



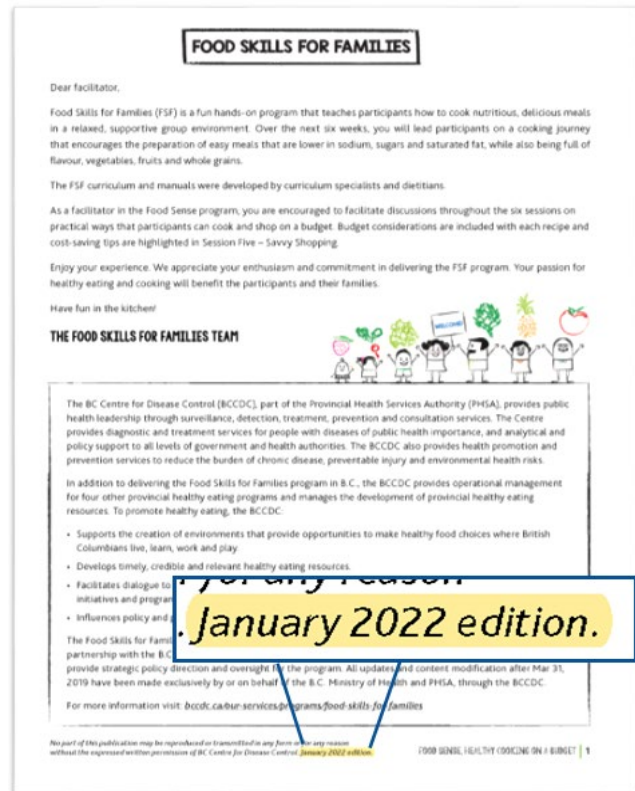
# Current Editions of Facilitator Guides

## Food Skills for Families

*Make it a habit and check that your Facilitator Guide is the current version in use before you start each program. This will ensure that messaging, recipes, and page numbers align with your participant's handbook.*

### Checking your Edition of the Facilitator Guide

1. Identify the curriculum of your Facilitator Guide.
2. Check the edition of your Facilitator Guide on the bottom of the first page.
3. Using the table below, ensure that the edition listed is the same edition in your guide.
4. Connect with the Food Skills team at [foodskillsBC@bccdc.ca](mailto:foodskillsBC@bccdc.ca) if your edition does not match. Updated inserts will be sent to you for replacement.



### Edition List

Curriculum	Current Edition
Food Sense	January 2022
Cooking Connections (Seniors)	August 2019
Cooking in Canada (Newcomers)	January 2021
Traditions in the Kitchen (Indigenous)	September 2013
The Punjabi Kitchen	NA