



BC Centre for Disease Control
Provincial Health Services Authority

Provincial Tuberculosis Services

Main Switchboard
TB Services Fax

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www.bccdc.ca

ISONIAZID

Isoniazid is an antibiotic used to prevent or treat tuberculosis (TB).

When should I take this?

- Take on an empty stomach 1 hour before or 2 hours after food.
- Take this medicine at the same time every day. This will help you remember to take the medicine.

How should I take this?

- It is very important that you take Isoniazid regularly.
- Take as directed by your doctor.

What should I do if I miss a dose?

- If you miss a dose, take that dose as soon as you remember. But if it is almost time for the next day's dose, skip the missed dose.
- **Do not take a double dose.**

Is there anything I should avoid when taking this?

- Alcohol
- Aluminum or magnesium containing antacids. Space at least **1 hour after** taking isoniazid.

Tell your doctor, nurse and pharmacist if you are **taking any other medicines**, including any over-the-counter (non-prescription) products.

What are some possible side effects?

- Tell your doctor if you experience **burning, tingling, or numbness** in your hands or feet.

ISONIAZID (cont'd)

Caution: Call your doctor or nurse immediately if you experience the following symptoms:

- unusual tiredness or weakness
- fever
- loss of appetite
- nausea (urge to vomit)
- stomach upset or diarrhea
- dark urine
- yellowing of skin or eyes
- rash

Tell your doctor if you experience any unusual symptoms not mentioned on this information sheet.

What else do I need to know about taking isoniazid?

- Tell your doctor if you have any liver disease.
- It is important that you go for all **lab tests** ordered by your doctor and attend all of your appointments with your doctor or nurse.
- Tell your doctor or nurse if you are **pregnant**, plan to become pregnant, or if you wish to **breastfeed** your baby.

Where should I store this medication?

- Keep away from the reach of children.
- Protect from light.
- Tablet or liquid preparations: Store at room temperature in a cool, dry place.

Where do I call if I have any other questions?

Your doctor, clinic or Public Health Unit: _____
Vancouver TB Services Clinic: 604-707-2692
New Westminister TB Services Clinic: 604-707-2698
BCCDC Vaccine and Pharmacy Services: 604-707-2580