Acceleration

Lecturer: Pradeep Ravikumar Co-instructor: Aarti Singh

Convex Optimization 10-725/36-725

Based on slides from Recht, Tibshirani

Gradient Descent

• Recall Gradient Descent:

$$x_{k+1} = x_k - \alpha_k \,\nabla f(x_k)$$

• One caveat is that it relies too much on local information to decide direction, and hence might be too slow



Gradient Descent

• Recall Gradient Descent:

$$x_{k+1} = x_k - \alpha_k \,\nabla f(x_k)$$

- One caveat is that it relies too much on local information to decide direction, and hence might be too slow
- With an additional "momentum" term, it might be less slow



Heavy Ball Method

• Gradient Descent + Momentum:

$$x_{k+1} = x_k - \alpha_k \nabla f(x_k) + \beta_k \left(x_k - x_{k-1} \right)$$

- When f is quadratic, this is the Chebyshev Iterative Method
- Momentum prevents oscillation due to local-driven i.e. gradient direction
- Can be re-written as a purely descent-type method:

$$p_k = -\nabla f(x_k) + \beta_k \, p_{k-1}$$
$$x_{k+1} = x_k + \alpha_k \, p_k$$

Heavy Ball



Need not be a descent direction



- Consider m-strongly convex functions, with L-Lipshitz gradients Let $\kappa := L/m$ be the condition number.
- Gradient descent with optimal step size has linear convergence with rate: $\|x_k - x^*\|_2 \le \left(1 - \frac{2}{\kappa + 1}\right)^k \|x_0 - x^*\|_2$
- Heavy Ball with optimal step sizes has linear convergence with rate: $\|x_k - x^*\|_2 \le \left(1 - \frac{2}{\sqrt{\kappa} + 1}\right)^k \|x_0 - x^*\|_2$
- Seemingly similar, but the square root makes a huge difference!

- To yield $||x_k x^*||_2 \le \epsilon ||x_0 x^*||_2$, we need:
 - $k > \frac{\kappa}{2} \log(1/\epsilon)$ for gradient descent $k > \frac{\sqrt{\kappa}}{2} \log(1/\epsilon)$ for heavy ball
- A factor of √κ difference entails that if κ = 100, heavy ball needs 10 times fewer steps (i.e. is 10 times faster)

Recall: Conjugate Gradients

• Has similar form to heavy ball:

$$p_k = -\nabla f(x_k) + \beta_k p_{k-1}$$
$$x_{k+1} = x_k + \alpha_k p_k$$

- Choose \beta_k to ensure p_k is conjugate to {p_1, ...,p_{k-1}}
- Choose \alpha_k by line search
- PRO:
 - Systematic approach to select parameters in heavy ball
- CON:
 - Does not achieve better rate than heavy ball, and convergence rates not completely resolved
 - Most ideal for quadratic rather than general functions

Optimality of Heavy Ball

For strongly convex functions with Lipshitz gradient, rate of heavy ball is optimal

- start at $x[0] = e_1$.
- after k steps, x[j] = 0 for j>k+1
- norm of the optimal solution on the unseen coordinates tends to $(\frac{\sqrt{\kappa}-1}{\sqrt{\kappa}+1})^{2k}$

Optimality of Heavy Ball

- For strongly convex functions with Lipshitz gradient, rate of heavy ball is optimal
- For convex functions with Lipshitz gradient, optimality unclear

Nesterov's Optimal Method

$$p_{k} = -\nabla f(x_{k} + \beta_{k} (x_{k} - x_{k-1})) + \beta_{k} p_{k-1}$$

$$x_{k+1} = x_{k} + \alpha_{k} p_{k}$$
Nesterov, 1983, 2004

- Heavy Ball, but interchanging order of computing momentum and gradient terms
- Compute momentum and then compute gradient
- Standard settings of parameters:

$$\alpha_k = \frac{1}{L}$$
$$\beta_k = \frac{k-2}{k+1}$$

Nesterov Momentum Weights

Momentum weights:



Acceleration can really help



- Accelerated gradient is not strictly a descent method
- Notice the "Nesterov Ripples"

Nesterov's Optimal Method

$$p_{k} = -\nabla f(x_{k} + \beta_{k} (x_{k} - x_{k-1})) + \beta_{k} p_{k-1}$$

$$x_{k+1} = x_{k} + \alpha_{k} p_{k}$$
Nesterov, 1983, 2004

- Heavy Ball, but interchanging order of computing momentum and gradient terms
- Compute momentum and then compute gradient
- Standard settings of parameters:

$$\alpha_k = \frac{1}{L}$$
 Line Search also achieves
 $\beta_k = \frac{k-2}{k+1}$ optimal rate modulo log factors

• Consider convex functions, with L-Lipshitz gradients

 Gradient descent with optimal step size has convergence with rate:

$$f(x_k) - f(x^*) \le \frac{2L \|x_0 - x^*\|_2^2}{k+4}$$

• Nesterov's Optimal Method has convergence with rate:

$$f(x_k) - f(x^*) \le \frac{2L \|x_0 - x^*\|_2^2}{(k+2)^2}$$

• Seemingly similar, the square makes a huge difference!

• To yield $f(x_k) - f(x^*) < \epsilon$, we need:

 $k > \frac{2L \|x_0 - x^*\|_2^2}{\epsilon} - 4 \quad \text{for gradient descent}$ $k > \frac{2L \|x_0 - x^*\|_2^2}{\sqrt{\epsilon}} - 2 \quad \text{for Nesterov's optimal method}$

• A factor of $\sqrt{\epsilon}$ difference entails that if $\epsilon = 10^{-4}$, optimal method needs 100 times fewer steps (i.e. is 100 times faster)