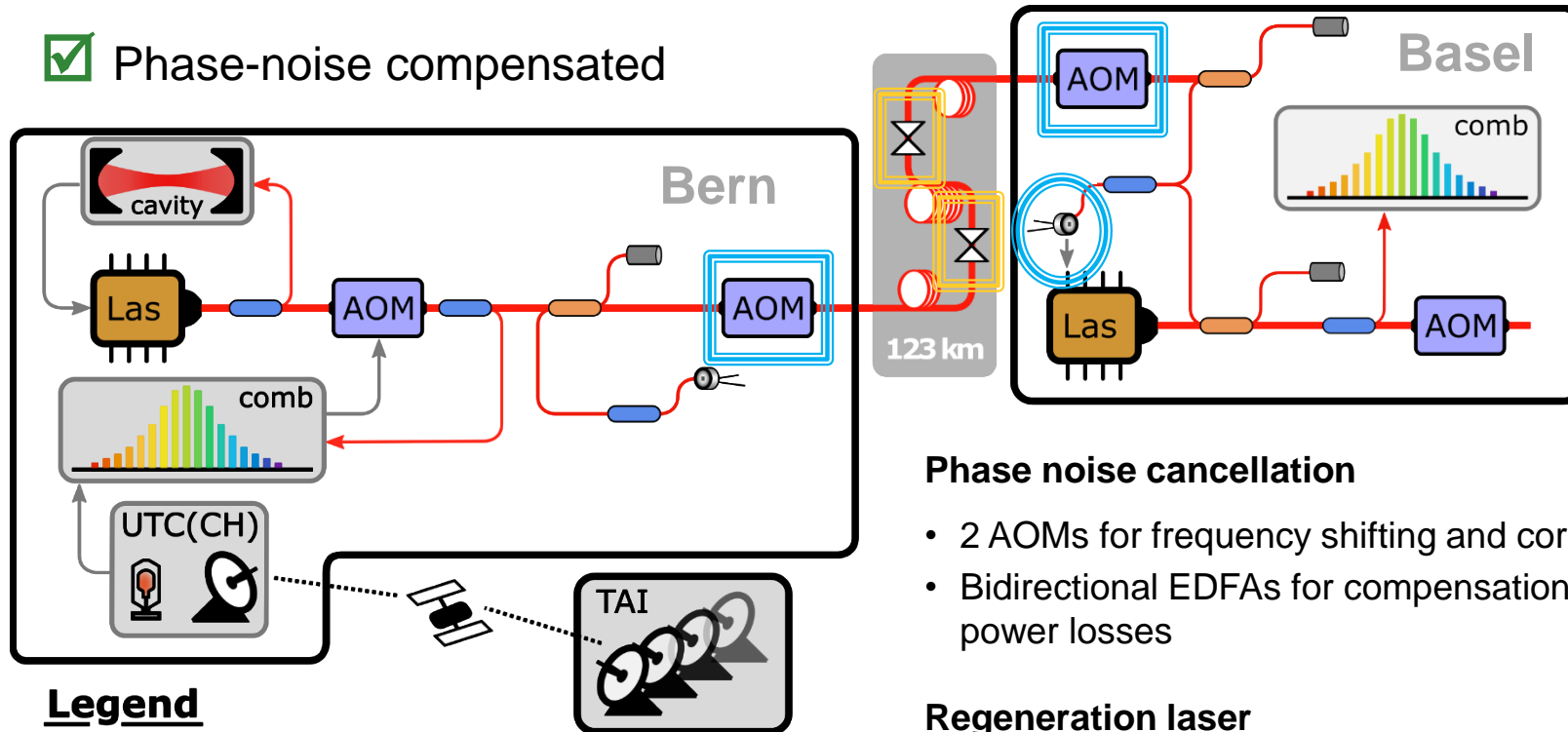
## Ultrastable SI-traceable laser

- Stabilized to cavity for Hz-level linewidth
  - $\sim 0.1$  Hz/s residual drift of cavity
- Stabilized to frequency comb for absolute reference
- Comb referenced to active maser
- Maser is part of UTC(CH)
- Maser is compared to TAI via UTC(CH)

>> SI-traceable

# Laboratory side: implementation

- ✓ SI-traceable
- ✓ Phase-noise compensated



### Legend

- Faraday mirror
- Photodiode
- Coupler 95:5
- Coupler 50:50
- bidir EDFA
- Fiber segment

### Phase noise cancellation

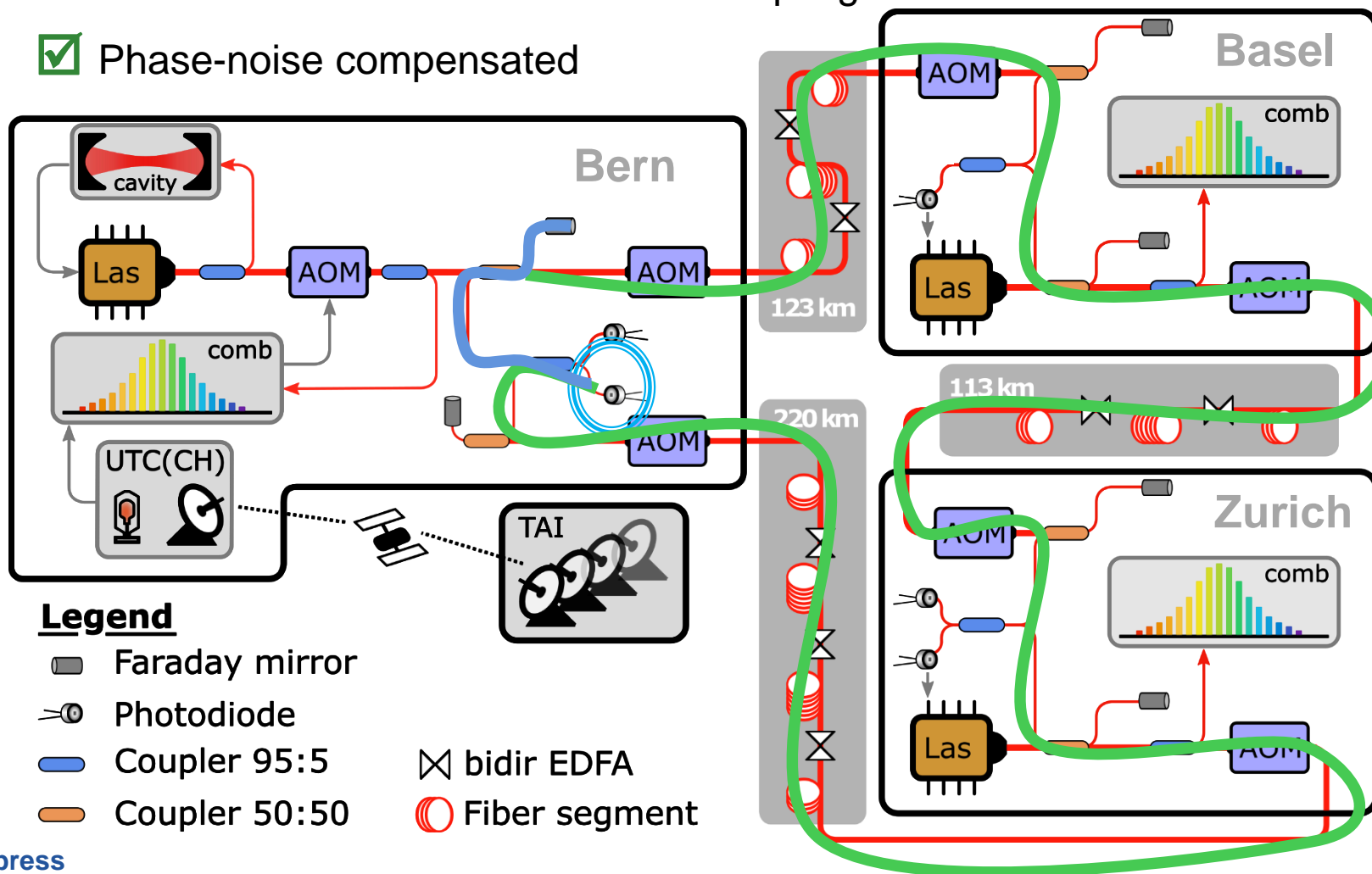
- 2 AOMs for frequency shifting and correcting
- Bidirectional EDFAs for compensation of power losses

### Regeneration laser

- Offset locked to incoming signal
- Used for local distribution
- Sent downstream into next fiber segment

# Laboratory side: implementation

- ✓ SI-traceable    ✓ Verified on round-trip signal
- ✓ Phase-noise compensated

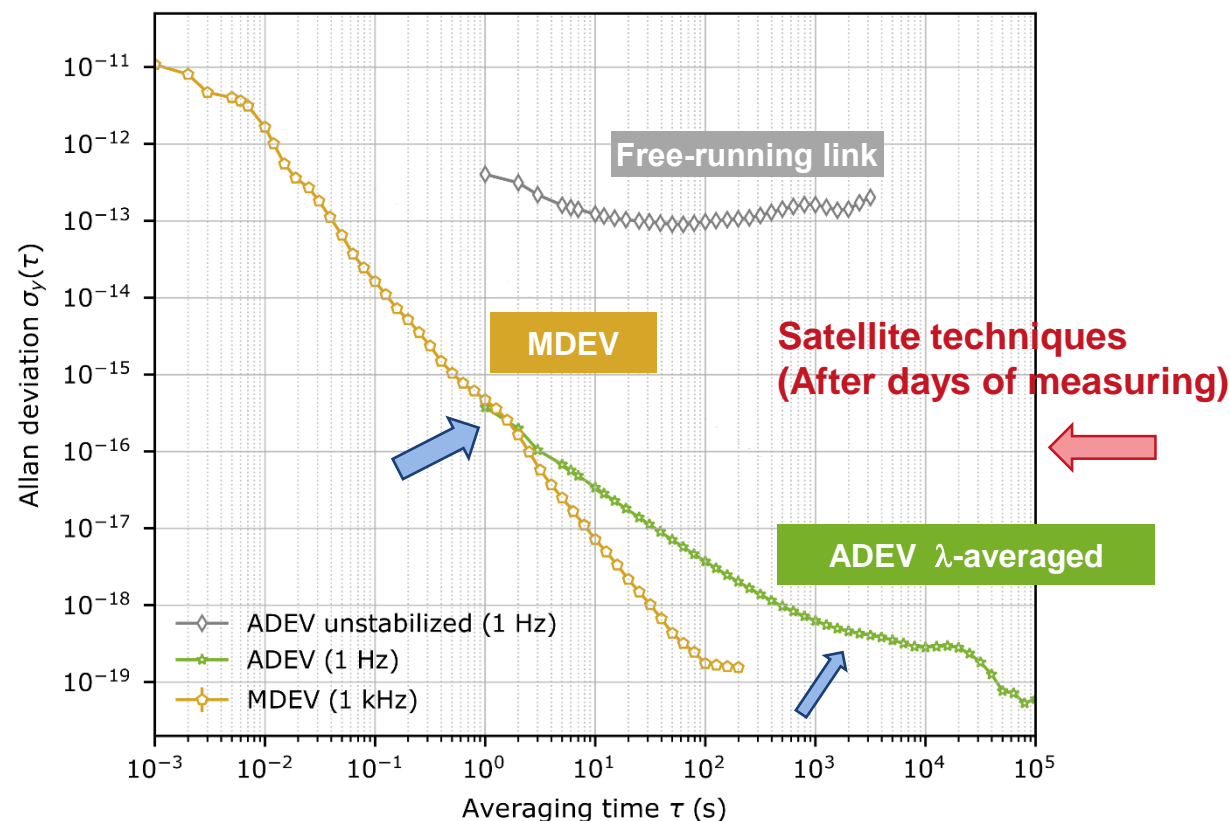


# Long term stability: Allan deviation

- $4.7 \times 10^{-16}$  at 1 s
- $3.8 \times 10^{-19}$  at 2000 s

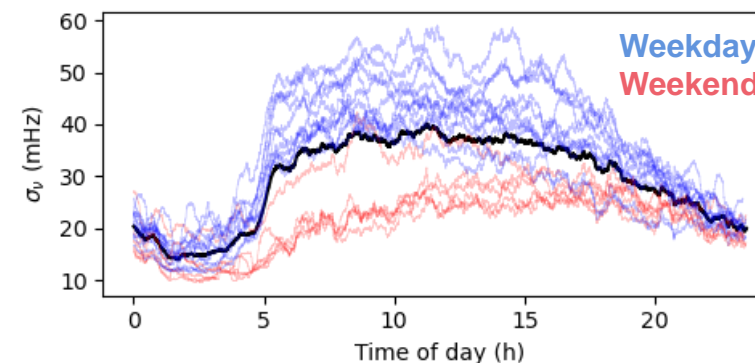
Validation that the fiber link will not inject significant noise to the metrological frequency

## Fractional frequency uncertainty

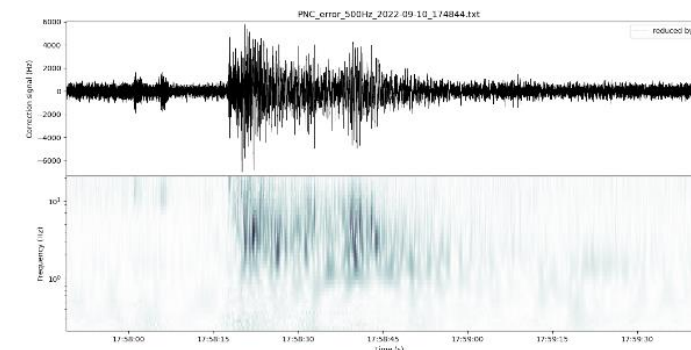


DH et al., *Optics Express*, Vol. 29, Issue 16, 24592-24605, 2021  
[10.1364/OE.427921](https://doi.org/10.1364/OE.427921)

- **Anthropogenic effects**
  - Decreased residual frequency noise at night and on weekends



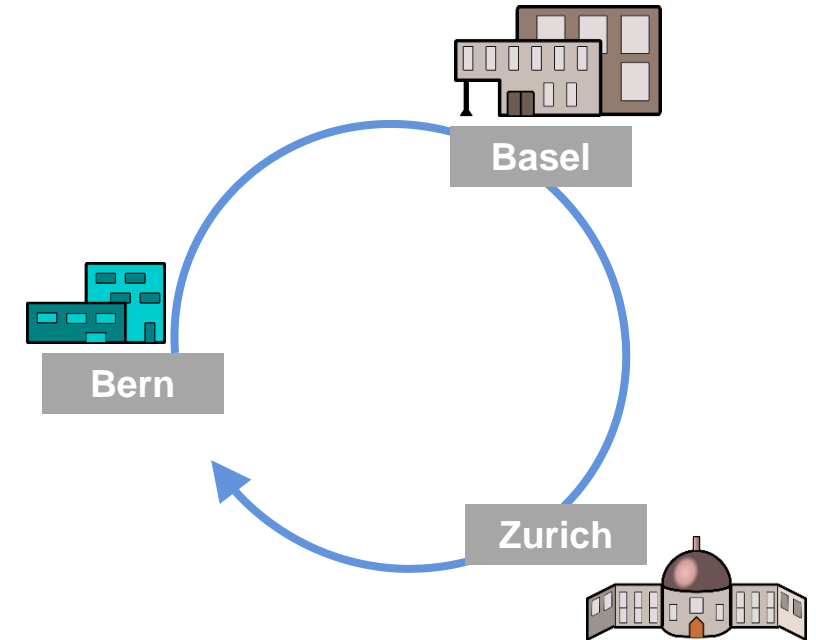
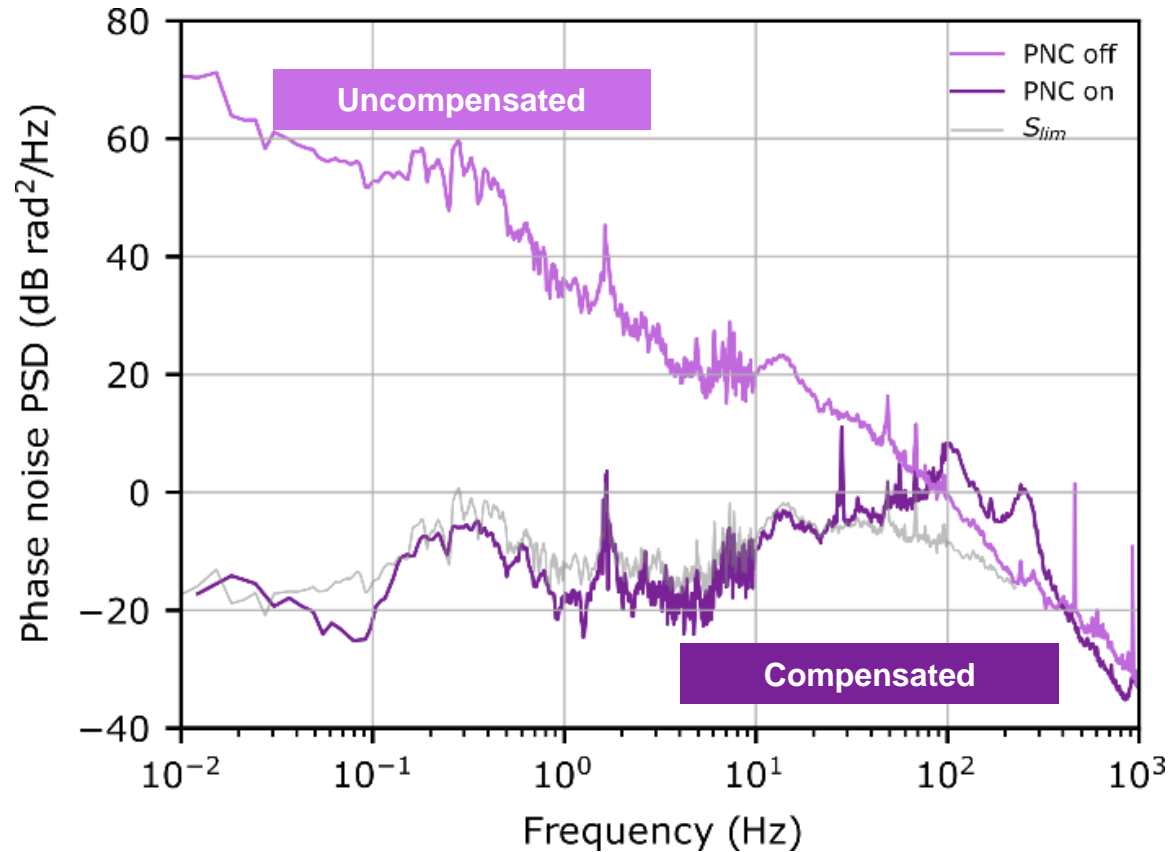
- **Seismic effects**
  - Sept 10, 2022: Earthquake Mag 4.7





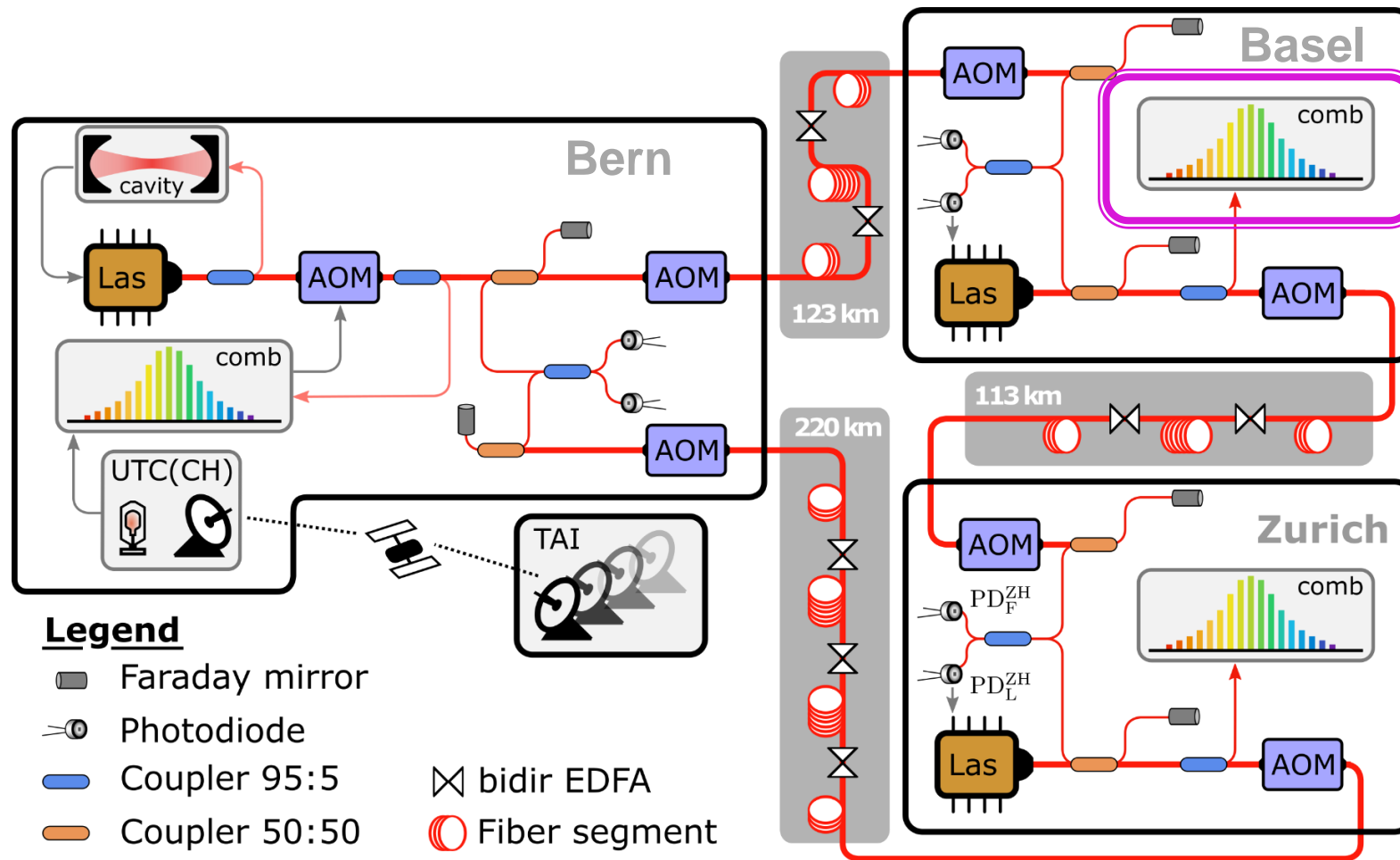
# Phase noise: end-to-end

Theoretical limit:  $S_{lim} \propto (f\tau)^2 \times S_{fiber}$



- Bandwidth ~ 100 Hz
- Noise suppression of around 50 dB at 1 Hz
- Limited by longest leg
- Theoretical limit: residual delay-unsuppressed noise

# SI-traceable measurement of a laser in a remote lab

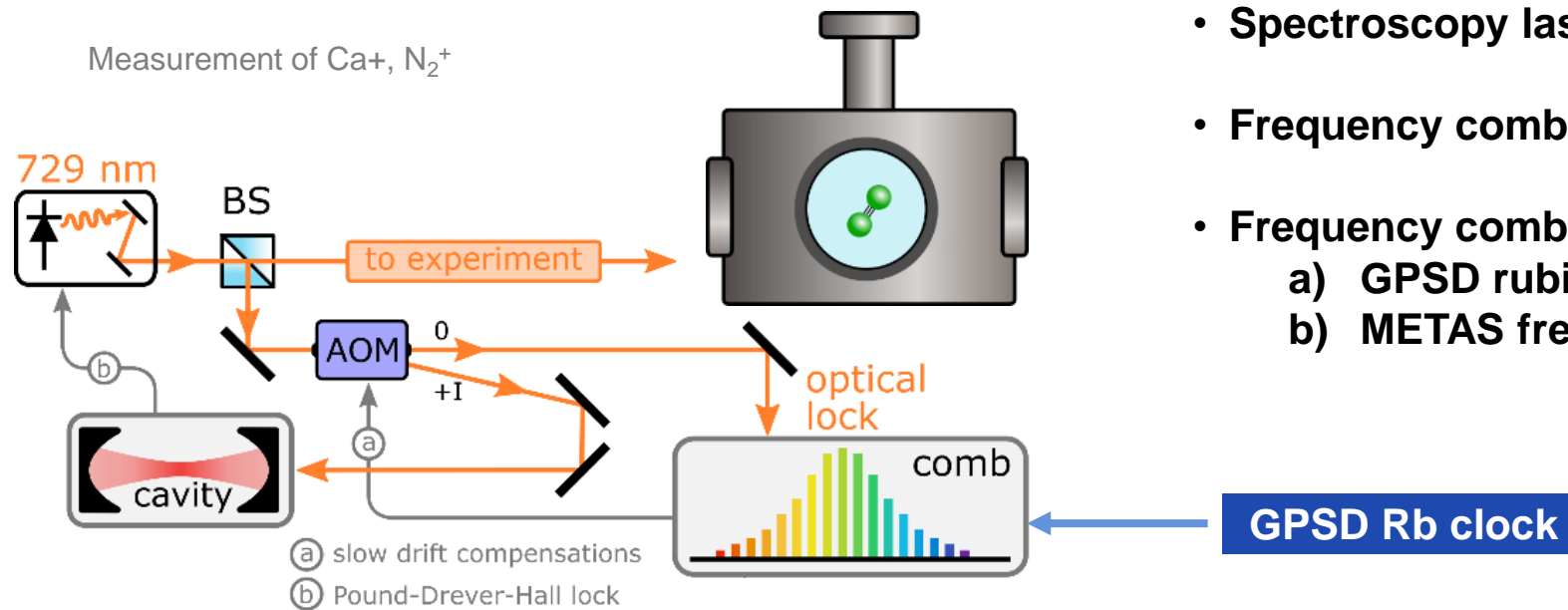


# SI-traceable measurement of a laser in a remote lab

## Basel (Prof. Willitsch)

Molecular spectroscopy lab

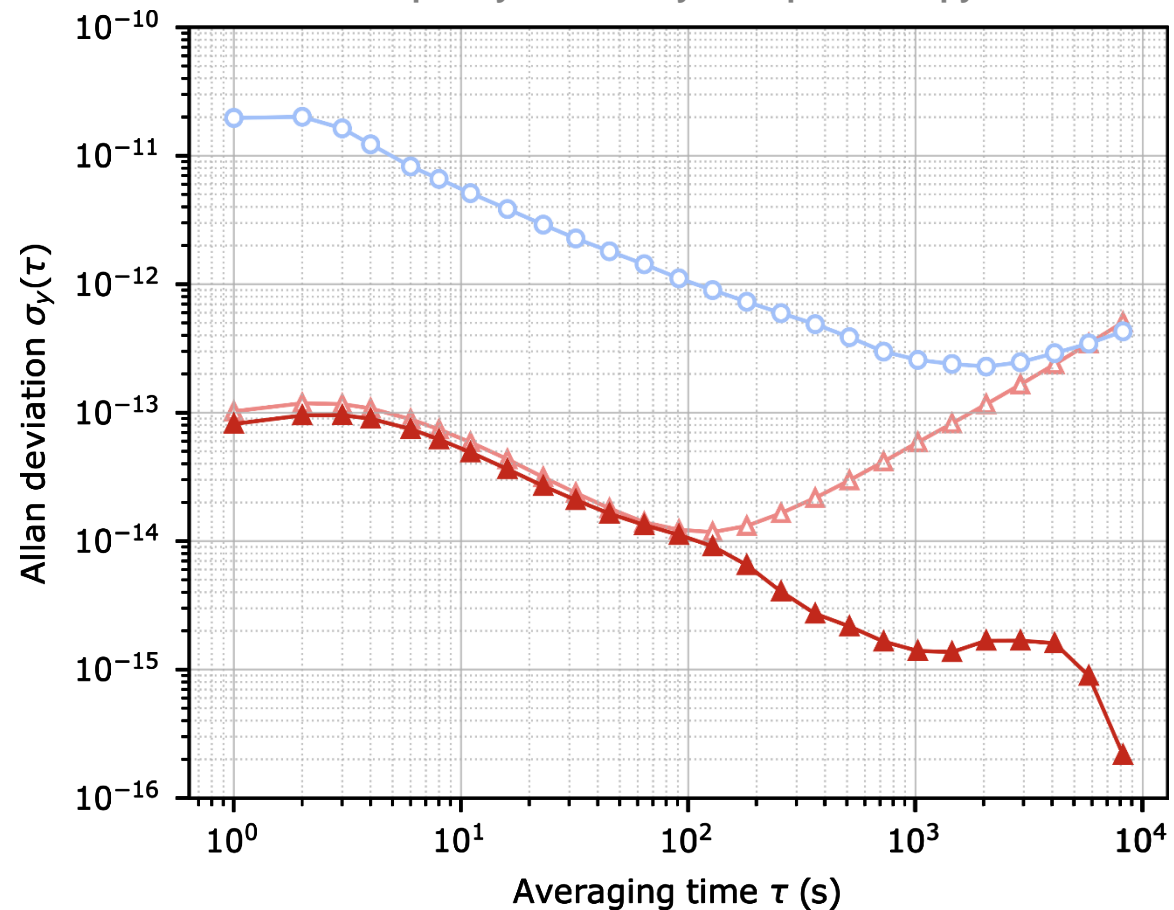
Measurement of  $\text{Ca}^+$ ,  $\text{N}_2^+$



- Spectroscopy laser (729 nm) locked to cavity
- Frequency comb locked to spectroscopy laser
- Frequency comb referenced by
  - a) GPSD rubidium clock
  - b) METAS frequency

# SI-traceable measurement of a laser in a remote lab

Measured frequency uncertainty of a spectroscopy laser in Basel



Referenced against GPSD Rb clock

Referenced against METAS frequency

Improvement of measurement uncertainty by two orders of magnitude!

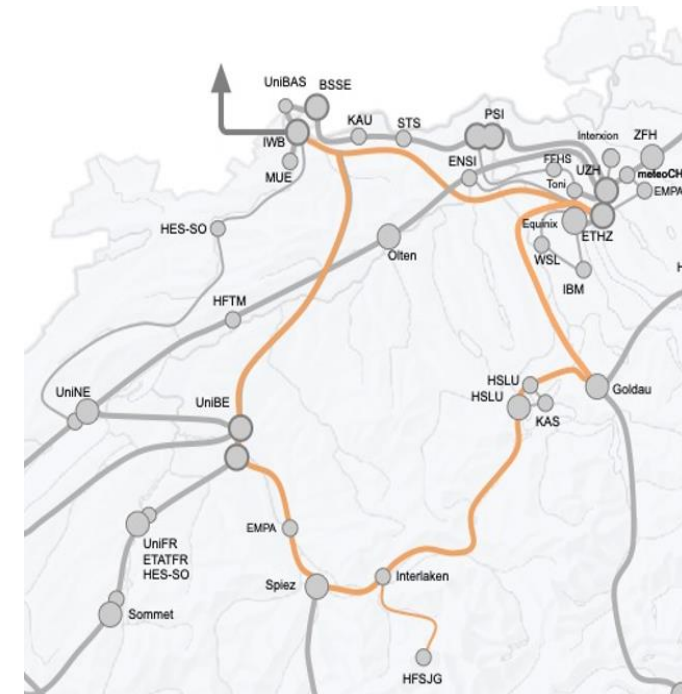
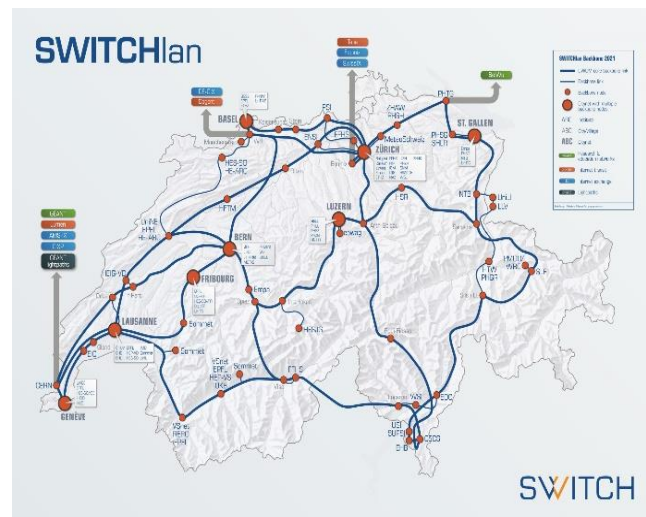
DH et al., *Optics Express*  
 Vol. 29, Issue 16, 24592-24605, 2021  
[10.1364/OE.427921](https://doi.org/10.1364/OE.427921)



# Dissemination of high accuracy timescales in Switzerland



- Demonstration of accurate, traceable and resilient time dissemination over fibre optic networks using **White Rabbit** technology.

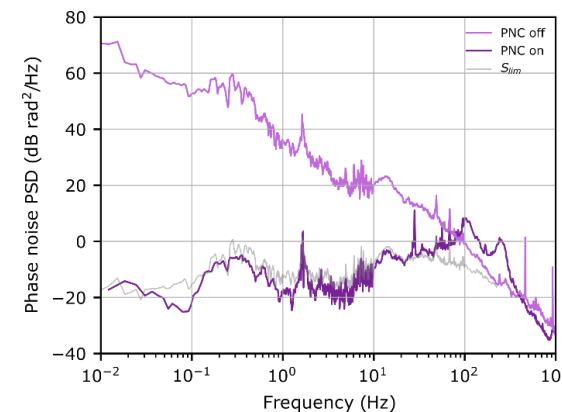
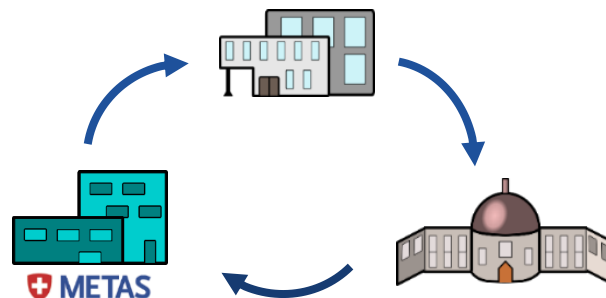
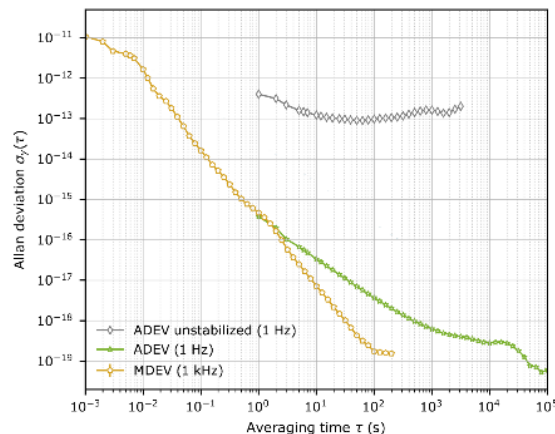
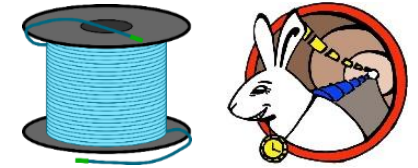


- Switch network: L-band
- Wavelength around 1590 nm
- Synchronicity: ~ 100 ps
- Resilience through dedicated topology and redundant technologies

# Conclusion

Time and Frequency dissemination with optical fiber networks pave the way to:

- Resilience to satellite T&F techniques,
- Dissemination of more accurate and more stable Time and Frequency signals for:
  - Fundamental researches (variation of fundamental constants),
  - Metrology (New definition of the second, new time scales),
  - Industries (finance, telecom, ...),
- Technology is generally compatible with telecommunication network architecture
- National fiber infrastructure for time and frequency dissemination in synergy with quantum communication networks is highly desirable.
  - Important step has been made in that direction, under coordination of Rob Thew





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**Federal Institute of Metrology METAS**

**SWITCH**  **METAS**



Thank you very much for your attention!



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