

2019 Novel Coronavirus (COVID-19) Information

The links below provide the latest updates and guidance from UCD/UCDH regarding COVID-19:

- <https://www.ucdavis.edu/coronavirus>
- <https://health.ucdavis.edu/health-news/newsroom/2019-novel-coronavirus-what-you-need-to-know/2020/02>

Standard cleaning practices may be used to prevent coronavirus transmission. The focus should be on person to person transmission, respiratory etiquette, and staying home if sick.

- **[Cover your coughs and sneezes!](#)**
It's very important to use respiratory etiquette – meaning, if you're sick, cover your coughs and sneezes with a tissue or your arm. Sick people should stay at home and avoid being around others.
- **[Wash your hands!](#)**
Good hand hygiene is crucial for keeping you and your family healthy. Wash your hands often with soap and water or use alcohol-based hand gels.
- **[What about masks?](#)**
Public health officials do not recommend that people wear masks unless they are actually sick. As with many contagious viruses, the key is to prevent the spread of respiratory droplets from an infected person. Save the use of facemasks for those who truly need them.
- **[Cleaning Measures](#)**
Per the CDC, you may [clean and disinfect](#) frequently touched objects and surfaces using regular household cleaning spray or wipes. Follow the manufacturer's instructions for all cleaning and disinfection products (e.g., concentration, application method and contact time, etc.)

Additional COVID-19 FAQs:

<https://www.cdc.gov/coronavirus/2019-ncov/faq.html>